



Medford Leas *Life*

VOL. XL, No.4

April 2011

THE BIRTHDAY PARTY

by Marcy Webster
photos by Margery Rubin

Medford Leas began the year-long celebration of its 40th year with a birthday party on March 2. The planning committee, made up of residents and staff, thought of every element necessary to a traditional party and worked hard to put them together.



Jeremy Vickers and Sally Miller

When residents began to gather in the Atrium, they were greeted by colorful banners and balloons. Committee members were on hand to welcome them and invite them to sign the huge birthday card. First to sign, at exactly 2 o'clock, were **Sally Miller**, MLRA president, and **Jeremy Vickers**, CEO.

The birthday card, which measures 4 x 8 feet, was hand-crafted by **Art Hartwig** and **Jack Osborne** and features special art and calligraphy



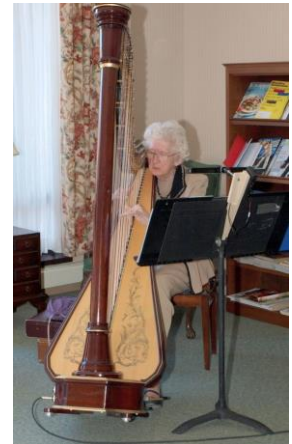
Harry R. Forrest

by **Harry Forrest**, who designed the Medford Leas Logo. When the crowd threatened to block access, folks began to drift into the Lounge, the Holly Room, and the Activities Room. Some fortunate party-goers managed to spend time in each place and to sample the special delights each had to offer.



Jim Muir, Kay Hoagland

In the Lounge, music lovers were able to help themselves to refreshments and to converse quietly while they listened to the music of **Helen Carrell**, harpist.



Helen Carrell

In the Holly Room, guests wearing paper hats sat at tables chatting, while **Russ Haley** and then **Nan Hanslowe** played the piano. In the Activities Room, the scene was buoyant with an appreciative audience being treated to a classic vocal performance of such standards as "Smoke Gets in Your Eyes" by **Gerri Mingori**, and a show-stopping harmonica solo of "Bye, Bye Birdie" by **Bud Stratton**.



Gerri Mingori



Cake with Medford Leas logo

At precisely 3 o'clock, each room became quiet, the cakes were cut and every voice in the three rooms joined in singing "Happy Birthday." I was in the Activities Room at that point so I can only speak for the version there, led by **Bill Murphy**, Director of Operations. It was truly awesome!

I spent some time drifting from venue to venue and talking to people that I met along the way. The comments were all enthusiastic. **Brad Mauger**, executive chef, and **Blanche Lippincott** both referred to the festivities as "a blast." **Wil Britten**, who chaired the 30th birthday party, declared that this one was "even better!" In a rare departure from health concerns, **Bev Kannengieszer**, Fitness & Aquatics, advised the people at her table to "eat cake." I have to echo **Jane Weston**, who mentioned that she was already "looking forward to the 50th!"



By 3:30, all the guests had gathered in the Theater for the performance of English Country Dancing. A troop of dancers, including several residents, entertained with graceful and intricate period dances. As the dance progressed, folks from the audience were urged to

join in and quite a few did so, showing a great deal of skill and good sportsmanship and winning hearty praise.

People were getting tired and there was still more party to come. Soon thoughts turned to the evening meal. Brad and his staff provided a wonderful dinner and both dining rooms were filled to capacity.

At 7:30 in the Theater, the final event of the birthday party was a concert by the Pine Barons and featured Medford Leas' own Harry Forrest. The program was full of nostalgia and proved to be a splendid way to end the evening.



Pine Barons

Barbara Trought chaired the committee responsible for the birthday party. She was very satisfied with the successful day and grateful to her co-workers: **Ethel Cebra**, **Ray Hoagland**, **Bev Kannengieszer**, **Sue Kuhn**, **Brad Mauger**, **Jim McConville**, **Mary Lou Morrow**, **Jean Scattergood**, **Gerry Stride**, **Jane Weston** and **Beth Wray**.

One important component of any successful birthday party is a guest list made up of people who not only admire and appreciate the guest of honor but who also share memories of the past and hopes for the future. Those feelings were evident on March 2 and helped make the day a truly memorable success.



Sandy Green

MLRA PLANT SALE

by Dottie Heisler & Perry Krakora

Spring is here and so is the Annual Medford Leas Plant Sale!

The sale will take place Thursday, May 5, in the Estaugh Walkway from 8 am until noon. Residents using wheelchairs, scooters, or walkers may purchase plants the evening before, Wednesday, May 4, between 6:30 and 7:30 pm.

On offer will be beautiful hanging baskets, potted flowers, bedding plants, herbs, tomatoes, and peppers, everything you might need for a colorful and tasty summer. And remember, Mother's Day is Sunday, May 8. Flowers are always a welcomed gift!

Many volunteers are needed on sale days. If you would like to help out, please give **Elly Elmen-dorf** a call at 3251.

A contribution to the Employee Appreciation Fund is made from the profits of the Plant Sale. So mark your calendars and welcome spring!

~~~~~

## OUR NEWSPAPER DELIVERER

by Ellen Stimler



Very few residents have ever seen or met the person who drops off their daily newspaper at their front door before 6:30 am 365 days a year, in freezing cold or stifling heat. Who is it?

It's Ellen Maxwell, a divorced mother of five children now aged 18 to 22. Ellen said she picked this night-time job years ago when her children were growing up, so she could care for them during the day. She doesn't get any paid sick or vacation days. If she needs to take time off, she has to find and pay a substitute.

A few early-rising residents and some of the Medford Leas staff have met Ellen, and she is grateful

for these brief contacts during her solitary rounds. **Warren Sawyer** always greets her at 5 am, and she exchanges greetings with **Elaine Heinzelman** when they pass each other. **Molly Haines** comes out and gives her a hug, and **Dick Feaster** told her about the progress of his recovery. "I don't see many of my customers," Ellen added "but I see the nurses, security, and maintenance, who are kind and very helpful if I need it. They are terrific."

Ellen gets up at midnight at her home in Blackwood, NJ, and then drives to several places in the Medford area to pick up all the papers she has to deliver. The newspapers she distributes include the *New York Times*, *Burlington County Times*, *Philadelphia Inquirer*, *Wall Street Journal*, *USA Today*, *Daily News*, *New York Post*, *Investors Business Daily*, *Financial Times*, *Business Week Magazine*, *Barrons*, and multiple foreign language newspapers. In addition to Medford Leas, her delivery area includes Vincentown, Southampton, and the streets around Medford Leas.

"I'm back home by 7, if everything goes well," she said. But it doesn't, of course, mainly due to bad weather that delays the trucks bringing the papers or to a problem with Ellen's car. During the big snowstorm on January 27, the trucks didn't get through at all and no papers could be delivered that day. As a result, two sets of all papers had to be distributed the next day.

Despite these problems, Ellen likes her job and particularly working at Medford Leas. "I would like to say, for the 13 years I have been delivering in Medford Leas, I have enjoyed and treasured every moment delivering your papers, and I am grateful for your generous support through the years."

## PARKINSON'S SUPPORT GROUP

**Gerry Stride**, Director of Resident Services, will consider starting a Parkinson's Support Group, if there is enough interest. Please contact **Sheila Gallanter**, 3563, if you would be interested in joining the group when it is formed.

## THREE “DAYS OF DISCOVERY”

When spring comes to Medford Leas, residents can count on new and interesting day-long courses brought here by Road Scholar, formerly Elderhostel.

Residents have a choice of three courses, as described briefly below:

### Great Gardens, Less Work

Friday, April 8, 11:30 – 3:30, cost \$29, including lunch. Garden writer and certified horticulturist George Weigel will explain how, with strategic planning, gardeners can maximize the yard's beauty while minimizing physical strain. Program 20147APM

### The American Musical

Friday, May 6, 9:45 – 12:45, cost \$29, including lunch. Professor Karl Middleman, musician and teacher known to Medford Leas residents, will focus on three shows which he believes have changed the course of musicals over the years: *Show Boat*, *Oklahoma*, and *Company*. Program 20148APM

### The U.S. Senate

Friday, May 20, 9:45 – 12:45, cost \$29, including lunch. This program will be led by Prof. Lara Brown of Villanova University. “At a time when its composition and relevance has been much discussed, we will take an in-depth look into the colorful constitutional history of the U.S. Senate and its future as it has evolved into a complex legislative body.” Program 20149APM

**Jane Weston**, Director of Marketing and Community Relations, has made the arrangements to bring Road Scholar to Medford Leas and will introduce the speakers. To register for these courses or request more information, residents should call 877-426-8056.

## EMPLOYEE OF THE YEAR

by Kitty Katzell

At the annual Employee Recognition Dinner at Charlie's Other Brother on March 18, **Marie Cox**, Director of Human Resources, introduced the four Employees of the Quarter during the past year: They were: **Nancy Glovacz**, Health Center; **Debbie Lux**, Landscaping; **Carmen Smith**, Front Desk; and **Anna Hernandez-Ocasio**, Physical Therapy. **Jeremy Vickers**, CEO, then built suspense before announcing that Debbie Lux was Employee of the Year! She receives \$500 and a reserved parking space for a year, plus a certificate attesting to her achievement.



Jeremy and Deb

The dinner was also the occasion for recognizing length of service to Medford Leas, starting with 33 employees who have worked here for three years, and proceeding through the other markers (5, 10, 15, 25, 30 and 35 years -- there was no one with exactly 20 years of service). **Linda Kleer**, Dining Services, has worked here for 30 years; **Linda Hicks**, Health Center, for 35.

## IN MEMORIAM

**James Baldwin**

**February 26**

**Clara Louise (Pete) Johnson**

**February 28**

## APRIL IS ARBORETUM MONTH

by Kitty Katzell

Living in an Arboretum, as we do at Medford Leas, we find that every month brings forth something special, and April is no exception. April is always Arboretum month. Early in February, we saw the snowdrops in flower in the Atrium, but much more was on its way. Throughout March, the signs of spring were creeping up on us. Daffodils were pushing up. Forsythia bushes showed a distinct yellow tinge in promise of what was soon to follow. My pussy willow had catkins in full bud. The maple tree across from the Activities Room began emerging from hibernation.

This month everything will be bursting into life, making April the perfect time to honor **Lois Forrest**, who was Medford Leas' Executive Director when the Arboretum was first established and who continues to labor in its behalf as a resident member of the Estaugh's Arboretum Committee. Another highlight of April in the Arboretum is the Lewis W. Barton Annual Lecture on April 16. This year's speaker is the new president of the Pennsylvania Horticultural Society, Drew Becher, who received national attention during the Philadelphia Flower Show in March.

So get outdoors and enjoy our Arboretum during its own special month. Take your camera with you, so you can snap pictures of the many signs of April and send them to the Arboretum blog



March 21 – Beavers at work on Sharps Run

Visit the Arboretum blog to see the message from Herb Minkus that accompanied this photo.

## THE ARBORETUM BLOG

by Maggie Heineman

The home page of the MLRA website at mlra.org has prominent links to the Barton Arboretum Blog where there is an explanation of how to share photos.

On March 9 **Kitty Katzell** placed a photo on the blog of the black pussy willows in her garden. When **Debbie Lux** saw the photo she added a comment that she would like to have some branches to mix in with white pussy willows for the registration table at the Native Plant Society meeting on March 12. And it came to pass.

With the coming of spring, there will be new blog entries each week. Blog entries are automatically archived, so it is easy to go back and see earlier posts. Residents and staff are invited to share their photos of the Arboretum and encouraged to view the blog to discover places on campus that they might wish to visit in person.



Court 12 in February

Court 12 on March 19

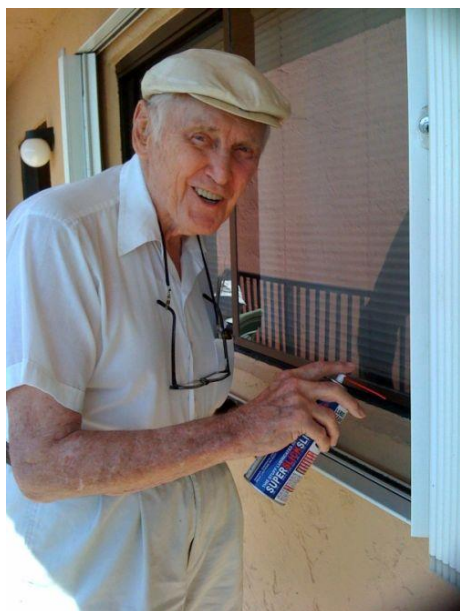


Mowing the Lumberton Meadow on March 16

Like all blog photos, these by Jim Muir and Dave Bartram are in color and can be expanded to fill your computer screen.

## LIFE IN THE NINETIES

As a man who has had to adjust to living in many new places in his 90 years, **Karel Pennink** was surprised to find that he felt at home immediately at Medford Leas. "Not only are fellow residents sympathetic and interesting to be with, but the whole atmosphere is relaxed. There are many activities available but you don't feel pushed to do anything," he says.



**Karel is oiling the hurricane shutters on the front window of the Pennink's Florida condo. Betsy took this iPhone photo on March 14, then emailed it to *Medford Leas Life*.**

Karel has led a wandering life. He was born in the US of Dutch parents and lived in Montclair, NJ, until he was 7, when his parents returned to Holland. After his father joined the Dutch Consular Service, the family lived in Tangier and Paris. He was at boarding school in central Holland when the Germans attacked in 1940 and was lucky to get out on his American passport. After making his way through Berlin and the rest of Europe to Portugal, he joined 400 other people on a 150-passenger liner to New York. There followed a three-and-a-half-year stint in US Army Intelligence in the Pacific.

When Karel joined General Motors, the firm recognized the value of his fluency in four languages,

so he and his wife **Betsy** were sent to Indonesia, Denmark, Holland, Belgium, and Austria. Their last assignment was in London. Altogether, the Penninks spent 25 years overseas.

During that time, Karel began assembling his music collection. He now has 1800 hours of classical and jazz music. He is busy transferring it to an MP3.

Before coming to Medford Leas, the Penninks lived for 15 years in Heritage Village in Connecticut, but health care was not included. Ever since his arrival at Medford Leas in 1998, Karel has felt secure in the knowledge that good medical help is immediately available. As a lifetime athlete, he is also devoted to the exercises assigned to him by the Physical Therapy and Fitness Departments.

Karel enjoys sitting in a chair in his Rushmore unit and looking out of the sliding doors of its extension. He loves the view of the garden, the woods, and the sky.

BP

~~~~~

LENAPE STUDENT MUSICALS

The Lenape Regional High School District is offering senior citizens with a gold pass free admission to performances of the spring musicals at Cherokee and Seneca High Schools. Since no bus transportation will be provided, an attempt will be made to arrange for car pools.

At Cherokee, a special performance of *Singing in the Rain* is scheduled on May 26 at 5:00 pm in the Performing Arts Center for seniors.

At Seneca High School in Tabernacle, *On the Town* will have a performance for seniors on May 7 at 1:00 pm in the school's auditorium.

Residents who need transportation or can take passengers in their car to either or both of these shows should call **Ellen Stimler** at 3162.

EVERYTHING IRISH

With St. Patrick's Day in the middle of March, **Gerry Stride**, Director of Therapeutic Recreation, and her staff created a month of programs featuring everything Irish in song and dance, food and drink, scenery and history.

To get into the mood, Assisted Living and Es-taugh residents were shown how to decorate their walkers and wheelchairs with the Irish flag colors and symbols.



On March 7, they watched an hour-long video of a concert by the "Three Irish Tenors." Backed up by a large orchestra and cheered

on by an enthusiastic audience, the tenors alternated solos with group songs of beloved Irish ballads. The next day they could watch the movie *Finian's Rainbow*, about an Irishman who steals a leprechaun's pot of gold and buries it near Fort Knox in Tennessee, hoping it would grow more gold.



In the late morning of March 15 in the Activities Room, residents were treated to tall glasses of Irish coffee topped with whipped cream and green sprinkles and plates of little cakes and fresh melon. On their large screen was a video of Irish dancing.

On March 16, **Linda Schultz** took 12 residents to the Dublin Square Irish Pub in Voorhees, where they lunched on such Irish favorites as Guinness beef stew, Shepherd's Pie, and corned beef and cabbage.

March 17, St. Patrick's Day, the highlight of the month was called a "pub crawl." All residents were invited to visit or participate in the fun at six different venues. At the Blarney Stone in the Activities Room, there was a bingo game with special green cards having a list of Irish symbols



Bill Scull plays bingo - Jim Wolosin serves birch beer

instead of the usual numbers. In "Murphy's Pub" in the Holly Room, staff from Maintenance prepared birch beer floats to music by Dan Poulos from Collingswood, who sang Irish standards accompanied by his guitar. Next door, in the Gathering Room, **Debbie Lux**, of Landscaping, operated "The Potting Shed," distributing small potted plant arrangements of three kinds of Oxalis and clover.



Marion Ward bowls.

Downstairs in the Fitness Studio, there were "Shenanigans" with **Ed Ellis** from Fitness. Residents in wheelchairs were shown how to throw a ball against a stack of paint cans, as if they were bowling, or aim a ball into a three-foot high green drinking mug.

The day ended with a performance by the Coyle Irish Dancers in the Activities Room. Thanks to the organizers of this amazing day and the many helping volunteers were expressed from all sides.

BCIT STUDENTS HELP AND LEARN

by Beth Bogie

“Without the students, I couldn’t have done this,” **Miriam Angle**, an Assisted Living resident, said appreciatively of high school students from the horticultural program at Burlington County Institute of Technology (BCIT) in Medford, who had just helped her arrange flowers in a vase for Valentine’s Day. Another resident agreed, “It’s a big thing to see the students!”



Kim Mayer, BCIT, helps Miriam Angle

Gerry Stride, Director of Therapeutic Recreation, has been the major force in recent years behind student interaction with Assisted Living and Estaugh residents. She states, “It’s important for older people to intermingle with youth. This is not just group meeting group; it’s person meeting person – one on one.”

Many students come to Medford Leas to help residents; the BCIT students are coming to help — and to learn. The five girls assisting once a month in flower arranging are additionally working twice a week in Landscaping with Arboretum coordinator **Herb Minkus**, and in floral design with master gardener **Debbie Lux**.

The horticulture involvement is new this year. It’s an expansion of a nine-year collaboration with BCIT’s Veterinary Assistant program. This year six veterinary students, all girls, will bring dogs they’ve groomed to participate in “pet therapy” with Estaugh residents. It is the “short-term thera-

peutic value” for the residents that is important, says **Linda Schultz**, head of the Therapeutic Recreation Department. Gerry agrees: “It gives them an opportunity to love a pet.”



Nancy Stevens with Ressie and Rayna Pruthi, BCIT

Last year, for the first time, BCIT veterinary students also joined resident and employee canine owner/handlers at the eighth annual Medford Leas Dog Show in the Activities Room. This year the Dog Show will be held on April 20 at 11 am. Herb is teaching the horticulture students how to build hoop houses and how to propagate cuttings and root them. The students also acquire hands-on experience in the basics – such as mulching, edging beds. “It’s always great to work with kids,” Herb says, but acknowledges, “We need hands. Everybody’s watching budgets!”

Debbie, in teaching floral design, also talks to the students about the florist industry, the economics of owning a flower shop, versus the benefit of first learning the business as an employee. She plans this spring to show them how to design a cutting garden for cut flowers.

While residents and employees benefit from the collaboration, the BCIT teachers are equally enthusiastic. Robert Edelschein, who teaches Ornamental Horticulture, says the students gain social skills and benefit from learning in a real work environment. “What they learn here is 25 percent of their grade,” he says.

Leigha Davanzo, who teaches veterinary medicine, echoes this view. “It’s real world exposure, and the students enjoy helping people.”

NEW SOCIAL WORKER

by Ellen Stimler



photo by Margery Rubin

Cathy Martin, MSW, LCSW, a licensed clinical social worker, has recently rejoined the Social Services staff. She worked here from 1985 to 2001 under **Trudy Delacy's** predecessor, doing work similar to her present assignment.

The majority of Cathy's time is spent on Medicare compliance requirements in the skilled nursing units, Woolman and Estaugh. There she has to collect and coordinate information on every condition and activity of every resident in order to make each resident eligible for Medicare reimbursement. This information is then entered on a multi-page computerized document that must be submitted to Medicare at fixed intervals. The information covers a resident's physician orders, nursing, all types of therapy, diet, activities, and related matters. When residents' mental functioning is impaired, communications are difficult and information must be obtained from caregivers.

Cathy believes that this total resident assessment "gives us a psycho-social picture and allows us to make the best treatment plan for the resident."

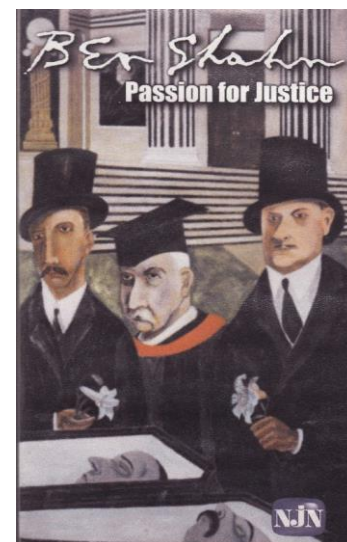
She usually works three days a week, Tuesday through Thursday, but also some Fridays when necessary to meet deadlines. In addition to her compliance work, she has some time to take care of residents' problems that might be referred by doctors in the Health Center.

Cathy earned her MSW at Temple University in 1982. She had her own practice for 18 years while also holding down outside jobs, including Director of Social Services in a division of what is today Virtua Memorial Hospital in Mt. Holly; and chair of the Riverton Local Assistance Board. She lives in Riverton with her husband and two of her four adult children.

ART GALLERY NEWS

by Helen L. Vukasin

The Gallery Committee is proud to present a film about Ben Shahn, father of Judith Shahn, whose work is showing in the Medford Leas Art Gallery until the end of April. The film, *Ben Shahn: Passion for Justice*, reflects how he fearlessly recorded in paint and on film a broad swath of America's social landscape, from the Great Depression to the Civil Rights Movement.



Ben Shahn (1898–1969) was an artist who spoke to the world. His work appeared on the cover of *Time* and in the Museum of Modern Art. He is most famous for his series in the 1930s, *The Passion of Sacco and Vanzetti*, a political tract about the anarchists who many believe were framed for murder. He painted murals and took photographs for the government during the New Deal and became a successful painter and commercial artist. He was also the father of resident **Ezra Shahn**.

The film will be shown in the theater on Saturday April 30 at 11 AM.

April is the month for a new show of resident artists' work in the Art Studio Gallery. The exhibit is open to all residents who wish to have their art work displayed. For more information contact **Anne Wood**, 654-3634. The opening reception will be on Tuesday, April 26, from 10 am to noon in the Art Studio. The usual homemade goodies will be served.

Video lectures on *The History of Western Art* will be on April 5, "Modern Sculpture – Rodin and Brancusi," and April 19, "Art between Two Wars -- Kandinsky to Picasso." Videos are shown at noon with a brown-bag lunch in the Linden Room.

LOSING AND WINNING

by Maggie Heineman

In 2010 the Employee Wellness Committee sponsored a Car Wash, Spa Day, the Atlantic City Alzheimer's Walk, and the Mini Walk here at Medford Leas. The first quarter of 2011 saw both a "Biggest Loser" contest and Wii Day. All this in addition to the two after-work exercise classes for employees.



Wii Bowling - Bob Costigan defeats Bill Conte

Lisa Minuto, Operations, is the coordinator of events for the dimension of social wellness and organized Wii Day. She reports, "We had about 30 employees competing, including Gretchen Donofolio's four-year-old daughter who beat me at tennis. I set it up for 11am-2pm and most people came during their lunch hour. Neither **Mark Wick** nor **Marie Cox** from Human Resources had played before, so it gave them a chance to try it out. Bowling was the most popular game, followed by baseball and tennis. I would like to plan it again and hope to get even more people to participate."

Ed Ellis, Fitness and Aquatics, and chair of the Employee Wellness Committee, organized the two-month-long Biggest Loser Contest. The overall goal was a 400-pound weight loss for the 39 staff members who participated. They were divided into 15 three-member teams. Thirteen teams completed the contest which was based on the percentage of weight loss.

On March 18 the contest ended with the final weigh-ins. The total loss was 395 pounds. The top five teams were:

- Winners: 11.4% (64 pounds) – **Don Farfallo, Vickie Caprera, Gretchen Donoflio**
- Runners up: 9.8% (59 pounds) – **Lisa Minuto, Russell Pepe, Kim Wagner**
- Third Place: 8.8% (40 pounds) – **Carmen Bernier, Lydia Gregonio, Simonette Imperial**
- Fourth: 7.2% (36 pounds) – **Kim Herndon, Peggy Giles, Hope Lowe**
- Fifth: 6.5% (46 pounds) – **Nancy Adams, Valerie Wills, Taryn Ericson**



Mariama Bah - Treading to lose

Employee Wellness is now one of three components of the Active Living Department, led by **Beverly Kannengieszer**. The others are Therapeutic Recreation, **Gerry Stride**, Director; and Fitness and Aquatics, **Ken Roland**, Coordinator.



Exercise Class – Chair planks

HALF OF AMERICAN HISTORY

by Kay Cooley

Medford University's spring course will meet from 3:30 to 5 pm on Mondays from April 4 through May 9. It will focus on the other half of American history, the half that students rarely learn -- how women perceived and reacted to the issues of their times.

In traditional American history courses, students view political, economic, religious, and military events from a male perspective. What about the female perspective? How did native American women view the Europeans who came to their shores in the 17th and 18th centuries? What was it like for colonial women to fight in the Revolutionary War or manage the farms their husbands left behind when they went off to fight? What drove the women who fought so hard for abolition and suffrage? How did women's movements change society after WWII?



Jean Perry is well qualified to lead discussions on the role of women in these periods of American history. She has served as Adjunct History Instructor at Burlington County College and as Guest Instructor for Graduate Education Seminars at the College of New Jersey. She is a Founding Board Member of the Alice Paul Foundation and Co-Chair of the Foundation's NOW chapter. She is also founder of Women in Management and the Tri-County Quality Forum and serves on the Burlington County Mental Health Board.

Jean says, "In this course we will look at and talk about the other half of history that you didn't learn about in your history courses. Join us to learn and to share in the discussions about this additional historical perspective."



NOMINEES FOR MLRA COUNCIL

At the regular meeting of the MLRA Council on Friday, March 11, **Bud Stratton**, Chairman of the Nominating Committee, presented the report of his committee (**Frank Snope, Whitney Stearns, Bud Stratton, Louise Tompkins, Alex Webb**). The five residents they nominated to serve on Council from July 1, 2011, to June 30, 2013, are: **Kit Ellenbogen** and **Julian Eysmans**, Courts; **Maggie Heineman**, Lumberton; **Herb Krakora**, Bridlington; and **Mary Lou Morrow**, Rushmore.

Having been approved by the present Council, the five were presented to the regular monthly MLRA business meeting on Monday, March 21. The election will take place at the regular MLRA business meeting on April 19. After the election the new Council members will be encouraged to attend Council meetings as observers until the beginning of their term on July 1.

The continuing members of Council are **Lefty Alderfer**, Lumberton; **Doris Allebach**, Courts; **Steve Denham**, Rushmore; **Alan Gaylord**, Lumberton; **Jean Nicholson**, Bridlington; and **Anne Wood**, Rushmore.

~~~~~

## DOCUMENT DISPOSAL

Anyone wishing to dispose of personal records and papers without shredding has a new option. According to **Bill Murphy**, Director of Operations, residents should simply put them in a garbage bag and write a work order for pickup by Maintenance. The bags will be put into the trash compactor along with the rest of Medford Leas trash and taken straight to an incinerator in Camden by our contracted waste hauler.

## APRIL CRYPTOGRAM

by Ellen Stimler

VS NBY LOXY VLCXAY NBUN  
 ULWBYX NBY ZFIIX / NBYCL ZFUA  
 CH UJLCF'M VLYYTY OHZOLFYX /  
 BYLY IHWY NBY YGVUNNFYX  
 ZULGYLM MNIIX / UHX ZCLYX NBY  
 MBIN BYULX LIOHX NBY QILFX.  
 --LUFJB QUFXI YGYLMIH

Below is the solution to the February cryptogram  
 by **Alan** and **Beverly Gaylord**:

I'M NOBODY! WHO ARE YOU? ARE YOU  
 NOBODY TOO? HOW DREARY TO BE  
 SOMEBODY! HOW PUBLIC LIKE A FROG, TO  
 TELL ONE'S NAME THE LIFE-LONG MARCH  
 TO AN ADMIRING BOG!

--EMILY DICKINSON

Ed. Note: **Sally Klos** told us two lines were missing and two words were changed from this poem. We apologize to our readers.

The correct solution was received from these readers:

**Ken Anderson, Catherine Barry, Ruth Blattenberger, Judy Braddy, Marion Burk, Jody Cardona, John Caughey, Alice Culbreth, Doris Curley, Liz Dill, Betty Donahue, Linda Gorwood, Molly Haines, Neil Hartman, Herb Heineman, Barbara Heizman, Pat Heller-Dow, Eleanor Horner, Sue Isaacs, Hugh Jenkins, Sally Klos, Tom Krainik, Mary Hope Mason, Dottie Mulholland, Alice Norcross, Helen Peterson, Betty Preston, Floann Roberts, Doris Salati, Peg Scott, Ellen Wiener.**

Put solutions in an envelope in Box 162 or email to [estimler@medleas.com](mailto:estimler@medleas.com) by April 10. We welcome new cryptograms from our readers.

## MEDFORD LEAS LIFE

*Ex Officio:* Sally Miller, MLRA President; George Rubin, MLRA Sponsor

*Editorial Staff:* Ellen Stimler, Managing Editor; Elsie Behmer, Kay Cooley, Suzanne Frank, Sue Heath, Maggie Heineman, Kitty Katzell, Betsy Pennink

*Staff Photographer:* Margery Rubin

*Proofreaders:* The editorial staff, Herb Heineman, Sally Klos, Florence Sawyer

*Business Manager:* Gene Raup

*Production:* Maggie Heineman, Dave Bartram, Kitty Katzell

*Distributors:* Wilma Fitzpatrick, Mary Lou Mullen, Fran Reynolds

*Recorder:* Florence Sawyer

Medford Leas Life is published monthly, September through June, by the Medford Leas Residents Association. Copies are distributed to all residents and to those on the waiting list. Subscriptions are available to others at \$7.50 per 10-issue volume by writing to Medford Leas Life, 144 Medford Leas, Medford, NJ 08055. Medford Leas can be reached by phone, 609-654-3000; FAX 609-654-7894; or email [information@medfordleas.org](mailto:information@medfordleas.org). When using FAX or email, specify the name of the person to receive the message. The Administration website is [medfordleas.org](http://medfordleas.org). The Residents Association website is [mlra.org](http://mlra.org).

**Deadline for submissions:  
 10<sup>th</sup> of the month preceding publication**



printed by Minuteman Press, Berlin, NJ