



Medford Leas *Life*

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QUAKER MEETING IN KENYA

text and photo by George Rubin

(Editor's note: Last April, Quakers gathered from many nations to discuss face-to-face how to address the problems of a "broken world." George Rubin attended and shares below some of his experiences.)

I will try to express in words what it felt like to be in Kenya with over 850 Friends from 51 countries – to be immersed not only in the diversity, but also in the cacophony of so many languages, the differences of culture, gender and age. The theme of the World Conference of Friends – “If we are the salt of the earth...how do we fix ‘a broken world’” – helped us focus on solutions. Twenty-one Friends from Pennsylvania, southern New Jersey and Delaware attended. The last such conference took place in 1991 in three locations: Latin America, Europe and Africa.



George Rubin, second from right, with fellow conferees

We met for nine days at Kabarak University in Nakuru, the fourth largest city in Kenya. The conference was located on a 600-acre farm in the Rift Valley on a high plateau over 6,000 feet above sea level. My roommate was John Norris, a Friend from Ft. Wayne, IN.

There was a theme for each day, led by Friends from East Africa, The Americas, West Pacific,

Europe and the Middle East. We also met in “home groups” for Worship Sharing. This was one of the most important parts of the conference for me. We left with many individual stories and new friendships. I now have Friends from many places: India, New Zealand, Kenya, Uganda, Myanmar, Great Britain and Ireland.

Evening sessions included speakers, interspersed with business meetings. And there were “Thread Groups” dealing with many different subjects.

At mid-week we were given our choice of excursions to provide a break from those intense sessions. I chose a trip to the Nakuru National Park. Having a chance to see the African landscape in its natural state, and realizing that it had been this way for thousands of years, gave me a sense of my small place on this beautiful planet. I stood on the shore of the large Lake Nakuru and wondered, how do we, the Quaker family, ensure that this land, the lake and the country, and all human beings, not only survive but continue to live in harmony and peace.

I came away from the Friends World Committee for Consultation (FWCC) reflecting not only on our amazing diversity but the realization that we have so much in common that needs nurturing.

There are more than 600,000 Quakers in Africa. These are the new, young Quakers who are searching for something that has meaning and substance beyond what their fathers and grandfathers learned from missionaries in the past.

The voice of women in Africa is louder, larger and very articulate about the future needs of Quakers.

The stories of Friends from Burundi, Rwanda and Uganda about the holocaust that destroyed their families and villages were heart-rending; yet they

were working toward peaceful reconciliation between tribes, clans and all people through non-violent techniques.

What was started by missionaries a century or more ago is now being passed on to the younger generations in the form of social action and education and through the Alternatives to Violence Project (AVP).

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## Life Lines

### WHAT I DID LAST SUMMER

by Marcy Webster



Remember those September essay assignments? They were a predictable tactic of fourth-grade English teachers. I don't know about you, but I never did much. I seemed to spend long segments of those hot days just lying around – lying on my bed,

reading or listening to the 950 Club on the radio, lying in the grass eavesdropping on my gossiping mother, or lying in the sun destroying the future of my pale Celtic skin. I'm sure my reminiscences didn't make an interesting essay.

If there were any vacations taken, they were limited to my parents. Those were the days when kids were left at home while mothers and fathers, who saw plenty of their children, called on grandparents to take over while they escaped together.

It's different now. Families, divided by work during the week, plan their weekends and trips with kids in mind. Everywhere you go, there are families traveling together. The generations must take turns suffering, the children at nine o'clock dinners in sophisticated restaurants and the adults wilting in Disney theme park lines during the day. Today's children are immensely well-traveled. I have grandchildren who have been snorkeling on Australia's Great Barrier Reef, pony trekking in Iceland and studying on the Amazon. My greatest childhood adventure was waking in the middle of the night to raise the heavy green blind of my

Pullman berth and to look out at a nameless sleepy Southern town. We were on our way by Atlantic Coastline Railway to Central Florida. That was the limit of my travel experience until, at the age of 55, I went with my husband when he won a work-related trip to Ireland.

I loved it beyond words. And, once exposed, I caught the fever. We were hardly back at home before I sent for catalogues and began collecting maps. I loved traveling then and I love it now. I love the beginning of the plan, the research, the itineraries, the piles of clothes on the bed. I love immersing myself in it before, during and after.

Here, at Medford Leas, there are many lifelong travelers, so I do more listening than talking. Compared to the average resident here, my travels are modest, parochial and dull. But they're mine. I can remember the slapstick train trip in Italy, the rented manse in Scotland, the vineyards in the Okanagan, and so I listen without envy to the stories of Northern Nigeria or Tibet or Tierra del Fuego. (Perhaps there is a little envy.)

This June we had a perfect week in Vermont: grandchildren, museums, cool nights, even supper on a riverbank. But, towards the end of the trip I noticed something. The bathroom in the wonderful, five-star hotel was not as safe for my senior body as the one in our apartment in the Courts. The exotic meals were a little hard to digest. The pace of the group was a bit fast for my comfort. It felt good to get back to Medford Leas. I spent the rest of the summer lying around.

### COMMUNITY DAY

A day for young and old alike, Saturday, September 29, from 10 am to 2 pm. Free fun, food and activities. Events include a Moon Bounce for kids, fitness activities, pumpkin painting, balloon artist, quilt show, used book sale, flea market and barbecue lunch, along with music of the Merchant Street Band. Great event for family and friends.

## PEACE VOLUNTEER IN NIGERIA

by Ellen Stimler

**Toby Riley**, who has been a long-time activist volunteer in the Alternatives to Violence Project (AVP), spent three weeks in Northern Nigeria this summer, leading workshops in several cities, at the invitation of a similar Nigerian organization called Carefronting Nigeria.

The AVP organization was started in 1975 by Quakers and is now in 55 countries.



Toby had met Maji Peterx, the leader of Carefronting, at an international AVP conference in 2002. The two men stayed in touch, and Maji visited with Toby at Medford Leas last year, participated in AVP activities, and plans to come back here later this year.

Maji invited Toby to conduct several anti-violence workshops, against a background of many violent incidents reported in news media. Christians were staying away from church services because of bombs set off in some churches by Islamists; and “armed assailants set off a burst of violence that left at least 56 people dead over the weekend in Christian villages.”

Maji selected locations in northern Nigeria, including Kaduna, its capital, for the three workshops to be conducted by Toby and two other American AVP volunteers. One workshop was in a prison, the others in different communities. Through various exercises, such as role-playing, Toby said, “we are trying to show that everybody has the ability to change, and make our participants understand that they have this transforming power within themselves.”

Toby has heard that at least one high-level prison official and possibly others are planning to continue the workshops.

## SUMMER CRUISE ON GREAT LAKES

by Kitty Katzell

My one-week Great Lakes cruise started in Detroit and ended in Chicago, with stops along the way to visit scenic and historic places. It was perfect – the weather, the people, the boat, the program, the scenery, the food, everything. It rained only once, and that was during the night.

The trip was sponsored by *The American Spectator* and *National Review* magazines, and they had speakers on the program, sometimes two or three in a day. All were dynamic and well-informed, and the discussions were lively. There was also a speaker who was expert on the Great Lakes and on shipping, and he spoke four times during the week.

The cost of the trip included all of the outings along the way. One of my favorites was a visit to Stratford, Ontario, the site of the Shakespeare Festival. There, we toured the warehouse where they store all the costumes, props, and sets for the shows. It was truly fabulous! Another highlight was an Ojibwe First Nation village, where they demonstrated a couple of religious rites and then put on a pow-wow in full regalia. The most thrilling event for me was a ride on a dune buggy over the sand dunes on the eastern shore of Lake Michigan.

Although it turned out I had broken a bone in my foot the first day of the cruise, I didn't know that until I got home, so it didn't keep me from enjoying everything I wanted to do. The Great Lakes are an unappreciated American treasure, very much worth visiting.

### MEDFORD U. CHANGE ALERT

The Medford University fall course, “Modern World Literature,” taught by Dr. Rafey Habib, will be held on six Tuesdays, instead of Mondays, from 3:30 to 5:00 pm, beginning September 11. Classes will be held in the Theater.

**Kay Cooley**



## PROJECT "RAISED GARDEN"

by Betsy Pennink, photo by Rick Trandahl



The raised garden with (back row) Davis Henderson, Bob Hesse, Norman Jones and Tom Roberts. Front row: Ruth Spendelow, Bill Scull, Debbie Lux, Vince Piecyk, Bob Thode, and Bud Stratton.

The members of the Men's Club, led by **Rick Trandahl**, Fitness and Aquatics, wanted a vegetable garden. The challenge: some would be gardening in wheelchairs. The obvious solution: a raised bed. Rick checked online and found that a ready-made one would be very expensive. **Debbie Lux**, Landscaping, suggested building one.

On a visit to Home Depot, armed with a coupon and a discount, Debbie purchased some inexpensive vinyl siding and 2x4 lumber. Then she approached **Alex Webb**, **Jim Knapp**, and **Tom Roberts** in the Residents' Workshop. Ever willing to try anything, they agreed to build the box for the raised bed. They planned carefully and measured meticulously; it took them two and a half days to cut the pieces. "We thought it would be simple," says Tom, "but it took longer than we expected. We used Debbie's new material, but we also recycled some old siding from the Courts."

On June 12, Tom and Alex carried the pieces to the spot Rick had chosen for the garden, the flat stone surface outside the window of the exercise

studio. They put the 2x4s into holes prepared in a square, with each side measuring over 6 feet, and standing over 4 feet high. The following day Debbie and her helpers filled the box with wood chips, compost and mulch. Debbie had the seedlings ready. Everything was waiting for the gardeners.

**Bud Stratton** and **Davis Henderson** helped fetch the club members. "Each started to work as soon as he got there," says Rick. "The position of each man determined what plants he put in."

**Bill Scull**, **Bob Hesse** and **Norman Jones** planted the tall seedlings of the three different varieties of heirloom tomatoes in the back, while **Bob Thode** and **Vince Piecyk** worked on the peppers, eggplants, and strawberries in the front. Debbie also added a few sunflower and lettuce seeds. Everyone agreed that the raised bed was a perfect height.

Watered by Debbie and Rick, the plants began to grow immediately. The gardeners visit them regularly and hope for a good harvest.

*Leas Wild Animal News***MAKING WAY FOR DUCKLINGS**

text by Beth Bogie, photos by Perry Krakora

The hottest news of the summer was the discovery of “Mama Duck,” a mallard, sitting on a nest of eggs among plantings on a nearly four-foot high wall at the busiest intersection of traffic in the main parking lot. The wall separates parked cars from all the vehicles picking up and leaving passengers at the entrance of the Community Building. Medford Leas buses, landscaping vehicles, cars of visitors and residents all sped by “Mama,” while she, unruffled, sat patiently on her brood. She returns every year, but evidently never in such a strategic location.

**Debbie Lux**, Landscaping, found her when starting to remove winter pansies, which “Mama” had picked out as useful camouflage. I saw them in crossing the parking lot on June 10. I hurried home for my camera and then called **Perry Krakora**, member of the campus paparazzi with a better lens than mine. “Perry, there’s a duck at the main entrance sitting on her nest. Can you get her!” Perry soon managed to come in from the Jersey Shore and grabbed a shot of our feathered celebrity. By now Medford Leas was absolutely abuzz with talk of “The Duck.” AFLAK duck, step aside!

On June 20, I received an urgent call from **Betsy Snope**. “Perry can’t be here this week, and would like you to get a photo of ‘Mama’ sitting under a big green umbrella.” Perry had placed it over “Mama” to protect her from the searing sun.



“I’ll get right on it, Betsy,” I said and hurried to the main parking lot with my camera.

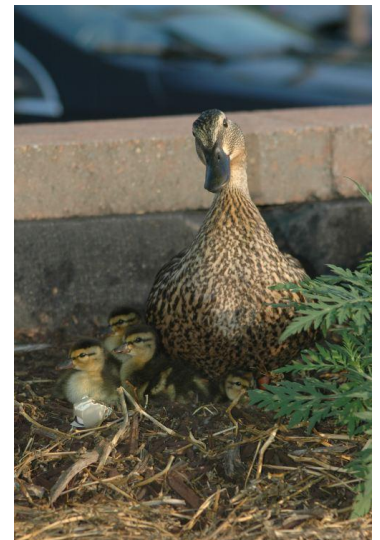


Next day calls came from **Kay Cooley** and **Susan Dowling**. “Have you seen the bales of hay at the wall to cushion any fall of baby ducklings when they arrive and try to get down to the pavement four feet below?” I grabbed my camera and said, “I’m on my way.” **Jim Wolosin**, head of

Maintenance, had designed steps of hay from the top of the wall down to the pavement, with soft straw on the sides in case the ducklings fell off the steps.

Everybody was talking about “Mama” duck. Companions in Estaugh and Assisted Living brought residents in their wheel chairs or with walkers to see what all the excitement was about. Residents peered at “Mama.” She was alert but calm. Only occasionally did she hiss when someone got too close. Everyone waited with anticipation for the day of birth.

On July 1, four baby ducklings broke out of their shells, and proud “Mama” posed for family portraits. Then, as suddenly as they arrived, the babies were seen to jump off the back of the wall, falling the four feet to the pavement, ignoring the cushioning straw in front of the wall! No one knew where “Mama” and her kids went, but many suspected that they had headed for nearby Rancocas Creek. We hoped they would survive the predators that could not get at the ducklings when hatched in the busiest intersection of the Medford Leas parking lot.





## TURTLE TALK

No sooner had the ducks disappeared than a very large, angry snapping turtle was found one evening in Court 10, probably seeking refuge from the building of an observation walk at a small pond just outside Court 10. **Ruth Spindelov**, who discovered it, got **Jean** and **Bud Stratton** to come and look. "The turtle was flat, rather dusty looking, with a dinosaur tail and large feet," Jean said. They called the Woodford Cedar Run Wildlife Refuge for advice. "Give it lots of space and don't move it. It probably knows where it's going," said a counselor. Jean and Bud went off to dinner, reassured.

Soon **Bob Costigan**, Security, got a call to come and "capture the turtle." Said Bob, "The turtle saw me, and he was mad – not a happy turtle." He was up against a wall, and Bob could not budge him. He measured the turtle: fourteen inches from nose to end of tail with a 10-inch-in-diameter shell.

Bob had to leave to answer another call.

That evening the angry turtle left Court 10 and crossed the main parking lot. He was found by the night shift coming on at 11:30 pm. The turtle was so big he had opened the automatic doors of the main entrance and was waiting inside by the U.S. mailbox.

He may have known where he was going, but was intercepted by **James Howard**, night Security, who took him to Rancocas Creek. A now surprised turtle was heard to say, "This is exactly where I was headed!"

**B. Bogie**

### WHAT TO RECYCLE???

Come to the Theater on September 18 at 11 am and hear the County's update on its recycling program. All recyclables will be exhibited, and the number system on plastics will be explained.

**Resource Conservation Committee**

## BILL MURPHY CELEBRATES 40 YEARS

text and photo by Beth Bogie

"There I am at 22, and here I am at 62." **Bill Murphy** pointed proudly to two photos of himself on a nearby easel as he received residents and employees at a June 12 party marking his 40 years with Medford Leas. As director of Operations, Bill has his hand on the pulse of seemingly everything – Maintenance, Central Supply, Environmental Services, Landscaping, Security, Information Technology, Medical and Dining Services needs, and every construction and remodeling project.



(Left to right) Craig Gower, Bill Murphy,  
Kevin Crain, Jeff Herndon

How he began his career at Medford Leas in 1972 is a story in itself. He had just come out of high school and four years in the Air Force and was working for a phone company, Global Telephone and Data Services. The job one day was at Medford Leas in Courtyard 14. At the end of the day his boss told him Global Telephone was going bankrupt, and this would be his last pay check.

Bill liked what he saw at Medford Leas. "I walked into the office of the assistant administrator and asked about a job." The offer was work as a painter. "I can do that," Bill said. They soon learned that he was also a phone installer. The rest is history.

At that point, Courtyards 1 through 15 were the only buildings completed. Courtyards 16, 17 and

18 were under construction, as were the Community Building, which opened in 1972, and Estaugh (long-term care), which was being completed. There were only two in Maintenance – **Leroy Bunning** and Bill. “Medford Leas was smaller but still a lovely place,” Bill recalls.

In April 1985, Bill became head of Maintenance and in May 2001 head of Operations.

Looking back over his 40 years, he said that “the biggest job is moving residents.” And the biggest in that category was moving residents from Woolman Commons in Mount Holly to the main campus in 2003. Wrote **Kay Cooley**, one of those residents, “Leaving behind a loved home at Woolman Commons...wouldn’t have seemed like much fun were it not for Bill’s heartfelt interest and his energetic determination to find just the right match between residents’ wishes and available stock.” (*Medford Leas Life*, November 2003). Other residents were soon to write their own testimonials to his thoughtful care. A motivating factor, Bill said with a smile, “was the \$1.5 million sale price for the Commons.”

No less important is all of the construction that Bill has been heavily involved in. He views his role as that of project manager. There was Woolman (skilled nursing), and Haddon (assisted living), the Rushmore and Bridlington residential sections of the campus as well as many more Courtyard apartments, the Lumberton campus, the Theater and the Library, the Nature Center, Coffee Shop and the Arts and Social Wing. Going forward, there will be the remodeling of Estaugh.

“My job is to make sure Medford Leas gets everything it pays for,” Bill says. On each project, he meets with the architect, the builder and residents. He goes after the best price, as well as quality, among three bids; sees that the job is done on time – scheduling; and deals with state and federal regulation. “I’m good at construction sequence, but scheduling is the hardest.”

He reflected, “Building Lumberton in 1998 was the most challenging – 110 homes in 18 months.”

Technology is the most important change over 40 years. Bill knows low-voltage electrical work, plumbing, heating and air-conditioning and has learned a lot about computers, but, he says, Medford Leas also brings expertise from outside, such as that of **Russell Pepe**, director, Information Technology. “Today we have touch screen pads and an electronic point-of-sale system. We depend on each department head to stay current with technology.”

Bill expects the newly installed solar system in the four main buildings to bring a 10 percent savings in the monthly gas and electric bill of \$30,000. “Jeremy,” he says, “also has a good knowledge of technology.”

Bill enjoys working with **CEO Jeremy Vickers**. “He’s smart, makes a good decision and sticks with it.” Bill emphasizes the “sticking with it.” Jeremy “also has a good sense of humor.”

Bill’s handling of massive weather challenges, his backstage tours of operations for residents, and above all, his off-key singing at each of the 30 or more employee Holiday Shows for residents are legendary. But his dealings with people, both residents and employees, top everything. “I treat people the way I want to be treated. – and employees the same as residents. And I treat all residents the same. It’s all business.”

It may be all business, but Bill’s pleasure in his dealings with the residents is always apparent. Residents often exclaim over his ability to remember their names and unit numbers. “I’m strong with customer service,” he says, “and doing things properly.” His speed of response to a request is well known. “We’ll get right on it,” are his familiar words. His loyal staff exhibits the same responsiveness.

What is the secret to his longevity at Medford Leas? “There’s always something different happening,” he says. “Besides, it’s a nice place to work.”

Bill grew up in Collingswood, but lives now in Tabernacle. His wife, Diane, has been supportive of his 24-hour response readiness and frequent 12-hour days. They have five grandchildren.

## A LOOK INTO MEDICAL

by Suzanne Frank, photo by Margery Rubin

This article is meant to act a bit like a stethoscope, held to the heartbeat and circulation of the Health Center in order for residents to better navigate the byways of services it offers.



To begin with, you may have a stomach ache and call the Center at 3427.

**Dr. Jennifer Khelil**, Medical Director (shown at left) explains, "When a resident calls with an acute complaint, our procedure is as follows: that call is forwarded to a nurse for triage purposes. The nurse

will interview the resident over the phone and will collect important data about the complaint or concern. The nurse may make some immediate suggestions and then will relay the information, if indicated, to a practitioner. The practitioner (nurse practitioner or doctor) may see the resident that day or the next day, or may make some suggestions to see if the issue resolves on its own. A nurse does not typically go out to a resident's apartment during regular Health Center hours unless there is a true emergency. If the resident is too ill to come into the Center, often we will refer the person to an outside emergency department for lab work and acute care."

When you actually visit the Center, you are asked to sign in at the Front Office and make face-to-face contact with the intake person in the office. She will check if you are scheduled to be seen and if it's the correct day and time. Dr. Khelil stresses that "our waiting area is shared by the Health Center, Options Access Center (previously Outpatient Apartment Care), and Dr. D'Asti, the dentist, as well as by those residents who are waiting for transportation services to various outside appointments. It is a busy place! This is why we recommend face-to-face contact when coming in for an appointment."

Monday through Friday, for urgent health problems that can't wait, the Health Center has blocks of time when a practitioner can be available without a previous appointment. Naturally, because of prior scheduling, this may not be with a resident's regular health provider.

"We realize that our relationship with residents' health can be complex and complicated, but if we can't handle it here – we acknowledge that there is expertise that we can't provide – it will necessitate a referral," Dr. Khelil said.

Dr. Khelil points out that the Health Center has close relationships with groups of outside doctors and medical professionals. When a referral is deemed necessary, the Center will more likely refer a resident to someone in one of those groups. However, she explained, if a patient wants to be referred to his or her own doctor, there will be a collaborative effort to do so.

Medical records are held in an electronic, high-tech system for communication with hospitals and doctors. Nevertheless, improvements are necessary as technical demands and capabilities continually increase. "Looking into the future," says Dr. Khelil, "and knowing that **Jeremy Vickers** is proactive, we are working to secure a still more efficient system." She adds that increased accessibility and integration of records is an important goal for the Health Center's future.

"The Center, of course, works closely with the Medford Leas Pharmacy," Dr. Khelil states. With regard to its hours of operation, "the State requires breaks and lunchtime for its employees, and also its regulations tell us how many pharmacists and pharmacy technicians need to be present at any given time. To add staff for lunch coverage would be cost-prohibitive."

Summing up, Dr. Khelil says, "There are a lot of things we have to do because of state and federal rules and regulations, and sometimes we can't do what we want to do. And then there are things we recognize we have to do. Ultimately, we have to be flexible."



## 2012 FLOWER SHOW

by Kitty Katzell

Are you ready for *The Wizard of Oz*? That's the theme of the 2012 Fall Flower Show, on Tuesday and Wednesday, September 11 and 12. The design themes follow from the main theme, with names like *Over the Rainbow*, *Follow the Yellow Brick Road*, and *Dorothy's Basket*.

So pick up a copy of the schedule booklet, if you haven't already got one, and start planning your own entry. Registration will be from 7:30 to 9:45 the morning of Tuesday, the 11<sup>th</sup>. Exhibitors are allowed to enter one design in each of the six classes in the Design Division. Then there are another 18 classes in the Horticulture Division and a third division of noncompetitive Special Exhibits.

The show will be open for viewing between 1:30 and 8 pm on Tuesday, and again from 7 am to noon on Wednesday. Entries must be removed at noon on Wednesday.

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SOUTHWESTERN TASTING PARTY

by Jane and Dave Bartram
and Mary Ann Black, chair, Food Committee

Dining Services has been planning a series of special culinary experiences for small groups of residents. The first of these took place in the Gathering Room on July 20 and transported eating adventurers to the U.S. Southwest.

On their arrival, 12 residents from the Lumberton and Medford campuses found a Southwestern atmosphere created with serapes tastefully draped over the couches and a beautiful centerpiece of handcrafted pottery arranged by **Vilma Aldover**, Dining Services supervisor.

With all the guests sitting at one table, an intimate setting was created. Diners were able to easily converse and get to know each other better while enjoying the delicious food.

Executive Chef **Brad Mauger** and Sous-Chef **Corey Johnson** created and served up a delicious six-course menu of Southwest Tapas, which in-

cluded Ancho rubbed beef, barbecued pulled pork with New Mexican corn cakes and pomegranate butter, boneless short ribs, and a shrimp chipotle tostada with tomato crema. Manzanilla olives, pearl tomatoes and herbs with a citrus-sherry vinegar infusion created a tangy climax to the spicy samplings. The finale was a duo of flan and almond cookies. Varied wines brought by residents were shared.

As each course was presented, Brad and Corey described the dish, its ingredients and its preparation. The two servers, **Ashley Leitner** and **Haley Clark**, pleasantly and efficiently brought out and cleared the plates and attended to all our needs.

Jen Zdunczyk, director, Dining Services, and Brad and Corey want to showcase their talents and creativity in providing special future tasting experiences for Medford Leas residents. We hope they do, since it was very enjoyable!



(Left to right) Jen Zdunczyk, Brad Mauger, Ashley Leitner, Corey Johnson and Haley Clark produced a Southwestern tasting experience.

SIGN UP FOR HADDON GREENHOUSE

Haddon Greenhouse will open October 15. If you wish to have space in the greenhouse this year, you must sign up. A signup sheet will be in the Atrium on the table by the resident mailboxes from September 12 to September 30.

Questions?

Call Perry Krakora at 3694

NEW MLRA OFFICERS INSTALLED

by Kay Cooley, photos by Margery Rubin

In the spring, new growth replaces the old throughout nature. So too, in the Medford Leas Residents Association, new leadership assumed office on July 1, replacing those who had served their terms and were retiring



Kit Ellenbogen, who during the past year was vice president under President **Lefty Alderfer**, was elected MLRA president this spring. Kit has been a resident of Medford Leas since 2004. Most recently her efforts resulted in space being created for five walkers on the Medford Leas

bus, allowing residents with walkers for the first time to join other residents in off-campus activity.



Kit's vice president is **Tom Augenti**, who lives with his wife, **Alice**, in Woods Cottage in Rushmore and was newly elected to the Council this spring. Tom introduced the Mexican Train game to the campus and helped organize the Spiritual Eldering classes.

Six residents from both the Medford and Lumberton campuses have begun serving on the MLRA Council: Tom Augenti, **Beth Bogie**, **Kay Cooley**, **Jean Cronin**, **Jean Jordan** and **Bob Rosvold**. They joined the second-year members **Julien Eysmans**, **Maggie Heineman**, **Herb Krakora** and **MaryLou Morrow**.

The Council on the Lumberton campus also elected new officers: **Janice Saibel** as president, **Clair Engle** as vice president, and **Vince Menzel** as secretary. **Don Kocher**, **Geno Mori** and **Jim Suplee** will also serve on the Council.

Appointed MLRA officers are **Jack Akerboom**, corresponding secretary; **Sandy Heath**, treasurer; **Helen Vukasin**, Council recording secretary; and **Liz Knapp**, recording secretary for MLRA meetings. Janice Saibel, Lumberton Council president, represents the Lumberton Council at meetings of the MLRA Council.

MLRA MEETINGS ON CHANNEL 15

Medford Leas' Channel 15 will now carry MLRA monthly meetings for viewing by residents.

"COMMITTEES"

by Kitty Katzell

Before we all came to Medford Leas, our experience with committees meant scheduled meetings, preparing reports, and reviewing minutes. Then we get here and find that MLRA has some 90 "committees!" At the Lumberton campus there are another dozen or so "committees."

Good heavens, we think. Didn't we retire to get away from committee meetings?

Well, most of Medford Leas' committees don't actually meet as committees, though there are a few that do, like Diversity, Financial Review and Leas Forum. Some have as many as 50 "members," and several are committees of one. How can that be?

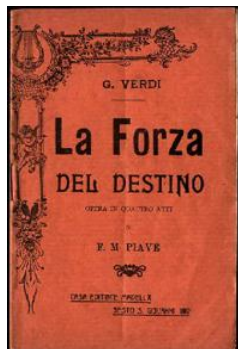
Those 90 things that are called committees on the MLRA Committee List are actually just things that residents do. That's all they are. Some of those things require the help of many residents, like the Theater Committee and the Thrift Shop Committee, while others manage nicely under the management of one person, such as Vid-U and Medford University, and still others may have five, ten, or fifteen members who share a particular interest and engage in a particular activity.

So, if you haven't joined in any of the many MLRA activities that appear on the Committee List, remember that they won't necessarily require meeting attendance or minutes, but they will provide meaningful relationships with other residents who share your interests, no matter what the subject. The public area of our website, at mlra.org, has several pages devoted to descriptions of every committee. The current list of committees naming chairs and sponsors is located in the private, password-protected section of the website, and on bulletin boards.

SPECTICAST CONCERT FROM NAPOLI

by Beth Bogie

The first of this season's Specticast concerts – the “Konzert from Napoli” – will take place on Friday, September 28, at 2 pm. Filmed and recorded live on May 1, 2009, Italian conductor Riccardo Muti leads the Berlin Philharmonic at the beautiful Teatro San Carlos in Naples, Muti's hometown.



Violeta Urmana, soprano, is featured singing the role of Leonora in the overture of Giuseppe Verdi's “La Forza del Destino.” The program also includes Giuseppe Martucci's “La canzone del ricordi” (The Song of Memories) and Franz Schubert's “The ‘Great’ Symphony No. 9 in C Major.”

For 20 years the Berlin Philharmonic has marked its founding in 1882 by performing a concert each year at a venue of cultural importance in a different European city. Muti, who became music director of the Chicago Symphony Orchestra in 2008, is a regular guest conductor at the Berlin Philharmonic and the Vienna Philharmonic and has often led the globally televised Vienna New Year's Concert.

During the 1980s until the 1991-92 season, Muti was music director of the Philadelphia Orchestra. He is principal conductor of the London Philharmonic and has been a popular conductor of the New York Philharmonic. He is also known for his conducting of opera and concerts at the Salzburg Festival.

Lithuanian-born Violeta Urmana is one of the leading sopranos in the Italian dramatic genre and a highly sought-after opera singer. She has become famous for her interpretations of roles such as Aida, Amelia, Elisabetta, Gioconda, Tosca, Norma, and, as mentioned, Leonora. She performs a wide repertoire from Bach to Berg. In 2002, she received the prestigious Royal Philharmonic Society Award for singers, and in 2009 the Austrian “Kammersängerin” award in Vienna.

MARCY SMITH WINS SCHOLARSHIP

text by Kay Cooley, photo by Margery Rubin



Kit Ellenbogen and Marcy Smith

The Lois Forrest Scholarship was awarded this year to **Marcy Smith**, lead coordinator of Therapeutic Recreation in Estaugh. Although there were only six applications

from employees, competition was stiff; it was a challenge to select the most qualified. As her certificate reads, Marcy was chosen for her “excellence in Therapeutic Recreation and Community Relations.”

Marcy has served almost six years in the Estaugh Therapeutic Recreation department. When still in high school, she began to assist part-time with evening activities, working her way up to the position of full-time lead coordinator, all the while continuing her studies. She completed two years at Burlington County College and now is pursuing a bachelor's degree in sociology at Thomas Edison State College in Trenton. She also earned her certification as a recreation director by completing a 180-hour online course.

The Lois Forrest Scholarship is a merit scholarship awarded annually by the Medford Leas Residents Association Scholarship Committee of seven residents to an employee regardless of financial need and other financial assistance. It is funded by residents who established the scholarship in honor of **Lois Forrest**, executive director of Medford Leas for 21 years at the time of her retirement in 2000. Employees apply for the scholarship in the spring through the Human Resources department.

DEBBIE LUX HONORED

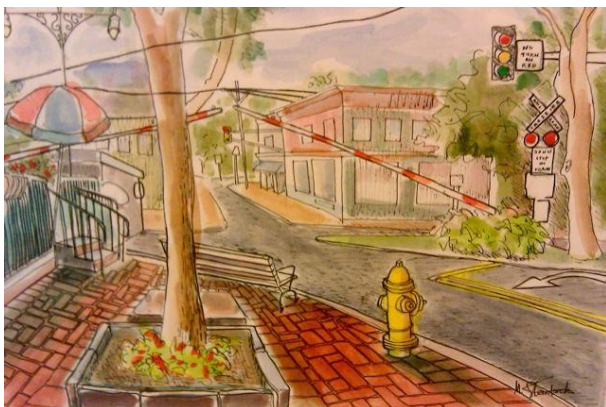
A tribute was paid on July 3 to **Debbie Lux**, Landscaping, by the South Bucks Home and Garden Club in Pennsylvania, making her an honorary member. Before moving to New Jersey, Debbie lived in Levittown and became active in a group of gardeners who met informally in each others' homes. Twenty years ago she helped turn the group into a Garden Club and became its first president. In New Jersey she joined the Pinelands Garden Club, of which she is now the president. Debbie became a member of the staff of Medford Leas in 2001.

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## ART GALLERY NEWS

by Helen L. Vukasin

"Picturesque New Jersey" is the subject of an exhibit of paintings and drawings by Marcia Steinbock, of the Burlington County Art Guild. After studying at the Art Students League, followed by a law degree from Rutgers and a career in law, she has returned to art. Her work will be on display during September and October in the Medford Leas Art Gallery in the Community Building. The opening reception will be Tuesday, September 4, from 3 to 4:30 pm. She will say a few words about her work at 3:15 pm.



A special feature of this show will be "Art in Bloom," an invitational Horticultural Design Display. Six floral designers from various garden clubs in New Jersey were invited to share their

floral interpretation of six different paintings in the exhibit of Marcia's art work.

Sponsored by the Pinelands Garden Club, "Art in Bloom" will be available for viewing over the weekend of September 28-30 in the Medford Leas Art Gallery. The idea was conceived and designed by Dierdre Gross, who was given the National Garden Club's "Designer of the Year Award" in 2011. **Debbie Lux**, Pinelands president and horticulturist at Medford Leas, is coordinating this event.

The Lumberton campus Art Gallery opened a new exhibit on August 17 with the award-winning photographs of SaraLee Pindar. An opening reception was held in the Art Gallery of the Community Center with a brief talk by the artist.

SaraLee said that she learned about composition and color from her mother, a Philadelphia artist whose paintings were exhibited at the Philadelphia Art Museum, the Academy of Fine Arts, and the Art Alliance. SaraLee learned as a child to see "pictures" in every scene she encountered. When it became apparent that she did not inherit her mother's talent for drawing, she turned to photography to share her vision of beauty. Her photographs will be on display through the month of October.

In the Art Studio Gallery on the ground floor of the Arts and Social Wing of the Community Building, the 50 paintings of 23 residents and the work of six resident photographers, which opened in April, will continue until October, when a new resident exhibit will be hung.

### IN MEMORIAM

|                            |                |
|----------------------------|----------------|
| <b>Joan Kocher</b>         | <b>May 24</b>  |
| <b>James Kawano</b>        | <b>June 11</b> |
| <b>Josephine Morris</b>    | <b>June 12</b> |
| <b>Ruth Hayes</b>          | <b>June 16</b> |
| <b>Katherine Alaminosa</b> | <b>June 17</b> |
| <b>Elizabeth Hoskins</b>   | <b>June 29</b> |
| <b>Margaret Hinman</b>     | <b>July 19</b> |

## WELCOME TO THE COURTS

**Doris Brown** and her husband, **Jack**, were the first residents on the Lumberton Campus in 1999. Doris moved into Apt. 430 on May 14, after Jack's death on May 9.

Jack was Doris' second husband, whom she married in 1992 after she had retired from her civil service job for the State of New Jersey. They spent winters in a golf resort in Florida. While Jack was playing golf, Doris went back to painting with pastels, particularly portraits from photographs. On their return to Lumberton, Doris used to swim in the Medford indoor pool, and there was recruited by **Kitty Katzell** to interview the new residents on the Lumberton campus for their biographies in *Medford Leas Life* and *The Lumberton Leas News* (later the *Lumberton Campus Chronicle*).

Doris has a BS in psychology from Rutgers. During her first marriage she worked as a teacher of brain-damaged children at the Archway School in Atco, NJ. Because of her interest in art, she volunteered as a docent at the Philadelphia Museum of Art from 1981 to 1998.

Doris loves music and used to go to opera and orchestra performances in Philadelphia. Now she is looking forward to music via the Specticast and the MLRA Music Committee Concerts

\* \* \* \* \*

**Karin Sannwald**, a professional psychotherapist, moved to the Lumberton Campus in May 2000 next door to **John** and **Barbara McKay**, and they became friends. After the death of John's wife, John and Karin lived together until John's death ten years later.

Feeling very alone in the large house and wanting to make a fresh start, Karin moved into Apartment 44 on the Medford campus in May 2012.

Karin was born in Germany and came to the U.S. in 1957. She received BA and MSW degrees from Rutgers University and in 1991 completed a

three-year course in family therapy at the Family Institute of Philadelphia. She has worked for several agencies and has had a private practice for over 22 years. She still sees clients in her Medford Leas living room.

Karin lived in Haddonfield before coming to Lumberton. She became a Quaker and is a member of the Haddonfield Friends Meeting. She loves gardening and music and has been going to the Philadelphia Orchestra and chamber music concerts for many years. She also enjoys quilting. She chaired the MLRA Mental Health Committee until it became a subcommittee of the Health Committee. Her friends here are happy to help her make a new life on the Medford campus.

\* \* \* \* \*

**Louise Stiles** moved to Apartment 66 in the Courts from the Lumberton Campus in early August, in order to be closer to the services available on the Medford Campus. She and her husband **Lorren**, who died in 2003, had moved to the Lumberton campus in 2000.

Louise and Lorren had lived previously in Medford and were very familiar with Medford Leas. They visited cousins, **Horace** and **Kathryn Brown**, who were among the first residents at Medford Leas in 1972.

While still on the Lumberton campus, Louise used to volunteer at the Medford campus in the Physical Therapy Department, chaired the Christmas decorations and one of the seasonal Teas one year, and was coordinator of all three Teas the next year.

Once she is fully settled and doesn't see any more boxes or "stuff" she can't use any longer, she hopes to cultivate a garden and do more reading. But her priority is her relationship with her four children, six grandchildren, and three great-grandchildren. All the children came to help her move. Louise says she really likes living here, and even her little dog, Abby, seems to love the outdoors.

Ellen Stimler

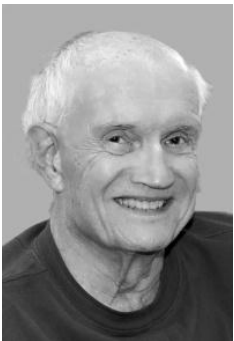
## WHO'S NEW

Medford Campus – photos by Margery Rubin



**David and Carol Eynon**, who moved to Bridlington 684 in July from Haddonfield, are the second generation and third family of Eynons to spend their retirement years at Medford Leas. David is the nephew of the late **Dr. Jim Eynon**, who lost his second wife here

and later married **Barbara (Penny) Fykse** in 2005. Penny still lives in Apt. 51, which she shared with Jim until his death in 2009. **Dr. Harold Eynon**, who is David's father and Jim's brother, was the first Eynon to come to Medford Leas in 1985. He lived in Rushmore with his wife **Sara**.



David and Carol met on a double date during their college years, and David said he knew right away that Carol was going to be his wife. They were married in 1954 after both had completed their education. David has a BA in biology from Muhlenberg College and a law degree from the University of

Pennsylvania. Carol graduated with a BSEd from Beaver College (now Arcadia University).

The couple made their home in Haddonfield and lived there until they came to Medford Leas. After a brief stint in a general law office, David set up his own firm with a colleague, Farrell and Eynon. In 1979 David was appointed to the Camden County Superior Court, handling mostly criminal and medical malpractice cases. Carol taught in Cherry Hill elementary schools, then took time off to raise two daughters. Later she worked at the Bancroft School with special-needs children and at the Haddonfield Library.

David retired from the bench in 1998 but agreed to be on the recall list until 2009. He enjoys golf and also belongs to the Haddonfield 65 Club, which meets weekly and arranges trips and lec-

tures. Carol participates in a gourmet group and is a member of Questers, which works on restoration of historic homes and buildings.

Ellen Stimler

\* \* \* \* \*



When **Richard (Dick) and Edith (Edie) Randolph** moved into Apt. 16 in June, they had a happy reunion with their good friends, **Ray and Kay Hoagland**, whom they had known for more than 50 years. Dick and Ray both had careers at Rancocas Valley Regional High

School, while the women taught at the Folwell Elementary School in Mt. Holly.



Dick and Edie met on a blind date while they were both completing their education at nearby universities in Pennsylvania. Dick graduated with a BSEd degree from Millersville University in 1952. Edie received the same degree from Shippensburg State Teachers College in 1953, and they married soon after her graduation.

While Dick did two years of military service during the Korean War, teaching map reading, Edie worked for local companies. On Dick's return, the couple made their first home in Levittown, PA, but later moved to Mt. Holly. Dick taught industrial arts at Rancocas Valley High School for 37 years and retired in 1991. Edie taught in elementary schools in Medford and at the Brainerd School in Mt. Holly. She retired in 1990.

Dick and Edie have two daughters and six grandchildren. One daughter's family lives in Mt. Holly, the other in Orlando, FL. They commented on the "friendly atmosphere" at Medford Leas and look forward to new experiences and activities here.

Ellen Stimler





**Genevieve (Warfel) Farnath**, who moved into Bridlington 677 in June, did not travel far. She has lived in Medford for the past 50 years. She commented that it felt good to be able to live nearby and keep friends and familiar activities, at the same time as she was joining friends at Medford Leas, among them **Dick** and **Valerie Cross** and **Suzanne** and **Stefan Frank**.

“Gen,” as she is known, grew up on a farm in Drumore, PA, and after attending Quarryville High School, she graduated from Indiana University of Pennsylvania, in Indiana, PA, as an English major. She worked for a year at RCA and then taught junior high school in Carlisle and Lansdowne, PA. She was married in 1955, and her husband worked briefly for the *Saturday Evening Post*, before opening a menswear store in Hadon Heights. Gen did the bookkeeping and worked in the store during the busiest times, while also raising their son and daughter. The family spent time every summer at Lake Wallenpaupack in northeastern Pennsylvania and later at the Jersey Shore.

Gen was a participant in the Friendship Force international exchange program, and has been both a traveler and a host. She enjoys bridge and reading, and she tries to play golf every week. She has given up skiing and tennis, which were youthful favorites. She is a member of the Medford Historical Society and supports historic preservation through the Questers, an international organization dedicated to the study of antiques and their preservation. True to her interest in history, she participates in a program in the one-room schoolhouse in Medford where third graders are brought to experience school as it used to be.

Sue Heath



## WHO'S NEW

Lumberton Campus – photos by Barbara Degler

**Joe and Terry Costanza** recently moved to Unit #59 Lumberton Campus from Cherry Hill, where they had lived for 40 years. Born in Camden, NJ, Joe graduated from Merchantville High School. A retired architect, he received his architectural degree from North Carolina State University. After military service, he established his practice in 1960, specializing in healthcare and religious buildings.



Terry graduated from Hadonfield High School and Bryant University, Smithfield, RI, where she majored in retail marketing. She is past chairperson and current member of the New Jersey Committee for the Philadelphia Orchestra. Joe and Terry met through mutual friends and have three children. The older son is a musician and illustrator of children's books and lives in Maine. Another son is an independent film maker in California. Their daughter is a director of marketing and sales for a Philadelphia corporation and lives in Audubon, NJ.



Joe is an avid birder and a widely recognized nature photographer who has received national and local awards for his work. While a major portion of his photographs are of birds in the eastern U.S., he also has large collections of other nature subjects, including landscape images. His photographs have appeared in *New Jersey Outdoors*, *Birder's World Magazine*, *Nature's Best Photography*, and *The Nature Photographer's Annual*, and have been exhibited by the Perkins Center for the Arts, The Croft Farm Arts Center, The Center of the Arts in Southern New Jersey and the Cherry Hill Public Library.

His website is <http://joecostanzaphotography.com>

## SEPTEMBER CRYPTOGRAM

by Herb Heineman

OQ O WEDFN BUL SHT SHOKSF OL PEDFN  
 XU S NEFAIOH. O PSHL EHU GE XSN. KU  
 SHN KT KEK PUHL GPOKKOHB POLI  
 NEFAIOHG SHN O PSG FOZU, "IEP NE PU  
 BUL EHU EQ LIEGU?" SHN GIU PSG FOZU,  
 "TED WSH'L BUL S NEFAIOH. PISL SYU  
 TED BEHHS NE, FOZU, ADL OL OH TEDY  
 AEEF?"

Underline the author's name:

**FOGS GOKAGEH  
 MDFOE EYWS  
 KOFUT WTYDG**

Below is the solution to the June cryptogram.

FOR EVERY FATAL SHOOTING, THERE WERE  
 ROUGHLY THREE NON-FATAL SHOOTINGS. AND,  
 FOLKS, THIS IS UNACCEPTABLE IN AMERICA. IT'S  
 JUST UNACCEPTABLE. AND WE'RE GOING TO DO  
 SOMETHING ABOUT IT.

GEORGE W. BUSH

The correct text was received from the following 32 readers:

Helen Anderson, Catherine Barry, Maryann Beitel, Ruth Blattenberger, Judy Braddy, Marion Burk, Jody Cardona, John Caughey, Gordon Cliff, Alice Culbreth, Mary Cullen, Doris Curley, Roberta Foss (waiting list), Linda Gorwood, Molly Haines, Neil Hartman, Barbara Heizman, Ariel Hollinshead Hyun, Sue Isaacs, Hugh Jenkins, Sarah Klos, Joan McKeon, Mary Mason, Bob Morrow, Helen Peterson, Betty Preston, Doris Salati, Florence Sawyer, Peg Scott, Anita Solomon, Ellen Stimler, Ellen Wiener. Eighteen correctly identified the author; the others submitted a colorful assortment of names, including none at all.

Send your solution via campus mail to Herb Heineman, 121 WSD, Lumberton, or email it to [hsheineman@gmail.com](mailto:hsheineman@gmail.com) by September 10.

## MEDFORD LEAS LIFE

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