



Medford Leas *Life*

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EVENING IN THE ARBORETUM

text by Marcy Webster, photos by Margery Rubin

Dear Diary,

Well, here I am, far from New York City, visiting friends in the remote reaches of southern New Jersey. As soon as I arrived, my hostess informed me that we'd be attending an event at a Quaker Continuing Care Retirement Community, of all the unlikely places! I pictured ladies in gray bonnets serving cookies under the elms but, luckily, I was completely wrong. Much to my delight it was a fabulous, first-class evening in a remarkably beautiful setting.

The grounds and rooms of the Medford Leas CCRC are stunning: tastefully planted, exquisitely decorated. We were greeted by **Lisa Branagan** and other members of the hard-working Evening in the Arboretum Committee. Tours of the Arboretum were on offer and a pathway lined with spectacular flower arrangements led to the lounge area where the festivities began. In that gracious room there were more flowers: tall vases of blossoms festooned with deep pink ribbon. Clusters of guests were enjoying conversation as well as the wine-tasting stations and the background music of Marc Sherman at the piano.

As I circled the room, I met **Nancy Barton Barclay**, whose father established the Arboretum. I spent some time with Nancy, also known as Buzz, with her husband, **Dave**, and with their friends **Sally** and **Gordon Brummer**. **Susan Cunningham**, chair of the Arboretum Committee, was also in attendance. Everywhere, in every group, guests were happily talking to residents and to staff.



Vilma Aldover adds a finishing touch

Now, I admit that I came from Manhattan with a bit of an attitude and I must say that I was not prepared for the elegance of the hospitality provided by **Jen Zdunczyk**, director, Dining Services, nor for the professional quality of the menu presented by Executive Chef **Brad Mauger**. Throughout the evening, Dining Room Manager **Christe McGowan's** charming, well-trained staff passed hot and cold hors d'oeuvres, featuring soup shooters, prosciutto cups and fabulous crab cakes.



At a station manned by **Henry Green** and his cohort **Glen Lawless**, pasta with asparagus, goat cheese and wild mushrooms was cooked to order. Buffet tables displayed selections of cheeses, fruits and gorgeous desserts.

Enjoying these delights were a group of charming and friendly people. I worried that I wouldn't know anyone but I didn't understand the warmth and welcoming spirit of this community. In fact, I was soon caught up in a conversation with **Ken Hutz**, arborist responsible for maintaining the health and beauty of the Barton Arboretum. I also met and enjoyed talking with **B.J. Tetlow**, **Ro Wilson**, (wearing a striking necklace of silk blossoms that she'd made), Margaret Van Meter, **Pat Meller**, **Doris Murray** and **Peg Scott**. Doris thought the food was exceptional and Peg raved about the floral decorations by **Debbie Lux**, the horticulturist here, who, according to Peg, is "a star."

I was introduced to Debbie, who was radiant in a gold jacket. Speaking of clothes, I was guilty again of a big-city prejudice, thinking that these "country folk" would be less stylish than their neighbors in Manhattan. Wrong again! The clothes were lovely and in the height of fashion. Blue seemed to be the theme of the evening: Peg Scott had a flattering knit; **Cecile Hanley** was in a sparkly blue top; **Jane Weston** wore midnight blue lace; and **Mary Wells** was brilliant in a floor-length gown from Egypt.

In the Atrium, **Kay Cooley** was interested in the items on display at the silent auction as were **Fran Walker**, **Sue Dowling** and **Perry Krakora**. As the evening progressed, more and more people gathered around, placing bids on the striking pieces of art and jewelry as well as the lushly planted containers and the special event packages, which had been carefully assembled and attractively displayed by **Janice Saibel**, **Barbara Zimmerman**, **John Speirs** and **Jane Bartram**.

After lingering and bidding in the auction area, I went to the dining room, where (I could hardly believe it) there was still more fantastic food including sushi, beef tenderloin, and a seafood station as well as additional wine to sample, coffee and desserts.

Diary, I've told you about some great evenings over the years, but I must say this one, Evening at the Arboretum, ranks right at the top. As I left, I met a gentleman wearing a nametag identifying

him as **Dave Taylor**. "This was a lovely party," he said. I wholeheartedly concur.

I really hope my friends in Medford ask me to come next year.



Bud Denton and Marge Sagett



Joan McElhinny and Tom Roberts

MLRA MEETING SPEAKERS

Gerry Stride, director, Therapeutic Recreation, will speak at the MLRA meeting on Monday, June 16, and **Susan Kensill**, chief financial officer, will speak at the meeting on Monday, July 21. Each monthly meeting will have a different speaker who will be announced in *Medford Leas Life*; however, Medford Leas Life does not publish in July or August. MLRA meetings are held the third Monday of every month, except August, at 7:20 pm in the Theater.

David Eynon, president, MLRA

CCRCs FACE “SENIOR TSUNAMI”

by Beth Bogie

“All aspects of senior housing and services are undergoing a transformation,” stated Michele M. Kent, President and CEO of LeadingAge,* NJ, at the plenary session on April 16 of ORANJ, the Organization of Residents Associations in New Jersey. In a talk called “The Changing Face of CCRCs,” she spoke about how a CCRC must position itself. “CCRCs are going to have to adapt to change to meet the demands of an approaching senior tsunami.”

Ms. Kent, who has extensive experience as an advocate for quality health care at the New Jersey state government level, told the audience of CCRC residents that today there are 39.6 million seniors over the age of 65. As of 2013, the oldest Baby Boomer is 67. Some 78 million Boomers are about to join the ranks of seniors.

In the audience were eight residents of Medford Leas, including **Helen Vukasin**, who has been sharing the presidency of ORANJ with fellow vice presidents and who was our official representative. In New Jersey there are 135 providers of housing care to seniors, 23 of which are CCRCs, all nonprofits. Nationally, there are 1,900 CCRCs, 80 percent of which are nonprofits.

“Operationally, CCRCs have dictated what the services are, and how they would be delivered,” Ms. Kent said. “The average entry age today is 80. Until now the dominant group has been the WWII and Depression generation, born before 1930. They are not very demanding. They value security and stability.”

The next group is the “silent generation,” she said, born between 1930 and 1946 and totaling 48 million, vs. 62 million members of the WWII generation. “They are more demanding, better educated, more affluent, and came of age during a period of great opportunity and growth.”

And now the Boomers, with different lifestyles and more demanding, are planning their retirement.

At present “CCRCs are operating in a positive environment. Occupancy rates are rising to the 90

to 92 percent level, and there is an upturn in development,” said Ms. Kent. Consumer-driven trends today are:

- Holistic approach to wellness
- Lifelong learning opportunities
- Sustainable, energy-efficient communities
- Use of technology to facilitate communication, monitor resident health, prevent falls and create competitive advantage
- Expanding memory care

Boomer lifestyles, she said, will affect how CCRCs position themselves. “Boomers in general want choice, a voice in all decision-making, use of technology, strong dementia units, vegetarian options and happy hours to promote camaraderie. They want the ability to walk to shops and cultural activities as well as on-demand transportation.

“But the biggest trend,” Ms. Kent said, “is that they want to age in place. About 80 to 85 percent of Boomers do not want to move. They want home- and community-based services. This is not just a whim.”

To position themselves to benefit, she said, “CCRCs need to reach out to the community and become a hub for healthy aging. In doing so, they will build positive recognition for the CCRC.”

In addition, through technology, she said “all aspects of needs can be addressed in the home. Virtually every aspect of health care can be tech-delivered. To prevent isolation, Skype and social media can be introduced. To be managed successfully, however, many aspects of aging in place need to be dealt with, such as contracts, regulatory issues, financial impact, fair housing and risk management.”

At the same time, to compete with the “home bias,” she concluded, “the goal of the CCRC must remain to contain cost, improve quality and always keep an eye on occupancy.”

* *LeadingAge is a national organization, representing all providers of senior housing and services.*

Life Lines**THE WEB**

by Marcy Webster

In these early summer mornings, a giant spider web stretches from the leafy branch of a shrub to the corner of our porch. It glitters in the mix of morning moisture and sunshine, and its threads connect in an amazingly complicated pattern. All through two large mugs of coffee with the unread *New York Times* on my lap, I look at the web.

It reminds me of Medford Leas. Many of us here are connected to each other in web-like ways: our mothers or aunts were here, our fellow teachers are here, our long-lost classmates or tennis opponents or the neighbors of neighbors are here.

Take me, for example. I'm not a South Jersey native, didn't go to school here, have no Quaker connections. But since I've come here I've found a woman who shared a labor room with me at Cooper Hospital, a woman whose daughter had pretend Miss America contests with mine, a man whose son's winsome smile brightened my pre-school class, another woman whose son captured a flying bat with a broom in my kitchen, a woman whose daughter made my daughter's wedding veil, and several women who inspired me to take bold political positions. There are two people here who helped me find books in my local library and a man who studied for the bar exam in a bedroom that later, after the house changed hands, was the scene of our kids' rowdy slumber parties.

Doris Murray came here knowing no one. She had a daughter in Medford, but she left Potomac, MD, determined to be independent. She moved in last June with a lot of courage, a sense of purpose and a map of Burlington County. She has explored; she has met people; she has volunteered.

Doris signed up for aqua motion right away and, as she says, "joining helps." She went on the Short Trips that were offered and, on an excursion to Toms River, she sat with **Ellie Stimler** and the two became fast friends. Doris was lucky with her neighbors, too, finding congenial people all around. She says, "People are nice here," but she also says, "You have to make the effort."

We, the 597 residents of Medford Leas, live on a campus of 168 acres. If we don't come with connections, we have to make connections. That's what makes this spectacular spider web glitter.

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**CONSTRUCTION**

by Kitty Katzell

At March's Community Conversation, **Jeremy Vickers**, CEO, used his Power Point to show residents pictures of the Estaugh construction as it then stood, along with projections of how it would look in coming weeks. His pictures, which followed the excavation for the basement of the Haddon extension and the footings for the Estaugh slab, looked more like plans for another swimming pool. But now, the footings are in place and concrete is being poured. While the spring deluge delayed the overall schedule, work continues apace and, according to Operations Director **Bill Murphy**, with some good weather, things will get back on schedule.

Meantime, the exterior painting of the courts is proceeding and things are looking more cheerful with that new lighter finish. As new residents move in, apartments are being updated with new equipment and utilities, and a general feeling of renovation is spreading around the Medford campus. Those who go away for the summer will find many improvements when they return in the fall.



Maggie Heineman

Starting to build walls – May 15

## “IT TAKES A VILLAGE”\*

by Beth Bogie

As the fourth season of *Pathways to Learning at Medford Leas* draws to a close, **Jane Weston**, director, Development and Community Relations, marvels at the widespread contributions of both staff and residents in getting 32 programs and events in three months delivered successfully.

There are the residents who offer ideas for programs, and there is the *Pathways* Committee of residents who review various ideas for consideration. There are the MLRA committees who open their programs to *Pathways*: Medford University, Leas Forum, Medford Leas Birders, Great Decisions, SpectiCast and the Gallery, to mention only a few.

Residents became speakers, as on Tech Tuesdays, when **Ann Campbell, Maggie Heineman, Dave Bartram** and **Vince Menzel** brought understanding to the mysteries of digital technology. **Joy Moll** provided inspiration for Daffodil Daze and constructed the information for a thorough handout for attendees, aided by the computer skills of **Lori Jakelsky**, executive assistant to **Jeremy Vickers**, CEO. Staff also provided programming, such as Director of Therapeutic Recreation **Gerry Stride** on Brain Fitness and **Debbie Lux**, horticulturist, on container gardening, both very popular offerings.

Behind these vital out-in-front contributions, however, are the all-important back-stage activities that kept the program humming. At the Reception Desk **Carmen Smith** and **Lisa Branagan** helped to register and track attendance, at the same time responding to questions by phone. Residents **Susan Dowling** and **Fran Walker** phoned a list they created of 46 volunteers to greet and direct visitors. **Mary Allan, Jane Bartram, Jake Bennet, Austin Dowling, Judy Kruger, Doris Murray, Tom Roberts** and **Karen Winner** were among the 46 who extended a welcome.

The Theater Committee, co-chaired by Dave Bartram and **Loretta Strassler**, provided resident technicians – 11 of them – and 26 ushers, all of

whom were required during *Pathways* programs. Loretta had the hard job of scheduling all of them. The technicians, such as **Gil Goering, Toby Riley** and **Bud Stratton**, worked the projection booth, while ushers brought portable microphones to speakers in the audience and distributed the assistive headsets to those who needed them. Dave tries to make sure that all Theater programs are handled well. He finds out the audiovisual needs of guest speakers and sees that the Theater is prepared.

Dining Services, under Director **Jen Zdunczyk**, with **Rachael Allen** her point person, was always ready to provide food service, ranging from pitchers of water to continental breakfasts to wrap lunches for 150 people. It was a team effort, including the wait staff. Everyone was involved.

Most of Maintenance helped prepare for *Pathways*, including **Kevin Crain, Craig Gower** and **Jeff Herndon**. They participated in setups, posting Event Parking signs and a great deal more. Landscaping worked hard to introduce spring against the determined efforts of winter. In Housekeeping, Manager **Doris Wallace** said it was a group effort to make things sparkle in the Courts: window-washing, vacuuming leaves and cleaning lights. There was constant communication about where visitors were going to be.

Medford Leas also worked with local groups – Medford Senior Center, South Jersey Camera Club and Berry Basket Quilters -- to get *Pathways* Guides to the wider community.

“Residents who simply gave a friendly greeting to our guests were making a contribution to the program,” Jane emphasized. “Overwhelming comments from visitors included appreciation for the friendliness of residents and staff and appreciation for our opening our doors to the community.”



## DR. ANDIE EXPLAINS: DRIVING EVALUATIONS

by Suzanne Frank

We live in an environment where life-altering decisions are critical, as when a resident declares, "I don't feel like I'm a safe driver," or "My daughter wants me to sell the car." When this question of a resident's driving ability is brought to the attention of the staff of the Health Center, a conference is usually called which brings in both the resident and the involved family to discuss all the ramifications involved. Hopefully, they arrive at a mutually satisfying resolution.

According to Medical Director **Dr. Andie Iannuzzelli**, there are several options for evaluating driving skills of those who believe they are still capable of driving. "One avenue a family might pursue is using an outside professional evaluator such as Moss Rehabilitation that does driving evaluations and is located in Blackwood, NJ," Dr. Andie says. "Moss will do driving evaluations in either Blackwood or Marlton. The cost is \$280 and must be paid at the time of the appointment."

Another choice is going through the Department of Motor Vehicles, which is free. It would entail meeting with **Tammy Gerhart**, who, in her capacity as director of Resident Services, would consult with Dr. Andie and send a letter to the State Department of Motor Vehicles to request that a re-evaluation be performed due to medical changes that may affect a resident's ability to operate a vehicle safely. The DMV would then get in touch with the resident to set up a vision, written and practical performance test. Dr. Andie assures residents that they are allowed to fail one or more times and may keep retaking the test. There is a limit, of course.

"There is a revised driving policy here," she revealed, "which says that if we know the resident is not a safe driver, we can reserve the right to prohibit driving on campus. This is also true of electric carts that are driven too fast and in an unsafe fashion, which would naturally prompt

retraining." She encourages residents to let senior staff members know about anyone's seeming inability to drive a car or electric cart safely.

To carry this scenario to its extreme, if a resident absolutely refuses to comply with the Health Center's recommendations, Tammy would be forced to consult with Medford's or Lumberton's chief of police and report the unsafe driver, which could result in legal consequences (i.e., fines, loss of license, etc.)

Of course, Dr. Andie and the staff recognize that there is a loss of independence involved. But conditions such as macular degeneration, glaucoma and general impairment may make it necessary. The best policy then is for her to meet with the resident and family, which would result in giving Dr. Andie justification to send the resident to the DMV. And the results would speak for themselves.

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## MEDFORD LEAS POSTS SIGNIFICANT GAINS FOR FISCAL YEAR 2014

by Beth Bogie

At the Community Conversation on April 25, CEO **Jeremy Vickers** spoke to residents about the important financial gains in preliminary numbers for fiscal year 2014, ending March 31. Most significant was the \$1.2 million operating surplus, which was \$1.2 million ahead of budget. It was also \$840,000 ahead of \$369,000, the unaudited year-to-date number for operating surplus a year ago.

This year's \$1.2 million operating surplus, which represents 4.7% of FY'14 total operating income, was unquestionably significant. Explained Chief Financial Officer **Susan Kensill**, "Expenses went up by 1%, but revenues were much higher."

Preliminary operating expenses for FY'14 were \$24,311,000, or \$39,000 below budget of \$24,350,000, an 0.16% difference. Wages and pharmacy costs are the largest components of expenses.

On the other hand, FY'14 preliminary operating income totaled \$25,521,000, or 4.8% ahead of budget. Monthly service fees were \$160,000 ahead of audited service fees of a year ago. Move-ins were happening faster than move-outs.

Income from nursing and short-term rehabilitation was up \$800,000 from the year-ago audited number, reflecting an increase in non-Medford Leas Medicare patients in Woolman in their transition from hospital to home while filling available beds.

Finally, total preliminary income from ancillary and other services was \$300,000 more than the audited total for ancillary services in FY'13. These services include the Options program (apartment care), catering, and maintenance, to name a few.

The difference between the operating income of \$25,521,000 and operating expenses of \$24,311,000 is the \$1.2 million operating gain or surplus.

That \$1.2 million gain, added to "Other cash changes" of \$3.6 million (investment income re-invested), and \$342,000 in "Other non-cash changes," (amortization and depreciation), results in preliminary accounting net income of \$5,172,000 – a sizable increase when compared with the prior year-to-date unaudited figure for accounting net income of \$1,918,000.

The number of days covered by cash on hand rose to 593, up from 526 a year ago, placing Medford Leas in the top quartile of CCRCs.

The operating ratio at year-end (expenses divided by revenues) was 95%, vs. 98%, or 98 cents on the dollar a year ago.

Fiscal year 2014 results are being audited by ParenteBeard during May and June, with their final report issued in July to the Estaugh Board.

[Note: FY'14 positive income numbers that were presented at the Community Conversation were arrived at by comparing this year's preliminary numbers with the audited numbers for FY'13, which were not presented and do not appear on the MLRA website. The FY'13 audited statement is available on request.]

## OPERATIONS REORGANIZATION

text by Kitty Katzell, photo by Margery Rubin

As part of the Community Conversation on April 25, CEO **Jeremy Vickers** showed a revised staff organization chart that was followed by several lists of staff and the various departments with which they were associated. For those who want to look more closely at those lists, they can be found on the MLRA website.

Residents will want to know more precisely about some of the people whose positions have been changed: **Walt George, Lisa Branagan** and **Debbie Farley**.



Walt George has worked in Maintenance for many years. In recent years, he has been in charge of electrical work and is very familiar with all the work that goes on throughout Maintenance. He is now the Acting Director of Maintenance, Security and Landscaping.

Lisa will now be working with **Jane Weston**, director, Development and Community Relations. She will continue to have a relationship with the staff in Information Technology and will continue to coordinate work at the Reception Desk. In addition, she will work with Jane on Pathways, the annual golf outing, the Evening in the Arboretum and other work in Jane's area of responsibility.

Debbie Farley worked in the Health Center office. She has become part of **Bill Murphy's** Operations staff, dealing with work orders, hot line requests, payroll and other Operations matters.

### IN MEMORIAM

|                                    |                 |
|------------------------------------|-----------------|
| <b>Edna Burkhardt</b>              | <b>April 22</b> |
| <b>Ruth Sutton</b>                 | <b>April 27</b> |
| <b>Leida Balassa</b>               | <b>April 27</b> |
| <b>Marguerite Perrone</b>          | <b>May 5</b>    |
| <b>Jannicki (Nickie) Stevenson</b> | <b>May 15</b>   |

## ARCHANA BAXI, NEW OT

text by Suzanne Frank, photo by Margery Rubin



A new occupational therapist, Archana Baxi, recently joined Tender Touch Therapy. A quiet but experienced addition to the staff, she is also a bit of a Renaissance woman: a traveler, an artist in drawing and painting who is interested in interior decorating, and a writer.

She has been published in Indian magazines, -- she comes from Maharashtra, India -- and has written on spiritual matters and on her American experiences. In her spare time, she practices yoga and meditation.

Archana has a degree in OT and a BA in sociology from Nagpur University in India. After graduation, she completed a postgraduate certificate course in pediatric OT from the Spastic Society of India in Mumbai. She then worked for five years at KEM Hospital and two years at the Psychiatric Hospital, both in the city of Pune.

In 1993, she came to the United States and took the OT boards in Tampa, FL, after which she practiced for seven years in the southwest part of that state as a traveling therapist with Therapy Staff Services and NovaCare.

From Florida she moved to Pennsylvania in 2000, because of a change in her husband's job, and worked with Crozer Keystone System, followed by a move to New Jersey and Lakewood of Voorhees (Senior Care Center). She subsequently joined Virtua Mt. Holly Rehab Center, where she spent seven years before becoming one of the Tender Touch team at Medford Leas.

Archana says she's "been married for 27 years to a wonderful man," a technical architect, who works for Merck Pharmaceuticals in their global operations IT department. They live in Lumberton and have a son who is in Drexel medical school studying to be an orthopedic surgeon, and a

daughter who is a sophomore in Rancocas Valley High School, also planning to study medicine.

"Medford Leas is a fantastic place to work," Archana says, "and I am very glad to work with such a nice resident population. I am very impressed with the excellent quality of service and facilities offered here."

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WHAT DO YOU KNOW?

by Helen L. Vukasin

What do you know about your hearing aids? In



May an audiologist visited Medford Leas to help test the Hearing Loop Technology installed in the Linden Room. We expect to offer help to Medford Leas residents to identify the potential of their hearing aids for taking advantage of this technology, which is currently being installed

in various other rooms at Medford Leas. We will soon announce a date when, without charge, an audiologist will be available on campus to assist residents.

This technology is not new. It has been available in European theaters, senior facilities, museums, and restaurants for many years. However, it is only recently being introduced in the United States. Essentially, it beams the voice of a speaker, or the music of a live orchestra, directly to an individual's listening device without interference or buzzes. The clarity is remarkable.

The new joint committee on Low Vision and Hearing Loss will soon be surveying residents to get an informed picture of how many residents with hearing loss can be helped with educational programs, and which programs might be useful. Please help us by filling out the form and returning it, so that we can help you.

DOG DRAMA

Dog lovers filled the Activities Room on April 22 for the 12th Annual Dog Show at Medford Leas, as one dog after another captured hearts. Winners were:

Best in Show went to Molly, a Hound/Shepherd mix, who also won the prize for the Best Trick. Molly is owned by **Marcy Smith**, Therapeutic Recreation.



Molly

Best Costume, went to Bear, a Norfolk Terrier owned by **Russ Haley**, dressed as a peacock.

Tail Wagger went to Lily, a Corgie/Beagle mix, owned by Brooke Schultz. Brooke is the daughter of **Linda Schultz**, Therapeutic Recreation.

Best-Looking Pooch went to Coco, a Shih Tzu/Maltese mix, owned by Brittany Fowler, niece of Linda Schultz.

Best Kisser went to Mandi, a Yorkshire Terrier, owned by **Lisa Branagan**, Administration staff.

In the "Other" category, there were two winners:

Best Service Dog went to Fuller, a Labrador Retriever, owned by **Kay Roberts**.

Most Friendly went to Maggie, a Pembroke Corgi, owned by **Nancy Steelman**.

The judges, veterans of the Medford Leas Dog Show, were **Helen Hamilton**, **Sally Klos** and **Fran Webb**.

Terry Tuffnell, Therapeutic Recreation

SPOT RECOGNITION, 1st QTR

Fifteen employees have received the first Spot Recognition Awards, which are designed to reward employees who do things that deserve on-the-spot recognition and to let them know they are appreciated. The program is in addition to the annual 5-Star Award program. Winners of Spot Recognition are:

Regina Towell, Wellness
Agnes Santore, Wellness
Florence Heisler, Dining Services
Debbie Lux, Operations/Landscaping
Lynda Robbins, Operations
Linda Schultz, Therapeutic Recreation
Marcy Smith, Therapeutic Recreation
Loretta Homan, Health Services
Jeanmarie Andrews, Health Services
Cathy Kissane, Health Services
Lisa Hartman, Health Services
Roxanne Kelly, Health Services
Shelby Jones, Health Services
Mark Wick, Administration
Maryanne Ocasio, Wellness

Jeanmarie Andrews was also winner of a \$100 drawing.

The Recognition Team that put the program together includes:

Tammy Gerhart, Chair,
 Resident Services Director.
Cathy Oechsle, Resident Care Manager, AL
Michele Jones, Resident Care Manager, JW
Doris Wallace, Environmental Services
 Manager
Gerry Stride, Therapeutic Recreation Director.
Julie Smith, Director of Nursing
Christe McGowan, Dining Room Manager

The winners have often gone above and beyond their normal duties. Agnes Santore and Regina Towell, both companions, on one occasion stayed overnight in Assisted Living. Debbie Lux donated flowers from the Philadelphia Flower Show to Medford Leas. Cathy Kissane developed a skin program for wound care.

SPECTICAST: SCHUMANN, SIBELIUS AND BEETHOVEN

by Beth Bogie

The final SpectiCast concert to be heard at Medford Leas will present the Chamber Orchestra of Philadelphia, conducted by Dirk Brosse and featuring well-known cellist Sara Sant'Ambrogio. The program, including works by Schumann, Sibelius and Beethoven, will be presented in HD by SpectiCast on Saturday, June 7, at 2 pm in the Theater. The premiere of this concert occurred in 2012.

Other sources of classical music, ballet and opera will be presented in a series when the new season begins in the fall, under the chairmanship of **Dave Bartram**.

The June 7 program will include:

- Schumann's Cello Concerto in A minor, Op. 129;
- Beethoven's Symphony No. 7 in A major, Op.92;
- Sibelius's Kuolema (Death): Valse Triste No. 1, Op.44.

Sara Sant'Ambrogio, a Grammy Award winner and founder of the Eroica Trio, was born in Boston, studied under her father, the principal cellist of the Saint Louis Symphony, and was invited to study at Curtis Institute and Juilliard School of Music. In 1986, she won the bronze medal at the International Tchaikovsky Violoncello Competition in Moscow. She has performed with symphony orchestras across the country and with many festivals and has won wide recognition for her CDs.

The Chamber Orchestra of Philadelphia was founded in 1964 by **Marc Mostovoy** to provide performance opportunities for young professional musicians emerging from the Curtis Institute of Music and other regional training programs, as well as to contribute to the city and region's cultural life. Belgian composer and conductor Dirk Brosse became its music director in 2010.

The Cello Concerto in A minor, composed by Robert Schumann in two weeks in 1850, was not premiered until 1860, four years after his death.

The piece is in three movements, without breaks between the movements. While exploiting the cello to the fullest, the writing for the soloist avoids the virtuosic display prominent in many concertos of the time.

The Symphony No. 7, a patriotic work in four movements, was composed by Ludwig van Beethoven between 1811 and 1812. He noted at its premiere in 1813 that it was one of his best works. He conducted the premiere himself in Vienna at a charity concert for soldiers wounded in the Battle of Hanau of the Napoleonic Wars. The second movement, the Allegretto, had to be encoored immediately.

Valse triste (Sad Waltz), by Finnish composer Jean Sibelius ((1863-1957) is a short orchestral work, originally part of incidental music for the play *Kuolema (Death)* authored by his brother-in-law in 1903, but it is better known as a separate concert piece. It was an instant hit and took on a life of its own. His music, created in the late Romantic period during the rise of Romantic Nationalism in Europe, played an important role in the formation of the Finnish national identity. He had been born in what was the Russian Grand Duchy of Finland.

Source: Wikipedia

CLARIFICATION/CORRECTION

In "Shingles Alert," *Medford Leas Life*, April, **Mary Ann Flatley**, director, Residential Health and Wellness, was reported to have said that you cannot infect others with the chickenpox virus by coughing or breathing on others. Ms. Flatley meant to say that the "*shingles-generated chickenpox virus* is not spread by the respiratory route, but is spread only by the virus in the fluid-filled blisters of shingles lesions. The chickenpox virus is an airborne contagion, but not the shingles-generated chickenpox virus contained in the blisters." We apologize for the unintended misstatement. Debbie Kamens, subscriber, San Diego, CA, brought this to our attention.

BIRDING NEW JERSEY

by Joe Costanza

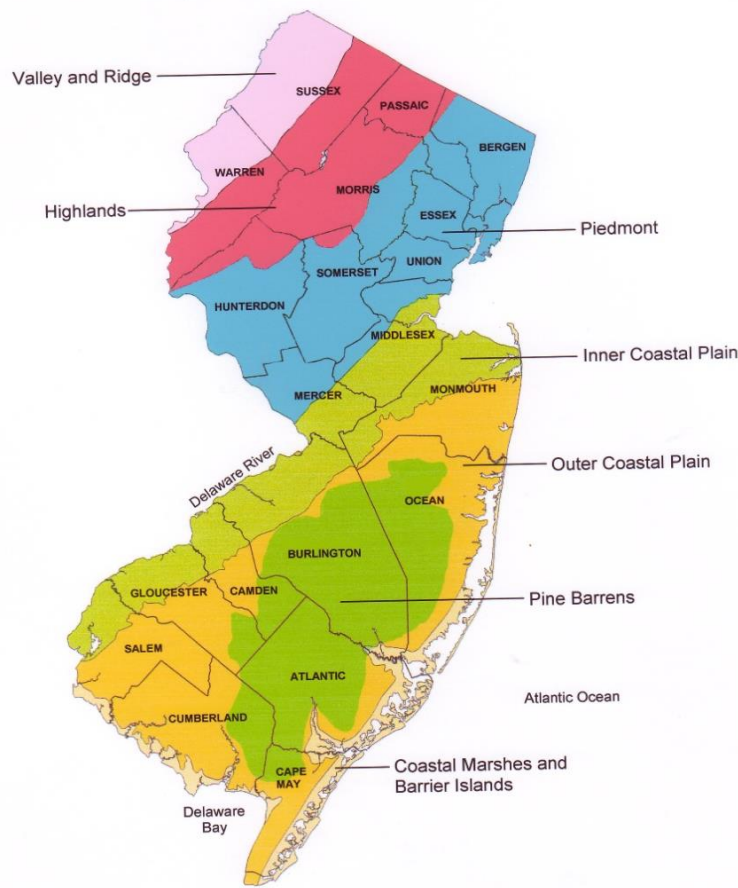
It is no secret to birders that New Jersey is one of the premier birding states in the country. Not that some other states don't have our physiographic and biological diversity: mountains, forests, freshwater and saltwater marshes, bays, ocean, lakes, rivers and fields. It's just that we have all of these attributes compressed into a relatively small area of about 8,700 square miles, making it possible to get from one end of the state to the other, and from one birding hot spot to another, all in the same day. Our prevailing climate varies substantially according to geographical region; the climate of the northwestern portion of the state emulates some areas of New England, while that of the Cape May area has been likened to the climate of Virginia.

Adding to our good fortune, New Jersey lies in the temperate zone about midway between the equator and the North Pole, so birds normally indigenous to southern and northern locations occasionally stray into ours. In addition, New Jersey is smack on the Atlantic Flyway, one of the four major routes in North America for bird migration. All of this gives us excellent year-round birding opportunities despite the fact that New Jersey is the most densely populated state in the USA.

New Jersey physiographic regions vary substantially from one end of the state to the other and provide an amazing biodiversity for bird life. Mountainous terrain reaching an elevation of 1,803 feet above sea level characterizes the

northern Valley and Ridge area. Some birds common to New England nest here, such as the Common Raven and the Blackburnian Warbler. With its rolling hills and many natural lakes and ponds carved into the terrain during the Ice Age, the Highlands and Piedmont regions are home to nesting Chestnut-sided Warblers. The boundary separating the flat Inner and Outer Coastal plains is often defined by a change in flora, which can be observed locally at the Evert Preserve on Onga Hat Road, Southampton. The Outer Coastal plain contains the unique Pine Barrens, comprising almost a fourth of New Jersey land area and providing habitats for wildlife and many rare plants. Our coastal marshes offer a rich environment with sustenance for wading birds, rails and shorebirds.

Over 425 species of birds have been identified in New Jersey, and it is possible for an energetic birder to record 300 species in one year. Nesting Bald Eagles make their home in every county of New Jersey except heavily populated Essex and Union Counties. During the annual New Jersey Audubon *World Series of Birding*, the crack teams, combining the state from one end to the other, identify over 220 species in 24 hours, and the cumulative species total for all the teams is usually around 270. Even during the bleak winter months, many interesting and uncommon birds can be seen here. This year's invasion of Snowy Owls, the annual visits of several species of waterfowl and grebes along our coast, and the presence of Short-eared Owls and Rough-legged Hawks,



Physiographic Map of New Jersey

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make for interesting year-round birding in New Jersey. So count your blessings the next time you are stuck in traffic on Route 73.

Note: Joe's "Rancocas Conservancy Brown Creekers" team identified 145 species in the 2014 World Series of Birding on May 10, winning the Senior Challenge award for birders over 60 for the fifth time. Joe's story of the team's adventures that day is online at medfordleasblog.org

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**FALLS AND FALLEN FARMS**  
 selected from Ralph Berglund's blog

May 15, 2014 – Our South Jersey Camera Club recently organized a weekend field trip to the Delaware Water Gap National Recreation Area. Aside from the great camaraderie we also enjoyed working several scenic locations.

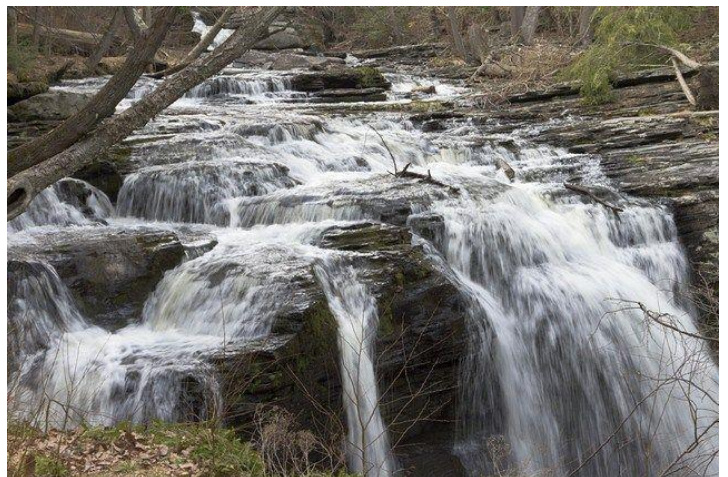
Our first stop [was] Dingmans Falls.



I seem to gravitate toward the scene-filling milky water.



From Dingmans we headed up 209 to the Raymondskill Falls area.... I enjoyed sitting on the edge of the embankment and shooting into the water on its way down.



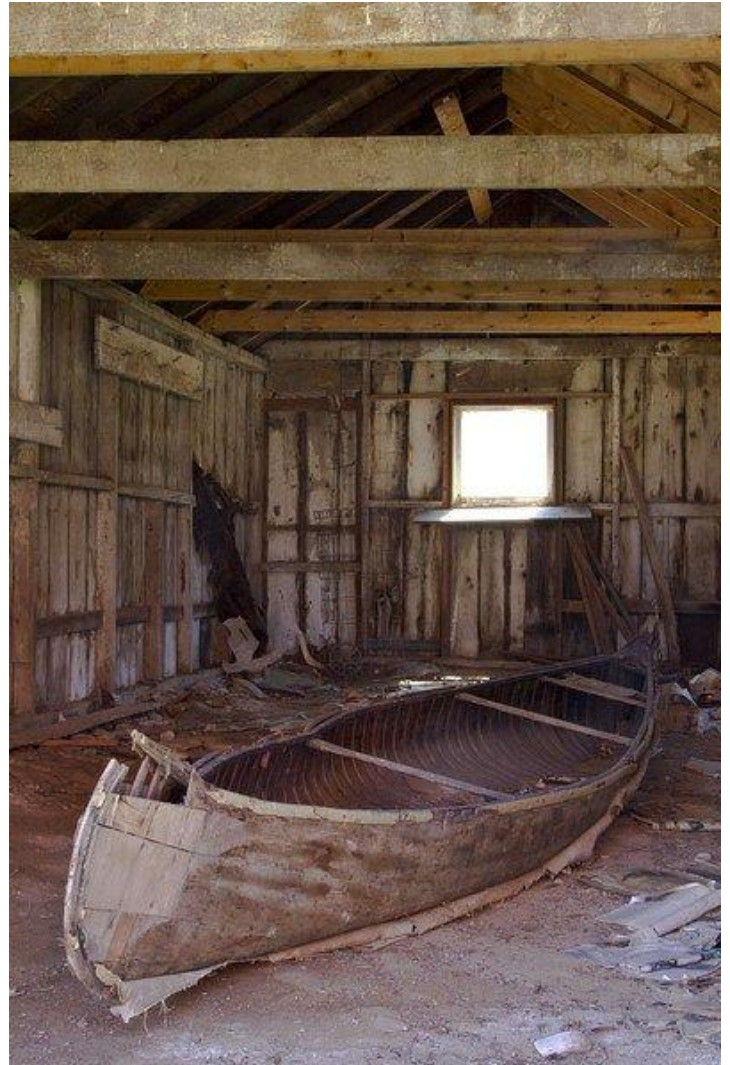
The next morning we were out early in search of fallen farms. In the late '50s Congress initiated a project to dam the Delaware near Tocks Island, north of the Delaware Water Gap. The primary purpose was for flood control but also for power generation and water supply.... The projected 37-mile-long lake project was vigorously opposed by residents and environmental activists .... Our day would take us to three of the old farms, alive and productive before Tocks Island but now fading and deteriorating..... I was drawn first to the remaining wall of the old barn.



Another forgotten farm included a left-behind, peeling canoe. How many happy times was this enjoyed on the Delaware?

Our final farm visit was to the Zimmerman Farm, the summer home from 1944 of the New York City artist, Marie Zimmerman. The farmland was originally acquired by her father in 1882 and she

grew up there, frequently camping and fishing alone.



The pig barn stands although the doors and windows are memories as are the pigs.



## MEDFORD U. SUMMER PROGRAM

On four Wednesdays in July (July 2, 9, 16 and 23) Rafey Habib, PhD, will give one-hour lectures on modern world poetry, focusing on common themes, influences and contrasts in authors of different cultures. The authors include:

Walt Whitman (U.S.), W.B. Yeats (Ireland), Ezra Pound (U.S./England), Rabindranath Tagore (India), Forough Farrokhzad (Iran), Fahmida Riaz (Pakistan), Moniza Alvi (U.K.) and Adonis (Ali Ajhmed Sa'id) (Syria). The intellectual and political contexts of their work will also be considered.

Professor Habib, who is professor of English at Rutgers University, taught Modern World Literature at Medford Leas in the fall of 2012 and was very well received. His lectures will take place from 11 am to noon in the Theater.

Kay Cooley



## MLRA COUNCIL ELECTIONS

by Kay Cooley

In early spring, on both the Medford and Lumberton campuses, new Council members were elected for the 2014-2015 term.

At Medford Leas, all candidates nominated in March were elected at the April MLRA meeting. They are: **Doris Brown, Joe Costanza, Walter Dow, Carol Neil, Renee Slemmer and Hannah Wilson.** They will join **Eleanor Elmendorf, David Eynon, Ruth Gage, B.J. Tetlow and George Trought** to form the 2014-2015 Council. **Lefty Alderfer, Tom Augenti, Kay Cooley, Jean Cronin, Jean Jordan and Bob Rosvold** will retire.

David Eynon and Ruth Gage were elected to second terms as president and vice president, respectively.

On the Lumberton campus, residents elected **Judy Aley, Conant Atwood and Joe Jordan** to their six-person Council. They will join **Bill Beitel, John Speirs and Barbara Stiles.** **Geno Mori, Janice Saibel and Jim Suplee** will retire. Officers will be elected by the Council at their June meeting.

## SUMMER MUSIC VIDEOS

In the Theater, every Thursday at 7:10 pm

- June 5** Jan Lisiecki playing Liszt at age 13, Chopin at 17, and the Schumann Piano Concerto at the 2013 BBC Proms at 18
- June 12** Beethoven Triple Concerto – Daniel Barenboim, Itzak Perlman, Yoyo Ma
- June 19** Three Tenors – Beijing 2001
- June 26** Ella Fitzgerald – Live at the Montreux Jazz Festival 1977
- July 3** Mendelssohn String Octet; Midsummer Night's Dream Overture
- July 10** Horowitz in Moscow 1986
- July 17** Bach Double Violin Concerto,
- July 24** Brahms Piano Concerto #1
- July 31** Louis Armstrong in Berlin 1965
- August 7** Mendelssohn Midsummer Night's Dream Ballet (Balanchine)
- August 14** Mahler #4 – Claudio Abbado
- August 21** Yoyo Ma Three Ways: Silk Road Ensemble, with Bobby McFerrin, Bach Cello Suites
- August 28** Philly Jazz – Orrin Evans

Maggie Heineman



## IN THE GROVE

by Kitty Katzell

Residents have asked about the red flags that have appeared in the Katzell Grove. They show the mowers where they should not mow because a new ground cover was planted there in the fall. The ground cover, Reliant Fescue, is a low-growing grass that should grow to only 6-12 inches. It was selected as a test for the concept of having an alternative to turf which is dependent on irrigation and fertilization.

Also, the trees that failed to survive their first year were replaced by the nursery from which they had been obtained. As they mature, the Grove will become even more grove-like. So get out and enjoy the Grove during the summer and fall.

## ART GALLERY NEWS

by Helen L. Vukasin

“June is busting out all over” and our galleries are full of new and interesting paintings. In the Medford Leas Gallery in the lobby of the Theater, Mary Ann Nordal’s paintings are displayed until the end of June.

Mary Ann is New Jersey-born and raised and studied in New Jersey and in New York City. She combined painting and interior design as a career. Her husband’s work took them to 11 states which gave her the opportunity to paint in diverse kinds of light. Her choice of media is watercolor.

In July and August the work of Carmella Deficcio-Ziegler will be shown. Carmella lives in Hammon-ton and will bring her unique collection of mounted dried flowers and greens along with her watercolors.

Gianna Constantine, a college student at Vassar, will be showing her work in the Lumberton campus art gallery through July. She creates large and small environmental paintings based on ordinary objects, dreams and early Italian Renaissance painting. The wine and cheese reception to open the exhibit was held on May 23.

Be sure not to miss the new Art Studio exhibit on the ground floor of the Arts and Social Wing that opened in April.



Self portrait by Katie Lewis

## BOOKS TO ENJOY

by George Rubin

*The Bully Pulpit*, by Doris Kearns Goodwin

As you look back at our history and the political battles at the beginning of the 20<sup>th</sup> century, you wonder how two men – Theodore “Teddy” Roosevelt and William Howard Taft -- so different in temperament and upbringing, could have been such close friends. In the end, as Doris Kearns Goodwin writes in this powerful and excellent story, they become the severest of enemies. We don’t have to look too far into our own modern affairs to see that “politics make strange bedfellows.”

Using the voluminous letters and diaries of these two men, Goodwin weaves a tale, not only of changes taking place as America enters a new century, but also the rise of the dominant Republican Party and the major influence that journalism was to play in shaping the future of the country.

First, we have Teddy Roosevelt: hero of the Spanish-American War with his Rough Riders; a vibrant, aggressive, and outgoing political figure, rising to become President of the United States with the backing and help of the influential magazine, *S.S. McClure*. It coined the term “Bully Pulpit,” giving the president a loud voice on every issue across the entire country. The magazine also became the center of muckraking, with such authors as Ida Tarbell, Willa Cather, Lincoln Steffens and Upton Sinclair.

Add to this mix the soft-spoken and intelligent William Taft, who never sought the fame that was thrust upon him by his friend Teddy. The relationship produced not only a strong Republican Party to lead the country, but also a progressive agenda that would change the socio-economic landscape right up to the First World War. The book delves deep into the torment Taft must live with when Roosevelt becomes his enemy and starts his own political party, called the “Bull Moose,” that will inevitably lead to the election of Democrat Woodrow Wilson. Goodwin uses her outstanding story-telling skills to create this major book of our history. It is an excellent help in understanding what we are living through a century later.

## WHO'S NEW – MEDFORD CAMPUS

photos by Margery Rubin



### **Martha "Marty" (Sekerak)**

**Istvan** moved into Apt. 407 in April from Mount Laurel, NJ, but that is not where she is from. What's significant in her life is where she was born and grew up. Her parents came from Slovakia and had a farm in Berlin

Heights, OH. The family lived in a house built in 1843, made with timbers from local trees, using pegs instead of nails, and bricks made on the spot. Marty spoke only Carpatho-Rusyn until she went to school.

When she was high school age, her parents moved to Cleveland, OH, where she went to John Marshall High School. Then she spent a year at Purdue University in Indiana, in home economics, but also studying Russian. During the summer of 1949 she joined a group from the Experiment in International Living to help in the construction of a dam south of Prague. Backed by the Cleveland Press, she was also able to visit her parents' village in Eastern Slovakia.

Her interest in languages stimulated, Marty went to Baldwin-Wallace College in Berea, OH, majoring in French, and then, on a scholarship, she entered Cornell University, where she majored in French and minored in Russian. She spent a school year in France, taking a course for French teachers who were going to work abroad. Her emphasis was on perfect pronunciation.

Meanwhile Marty had met Donald Istvan in Ohio. He went into the U.S. Navy in 1953. At one point he found he had two weeks leave, so he proposed. Marty had just 14 days to return home from Munich, where she was practicing her German, and to plan the wedding. Don was of Slovak and Hungarian origin, so it was natural for them to be married in the Russian Orthodox Church.

Don left the Navy in 1957. After he graduated from the University of Rochester, NY, both he and Marty were teaching assistants at Indiana University in Bloomington, IN. Don taught accounting

and Marty taught French. In the years that followed, Don was finally able to set up his own business from their home near Chicago. Meanwhile Marty was busy taking care of their three children.

After Don died in 2001, Marty bought a house in Florida and now considers it her winter home. Meanwhile, she has sold her house in Illinois and had been living in a rented one in Mount Laurel until she came to Medford Leas. Her four grandchildren are scattered. She has one daughter who lives in Mount Laurel, the other in Long Beach, CA, and a son in Hinsdale, IL.

**Betsy Pennink**



### **Elizabeth "Betty" (Conner)**

**Hickey** moved into Apt. 58 early in April. She and her husband had lived in Lakewood, NJ, at the Four Seniors 55+ housing since 1996.

Betty was born in East Orange, NJ, and lived in Bloomfield until she married Bob Hickey. During that time, she had trained for the national RN licensing exam at Jersey City Medical Center and then went to work at the Georgetown University Hospital in Washington, DC.

Betty's mother and Bob's father were fellow commuters, each with a child of a marriageable age. One thing led to another, and despite various complications along the way, Betty and Bob were married in 1955 and enjoyed 57 years together before he died in 2012. Bob had been a school principal in Woodbridge.

They had three children, but the eldest daughter died. The other two are a son who lives in Medford and a daughter living in Flemington; they have provided Betty with five grandchildren.

Betty was on the waiting list and attended several Pathways programs including tours of the Arboretum. She was getting ready to move because of a vision problem, when that problem became more severe, so she decided it was time. She looks forward to remaining active, to enjoying music and lectures, and to playing mahjong.

**Kitty Katzell**





**Carolyn (Smith) Berger**, Apt. 54, moved to Medford Leas from Haddonfield, where she had lived for 60 years. She was born and raised in Bangor, PA. After high school in Bangor, she attended the Moore College of Art and Design in Philadelphia, hoping to work in the area of costume design. With World War II in process, costume design turned out not to be practical so she went to work in the defense industry where her job was painting airplane dial faces.

She met John Myers, a CPA, at a Christmas party, held in the office building where they worked, but on different floors. John had attended Cornell for a year before going in the Air Corps, where he attained the rank of lieutenant.

They had been happily married for 30 years when John died. Her second marriage was to Gilbert Berger, who was also a CPA. Gilbert and his wife had been friends of Carolyn and John. Carolyn married Gilbert after his wife died. Gilbert died in 2008.

Carolyn has two daughters -- Susan living in Medford, and Joan in Virginia. They have given her five grandchildren and eight great-grandchildren. At one time, Susan worked in Woolman, and later went on to become a nurse.

Both **Ben Paradee** and **Jack Rudolph** were Carolyn's doctors at different times, and three members of Carolyn's former bridge club are living at Medford Leas: **Helen Peterson**, **Eleanor Scull** and **Gerry Schifferdecker**. She looks forward to getting back to playing bridge again.

**Kitty Katzell**



**Walter and Mary (Shreve) Dennen** moved into Apt. 32 in April, having upsized and then downsized through four previous homes in the area over the last fifty years. They lived most recently in Holiday Village East in Mt. Laurel. In 1956, they

moved to Wantagh, Long Island, NY, then to

Levittown, PA, then to Barclay Farm and later to Fox Hollow Woods, the latter two in Cherry Hill.



Mary comes from Glens Falls, NY, and graduated from the College of New Rochelle in 1952 with a major in social sciences. Early on, Mary was employed by American Airlines at LaGuardia Airport, Flushing, Long Island, working with travel agencies. She also was

an early graduate of the Institute of Paralegal Training in Philadelphia in 1974 and did paralegal work until she retired after 12 years.

Walt is from Worcester, MA, and served in the Navy from 1945-46. On returning to civilian life, he earned a degree in electrical engineering from Worcester Polytechnic Institute in 1951. He went to work for Sperry Gyroscope Co. in Great Neck, NY, which brought him to a Flushing rendezvous with Mary.

The Dennens met when Walt, living with his roommates in Flushing, NY, was looking for bridge partners and discovered that Mary and her roommate were amenable to playing. They progressed in their relationship and have now been married 60 years.

An opportunity for Walt opened up at RCA in Moorestown, NJ, and he began assisting prospective commanding officers in commissioning their ships. He was lead contract representative and participated in sending 52 ships to sea from all coastal U.S. ports and Hawaii. "I got to go with him and the ceremonies were wonderful," Mary said. Walt was also involved with the RCA combat system and, as lead contractor, tied all the contractors' work together to completion.

Mary and Walt are inveterate and enthusiastic travelers and have camped five times across the United States and back in a trailer with their four children. They've also made 11 trips overseas, and Walt keeps a neat row of photo albums on his bookshelf to attest to these experiences.

Both are avid history buffs and have good cause as Mary has a distinguished ancestor by the name of Colonel Israel Shreve who commanded the 2nd New Jersey regiment under George Washington. "He was the highest ranking New Jerseyite in the Continental Army," Mary explained. Another salient fact is that Shreveport, LA, is named after a family member.

Mary reveals that Walt "lives and breathes the Boston Red Sox" and, somewhat tongue in cheek, claims they are his first love. Mary enjoys the theater, reading and politics and they both are opera aficionados. Given their range of interests, they should find Medford Leas fertile ground for exploration.

Suzanne Frank



**James and Barbara (Williams) Detwiler** moved into Apt. 115 at the end of March. They lived in Medford Lakes for 44 years, where they raised two children. It was their son who encouraged them to make the move.

Barbara was born in Philadelphia and attended Cheltenham High School and then Beaver College (now Arcadia University), until she left to marry Jim.



Jim is from Wyncote, PA, and preceded Barbara at Cheltenham High, before joining the Navy. He served on a ship in the Pacific after World War II, and visited Shanghai, China, and several of the islands whose names were familiar from war-

time battles.

When he returned from the service, he worked in a bank until he realized that a college degree was important. He is a graduate of American University in Washington, DC. He and Barbara married during his senior year, and Barbara worked as secretary to the dean of students. Her working career ended when the children arrived. Jim became a professional fundraiser, working for the United Fund (now United Way) in Mount Holly for 35 years.

Jim's work brought them to Medford Lakes from Drexel Hill, PA. Their son lives in Middletown, NJ, and their daughter is a resident of West Berlin, NJ. They have three grandchildren, one of whom lives in Alaska, where this winter it was sometimes warmer than it was here. Jim is a former golfer who played at Medford Lakes Country Club.

Betty Taylor

## WHO'S NEW – LUMBERTON CAMPUS

photos by Barbara Degler



**James and Nancy (Ragan) McIntyre** moved into 215 Woodside Drive in March, accompanied by their four-year-old dog, Savannah. They had previously lived in Medford for 13 years.

Nancy was born and raised in Upper Darby, PA. After high school, she entered the business world and had a career as an administrative assistant in the various places where she lived. She worked in banking, commercial real estate, a major Houston legal firm, and for *The New York Times* as an editorial assistant in their magazine division, to mention just a few positions.



Jim was born in Scotland, raised in England, and after graduation from school was accepted for pre-sea training at the School of Navigation, Southampton University, followed by a three-year, three-month apprenticeship with Furness Withy as a deck apprentice. Upon completion of his apprenticeship, he sat for his Second Mate's license. After that, he went back to sea as Third and Second Mate with Shell Tankers. For a time with Furness, Jim worked on cruise ships, where he met Nancy. They were married in 1966.

By this time Jim had obtained his legal resident papers to stay in the United States and had worked for the British Government at the UK Mission to the United Nations in New York City. He then decided to return to the shipping industry, working as a tanker broker in New York, as a

sales manager for a chemical tanker company in New York and Houston, and finally in Connecticut with Stolt Nielsen, a Norwegian shipowner, until he retired in 2001.

For their careers and for fun, Jim and Nancy have traveled the globe: U.S., Canada, South America, Australia, New Zealand, and most countries in the Far East, including a business trip to China.

Jim and **Joe Jordan** travel to Philadelphia regularly as they both are members of the Philadelphia Ship Model Society and participate in manning the Society's Model Shop at the Independence Seaport Museum.

Nancy and Jim are happy with their spacious new home and the acquaintances who are rapidly becoming friends.

**Barbara Lewis**



**Dino and Margaret "Peggy" (DeBlois) Fiabane** moved to 219 Woodside Drive in February after living in Cherry Hill for 39 years. Dino had diligently researched Medford Leas. He became aware of our community while participating in a three-day event here in the autumn of 2011. The "Witmer Stone Weekend" honored a Philadelphia naturalist who was, among other things, a founder of the Delaware Valley Ornithological Club, of which Dino is a Fellow.



Peggy, who was born in Trenton, is the daughter of an Irish mother and a French-Canadian father. She and Dino met at Notre Dame High School in Lawrenceville, NJ, where they both sang in the glee club. They were married in 1968.

Peggy graduated from St. Francis School of Nursing, where she took the national licensing exam to become a registered nurse. She worked as a medical-surgical nurse there and in Pennsylvania and New Jersey hospitals. She also completed a nurse practitioner course at the U. of Florida. She has worked in the ENT (otolaryngology) field for 40 years as a nurse manager and allergy clinician

for a multi-physician practice in Voorhees and other locations. The part of her career she liked best was the great relationships formed with colleagues and patients

Dino was born in the Veneto region of northern Italy and moved with his family to Princeton, NJ, when he was four years old. In his college years, he received a BA and MS in geography from Rutgers and Penn State, respectively. In addition, he earned an Ed.S. in curriculum and instruction from the U. of Florida and an MST (master in science for teachers) from Rutgers. He taught geography for 12 years and biology, specializing in anatomy and physiology, for an additional 30 years at the Community College of Philadelphia. He retired from CCP as professor emeritus in December 2013.

Peggy and Dino have three children: Jason in Seattle, Krista in Bethesda, MD, and Amanda in Philadelphia, along with three step-grandchildren. Peggy's passion is singing. She is involved in three local musical groups: choral, classical and barbershop.

Peggy and Dino have always loved to travel, using their camping trailers to visit all 50 states and most of the national parks in the United States and Canadian provinces. Birding, hiking and nature are important to them. They are excited to be living in a setting that respects nature, and they look forward to getting involved in the many opportunities available here.

**Barbara Lewis**

## SUMMER EXIT NEW WRITERS WELCOME

The June issue closes the 2013-2014 publication year of Medford Leas Life; we will return with the September issue. In the meantime, we welcome story ideas from you, our readers. If you enjoy writing, meeting people, sharing your knowledge and/or exercising your curiosity, please contact **Beth Bogie**, editor. We will be pleased to hear from you. Have a wonderful summer!

**JUNE CRYPTOGRAM**

by Herb Heineman

**M RLZQALR BZK RLP OQGGPK:**

**“ILPU GPU OWPMF XNN ZB RLPP,**

**NXDP OZ MO UZSZTV GMV SPNXPDP**

**RLPG.”**

Underline the name of the quotation’s author.

**GZOPO**

**WNMRZ**

**SQTTLM**

Below is the solution to the May cryptogram.

IF YOU WISH TO BE LOVED, GIVE LOVE A CHANCE BY CONSTANTLY AND CONSISTENTLY BEING YOURSELF.

DANIEL GOTTLIEB  
ANURAG PRAKASH RAY  
 ALPHONSE GABRIEL CAPONE

The correct solution was received from the following readers:

**Catherine Barry, John Caughey, Mary Chisholm-Zook, Alice Culbreth, Doris Curley, Barbara Fiala, Neil Hartman, Barbara Heizman, Pat Heller-Dow, Sue Isaacs, Mary Hope Mason, Doris Q. Murray, Betty Preston, Millie Salvaterra, Doris Salati, Anita Solomon, Louise Stiles, Joanne Thomas, Ellen Wiener, Barbara Zimmerman.** Thirteen correctly identified the author.

Please send your solution via campus mail to **Herb Heineman**, 121 WSD, Lumberton, or email it to [hsheineman@gmail.com](mailto:hsheineman@gmail.com) by August 10.

**MEDFORD LEAS LIFE**

*Ex Officio:* Dave Eynon, MLRA President; Ruth Gage, MLRA Sponsor

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**Deadline for submissions:**  
**10<sup>th</sup> of the month preceding publication**

