



Medford Leas *Life*

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ESTAUGH REDEVELOPMENT

by Beth Bogie



photo by Margery Rubin

At the September “Community Conversation,” CEO **Jeremy Vickers** introduced residents to the proposed plans for the redevelopment of Estaugh, the long-term care unit. The estimated cost of \$12 million, of which \$10 million will be for actual construction, is “very preliminary,” he said. Eighteen months of

construction will begin in the spring of 2013 and conclude with an Opening in the fall of 2014. Through this fall and winter, Medford Leas will be seeking requisite state approvals.

“This is the first time that it all has come together,” Jeremy said with understandable satisfaction. Before Jeremy became CEO of Medford Leas in 2010, there had been plans, but they tended toward the “grandiose,” he said. “This plan makes the most of what we have. It’s affordable. It’s the Scot in me that likes this plan.”

The Estaugh Redevelopment Fund has been established, beginning with the generous gift for the project from **George and Rolfa Rogers**, and followed by the gifts of two other donors. The Estaugh Board will determine whether financing will be required. A capital campaign will be initiated using present staff and volunteers.

A year ago Jeremy began working with an 18-member committee, including staff members from

every area of Medford Leas and residents **Betty Preston** and **Ruth Gage** who had experience with relatives in Estaugh. The Arboretum was represented by resident **Nancy Barton Barclay**, chairman of the Arboretum Oversight Committee. “We came together and worked very well as a committee,” Jeremy said. “Our goal was not only to have a plan,” he laughed, “but to actually do it!”

Jeremy hired architects Reese, Lower, Patrick & Scott, designers of several successful Continuing Care Retirement Communities who were well-known to him. Committee members visited a number of CCRCs to broaden their knowledge.

There were five main objectives: create more private rooms, provide residents with more natural light, give them greater access to the outdoors, build more storage areas, and separate memory support and “heavy” care of Estaugh into two different units. The plan achieves all five objectives.

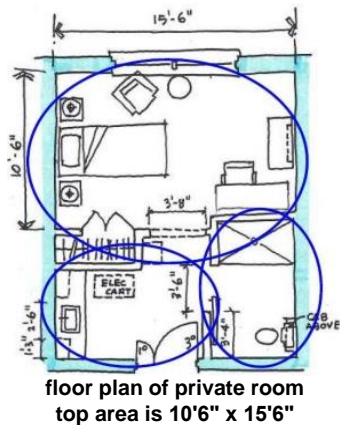
Currently, the physically impaired, such as stroke victims, and the cognitively impaired with varying forms of dementia are together in the single Estaugh unit. The new plan calls for three units: Expanded Assisted Living; the Memory Support unit in an extended Estaugh; and a New Heavy Care unit in what will be the extension of Haddon. Right now Haddon on floors 1 to 3 is entirely Assisted Living. This will continue; only the first floor will be extended for the Heavy Care unit.

Director of Health Services **Lisa Heinkel** expressed the happiness of the entire nursing staff over the plan. “This is the first time that nursing has had a voice in creating what a real memory support unit should be.” The Memory Support Unit will have its own secure garden with sitting

area. Indoors there will be greatly increased natural light. A dining room will be separate from a recreation area, which relieves confusion for patients. And a spa room will have a walk-in tub, aromatherapy and massage.

The reason for separating the physically impaired from the dementia patients is that the focus is different, Lisa explained. Care of each will be staff appropriate. Dementia training is different from training to deal with physical illness. Also, activities are different for the two groups of residents.

One of the most important goals was to have many more private rooms. In the new Estaugh, the Memory Support unit will have 11 private rooms and five semi-private.



The Heavy Care unit will have 10 private rooms and two semi-private – for a total of 28 rooms. Assisted Living will continue with its present population of 76 residents. The present Activities Room will open onto the Back Porch area as it does

now, but there will be a separate dining room.

The private room living space is large (see floor plan) with an additional entryway to park an electric cart. There are two sizeable closets. The bathroom is large enough to have a European shower, which can accommodate a shower chair and mechanical lift.

The semi-private arrangement (see photo) combines two large rooms, separated by a wall but without a door between. This provides a sense of privacy in each, yet openness, and can be ideal for a couple as well as two unrelated patients.

The redeveloped facility, designated entirely as Assisted Living, will have the same capacity as at present. It will be backed up, however, by the new Options program of home health care offered to residents who want to remain in their homes. At times there was a waiting list to get into Assisted Living; now there are as many as 100 residents

receiving some form of assistance in their homes, starting with companion services. This has taken housing pressure off Assisted Living. **Mary Ann Flatley**, director, Residential Health and Wellness, is in the process of hiring more staff in order to meet demand.

“Before home health care, the only choice was Assisted Living or Estaugh; now there are more varied ways of meeting needs,” Jeremy said. “Ultimately, we have to be ready for everyone, but Options may extend the period before a resident needs to move to Assisted Living.”

The nurses are very positive about the designation of Assisted Living for the Memory Support and Heavy Care units instead of the long-term care designation. Among the benefits are fewer constraints, more homelike atmosphere, and more choices in less institutionalized dining.

Perhaps one of the most difficult aspects of the redevelopment was the decision to eliminate Courtyard 19 and the need to ask six residents of that Court to move. “We recognize the sacrifice being made by those residents,” said Jeremy. “People are attached to their homes, and it is a wrench for them to move.” He said that Director of Resident Services **Tammy Gerhart** is in the process of helping them find other apartments they will enjoy and arranging the modifications they would like. Medford Leas will cover the costs and greatly appreciates their moving to accommodate this project.



Semi-private room with divider

*Life Lines***GOOD TO GO**

by Marcy Webster



Years ago, maybe as many as ten, I published an essay on senior travel which received a good deal of attention. I mentioned the nostalgia that comes with revisiting beloved venues and the bitter-sweetness of "one last time." I also talked about occasional hassles encountered along the way: those that might be minor to younger tourists but that can challenge, even overwhelm, someone older. At the time, I was rebounding from a daunting journey and my back, as well as my confidence, was hurting.

After the piece was published there was a considerable response. I believe it's now called pushback in political circles, but, at the time, it seemed like simple resentment from a lot of angry people who were offended by my implied slurs on their ability to travel independently.

Now that I've lived at Medford Leas for two years, I realize what those angry readers were trying to tell me: that a determined senior can go anywhere, do anything, and return home ready to talk about it and then, refreshed, start packing to go again.

George Rubin's recent sojourn to Nairobi has not lessened his enthusiasm for travel. In fact, he returned energized and intends to keep going, this in spite of the rigors of long hours in the air and the frustrations that have become standard in domestic airports. George admits that travel is harder now, but that fact was offset for him by the comfort and luxury of Emirates Airlines. On his flight to Africa he received first-class service in economy class, plus such amenities as gourmet food and a reproduction of the night sky projected onto the ceiling when it was time to sleep.

Only savvy and experienced travelers like **Allyn** and **Lois Rickett** could have weathered so well the circumstances of their recent adventure. Allyn, fascinated by two previous visits to Perce

Rock in Canada, planned a short daytime cruise from Perce. A guide at the harbor assumed the Ricketts to be bound for a ship that was about to embark on the last leg of a longer cruise. Misdirected, the Ricketts found themselves on this large ship rather than the smaller sightseeing boat they had expected. As time passed, they realized there was a problem. It seems they were headed for the mouth of the St. Lawrence with the next stop, Quebec City, scheduled for the next day, and their car stranded in the parking lot in Perce.

I can imagine the frantic reaction of a younger tourist, but the Ricketts were able to relax and enjoy the hospitality of the crew. They were given a stateroom, toiletries and a birthday dinner for Lois, complete with a cake and balloons. The tour company took responsibility for the mix-up, blaming a breach of security. They covered everything, including the Ricketts' flight to retrieve the car, although Allyn's sense of honor compelled him to tear up the check because "they'd been so nice." Far from being distressed, the Ricketts appreciated the kindness of the people they met. "We were taken care of," Allyn says. "We plan to travel again." In fact, they have a cruise scheduled for later this month!

Sue Thorp and her family, sixteen strong, take a trip each August. They plan it together and, although I pressed Sue to tell me tales of discord, she couldn't come up with any. Sue is aware of taking a somewhat smaller role as the younger people do more of the planning and take more control, but she finds it a pleasant and timely change. Sue mentioned, as Allyn did, that it's nice to be taken care of.

Inspired by these stories, and convinced that my earlier thesis was wrong, my husband and I are driving to visit family in New England for the fourth time since June. Not the way we used to do it: getting into the driver's seat in Moorestown and, without a break, climbing out in Hanover, NH, seven hours later, but with the trip broken into digestible bites. And hopefully the relatives at the other end will recognize, like Emirates Airlines and the Canadian tour company and the Thorp family, that older travelers need tender care.

COMMUNITY DAY 2012

text and photos by Betsy Pennink and Beth Bogie

The carnival atmosphere was everywhere. On September 29 the Medford Leas parking lot was transformed with tents, tables and chairs, and there were lots of activities. It was the eighth annual Community Day, a celebration for all ages. The children especially were having a heyday.



The longest line was for Dayna O'Brien, a professional party giver, who was painting small eager faces (and arms) with a brush dipped into her many pots of color. As Leyla Lewis had her face beautifully decorated, Raine Reynolds (center) studied it intently and waited for her turn. Leyla's great,

great aunt is resident **Lori Berliner**, while Raine is the granddaughter of resident **Fran Reynolds**.

Diane, wife of **Bill Murphy**, director, Operations, was also there with two of their five grandchildren, Sydney (left) and Charley, who had becoming pink and white designs on their cheeks



At the next table Jordan O'Brien, Dayna's daughter, entranced children with the way her nimble fingers took long, narrow balloons in a multitude of colors and created animals (giraffes, turtles and more) and crowns for small heads.

There was consistent laughter and squealing from the partially hidden Moon Bounce Castle on the grass among the trees. Inside the "Bouncy House," barefooted kids were jumping up and



down on its inflated base until they were exhausted. One, Elizabeth Zimmer, posed with her grandmother, new resident **Barbara Fiala** (see page 10), and showed off her balloon animal and the unicorn painted on her arm.

Meanwhile, in a corner of the parking lot, the Merchant Street Band played old favorites to a

large audience of adults. **Nanette Hanslowe** joined enthusiastically in singing "The Beer Barrel Polka," led by **Gerry Stride**, director, Therapeutic Recreation. Nan had already visited the "Make and Take" table, where volunteers had created a bouquet for her of various sprays from the Barton Arboretum



Smoke from three enormous charcoal grills and the delicious smell of hamburgers and hot dogs enticed the crowd to the barbecue lunch. **Corey Johnson**, sous chef, Dining Services, flipped some of the 800 hamburgers, while **Brad Mauger**, executive chef, laid out the next batch. In the background, **Nick Pucci**, dining room receiver, was grilling the 800 hot dogs.





Afterwards there was ice cream for dessert, which pleased two-year-old Jeffrey Herndon, son of **Jeff Herndon**, Maintenance. Jeffrey had just finished painting a pumpkin in the crafts section and was waiting for it to dry.

Inside, the Estaugh walkway was lined with tables with a wide variety of things to buy: secondhand books, Christmas decorations, flea market items and mums. **Gil Goering** and **Loretta Strassler** staffed a table with pieces from the Medford Leas Thrift Shop.



In the Activities Room members of the Berry Basket Quilters exhibited gorgeous samples of their handiwork, both large and small. Susan Painting worked on a wall-hanging she had brought as an example of their quilting. The group has been meeting for years at Medford Leas on every second Tuesday of the month and has an "outreach" program, which sends quilts to the soldiers at Fort Dix and to children at the local hospital.



Community Day is one of the many ways Medford Leas participates in the wider community and invites the public in to share our setting and our resources.

HOLIDAY SALES

KNITTING & SEWING GROUP

Wednesday, November 7

9:30 am – 1:30 pm in the Atrium

Baby layettes: caps, booties, sweaters, blankets.
Sweaters, scarves, caps for all ages,
Christmas stockings, wine bags, etc.
All hand-made.

Proceeds go to the Appreciation Fund.
Questions: Call Helen Hamilton, x3243

GIFT SHOP

Tuesday, November 13

9 am – noon in the Atrium

Specially featured items:

Works by artists Jim Shore and Marcia Steinbock include Shore figurines and Steinbock notecards with Burlington County scenes.

The Nature Center will appear in watercolor on individual cards and magnets. A framed picture of the Nature Center can also be ordered.

Volunteers will be available to assist shoppers.

A portion of the proceeds will go to the
Appreciation Fund

Questions: Jane Bartram, 267-7783

2012 GOLF OUTING

by Kitty Katzell

October 1 was a perfect day to play golf. It was cloudy and cool, and the 74 golfers who turned out had a great time at the Deerwood Country Club in Westampton. Two golfers won prizes for being "closest to the pin" – Joe Murray, who was a member of **Liesel Marcus's** party, on the 4th hole, and Dean Scarpa, from C&C Construction, on the 13th hole. Mr. Scarpa donated his prize money back to Medford Leas. At the 2011 Golf Outing, a single golfer, Kyle Herndon, was closest on both of those holes. (continued on next page)

During dinner the bidders, who had paid a total of \$2,430 to enter the silent auction, waited with bated breath to find out if their bids had been successful. **Diane Murphy**, **Bill's** wife, called out the winning numbers, and **Emily Chamberlain**, Accounting, **Lisa Minuto**, Operations, **Brad Mauger**, Dining Services, and **Taryn Ericson**, Reception Desk, delivered the winnings to those holding the lucky numbers. The prizes included fishing trips, golf outings, golfing equipment, art works, a coffee maker, and a wide variety of similar exceptional treats.



Taryn Ericson

Brad Mauger, Emily Chamberlain, Lisa Minuto, Russ Pepe

Then there was the 50-50, and that was won by **Janice Riley**, who works at Tender Touch, our new Therapy Department. She won \$450.

Medford Leas is grateful to those who sponsored the Outing. C&C Construction Mgt., Inc. was a Platinum sponsor. The Silver sponsor was H&H Landscape Management. There were three sponsors at the Bronze level: Tender Touch Rehabilitation Services, New Jersey Manufacturers, and Zinc Café. Liberty Builders Company sponsored the beverage cart, and there were 20 hole sponsors. Each level of sponsorship entitled the sponsoring organization to certain special perks.

The members of the Medford Leas Golf Committee who planned and organized the tournament were staff members **Jeremy Vickers**, CEO; Bill Murphy and Lisa Minuto, Operations; **Russell Pepe**, Information Technology; Brad Mauger, Dining Services; and **Bill Conte**, Security. Residents on the committee were **Wil Britten**, **Jim McConville**, and **Ben Paradee**. Staff assistants were **Mary Calabrese**, Central Supply; Emily Chamberlain, Accounting; **Donna Coonley**, Marketing; and Taryn Ericson, Reception Desk.

RUNYAN AND ADLER DEBATE

by Ellen Stimler

It was standing room only in the Medford Leas Theater on October 18 for a debate between Jon Runyan, Republican Congressman for the Third Congressional District, and his Democratic challenger, Shelley Adler, a Cherry Hill attorney and the widow of John Adler, who was defeated by Runyan in 2010.

This debate was organized by the MLRA Citizens Committee and co-sponsored by the League of Women Voters of Burlington County and the Jewish Council of Community Relations.

The candidates spent an hour answering questions submitted by the audience on written cards and from a special panel composed of Rutgers Professor Alan Tarr, Courier-Post Managing Editor Leon Tucker and Lumberton Campus resident **Carol Suplee**, a retired journalist.

Runyan and Adler offered different solutions to a wide range of issues and problems, including the future of Medicare and Social Security, job creation, assistance to small businesses, tax policy, the enormous deficit, deteriorating infrastructure, unemployment, the gridlock in Congress, access to women's reproductive services, the Affordable Care Act, student loans, deportation of immigrants, military assault weapons and the future of the United States Postal Service..

The two candidates agreed on two issues. Both want returning veterans to get every benefit and assistance needed to return to civilian life. They also agreed that women should be paid the same as men for the same work.

In her concluding statement, Mrs. Adler said she was better qualified to negotiate across parties to break the legislative deadlock. Congressman Runyan said his priorities are to get rid of the deficit and get past the "fiscal cliff."



MEDICAL RECORDS GO ELECTRONIC

by Suzanne Frank

The days of checking paper charts for proper doses of medication are over. **Cathy Oechsle**, RN, resident care manager for the Assisted Living unit, headed up a group of “superusers” in creating and rolling out Medford Leas’ electronic medication administration record, AOD (Answers on Demand). Superusers, according to Cathy, “are those [nurses] who were chosen based on computer knowledge, eagerness and commitment for the future of electronic medical records, as well as the willingness to instruct their peers.”

With the help of **Russell Pepe**, manager, Information Technology, **Susan Kensill**, chief financial officer, and **Lisa Minuto**, coordinator, Operations, Cathy and her team were able to fulfill a portion of the state mandate for electronic medical records way ahead of deadline. “Our goal is to have a complete electronic medical record for each resident.”



Superusers, left to right: **Michelle Harding**, LPN; **Cathy Oechsle**, RN; **Kim Herndon**, CMA; **Theresa Thompson**, LPN; **Patty Jarvis**, LPN; **Kathy Pliskin**, LPN (Rear); **Tamra Heller**, LPN. Not pictured are **Evelyn Burger**, CMA; **Grace George**, RN; **Andrew Jelesiewicz**, RN; **Jan Schieber**, LPN; **Ted Taylor**, LPN

What this really means is that on the medical floors a resident’s practitioner or nurse will now input medical orders as they occur into AOD and thus create the resident’s computer medication and treatment record. The AOD system will be interfacing with the new pharmacy software QS1. Pharmacy, which helped with this transition by exporting current medications into the new system, will be able to double-check a new prescription against a resident’s allergy history, for example, before dispensing medication.

The software has built-in duplicate medication therapy checks, as well as monographs (drug in-

formation) that can be easily viewed for each medication. A great positive in this new system is that the medical department will not have to deal with illegible handwritten dosage prescriptions as all new information is typed into the records. Quality improvements, audits, and plans have been implemented to evaluate/monitor for accuracy.

“I’ve had tremendous support from all my Assisted Living staff, as well as Director of Health Services **Lisa Heinkel** and Director of Nursing **Julie Smith**,” Cathy acknowledged. “The enthusiasm is great to see. Teaching our 11 nurse superusers (RNs, LPNs and CMAs) was a wonderful experience. We were able to demonstrate the knowledge of the system and the ability to retrain the staff who had not been trained. It was fun and challenging to teach during and after work. The hardest part of going ‘live’ was inputting and verifying the data. To see it in action is very gratifying.”

At the present time, only Assisted Living has gone “live” with this system, but there are plans to complete implementation in Woolman and Estaug by mid-November.

According to Cathy, the electronic system can decrease errors and allow for more efficient time in administering medications. To assist with continuity of care, a user can print out a medication list as well as those already administered within a shift. This is of great benefit to residents who may have to go to the hospital or for outside practitioner visits. The software used is an integrated system and can be used across the continuum – that is, can be expanded on, when needed, by many departments in the future.

SPECTICAST: WAGNER, ELGAR, BRAHMS

by Beth Bogie

The young American cellist Alisa Weilerstein will be the featured artist in a SpectiCast presentation on Sunday, November 11, at 2:00 pm. She performs with the Berlin Philharmonic, under the baton of Daniel Barenboim, in a concert recorded live on May 1, 2010 from the Sheldonian Theater at Oxford University.



Awarded a “genius grant” by the MacArthur Foundation in 2011, Alisa, age 29, has gained international recognition for her performance of both traditional and contemporary music. She has been a soloist with the world’s most prestigious orchestras, receiving acclaim for her technical precision combined with impassioned musicianship. In the program from Oxford, she will perform Sir Edward Elgar’s *Cello Concerto in E minor*.

Conductor Barenboim will also lead the Berlin Philharmonic in a presentation of Richard Wagner’s *Die Meistersinger von Nurnberg; Prelude to Act III* and Brahms’ *Symphony No. 1 in C minor*.

The entire concert was covered rapturously by critics. Tom Service for *The Guardian*, for example, stated, “The subtlety and insight of Daniel Barenboim’s May Day concert with the Berlin Philharmonic in Oxford defied criticism.”

Coincidentally, Oxford was the home of famed cellist Jacqueline Du Pre, who in the past gave a legendary performance of this Elgar work and who was married to Daniel Barenboim.

The concert is one of the annual celebrations of the Philharmonic’s founding on May 1. The setting, Sir Christopher Wren’s Sheldonian Theater, erected from 1664 to 1668, is considered “one of the architectural jewels of Oxford.”

Alisa Weilerstein started playing the cello at age 4 and debuted at age 13 with the Cleveland Orchestra. In addition to playing with other major orchestras, she is also active in chamber music with her violinist father and pianist mother who have formed The Weilerstein Trio. Her brother is a violinist and conductor.

Alisa also managed to earn a BA degree in 2004 from Columbia University in Russian history.

Sources: MacArthur Foundation, Wikipedia, *The Guardian*, among others.

VOLUNTEER IN A CHAIR

text and photo by Betsy Pennink



Sally Klos says, with a smile, that she can’t say no to requests to volunteer. Actually, her interest in helping others began years ago when, as a child, she often accompanied her pastor father on visits to his parishioners, many in need of cheering up. Now Sally herself is handicapped by an inability to get around except in an electric wheelchair, because hip surgeries have left her dependent on it and various walkers. However, this has in no way cut down on the help she gives others.

Sally arrived at Medford Leas in 2004, two years after her husband Frank died. He was a Lutheran pastor and had preached regularly at Vespers here. Unfortunately, Sally soon found herself in Woolman, recovering from surgery. On a visit, **Helen Hamilton** suggested that Sally put tassels on baby caps made by the knitting group. Not only does Sally still make those tassels, but she also knits and puts tassels on tiny caps for premature babies at Virtua Memorial Hospital in Mt. Holly.

Ellie Stimler interviewed Sally for the Who’s New column in *Medford Leas Life* and discovered that for years she had written church-related curriculum and program resources for the Lutheran

Church in America and for the National Council of Churches. Sally agreed to write an occasional column for the newsletter and to become a regular proofreader. She is now a proofreader for *Leas Lit* as well and a contributor.

On Friday afternoons Sally helps residents in Estaugh contact family through Skype, the computer program for talking to and seeing the other person at the same time. The happy smiles on the faces of everyone give her great pleasure. In Estaugh she also reads mail to another resident and has now begun reading books to him, too.

Sally "needs things to do." She goes water walking in the pool three times a week. It's a great success. She can actually exercise without pain. She also plays pool once a week, balanced by her walker and the pool table. It takes her back to her teenage days playing pool at the USO.

Sally has taken on a new responsibility: chairperson of the Diversity Committee, another job she can do from her chair. She is a continuing member of the Movies Committee and a new member of the MLRA Nominating Committee. As to this story of her volunteering, she says that "if it helps somebody who's handicapped realize that perhaps there's something they can do," she'll be pleased.

ART GALLERY NEWS

by Helen L. Vukasin

The Art Studio Gallery opened a whole new fall show on Monday, October 29, with a gala reception in the Art Studio Gallery of the Medford campus Community Building. Some 27 artists participate in these semi-annual exhibitions. The exhibit is open to all resident artists whether they paint in the Art Studio or elsewhere.

The exhibit includes a photography section with work by many excellent photographers at Medford Leas. Part of the show this time will include a number of **Beth Bogie's** photos of "Beautiful

Burma (Myanmar)," which were taken on her visits there in 1999, 2000 and 2003. Each photo is accompanied by an explanation.

As usual, about 100 residents came to look at the paintings and photographs and to nibble on the homemade finger sandwiches and cookies. If you missed the party, the works will be hung for the next six months for your pleasure while wandering the ground floor halls.

During November, the South Jersey Camera Club will have its annual exhibit of photographs in the main Art Gallery in the lobby of the Theater. The Club meets in the Medford Leas Theater on the third Tuesday of each month and is organized to unite people with similar interests so that they may exchange ideas and expertise and enhance their skills. Their meeting will be held on Tuesday, November 20, at 7:30 pm. The meeting is open to the public and to all Medford Leas residents.

On the Lumberton campus, a very special exhibit of an unusual painter, Ruth Skowronek, will be hung through January. Meet Ms. Skowronek at the wine and cheese reception on Friday, November 9, from 4:00 to 5:30 pm, in the Art Gallery of the Community Center.

WELCOME TO THE COURTS

"I like not having to cook any more dinners," said **Betsy Snope**; "and I enjoy the socializing at the evening meal," added **Frank**. While reluctant to leave Bridlington and the friendships they formed there during the past six years, they look forward to the convenience and comfort of their new home in Apt. 31 in the Courts.

Frank finds it easier to get to exercise in the Fitness Center and to the Physical Therapy Department. He used to chair the MLRA Health Committee and now continues as a member. He is also a member of the Monday Night Movie Committee and has joined the SpectiCast Committee.

(continued next page)

Betsy's passion is tapestry weaving, and she has a small weaving studio in the new apartment. There she keeps several looms, a cabinet for weaving paraphernalia, and specially built short shelves all along the walls to hold dozens of yarn spools in every imaginable shade.

Above the sofa in the living room hangs one of Betsy's finest works, a tapestry picturing her and her three sisters drinking tea in a tea room. It is so lifelike, you expect one of the sisters to ask you for a refill. This work of art took one year to complete.

Betsy belongs to a group of tapestry weavers who meet with two world-renowned tapestry artists in New York City on a regular basis to receive advice on any current problem and to discuss ideas and activities with each other. Betsy is a member of the South Jersey Guild of Spinners and Weavers, who meet in the Fiber Arts Room at Medford Leas. She also serves on the Reserve Fund Committee and the MLRA Hospitality Committee.

Frank and Betsy have four sons and six grandchildren. One son's family lives nearby in Hainesport.

Ellen Stimler

WHO'S NEW



photo by Margery Rubin

Barbara Bonney Fiala moved into Apt. 652 in mid-August from Moorestown, where she had lived for 36 years.

She grew up in Madison, NJ, attended local schools, and then completed a paralegal course at the Katherine Gibbs Business School in New York City. She met

her future husband, Howard, on a blind date while he was studying for an accounting degree at Lehigh University.

After their marriage in the '60s, they lived in Nutley, NJ. Both worked in New York City, Barbara for a law office and Howard as a CPA for the accounting firm Deloitte & Touche. Barbara stopped working to raise their three children who are now married and living in Maryland, Vermont and California.

In 1976 the family moved to Moorestown when Howard, now a partner at Deloitte, was transferred to the Philadelphia office. Sadly, he died in 1986 at age 47.

Barbara made a new life for herself with a variety of challenging activities. She continued gardening in their large greenhouse, volunteered in the local school system, worked part-time in a law office, and joined the Moorestown Rotary Club. She was very active at Virtua Memorial Hospital in Mt. Holly, with the Curtis Auxiliary Biomedical Ethics Board, the Investigational Review Board for Experimental Medical Treatment, the Virtua Foundation, and on the Board of Trustees of the Howard S. Fiala Lecture Fund. Virtua Foundation set up the Fund in memory of her husband.

Barbara was honored by a four-year appointment by the New Jersey Supreme Court to a special fee arbitration panel. This no-cost service is aimed at avoiding costly lawsuits. Barbara and two lawyers meet monthly at the Burlington County Court House to hear fee disputes between clients and lawyers. If the panel reaches a decision, it is final. Rarely do the parties go to court.

Barbara has attended over 250 concerts of the Philadelphia Orchestra, sung in various church choirs, and loves to travel. She is proud of her English Cody family heritage, which she traces back to 1653 in Beverly, MA.

She has one adult grandson and is the honorary grandmother (Bebe) of two preschoolers, children of close family friends who live nearby. The four-year-old joined her for Community Day at Medford Leas and loved the Moon Bounce House. Barbara has fond memories of the woodlands of Madison and chose to move to Medford Leas so she could be back among the woodlands and nature she enjoys.

Ellen Stimler



photo by Margery Rubin

Miriam Young Feyerherm, Apt. 182, came to Medford Leas from Chestertown, MD, where she had lived for five years, in order to be close to her daughter at Washington College. There she was a member of the Chester River Friends Meeting. Now back close to Moorestown, where she had

worked for many years, she has applied to transfer to the Moorestown Friends Meeting.

Miriam's main interests are programs working for peace and justice. She has already joined the MLRA Diversity Committee and is looking into the T.I.M.E program for mentoring special-needs students in Mt. Laurel elementary schools for one hour a week.

From a religious family in Iowa, Miriam went to parochial school, a public high school, and then to Concordia Teachers College in Chicago. After teaching in a one-room school in Illinois for five years, she moved to New Jersey and taught first and second grades in Pennsauken. She met her husband, Marvin, an electrical engineer at RCA, at a Lutheran Church, and they were married in 1959. They lived in Mt. Laurel in what is now the Alice Paul House.

When the youngest of their three children was three years old, Miriam was hired by Moorestown Friends School as a first-grade teacher. After receiving a master's degree in library science from Glassboro Teachers College in 1976, she became lower school librarian at Moorestown Friends and attended the Moorestown Friends Meeting. She started a special group called "Kids for Peace" and wrote a booklet about their activities, with many of her own pictures.

When Miriam retired from Moorestown Friends in 1989, she and her husband moved to Randolph, VT, where Miriam worked as a children's librarian in the local public library. Several years after Marvin's death in 2000, Miriam moved to Chestertown.

In her apartment Miriam has a wall-high "peace pole," which is inscribed with "May Peace Prevail on Earth" in Russian, Japanese, and English.

Ellen Stimler

* * * * *



photo by Barbara Degler

Judy Benham Aley moved to 218 Woodside Drive from Chesterfield Township. Judy grew up in Ohio and joined the Air Force after graduating from high school. She came to New Jersey when she was transferred to McGuire Air Force Base. In the Air Force she met and married Edwin Aley, who served at McGuire. Judy and Edwin brought up

Edwin's three children, a son and two daughters, adults now with successful lives. After 35 years of marriage, Judy and Edwin divorced.

While in the Air Force, Judy earned her BA in English from Trenton State College. After receiving a master's in library science from Rutgers, she worked for the Burlington County Library system for 28 years, 16 of them in the Pinelands Branch Library in Medford. There she served as head librarian.

Judy has maintained an active interest in local history. She is a member of the Questers, a society that visits and restores historical sites. For example, they raised funds for the restoration of the one-room schoolhouse in Medford. She is also a member of the Medford Historical Society and serves as secretary of the League of Historical Societies of New Jersey. Two other interests are the D.A.R. and Friendship Force. In her spare time, Judy enjoys reading, gardening and sewing.

Kay Cooley

IN MEMORIAM	
Marion Jones	October 13
Joan Lloyd	October 17

NOVEMBER CRYPTOGRAM

by Herb Heineman

QV VGCKN BGV VXLV, LV NBRQLD
 TLVXOCQKTN, LN L NBGCRO BH
 OKVOCVLQKWOKV, RBKMQMQLDQVE,
 LKJ TBBJ HGK, Q CLKANBWOZXOCO
 FOVZOOK L NYCQT BHYLCNDOE
 LKJ L NQKTDO QRONALVO.

Underline the author's name

- HCQOJCQRX KQOVUNRXO
- JBCBVXE YLCAOC
- JBKLDJ VCGWY

Below is the solution to the October cryptogram.

I LOVE YOU WHEN YOU BOW IN YOUR
 MOSQUE, KNEEL IN YOUR TEMPLE, PRAY IN
 YOUR CHURCH. FOR YOU AND I ARE SONS
 OF ONE RELIGION, AND IT IS THE SPIRIT.

- MOTHER TERESA
- KHALIL GIBRAN
- MAIMONIDES

The correct solution was received from the following readers:

Maryann Beitel, Ruth Blattenberger, Marion Burk, Jody Cardona, John Caughey, Gordon Clift, Alice Culbreth, Neil Hartman, Barbara Heizman, Pat Heller-Dow, Sue Isaacs, Helen Peterson, Betty Preston, Ruth Quackenbush, Anita Solomon, Doris Salati, Peg Scott, Miriam Swartz, Ellen Wiener. Twelve correctly identified the author.

Please send your solution via campus mail to Herb Heineman, 121 WSD, Lumberton, or email it to hsheineman@gmail.com by November 10.

MEDFORD LEAS LIFE

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