



# Medford Leas *Life*

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## **LOIS FORREST NATURE CENTER DEDICATION**

text by Betsy Pennink; photo by Margery Rubin

The dedication of the Nature Center to **Lois Forrest** on May 16 was solemn and light-hearted, amusing and serious, and, above all, a tribute to the amazing woman who was Executive Director of Medford Leas for 21 years.

Lois and her husband Harry sat in the front row of the Theater, surrounded by 34 members of their family, four generations in all. The rest of the seats were filled with residents and staff. The buzzing of conversations stopped when **Jeremy Vickers**, CEO, welcomed everyone and introduced the speakers.



**Anne Matlack**, vice president of the Estaugh Board, told how she had been in and about Medford Leas for years, especially when her grandparents were in Bridlington, and praised Lois Forrest's many accomplishments, among them maintaining Quaker values. Then Anne and Jeremy, to loud applause, unveiled the new signage:

Lois Forrest Nature Center, in large green letters against a light yellow background.

Loyce Forrest painted a delightful picture of what it was like to be a daughter in the Forrest family. She had many memories of her mother's love of nature, including an automobile trip when Lois suddenly called out "stop" so that everyone could enjoy the color of a tree. Loyce spoke of all the camping trips the family made, with Lois always picking out a special spot, off the beaten track, to spend the night. And the miles Lois hiked!

**Nancy Barton Barclay** spoke on behalf of the Arboretum Committee, of which she was chairman for 25 years. She was on the Estaugh Board when Lois came for an interview. It was Nancy's father, Lew Barton, and Lois who established the Arboretum, and Nancy saw firsthand Lois's enthusiastic involvement in the plantings on campus.

**Jane Weston**, director, Community Relations, invited the audience to speak about the Arboretum. Harry was the first. He described their spontaneous trips to a garden center, "just to see what's there." Afterwards he was the one with the shovel to make holes for the plants Lois bought.

**Debbie Lux**, Landscaping, told how she had met Lois at one of the latter's garden center visits and was invited to come to work at Medford Leas. **Ann Naulty**, who worked here the same 21 years as Lois, thanked her for the lovely surroundings that have given residents, especially those in wheelchairs, so much pleasure.

**Bill Murphy**, director, Operations, who worked with Lois during her entire tenure, told a typical story about Lois's refusal to take down two linden trees to make a parking lot. **Marianne Steely**, who began in Marketing in 1986, described the immense sense of calm that came over her on her first visit to Medford Leas, which she attributed to the atmosphere created by Lois.

**Keith Quinton**, former medical director, had heard of the fine reputation of Medford Leas even before he came. Medford Leas, represented by Lois, had been on national TV, on the *Today Show*, as an example of a good CCRC. This drew people from all over the world to come to look. He stated that he had spent the best part of his life here.

**Ben Paradee**, who predated Keith Quinton as medical director, appreciated that Lois always had the interest of each patient at heart. He spoke about how much he loved her and revered her.

**Chuck Woodard** talked about Lois's dedication and how lucky we have been to have her here. **Janet Rumble**, nurse practitioner, said she owes her career to Lois, who insisted that she go on from nursing to be a nurse practitioner and wouldn't take no for an answer.

Harry and a beaming Lois sat for photos beside the new sign and then with the family. Afterwards everyone moved to the Garden Dining Room for refreshments. It was such a special day for the family and a very special day for our community.

## LET'S TALK GARDENING

Subject: Living Soil and the Value of Mulch:  
the importance of healthy soil –  
achieving and maintaining this valuable resource.

Place: The Lois Forrest Nature Center

Date: June 19

Time: 2:00 – 3:00 p.m.

Refreshments will be served.

(Next session: the third Friday in September)

## “LIBRARY THING” HELPS CREATE ONLINE CATALOGUE

by Maggie Heineman

Work is well underway on a Medford Leas electronic library catalogue, which will allow anyone to browse our campus collections from anywhere. Being able to search for a book without knowing an exact title, author or subject is the most convenient aspect of an online catalogue.

The image below shows that the online catalogue can be easily accessed through the MLRA website. There is a drop-down menu with two links: one to the user guide, the other to the catalogue. As of May 6, the catalogue provided listings for the Lumberton Campus Library (1,344 titles), the Nature Center Library (563 titles), and the Large Print Library (212 titles). The Nature Center and Large Print collections are partially finished. Titles from the Art Studio are the next to be included in the online catalogue.

Online catalogues are easily created using the application called “Library Thing.” Both the Foulkeways CCRC (6,800 titles) and the Friends School Haverford (13,000 titles) are using it. “Library Thing” has over 1.9 million members around the world with over 96 million titles catalogued by members.

**Margaret Eysmans** is creating the online catalogue, while **Ann Campbell** has provided access through *mlra.org*. Special thanks to Margaret and Ann as well as to those who have been reporting back to Margaret about their use of the catalogue. User feedback is important for the project.



## JEREMY VICKERS WORKING ON COMMUNICATION

by Beth Bogie

On May 12, **CEO Jeremy Vickers** made time for an interview on the subject of communication at Medford Leas and its many ramifications. He had been thinking about the subject and would be glad to talk to *Medford Leas Life* about ideas for improving communication with residents.

At the outset, he explained that the subject of communication arose from the ProMatura survey analysis. Communication was highlighted as an area where there was an opportunity to make beneficial change. Further discussion has taken place on this subject in the Medford Leas Survey Committee, which will be known going forward as the Quality Improvement Program Team. This Team is made up of residents and staff, and discussion will continue. It was too early to talk about steps that might be taken, because talks had just begun. "I value the residents' perceptions," he said. "I'm open to ideas."

He noted that in survey responses the Lumberton campus appeared to have a much better view of communication at Medford Leas than the residents on the Medford campus. He thinks that may be because of the extra meeting he has with residents at Lumberton in addition to the monthly Community Conversation held on the Medford campus. He finds that some people tend not to want to speak openly in the Medford Leas Theater, whereas the talk on the Lumberton campus is with fewer residents and is more informal.

One thing under consideration is his meeting with smaller groups, perhaps with people in specific activities. He already meets with the Health Committee, the Arboretum Committee, the Financial Review Committee and others closely connected with the functioning of Medford Leas. "One problem," he said, "is there are 80 committees!" **Betsy Pennink**, an *MLLife* editor who joined me to interview Jeremy, said he wouldn't need to meet with Knitting and Sewing or the Birders. We laughed. "But the Birders might just be the one you *should* meet with," I said, meaning

a birding occasion might provide the informality he needs to get to know people better and have a more relaxed exchange of views, with no serious business to discuss.

Jeremy was aware of the May 1 "Meet and Greet" informal get-together of the Estaugh Board with residents and the concerns raised by residents for the first time. He had had visits and communications from a number of residents on various subjects since that meeting. I pointed out that feelings expressed at the meeting had been building for some time. He seemed surprised, asked for specifics and showed concern. He then seemed to understand why the meeting was emotional. "It's not in my interest to make everyone mad at me," he said.

Regarding the memo about the dismissal of an employee, he said, "There is little I can do to soften a blow." Our conversation with Jeremy became more of a dialogue and free-flowing. The subject of concern about Quaker values was raised. "That's a difficult one to work on," he said.

Suggestions for getting to know residents were put forth. What about dining occasionally with residents? What about an advisory committee of residents for wrestling with problems? He did not feel comfortable about the latter. He explained that it was good to meet with residents, but some topics, because of confidentiality, have to be held close.

I said that most residents are very pleased with his turning around the finances and getting Estaugh Redevelopment accomplished. That is why some residents withhold their views on other subjects important to them. Jeremy responded, "The worst thing is when people don't speak out." He added, "Our finances aren't any good if people aren't happy." We assured him that we and others are happy, but there is work to do.

So while Jeremy is just beginning to give the need for better communication the serious attention indicated by the survey, we need to reach out to him with ideas as much as he to us.

## **2015 FISCAL RESULTS CONTINUE HIGHER; ALL DEBT RETIRED**

by Beth Bogie

The retirement of all remaining Medford Leas debt of more than \$4 million was a significant milestone disclosed by CEO **Jeremy Vickers** at the Community Conversation on April 24. At the same time he reported an operating surplus of \$1.1 million for the 2015 fiscal year ended March 31. Operating income grew by \$1.5 million to \$26,957,000. These are preliminary numbers that will be audited in the next few months.

The operating surplus was \$700,000, or 6.0 percent, ahead of budget and \$80,000 higher than the audited operating surplus in fiscal 2014. Factors contributing to these gains were increases of \$1.1 million from short-term rehabilitation in Woolman of non-residents filling available beds between hospital and home, a \$200,000 increase in fees from ancillary services, and a \$200,000 gain in monthly resident service fees.

Total monthly service fees were \$19.5 million, vs. \$19.3 million a year ago. Ancillary services include the Options program (apartment care), catering and maintenance, to name a few.

Operating expenses totaled \$25,812,000 for the 2015 fiscal year, \$826,000, or 3.3 percent, ahead of budget and \$1.3 million greater than the year before. Jeremy reported that physicians and home care, operations and pharmacy were the biggest factors in increased expenses.

The difference between operating income of \$26,957,000 and operating expenses of \$25,812,000 is the \$1.1 million operating surplus. The surplus was achieved because, while expenses were up by 5.0 percent, revenues were much higher.

Preliminary accounting net income – a combination of the net operating surplus, investment income and depreciation, and other non-cash items – totaled \$3,238,000, compared with the year-ago total of \$4,975,000. “Last year investment income was much higher.” Jeremy noted.

Total net assets began the year at \$40 million and ended the fiscal year at \$43 million, or \$3 million higher. Total assets amount to \$105 million, and “we finished the year with no debt,” Jeremy pointed out.

One measure of financial health is the number of Days Cash on hand. This year at the end of March, Medford Leas had cash to cover 557 days, down from 593 a year ago, but still within the top quartile of CCRCs. Days Cash had briefly dropped to 500 due to the retirement of debt, but is back at 557.

The operating ratio (expenses divided by revenue) remains at 95 percent, between the median and the top, “which is where we want to be,” Jeremy said.

As of January 28, 2015, there were 49 new deposits and 44 new “move-ins,” vs. 43 sales in 2014 and 25 sales in 2013.

### **Estaugh and Haddon Additions To Be Completed on June 18**

After delivering the good fiscal news, Jeremy announced that, as expected, construction on the Estaugh and Haddon additions and Haddon first floor dining area will be completed in June. This will be followed by obtaining approvals from the New Jersey Department of Consumer Affairs.

He took the audience through a brief slide tour of interior Estaugh Redevelopment progress. There were views of floor-to-ceiling windows bringing in much more natural light than previously had existed. There was a view of an efficiency kitchen in a resident’s room with sink and cupboards, waist-high refrigerator and microwave. A glimpse of a bathroom showed a “European shower” without walls for ease of wheelchair maneuvering.

Finally, there was a view of the new LED lighting being installed in the Courtyard corridors, and a new entrance at Court 16.

## ESTAUGH BOARD CONTINUES LONG-RANGE PLANNING EFFORT

by Rich Cleaver, chairman

The Estaugh Board is in the process of developing our next Long-Range Plan, which will create a vision for Medford Leas ten years from now and a series of milestones to be completed along the way. The Board believes that this plan will provide direction, while remaining flexible, so that we can react to the inevitable changes in the marketplace, governmental/regulatory constraints and resident requirements.

The Board recently undertook the latest step forward in the long-range planning process by completing a SWOT session. A SWOT (Strengths, Weaknesses, Opportunities, Threats) analysis is critical because it allows our community to jointly articulate where we see our positives and negatives. We will use this information as we continue to develop our long-range plan.

At some level, all members of the Medford and Lumberton campus communities were involved as the Long-Range Planning Committee drew upon the resident and staff survey results, as well as stakeholder meetings to develop the analysis. Stakeholders, including residents, staff, senior management and Board members participated in a series of meetings to further define and prioritize areas of focus. Representatives from the research group ProMatura provided additional insights into the CCRC landscape nationally. A third-party consultant has also been engaged to facilitate the process using a structured approach and proven planning tools.

“The SWOT assessment is an important and productive part of the overall process, and will provide a great foundation for our long-range planning efforts,” said **Anne Matlack**, vice president of the Estaugh Board.

Drawing on the resident survey and reinforced through the process, a few highlights of the SWOT assessment are noteworthy. Overall, Medford Leas is in good shape, while we have opportunities for improvement.

The sense of community, resident involvement, strong financials and our campuses are hallmarks of our culture and strengths. We realized that our sustainability and wellness initiatives are probably quiet strengths that we should work to promote more rigorously. In addition, areas for improvement include improving the dining options, understanding what improved transportation would look like, and updating and refreshing the physical plant and Medford campus. Increased competition, shrinking Medicare dollars and aging-in-place are among the threats. The aging population and uniqueness of the Medford Leas brand represent opportunities.

**Harry Scheyer**, Long-Range Planning Committee chair, commented, “Although we are focused on the long-term, our discovery and planning process will certainly benefit the present and near-term needs of current residents.”

The Long-Range Planning Process will continue over the next several months.



photo by Jane Weston

**The Meditation Garden** on the Medford Campus is a peaceful location to visit and have time for reflection amongst the wooded environment. The area is located near Parking Lot B and is easily accessible because of the paver path that takes you into the Garden. You will likely enjoy the natural plantings and the dogwoods in bloom.

## EVENING IN THE ARBORETUM

text by Betsy Pennink; photos by Margery Rubin

Finally the much-anticipated gala occasion arrived! It was pretty chilly outdoors on April 25, but the atmosphere indoors was warm and welcoming. And there was so much to savor.

As with previous Evenings in the Arboretum, guests were invited to walk around the side of the Community Building, where they passed containers of colorful flowering plants, arranged by **Debbie Lux**, horticulturist. Once on the terrace they were greeted at the door to the Lounge by **Emily Schifferdecker**, part-time receptionist.



Doris (l.-r.), Carol, Edie

Inside, the wine-tasting tables had crowds around them. **Doris Murray**, **Carol Neil** and **Edie Pray**, among others, were enjoying their glasses of Sauvignon Blanc. Nearby **Kay Roberts** was encouraging **Vince Menzel** as he was about to eat an apricot and lamb kebab.

**Dr. Andie Iannuzzelli** and her husband Charles appeared with **Dr. James D'Amico** and his wife Rowena. They had just taken an interesting mini-tour of several of the Courts and were warming up quickly with the delicious food and wine.

It was tempting to stay in the Lounge. Marc Sherman was playing perfect background music on the piano and, by the fireplace, **Henry Green**, lead cook, and **John Cox**, line cook, were stirring pasta dishes to order.

However, there was more awaiting in the Colonial Dining Room, where a large horseshoe-shaped table in the middle of the room was groaning with treats. More wine-tasting stations were busy.

Once seated at one of the small tables around the rest of the room, it was easy to fill your plate again and again with the "hearty hors d'oeuvres."

At the "Mediterranean Station," there was a line of guests where **Nicolas Bucci**, Dining Services, was slicing the beef tenderloin and putting it on toasted polenta rounds. Next to him, **Vilma Aldover**, Coffee Shop supervisor, was serving smoked salmon and a warm dish of salmon and boursin cheese encircled with pastry.

Throughout, members of the Medford Leas wait staff circulated attentively with trays full of finger food. Skewers of fresh watermelon with feta cheese and mint were wonderfully refreshing. Several guests especially liked the pork belly flatbread with fig and gorgonzola. As the program stated, special thanks went to Sous Chef **Stephanie Linton**, Dining Room Supervisor **Rachael Allen** and the entire Medford Leas Culinary and Dining Services team.



The McKeons, Amy and Scott

Many residents invited outside guests to the occasion, and several appeared with their children. In the Lounge, **Howard (Pete) Peterson** sat with his son

Mike and daughter-in-law Kathy, back this year for a second time. **Joan** and **Jack McKeon** were accompanied by their daughter Amy and her husband Scott, who were also joining the festivities again. At a table in the Dining Room, **Jean** and **Bud Stratton** celebrated with Jean's daughter Nan and husband Dave. **Nancy Steelman**, her daughter Donna, and son-in-law Michael, were there together. In all, about 180 people attended the Evening.

Between eating and drinking, the guests made the rounds of the Atrium to place their bids on whatever they wanted of the 85 items in the silent auction. What a choice! There were gift coupons from supermarkets and restaurants, coupons for trips and spas, baskets of wine and other good-

ies. There was a beautiful Medford Leas bench refinished by the Residents' Workshop. A gorgeous hanging quilt with a bright red accent was an eye-catcher. Some residents with specific skills offered help in their areas of expertise.

**Jeremy Vickers**, CEO, and **Bill Murphy**, director, Operations, volunteered again to do a barbecue for a small group. A dinner party by **Jane Weston**, director, Development and Community Relations, and her husband Nigel was bid way up. Until eight o'clock, when the auction closed, everyone kept checking the bidding clipboards to see whose offer was the last, and the winning bid.

In the end there were a lot of happy people. Dr. Andie was thrilled with her winnings, two of which were the garden cart filled with plants and shrubs and the painting by **Cathy Denton**, which Andie is adding to her collection of works by resident artists. Dr. James won a painting by much-admired resident **Alice Culbreth**. **Ricki Rogers** took home the brilliant quilt, and the handsome bench went to Jane Weston.



Everything ran so smoothly it was difficult to realize just how much work had gone into this event. Headed by a tireless **Janice Saibel** and **John Speirs**, the Silent Auction committee did a wonderful job. The wide variety of interesting auction items was the result of their solicitation efforts over many months.

Both the Thrift Shop and the Gift Shop had contributed the proceeds of an entire day, which, combined with the "al fresco" flower sales of a week earlier, totaled more than \$1,500.

Altogether it was a lovely evening, and above all, just over \$30,000 was raised for the Barton Arboretum to help further its development.

## SYLVIA FRIEDMAN 100 YEARS OLD

text by Betsy Pennink; photos by Terry Tuffnell

Turning 100 years old is a big occasion, and **Sylvia Friedman** was the only resident at Medford Leas to reach that milestone this year. A party was definitely in order and Therapeutic Recreation put on a nostalgic one for her, with a New York theme.



Sylvia was born in Manhattan and, ironically, the doctor forecast that she had only one month to live. She has certainly shown him! Sylvia loved living in New York and the party reflected this. New York scenes were shown on the screen, as a backdrop to a sing-along led by **Gerry Stride**, director, Therapeutic Recreation, who had changed some of the lyrics of the songs to fit the occasion.

A large carrot cake, Sylvia's favorite, was served all around and she received some small presents, such as bag of postcards of New York and a photo album for her to fill with her pictures. (Sylvia was a photographer.) Then the staff showed a video from You Tube of a man singing "Who is Sylvia?"— a Shakespearean sonnet set to lovely music by Schubert.



Finally the Statue of Liberty (**Linda Schultz**, Therapeutic Recreation, in costume) arrived to give Sylvia a big hug and to pose for pictures. Sylvia's actual birthday was on April 27, but even though this party was slightly belated, it was a happy celebration.

## SAKS FIFTH AVENUE PHOTO SHOOT

text and photo by Betsy Pennink

“Saks Fifth Avenue here?” asked residents excitedly. On Monday, April 27, a group from Saks arrived to do a photo shoot, with signs of spring at Medford Leas as a background. At ten o’clock seven enthusiastic young men and women piled out of a van, which also carried all their photographic equipment, props and clothes.



After an orientation by **Jane Weston**, director, Development and Community Relations, the model retired to the warmth of the Center, while the others spread out to find the best areas for photographs, some to discover spots to make imaginative pictures of shoes, others for good

backgrounds for the model or for the beauty products they had brought along.

Before long they were sighted in several courts. Two were photographing a boot filled with flowers among the moss pinks in Court 2. Court 7 was consistently popular: a bottle of cologne held under the pinkish new leaves of the Japanese maple looked exotic; the model was posed in front of the bright yellow flowers of the Japanese Kerria in full bloom; later, under the same Japanese maple, the model in a summer dress with a print similar to the leaves arching over her was photographed again and again.

The redbud tree in Court 3 was also a magnet, as was the entire Atrium. The model held many poses there, and finally, one of the photographers worked on balancing a shoe (very spike-heeled) on a branch of one of the trees. Outside Court 5 the model in a print dress stood against the dark green spruce trees, scattering yellow petals at the request of the photographers.

The leader of the group was Qianna Smith, director, Social Media and Saks POV blog, who explained eagerly that their goal was to combine blogs and the social media, and, in particular, to reflect the photos in Saks’ Garden Special section of the latest *Harper’s Bazaar*. “This will back up the hard copy,” said Qianna. “It brings it to life.” (She deals with 13 different social media platforms, but focuses on five, including Facebook, Tumblr, and Instagram.)

Qianna had phoned Jane the Friday before to ask if the group could come to the Arboretum to photograph, since so little was blooming in the New York area. Jane explained that spring wasn’t all that far along here, but apparently it was just right. When they left after 5 o’clock, the team told her that Medford Leas and the Barton Arboretum had provided them with infinitely more than they had ever imagined.



**Suzanne Frank** demonstrating the proper way to recycle at the MLRA business meeting, April 20. Suzanne is co-chair of the Resource Conservation Committee.

**John Brzostoski**, artist



## BIRDERS MIX BIRDING AND HISTORY

text by Miriam Swartz and Joe Costanza;  
photos by Joe Costanza

The Medford Leas Birders *Pathways to Learning* trip to River Winds on May 13 blended a bit of American history with birding. The group started that morning at River Winds, a relatively recent development founded largely on a dredge spoils dump along the Delaware River. They ended the day at historic Red Bank Battlefield in the town of National Park, NJ. River Winds was conceived in 2002 as a 1,100-acre recreational and community center of West Deptford Township, NJ, while Red Bank dates back to pre-Revolutionary War times.

The birders' first stop was the mile-long eco-trail at River Winds that winds its way through various bird habitats. A brilliant Indigo Bunting was an early sighting. The trail yielded another 28 species, including Baltimore Oriole, Downy Woodpecker, Great Crested Flycatcher, and even a



Downy Woodpecker

Wild Turkey. Disappointing, however, was the absence of Wood Warblers, with only a Black-and-White Warbler spotted. From there, a quick scan of the Delaware River offered a Double-crested Cormorant and spectacular views of the Philadelphia skyline. The group then made their way to the Red Bank Battlefield Park.

The historic Red Bank Battlefield Park, which is part of the Gloucester County park system, is located a short distance north of River Winds, and separated from it by a large dredge spoils area. Quakers Ann and James Whitall established Red Bank in 1748 as a 400-acre plantation. The Whitall house is a central feature of the park, and is open from April through mid-October. In 1777, life at Red Bank changed when American forces built Fort Mercer immediately north of the Whitall house and its sister fort, Fort Mifflin, in Pennsyl-

vania. The cannons of the two forts were intended to prevent the British from using the river to supply their troops in Philadelphia. Frustrated by their inability to destroy the forts by cannon fire, the British ordered 1,200 Hessian troops, under the command of Colonel Carl von Donop, to storm Fort Mercer. The Hessians were routed by the Americans, and suffering heavy casualties, retreated to their camp in Haddonfield. Von Donop was killed in the battle, and a monument has been erected where he fell. Eventually Fort Mercer, under relentless bombardment, was lost to the British after Fort Mifflin was captured in November 1777. A stalemate ensued and Washington withdrew his troops to Valley Forge. The rest, so to speak, is history.

Ten birders, including six *Pathways* guests, participated in the trip arranged by **Louise Tompkins**. On a sunny and cool day, they identified 30 bird species, enjoyed a quiet lunch in the park, and had a brief history lesson.



Wild Turkey

Emergency: Call 3666  
or 0 for Reception Desk  
or 9-911 to get outside Medford Leas  
Obtain decal sticker for phone  
with emergency number  
at the Reception Desk.

## LEASMUSICAST: “SCHEHERAZADE — AN ORIENTAL NIGHT”

By Beth Bogie

As one of the concerts to mark its 125<sup>th</sup> anniversary, the Berlin Philharmonic in 2006 celebrated with “Scheherazade — An Oriental Night” at the huge outdoor arena called Waldbühne in Berlin. LeasMusiCast will present the concert live in HD on Saturday, June 6, at 2 pm, in the Medford Leas Theater.

The evening of Near Eastern musical pleasures, like the stories told by Princess Scheherazade in *One Thousand and One Nights*, or *Arabian Nights*, is led by Neeme Järvi, conductor, joined by violinist Janine Jansen, soprano Marita Solberg, and mezzo-soprano Ingebjorg Kosmo. Their performances will range from lament to jubilation, much like a musical fairy tale.



The Oriental-themed program includes:

### Wolfgang Amadeus Mozart

*Abduction from the Seraglio Overture*

### Carl Nielsen – *Oriental Festive March*

### Nikolai Rimsky-Korsakov

*Scheherazade – The Sea and Sinbad’s Ship*  
and *The Story of the Kalender Prince*

### Edvard Grieg

*Anitra’s Dance* from *Peer Gynt Suite No. 1, op. 46*  
*Solveig’s Song, Peer Gynt Suite No. 2, op. 55*  
*Arabian Dance, Peer Gynt Suite No. 2*

### Jules Massenet

*Meditation* from *Thaïs*

### Camille Saint-Saëns

*Introduction and Rondo capriccioso, op. 28*

### Nikolai Rimsky-Korsakov

*The Young Prince and the Young Princess*  
*Festival at Sea – The Sea – The Shipwreck on a*  
*Rock Surmounted by a Bronze Warrior –*  
*Conclusion*

### Julius Fučík -- *Florentine March*

### Carl Nielsen -- *Negro Dance*

### Paul Lincke – *Berliner Luft (Berlin Air)* from *Frau Luna*

It was as a ballet that Rimsky-Korsakov’s four-part symphonic poem *Scheherazade* has been played and danced around the world. The symphonic poem was inspired by the fairy tales that allow Princess Scheherazade to stave off her death for a thousand and one nights and finally to persuade the Sultan to lift the death sentence altogether.

The internationally recognized violinist Janine Jansen, from the Netherlands, performs Massenet’s famous *Meditation* and Saint-Saëns’ *Introduction et Rondo Capriccioso*. From Grieg’s *Peer Gynt Suites Solveig’s Song* about eternal love is sung by Norwegian soprano Marita Solberg, and the *Arabian Dance* by mezzo-soprano Ingebjorg Kosmo, also Norwegian and soloist with the Norwegian National Opera.

Neeme Järvi, born in 1937 in Tallin, Estonia, is chief conductor of the Residentie Orkest (The Hague), artistic advisor and conductor laureate of the New Jersey Symphony Orchestra, principal conductor emeritus of the Gothenburg Symphony Orchestra (which he served for 22 years), first principal guest conductor of the Japan Philharmonic Orchestra, conductor laureate of the Royal Scottish National Orchestra and music director emeritus of the Detroit Symphony Orchestra.

His operatic engagements include the Metropolitan Opera, the Teatro Colon in Buenos Aires, the Opera de Paris and San Francisco Opera.

In 1980, Järvi emigrated with his family to the United States and became a U.S. citizen in 1987.

Sources: DVD liner, Wikipedia, Den Norske Opera.

## MUSIC COMMITTEE PRESENTS CONCERT FOR PIANO, PERCUSSION

by Joe Costanza

As a part of the continuing Guest Artists Series of the Music Committee, Jeffrey Uhlig, pianist, and Mark O'Kain, percussionist, will present an unusual musical program on Saturday, June 20. Selections will include pieces for piano and xylophone, as well as works for solo piano. The concert will take place in the Theater and starts at 7:30 pm.



Jeffrey Uhlig, a graduate of West Chester University, has appeared as a collaborative pianist and chamber music player in many concerts in America and Russia. He has performed with members of the Philadelphia Orchestra, The New York Philharmonic, and the Metropolitan Opera singers. He was the principal keyboard musician with the Princeton Symphony for many years, and is currently principal keyboard musician and vocal coach with the Ocean City Pops Orchestra. Mr. Uhlig is also a member of the faculty at the Settlement Music School in Philadelphia where he holds The Lillian Kraus Felber Distinguished Faculty Chair in Piano.

For more than a decade Mark O'Kain has played with touring Broadway shows, including the national tours of *Les Miserables*, *My Fair Lady* and *Mary Poppins*. He recently completed a nine-month tour of Gershwin's *Porgy and Bess*. He has been a member of the Ocean City Pops since 1998 and performs frequently with Jeffrey Uhlig.

This program will conclude The Guest Artists Series concerts for the current MLRA fiscal year ending in June. The next concert series will begin in September and will feature the Ravel Trio. Details will follow in the September issue of *Medford Leas Life*. The Guest Artists Series is presented by the Music Committee chaired by **Paul Ray**.

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## JUNE AND SUMMER MUSIC VIDEOS

Thursdays in the Theater at 7:10 pm.

- June 4 — Brahms: Violin Concerto, Hungarian Dance #5
- June 11 — Brahms: Piano Trio in B Major, Clarinet Trio A Minor
- June 18 — Brahms: Double Concerto for Violin and Cello, Variations on a Theme by Haydn for Two Pianos
- June 25 — Traditional Jazz from the fourth Jeff and Joel's House Party, October 2013

This summer we will continue with jazz videos on the last Thursday of each month.

In July, the classical music videos will feature compositions by "The Five," aka "The Mighty Handful." The Five, who met in St. Petersburg from 1856 to 1870, were Mussorgsky, Borodin, Rimsky-Korsakov, Mily Balakirev and Cesar Cui. They sought to produce a specifically Russian kind of art music, rather than one that imitated older European music or relied on European-style conservatory training.

In August, music by Tchaikovsky will be presented. Tchaikovsky's formal Western-oriented training set him apart from the contemporary nationalist movement embodied by The Five.

**Maggie Heineman**

## LEAS FORUM: JUNE AND SUMMER

June 13 “*Trenton*” Author **David A. Hart** will be discussing and signing copies of his highly regarded novel, *Trenton*, a two-part story with roots in the American Revolution. Part One follows John Hart of Hopewell, NJ, an unheralded signer of the Declaration of Independence whose family saga is filled with the passions of his time. In the explosive second part, Luis Alma, the son of Cuban immigrants and a reluctant hero, struggles to hold his family together against a backdrop of crime, corruption, and murder. Co-author Dave Hart will focus on Part One and the Battle of Trenton.

Dave Hart and John Calu, longtime Trenton area residents, have enjoyed a productive collaboration as novelists since 2003. Co-author Dave Hart is a descendant of John Hart. The 45-minute presentation will also include a detailed analysis of The Battle of Trenton and the historical significance of the City of Trenton then and now.

June 27 “*Grande Dames of the American Revolution*” While the men were busy founding the nation, what were the women up to? Could the men who wrote the Declaration of Independence and the Constitution, fought the Revolution, and formed the government have done it without the women?

Actress **Maggie Worsdale** brings to life the iconic wife of George Washington — Martha Washington. Dressed in period attire and having done extensive research into the stories of women whose extraordinary actions during the Revolutionary War years helped America earn its freedom and win the war, Maggie Worsdale presents a program that both entertains and educates.

Leas Forum is planning several programs this summer for Saturday mornings. Please save these dates:

July 11: “Constitutional issues in recent Supreme Court Decisions.”

July 25: “The Boy Who Said No: Escape to Freedom.” A young man’s flight from Communist Cuba in 1967.

August 8: “Madame C.J. Walker, First African-American Millionaire Businesswoman.”

August 22: To be announced.



### NEW MLRA COUNCIL ELECTS **JOE COSTANZA, PRES.** **BARBARA TROUGHT, VP** by Dorothy Cebula

At the MLRA meeting on April 20, **Dave Eynon** announced the results of the MLRA Council election. Newly elected Council members are **Gordon Brummer, Walter Dennen, Janet Jackson-Gould, Geno Mori** and **Barbara Trought**. They will be joined by second-term Council members **Joe Costanza, Doris Brown, Walter Dow, Carol Neil, Renee Slemmer** and **Hannah Wilson**.

At the Council meeting on May 8, Joe Costanza was chosen president and Barbara Trought, vice president. Residents leaving the Council this year include **Dave Eynon, Ruth Gage, B.J. Tetlow, Eleanor Elmendorf** and **George Trought**.

In addition, at the Annual Meeting on the Lumberton Campus, held on May 12, it was announced that **Al Migdal, Joanne Thomas** and **Dino Fiabane** were approved as members of the Lumberton Council. They will be joining current members **Judy Aley, Joe Jordan** and **Conant Atwood. John Speirs, Bill Beitel** and **Barbara Stiles** are concluding their terms this month.

| IN MEMORIAM   |          |
|---------------|----------|
| Mary Cheney   | April 28 |
| Joan Alderfer | May 3    |
| Mary Barth    | May 4    |
| Gladys Metz   | May 7    |

## BE CALMER THROUGH LIFE'S IRRITATIONS

by Joyce Linda Sichel

I started to think of things that bother me more than a little -- my pet peeves. A charming "patter" song in the Gilbert and Sullivan operetta, the *Mikado*, offers a "little list" of things the character "can't stand." It goes on and on humorously. I could write a long list too, but I don't want to write one because I'd be getting heated up, not amused.

In my past psychology practice, I spent many, many hours probing whether what was bothering a patient was really important enough to be so bothered about. I often commented that a happy relationship depended on each participant deflating their thoughts (and often ignoring) many potential irritations for the sake of harmony. Of course, if something is a major problem, you can speak up reasonably pleasantly, but directly, about it. You can use an assertive phrase like "I feel \_\_\_\_\_ when \_\_\_\_\_ happens; please do/don't \_\_\_\_\_." This is commonly called "picking your battles." If unacceptable living circumstances won't change, you can try mediation or counseling, or may have to leave such a situation as a last resort.

Psychologists have long addressed patients' magnifying what is rather minor as a case of the "shoulds" or "awfulizing" (some of many clever names from Dr. Albert Ellis, Ph.D., who died in 2007 after a long distinguished career). We find ourselves demanding certain behaviors and having inflexible rules for the people in our lives.

So our "pet peeves" depend on our own "I can't stand this" thoughts about those things. The thoughts can generate needlessly strong emotions and ruined days. I remain low-key most of the time because I have learned to make a lot of allowances for people, even if I don't like certain things they do.

*Reprinted from The Lumberton Campus Chronicle*

## MARKETING PRESENTS EASTERN WIND SYMPHONY

The Eastern Wind Symphony, founded in 1996, is being presented by the Medford Leas Marketing Department on Saturday, June 27, at 4 pm in the Medford Leas Theater.



The Symphony is a professional ensemble for musicians in the tri-state area dedicated to performing the best wind and percussion literature. The group has presented critically acclaimed performances at Carnegie Hall, The John F. Kennedy Center and the New Jersey Performing Arts Center.

Please contact Kate De Silva via email at [KateDesilva@MedfordLeas.net](mailto:KateDesilva@MedfordLeas.net) or by telephone (609) 654-3527 to reserve your seat as residential seating is limited.

## MOVIES IN THE ACTIVITIES ROOM OPEN TO ALL

Movie classics on Tuesday evenings at 7:15, complete with popcorn.

Two movies for June are:

June 9 The Shop Around the Corner  
June 16 You've Got Mail

Sharon Conway, Therapeutic Recreation

### A FULL SUMMER OF ART

THE LEAS ART GALLERY SCENE

by Joyce Linda Sichel

Three art shows are currently on display on the two Medford Leas campuses. In the Main Gallery at Medford Leas through June are works by two local artists, Jan Terry of Pemberton and Gwynn Walker Di Pilla of Haddonfield.



On the lower level at Medford Leas, the resident art show will continue through the summer. **Janet deVry's** acrylic, "Irish Serenity," and a photograph

of an Anhinga bird in flight, by **Joe Costanza**, are among the many resident works. At the Lumber-ton Campus Art Gallery, noted calligrapher **Harry Forrest** is showing examples of his art for the next three months. Harry is a distinguished artist and teacher of calligraphy.



In July and August we will welcome Thomas Rutledge, a realistic painter from the Jersey Shore, to the Medford Leas Main Gallery. He attended the Newark School of Industrial and Fine Art and Cooper Union in New York City and studied with two prominent artists from the Bauhaus approach to design. Mr. Rutledge was wounded during his military service in Vietnam and spent



18 months in the hospital with paralyzed arms. He was able to start drawing and painting again in 1977 as a fine artist and an illustrator. He is a founding and senior member of several art societies in Pennsylvania. Left: painting of lighthouse by Thomas Rutledge.

The Lumber-ton Gallery will bring Joanna Patterson back to Medford Leas to show her recent photographs of Burmese people and places in rural Myanmar, taken during a recent photographic journey to that country. Her work will be on display from the end of July until the end of October.



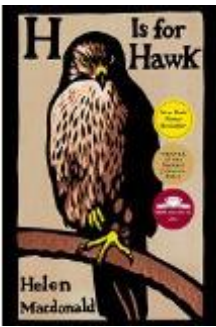
### SUMMER VID-U: MEDIEVAL EUROPE

by Beth Wray

Every Thursday at 11 am in the Linden Room VID-U shows a lecture on an informative topic from the Teaching Company DVDs. The current series on Medieval Europe, which began in May, is taught by Prof. Kenneth Bartlett of the University of Toronto. Here are the next "Great Tours":

- June 4 France: **Avignon**, Papal Splendor
- June 11 France: **Carcassonne**, Medieval Fortress
- June 18 Spain: **Barcelona**, Gothic Quarter
- June 25 Croatia: **Dubrovnik**, Pearl of the Adriatic
- July 2 Poland: **Krakow**, The Royal Way
- July 9 Czechoslovakia: **Prague**, Castle Hill
- July 16 Belgium: **Bruges**, Built on Sea and Trade
- July 23 Italy: **Siena**, The Gothic Dream

A new program series will follow. Come and help us choose the next series.

**Books to Enjoy****H Is For Hawk**  
by Helen Macdonald

Each of us in our own way faces the sudden loss of a loved one. British author Helen Macdonald in this beautifully written memoir shares with us the sudden death of her father and her way, may I call it a *method*, of going forward in her grief. She had learned falconry as a young girl, and she loved hawks.

Her story starts with the purchase of a young Goshawk, one of the most difficult birds to train. After naming her Mabel, the two of them begin to share a life together that is both fascinating and dangerous. Each step she takes along the way is somehow related to the loss of her father. Her hawk becomes her guiding light on how to go forward with her life. She finds help in reading the books of T.H. White, especially his book on training a hawk, a Goshawk. Many of us know the writings of White from his tale, "The Once and Future King," later made into the stage musical "Camelot."

As time goes on Macdonald finds her own personality integrating with that of her hawk with good and bad consequences. Her writing is captivating, from the moment she holds her dead father's hand for the last time, to the first free flight for Mabel.

She writes, "I stare at the hawk as she grips the dead pheasant, and her mad eyes stare back at me. I am amazed, I don't know what I expected to feel.... The hawk stops being a thing of violent death. She becomes a child. It strikes me to the core, she is a child.... I start to cry...for the pheasant, for the hawk, for Dad and for all his patience for the little girl who stood at the fence and waited for the hawks to come."

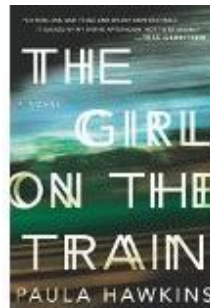
Reading this book you will find you are reading one of the finest memoirs of the year. It will be a classic for many years to come.

**THE GIRL ON THE TRAIN**

by Paula Hawkins

In some ways it has happened to many of us. You ride on a train and look out of the window and wonder about the people and places you see. Just maybe you will spend your time making up imaginary stories about the passing parade to fill your time as the train rolls on. Paula Hawkins, with great skill, explores this idea in her superb, new, psychological thriller.

First, we meet Rachel on a commuter train going into London, concocting in her mind a romantic story for a couple she sees from the train in their backyard. Rachel's life is filled with her own personal problems, sacked from her job, a broken marriage and a major drinking problem. She finds her life empty and she is very lonely.



The couple she observes are Megan and Scott. Megan is a very free spirit and even though she is having an affair with her therapist, she continues to try to hold on to her marriage. This becomes another part of the absorbing story. To complete this picture we meet Anna who is married to Tom, who at one time was married to Rachel. Anna seems happy and adores her child, but finds Rachel constantly intruding into their lives. It is not too long before the three women and their stories become entwined, especially when suddenly Megan disappears and Rachel with all sorts of theories about what happened to her, calls the police who are skeptical of her stories. Can you trust an unreliable alcoholic who often blacks out? You will find the ending is gripping and heart-wrenching for all three women.

This book, a *New York Times* Best Seller, does not have any chapters but is in diary form, with each woman telling us her story. There is a touch of Hitchcock and of even the movie *Gaslight*. As you finish this amazing novel, I know you will think about it, especially the next time you take a ride.

*These books are in the Medford Leas Library.*

**George Rubin**

## WHO'S NEW- MEDFORD CAMPUS

photos by Margery Rubin



**Margaret Smyth Conlow** had had a succession of homes before coming to Apt. 84 in March. She was born in Philadelphia and grew up in the Cheltenham section of the city. After her marriage to John Conlow, they settled in Palmyra, NJ, where along came five children. When the sixth child was on the way, they moved to Riverton. "We needed more room," she laughed.

The next move was to Cinnaminson, after John retired. He died in 2006, and she remained there until very recently, when she moved to Marlton to be nearer her bridge-playing friends. She was there only six months before she moved to Medford Leas. Her Quaker daughter-in-law and a son encouraged her to make the move, and she is happy she did.

In Philadelphia, Margie, as her friends call her, attended high school at Little Flower for Girls and after graduation took secretarial jobs while also attending a night class at Villanova University in psychology, a popular subject at the time that interested her.

John grew up in Palmyra. When he graduated from Palmyra High, World War II was underway. He attended the Maritime Academy, serving in the merchant marine when German U-boats were active in the Atlantic and in the Mediterranean.

After the war years, Margie met John while attending a family wedding. A short courtship ensued, culminating in marriage in 1950. In the years that followed, they had four sons and two daughters, who provided them with 11 grandchildren.

John's career was as a casualty insurance manager for business accounts. His first employer, Margie recalls, was Insurance Company of North America. While John was working and Margie

raising six children, she sometimes attended classes at LaSalle College in Philadelphia and at Burlington County Community College. Fond of math, she took courses in computer programming. Today, her desk top computer has broken down and she hopes soon to have a new computer capability. "I'm going to insist on a tablet," she says. "That's all I need."

Margie is looking forward to many good bridge games at Medford Leas, and has already played on Wednesday nights. "It is really the friends you make in playing bridge that is important," she said. No doubt, she should make a lot of friends.

Walt Dennen

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**Elizabeth Henry Moore**, who has answered to the nickname "Kitty" all her life, moved into Apt.



148 in March. Kitty, who still has a hint of a lovely southern accent, spent her childhood and school years in Chattanooga, TN. She earned a bachelor's degree at Tennessee Tech and a master's in education at Central Connecticut State University (CCSU) in New Britain, CT.

Kitty had known her future husband William in high school in Tennessee. After his service in the U.S. Army, they married in 1946. She embarked on a teaching career, beginning with first grade in New Britain, CT, and later in West Hartford. William was a coach and then director of athletics at CCSU.

The Moores established a home in Farmington, CT, where they lived for 40 years, except for a ten-year period in Albany, NY, where William was director of athletics at the State University of New York (SUNY) at Albany. They had one son, Douglas, who currently practices medicine in Medford. He has two daughters, both of whom were educated at Moorestown Friends School.



When Kitty retired from teaching, the Moores enjoyed collecting antiques and travelling. William died in 2013, and Kitty's son was instrumental in introducing her to the possibility of moving to Medford Leas. She is happy to have him and his family close by, and is also meeting new friends and looking forward to participating in some of the many activities here. She has already started to attend an exercise class. Go, Kitty!

Mary Dennen

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**Jane Rapp Roeser** moved from Lakeside Drive East in Medford to Apt. 117 at the end of March. Born in Newark in 1935, she has lived in New Jersey all her life. She received a bachelor's degree in secondary business education from Rider College, Lawrence Township, NJ, after which she concluded she wanted to teach younger children and obtained her elementary credits from Rowan University, Glassboro, NJ.

While studying at Rider, Jane met another student, John Roeser, and in 1957 they were married. John had earned a BA in finance from Rider and went on to a career as an insurance broker. Meanwhile, Jane began her career as an elementary school teacher in Cherry Hill and eventually in Medford, where she retired after 35 years.

Jane and John traveled extensively, covering all continents, except Asia and Antarctica. She totaled 15 ship cruises among her travels, which she continued after John's death in 1999.

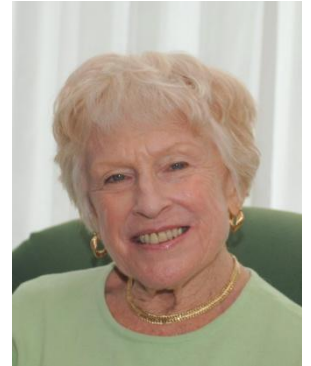
Among her personal pleasures were piano playing – she used to play at least an hour a day – and oil painting. Unfortunately, carpal tunnel syndrome keeps her from those pastimes today. She has two other activities she still enjoys. The first involves dogs. She is a volunteer at an animal shelter, where her favorites are German Shep-

herds. She also likes to construct miniature furniture and their settings. Jane anticipates continuing both of these activities, along with gardening.

Walt Dennen

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**Gretchen Mensch Betz** recently moved into 648 Rushmore from Had-donfield, NJ, where she lived for more than 40 years. Gretchen was born in Boston but moved to Tucson, AZ, with her family when she was eight years old. When she finished high school, she was accepted at the University of Pennsylvania, where she completed a major in Spanish and English. She remained in Philadelphia and became a personnel and affirmative action manager at Fidelity Bank. Gretchen then joined Rohm and Haas as Equal Employment Opportunity manager and later held various management positions in Human Resources. Her late husband, Wayne, was a manufacturing manager there.



Gretchen and her husband enjoyed vacations at a fishing lodge in Elfin Cove, AK, where she continues to visit each year. They also took trips to Mexico, where she practiced her conversational Spanish skills. She now enjoys visiting family in San Diego, Florida and Kansas City.

Gretchen started to take accordion lessons 11 years ago and continues to have a passion for playing the accordion in an orchestral group. She enjoys attending the opera and subscribes to local theater group programs. Soon she will begin planting at her garden plot at the Farm and will participate in programs offered at the Fitness Center. In addition, Gretchen is interested in learning more about the many other activities here at Medford Leas.

Dorothy Cebula

## WHO'S NEW- LUMBERTON CAMPUS

photos by Joyce Koch

**John (Jack) and Sue (Sutphen) Salmon** moved to 195 WSD in February from Mt. Laurel, where they had lived for 19 years. Their home had belonged to Jack's parents and contained lifetimes of memories and special treasures. Deciding which to bring and which to leave has not been easy.

The Salmon residence is graced with different kinds of artwork, each personal and with a related story. The Salmons are especially pleased with their new home.

The Salmons will not be lonely as they already have many friends here; several belong to Trinity Church in Moorestown.



Sue was born and grew up in Trenton. She attended Duke University and then Katherine Gibbs Business School. She worked in a gastroenterology office for 11 years. Her ability to interpret Medicare for both doctors and patients seemed to lead naturally to the small secretarial services business she later formed with a partner.

Jack was born in Camden. After attending schools in Maple Shade, Palmyra, Moorestown and elsewhere, he attended Rutgers. He received a master of divinity degree from General Theological Seminary, New York City, in 1956 and a master's in education (guidance and counseling) from Rutgers in 1965. His special interest in guidance served him well in working as a crisis counselor with high school students in Passaic and East Orange, NJ.



As a priest, Jack worked at St. Andrew's Episcopal Church in Camden and then at Church of the Advent in Bloomfield, NJ, until he retired.

Jack and Sue met when Sue's mother, a church member, invited the single priest over for a home-cooked meal...she later became his mother-in-law! The couple were married on St. Andrew's Day – November 30, 1957 – and went to St. Andrew's Church in Camden as bride and groom. They have two children, John III and Maryellen and four grandchildren: two in Trumansburg, NY, and two in DuPont, WA.

They love the closeness of the Philadelphia Orchestra. Jack is interested in hymnody (all about hymns) and in drawing, photography, liturgics and glass. Both enjoy gardening.

They look forward to time on the Lumberton campus and do NOT want to move again – any time soon!

Barbara Zimmerman



## WELCOME TO THE COURTS

**Kay Roberts** and her husband **Vince Menzel** moved into Apt. 205 on May 19. They had spent almost six years on the Lumberton campus and were always glad to be part of the Medford Leas community.

Kay grew up in Maryland and has both a degree in business from Temple University and a master's in organizational dynamics from the University of Pennsylvania. She was a technology consultant to several firms, among them Price Waterhouse and SAP, a German software company. Her volunteer work included serving as chairperson and development director for the non-profit Trenton After School Program.

At Lumberton, Kay has been the secretary of the Social Activities Committee. She has been an active participant in the Fitness Program, swimming in the Medford Leas pool regularly. Her service dog, **Fuller**, had quite a following whenever he came with her, although residents quickly learned to wait to pat him till after his working harness and vest were removed. Kay is eager to do something

constructive here, something that would add value to the community.

If Kay was known as “the lady at the end of the leash,” Vince was given the title of “Fuller’s Daddy.” Vince grew up in Newark and East Orange, NJ, graduating from St. Benedict’s Prep School in Newark, then earning a degree in mathematics from Seton Hall University. He worked in information technology in business application software design, development, consulting, and management roles at various companies, including Schering-Plough and SAP, retiring from Bristol-Myers Squibb in 2010. Vince also served as an army drill sergeant during the Vietnam War.

At Lumberton Vince has been active in many areas, including as associate editor, and then editor, of *The Lumberton Campus Chronicle*; as the scheduler/coordinator for indoor and outdoor tennis; as a member of the Lumberton Campus Residents Association Council; and as technician in the Medford Leas Theater. He has also been providing technical support in the Computer Room on the Medford campus and is currently a member of the *Pathways* Planning Committee.

Every Friday Kay and Vince are mentors to disadvantaged kids at Hillside School in Mt. Laurel. Kay and Vince have three children and two grandchildren, with one more on the way.

Since Fuller’s death they have often been asked when they will get a successor to him. They reply wistfully that they have applied but are waiting for the right dog to be chosen for them.

**Betsy Pennink**

**VOLUNTEERS NEEDED!!!**

The Fitness Center and other areas of the campus are in need of wheelchair pushers. If you are healthy and able, please consider calling **Ken Roland** in the Fitness Center at ext. 3312.

**GOOD-BYE UNTIL SEPTEMBER!**

*It’s that time when we complete the Medford Leas Life 2014-2015 publication year and wish you happy, lazy days of summer. We will be back in September with more news, entertainment and recognition of your accomplishments. We always welcome your participation in our enterprise with ideas or your presence. So...*

**If**

- ...you have editorial experience of any kind,*
- ...you’ve never made print, but you’re a good communicator,*
- ...you like to do research,*
- ...you are interested in what makes Medford Leas tick,*
- ...you want to do something creative as a volunteer,*
- ...you would like to enliven the lives of residents both vigorous and slowing down,*
- ...you are interested in people and would like to write about the good things they do,*
- ...you would like to recognize our wondrous staff,*
- ...you thrive on administrative tasks,*
- ...you would enjoy being at the center of*  
**Medford Leas Life**

Please call **Beth Bogie**, Editor  
*(apologies to Rudyard Kipling)*



“Summer afternoon — summer afternoon; to me those have always been the two most beautiful words in the English language.” — Henry James



**JUNE CRYPTOGRAM**

by Herb Heineman

QWHM HM E VHOHGPYIPM WCEQ  
 BESC BC'VC HA VHZWQ AIB, EAO QI  
 GIAQVHFPQC, ACBQ ZHAZVHGW /  
 FEVEGU IFETE / OIAEYO QVPTX  
 MEHO QWEQ DIV QWC CAQHVC  
 TIAQW ID LPAC, WC BHYY MQIX  
 FYIBHAZ WIQ EHV.

FHYE TEWCV

Flag the correct name within the above quote.

Below is the solution to the May cryptogram.

THE FIRST FORTY YEARS OF LIFE GIVE  
 US THE TEXT; THE NEXT THIRTY  
 SUPPLY THE COMMENTARY.

MAO TSE DONG  
ARTHUR SCHOPENHAUER  
 SISTER VIRGINIA MCGARRY

P.S. NOTHING HAPPENS AFTER  
 SEVENTY. – HSH

The correct solution was received from the following readers:

Helen Anderson, Catherine Barry, Ruth Blattenberger, Mary Chisholm-Zook, Alice Culbreth, Doris Curley, Roberta Foss, Pat Heller-Dow, Linda Gaylord, Neil Hartman, Barbara Heizman, Sue Isaacs, Doris Q. Murray, Betty Preston, Doris Salati, Peg Scott, Ellen Wiener, Barbara Zimmerman. Twelve correctly identified the author.

Please send your solution via campus mail to **Herb Heineman**, 121 WSD, Lumberton, or email it to [hshheineman@gmail.com](mailto:hshheineman@gmail.com) by August 10.

**MEDFORD LEAS LIFE**

*Ex Officio:* Dave Eynon, MLRA President; Ruth Gage, MLRA Sponsor

*Editorial Staff:* Beth Bogie, editor; Dorothy Cebula, Mary Dennen, Walter Dennen, Suzanne Frank, Judy Kruger, Betsy Pennink, Marcy Webster

*Staff Photographer:* Margery Rubin

*Proofreaders:* Mary Chisholm-Zook, Herb Heineman, Virginia Mattice, Florence Sawyer, Betty Taylor

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**Deadline for submissions:**  
 10<sup>th</sup> of the month preceding publication



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