



# Medford Leas *Life*

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## **LEASMUSICAST: STRAVINSKY AND THE BALLETS RUSSES**

by Beth Bogie

Audiences at Medford Leas will have an opportunity to attend recorded productions of two historic Stravinsky ballets, *The Firebird* and *The Rite of Spring*, when they are presented by Leas-MusiCast on Saturday, April 16, in the Medford Leas Theater. Russian composer Igor Stravinsky created the two ballets for the Ballets Russes, a new ballet company in Paris in the early 20<sup>th</sup> century, which quickly achieved world renown. The ballets are of ground-breaking significance in the world of music and choreography and have been reconstructed to their original forms.



Dancers in these productions are from The Mariinsky Theatre of St. Petersburg; its Orchestra is conducted by Valery Gergiev, music director, known for his interpretation of Stravinsky's work. The ballets were recorded in HD at the Mariinsky Theatre in June 2008.

Both ballets feature brilliant choreography as well as colorful sets and costuming. *The Firebird* has the original choreography by Mikhail Fokine, with

sets and costumes after the originals by Alexander Golovin, Leon Bakst and Mikhail Fokine. *The Rite of Spring's* reconstruction of Vaslav Nijinsky's original 1913 choreography is by Millicent Hodson – very close to what audiences saw at the work's scandalous 1913 premiere at the Théâtre des Champs-Élysées in Paris. (*Classical Net*)

Christian Dumais-Lvowski, maker of documentary films on dance, writes, "The two works...are performed by the lead dancers and ballet company of the St. Petersburg's Mariinsky Theater, which in the 19<sup>th</sup> century was the temple of classical dance. It was also in St. Petersburg that Serge Diaghilev created the Ballets Russes that he brought to international renown."

Impresario Diaghilev, dancer and choreographer Nijinsky, and choreographer Mikhail Fokine, as well as composer Stravinsky, all had their roots in St. Petersburg, but actually their work was performed in Paris from 1909 to 1929. Diaghilev's creation, the Ballets Russes, never performed in Russia because of the turmoil of the Russian Revolution, but instead premiered its productions in Paris and toured in Europe and North and South America. Nevertheless, Russian culture was the springboard from which these artists leapt into the future.

Diaghilev surrounded himself with leading choreographers, dancers, composers, painters and decorators. In 1909, the Ballet Russes became famous through the dancing of Nijinsky. In 1910, Diaghilev, who was taken by a work of Stravinsky he had heard, asked the 27-year-old to compose a ballet inspired by a Russian legend telling of the capture by Prince Ivan Tsarevitch of a marvelous bird from a tree of golden apples in the enchanted

garden of the evil and immortal Kashchei. The Firebird, in exchange for its freedom, gave Ivan one of its flaming feathers, telling him that one day it would prove useful. *The Firebird* was Stravinsky's first great ballet.

*The Rite of Spring* was conceived by Stravinsky, Nijinsky and Nicolas Roerich, a costume and set designer. It tells of a pagan ritual in which, in the words of Stravinsky, "wise elders are seated in a circle and are observing the dance before death of the girl whom they are offering as a sacrifice to the god of Spring."

The performance on May 29, 1913, its music, dance, costumes created a furor. "...the audience responded with such a din of hisses and catcalls that the performers could barely hear each other.... As Harvard professor Thomas Kelly states, 'The pagans on-stage made pagans of the audience.'" (NPR Online)

Igor Stravinsky and Vaslav Nijinsky had broken with the expected traditional style of music and choreography. Too avant-garde for an audience then, *The Rite of Spring* is today considered one of the musical masterpieces of the 20<sup>th</sup> century and a foundation of contemporary dance.

Other sources: *Liner notes, Wikipedia, Classical Notes.*

## MUSIC VIDEOS – VIVE LA FRANCE

Thursdays in the Theater at 7:10 pm.

In anticipation of next year's Paris Festival by the Philadelphia Orchestra, the April and May classical selections are by French composers. In May we'll feature Bizet, Debussy, Chabrier, Massenet and Offenbach.

- April 7: Franck: *Symphony in D minor*  
Ravel: *Bolero*  
April 14: Poulenc: *Concerto for Two Pianos*  
Saint-Saëns: *Carnival of the Animals*  
Fauré: *Pavane*  
April 21: Berlioz: *Symphonie Fantastique*  
April 28: Dixieland Jazz

Maggie Heineman

## TRANSPORTATION TASK FORCE ADDS SERVICES

by John Sommi

Tammy Gerhart, director, Resident Services, and resident members of the Transportation Task Force have met periodically to address the concerns raised in the recent Resident Survey regarding transportation services. The group distributed a "bus survey" in late September and in November developed proposals.

The MLRA Short Trips Committee, utilizing Medford Leas buses, organizes and conducts nine trips to various sites and events through the year, except in January and February and in August, when many residents are away. The cost of transportation is included as part of the notification for the trip. Trips to New York City have been ruled out due to distance and time. Distribution of Short Trip notices has been improved so that both campuses have equal opportunity to sign up for each trip.

On the Lumberton Campus there have been discussions about having a "bus" bring residents to Medford Leas community events, such as MLRA monthly meetings, although a majority of residents said they prefer to drive themselves. The Council is discussing with cluster leaders the use of car-pools to special events at Medford Leas. A bus is provided for Medford Campus residents who wish to participate in the Lumberton summer pool exercise program.

As a result of resident input, a very popular monthly trip to local restaurants has been initiated. The Sunday Mass bus is another success with six to nine residents attending the services. Once again an occasional bus is providing transportation to Carmike theaters on Wednesdays, permitting residents to enjoy a movie and the senior discount theater ticket of just \$5.00. Transportation to the PATCO station is also available through resident services during regular business hours. Also offered at cost is transportation to free concerts in the local area for such events as organ recitals, choir performances and dueling pianos. Buses are also provided for matinee performances of the Philadelphia Orchestra and Walnut Street Theater. The

cost is again determined by the number of residents attending the program. Tammy likes to note there is no charge for utilizing transportation to medical appointments for residents with a Resident and Care Agreement.

Taking residents who no longer drive to visit malls and supermarkets remains a major effort, Monday through Thursday. The buses depart from the main entrance twice daily, 9:30 am and 1:30 pm.

Monday AM: Moorestown Mall, Moorestown shops. PM: Wegmans Market, Centerton shops.

Tuesday AM: Wegmans Market. PM: ShopRite and Acme Markets.

Wednesday AM: Cherry Hill Mall. PM: ShopRite and Acme Markets.

Thursday AM: Marlton shops, Walmart. PM: Medford, Ironstone Village, Murphy's, CVS.

Some residents have planned their own trips and utilized Medford Leas transportation on a fee basis. If someone wishes to reserve a bus for a function, they should make the request through Resident Services, allowing ample lead time for planning and availability of a specific date.

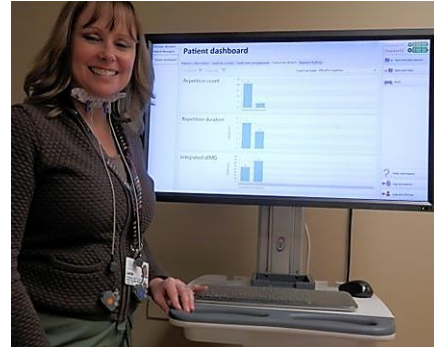
Two buses are in use, the white 25-passenger, and a 12-passenger with space for two wheelchairs. Resident Services is happy to receive resident suggestions for trips to other sites.

## ~~~~~ SWALLOWING A PROBLEM?

textre and photo by Suzanne Frank

Do you have recurring problems while eating because something went down the wrong way? You'll be glad to know that now residents who have ongoing trouble swallowing (dysphagia) will have the opportunity to perhaps get help. Meet **Leslie Firicano**, who is a certified speech and language pathologist with Tender Touch. After a proper medical referral, she will ac-

quaint you with a recently launched system called Synchrony. Currently, there are only a handful of these systems in all of southern New Jersey. Here is what is involved. Needless to say, it is more than a bit technical.



Synchrony's new technologies offer "virtual reality assisted" biofeedback through electromyography (EMG), and neuromuscular re-education through patterned electrical neuromuscular stimulation (PENS). These patented advanced rehabilitation technologies provide for improved outcomes and quality of life. Patients participate in several interactive oral, motor and pharyngeal exercises to enhance motivation and exercise performance. The sEMG offers real-time, motivating graphics during assessment and exercises. PENS will also address muscle weakness and re-establish neuromuscular control while patients participate in active and passive muscle strengthening. It is also good to know that it is a safe, non-invasive, medication-free treatment.

Leslie points out three objectives in her dealing with residents: 1) assessment of muscle strength and identification of irregular muscle activity, 2) re-training of muscles using sEMG biofeedback, and 3) neuromuscular re-education using PENS.

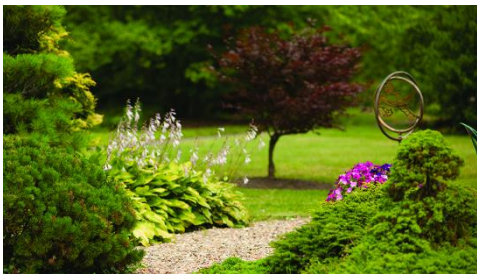
She appreciates how invested Medford Leas is in their residents by offering this additional treatment equipment as a therapeutic tool. It addresses several muscle problems involving the face and cervical (throat) region, offering completely new approaches to treatment that are motivating and helpful to people who have facial droop, slurred speech, or trouble chewing and swallowing when they eat or drink.

This writer experienced a sample of Leslie's program, which she found enlightening and fun. The trademark of the program is OmnisEMG virtual reality assisted therapy.

## PATHWAYS: AN ENTICING APRIL LINEUP

by Beth Bogie

April *Pathways to Learning at Medford Leas* is full of interesting topics – some new, such as the exploration of ethics and technology, and some familiar, including the popular discussion of brain fitness by **Gerry Stride**, director, Therapeutic Recreation. Heading the list of programs is the annual **Lewis W. Barton** Lecture, each year celebrating one of the founders of Medford Leas and creator of the Barton Arboretum and Nature Preserve.



On Saturday, April 2, this year's Barton Lecture will be delivered by Anthony Aiello, director of horticulture and

curator at the Morris Arboretum of the University of Pennsylvania. He will discuss plant collection and exploration, both domestic and international, and how plant collecting can expand the range of plant choices in our region. He will also address the environmental and biological challenges for plant life today. The talk will begin at 11 am. A visit to the beautiful Morris Arboretum will also be available at the conclusion of *Pathways* on Thursday, May 26.

After the Barton Lecture the audience will be greeted in the Gallery outside the Theater with an AI Fresco Shop, created by **Jane Bartram** and **John Speirs** with ideas from the Gift Shop, and **Debbie Lux**, Medford Leas horticulturist. Debbie's popular terrariums will be among items for sale.

Nearby in the Garden and Holly Rooms a light lunch will be served. Diners will be able to see the first stage of new decorating in the Garden Room.

Another program on an important subject is the **Medford University** course on "**Ethics and Technology**," which will be given on five Mondays, April 18 and 25 and May 2, 9 and 16. It will provide an opportunity to explore many topics, such as privacy vs. security, the issues surrounding artificial intelli-

gence, and the problems and benefits of social media. Sarah E. Rosenson, the lecturer, is a teacher at Moorestown Friends School, holds a JD from the University of Pennsylvania Law School and a master's in Jewish Studies from Spertus Institute of Jewish Studies. She was Medford University lecturer not long ago on a biblical subject and is said to be an outstanding speaker, whatever her topic. The classes, to take place in the Theater, will be held between 3:30 and 5:00 pm.

We will also be treated to "**Philadelphia Orchestra – Behind the Scenes**" on Monday, April 18, from 10 to 11:00 am. Our guide will be the Orchestra's Principal Librarian Robert Grossman, who will talk about how various components of the Philadelphia Orchestra function unseen. He obtained his first full-time position from Eugene Ormandy and has worked with Music Directors Riccardo Muti and Wolfgang Sawallisch as well as many other guest maestros. Among his many roles, he directs the million dollar Riccardo Muti library in the Kimmel Center. He will bring a variety of autographed scores and parts used by former music directors along with historic engraved music.

Another worthwhile program in April is "**Wellness for Older Adults**," presented by **Dr. Andie Iannuzzelli**, Medford Leas Medical Director on Friday, April 8, supported by various health and wellness professionals. The talk on "**Brain Fitness – The Real Deal**" will take place on April 5 on the Lumberton Campus and May 17 in the Medford Campus Holly Room. Returning are two favorites: **Daffodil Daze Walks**, guided by Debbie Lux, on April 6 or April 13, and **Pruning in Your Home Garden**, demonstrated by Arborist Ken Hutz on April 25.

Please consult the *Pathways* guide for detail on all times, locations and registration deadlines. There are small fees for Medford University and for the pruning workshop.

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*Medford Leas Life* is an activity of the MLRA and is supported by residents' contributions to the Activities Fund.

## ENVIRONMENTAL SERVICES IN GOOD HANDS

text and photo by Betsy Pennink

When **Doris Wallace** retired as Environmental Services manager in October, she turned over her job to two experienced co-workers, **David Whitfield** and **Chris O'Neal**. If they seem familiar, it's because they both have been here so long.



David came first in 1988 and was working in the laundry when Chris came later in the year. David trained Chris (and another long-time employee, **Kevin Crain**, now in Maintenance) in the job of porter. A couple

of years later David began working for the Einstein Hospital in Philadelphia. During his 25 years there (18 as supervisor of Environmental Services) he continued to work at Medford Leas *per diem*.

Two years before Doris left here, the "grooming" began. David came back full-time in Housekeeping and Chris, though still a porter, became a team leader who helped Doris. The two now share the work, with Chris (supervisor) more active at the computer and David (manager) attending meetings and generally overseeing the department.

The housekeeping/laundry day begins when Chris arrives at 5:30 am. First he checks the messages. If someone has called out, he shifts people around. He unlocks the keys for the Court housekeepers and gets out their carts. (There are eight carts in the room next to their office.) Certain work orders must be taken care of by 7:00 am, such as problems in the Coffee Shop or Fitness Center, or some spots on a carpet.

When David comes in at 8:00 am, Chris updates him on the emails and messages and they both carry on the necessary work. For instance, in the month of March five empty apartments on the Lumberton Campus had to be thoroughly cleaned for

occupancy. (The long list includes details like windows and appliances.)

David also orders the proper curtains from the usual drapery-maker and provides a key for him to have access to the apartments.

David leaves at 4:30 pm, having locked away the housekeepers' keys and checked in with the housekeepers on a later shift.

Meanwhile, the two men never know what each day will bring. Sometimes it could be a frightened bat in in the hair salon, or the signs of a deer lost temporarily in a walkway.

Whatever the problem a resident has, it should be put in a work order (ext. 3018) and will be responded to by David or Chris. If it's an actual emergency, it's all right to phone their extension (3249). To quote David: "Our focus is to try to make everybody happy."

Both Chris and David have spent decades of their lives at Medford Leas. Chris met his wife here and now has two boys in college, while David's son has turned 16. The two men are dedication and loyalty personified.

## GREAT DECISIONS PROGRAMS CONTINUE THROUGH APRIL

by Dorothy and Len Cebula, co-chairs

With critical problems facing the U.S. electorate this year, interest and audience participation at the Great Decisions programs this year have been larger than in the past. After an intense series of discussions about the Middle East and North Korea in March, the program continues into April with three more thought-provoking and timely topics.

The final weeks will cover:

- The United Nations Post-2015 Development and Leadership – April 7, George Rubin
- Climate geopolitics: The Road to Paris and Beyond – April 14, Janet Jackson-Gould
- Cuba and the U.S. – April 21, Dorothy Cebula

Each program starts at 10:30 am on Thursdays in the Theater.

### BOMBS AWAY!

text by Betsy Pennink

They look like little brown golf balls, but they pack a wallop. **Debbie Lux**, Landscaping, has come up with a dramatic idea for creating wild flower gardens in open areas with seed balls (or bombs).



I.-r. **Debbie, Fran Stoll, Cindy Fries**  
photo- B. Bogie

Several years ago **Bill Webber**, Maintenance, gave Debbie a book on "Guerilla Gardening," an easy way for a community to beautify unused or ugly spaces using little clay

balls embedded with seeds. They can be tossed into a chosen area and nature will take care of them. The clay protects the seeds from drying out, washing away, or being nibbled on. Eventually, the balls fall apart, the seeds spread, and little plants take root.

Armed with the recipe for seed balls/bombs, Debbie bought a 50-pound bag of baseball mound clay and mixed it with Jiffy Mix, a commercial seedstarting "soil" containing vermiculite. The ratio was five parts to three, with one part of added seeds. **Miriam Swartz** provided seeds she had harvested locally: Joe-Pye weed and New York ironweed. Debbie contributed seeds of coneflower and orange butterfly weed plus some Burpee's wild flower mix.

The last ingredient was water. **Fran Stoll** and her companion, **Cindy Fries**, were the first to roll the mixture into little balls, which Debbie took to the Haddon greenhouse to harden and dry. Many of the finished balls are now in mason jars, so that they can be among the Medford Leas offerings in the "Al Fresco" sale in the Gallery outside the Theater on April 2 after the Arboretum Lecture.

Meanwhile other seed balls have been reserved for Therapeutic Recreation. On a good day in April residents will be taken in maintenance carts or

pushed in wheelchairs to throw the balls into designated areas behind Parking Lots A and B or the meadow. Slingshots will be available for tossing the "bombs" a good distance. The surprise results of our Guerilla Warfare should be enchanting us by midsummer.

(Note: you can read about seed balls in a paperback called *Guerrilla Gardening*, by Barbara Palenberg, which has been ordered for the Lois Forrest Nature Center library.)



### LET'S TALK GARDENING

Topic: Phalaenopsis Orchids

*Come and meet Gwen Hutz, horticulturist and wife of arborist Ken Hutz. She will discuss the popular "moth orchid" and talk about her collection.*

Bring your own stories and any questions.

April 15 – Lois Forrest Nature Center  
2:00 pm  
Light refreshments. Join us!



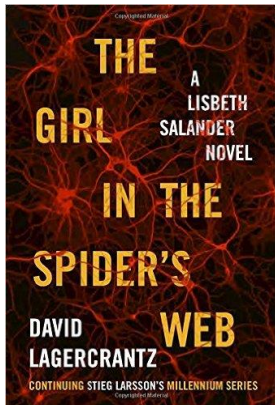
Mark Your Calendars!

The Annual MLRA Plant Sale  
will be on Wednesday, May 4th.

Contact: Perry Krakora x3694

**Books to Enjoy****THE GIRL IN THE SPIDER'S WEB**

by David Lagercrantz



It is a pleasure to see our two heroes back with us, Mikael Blomkvist, the investigative journalist of the magazine *Millennium*, and Lisbeth Salander, the talented computer hacker with her tattoos, piercings and a troubled past. With the sudden unexpected death of Stieg Larsson, the talented author of the original

*Millennium* series, who was never able to see any of his stories in print, it is a great pleasure to see another gifted writer and journalist pick up the writing torch and continue this exciting series. I do recommend that you read all three of the original *Millennium* books: *The Girl with the Dragon Tattoo*, *The Girl who Played with Fire*, *The Girl who Kicked the Hornets' Nest*. It is very easy to pick up the thread of the earlier books as you read this one.

Again, Mikael, the overworked and conscientious editor of the *Millennium* magazine, is troubled about how to continue to find good stories and financial support for his magazine. He need not worry, as a cyber attack that involves the Swedish Internal Security forces and the U.S. NSA organization comes to immediate attention. It all starts with a call from a famous scientist, Frans Balder, known for his work on artificial intelligence (AI). Balder's panic over the phone has Mikael rushing to the scientist's home only to find him murdered. To complicate this, Balder's autistic son, August, a gifted child with mathematic skills and artistic ability, has witnessed the murder. The unfortunate circumstance is that August has never been able to speak. How can Mikael unlock what August has seen?

The reason for Balder's murder brings Lisbeth Salander into the story. It is a world filled with deception and computer hacking. The deeper she probes, the more she finds herself entangled in a spider web.

As you read on, the many threads of the story come together and all the dots become connected. As always, Mikael and Lisbeth are the main focus and, as always, Lisbeth will, in the end, open the door that allows Mikael into her life.

*This book is in the Medford Leas Library, as are the other books of the Millennium series.*

George Rubin

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## LEAS FORUM IN APRIL

This month, the Leas Forum is proud to host two programs – one, exploring through song the lives of American workers, and the other, explaining the possible future of health care stocks.

### ***Singing Workers: American Occupational Folk-songs***

On Saturday, April 9, Saul Broudy, folklorist and internationally known entertainer, will discuss the role of music in the lives of American workers. Through live performance, he will present songs of railroad workers, coal miners, farmers, hobos, truck drivers, pilots and other workers. The program is funded by the Horizons Speakers Bureau of the New Jersey Council for the Humanities.

### ***Perspectives from an Equity Analyst: The Changing Landscape of U.S. Health Care Stocks in the United States***

On Saturday, April 23, David Toung, senior analyst with Argus Research, will share his views on the future of health care stocks in an industry attracting attention recently for rising prices in the pharmaceutical field, as well as new approaches to medical and health care delivery. He will discuss the impact of government regulation on the growth of health care companies, and how varied segments of the industry collaborate and compete.

Both programs will start at 11:00 am in the Medford Leas Theater.

Dorothy Cebula, chair

### NEW LIFE FOR THE PINETUM

by Betsy Pennink

The invitations are out! The Sixth Annual Evening in the Arboretum will take place on April 30 and the entire proceeds will go toward bringing new life into the Pinetum. It's an exciting prospect. This collection of conifers has existed for years next to the main parking lot of the Medford campus, but, since a good deal of it was disturbed during the recent Estaugh redevelopment, now is the time for "enhancement."

The plans involve several features. There will be a number of new trees to add to the existing ones, including three different pines, a larch, a cedar, a fir, and a cunninghamia ("China Fir"). There will be a paved path so that everyone can view the trees easily. Along the paths there will be benches for those who want to rest and admire the beauty of the area.

This is a special project and, as such, is not included in the usual basic landscaping expenses, which are part of the Medford Leas operations budget. So it is particularly appropriate that the funds raised at this Evening at the Arboretum party will be devoted to the Pinetum, a distinctive section of the Barton Arboretum and Nature Preserve of Medford Leas.

The Evening in the Arboretum will be held on Saturday, April 30, from 6:00 to 8:30 pm in the Lounge and Colonial Dining Room. Around the Atrium there will be many varied and imaginative items for the Silent Auction. The "tasty and hearty hors d'oeuvres" will be extraordinary, as always. It will be a grand occasion and a great opportunity to bring family and friends! All are welcome. Response and payment will be accepted at the Reception Desk.

### EXCITING NEW RESIDENT ART SHOW

THE LEAS ART GALLERY SCENE

by Joyce Linda Sichel

The twice-a-year excitement of a fresh exhibit of resident artwork and photography is in the air. It will be launched by a reception in the Art Studio on the Medford Leas lower level of the Arts and Social Wing on April 25 from 10 am until noon.



The featured artist for this spring/summer show is **Dorothy Cebula**, an active resident artist who specializes in landscapes created in a variety of media. Included in this

article is a photo of her colored pencil work which enhances the cover of the show's announcement. It is called "Sunset at the Stones of Callanish," which are ancient monuments still standing in Scotland (Outer Hebrides).

Many resident artists and photographers will be part of the exhibit with their works hanging on the walls of the lower level extending from the Art Studio to the Fitness Center. **Pat Heller-Dow** will show beautiful new floral works and outdoor scenes. One of the newer Leas artists, **Marilyn Thomas**, will be displaying her landscapes and still lifes.

Sadly missing among the photographers this season will be **Terry Foss**, who passed away during the winter. But much photographic talent to admire will again be in the photographers' area near the swimming pool and Fitness Center.

We hope that you have been enjoying the upstairs Medford show "Inkworks" by Sherry Dellaria-McGrath, many of whose pieces sparkle with color and pattern. Her show will continue until the end of April.

Another reminder: don't miss viewing the beautiful nature photographs by **Joe Costanza**, which will remain on the walls of the Lumberton Campus Community Center through April.

### IN MEMORIAM

Catherine "Cathy" Denton	March 5
Lieselotte "Liesel" Marcus	March 21



## GUEST ARTISTS SERIES PRESENTS *APRIL IN PARIS*

by Joe Costanza

April is a month of new beginnings, and the Music Committee will celebrate the spring season with both classical music and song classics for soprano and bass voices. Nearly half of the songs are French, and will end with *April in Paris*.



The Guest Artists Series concert will take place in the Theater on Saturday, April 23, at 7:30 pm. The performers include soprano Shannon

Hunt, bass Ivan Woods, and pianist Diane Goldsmith. The trio has appeared in many venues including the Free Library of Philadelphia, the Walt Whitman Arts Center, and recently the Smithsonian American Art Museum in Washington.

Shannon Hunt has performed throughout the United States and in Italy, including operatic roles with the Brooklyn Repertory Opera, the Birmingham Opera Works and Opera Oggi in Manhattan. A graduate with a master's degree from Westminster Choir College, she recently received the Rising Star Award from the Minuetto Music Festival.

Ivan Woods studied choral art under famed Robert Shaw with the Atlanta Symphony Orchestra Chorus and was featured at the dedication of the Paul Robeson Center in Princeton. He has also performed with world-renowned conductors Simon Rattle, Kurt Masur and Wolfgang Sawallisch. He is presently a member of the Philadelphia Singers Chorale, the resident chorus of the Philadelphia Orchestra.

Diane Goldsmith studied piano with Gary Graffman, former director of the Curtis Institute of Music, and holds a master's degree from the Manhattan School of Music. Ms. Goldsmith has given recitals at the

Carnegie Recital Hall and at Lincoln Center. A winner of the prestigious Mason and Hamlin competition, she is in much demand as a performer and teacher. Ms. Goldsmith is no stranger to Medford Leas, having played here previously with the acclaimed Arcadian Trio.

The concert is brought to Medford Leas by the Music Committee under the direction of **Marion Norcross**, and by residents' contributions to the MLRA Activities Fund. Upcoming concerts include the Clavino Trio in May and the Blue Skies Quartet in June.

## SEEKING SAFETY

by Suzanne Frank

Who among us didn't come to Medford Leas for peace of mind and safety of body? With these goals as a given, **Lisa Heinkel**, director, Health Services, revealed that the Peace Church Compliance Program, an arm of Friends Service on Aging – which has oversight of compliance and risk for our campus – has recommended that their CCRC members enhance their risk management programs by performing annual Independent Living apartment safety checks on their campuses. What that means is that each residence will be checked for all conceivable hazards that have not been addressed before. Residents can ask for assistance in problems that they just haven't gotten around to reporting, such as ill-fitting doors, rippling carpets and faulty windows.

A subcommittee has been formed to ensure an interdisciplinary approach involving Maintenance, Environmental Services, Wellness Center and Resident Services, as well as including resident input. The primary aim of the inspection, of course, is to keep all residents safe. With this in mind, they have developed a check-off sheet detailing over 30 possible risky situations.

For instance, they will be looking for fire hazards and, in particular, clutter that has gotten out of hand. They will offer services to help bring order which everyone would appreciate. Faulty wiring and leakage would be other concerns addressed.

However, the check-off list is meant to identify those things that are at the bottom of anyone's list and never seem to be attended to, while at the same time focusing on not being intrusive but respecting everyone's privacy.

As an aside, Lisa commented that "we already do safety checks in Assisted Living apartments and Woolman resident rooms (about once quarterly), so it is really just an extension of that. Also, we actually have an Environmental Rounds interdisciplinary team that does rounds every week looking at safety issues in areas all over campus."

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### NEW END OF LIFE COMMITTEE

by Beth Wray, chair

A new MLRA Committee, called "Choices for the End of Life," was initiated by Dave Lewis in 2015 and approved recently by the MLRA. To begin its activities, it will show a series of videotaped programs from Great Courses on "Death, Dying and the Afterlife: Lessons from World Cultures." The professor teaching this course is Dr. Mark Berkson, chair of the Religion Department at Hamline University, St. Paul, MN.

The series will begin on Wednesday, April 6, at 3 pm in the Linden Room. All residents are welcome to attend. The schedule in April:

April 5 Death's Place in Our Lives; Defining Death

April 13 Death, Illusion and Meaning; Is it rational to fear death?

April 20 Understanding and Coping with Grief; Death Rituals and the Corpse

April 27 Choices for the End of Life Committee meeting, including discussion of the videotaped programs, possible future programs, small group discussion.

See the bulletin board for a complete list of this series of programs.

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### WHO'S NEW

Most recently, **Gino and Janice (Kretzmeier) Spinelli** lived in Legacy Oaks in Marlton, before they decided to move to 691 Bridlington. They have a magnificent collection of glass paper weights, including one by the renowned artist Paul Stankard.



photo- Margery Rubin

Jan was born in Borger, TX, and attended Cottey College in Missouri before transferring to the University of Colorado. Gino was born in Rome, NY, and also attended the University of Colorado, where they met. Jan relates that she and several of her sorority sisters rented rooms at the Sigma Chi fraternity house while going to summer school, because it had a pool. And because the "brothers" ate their meals at the house, it brought Gino and Jan together. They married in 1962 in Denver.

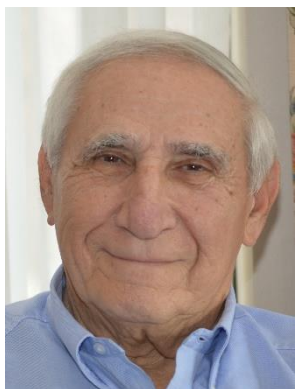


photo- Margery Rubin

Gino began his career with General Electric in 1966 in Milwaukee, WI, as a financial management trainee. After completing the training program, Gino joined the GE Corporate staff and performed extensive financial and operations reviews of several domestic and foreign (Italy and Brazil) GE businesses. On completing his assignment on the audit staff, he continued his career at GE locations located in Lynchburg, VA, Schenectady, NY, Binghamton, NY, and finally Moorestown, NJ, where he retired in 2012. "I worked for 46 years, with only three days off when I had a heart attack," so he really does enjoy retirement. He's an avid swimmer and has played golf both at Medford Lakes Country Club and Indian Springs Golf Course.

Jan became a United Airlines flight attendant after graduation, worked in Milwaukee as a secretary

for the Heil Company, and became an office manager for the New York Farm Bureau in Schenectady. In Lynchburg, she was manager for Virginia Handicrafts, which dealt with fine art and American crafts. She admits that was her favorite job.

Jan is heavily involved, along with quite a few other residents here, in the Philanthropic Educational Organization (P.E.O.), which owns Cottey College. Gino and Jan both enjoy golf, movies, TV, travel and going for a vacation in Florida every year.

Suzanne Frank

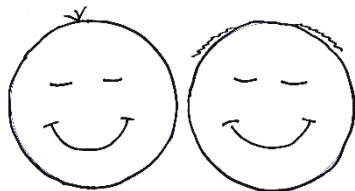


On April 1, **Shirley** and **Will B. Borring** plan to move into Flushmore Apt. 911 from Lesstown in central New Jersey. With them is their dog Grey.

The Borrings met at age 11 in Normal School. They majored in General Studies together at Anonymous State College. Each then took various jobs in business forms design so they could purchase a suburban home, where they lived until now.

The Borrings have a son and daughter who live with their in-laws in Finland and Bermuda. The entire family likes to walk their dogs, chat online about television shows, and play dominoes.

In their free time, Will and Shirley enjoy identifying weed species in their garden. Grey prefers his walk at ten in the morning, and like most dogs he enjoys chasing squirrels. The Borrings spend time on LBI each summer. They like to go out for donuts and coffee on the island.



They do laundry twice a week, careful not to commingle the whites and colors. Usually they don't stay up too late. Will hates oatmeal, but Shirley loves it. They "tease" each other because one of them is tidy and one is a bit messy. They like ice cream, succotash and Shirley's mashed potatoes.

Once settled at Medford Leas, the Borrings hope to join the Shade Alignment Committee, chaired by

**Betsy Snope**, and the Bedtime Monitoring Committee, chaired by Medford Leas Medical Director **Dr. Andrea Iannuzzelli**. They also hope to display their collection of charcoal sketches of the interiors of their previous home.

Jordan ("Jellybean") Mishchavisse and Jo ("Lightning Rod") Nawteigh

## WELCOME TO THE COURTS

Neil Hartman moved into Apt. 34 on February 5 after over 17 years in Rushmore. He is well known to Medford Leas residents, especially for sharing the story of his work as a conscientious objector during World War II, when he was an attendant at Byberry State Hospital with Warren Sawyer. At the same time he was also a human guinea pig for hepatitis at the University of Pennsylvania Hospital.

After the war Neil taught for two years at the George School and then went to Japan for the AFSC (American Friends Service Committee) for three years. There he ran a neighborhood center, where women came to sew during the day, and young people could come after school. Classes were held every evening. Neil even led square dances, a big favorite. He continues to have a connection with Japan through an exchange student whom he considers a "Japanese daughter."

Neil earned a BA in 1941 in mathematics and science from Cedarville College in Cedarville, Ohio, and later, an EdM at Temple University. He then spent 33 years at Moorestown Friends School, teaching mathematics and religion, and coaching tennis. He was so much admired for his contributions to the School that, in 2012, a new mathematics classroom building was named Hartman Hall in his honor. He was cited as "an iconic teacher, coach, and exemplar of Quaker values."

A widower, Neil married Marian Weinberger in 1978. They had met in 1940 at a Quaker work camp in Michigan. Because of her poor vision, Marian is now in Estaugh and Neil spends every evening with her. She loves music, so they are often seen together at concerts.

Betsy Pennink

**APRIL CRYPTOGRAM**

by Herb Heineman

FR FGYYB NRZY FYYIU BKVB VOECN  
 IREP, GKYP MCEFB GY JCFFYU WYFCUY  
 BKY BKREP. FR FBEVPLYNX FGYYB, CB  
 GVF PRB FBEVPLY, GY BKRALKB BKVB  
 NRZY DRANU PYZYE DKVPLY.

Identify the author:

**ERWYEB WECULYF****LRRUX BGR-FKRYF****WYPCBR IAFFRNCPC**

Below is the solution to the March cryptogram:

FIRST A HOWLING BLIZZARD WOKE US, THEN  
 THE RAIN CAME DOWN TO SOAK US, AND  
 NOW BEFORE THE EYE CAN FOCUS —  
 CROCUS.

LILJA ROGERS  
 OGDEN NASH  
 A. A. MILNE

The correct solution was received from the following readers:

**Catherine Barry, Ruth Blattenberger, Mary Chisholm-Zook, Alice Culbreth, Doris Curley, Barbara Fiala, Harry Forrest, Roberta Foss, Neil Fowser, Craig Gower, Neil Hartman, Pat Heller-Dow, Sue Isaacs, Jean Jordan, Jane Mahorter, Doris Q. Murray, Betty Preston, Peg Scott, Kay Smith, Joanne Thomas, Ellen Wiener, Barbara Zimmerman.** Fifteen correctly identified the author.

Please send your solution via campus mail to **Herb Heineman**, 121 WSD, Lumberton, or email it to [hsheineman@gmail.com](mailto:hsheineman@gmail.com) by April 10.

**MEDFORD LEAS LIFE**

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**Deadline for submissions:**  
 10<sup>th</sup> of the month preceding publication

