

# Medford Life

VOL. XLI, No.5

# NEW "OPTIONS" CARE by Suzanne Frank

Want to stay in your own home but need some type of help? A new home health service called OPTIONS, administered by the Health Center and offering Certified Home Health Aide and Nursing visits, is now available to residents in the Courts, Assisted Living and Ground Floor Woolman. According to **Mary Ann Flatley**, MSN, RN, Director of Residential Health & Wellness, it will have a "hands on" and "hands off" policy. (See below.) She points out that all Medford Leas residents are still eligible for traditional Companion services which have been moved to the OPTIONS program.

#### What is "hands on" care?

Certified Home Health Aide services are for residents who have a need for Hands On care such as assistance with bathing, toileting, dressing, compression stockings (TEDS), and getting into or out of a chair, bed, wheelchair or vehicle. The aides can also do all Companion tasks.

#### What is "hands off" care?

Companion services are not only for residents who need Hands Off help such as laundry, shopping, errands, accompaniment to events or appointments, but also for those who can get in and out of a vehicle, chair or bed without any assistance from another person.

#### Is nursing care available under OPTIONS?

Home nursing services will be available for residents who need assistance with preparations before a procedure, or with catheter care, ostomy care, wound care, medication administration or prefilling medication boxes. Residents who use OPTIONS will have free, scheduled visits from their RN case manager while on service.

#### What are the costs?

Fees are as follows: Companions: \$21/hr Certified Home Health Aides: \$25/hr Nursing services: \$37.50/hr

Residents who had companion services before April 1, 2012, will continue to pay the same rate as before for Companion or Certified Home Health Aide services.

#### Are these fees discounted?

OPTIONS home and residential care services are discounted rates compared to home health services available from other home care agencies. The usual minimum charge by most other agencies is for 2 hours, while OPTIONS minimum care charge is for 30 minutes.

#### What, if anything, is covered by Medicare?

Mary Ann explains that any **custodial** care, maintaining residents in their homes, is not covered by Medicare here or anywhere. If residents need **nursing** care and are homebound, it may be covered by Medicare. OPTIONS does not provide Medicare home care services, but will assist the resident with information on Medicare home health agencies from which they may choose.

### What is the difference between Medicare nursing services and OPTIONS nursing services?

Medicare covers improvement. OPTIONS nursing services start <u>after</u> Medicare ends. Therefore, OPTIONS nursing services are paid for privately.

May 2012

#### Where is OPTIONS located?

The OPTIONS Access Center has replaced the Outpatient Department and is on the ground floor of the Medical Building, across from the Health Center and next to Resident Services. OPTIONS and outpatient care are the same. If a person calls on the phone for guidance, or comes in to the OPTIONS office, there is no charge.

#### How do I contact OPTIONS?

If you have questions about the program or would like to arrange services, call ext. 3327 or 3330 between 8 am and 5:30 pm, Monday through Friday. On Saturday and Sunday, dial 3333.

Mary Ann reminds all residents that "I'm always a phone call away!"

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#### JANE WESTON SHOWS NJ GARDENS by Beth Bogie

Want to visit the gardens of New Jersey? On April 9, in the Medford Leas Theater, **Jane Weston**, director, Marketing and Community Relations, took the Pinelands Garden Club and residents on an eye-catching tour of the 19 nonprofit members of Garden State Gardens, including the Barton Arboretum and Nature Preserve of Medford Leas. Jane, herself a serious gardener, has just been made an honorary member of the Pinelands Garden Club. **Debbie Lux**, Landscaping, who arranged the event, is president.

Residents who might wish to visit the state's public gardens can go online for information and visuals at <u>www.gardenstategardens.org</u>. Medford Leas' Arboretum is one of two in South Jersey; the other, Sister Mary Grace Burns Arboretum at Georgian Court University, Lakewood, sits among the Georgian-designed gardens of millionaire George Jay Gould, son of rail tycoon Jay Gould.

Many of the gardens are in Morris and Somerset Counties, with size ranging from 100 to 2,700 acres. Many have historic homes once lived in, but donated to the state when the owners died. Admission is free in many cases. To mention just a few, there are:

<u>Reeves-Reed Arboretum</u>, Summit, designed by Calvert Vaux, partner of Frederick Law Olmstead in designing Central Park, New York City. Daffodils are a major attraction;

<u>Morven Museum & Garden</u>, Princeton, for 200 years home of the illustrious descendants of Richard Stockton; from 1945 to 1981 the state's first Governor's Mansion; now open to the public;

<u>Duke Farms</u>, Hillsborough, with 2,700 acres just north of Princeton, made public by the will of the late Doris Duke, heiress to the tobacco fortune of her father. This spring it opens as a center for environmental stewardship; it has programming for young children and miles of trails;

<u>NJ Botanical Gardens/Skyland</u>, Ringwood, purchased by the state in I966 after a long history of architectural and landscape excellence, offers 96 acres of specialty gardens surrounding a manor house, plus 1,000 acres of woodland.

In closing, Jane spoke also about the Barton Arboretum and Medford Leas' participation in the broader world of horticulture.

#### PINELANDS GARDEN CLUB Monday, May 14, 9:30 AM in the Theater Program: "Birds of New Jersey" Presenter: Joe Costanza

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Joe Costanza is moving to the Lumberton campus in May. Costanza has been published in *Birder's World Magazine, New Jersey Outdoors, The Nature Photographer's Annual,* and *Nature's Best Photography Magazine.* His prints have been exhibited at the Palmyra Cove Nature Center, The Cherry Hill Library, The Perkins Center for the Arts, The Croft Farm Arts Center, The Cedar Run Wildlife Refuge, and The Center for the Arts in South Jersey.

#### DESIGNING WITH NATIVE PLANTS by Kitty Katzell and Beth Bogie



Nationally known horticulturist, "a gargardener," dener's David Culp packed the Theater for the Arboretum Barton Lecture. He drew residents and nonresidents. many clearly avid gardeners who hung on his observations and advice. Author. lecturer, guest of TV and radio programs on gardening, Culp

in the gardening world might be likened to an internationally known chef of a renowned five-star restaurant. He is an instructor at Longwood Gardens and he has created a garden paradise at his 18<sup>th</sup> century farmhouse situated in the fork of Brandywine Creek.

The audience received a list of more than a hundred native plants, each of which he discussed and showed in beautiful photographs. Culp's greatest expressed interest is that gardeners intermingle native plants – that is, plants indigenous to a given area – with cultivated flora such as tulips, irises or roses, or they can garden entirely with native plants, in both cases to harmonize with our natural environment and create sustainable landscapes.

Culp discussed plants for bog, meadow, sand, and vegetable gardens; native plant borders and native plant combinations; and plants for shade and for sun. The gardeners in the audience were checking their lists against his comments, while avidly making notes.

Among his memorable observations:

- East of the Mississippi River is "native" for this area;
- Native plants have linked us to Europe. Use of native plants was very popular in Europe. Eu-

ropeans often took home our native plants for their gardens;

- Return to Eden is possible;
- Winds are nature's way of beating the land;
- Organize native plants by habitat;
- "Native" doesn't always mean appropriate;
- Native plants can work well in urban settings;
- The magnolia is one of our two best native plants and a gift to the world;
- Dogwood is a native tree;
- Native plants require less maintenance if they are properly chosen;
- Learn to work with Mother Nature. She wins anyway.

Culp reported that the nursery industry is now propagating native plants. "People can buy them so they don't have to dig them up from the wild." One of those nurseries is Sunny Border Nurseries, Kensington, Connecticut, of which he is vice president of sales and marketing.

He talked about designing a garden. "In vogue now is the juxtaposition of the hard line of a building with a looser planting style." Use sculpture to pull it all together or a weathered wooden object to give it focus. Make use of the vertical intersecting with the horizontal. He likes planting in decorative containers, because you can move them around.

Ultimately, Culp said, the point of designing a garden with native plants is for the gardener's pleasure and for the benefits to all the other living creatures that are dependent on the garden.

# "UPDATE ON THE COURTS" A Talk by Debbie Lux

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Debbie Lux, president of the Pinelands Garden Club, has spoken to many groups about gardening. This is her first presentation at Medford Leas. It will include photographs of the ongoing work in the Courts and of her own garden.

#### Monday, June 4, 11 am in the Theater

#### Life Lines

#### BEHIND THE DOORS, Part One by Marcy Webster



The doors lining the courtyards are standard but many residents personalize their entrances. They hang wreaths, welcome signs or name plates and they may even create displays of favorite keepsakes

beside the door. There are often fresh plants or flowers in front of gardeners' apartments and travelers share special mementos. Retired preschool teachers (including me) are often guilty of staging seasonal displays that feature treasures from the classroom.

But no matter how we individualize them, the doors are all the same. They are solid hardwood with a simple molding and they are all painted Rustic Red.

It's the stories behind the doors that are unique.

Are you in the mood for adventure? Knock on **Bill Pickering's** door. Bill has already shared some stories of his time spent in India during World War II and the tale of his freighter voyage across the Tasman Sea. He may have even mentioned the large cobra that he found waiting in the bottom of his copper bath tub in a hotel in Kashmir.

But he recently told me a story that he has never told before.

It happened during the time we have come to call the Cuban Missile Crisis. Bill was a civilian working with the United States Air Force, tasked with the job of readying our planes to fly, keeping them supplied, and keeping them in the air, with all of the demanding responsibilities that involved. He was sound asleep at an air base in France when he was called to meet with the general in charge. Bill threw a coat over his pajamas and rushed to the office where the general, wearing a stocking nightcap, was talking to the Pentagon on the proverbial "red phone." The real Cuban missile crisis, not the one we read about at the time, was underway. The American people were unaware that the U.S. was building launch sites in Turkey and would soon be able to fire atomic missiles at the Soviet Union. It was in response to this threat that Khrushchev countered with the missile sites in Cuba.

That night in France, Bill, as an advisor, was asked if he could get planes in the air to retrieve the missiles from Turkey. He said it could be done, and the general issued orders to remove the weapons. But a problem developed when France refused to house the atomic weapons on their soil. It was a stand-off. Throughout the night, Moscow and Washington were negotiating in secret. Finally Morocco agreed to let the planes carrying the missiles land there, and the mission went forward. In secret, the U.S. threat was removed from Russia's neighbor, Turkey. But in the full glare of publicity, the Soviet missiles were removed from our neighbor, Cuba, and we abandoned the blockade, which had been, in effect, a bluff. The world believed that we had won the showdown but, as Bill reveals now, sixty years later, it was, in fact, a trade.

Bill's is a fascinating recollection of international tension but I think we need a change of pace. Next month I'm going to knock on another door and find a love story.

#### MEDFORD TAX INCREASE APPROVED by Ellen Stimler

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By 3,574 "Yes" to 2,729 "No" votes, the citizens of Medford approved the real estate tax referendum on April 17, giving the go-ahead to the Medford Township Council to raise real estate taxes in the current budget above the 2% cap prescribed in New Jersey law. At the Medford Leas polling place, there were 138 "No" votes to 86 "Yes." The Township will send Medford Leas a lump sum tax bill, which Medford Leas will then allocate to residents based on the square footage of their units.

#### MLRA PLANT SALE by Perry Krakora

Spring is here and along with it, the annual MLRA Plant Sale! The sale is on Thursday, May 10, in the Estaugh Walkway, from 8:00 am until noon. Residents needing wheelchairs, scooters, or walkers may purchase plants the evening before, Wednesday, May 9, between 6:30 and 7:30 pm.

The Plant Sale Committee, made up of **Perry Krakora, Susan Dowling, Ellen Wiener,** and **Elly Elmendorf,** has been very busy getting ready. Among other things, they have been placing the plant order with Russo's, visiting its greenhouses to check on the order, lining up volunteers, getting the word out, and working out sale-day logistics.



In addition to the bedding plants, potted flowers, herbs, peppers, and tomatoes ordered from Russo's, this year's sale will also feature many homegrown items. Over the last few weeks and months flats of herbs and flowers, as well as hanging baskets, have been appearing in Haddon Greenhouse in preparation for the sale. Included is a selection of herbs that Perry has started from seed as well as from divisions and cuttings. The committee is very excited about the hanging baskets **Debbie Lux**, Landscaping, has put together with flowers she has grown from cuttings and from "plugs" (very small seedlings). You won't want to miss these!

A contribution to the Employee Appreciation Fund is made from the proceeds of the Plant Sale. So mark your calendars and bring spring into your home!

#### POLLINATORS by Kitty Katzell

St. Michael's Lutheran Church in Cherry Hill has a group known as the Spare Timers, who were trying to arrange to have a speaker at Medford Leas on *The Secret World of Plants and Pollinators*. No room of the size they needed was available at the time they needed it. When **Dave Bartram** heard about the problem, he suggested to **Claire Engle**, a member of the group, that they hold it in the Theater and open it up to residents. That's how, on April 3, Ms. Jennifer BaLava, Burlington County naturalist, happened to be giving a most interesting talk that got listed on the April calendar and drew a good crowd of residents in addition to the Spare Timers.

At one time, we all learned that bees, butterflies, and hummingbirds pollinate plants, but Ms. BaLava started with wind and water, and how they pollinate. Then she turned to things like bats, bees, wasps, moths, beetles, flies, and other insects. It was amazing to learn that color, shape, and scent determine which animal pollinates which plant. White, yellow, and pink are the most visible colors to the animals, which happen to be the colors of the earliest flowers in the spring. Hummingbirds prefer red flowers. Plants also communicate to the animals when pollination is no longer needed by changing color, closing their petals, or losing their scent.

Ms. BaLava's closing comments related to the problems currently faced by the natural pollinators. She urged her listeners to choose plants that are favored by the pollinators: native plants, flowering shrubs, fruit trees, asters, sedums, goldenrod, herbs. She stressed that the most serious problems are caused by the use of chemical pesticides, so efforts to make homes and lawns organic are important. Her handout noted that chemically maintained lawns in the U.S. use more pesticides per acre than any food crop. The talk was generously illustrated with color pictures, and her enthusiasm had her audience captivated, indicating that her message was heard.

#### EMPLOYEE TOP WINNERS by Suzanne Frank

Eating fewer meals, eating more small meals, adding snacks or cutting out snacks are the various paths the three top winners took in the recent Biggest Loser Contest, sponsored by the Employee Wellness Committee.



Kim, Teena, Brad

In first place, female division, Teena Yannarella, LPN on Woolman, lost 17.82 percent of her total weight. What an achievement for someone who admits that she hadn't exercised since high school, 13 years ago! Teena had a couple of major reasons for participating in the contest: she turned 30, and she had a fear of exercise. "I have two kids, and I should be able to do cartwheels and hop around with them like my mother, a bricklayer who helped build the Mt. Holly Virtua Hospital, is able to do." Asked how she earned being top winner, Teena responded, "I increased my protein, cut carbs and ate lots of fruits and vegetables. And I drink a lot of water. Both my children love water, too. I want to lose 30 more pounds, and I'm continuing the exercising. Now it seems I'm always eating, as I have six small meals a day. But I don't eat after six. If I get hungry, I grab a glass of water." Asked if her children have remarked on her weight loss, Teena quoted her six-year-old: "You look like you can jog, Mommy!"

"I've changed my eating habits," **Brad Mauger**, executive chef, admitted. In first place, male division, he lost 13.17 percent of his body weight. Brad used to "eat all day long," he said, "but now I watch what I eat and how much I eat." Portion size has become important to him, as well as eating healthier. He doesn't do any organized exercise, but he is very active with his children, and he feels that substitutes for a regimented program. Brad and his wife are both involved in weight reduction efforts at work, so it has become a team effort for them. They support each other, which goes a long way toward staying on track. "But my children don't like what we are eating now," he says.

Runner up overall, losing 13.54 percent of her total weight, **Kim Wagner**, dining health services supervisor, said. "Once I got my mind around the idea of the contest, I got really psyched and found it a good competition and lots of fun. I'm just being more careful about what I eat. I still snack and work out. I learned when I cut back on my food intake, it didn't work for me. Now I eat five to six small meals a day."

Wellness Committee Chairman **Ken Roland**, Fitness & Aquatics, reported that 57 employees entered the contest with 24 dropouts over the 12week program. The average weight loss for all employees was seven pounds, and the total weight loss over the period was 389 pounds.

Ken said that there were benefits even for those that had to drop out. Someone stopped smoking, another dropped out but is still exercising, and someone made a long-overdue appointment for a physical. That all makes for healthier employees.

# **IN MEMORIAM**

Albert Stiles M Margaret Greeby A Joseph DePalma A

March 28 April 19 April 23

#### 4<sup>th</sup> ANNUAL TRIATHLON by Suzanne Frank

Residents and employees who participated in the recent Triathlon, sponsored and monitored by Fitness & Aquatics, enjoyed the fun and hard work. The trial by muscle and endurance involved 10 minutes each on the rowing machine, stationary bike and treadmill, with rest periods in between, all performed at the Fitness Center.

The 1<sup>st</sup> place winners were newcomer **Davis Henderson** and his partner **Kim Herndon**, CNA, who completed 11.47 miles. Davis hails most recently from Texas and is the son of the late **Eleanor Henderson**, who was here for 30 years. "I thoroughly enjoyed the friendly competition, and it was clearly competitive. And I look forward eagerly to signing up for next year's contest but only with my partner Kim." Besides working out, Kim also likes to run and has medaled in 5K runs. By coincidence, Kim, who has worked here for 30 years, had the chance to care for Dave's mother when she was in Assisted Living.



John and Rachelle

John Speirs and Rachelle Barrett-Dean were 2<sup>nd</sup> place winners who completed 10.88 miles. "I had just arrived here from Texas in February when the first thing **Rick Trandahl** said to me

was, 'You're in the Triathlon.'" John evidenced a good sense of humor when he suggested that the title of this article should read "Texans Sweep the Triathlon." Rachelle, who works in the Coffee Shop, claims that the Triathlon "gave me a goal to work for and also to meet more residents."

Note: It has to be admitted that **Conant Atwood**, 6 ft. 7 in., is in a class of his own, as sort of a gentle giant among us. Whoever is partnered with Conant wins. So even though he and **Brian Reily**, IT staff, were the actual winners (12.78 miles), they were not declared #1. They have to be considered up in the clouds over those regular humans who participated here on earth.

The Fitness & Aquatics staff has the highest praise for **Dave Bartram**, who created a calculating program that kept the numbers for the participants. It saved a whole lot of time. Rick Trandahl plans on using it again next year, of course.

#### Top individual scores for residents were:

**Rower:** Conant Atwood, 1.53; Davis Henderson, 1.34; Lefty Alderfer, 1.33

**Treadmill**: Dave Bartram, .94; Conant Atwood, .91; **Eileen McConville**, .86

**<u>Bike</u>**: Conant Atwood, 3.95; Dave Bartram, 3.3; Davis Henderson, 3.26

**Overall:** Conant Atwood, 6.39; John Speirs, 5.64 Dave Bartram, 5.51

#### Top individual scores for staff were:

**Rower:** Brian Reily, 1.53, **Russell Pepe**, 1.51 **Andrea Blanco/Beverly Kannengieszer**, 1.41

<u>Treadmill</u>: Lisa Heinkel, 1.15; Kristin Smyth, 1.11; Kim Herndon, 1.1

**<u>Bike</u>**: Brian Reily, 3.95; Russell Pepe, 3.91; Kim Herndon, 3.6

**Overall:** Brian Reily, 6.39; Russell Pepe, 6.28; Kim Herndon, 6.03

Brian Reily, individual staff winner, summed up the spirit of the event, "It's good fun both for staff and the residents. I personally feel much better and I intend to keep up my exercise all year."

#### MIDDLE SCHOOLERS AMONG US by Betsy Pennink

St. Patrick's Day weekend at Medford Leas was memorable because of the presence of 29 interesting, enthusiastic, and well-mannered middle schoolers. The Philadelphia Yearly Meeting of Middle School Friends had accepted the invitation of Medford Leas to hold their March retreat here, staying Friday and Saturday nights at Woods Cottage. The students came from 20 meetings in Pennsylvania, Delaware, and New Jersey. This was one of their six yearly retreats and an opportunity for them to experience a community of all ages.

Jane Weston, director, Community Relations, and Gerry Stride, director, Therapeutic Recreation, arranged for the group, under the leadership of Co-Coordinators Steve Dotson and Christie Duncan-Tessmer, to engage in many activities on our campus over the weekend.

On Saturday several residents joined the young people in the Holly Room for a brown bag lunch. Two students were assigned to each resident. Sitting at the many round tables, they shared stories while they ate.



**Barbara Heizman** showed her table a brass lizard she had bought in Sri Lanka 50 years ago, a reminder of the many lizards she saw in the houses when she worked there. **Warren Sawyer** was impressed by one middle schooler at his table as she told of her multi-cultural ancestry: Lithuanian, Italian, Spanish, French, and German! The young people were then divided into four groups for different "workshops." There was a trail walk led by **Steve Denham**; calligraphy taught by **Harry Forrest**; and, in the Game Room, pool, table tennis, indoor shuffleboard and darts.



Ten of the students attended the interview with three of our resident COs (Conscientious Objectors), Warren Sawyer, **Neil Hartman**, and **John Bartholomew**. The three men were a piece of living history as they shared their experiences and described what it meant to stand by one's beliefs, no matter how unpopular. One young man remarked that nowadays they would not have to make that difficult choice because there is no draft. Warren hopes that those attending will have seen how a non-confrontational approach can avoid conflicts in other areas in life.

After an enthusiastic game of Bingo with residents from Assisted Living, the middle schoolers walked back to Woods Cottage to change their clothes and return for a dignified seated dinner in our two dining rooms.

Then, still full of energy, the poised young visitors put on an entertaining talent show in the Theater. With Steve as the MC, more than 14 demonstrated their various skills. There were three piano solos; one soloist played her own composition. There were other solos: violin, mandolin, and electric guitar. There were songs sung *a cappella*, comedy skits, and hula hoop and jumping rope exhibitions. One performer recited a poem in both Chinese and English by a popular Chinese poet, famous for his drinking while writing. At the end of her recitation she looked out at the audience and said, "I think that's pretty good for a poet who's drunk."

Later, in small groups, the young Friends shared their thoughts about the weekend. One said, "I really liked hearing their stories of the past and their wisdom." Another said, "They were really happy to see us and that made me happy to see them be so...joyful..." Other comments: "The crafts and activities were fun"; "The community is not grouchy at all"; and "The food was good."

On Sunday: a march back to join the Medford Leas Quaker Meeting and then goodbye!

# WELCOME TO THE COURTS

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**David** and **Loretta (Beni) Taylor** love their very large two-bedroom apartment, #225, in the Courts. They moved from Bridlington, where they had lived for nine years. Beni likes the convenience of not having to cook the main meal, and David likes the easy access to activities.

The Taylors lived in Moorestown for over 50 years before coming to Medford Leas. They still have friends there and get together for social occasions. David had a civil engineering consulting business, and Beni was a legislative aide in the Burlington County office of New Jersey legislators and also U.S. Senator Lautenberg.

David and Beni have been active at Medford Leas since coming in 2003. Both have served terms on the MLRA Council, and David is still on the Resource Conservation Committee, which he chaired earlier. They enjoy music, go to the chamber music concerts in Philadelphia, and appreciate the concerts brought here by the Music Committee.

The Taylors have four children, two of them married, four grandchildren and one great-grandchild.

Ellen Stimler

#### ART GALLERY NEWS by Helen L. Vukasin

Photographs of the Pinelands by Albert Horner, a Medford Lakes resident, are being exhibited in the Medford Leas Gallery during the months of May and June. Horner is a self-taught photographer, who started in his 30s with film and has now adapted his work to digital technology.



An extensive traveler, Horner was never quite satisfied with his photographic results. In his homeland among the pines, however, he has the advantage of knowing the area and being available for the right weather and light whatever the season. "The Pine Barrens has a beauty and uniqueness all its own,"

said Horner. "It is home to a diverse ecological system and supports many endangered species of flora and fauna."

The opening reception will be on Tuesday, May 1, from 3:00 to 4:30 pm. The artist will speak about his work at 3:15. A second reception will be held Thursday evening, May 3, from 6:30 to 7:30, to accommodate friends of the Pinelands.

In the Art Studio Gallery, over 100 residents attended the April 23 opening of the latest exhibition of more than 25 resident artists. The star attraction was the retrospective work of **Alice Skidmore Culbreth**, including the portraits of her family and a self-portrait. The paintings will be on exhibit for the next six months.

At the Community Center Art Gallery on the Lumberton campus, the exhibit of ceramic hangings with earth and plant connections by Diane Emerson will continue through May.

The DVD series, "*The World's Greatest Paint-ings*," will present: May 1, "Dark Images of David, Goya, Friedrich," and May 15, "The worlds of Constable, Turner, Delacroix." The DVDs are shown at noon in the Linden Room. Bring your lunch and enjoy these free programs.

#### REGISTERING TO VOTE by Ellen Stimler

New residents who have never voted at Medford Leas and residents who have moved to the main campus from Lumberton must re-register with their new address before they can vote in the June 5 primary or the November 6 election for President, Congress, and the Medford School Board.

To do this, they must fill out and mail a Voter Registration Application to the address on the application. If the application is approved, they will receive a voter registration card, which they may have to show at the polling place.

Residents who want to vote in the primary on June 5 should file their Voter Registration Application as soon as possible. The application may be obtained from **Ellen Stimler**, 3162, chair of the Citizens Committee, who is glad to assist anyone needing help to complete and mail it.

For the November election, the registration form must be received by the County Commissioner of Registration no later than October 16, but it is best to have it there much sooner in case of a problem needing correction before the deadline.

Residents who have changed their address within the Medford campus and thus remained in the same polling district may have their address change taken care of at the polling place, according to **Bart** and **Colette Bartholomew**, who work at the polls. "We can enter the information about the new address in one of our books, and that will take care of it," Colette said.

Anyone who does not want to vote by machine on Election Day may vote by mail ahead of time for any reason whatsoever. This again requires the timely mailing of an Application for Mail-In Ballot, also available from Ellen. After receipt of the application, the resident will receive the actual ballot for voting. The application may be mailed at any time, but the sooner the better.

#### SPECTICAST: MENDELSSOHN GALA by Beth Bogie

Concert 9 of the filmed Specticast concerts, "Mendelssohn Gala featuring Lang Lang," will be presented in the Theater on May 6. It was originally recorded live at the Gewandhaus concert hall in Leipzig, Germany, on February 3, 2009, the 200<sup>th</sup> birthday of Felix Mendelssohn.

Mendelssohn was once the music director of the Gewandhaus Orchestra of Leipzig, one of the world's oldest and most esteemed. The musical celebration is led by Riccardo Chailly, chief conductor of the Gewandhaus Orchestra since 2005, and includes performances of Mendelssohn's "Trumpet Overture," "Scottish Symphony," and, as a highlight, Piano Concerto No. 1, with pianist Lang Lang.

The Gewandhaus Orchestra had its beginnings in 1743, when 16 Leipzig merchants founded a concert society of 16 musicians, who performed in citizens' homes and in taverns. In 1781, the orchestra moved into its first real home, a 500-seat assembly hall of the cloth traders (Gewandhaus means "Garment House"). The 1500-seat hall to-day was built after the bombings of World War II.

Felix Mendelssohn, when he took the post of music director in 1835, began developing the musical life of Leipzig, working also with the opera, the choir of St. Thomas Church and other musical institutions. Similarly, Riccardo Chailly, as conductor of the Gewandhaus Orchestra, also became music director of the Leipzig Opera.

Lang Lang, who recently performed with the San Francisco Symphony on its televised 100<sup>th</sup> anniversary concert celebration, is the first Chinese pianist to be engaged by the Berlin Philharmonic, the Vienna Philharmonic and the top American orchestras. A music prodigy, he won, at the age of five, first place at the Shenyang Piano Competition and gave his first public recital.

Sources: Wikipedia, EuroArts Music International, Gewandhaus zu Leipzig

# **NEW BOOKS IN THE LIBRARY**

#### **Fiction**

Kinsella, Sophie *I've Got Your Number* Pavone, Chris *The Expats* Picoult, Jodi *Lone Wolf* 

#### **Mystery**

Barr, Nevada The Rope Beaton, M. C. Death of a Kingfisher Brockovich, Erin Hot Water Dunn, Carola Gone West Flynn, Vince Kill Shot Goldberg, Lee Mr. Monk on Patrol James, Peter Dead Man's Grip Leonard, Elmore Raylan McCall Smith, Alexander The Forgotten Affairs of Youth Meier, Leslie Chocolate Covered Murder Paretsky, Sara Breakdown Robb, J. D. Celebrity in Death Rowe, Jennifer Love, Honour, & O'Brien Theroux, Paul Murder in Mount Holly Westlake, Donald The Comedy is Finished

#### Non-Fiction

Bartels, Peggielene King Peggy Cain, Susan Quiet Duhigg, Charles The Power of Habit Fellowes, Jessica The World of Downton Abbey

Hacker, Jacob Winner Take All Politics O'Reilly, Bill Killing Lincoln Pfarrer, Chuck Seal Target Geronimo Shadid, Anthony House of Stone Smith, Sally B. Elizabeth the Queen Wilkerson, Isabel The Warmth of Other Suns



WHO'S NEW photo by Margery Rubin



**Dorothy (Dottie) Davis McDaniel**, Apt. 23, grew up in Wrightstown near the Army Air Force Base. She went to local schools and graduated from Pemberton High School.

A sergeant in charge of the horse barn at the base al-

lowed Dottie to ride one of the horses. One day in August 1945, she went to the barn and started out on a ride. Suddenly the horse took off wildly and raced back toward the barn. A young man saw what was happening and was able to stop the horse and save her life. The young man was William (Bill) McDaniel, her future husband. They went their separate ways, but corresponded. Dottie graduated from Wilson College with a BA in psychology; they married in August 1946; and Bill soon graduated from Harvard University with a master's in civil engineering in 1947.

The couple moved back to Wrightstown while Bill worked for the State of New Jersey on the Turnpike construction for several years. Eventually he quit the Turnpike job and took over his father-inlaw's milk-processing operation. In 1959 the family moved to a farm in Springfield Township. Bill became involved with numerous other businesses, served on various boards of directors, and was an active trustee of Burlington County College for 35 years. He died in 2009.

Dottie participated in many of her husband's activities but was mainly busy raising three boys, helping on the farm, and volunteering at the Mt. Holly hospital, now Virtua, at her children's PTA and at the Red Cross.

One of Dottie's sons is mayor of Springfield Township; one is operating his father's sugar business in Arkansas; and one is farming in Maryland. Dottie has nine grandchildren and three great-grandchildren.

**Ellen Stimler** 

#### MAY CRYPTOGRAM by Herb Heineman

KYP HY PYKK BDW CDHYPISVT PIJP ZY SCNJYKSC IJQY JTJSVCP HDCYC. IY PDDG WC ADNPB BYJNC PINDWTI PIY FYCYNP SV DNFYN PD RNSVT WC PD PIY DVY CEDP SV PIY HSFFKY YJCP PIJP IJC VD DSK!

Underline the name of the author

# PIYDFDN IYNLK RYVOJHSV VYPJVBJIW TDKFJ HYSN

Below is the solution to the April cryptogram.

THE GREAT ENEMY OF THE TRUTH IS VERY OFTEN NOT THE LIE, DELIBERATE, CONTRIVED AND DISHONEST, BUT THE MYTH, PERSISTENT, PERSUASIVE AND UNREALISTIC.

> GEORGE W. BUSH JOHN F. KENNEDY ABRAHAM LINCOLN

The correct solution was received from the following readers: Helen Anderson, Catherine Barry, Maryann Beitel, Judy Braddy, Marion Burk, John Caughey, Alice Culbreth, Mary Cullen, Doris Curley, Liz Dill, Linda Gorwood, Roberta Foss (wait list), Neil Hartman, Barbara Heizman, Pat Heller-Dow, Sue Isaacs, Hugh Jenkins, Sarah Klos, Mary Hope Mason, Joan McKeon, Helen Peterson, Betty Preston, Ruth Quackenbush, Doris Salati, Peg Scott, Ellen Stimler, Miriam Swartz, no-name, Ellen Wiener, Barbara Zimmerman. Twenty correctly identified the author.

Please send your solution via campus mail to Herb Heineman, 121 WSD, Lumberton, or email it to <u>hsheineman@comcast.net</u> by May 10.

# **MEDFORD LEAS LIFE**

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