



# Medford Leas *Life*

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## **MEDFORD LEAS APPOINTS NEW MEDICAL DIRECTOR**

**Dr. Andrea (Andie) Iannuzzelli, DO, FACOI**, recently was appointed Medical Director of the Health Center at Medford Leas.



Susan DiJacomo

A graduate of the University of Medicine and Dentistry of New Jersey, she completed her internship and residency in internal medicine as well as a fellowship in nephrology at Kennedy Health System in Strafford, NJ. Dr. Iannuzzelli is board certified in internal medicine and nephrology; she is a New Jersey Distinguished Scholar; and she has worked in the fields of nephrology and holistic medicine for over 15 years. (FACOI stands for Fellow of the American College of Osteopathic Internists.)

Most recently Dr. Iannuzzelli was in practice in Turnersville, NJ, at the Center of Kidney Disease and Hypertension. She also had her own practice at the MediZen Wellness Center for Integrative, Holistic and Functional Medicine in Medford. In addition to her many accomplishments, Dr. Iannuzzelli did volunteer work in rural medical clinics in West Africa and the Dominican Republic. She lives in Medford with her husband and two children.

## **MEDFORD LEAS INSTITUTES NEW CARE PROGRAM**

by **Mary Ann Flatley**  
Director, Residential Health and Wellness

Last month at Community Conversation, CEO **Jeremy Vickers** briefly introduced a new program to assist residents when they have had an episode of illness or a procedure that results in a change in their physical or mental status. The purpose of the program is to assure that Medford Leas residents receive the level of care and/or assistance needed to support their healing and safety after a qualifying acute episode of illness or event. The new program allows for up to three days of Options in-home care at no additional charge, for residents of the Courtyard Apartments who have Residence & Care contracts. After the initial three-day period, if the service is still needed, the residents have the option of continuing services at the published rates. Additionally, all Medford and Lumberton campus residents will be eligible for an RN assessment for no additional charge, as necessary.

Residents who anticipate having an invasive procedure or same-day surgery should discuss their post-procedure needs at the time of their visit for pre-admission screening at the Health Center. The staff can better help you prepare ahead of time for your recuperation period and speak to you about your post-procedure needs, including this program.

The new program information will soon be available as an addition to the Resident's Handbook.

**Life Lines****FRIENDS' MEETING**

by Marcy Webster



Margery Rubin

People often ask me what I plan to write about next, or, sometimes, they ask where I get my ideas. Those are tough questions. Some of the topics are suggested, some come up in a random conversation and some float in from somewhere in the middle of a sleepless

night. For instance, my husband saw a quote in a garden catalogue. Printed beside the descriptions of hosta and the pictures of lilies was, inexplicably, a quote attributed to William Butler Yeats. **Dick** read it to me and we agreed that it reflected our experience in the years we've lived at Medford Leas. Yeats wrote, "There are no strangers here, only friends you haven't met yet."

I've lived in unfriendly places: the cold, gray dormitory overlooking the cold, gray river; the Navy town full of bars and fistfights; the posh suburban enclave where nobody spoke or smiled.

And I've lived in friendly places: the southern city where an invitation to dinner was hanging on the doorknob when we arrived; and, my favorite, the development where all the houses were ready for occupancy on the day before school opened. On that day, moving vans lined the *cul de sac* and we stood with our new neighbors, watching our kids, pals already, exploring the territory together.

Medford Leas is even friendlier than that.

Of course it helps to come with connections. **Perry Krakora** and **Susan Dowling**, friends since middle school, are still close, neighbors here and at the shore. **Gil Goering** and **Bob Hambleton** met through their wives, socialized for years and came here at about the same time. Those are just two examples of the myriad links that twist around and between our residents.

But what if you know no one when you arrive? **Mary Ellen Van De Water** moved here from Cape Cod. She had family living nearby but she

knew no one here. I met her early and watched her flounder a bit, but then I saw her reach back for that Yankee gumption in her background, watched her stiffen her spine and get out there and turn those strangers into friends.

The truth is you make friends here just as you do in "real life." You meet them as you get involved. You sign up for things, volunteer, spend time at the Fitness Center, take courses. You talk to people as you wait at the Health Center or eat in the Coffee Shop. If you can, you work. All over Medford Leas people are working in groups; creating handmade crafts, providing hands-on services, making major contributions. And, as they work, they make friends.

The men at the Residents' Workshop are a good example. Brought together by their talent for woodworking and their interest in practical repairs, the men spend five mornings a week at their individual benches in the large, well-equipped space. There are always major projects underway. For a very modest fee (donated to the Reserve Fund), they do expert repairs, and they also make items for fund-raising events. While each man has a specialty of his own, the group comes together to share advice and ideas.

**Andy Moll** is the current chairman, but that title will be passed on to **Walt Dow, Jim Knapp, Tom Roberts, Dick Rudolph** and **Alex Webb**. Strangers when they met, their work has made them the closest of friends. Speaking of the time spent together at the workshop, Andy says, "It's the highlight of my day."

**THE PLANT SALE IS ALMOST HERE!**

**Thursday, May 9  
from 8 am to 12 noon  
in the Estaugh Walkway**

Residents using wheelchairs,  
walkers or scooters may shop  
Wednesday, May 8<sup>th</sup> – 6:30 to 7:30 PM.

**Perry Krakora, Chair, Plant Sale**

## KEN ROLAND, NEW MANAGER

text by Suzanne Frank, photos by Margery Rubin



Moving up to take the helm of Fitness and Aquatics, **Ken Roland** has been appointed Manager to head the department's daily operations on both campuses. His reaction to the bump-up is pure Ken. "I love it. I'm very

excited but I have big shoes to fill. I will do my best to continue with the program that Beverly started. She will be missed but never forgotten."

Some of the duties he will assume will be scheduling classes, training, ordering equipment, monitoring budgets, and attending to restorative groups like Estaugh residents. At the same time, he is chair of the Employee Wellness Committee.

"My father used to say to me 'always do something that you love to do.' [Even after more than seven years in this department] it's really a very rewarding job. Lots of people have congratulated me. It's like a family here," Ken said.

### THREE NEW IN FITNESS

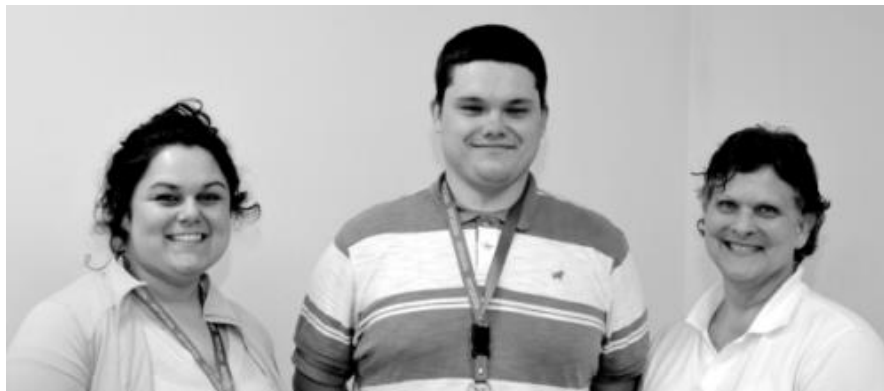
**Dana Jones** will be working full time assisting Ken wherever needed. Dana has a BS degree in biology from Stockton College which she received in 2010. She has been a physical therapy aide at Virtua Hospital and a retail manager for ULTA, a makeup retail store.

She says that since eighth grade she has wanted to be a physical therapist following an aunt who was in the field. She's been very busy learning everyone's name and would like to push her charges to go to their physical limits, all the while being aware of their personal well-being.

**Stephen (Steve) Porter** has been seen taking notes on the water programs as well as assisting residents in the Fitness Center. Steve received a BA in health and exercise science from Rowan University in 2012. Before being hired by Medford Leas, he taught classes at the University of Medicine and Dentistry of New Jersey in Stratford, some on a one-on-one basis, helping students in strengthening, conditioning, and stretching exercises. Now, in addition to his part-time job here, he will work three days a week for a Verizon wellness center.

**Leslie Thompson** is the other part-time addition to the department. She has a BA in psychology from Temple University. Having osteoarthritis herself, she has been amazed at how water has relieved her painful symptoms. As a result, she took herself to the "Y" and trained, and she was hired as a certified water instructor. She is also certified by the Arthritis Foundation to teach water classes. And she has certification as a personal trainer, life guard, aqua zumba, zumba gold (low level stress) and water warrior (more rigorous).

Leslie says that she has always worked with seniors, even while in college. She hopes that sometime in the future she can attract more people to the pool by offering more choices in classes, whether for arthritic folks or for those who would like a more strenuous experience.



l to r: Dana, Steve, Leslie

## BARTON ARBORETUM LECTURE

by Kitty Katzell



Jenny Rose Carey is Director of the Ambler Arboretum of Temple University. Having come to the U.S. from England some 20 years ago, she still carries her lovely English accent with her. That accent caused some to miss an occasional point,

but all could still get much information about Historical Gardens of Philadelphia that was well worth hearing and absorbing.

Beginning with the Quakers and their gardens, and moving up past Bartram's Garden to the early orchards of Pennsylvania and New Jersey and the Victorian era's love of new plants drawn from all over the world, she illustrated every step of the way with "images drawn from the Pennsylvania Horticultural Society McLean Library collection."

Both the 1876 Centennial Exposition in Philadelphia, with its focus on immigration, and the 1893 Chicago Exposition, with its focus on innovation and industry, had their impacts on gardening. Immigrants were available to provide cheap labor, and innovation provided early tools that made gardening easier.

Then came the Jazz Age of the '20s. (Ms. Carey noted that more people were in favor of the prohibition amendment than were for women's suffrage.) Clothing for gardeners appeared in the '20s. Gardens often included "entertaining space" because the economic times permitted leisure and luxury. The times also permitted world travel, and that, too, influenced gardens, which sought to emulate especially French and English gardens.

Ms. Carey concluded her lecture with pictures of her own garden on 4¼ acres in Ambler, PA, and encouraged her audience to check on the Smithsonian's Archives of American Gardens. Having illustrated the changes in this region's gardens over the past three hundred years, she summarized by saying "gardens are ephemeral."

## ARBORETUM UPDATE

by Kitty Katzell

The March meeting of the Estaugh's Arboretum Oversight Committee considered several items dealing with recent, current, and near-future changes in the Arboretum on the two campuses.

- Plantings in front of some units in Rushmore and Bridlington were updated last fall with native plants. As new residents move in, modifications will continue to feature native plants.
- Court 26 has been remodeled and planted with Shadblow trees, and Court 28 will be updated this spring.
- Over the years, it has been the practice to remodel two Courts completely each year. Review of the current condition of the plantings in the Courts led to the decision this year to refresh three Courts -- 9, 13 and 25 -- instead of remodeling two Courts. New plantings are in the works for the fall.
- Hurricane Sandy brought down trees on both campuses and many have been replaced.
- The redevelopment of the Estaugh building will require that some trees in the Pinetum be removed. Some will be transplanted to an area along Estaugh Way toward the silo. Some may be too mature to survive moving at this stage, so they may be replaced with new specimens when construction is complete.
- The guest cottage at the Route 70 entrance to the Medford campus and the storage shed next to the silo will be removed and the areas they occupied will be refurbished in order to improve two primary entrances to the campus.
- The Medford meadow has been mowed to rejuvenate the area. The Lumberton meadow doesn't require mowing this season.
- Low-growing ground cover will be planted among the trees in the Katzell Grove, so that mowing will not be required. This will likely take place in the fall.

While April is for Arboretum, at Medford Leas the Arboretum is always all around us and there's always something to watch and to enjoy. So when the weather grows warmer, walk around the campus and see what's going on.

## APRIL IS FOR ARBORETUM

text by Betsy Pennink, photo by Marcy Smth

"April is for Arboretum" was, without question, the theme for Therapeutic Recreation during the whole month. Combined with movies, videos and songs about flowers and trees, there were interesting and creative programs to celebrate trees, nature and spring in the Activities Room. Some highlights:

*All About Orchids* really was all about orchids. Our orchid expert, **Perry Krakora**, brought in several of her orchids in bloom to give the residents an idea of the variety of orchid species. (There are over 15,000 species in all.) She also demonstrated that, despite great differences, the structure of the flower is common to all orchids. Then, through a slide show, she took us down into her basement in Bridlington to demonstrate how she cares for her nearly one hundred orchids with the precise amount of light, moisture and air movement. Afterwards residents watched a video of breathtaking orchids of all kinds.

*Spring Tree Craft* was a group project. The goal was to make a large flowering tree from paper to decorate the windows of the Activities Room. Each resident had a watercolor box and paintbrushes and the first order of work was to paint a piece of the tree brown. When dry, the pieces were put together to form the tree. The next step involved the flowers, so the painters created the most colorful blooms possible on round coffee filters. Dried and twisted into shape, they became fluffy flowers to fasten to the branches. A work of art, indeed!

Residents enthusiastically attended *Gardening with Debbie*, donning protective gloves to do a bit of transplanting. **Debbie Lux**, Landscaping, rolled in a large tub of soil (not dirt!). She put the soil on large square trays on each table so that everyone could reach it. The residents scooped up the soil and patted it down into plastic pots. Some "gardeners" placed geranium cuttings in larger pots, and some planted tiny individual seedlings of lobelia, marjoram and thyme in very small pots. The herbs are for the Pathways event, "Container Kitchen Gardening, Make & Take," on May 22.

*Making Spring Wreaths* found residents, staff and volunteers busy with ribbons and fake flowers to turn basic straw rings into wreaths. They wound bright ribbons around the rings and poked flowers into it. (The flowers had sharp metal ends from a "pick" machine.) **Grace Uyehara** was working on her wreath when **Hiro Uyehara** arrived to help. He had such a good time that he finally showed off the finished product around his neck.



The fun continued throughout April with more celebrations of our beautiful setting and the new season. It was a cheerful and creative time for all.

## MLRA COUNCIL ELECTIONS

by Kay Cooley

At the April MLRA business meeting, residents elected as Council members for the 2013-2015 term all the nominees proposed by the Nominating Committee: **Eleanor Elmendorf** and **George Trought** from the Courts, **David Eynon** from Bridlington, **Ruth Gage** from Lumberton, and **BJ Tetlow** from Rushmore. They will replace **Kit Ellenbogen**, **Julien Eysmans**, **Maggie Heine-man**, **Herb Krakora**, and **MaryLou Morrow** who have completed their terms.

The new council members will join **Tom Augenti**, **Beth Bogie**, **Kay Cooley**, **Jean Cronin**, **Jean Jordan** and **Bob Rosvold** to make up the 2013-2014 Council. They will attend an orientation to be conducted in June by Jack Akerboom.

## IN MEMORIAM

**Frances Tillman**  
**Mary Howarth**  
**Muriel Bedell**

**March 30**  
**April 14**  
**April 20**

## PATHWAYS EVENTS IN MAY

by Doris Brown

If you love gardens, want to love technology and need to understand the new healthcare legislation, you'll find all three in the May programs offered by "Pathways to Learning at Medford Leas." They are:

*A Visit to Brandywine Cottage, David Culp's Garden*, Tuesday, May 21, from 9 am to 3:30 pm.

You'll receive an "up close and personal" look at the garden of renowned horticulturalist David Culp, including his woodland garden, perennial border, kitchen garden, the shrubbery, and the walled garden -- a layered garden for all seasons. A motorcoach will leave from the Medford Campus Community Building at 9 am and return at 3:30 pm. The registration fee of \$75.00 includes the garden tour, luncheon at Firecreek Restaurant, Downingtown, PA, and transportation. The deadline for registering is May 10. A portion of the fee will represent a contribution to the Barton Arboretum and Nature Preserve.



Debbie Lux

*Container Kitchen Gardening, Make and Take*, Wednesday, May 22, at 10 am.

**Debbie Lux**, horticulturist at Medford Leas, will lead a container gardening workshop at the Lumberton Campus Community Building. All herbs and materials needed to make your own container herb garden will be provided. Choose your own

fragrant herbs, and learn to cut, use and dry them all summer. Space is limited, and at this time the course is fully subscribed.

*Embrace Technology*, Friday, May 3, from 9 am to 1 pm.

Andy Pedisich, head of Technotics, Inc. will talk about how technology is changing global politics, neighborhoods, and even family relationships. He'll discuss the current state of the Internet, online etiquette, and how to protect your privacy. He'll help you decide whether to buy a PC, a tablet or a smartphone. The fee is \$30 and includes lunch. Registration deadline was April 26.

*Keeping (Your Brain) Fit and Staying in Touch with an iPad*, Tuesday, May 7, 10 am to 12 noon.

**Dave Bartram**, technologist and resident on the Lumberton Campus, will lead a workshop in the Lumberton Community Center focusing on basic iPad tasks and applications that will both stimulate your mind and help you keep in touch with family, friends and the world at large. At this time the course is fully subscribed.

*Cybersecurity*, Saturday, May 11, at 11 a.m.

Dave Bartram will also discuss the new world of cybersecurity, how it affects our lives, directly and indirectly, and, where possible, what we can do to protect ourselves. Dave will give an overview of the dangers of viruses, social engineering scams and cyber warfare, as well as explain who is perpetrating them and why. Even if you never touch a computer, these things can affect you. There is no charge, but a reply is requested.

*Affordable Care Act*, Saturday, May 25, at 11 am.

Dr. Jack Resnick, a physician practicing on Roosevelt Island, New York City, is an Innovation Advisor, one of 73 doctors nationwide who were named to a Special Federal Panel chosen by the Centers for Medicare and Medicaid Services. The Affordable Care Act, on its way to being fully implemented in 2014, includes this and other efforts to drive improvements in patient care and reduce costs. There is no charge but a reply is requested.

## MEMORIAL DAY CELEBRATION

Memorial Day, Monday, May 27, will be an opportunity to meet fellow residents for refreshments at the Gazebo, to play indoor and outdoor games: indoor and outdoor shuffleboard, croquet, bocce, ladder ball, pool and an amazing number of indoor board games. There will be music by Joe Pantano and his keyboard orchestra for singing and dancing. The Gazebo and two tents will provide shade from the sun to enjoy lemonade and cookies. The party will run from 9 to 11 am.

Bill Reifsteck, Chair, Recreation Committee

## FUN AND GAMES

text and photo by Betsy Pennink

Surprised that board games go back in time and are found all over the world? **Warren Sawyer's** collection will convince you. A board game enthusiast, Warren is going to bring his games to the Memorial Day Celebration and will be there to help with the rules.

Perhaps you'd like to try your luck on the large board called Crokinoll (sometimes Crokinole). A flick of your finger and your round wooden "shooter" may go right into the center well, or even knock one of your opponent's disks off the board. This game originated in Canada in the nineteenth century, and Warren's homemade board came down to him in his family.

Gomoku is also called Five in a Row and means just that. Get five of your pieces in connecting squares and you've won! The name is from Japanese, but the game probably originated in China. When it was introduced into Britain in the nineteenth century, it was called Go Bang.

"Quaker Checkers" is what Warren's father- and mother-in-law called a certain board with squares on it. The goal is to capture your opponent's disks. Warren made the board while he was working as a CO in a mental hospital during the war, but the administration worried that the patients would consider it a weapon so they never used it.



In 1951 Warren worked for one year at the Cooperative Recreation Service in Delaware, Ohio. Lynn Rohrbaugh, who headed the group, collected ideas for games from all over the world. Warren credits these ideas for most of his games.

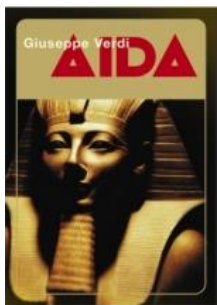
Other games Warren is bringing:

- A Korean board game called Jute, or Yut. Your moves around the board are determined by four sticks that you throw like dice.
- Nine Men's Morris and Twelve Men's Morris, which date back to the Roman Empire! The board has hollows connected by lines. You have either nine or twelve marbles to place on the board, and the goal is to get three of yours in a row, thus qualifying you to remove one of your opponent's.
- Finally, there's Awari, the "Ancient Bean Game." Today you do not have to get down on the ground and use beans, as was usual in West Africa and the Caribbean. Warren has provided a plastic tray and colored marbles.

The games will be fun, and maybe a challenge, but remember, you are walking in ancient footsteps.

## SPECTICAST: VERDI'S *AIDA*

by Beth Bogie



An open-air staging of the opera *Aida*, performed by the Corps de Ballet and Orchestra of the National Theater Brno (Czech), under the baton of Ernst Marzen-dorfer, will be presented by SpectiCast on Saturday, May 4, at 1:30 pm. The production, recorded live in July/August 2004,

was presented in the surroundings of the 1<sup>st</sup> century Roman Quarry of St. Margarethan in eastern Austria. It is in Italian with English subtitles.

“It is live performance of opera at its grandest with all the splendor of ancient Egypt.” (SpectiCast) One reviewer wrote “the scenery is built atop the hillside above and around the outdoor theater, with live horses and elephants, ballet and singing done extraordinarily well. The entire drama is a treat that one is rarely able to attend in person.”

Composed by Giuseppe Verdi, *Aida* was commissioned by Isma'il Pasha, the Khedive of Egypt, for performance at the Khedivial Opera House in Cairo in January 1871. The performance was delayed until December 24, 1871, because of the Franco-Prussian War. Costumes and sets had been created in Paris by designers for the Opera de Paris and shipped to Cairo. The premiere was met with acclaim when it opened, but Verdi did not attend, upset that only dignitaries were in the audience but no members of the general public.

*Aida*, sung by Esztor Sumizi, is an Ethiopian princess, who has been brought into slavery in Egypt. An Egyptian military commander, Radames, acted by Kostadis Andriev, struggles to choose between his love for *Aida* and his loyalty to the Pharaoh. Radames is loved by the Pharaoh's daughter, Amneris, performed by Cornelia Helfricht, although he does not return her feelings, and *Aida* is slave to Amneris. A triangle set for monumental tragedy!

Other featured singers are Pior Dalas and Janusz Monarcha. The opera is directed for stage by Robert Herzl of the Corps de Ballet.

Sources: Wikipedia, Project Muse, Naxos.

## PAINT OUR TOWN – AND GARDENS

painting by Marcia Steinbock

This year's Paint Our Town *Plein Air* contest has a new twist – a garden theme. Artists are invited to paint the Arboretum, natural areas, or



buildings of Medford Leas. The Medford Arts Center is pleased to be part of the Art in the Garden celebration, a statewide event presented by the Garden State Gardens organization.

The contest, which awards cash prizes, will be held on Saturday, June 1, with rain date on Sunday, June 2. Youth (through age 17) and adults (18 and older) are encouraged to share their vision of a recognizable site within Medford Leas' 165-plus acres. The extensive Arboretum presents beautiful, textured views, and natural areas that abound with meadows, wetlands, and waterways, including the Rancocas Creek. The iconic silo, brick garden center, Courtyard gardens and Atrium provide additional subjects.

All works must be begun and completed on location on Paint our Town day. Participants may check in at the Atrium Registration Desk at Medford Leas between 9:00 and 10:00 am. The surface of their paper or canvas must be marked for verification. Completed paintings must be returned for judging no later than 4:00 pm. Photography and computer work will not be accepted. There is no charge for participation.

A reception and awards ceremony will be held in Medford Leas' Lounge or outdoors on the adjacent terrace at 4:30 pm. All paintings will be displayed for Medford Leas residents to see during the party. Selected artists will also be invited to frame and wire their entries for exhibition at the Medford Arts Center at a later date.

Application forms, registration information and a map of the Medford Leas property will be available at [www.MedfordArtsCenter.org](http://www.MedfordArtsCenter.org). For more information, contact MaryLou Morrow, x3632.



## THE PENNSYLVANIA BALLET CELEBRATES 50 YEARS



Medford Leas residents who love ballet have an opportunity to celebrate the 50<sup>th</sup> birthday of The Pennsylvania Ballet by attending a yearlong series of special programs planned for the company's 50<sup>th</sup> anniversary

season. The Saturday matinee programs at 2 pm are:

- October 26, 2013, "Jewels," at the Academy of Music;
- February 8, 2014, "Serenade and Other Dances," at the Merriam Theater;
- March 15, 2014, "Carmina Burana," at the Academy of Music;
- May 10, 2014, "Director's Choice," at the Academy of Music;
- June 14, 2014, "A 50<sup>th</sup> Finale," at the Merriam Theater.

Anyone interested in joining the Medford Leas group may pick up a program in the Atrium, or call Jean Scattergood at x3647 for bus information.

## THREE ART GALLERIES

by Helen L. Vukasin

The month of May will see a new exhibit in the Medford Leas Art Gallery by two distinguished local artists -- Jane Gifford King and Carol Kirkwood. The show will open on Tuesday, May 7, with a reception from 3:00 to 4:30 pm. The artists will speak about their work at 3:15 pm

Jane Gifford King studied at the Pennsylvania Academy of the Fine Arts and the University of Pennsylvania and earned a BFA from Moore College of Art. She also holds a degree of Teacher, 3<sup>rd</sup> grade, from the Sogetsu School of Ikebana, the art of Japanese floral design. For many years she was an illustrator and graphic designer for Strawbridge & Clothier department stores. All of

her professional experiences inform her current paintings.

Carol Kirkwood was born and educated in England. She earned a degree in fashion and textile design from the Leeds College of Art. In the early 1990s she spent three years in Thailand. There the unique landscape and culture inspired her to learn to paint, and she studied with a renowned Thai watercolorist. In 2001-02 she spent the year in Hanoi, Vietnam, whose unique architecture inspired some of her Asian paintings. In Philadelphia she studied portraiture at Incamminati Studio, which led to a current project, a series of portraits of teenagers.

Three pictures are a small sidebar to the main exhibit. They are provided by the Orchard Friends School and are hanging in the hallway near the Poplar Room. Students having learning difficulties that make their communication a daily struggle are saying, "Here I am," as part of a project called, "A Child's View from the Orchard." The students were challenged to incorporate the concentric circles and lines of symmetry of Kandinsky and to explore the concept of negative space.

At the Art Gallery in the Lumberton Campus Community Center, the fabulous photos of birds by Joseph Costanza will be mounted for the months of May and June. Joe is a resident of the Lumberton Campus and an avid birder. He became an award-winning nature photographer following a career as an architect.



The exhibit will open with a wine and cheese reception on Friday, May 10, from 4:00 to 5:30 pm. Joe will say a few words about his photos at 4:30.

If you missed the busy opening of the Art Studio Gallery exhibit on April 29, all 27 artists' works are still on display for your pleasure for the next six months. Don't miss a stroll through the halls on the ground floor of the Arts and Social Wing.

## WELCOME TO THE COURTS

**Barbara Griffith** moved into Apt. 400 in the Courts from Lumberton. Barbara is happy that she doesn't have to cook anymore and enjoys the service in the dining rooms, where she finds many residents who have also moved over from the Lumberton Campus. She spends time at her computer, keeping in touch with her three children in Connecticut, New Mexico and Florida.

Barbara went to a boarding school in Maine and graduated with a BSc from Ohio State University. In 1947 she married Brooks Griffith, an engineer. After her children were in school, Barbara went to Women's Medical College in Philadelphia (now part of Drexel) and became a physician in 1966. After her divorce in 1967, she worked in the emergency rooms of Lankenau and Frankford Hospitals for 25 years, retiring in 1994.

Ellen Stimler

## WHO'S NEW

photos by Margery Rubin



**William (Bill) Brickner** moved to Medford Leas at the suggestion of his children, who pointed out that he knew a number of residents from his long prior life in Moorestown. At the time he was living alone in Mt. Laurel after a divorce. Following a tour of available apartments, he moved into Apt. 142 in March.

Bill grew up in Moorestown, went to Lady of Good Counsel Elementary School, graduated from Moorestown High School and received a BSc in Marketing and Business from Seton Hall University in 1957. After a two-year stint in the Army at Fort Riley, Kansas, Bill started a business partnership, called Mech-Elec Company, which sold plastic components for a variety of products. He retired in 2008.

In 1962, Bill married Judy Brown, whom he met at a wedding. They made their home in Moorestown and raised two boys and two girls. All children are now married and have given Bill 14 grandchildren. Two couples live in Moorestown, one in Haddonfield, and one in Medford Lakes. All of them helped Bill to move and arranged his furniture. They visit often, and Bill has frequent dinners with them at their homes.

Bill still attends Lady of Good Counsel Church in Moorestown. He is very involved with his grandchildren's lives and attends many of their games and activities. He used to work out at a gym and will continue an exercise program in the Medford Leas Fitness Center. He also likes to watch sports on TV. His apartment has a beautiful view of lawns and trees and a small area for a garden where he wants to plant flowers.

Ellen Stimler



**Judith A. Kruger** moved in March to Apartment #76 from Cherry Hill, the last of a number of locations in South Jersey she called home during the latter half of her life. She was born in Ann Arbor of parents studying sociology at the University of Michigan. After their graduation, her father was hired by the RAND Corporation and they moved to Los Angeles and later to Glen Rock, NJ. She remembers her Glen Rock school years, 3<sup>rd</sup> grade through high school, as being outstanding.

Judy received her BA from SUNY at Binghamton University in cultural anthropology and languages. After graduation, she became caught up in the excitement of the women's movement at its height in the late 1960s and early 1970s. She decided she would make her contribution by taking traditionally male jobs "in the trades," the first as a manager trainee at Grossman's Lumber Company in the Litchfield area of rural northwest Connecticut. She became an assistant manager and recalls with amusement that she was the only

employee “who never raised the fork lift so high that it bashed the ceiling lights.” She also did energy audits on 1,000 houses for a local utility. Always, she kept her cross country skis at the ready in the back of her car!

In 1980, Judy decided she needed legal training to work on issues holding back women in obtaining mortgages or seeking employment. She moved to the Delaware Valley and entered Rutgers, where she obtained a law degree. She is not a lawyer, however, as she became interested in mediation, as taught by well-known New Jersey Superior Court Judge Martin Haines, who encouraged her interest in a mediation career. She set up Burlington County’s mediation program and became its director.

From there, she moved on to work for the U.S. Justice Department at the Custom House in Philadelphia and handled intercultural mediation cases in all of the mid-Atlantic states. She took a year off to earn a master’s degree in intercultural communications. In 1993 Judy retired for health reasons.

Since then she has been involved in writing projects. One of her articles was the first in a new travel series in *The Philadelphia Inquirer*. She also wrote several stories for the *Friends Journal*, “doing it for the love of doing it.” Years before, when she moved to South Jersey, she had met Quakers and had joined the Central Philadelphia Monthly Meeting, transferring later to the Hadonfield Meeting.

Judy has also continued a family tradition of involvement with foreign students on their breaks from college. She continues it in her own way as a volunteer teacher of English as a Second Language and has enjoyed students from Japan, the Dominican Republic, Iraq, Mexico, Ukraine and Iran. Her family includes a brother and a girl she “big-sistered” years ago from Laos.

When she moved to Medford Leas, Judy still had those same skis in the back of her car. It snowed right after her arrival. She got out the skis and tramped around in the snow on them to celebrate her happy arrival at her new home.

**B. Bogie**

## CHECKING THE FACTS

by Maggie Heineman

Did Desmond Tutu really say that? The solution to the April cryptogram shows a quote which has been widely attributed to Bishop Tutu. Within hours of the distribution of the April issue of *Medford Leas Life*, **Herb Heineman** received email from a resident who wrote:

“Herb, I hate the quote. I mean -- how many white missionaries do you know who took the land in Africa? They built schools and hospitals and churches, but I don't know any that took the land away from Africa. White farmers, white politicians, white statesmen, white governments, yeah, they took the land alright. I can't imagine Bishop Tutu saying that quote. His prayers are so generous and so ecumenical. But I know the quote is attributed to him. Is it out of context that makes me misread it?”

In general Wikipedia provides reliable information and in general email chain letters tend to be downright false, partly true, or outdated virus warnings. This widely reproduced photo of a shark swimming in a yard after Hurricane Sandy is a photoshopped hoax. Three websites that help sort truth from fiction are [factcheck.org](http://factcheck.org), [snopes.com](http://snopes.com) and [politi-fact.com](http://politi-fact.com).



As for the quote in the April Cryptogram, it is attributed to Desmond Tutu on several websites, but without a reference. The place to go is Wikiquote which does provide references. There the quote does not have the word “white” and the source and use is given. Wikiquote says:

“When the missionaries came to Africa they had the Bible and we had the land. They said “Let us pray.” We closed our eyes. When we opened them, we had the Bible and they had the land.” As quoted in *Desmond Tutu: A Biography* (2004) by Steven Gish, p. 101; this is a joke Tutu has used, but variants of it exist which are not original to him.”

**MAY CRYPTOGRAM**

by Herb Heineman

**B SXUQZBS XC CHVQHKQ ETH JQQSC**  
**B FZQBW MQUW WH TXC JQSSHE VBK,**  
**ETXNT MQUW TQ RZHRHCQC WH RBD**  
**HJJ EXWT DHGZ VHKQD.**

Underline the name of the author:

**F. FHZMHK SXMMD**  
**W. UHHKQ RXNLQKC**  
**P. ZGCCQSS BKMZGC**

Below is the solution to the April cryptogram.

WHEN THE WHITE MISSIONARIES CAME TO AFRICA  
 THEY HAD THE BIBLE AND WE HAD THE LAND.  
 THEY SAID "LET US PRAY." WE CLOSED OUR EYES.  
 WHEN WE OPENED THEM WE HAD THE BIBLE AND  
 THEY HAD THE LAND.

CECIL RHODES  
DESMOND TUTU  
 FREDERICK DOUGLASS

Please read "Checking the Facts" on the previous page. The correct solution was received from the following readers:

Helen Anderson, Catherine Barry, Maryann Beitel, Ruth Blattenberger, Judy Braddy, Marion Burk, John Caughey, Mary Chisholm-Zook, Gordon Cliff, Alice Culbreth, Mary Cullen, Liz Dill, Judy Fay-Snow, Molly Haines, Neil Hartman, Barbara Heizman, Pat Heller-Dow, Sue Isaacs, Jean Jordan, Sarah Klos, Mary Hope Mason, Helen Peterson, Betty Preston, Ruth Quackenbush, Doris Salati, Florence Sawyer, Peg Scott, Anita Solomon, Ellen Wiener, Barbara Zimmerman.

27 readers correctly identified the author.

Please send your solution via campus mail to **Herb Heineman**, 121 WSD, Lumberton, or email it to [hsheineman@gmail.com](mailto:hsheineman@gmail.com) by May 10.

**MEDFORD LEAS LIFE**

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