



# Medford Leas *Life*

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## **DORIS WALLACE RETIRES IN STYLE**

text by Betsy Pennink, photos by Margery Rubin

Somehow it seemed that **Doris Wallace**, manager, Environmental Services, would always be here. After all, she had been at Medford Leas for 44 years! ("Good round number," says Doris.) But there she was on October 9, receiving the good wishes of well over a hundred people, staff and residents, at a reception in the Holly Room.



And what a party it was! After Doris had been hugged by the dozens lining up at the door, **Jeremy Vickers**, CEO, took her arm to escort her on her "first steps to retirement," and led her to a recliner facing the room and all her friends, seated, mostly at the round tables, or standing along the sides.

Jeremy announced that Doris's 44 years here made her the longest working employee and praised her dedication to her job, always smiling and often staying late if there were "a few more things to do."

**Bill Murphy**, director, Operations, stood to say that he would now become the longest employee at Medford Leas. (He came the year after Doris did.) He told of his admiration for her and the complete respect she had for residents. He will always think of her with a toothbrush in her pocket for "cleaning crevices."

Then the entertainment began. To background music **Gerry Stride**, director, Therapeutic Recreation, sang a tribute to Doris and her hard work. The lyrics were by Gerry, urging her to retire without worries: "Walk out that door...you don't have another chore.... You will retire!!"



**Gerry Stride and Doris**

**Mark Wick** of Human Resources began playing the piano and Gerry sang "Nothing could be finer than to be in your recliner in the morning." Suddenly, in burst a group of housekeepers, twirling colorful boas around their shoulders and dancing among the tables. They ended in front of Doris as Gerry sang: "So stay in that recliner, you deserve

a life that's finer...but we'll be mourning." Sporting handsome hats, **David Whitfield** and **Chris O'Neal** of Environmental Services, both soon to be taking over Doris's work, gave her 44 red roses, one for each of her years here.

**Marie Cox**, director, Human Resources, presented Doris with a gold pendant with the Medford Leas tree on it and read a few of the many letters received from residents over the years, telling Doris how grateful they were to her.

Marie revealed that there was one more special present, this from the "gentlemen in the workshop," who had remade a bench brought to them by Doris, using wood salvaged from the reconstruction of Estaugh. The wild animals in the original cast iron frieze in its back were now painted in many colors.



**Dave Bartram** spoke of how important Doris was to him and **Jane** in making their decision to come to Medford Leas. **Berta Numata** talked about Doris's "remarkable memory." It was so nice that Doris remembered Berta's mother from years ago.

The huge cake, with its retirement wishes for Doris in icing, was cut and everyone enjoyed the punch and other light refreshments too.

Doris began working at the age of 15, when she packed corn into crates. She married her high school sweetheart when she was 19. In 1971 her mother-in-law persuaded her to come to the newly founded Medford Leas to help with the housekeeping, especially the laundry (at that point in Court 10). Doris arrived on October 12 that year, which

is why she purposely picked October 12 this year to retire.

In those days she and her mother-in-law did the cleaning in the morning and washed and pressed the cotton sheets in the afternoon. As Medford Leas grew, Doris worked her way up until she became Environmental Services Manager.

Doris has saved the first (August 1971) issue of the *Medford Leas Newsletter*, our one-sheet predecessor, with notes on the first residents and on **Bess Wallace**, her mother-in-law, who said she considered the Medford Leas residents an "additional" family. Doris feels the same way. "The residents are an extended family of grandmothers and grandfathers for me," she says.

It is not a surprise to find the following characterization of Doris in a staff newsletter, *The Other Half*, of April 1974, announcing her recent selection as Employee of the Month: "If the award were given for having a warm personality, being friendly, or having a smile, she would win it on that alone." No wonder she has become good friends with so many residents over the years.

We wish you joy in your retirement, Doris! You will now have time for your husband Harry and your dog Snoopy. That list of suggestions you have from various residents on how to fill your days – there may be some good ideas there. Meanwhile, we know you hope to be able to continue reaching out to the elderly through your work as a Jehovah's Witness. We thank you for everything.



## QUALITY IMPROVEMENT UPDATE

by Betsy Pennink

The motto “This is too good not to be better” (a quote from **Beth Bogie’s** writing professor) is the lesson from the results of the resident survey, which identified areas where there was room for improvement. So seven task forces composed of residents and staff were created to pool ideas about ways to meet these concerns.

Although there was not a lot of time to work during the summer, partially due to coping with the Es-taugh Redevelopment, at a meeting of the Quality Improvement Program on September 22, the leaders of the task forces reported on their progress. “It was apparent that the themes of education and communication weave their way through all the areas,” says **Jane Weston**, director, Development and Community Relations.

The Health Care Accessibility task force is working on an awareness campaign to be sure that residents know that there is a medical practitioner available at all times, even weekends and evenings.

The Communication group is focused on communication between residents and the Medford Leas administration, discussing ways to improve and opportunities for new communication methods.

The Dining-Residential team has been addressing several issues, with a focus on the Coffee Shop.

The Information Technology task force, after an overview of the scope of IT at Medford Leas now, has plans to study current or future projects in light of the increased pace of technology.

The Transportation group is awaiting the results of a survey of residents to ascertain the need for change in the current transportation schedule, with the possibility of a monthly trip for those in Assisted Living.

The Customer Service – Pharmacy and Tender Touch – task force is discussing ways to improve customer relations in these two groups.

The Socialization/Improved Quality of Life – Assisted Living group looked at several topics related to aging, especially the losses experienced after moving to Assisted Living.

As these groups continue meeting there will be more information to come.

## ELECTION DAY, NOVEMBER 3

by Barbara Trought

With so much attention directed toward the 2016 presidential election, Election Day 2015 gets short shrift. Not only is information scant, but also few choices are presented.

Voters in the 8<sup>th</sup> Legislative District will see only Republicans on the ballot; nominations from neither the Democratic Party nor any other parties have been made. Two seats in the New Jersey General Assembly are to be filled.

On Tuesday, November 3, Burlington County citizens will choose two freeholders. Both major parties nominated candidates. Read the “Burlington County Times” for election coverage.

In Medford Township two Council members will be selected to serve full terms and one to fill an unexpired term. Only Republican candidates appear on the ballot. Lumberton Township citizens will fill two Township Committee posts. The ballot has only Republican nominees.

Both Medford and Lumberton School Districts will select Board of Education members. In Lumberton five positions will be filled. There are no contests. In Medford four persons are vying for three positions.

The sample ballot includes important facts. Look for the polling place and hours printed on the sample ballot. Knowing where and when to vote is the easy part. The challenge is to continue to meet our responsibility for representative government by participating.

Study the sample ballot and be prepared to vote Tuesday, November 3.

## JOAQUIN DECIDED NOT TO COME TO THE GOLF OUTING!

by Beth Bogie



Dave Bartram, Jane Lange, Mary Russo, Paul Manko  
photo by Lisa Branagan

For several days before the scheduled Ninth Annual Golf Outing, hurricane Joaquin threatened the entire U.S. East Coast. All eyes were on the changing computer models as they attempted to predict the future path of the hurricane. Finally, after slamming into South Carolina and North Carolina and unloading heavy rains as far north as Delaware, Joaquin suddenly decided to turn east and head for Great Britain. The Golf Outing went forward as planned on what turned out to be a beautiful day.

Festivities got underway at the Deerwood Country Club in Westampton, NJ, as just over 200 residents, golfers and sponsors arrived for dinner and ticket and silent auctions at 6:30 pm. More than 60 golfers had already enjoyed a day of golf and lunch before joining the dinner attendees. The day's golf competition, known as "closest to the pin," had been won by business partners of Medford Leas.

Dinner attendees were greeted by **Ruth Bischoff** and **Nancy Griffenberg**. In the reception area **Jane Bartram, Taryn Ericson, Jill Hieronimus** and **Kim Wagner** registered arriving guests and sold auction tickets.

The proceeds from this event each year go to the Residents Assistance Fund in support of qualified

residents who have exhausted their resources. Planners of the Golf Outing are hoping to top the net proceeds of last year's outing of \$36,000. Director of Development and Community Relations **Jane Weston** reported that the outing this year had already taken in \$28,000 in sponsorships, many from the construction companies on the Estaugh Redevelopment and more than the previous year. Paetzold Construction again provided the Gold Sponsorship of \$4,000. Added donations came from individual donors ranging from \$10 to \$1,000. Jane Bartram and **John Speirs** also set aside a day of sales at the Gift Shop to be donated to the Outing.

In his welcome, **CEO Jeremy Vickers** stated that Medford Leas currently provides more than \$700,000 in annual assistance from the Fund. **Davis Henderson**, a resident member of the Estaugh Board, spoke about the many ways that people give to the Fund throughout the year.

Announcement of an array of winners quickly got underway along with dinner. Interest immediately focused on the 50-50 splitting of the raffle prize between Medford Leas and an individual. **Lisa Heinkel**, director, Health Services, was that individual, and she received more than \$500.

There were 48 gift baskets and other ticket items as well as nine silent auction items to bid on. Dr. **Andie Iannuzzelli** won a quilt rack donated by the Residents' Workshop along with the handcrafted double size quilt made by the late **Mary Barth**. Examples of other winners and winnings were:

- + **BJ Tetlow** – a trio of terrariums created by **Debbie Lux**, horticulturist.
- + **Renee Slemmer** – a huge chocolate basket donated by Cluster 8, Lumberton campus.
- + **Wes Jones**, grandson of former residents **Marion** and **Norman Jones** – a Manhattan basket with all the ingredients for making Manhattans, donated by Therapeutic Recreation.

The Golf Outing is a project of Jane Weston, assisted by **Lisa Branagan**, administrative services supervisor. Other members of the Golf Committee are **John Griffenberg**, Nancy Griffenberg, **Brad Mauger, Jim McConville, Geno Mori, Bill Murphy, Russell Pepe** and **Eve Robinson**.



## HOLIDAY IDEAS

by Joyce Linda Sichel and John Speirs

Wednesday, November 4, will kick off the holiday season at Medford Leas. The MLRA Gift Shop and the Knitting and Sewing group are holding their third combined **Holiday Boutique** in the Atrium from 9:00 am until 3:00 pm. Proceeds will go to Medford Leas Appreciation Fund.



Residents and staff can get a lot of their holiday shopping done at that event and in the Gift Shop during the following weeks. Look for the adorable little purses with attractive appliquéd designs and the “Flutter Shawl” which turns from a pretty scarf to a dramatic flowing shawl. There are warm “glitter gloves” for girls and women. Practical gifts for both women and men are a lighted magnifying glass and a “be prepared” trouble light.

Warm and handsome hand-knitted mufflers are featured from the knitters. For children there are adorable mini-stuffed animals, ski caps with pom-poms and mittens. And who could resist the delicate baby cardigan and cap sets!

Volunteer sales assistants will help you find the perfect gifts for yourselves and those on your lists. Special times will be designated for Haddon and Estaug shoppers to come along with their helpers, if needed.

Holiday-themed items will also be conveniently offered right here at the Holiday Boutique and later at the Gift Shop. You can choose from assortments of boxed holiday cards or individual greeting cards.

Beginning November 27, you may want to place a signed greeting card in the “**Holiday Greeting Cards**” basket at the Reception Desk in the Atrium, a holiday tradition. Be sure not to include the envelope. The cards will be hung in the Atrium beginning on Decorating Day, Tuesday, December 8, and will remain until Undecorating Day, Tuesday, January 5. All who pass will receive your best wishes, while you save time and paper. The cards will not be returned to their senders.

## NOVEMBER LEAS FORUM EVENTS

### Saturday, November 14, “The Study of the Civil War: From the Centennial to the Sesquicentennial.”

Dr. Daniel W. Crofts, a professor at the College of New Jersey, is an expert on the history of the Old South and the North-South sectional conflict that led to war. Author of five books on the subject, including *Lincoln's Other Thirteenth Amendment: Rewriting the Constitution to Conciliate the Slave South* (forthcoming in spring 2016 from the University of North Carolina Press), Dr. Crofts will discuss how a knowledge of the Civil War era helps us to understand the country in which we live today.

### Saturday, November 28, “A History of Inventing in New Jersey: From Thomas Edison to the Ice Cream Cone.”

Many people are familiar with Thomas Edison’s “invention factory” in Menlo Park, NJ, where he patented the phonograph, the light bulb and many other innovations. Local New Jersey inventors brought sound and music to movies and built the very first drive-in theater. Such treats as the first cultivated blueberry, ice cream cones and M&Ms are also natives. Author and lifelong New Jersey resident Linda J. Barth will explore the many New Jersey inventors and innovators who have changed the lives of people around the world.

All Leas Forum programs are free of charge and are presented in the Medford Leas Theater starting at 11:00 am.

### JENNIFER LYNN MENGEL, ENTHUSIASTIC BUS DRIVER

by Betsy Pennink

“Come on the bus – you’ll enjoy it!” This is a typical enthusiastic greeting from **Jennifer Mengel**, our new bus driver. Driving the bus is not just a job for her. It is almost a calling.

Jen emphasizes the importance of the bus to Medford Leas residents. “Transportation is crucial,” she says. It is not only essential for doing errands, but also for entertainment and other outings.



photo by Susan DeJacomo

Her desire is to be as helpful as possible. “This is your home and we are here to provide the services that you need.” She is concerned about residents who sit still too much of

the time or who consider themselves a burden. You have a walker? Don’t worry! It’s welcome on the bus. (For medical trips, which Jen makes sometimes in the Medford Leas car, there’s room for a wheelchair.)

Jen tries to make the bus trips fun as well as useful. There’s a lot of chatter, with a CD of Big Band music playing in the background. The bus makes the usual supermarket stops, but Jen has also helped residents get their glasses repaired or buy a new battery for a watch, or even shop for orthopedic shoes. The latest idea that **Tammy Gerhart**, director, Resident Services, and Jen have had is a bus trip to Ginger, the Asian Restaurant, for a lunch date.

Jen has lived most of her life in Burlington County, where her family owned Springville (Apple) Orchard on Hartford Road. Her mother still has an herb garden there. Jen has been transporting people for years. She spent 22 years in the Fort Dix motor pool, sometimes waiting long hours at night at airports. Mornings she drove special needs children to school, also for 22 years.

Jen began driving our bus here in July and is very happy. She “likes the dynamics of trust between employees and residents.” She hopes residents will tell her what they need. “I’m here!” she says.



### JUMPING IN AND PET HUMMINGBIRDS

by Maggie Heineman

Two or three times a month a new post is added to the Medford Leas blog “Around the Leas.” Recent posts include a story by **Pete McCord** entitled, “How I Became a Hummingbird Whisperer” with photos of Pete hand-feeding a hummingbird.



photo by Sarah Wajda

**Jayne and Phil Bodner** moved to Medford Leas in June and two months later Jayne agreed to write a continuing series of blog posts called “Jumping Right In.” I find it fascinating to read about Medford Leas as seen through the eyes of a new resident. Now Jayne is writing for *Medford Leas Life* as well.

The blog has links to amazing gigapans that **Terry Foss** has made of the Lumberton Meadow. Gigapans are composed of more than a dozen individual photos, and the viewer pans back and forth and zooms in to a close-up or out to a view of the entire image.

**Dave Lewis’s** “Ruminations on a Trip to the City” has **Roberta Foss’s** photos of two Philadelphia murals. The post “**Yuri Moriuchi** – She Spoke with Flower Arrangements” is a reprint of **Judy Kruger’s** *Medford Leas Life* article about Yuri.

For easy access to the “Around the Leas” blog go to [www.medfordleas.org](http://www.medfordleas.org) and look for the lime-green “Blog” button at the top of the home page.

## **PATHWAYS: MINDFULNESS, PET HEALTH, SWINDLES AND SCAMS**

by Jayne Bodner

November's chill brings us indoors for an array of programs arranged by *Pathways to Learning at Medford Leas*. This month they deal with our health and the health of our pets, as well as how to protect ourselves from fraudulent schemes all too common today. The month winds up with the popular wreath-making workshop and its opening to the holidays. Here are a few details about each program to serve as reminders about the offerings.

November 4, Wednesday, from 10:00 to 11:00 am, in the Medford Campus Holly Room: A lecture on **Introduction to Mindfulness Meditation with**



**Self-Compassion**, by Jane Fox, a psychotherapist with over 33 years practicing, and over 20 years teaching meditation. The hour includes

three self-compassion meditations, and techniques to practice at home.

November 10, Tuesday, from 10:00 to 11:00 am, in the Medford Campus Theater: A program on **Fraud, Swindles and Scams**, by Jeff Sims, a postal inspector for over 26 years, investigating numerous postal related crimes, who will educate attendees on mail fraud and scams and how not to fall victim to them.

A follow-up program to protect your identity will be a **Shredding Event** on Tuesday, November 17, from 10:00 am until noon in the Medford Arts and Social Wing Parking Lot. It's an opportunity to shred your outdated personal sensitive information as well as do a good recycling deed for the environment. Please check the *Pathways* Guide for what is acceptable to bring for shredding.

November 11, Wednesday, from 10:00 to 11:00 am, in the Medford Campus Theater: An enjoyable

presentation on how veterinarians **Talk to the Animals** to work up a pet's case step by step, and to focus on keeping your pet well and preventing diseases. Dr. Joyce Koch, the speaker, has provided care for over 20 years, serving patients in the New Jersey and Philadelphia areas. She is practitioner in a mobile practice with two satellite locations.

November 13, Friday, from 10:00 to 11:15 am, in the Medford Campus Theater: Dr. Karen Fung Dante will provide the keynote presentation on **What Happens to Our Eyes As We Age**. Dr. Dante has 20 years experience in the field of ophthalmology in the Philadelphia and South Jersey area. Learn the difference between 'normal' changes and more serious conditions that can be a sign of eye disease. And learn the basics of good eye health and what you can do to maintain vision.

After Dr. Dante's presentation, from 11:15 am to 12:30 pm, visit the **Exposition** in the Holly Room to talk with specialists and experts in the field of vision, and learn about tools and products that could enhance your eyesight.



*Pathways* welcomes the holidays with two **Wreath-Making Workshops** on Monday, November 30, in the Lumberton Campus Community Center, and on Tuesday, December 1, in the Medford Campus Community

Building. **Debbie Lux**, horticulturist at Medford Leas, will lead both workshops and will provide live materials, including magnolia, boxwood, holly and other evergreens, much of it from the Barton Arboretum.

Check your *Pathways* guide for registration deadlines and any required fees, and for additional information on these events and their presenters. As a reminder, these programs are open to the wider community—consider inviting a friend to attend!

## VID-U CONTINUES LECTURES ON GREAT EXPLORATION

by Beth Wray



VID-U, which offers recorded lectures on interesting topics, will continue a DVD series, "History's Greatest Voyages of Exploration," for the next three months, presented by Dr. Vejas

Gabriel Liulevicius, the Lindsay Young Professor of History and director of the Center for the Study of War and Society at the University of Tennessee, Knoxville. His PhD from the University of Pennsylvania is in European history, specializing in modern German history. VID-U series are shown on Thursdays in the Linden Room at 11 am.

This series began at the end of October. Here is the full schedule:

|                 |   |
|-----------------|---|
| October 22      | The Earliest Explorers; Pytheas the Greek           |
| October 29      | Travels of an Irish Monk; Xuan-Zang's Journey       |
| November 5      | Leif Eriksson and Marco Polo                        |
| November 12     | Ibn Battuta and Portugal's Great Leap Forward       |
| November 19     | Christopher Columbus; Magellan                      |
| November 26     | Thanksgiving – No VID-U                             |
| December 3      | The Conquistadors; Henry Hudson                     |
| December 10     | The Jesuits and Captain Cook                        |
| December 17     | von Humboldt; Lewis and Clark                       |
| December 24, 31 | Holidays -- No VID-U                                |
| January 7       | Disaster in the Arctic; Ida Pfeiffer, Lady Explorer |
| January 14      | Japanese Exploration; Dr. Livingston in Africa      |
| January 21      | Arctic and Antarctic Exploration                    |
| January 28      | Deep-Sea Exploration and Outer Space                |

## TAKE IN OUR NEW SHOWS

*THE LEAS ART GALLERY SCENE*

by Joyce Linda Sichel



Photograph by Terry Foss

The South Jersey Camera Club will present an exhibit of new photographs in the Medford Leas Main Gallery throughout November. The work of its members has hung here each November since the early 2000s. They are an active group with varied photographic interests. Currently they have about 125 members. Meetings are held in the Theater at Medford Leas on the third Tuesday of each month. Newcomers are welcome to attend; the club charges no fees.

Following that show, the Main Gallery will be turned over to the calligraphers from the Philadelphia Calligraphers' Society (South Jersey Division). They too have mounted yearly exhibits for us, in their case throughout December. Their opening reception will be outside the Theater on Tuesday, December 1, from 3:00 pm until 4:30 pm. We expect them to describe and demonstrate their working techniques, and perhaps to give out small calligraphy keepsakes (as they did last year).

On the walls of the lower-level Art Studio Gallery a new collection of resident art will be shown during fall and winter. Multimedia works by artists and photographers in all genres will be displayed. The opening reception will take place in the Gallery on the morning of Monday, November 2. Refreshments from this group are always a treat.

At the Gallery in the Lumberton Community Center on the lower level, one of our most talented resident artists, **Marilyn Flagler**, will be showing her watercolor paintings from November through January. Three of her paintings were selected for the just-concluded Juried Art Show held at the Medford Leas Main Gallery. Marilyn has spent much of her artistic life at the Jersey Shore on Long Beach Island. Her paintings reflect the light and colors of the shore, focusing on natural subjects and landscapes. A reception to open her show will take place on Friday, November 13, from 4 until 5:30.

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## **GREAT DECISIONS 2016 – PREVIEW**

With life-changing problems surfacing in several different areas of the world, it is essential that citizens be informed about the complexities faced by world leaders. The annual discussion series, *Great Decisions*, is a stimulating way to understand the issues that affect the future of civilization. *Great Decisions* is America's largest discussion program on world affairs. It was developed by the Foreign Policy Association more than 60 years ago. Medford Leas has been a sponsor of the program for many years.

At an upcoming preview of the spring program, learn what topics are planned for *Great Decisions* 2016. Meet the resident presenters and hear how you can get a head start on reviewing the topics that will be covered in March and April.

Join us in the Holly Room for the preview on Friday, November 6, at 4:00 pm.

**Len and Dorothy Cebula, Co-Chairs**

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## **NOVEMBER MUSIC VIDEOS**

by Maggie Heineman

Thursdays in the Theater at 7:10 pm:

November 5: Mahler, Symphony No. 1

November 12: Mahler, Symphony No.3 – Mvt. 1-3

November 19: Mahler, Symphony No. 4

## **MEDFORD LEAS HOSTS FRIENDS SERVICES FOR THE AGING**

by Beth Bogie

The leadership of Friends Services for the Aging (FSA) and 25 member organizations met at Medford Leas on October 1 to discuss year-long work on projects and issues of importance to Quaker-affiliated nonprofits serving older adults. An audience of about 160 attended.

Medford Leas was a founding member of FSA in 1991 and hosts this annual meeting every four years. It is one of only four member organizations with the capacity to handle an audience of this size. On October 1, Medford Leas was represented by a number of board members, residents and staff during sessions in the Theater. Two other days were designed for the conduct of FSA business.

Following welcomes by FSA Board Chair Wayne Mugrauer and **CEO Jeremy Vickers**, FSA committee chairs presented reports on development, finance and strategic issues. **Jane Weston**, Medford Leas director of Development and Community Relations, spoke as chair of the Diversity and Inclusion Committee about the strength found in diversity and the need for a peer group program on that topic.

Medford Leas draws in particular upon FSA Compliance and Risk Management programs, such as those dealing with HIPAA and the new coding required by Medicare A and B.

Jane Mack, FSA executive director, spoke about nonprofit governance practices and an internship program introducing young people to aging services as a possible career path.

In the afternoon, President-Elect CEO Sean Kelly of Kendal Corporation talked about what to expect in the future from the boomer generation. Speakers from Ziegler Investment Bank were Lisa McCracken, senior vice president, senior living, finance, research and development, and Chad Himel, director.

## LEASMUSICAST: RENÉE FLEMING SINGS *RUSALKA* ROLE IN DVORAK OPERA

by Beth Bogie

*Rusalka*, an opera by Antonin Dvořák, will be presented by LeasMusiCast on Saturday, November 14, at 2 pm in the Medford Leas Theater. Soprano Renée Fleming performs the title role with the Orchestra and Choirs of the *Opéra national de Paris*, conducted by James Conlon. This production was recorded live in June of 2002.



The opera *Rusalka* is a 'lyric fairy tale,' the ninth opera composed by Czech composer Dvořák, who is better known for his chamber music and orchestral works, and especially his Symphony No. 9, the *New World Symphony*. *Rusalka* was his final achievement in the realm of opera and the first to win international acclaim. The opera was first performed in Prague in 1901.

The Czech libretto was written by the poet Jaroslav Kvapil, based on the fairy tales of Karel Jaromír Erben and Božena Němcová. A rusalka is a water sprite from Slavic mythology, usually inhabiting a lake or river.

The most popular excerpt from *Rusalka* is the "Song to the Moon" from Act 1, which is often performed in concert and used on film sound tracks.

The versatile Renée Fleming, who won the Metropolitan Opera Auditions in 1988 at age 29, made her debut with the Seattle Opera in her first portrayal of *Rusalka* and has since performed it in the world's great opera houses, most recently with the Metropolitan Opera in 2014.

In Act 1, at the edge of a lake, *Rusalka*, the Water-Goblin's daughter, confides she has fallen in love with a human Prince who comes to hunt around the lake, and she wants to become human to embrace him. Her father disapproves but sends her to a witch, Jezibaba, for assistance. Jezibaba tells

*Rusalka* that, if she becomes human, she will lose the power of speech and, moreover, if she is betrayed by the Prince, both will be eternally cursed. *Rusalka* agrees to the terms, believing her love will overcome the spell. She drinks a potion and is transformed. The Prince, while hunting, finds *Rusalka*, is charmed by her beauty, embraces her and asks if she is a nymph or a woman. Because she cannot speak, she holds out her arms to him, and he leads her away.

In Act 2, The Prince, who is about to marry *Rusalka*, is confused by her silent aloofness. He lavishes attention on a foreign princess who is a wedding guest. The foreign princess belittles *Rusalka*, whom the Prince then rejects. *Rusalka*'s father appears and takes *Rusalka* back to his lake.

In Act 3, Jezibaba tells *Rusalka* that she can save herself if she kills the Prince, which *Rusalka* refuses to do. *Rusalka* becomes a spirit of death living in the lake, emerging only to lure humans to their deaths. The Prince, still obsessed by *Rusalka*, returns to the lake, senses her presence, and asks her to kiss him. Now she can speak. She warns him that her kiss will mean death. He persists. She kisses him passionately. The Prince dies in her arms in deep contentment.

Sources: Wikipedia and DVD liner

## PIANIST PETER BASQUIN TO RETURN TO MEDFORD LEAS

by Joe Costanza

Famed pianist Peter Basquin, a perennial favorite at Medford Leas, will perform a concert of the **Guest Artists Series** on Saturday, November 21. Basquin will play keyboard pieces ranging from the baroque period to the twentieth century, including French Suite No. 6 by Bach, the Sonata in A Major, Opus 120 by Schubert, two Intermezzi by Brahms, and a selection from *Miroirs* by Ravel. The concert will take place in the Medford Leas Theater and begin at 7:30 pm.



As a past winner of the Montreal International Competition, Mr. Basquin achieved worldwide prominence, which launched him on a career with concert appearances in the U.S., Europe and the Far East. He has performed at many major venues including Lincoln Center, the Kennedy Center and Carnegie Hall, and as soloist with symphony orchestras such as the Boston Symphony Orchestra, the American Symphony Orchestra and the Minnesota Orchestra. Mr. Basquin's recordings have received exceptional acclaim, and he can be heard on the soundtracks of Ken Burns' films *Baseball*, *Mark Twain* and *Brooklyn Bridge*.

After graduating with honors at age 19 from Carleton College, he studied at the Manhattan School of Music under a full scholarship from the Minnesota Orchestra. Soon after receiving a master of music degree, he was appointed to the faculty at Hunter College of the City University of New York, where he is now professor emeritus after having taught there for over 30 years. Mr. Basquin also served as director of the Doctor of Musical Arts program at the Graduate Center at CUNY. He is co-author of *Explorations in the Arts*, published by Holt, Rinehart and Winston. Mr. Basquin and his wife reside in Brooklyn, NY, and summer in Brunswick, Maine.

The *Guest Artists Series* features live concerts by renowned musicians and vocalists, and is brought to Medford Leas by the Music Committee chaired by **Marion Norcross**.

Emergency: Call 3666  
or 0 for Reception Desk  
or 9-911 to get outside Medford Leas.  
Obtain decal sticker for your phone  
with emergency number  
at the Reception Desk.

## SHOP TALK - Part One

### INTRODUCTION

by Judy Kruger

This story has been divided into two parts, the first of which is a description of the Residents' Workshop written by the Shop Wizards themselves. The current Wizards, who even have printed calling cards, are co-chairs **Dick Randolph** and **Jim Knapp**, and include **Andy Moll**, **Alex Webb**, **Tom Roberts**, **Bud Stratton** and **Walter Dow**. Next month we will find out how the Wizards "convert junk to junque," as they say, and we will reveal some of the surprising, typical, or completely arcane projects the Wizards have tackled.



Walter Dow caning a chair

photo by Jim Knapp

If you have anything for the Wizards to fix, fill out a Workshop form found in their mail box in the Atrium, then return it to the same box. They will contact you to discuss it and

help you arrange transportation for the item if necessary. A donation of four dollars per hour of work is payable upon completion of the work.

### ABOUT THE WORKSHOP

by the Wizards

The Residents' Workshop was established in 1972 by **Harold Olesen** and is located on the ground floor of the Community Building under the Theater. Many residents have worked here over the past 43 years and some have contributed to the development of the shop by donating tools and equipment to it. At present the 1500-square-foot shop has a full complement of hand and power tools along with lumber, supplies and hardware.

Our mission is to make or repair articles brought in by residents and staff such as furniture, lamps, small appliances, toys, thrift shop items, parking

signs, courtyard benches, shelves or chairs to re-cane. The Wizards have restored many items which would have otherwise been discarded. We also make and contribute projects to the annual Medford Leas Craft Fair held each December. Funds from donations received from repair jobs and craft fair sales are used to pay for expendable supplies and to make donations to the Residents Assistance Fund and the Employee Appreciation Fund.

Next Month: Tales of Workshop Projects

## LET'S TALK GARDENING

**November 20 at 2:00 pm  
in the  
Lois Forrest Nature Center**

**Dave Bartram** will talk about how we use a GPS system in the identification of trees at Medford Leas and why it is becoming even more practical. He will also describe how other arboretums are using this technology.

All are welcome.  
Light refreshments will be served.

## WHO'S NEW — MEDFORD CAMPUS

photos by Margery Rubin

**Barton Bartle** moved into Apt. 132 early in August. He was born in Abington, PA, and raised in Hatboro, both north of Philadelphia. Prior to moving to the Courts, he lived in Lawrenceville, NJ, near Princeton.

As a high school senior, Barton played the cello and discovered the Philadelphia Orchestra. It was the beginning of a lifetime in music. Through the kindness of one of his teachers, he attended the Orchestra's concerts on Fridays, taking the Reading Railroad into Philadelphia.



ing both for five years.

Barton pursued music after high school, earning a bachelor's degree in music education at the University of Michigan, Ann Arbor. He then tried out for a place in the Toledo (Ohio) Symphony and was hired as the principal trombonist. He also taught low brass and music theory at the University of Toledo, doing

Returning to the University of Michigan, Barton earned a master's in music education and a master's in music theory. Later, he also earned an EdD at the University of Illinois, doing his thesis on an experimental study of the effectiveness of an analytic tool used in helping music students take dictation.

Subsequently, Barton became professor of music theory at the Westminster Choir College in Princeton, which is noted for training choral talent. Its Symphonic Choir performs with the Philadelphia and New York Philharmonic Orchestras. For 30 of his 40 years at Westminster, he chaired the music theory department.

Barton co-founded the Music Computing Center on the campus at Westminster, which provides drill and practice in music theory fundamentals and dictation, as well as music notation and sequencing software. The Center was funded largely by grants and includes fifteen work stations each consisting of a Kurzweil synthesizer and an iMac computer. At Westminster, he also hired the entire current tenured staff and is proud of that group of professionals.

Barton retired two years ago and, because of a fall, has spent the last year working on regaining his independent living style. His recovery included a month in rehabilitation at Medford Leas.

Having regained his health, and with his daughter's help, he investigated various CCRCs in the nearby area. He decided on Medford Leas, based in part on the excellent experience he had in rehab here.

Barton's daughter lives in Medford. He also has two sons, one who lives in Vermont with his wife and their son, and the other who lives in Virginia but make trips back to Princeton for his job. He recently helped Barton move into Medford Leas.

Since moving in, Barton has found many things to appreciate about the layout of his apartment, and the configuration and amenities of the courtyards, that make living here very much easier than at his former townhouse. He will be attending the Philadelphia Orchestra's concerts, keeping up his daily crossword puzzle regimen, and selecting new topics to learn about from the Great Courses catalog. Of course, his trips to Philadelphia to enjoy the Orchestra will be a kind of homecoming.

Jayne Bodner

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"I suppose I'm your basic global citizen," says **Viktoria Kindergan**, who moved into 689 Bridlington in mid-September. Viktoria, or Viki, most recently of Park Ridge in the northeastern corner of New Jersey, has visited or lived in 68 countries. Viki's mother was Estonian and spoke Russian and German, raising Viki first in East Germany. "Being bicultural, when I was an adolescent all I wanted to read were books about life in other countries," Viki reminisces. "My homework definitely suffered. It was almost like I was praying to God to please let me see all those places."



While working as a banker in West Germany, Viki met her husband Jack (who died nine years ago) at a costume carnival dance. "I didn't like the local boys," Viki laughs. "I already knew I had an international mindset." Jack was an American soldier who spoke German well.

The couple married in Bergen County, NJ. But they were destined for decades of short and long assignments abroad by Jack's employer, Caltex

(a subsidiary of Chevron). During their Dallas sojourn, Viki joined the local Estonian Society to help maintain her sense of connection to the larger world.

The family's three-month assignments, for example, included Bahrain, Bangkok, Hong Kong, Seoul and Singapore. Longer assignments included Bangkok again, Australia, the Philippines, and what became Viki's favorite country, Japan. The family lived there from 1974 to 1980 but later returned as often as possible to visit. "The culture was fascinating to me," says Viki. "The way of thinking. The calmness. The most beautiful gardens I've ever seen. And speaking German was an asset when I took Japanese lessons, because it made pronunciation of Japanese vowels easier."

Viki went exploring as often as possible. "I would try to take the subway before I could read the signs. If I asked anyone for help, they would take me by the hand and lead me to the right platform."

Reflecting, she notes, "Expatriate life has been very enjoyable, and it taught me so much about life."

Her two daughters were born abroad but were only four and seven when the family returned to the States. "I was disappointed to leave, because they had been in a wonderful international school in Japan," Viki says. True to form, one daughter, a United Nations employee, is also a "global citizen," who worked on the first Sudanese peace treaty and negotiated to allow food into the refugee camps.

Viki moved to Medford Leas to help care for her second daughter's three children, including a newborn baby. Her son-in-law is a descendant of a local farming family named Richards.

Once Viki has settled in at Medford Leas, she hopes to do a lot of walking and day trips. She plans to attend Medford Leas lectures, play mahjong and "casual, not cutthroat" bridge, and maybe attend some opera. "I suppose I'll have to exercise, too," she sighs, "but I'd rather walk around exploring."

Judy Kruger

The father of **Elizabeth “Beau” (Smith) Ferry** gave her the nickname of Beau, because he thought she was beautiful. And she carried that name throughout her life and into Apt. 285 in September.



Beau grew up in the Torresdale section of Philadelphia and went to Gwynedd Mercy Junior College. It was a tradition in her family that the girls married right after junior college, but Beau says, “I could have gotten my law degree because I didn’t get married until I was 23!” Bidding her time until that fateful union, she didn’t waste time and began a bookkeeping service from her home.

Her mother was very young when she became a widow, and Beau and her mother double-dated for some time. Beau revealed that over the years her mother actually ended up getting married four times. Looking back, Beau says she met her future husband, Don, when she was six years old and they both attended the same camp.

At first Don worked for IBM but soon started a family printing business called Ferry Associates. Beau contributed to its success by keeping the books. While living in Medford Lakes for many years, she enjoyed playing golf at the Medford Lakes Country Club and started the “nine holers,” because everyone played all 18 holes and she wanted a shorter course. She also played a lot of bridge and, of course, raised her children.

Don passed away recently. She and Don had five children and Beau proudly relates that she has 11 grandchildren, nine of which are granddaughters.

Beau is very impressed by the way everyone she meets here is so friendly and helpful to her, because she has not as yet found her way around the campus with confidence.

**Suzanne Frank**

After considering a transition to a retirement community for several years, **Judy Austermiller** and **Dr. Warren Betty** moved to 610 Woods Cottage from their Cape May farm in August. They know **Ro Wilson** and several other Medford Leas residents.



Judy grew up in the small village of Ayresville, OH, where her family owned the local grocery store and previously operated the area telephone service. She graduated from Bowling Green State University majoring in sociology and philosophy. She then took a position as a research assistant at Indiana University, where she met Warren’s sister Susan. Shortly thereafter, Judy moved her belongings to New York City and enrolled at the New School for Social Research, where she received her master’s degree. She worked in New York as a grant maker for several family foundations. She also taught classes at the Brooklyn campus of Long Island University.



Warren lived in Indianapolis where his father built and operated a barbecue restaurant. Warren attended Indiana University before enlisting in the Air Force. He was stationed in Selma, Alabama, but lived in Montgomery, a 45-minute drive, because of the social attitudes of the community. As a member of the Air Force, he returned to Indiana University on temporary-duty status. He completed his undergraduate degree and was admitted to IU Medical School. After graduation from medical school, a residency in pediatrics followed in the Department of Pediatrics at Albert Einstein College of Medicine in New York City. Upon completion of his training, he became staff physician on Staten Island at a multi-specialty group practice. He remained there, completing his career as director of pediatrics and chief medical director. He retired in 1996.



After years as a single father of two, Warren married Judy. They lived in New York until moving to Cape May 24 years ago. They are proud of the children – a son who lives in Boca Raton, FL, and a daughter who resides in Ocean County at West Creek, NJ. The son and daughter have four boys between them, ranging in age from 11 to 14. Warren and Judy look forward to opportunities to have the young cousins visit.

Judy enjoys reading, especially biographies and histories. She tends several gardens including kitchen herbs, perennials and vegetables. She preserves vegetables and specializes in canning sauerkraut and tomatoes. She is an avid hiker and has recently joined the Outdoor Club of South Jersey.

Warren loves working with his hands. He took several programs at the vocational school when he lived in Cape May. He used his skills in small engine repair, carpentry and cooking, especially when maintaining his farm. He had a 1500-foot “O” gauge Lionel train layout and hopes to set up a similar layout in his basement here.

Judy and Warren enjoy traveling, especially in the winter. Last year they made an extensive trip to National Parks in Utah with a friend interested in astronomy. They have a time-share in Puerto Rico, and this year they also plan to take a river cruise in Viet Nam.

Dorothy Cebula

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**WHO’S NEW – LUMBERTON CAMPUS**

photos by Joyce Koch

After living in many parts of the world, **William (Bill)** and **Evelyn (Goldsworthy) Rohmer** settled at 148 Woodside Drive in August. They love the open, modern feeling of their new home with access to the walking path and the woods beyond.

With daughters in Australia, Canada and Lumberton, a move within this country seemed sensible and Medford Leas at Lumberton seemed perfect. They have many friends on both campuses. They had lived for 13 years in North East, MD, with a

summer home on the river. Other addresses have included Trinidad, Canada, England, Bermuda and Australia.



Both Evelyn and Bill were born in Ontario, Canada. They met and married while Bill was attending the University of Waterloo, Canada’s top engineering school. His work experiences started with Procter & Gamble and W.R. Grace, followed by a 25-year career with Campbell Soup Co. At Campbell Soup, he started at the Toronto plant but was transferred to Camden headquarters and its international division. This involved travel and projects in many countries including in the Far East, as well as assignments in the Pepperidge Farm and Pet Food divisions and with Campbell’s Australia.



Relocating so many times and managing three daughters severely tested Evelyn’s home management skills. She did find time to be involved in many women’s groups and newcomers’ clubs, as well as to become an active bridge player and golfer.

Evelyn was involved in the founding of Interfaith Caregivers in 1985, was a member of the Cooper Hospital Auxiliary in Moorestown and recently belonged to The Women’s Civic League of North East. Both Bill and Evelyn are returning to Trinity Church in Moorestown, where Evelyn had been a parish visitor. Though not in this country, there are four grandchildren and one great-grandchild.

The well-equipped fitness center at Lumberton Leas beckons to them both. Bill may explore his artistic talents, and we may expect to see Evelyn at the bridge table. Both are interested in gardening, travel and reading and look forward to becoming involved in campus activities.

Barbara Zimmerman

**NOVEMBER CRYPTOGRAM**

by Herb Heineman

PWOIWZU PS DR ISZ XSJD GFSJ  
 TEDIOWIO WIRLHZR, DRVDXWTHHU  
 GFSJ EWSHDIXD ZKTZ XTI IDEDF MD  
 ALRZGWDP. WZ XSJDR GFSJ  
 ZTCWIO FDRVSIRWMWHWZU TIP  
 TPETIXWIO SLF XSJJSI KLJTIWZU.

Flag the author's name.

**VSVD GFTIXWR  
 IDHRSI JTIPDHT  
 KWHHTFU XHWIZSI**

Below is the solution to the October cryptogram.

THAT INFAMOUS DAY WAS THE MOST  
 POWERFUL REMINDER I HAVE EVER  
 BEEN GIVEN THAT YOU SHOULD NEVER  
 TAKE LIFE FOR GRANTED AND SHOULD  
 TREAT EACH DAY AS IF IT'S YOUR LAST.  
 GEORGE W. BUSH  
BERNARD B. KERIK  
 RUDOLPH W. GIULIANI

The correct solution was received from the following readers:

**Catherine Barry, Maryann Beitel, Ruth Blattenberger, Judy Brown, Mary Chisholm-Zook, Alice Culbreth, Doris Curley, Harry Forrest, Roberta Foss, Neil Fowser, Neil Hartman, Barbara Heizman, Pat Heller-Dow, Sue Isaacs, Jean Jordan, Jane Mahorter, Doris Q. Murray, Betty Preston, Toby Riley, Peg Scott, Miriam Swartz, Joanne Thomas, Ellen Wiener, Barbara Zimmerman.** Twelve (exactly half) correctly identified the author.

Please send your solution via campus mail to **Herb Heineman**, 121 WSD, Lumberton, or email [hsheineman@gmail.com](mailto:hsheineman@gmail.com) by November 10.

**MEDFORD LEAS LIFE**

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**Deadline for submissions:**  
 10<sup>th</sup> of the month preceding publication

