



Medford Leas *Life*

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MAY 2010

INDOOR TRIATHLON

by Maggie Heineman

"You're signing up for the Triathlon, right?" asked **Rick Trandahl**, in early February. "It's ten minutes on the rowing machine, ten on the bike, and ten on the treadmill with five minutes in between, two-person teams, one staff, one resident." Somehow I didn't think that "no" was an option. I was in.

Rick has run various rowing competitions since 2001. Staff-resident teams were introduced last year, and this year he upped the ante by adding stationary bike and treadmill to the event. Then he energetically went about the conscription process. By Triathlon day, March 31, it was decided there would be just one and a half minutes between machines, making the cardio challenge harder for contestants.

There was hard-fought competition, especially among staff, and plenty of banter that added to the fun. Some of us walked on the treadmill, were not especially fast on the bike, or strong on the rower, but we had as much fun as the better athletes. "When will we do this again?" was the question at the end of the day. Stay tuned.

Onlookers enjoyed **Donna Coonley's** mock fretting as **Beverly Kannengieszer** pulled past Donna's distance on the rower, and it was "Wow!" watching top runners **Lisa Heinkel** and **Lisa Minuto**, who averaged 6.6 and 6.3 mph, respectively. The strongest rowers were **Kevin Crain**, pulling 2465 meters, and **Russell Pepe** with 2463. Resident **Dave Bartram** was third in both rowing and the treadmill. Bartram and Pepe tied for first on the bike, averaging 14.94 mph for

the 10-minute sprint. Bartram was paired with Beverly Kannengieszer, the 5th place rower and a strong cyclist. Pepe and his teammate **Eileen McConville** tied for 4th place on the treadmill, averaging 5 mph.

So which dynamic duo would take the overall competition? It was Kannengieszer and Bartram with a total of 9.92 miles for the three events; Pepe and Eileen McConville were second with 9.75 miles, and third were Donna Coonley and **Jim McConville** with 9.08 miles.

The other teams were: **Bob Scheying**–Lisa Minuto; **Bill Starcher**–Maggie Heineman; **Lefty Alderfer**–Mary Lou Mazzucco; **Barry Sherzer**–Barbara Lassen; Kevin Crain–Lori Haworth, **Matt Alibrando**–Perry Krakora, **Chuck Lassen**–Lisa Heinkel, **Bill Beitel**–Michelle McGill, and **Vince Menzel**–Doris Wallace.



The Winners: Bartram and Kannengieszer

MEDFORD U. SPRING COURSE

by Kay Cooley

Medford University's spring course will survey American art from English Quakers and Dutch Settlers to contemporary realists and avant-garde artists. "Taking a chronological approach, we will look at images of American painting, sculpture, architecture, photography, and other art forms, with an emphasis on New Jersey examples," says Dr. Kate Ogden, Associate Professor of Art History at Stockton College. The course will run Monday afternoons May 3-24, Tuesday, June 1, and Monday, June 7, 3:30-5:00 PM in the Theater. Tuition is \$25. Pre-enrollment is required. For more information call 609/654-3212.

EXCITEMENT AT MEDFORD LEAS

by Kitty Katzell

April 7 had been a usual quiet Wednesday morning when **Art Hartwig** stopped into the Fiber Arts Studio and announced that the parking lot outside the Health Center was full of police cars and fire trucks. Everyone went to the nearest outside door of the Arts & Social Wing to see what he was talking about. Sure enough, the parking lot was full of police cars and fire trucks, including a hook and ladder.



A group of men that included Medford's Chief of Police and **Bill Murphy**, Director of Operations, were conferring when **Bill Conte**, from Maintenance, emerged from the group and told one of the onlookers there had been a fire in a ground

floor mechanical room that serves the Haddon elevators.

To get the full story, *Medford Leas Life* called Bill Murphy, who stopped what he was doing to give this report.

He was on his environmental rounds on the second floor of the Haddon building when the fire alarm went off. He smelled smoke and saw smoke coming from under the door of the room that houses the Haddon elevator equipment. He felt the door and it was hot. He immediately went outdoors and phoned 911.

Staff had already initiated all emergency procedures in which they receive monthly training. Doors that are held open magnetically closed automatically; the exhaust fans and air handlers automatically shut down; elevators immediately descended to the ground floor and their doors immediately locked in the open position.

Within two minutes of Bill's call to 911, the police and fire departments were here. Within five minutes, four fire trucks were on the premises. Before it was all over, there were eight pieces of fire equipment and ten police vehicles. It turned out a motor belt had broken.

Staff evacuated all of the Haddon building, carrying some residents down the stairs because the elevators were not operating. The ground floor of the Woolman building, the Health Center, and the doctors' offices were also evacuated. Fortunately, it was a lovely day, so evacuees were taken to the Back Porch Garden and the Activities Room until they were cleared to return to their usual locations.

Everything started at 10:15 and it was all over by 11:30. In Bill's own words, "The proper people did the proper things at the proper time." Amen.

Now comes the aftermath. The Board of Health has already checked that things are safe from their point of view. A full report must go to the State of New Jersey. The police and fire departments have to file reports, too. But life goes on at Medford Leas, where residents have daily evidence that they are well cared for at all times.

PASSOVER SEDER

by Kitty Katzell

Medford Leas' 18th Seder, held on March 28 in the Holly Room, included much that was traditional, and many innovations. A major change was the introduction of a new Haggadah (the book containing the liturgy for the Seder) with Hebrew lettering by **Lili Wronker**. This Haggadah was produced by a committee of residents and staff. Another committee had taken over all the details of arranging the Seder, formerly managed by **Kitty Katzell**.

When everyone was assembled, there were 57 people from every part of Medford Leas, and some outsiders. As usual, fewer than half of those present were Jewish, and several had never attended a Seder before.

Ernest Kaufman led the service, assisted by **Colette Bartholomew, Sandy Green, Phyllis Orta, Inge Raven, George Spivack, and Loretta Strassler**. The youngest person present was Ethan Heineman, the grandson of **Herb** and **Maggie Heineman**, who was visiting from Brooklyn, NY. Ethan read the four traditional questions that are part of the Seder, and also had to find the hidden piece of matzoh. Part of the service called for the singing of two songs, which were led by Inge Raven, and further enhanced by **Nan Hanslowe's** accompaniment at the piano, another innovation. Each table had its own Seder plate containing all the elements called for during the service, as well as one bottle each of red and white wine and a bottle of grape juice.



When the service itself was finished, the meal began with gefilte fish, followed by matzoh ball

soup. The main course was brisket of beef, served with potato kugel, spinach kugel, and carrots. Dessert was a fruit compote, accompanied by sponge cake made by **Sandy Green** and **Ellen Wiener**, and followed with an assortment of cookies and sweets.

Gil Goering was one of those who had never been to a Seder before. He said, "It was fun; I really enjoyed it. I had wondered if I'd know what I was supposed to do, but the Haggadah made that very clear and there was no problem."

MEDFORD BUSINESS ASSOCIATION MEETS AT MEDFORD LEAS

The not-for-profit Medford Business Association (MBA) supports and promotes area businesses, creates opportunities for business people to meet and interact, and provides a voice for issues faced by the business community. Medford Leas has been an active member for many years, and **Jane Weston**, Director of Marketing and Community Relations, is its current representative.

On April 7, the group met for lunch in the Holly Room to hear a brief talk by Representative John Adler (D. 3rd Congressional District) and to ask him questions. Adler opened his remarks saying that he grew up in a family who owned a small business – his late father ran a dry-cleaning store in Haddonfield – and, therefore, has a first-hand appreciation for the challenges that MBA members face in this difficult economy. Then he answered questions and reiterated that, as a member of the House Financial Services Committee, he clearly understands the role small businesses need to play for economic recovery.

Before he was a US Representative, Adler served in the New Jersey State Senate for 17 years and was Chairman of the Judiciary Committee.

E.A.B.

150 CROWN IMPERIALS

by Elsie Behmer

Anyone who has ever received a fall shipment of flower bulbs understands the pressure to get those bulbs planted before the ground freezes. Landscaping's **Debbie Lux** felt that pressure intensely in mid-December.

"Medford Leas was lucky enough to receive a generous donation of 150 crown imperial bulbs (*Fritillaria imperialis*) from Tim Schipper, head of Colorblends and son of **Cornelius** and **Sabine Schipper**," she said. "I knew I had to get moving as soon as I got a call from the guys at the loading dock asking me what I had ordered that smelled so, so bad. Crown imperials are great for our grounds because their strong, skunk-like smell repels deer and voles, but even the bulbs are hard to be around and absolutely cannot be stored indoors.

"I had to plant right away, but needed to find large sunny areas with moist soil that were away from apartments. The bulbs are extra large – almost the size of a baseball – and were individually wrapped, like Asian pears. Their flowers can grow to about 36 inches.

"My sense of urgency skyrocketed when I heard the weather forecast – a large snow storm was headed this way (it turned out to be the December 19-20 blizzard that dumped about 24 inches on us). I chose four locations: outside the Arts & Social Wing by the Pool; the berm near the Rt. 70 entrance; the enclosure at the front door side of the Atrium; and where Medford Leas Way meets Estaugh Way. Then I got to work."

Around Easter, Debbie's efforts were rewarded with spectacular, if odoriferous, red and yellow blooms. Each location blossomed at a different time. The catalog descriptions alone are enough to make a gardener swoon: "The Red Crown Imperial is a majestic plant that carries a circular cluster of pendulous orange-red flowers under a tuft of leaves that recall a punk haircut. The lemon-yellow counterpart is just as theatrical."

Residents who missed them this year can see

the crown imperials next spring. All they have to do is follow their noses!



Colorblends, a family-owned flower bulb merchant, is part of Schipper & Company started by Tim's grandfather in the Netherlands in 1912. Cornelius brought the company to the United States in 1947. After he retired, Tim took over the company. For Tim, bulbs are both a business and a passion. In 2004, he founded the Tulip Museum in Amsterdam to "fill a void in the history of the tulip." amsterdamtulipmuseum.com

WHO'S NEW

Sabine (Froehlich) and **Cornelius "Cor" Schipper**, Bridlington 675, met in Holland during WWII after the Nazis invaded the country in 1940. Sabine grew up in Breslau, Germany (now in Poland). Her father was a prominent attorney; her mother was a teacher. Sabine is trilingual, having attended schools in Germany, England, and Holland. In 1939, the Froehlichs moved to Holland intending to emigrate to the United States. The German invasion of Holland, however, interrupted those plans.

Cor was a leader in the Dutch resistance. He published an underground newspaper and directed the British as to where to drop weapons, via parachutes, for the resistance. Sometimes the dropped canisters contained cigarettes and chocolate, rare treats in a Nazi-occupied country.

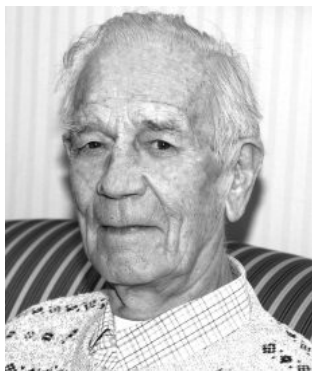


photos by Margery Rubin

Sabine met Cor in 1944. After the liberation in 1945, she went back to school in Amsterdam until their marriage in 1947. Her father decided to go back to Germany and was eventually appointed as a judge to the German Federal Constitutional Court. Cor managed to get a visa

as an agricultural specialist. Sabine and Cor went to New York City in 1947, eventually settling in Harrison, NY.

Cor was born in Hoogkarspel, Holland, the only son of a bulb grower. He became an expert grower after working with his father for years. In the U.S., he started his own business, importing flower bulbs, selling them to growers, and giving professional advice on production. He traveled extensively, to California, Florida, New England, and South Jersey to build up the business.



Sabine did office work until their first child was born in 1948. While raising children, she also became active in the League of Women Voters and as an advocate for seniors and the disabled.

The family moved to Haddonfield in 1986 to be closer to their summer home in Barnegat Light, Long Beach Island, and one of their children who settled in South Jersey. Sabine volunteered in the Retired Senior Volunteer Program at Camden Legal Services.

The Schippers have five children and 14 grandchildren. Their youngest son is carrying on the bulb business on the Internet (Colorblends). An article on their son's donation of bulbs to Medford Leas is on page 4. Cor and Sabine enjoy the beauty of the Medford campus.

EXPLORITAS AT MEDFORD LEAS

by Ellen Stimler

Continuing its relationship with Elderhostel started in 2008, Medford Leas hosted a six-session program produced by Exploritas, the new name of Elderhostel, in March and April of 2010.

The course, "Women in Social and Political Leadership," was taught by different instructors selected by Exploritas. There were 32 participants, including eight residents. **Jane Weston**, Director of Marketing and Community Relations, made all the arrangements to bring the program to Medford Leas. She introduced the speakers, and at the first meeting described facilities and life at Medford Leas.

Most of the attendees were already familiar with Medford Leas, having taken the earlier Elderhostel "Days of Discovery," or having come for meetings or to visit friends. One group of three women were from a local chapter of NOW (National Organization of Women), which holds some meetings at Medford Leas. Jane pointed out that Medford Leas was the only venue in South Jersey to have the Exploritas program. The fee for the course was \$120, but each enrollee could bring a friend at no cost.

The six sessions covered the following subject areas: (1) The Suffrage Movement; (2) Women of Peace and Diplomacy; (3) Eleanor Roosevelt and the Universal Declaration of Human Rights; (4) Women in Social Justice and the Feminist Movement; (5) Women of the Developing World; (6) The Next Generation: Pearls, Politics, Power.

In the two previous years, Medford Leas staff and residents created and presented two programs for Elderhostel. The first one in 2008 was on cognitive fitness, showing that the brain can grow and expand even in advancing and old age under certain conditions. The second one in 2009 was on the life and philosophy of John Woolman, a famous Quaker. Based on a favorable response, Jane plans to continue to work with Exploritas to bring programs to Medford Leas.

THE WOODLANDS/TRAILS GROUP

by John Caughey

A new section of the MLRA website is devoted to the Woodlands/Trails Group. It includes this article as well as a trail map, slideshows of trail maintenance and of fall foliage, and photoessays from **Steve Denham's** bulletin board displays: "Heroes of the Trails" and "An Afternoon Slosh Along the Kriebel Way."

The Woodlands/Trails Group is one of ten groups under the umbrella of the MLRA Nature Coordinating Committee. The group meets at 8:30 AM every Tuesday, year round, in the Nature Center to plan the maintenance of five miles of marked walking trails in the 60 acres of woodlands of the Nature Preserve. The Nature Preserve is the natural woodland part of the Lewis W. Barton Arboretum on the Medford campus.



from Steve Denham's "Heros of the Trails" at mlra.org
Gordon Clift: Rain or Shine (in this case rain)

The group is composed of five men and three women, who meet around a table set with coffee, tea, and cookies, and a 19" by 22" grid map of the campus, which they use to plan activities. (A map of the trails is also available at the Front Desk.) Each member of the group his responsible for monitoring a part of the trail system and time is spent at each meeting on trail reports. Typically, the group agrees on a certain maintenance activity for the day. For example, "There is a small tree down across Yellow Trail 13." At

about 9 o'clock, they pick up saws and cutters from the tool room and proceed to the site. This one is down by the creek known as Sharp's Run. They remove the tree and do general maintenance in the vicinity until about 10 o'clock. For larger trees, they call on **Herb Minkus**, Arboretum Coordinator, and his power saw.

The Red Trail is 1.77 miles long and circles Medford Leas through woods and meadow. The half-mile long Orange Trail cuts through the wooded area on the northeast end of the campus. There are some 17 numbered Yellow Trails looping off from the Red and Orange Trails, accessing almost all of the Medford campus. There is also a segment of trail, called "The Railroad Trail," that runs along the abandoned railroad right of way cutting through the property. Kriebel Way is a short trail behind Rushmore, named for the late **Howard Kriebel**, who worked actively with the Arboretum and particularly the Nature Preserve.

Regular maintenance along the trails also includes the control of poison ivy, the trimming of multiflora rose bushes, weedwhacking underfoot grass, and lopping off intrusive branches. In general, the Red Trail can be navigated without brushing against surrounding vegetation. About 10 two-plank bridges have been put in place to take the trails over small gullies. These bridges are chained to nearby trees, because in the past they were frequently displaced by floodwaters and had to be reset. Concern for the integrity of the woods through which the trails pass has caused the group to turn its attention to the removal of invasive species. Beginning in 1997, they have spent seven seasons working with the Landscaping staff to remove the invasive reed *Phragmites* from the property. Currently, they are working to check the invasive tree *Ailanthus* (tree of heaven, the one that also grew in Brooklyn). Removing these trees involves repeated searches of the property, especially the meadow where the young trees resemble *sumac*. Even when the trees have been identified, sprayed, and cut, they send up multi-tudinous sprouts from the roots and the area must be searched and sprayed again.

(continued on next page)

At present, the group believes they have identified and sprayed or cut essentially all of the *Ailanthus* trees on the property and they plan to revisit the sites and eliminate any sprouts over the next few years.

The Woodlands/Trails Group welcomes new members to help in maintaining the walking trails through Medford Leas' beautiful woods and meadow. Anyone who is interested will find the group at the Nature Center at 8:30 any Tuesday morning.

CUB SCOUTS AT MEDFORD LEAS

The Game Room at Medford Leas was really humming on Friday, April 2. Ten cub scouts from Troop 58 in Hainesport were earning their badges in table tennis under the watchful eyes of **Dave Lewis** and **Mort Yeomans**. How come? The den leader of this preteen group is **Rick Trandahl**, Fitness and Aquatics staff.



The table tennis badge effort was a continuation of help from residents of both the Medford and Lumberton campuses who are working with the Scouts. Earlier, **Dave Bartram**, **Barbara Degler**, **Barbara Griffith**, and **Marty Klaver** had overseen the Scouts as they earned computer badges for learning to use both Apple computers and PCs for the Internet and email.

K.K.

THE BEES ARE BUSY

In September 2009, *Medford Leas Life* reported that the promised apiary had been installed on the Lumberton campus. As everyone has noticed, it's been an unusually warm spring, so Correy Melissas, the bee tender and daughter of the late **Mickey Gray**, opened the hive on a warm day in the third week of March to see what was going on.



photo by Correy Melissas

Shaded hive by the Lumberton campus pumping station

She found the bees to be, as she put it, "happy and plentiful." Correy issues a newsletter when she has something to report. In it she said, "The entire first level [the hive body] was empty of bees, brood, and honey. The upper body was filled with all the bees and a few frames of untouched capped honey. This is good news because it means they were able to store enough honey on which to live through the winter," which had been a goal for the first year of the hive.

She will be taking various steps this spring that are needed to maintain the hive and stimulate the bees to produce honey that she should be able to extract this summer.

Correy's newsletters give more information than can be shared in this space. You will find them, along with a dozen photos, at the website magazine at mlra.org.

Stay tuned.

FREE ONLINE COLLEGE - PART 2

by Kay Cooley

Note: This article relies heavily on "Guide to E-Learning Sites" in the AARP Bulletin for January-February 2010.

Last month, the first article in this series listed three sites for free online college courses. This article focuses on more general learning opportunities. Most are video-based, with some audio-based.

Academic Earth has thousands of video lectures and courses from the world's top scholars. The home page lists subjects, titles of top-rated courses and lectures, and the names of top-rated professors. A list of "most popular courses" divided into three subject areas – humanities, social sciences, and science and engineering – completes the page. Users are requested to read "Terms of Use" before accessing content. <academicearth.org>

iTunesU has thousands of educational video and audio files from universities, National Public Radio, museums, and other cultural institutions. <apple.com/education/itunes-u/whats-on.html>

YouTube includes an education "channel" with material from top universities and other institutions. The home page features images with the title and the source of individual videos. Most sources are universities that offer nonacademic as well as academic videos. <youtube.com/edu>

WonderHowTo curators comb more than 1700 websites for good instructional videos on how to do almost anything. The videos are short and specific and cover a wide range of practical topics. (I watched "How To Talk to Your Cat," for example.) <wonderhowto.com>

Howcast also offers innumerable videos on how to do almost anything, from "How to Look Great in a Photograph" to "How to Avoid Snakebites." <howcast.com>

TEDTalks. TED is an acronym for "Technology, Entertainment, Design" and it refers to an annual conference that brings together some of the world's top thinkers and doers who

give a talk in 18 minutes or less about their work, thinking, or accomplishments. More than 600 of the best talks are presented in video format. At the home page, talks may be selected by event, length, and rating (one of which is "jaw-dropping" with subdivisions, such as "beautiful," "inspiring," "funny," etc.) <Ted.com/talk>

Forum National Network offers live and on-demand lectures and readings by some of the world's foremost scholars, authors, artists, policy makers, and community leaders that were first presented on public television and radio stations. Videos can be selected by individual lectures or series, and by the categories of "featured," "recent," and "popular." <forum-network.org/station/WGBH>

Next month, the third and final article (we have to stop for summer vacation) will list some sites for specific subjects such as health, languages, and cooking, and offer a few guidelines for getting started.

RECYCLING AND THE BIG BELLY

by Suzanne Frank

Not daunted by a 9 AM call, a fairly large group of ecologically sensitive residents were treated to a presentation of Burlington County's regulations on recycling by Susan Konan, Assistant District Recycling Coordinator. After a bit of history about the County's Resource Recovery Complex in Columbus and its sorting processes, she was assisted in a recycling show-and-tell by Judy Scherf, who serves Medford as its Recycling Coordinator, among other duties.

Susan emphasized that everyone should try to do away with a throwaway mindset when buying. For instance, choose a cardboard egg container, if available, instead of a styrofoam one. If purchasing an item that has a combination of plastic and cardboard, pull off plastic and recycle the rest. "Recycling has to be convenient," she said, and it was her opinion that Medford Leas does an excellent job because it provides residents with easy access. *(continued on next page)*

With a table loaded with consumer containers and packaging that the State requires to be recycled and those that are not acceptable, they held up each item to make sure everyone understood. Some items not usually known were:

Not acceptable	Acceptable
<ul style="list-style-type: none"> -caps on recyclable bottles -aluminum trays, foil or pie tins -foil covered paper -frozen food trays with #1 or any other number -hardback books (Goodwill will take) -motor oil bottles – any container of hazardous waste is a no-no -plastic bottles other than #1 and #2 -plastic bags – do not include with recyclables 	<ul style="list-style-type: none"> -pill bottles but only with #1 or #2 imprinted -staples and small paper clips that may be in junk mail -party wrapping paper without foil -phone books -aerosol tin cans

The second part of the program was the introduction of the two solar-powered trash compactors called Big Bellys, which **Sandy Green**, Director of Development, secured through a grant from the Quaker D'Olier Foundation. Medford Leas was awarded \$7,000 by the Foundation, and with an additional anonymous resident's donation of \$1,000 it was possible to purchase two Big Bellys. Fulfilling the Quaker testimony on "stewardship of the earth and its earthcare initiatives," the Big Bellys aid trash reduction and reduce energy consumption.

Amy McDowell of Advanced Environmental Systems, the maker of the Big Belly, pointed out that the units not only hold 5-6 times as much trash as a regular container, they reduce manpower hours of collectors because they need to be emptied less often. She said that these Big Bellys were among the very first few installed in Burlington County. **Bill Murphy**, Director of Operations, ended the program by saying "recycling is everyone's job." The audience seemed to agree and clapped heartily.

NEW FITNESS STAFF MEMBER

Kristin Smyth is the newest member of the Fitness and Aquatics Department. She will be working part-time in the afternoon, from 12:30 or 1:00 PM until 5:00, Mondays through Fridays.

Kristin is the granddaughter of **Louise Evaul**, who alerted her to the staff opening. Of course, Kristin was already very familiar with the facilities and amenities at Medford Leas from her many visits with her grandmother.

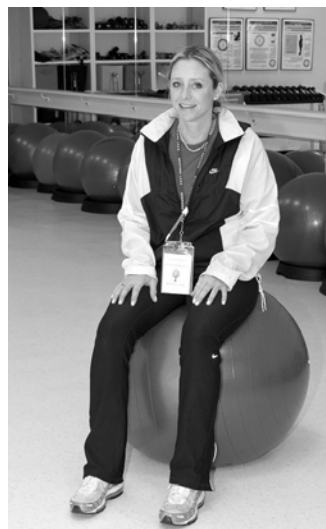


photo by Margery Rubin

Kristin's life is immersed in exercise and sports from morning to night. On three mornings a week, she teaches two group fitness classes at Gold's gym in Cinnaminson, then works afternoons at Medford Leas. She loves attending sports events and watching them on TV. In her spare time, she goes rollerblading or biking.

Weekends in season are spent at the family's home in Ocean City.

Kristin is married to Steve, who owns a landscaping business, and the couple has three boys. The two youngest, 8 and 11 years old, "do a lot of sports," their mother says. They live in Riverton.

Kristin has an associate degree in animal science from Camden County College. After she decided to work with people, she received certificates as a personal trainer, a group fitness instructor, and a teacher of Pilates.

"Residents and employees have been wonderful in making me feel welcome," Kristin said. "I can't wait to play water volleyball in the pool," she added.

E.S.

ART GALLERY NEWS

by Helen L. Vukasin

There are two exhibits now showing on the Medford campus and a new one opening on the Lumberton campus in May

On the Medford campus The Philadelphia Society of Botanical Illustrators opened its first show in New Jersey on Sunday, April 11. At the opening reception, some of them spoke about their work. There are 54 paintings by 22 artists in the present show. *Explore the World of Flowers* will be displayed through May.

Before the annual Arboretum Lecture in the Theater on April 24, Linda Murphy, Shamong, demonstrated techniques of flower painting.

The Art Studio Gallery show, which opened April 19, includes some 25 resident artists, at least eight from the Lumberton campus. A drawing by **Katie Lewis** is featured on the invitation to the opening. None of the work contributed by practicing artists has been shown on the campus before. Over 100 visitors toured the Art Studio Gallery and enjoyed the finger sandwiches and homemade cookies.

In the Lumberton Gallery Photographs taken by the late **Bob Gray** of his project work for the AFSC (American Friends Service Committee) in India and elsewhere will be shown during May, June, and July. There will be an opening reception on May 21 from 3:00 to 5:00 PM when Bob's daughter, **Janet Gray**, a Lumberton campus resident, will speak about the photos at 3:30 pm.

There is good news for someone who would like to organize art shows on the Medford Campus in the future. The present Chair is stepping down. She has planned exhibits through the end of 2010, and after that, someone is needed to work with the Art Gallery Committee, which will identify potential exhibitors. For more information, readers are invited to contact **Helen Vukasin** (261-3166), **Alice Culbreth** (3407), or **Mary Lou Morrow** (3632).

DISPLAY CASE

by Maggie Woodard

Lois Forrest, now a resident, former Medford Leas' Executive Director, started collecting the beautiful antique vases called Art Pottery, presently shown in the Display Case, some 60 years ago. An entire wall in her home holds her collection of more than a hundred pieces. Asked how she became interested in collecting the vases, she replied that she has always liked pottery. She bought some of the pieces in antique fairs and antique shops, and many were gifts from family members.

These ceramic vases were made by the Roseville Pottery Company in Ohio in the early 20th century. Company designers would decide each year on a theme inspired by nature, and the pieces produced that year would reflect that theme. If the theme was daffodils, they would be pictured on all that year's pottery. These vases are valued for their beauty rather than for their utility.



photo by Mike Carrell

The turquoise teapot, decorated with a gardenia, displayed on the bottom shelf of the section of the Display Case on the right, is particularly attractive. A matching sugar pot can be seen on the second shelf of the section on the left and a matching creamer can be found on the top shelf in the section on the right.

See this collection in person and Mike Carrell's photographs in color at mlra.org.

IN MEMORIAM

Robert Gray	April 1
Anthony Cristoforo	April 4
Katharine Haupt	April 10

THE TRIP TO GETTYSBURG

by Wil Britten

Ignoring gloom and rain 16 residents and eight "outsiders" boarded a comfortable motor coach at Medford Leas' front entrance and headed for Pennsylvania. Their destination was Gettysburg and three days' immersion in the history of the pivotal battle of the Civil War.

After a luncheon buffet, the group took an extensive bus tour of the famous battlefield. The guide who joined them was articulate and knowledgeable, giving a clear presentation of the events of each of the three days of the battle.

That evening at dinner they were joined by General and Mrs. Grant who, despite their age, were still able to present their story in an interesting way.

The next day the group had a lecture on the Underground Railroad and the basic causes that led to secession and the war. At lunch, President Lincoln dropped by to greet the group and tell of his efforts on behalf of emancipation.

Next, the tourists visited the Shriver house and learned how a local family had experienced the war. Then it was on to the Civil War Museum. Dinner that evening was at the Dobbin House in Gettysburg.

The last day featured a stop on the way home at the Eisenhower Farm.

The trip was voted a great success with thanks from all to Sue Maddox of Omni Tours, who accompanied the group and saw to it that all were both well informed and well fed.



WHO'S NEW



photo by Margery Rubin

Marie J. Gleason, who moved to Apt. 72 from White Plains, NY, is a devotee of physical fitness, hiking, and healthy eating. After visiting several Quaker retirement communities, she chose Medford Leas because of the state-of-the-art fitness and aquatics programs, the ground level access to her apartment, and the setting

amid meadows and trees. After she signed up on the waiting list in 1996, Marie used to visit Medford Leas every three or four years to be updated on new programs and developments.

Marie grew up in Yonkers, NY, the youngest of six children in her family. After finishing high school, she worked in secretarial and administrative jobs for a few years but eventually found it boring and decided to go to college. She started at Fordham University, taking classes during the day, then changed over to the night school after she got a daytime job with IBM in Westchester. She graduated from Fordham with a degree in English literature.

At IBM, Marie started as a secretary but was promoted into the communications department, where she wrote articles for in-house publications and taught some introductory computer courses. She retired after 20 years in 1994 with the title of Vendor Liaison.

In her retirement, Marie continued to maintain her lifestyle focused on physical exercise and hiking. She worked out at a local fitness center in White Plains and went on 8 to 10-mile hikes, mainly with the Westchester Trails Association. She is a life member of two other hiking clubs. Marie also took hiking vacations in Switzerland, Scandinavia, the Canadian Rockies, and several national parks.

Marie's siblings have all died, but she keeps up relationships with her many nieces and nephews.

Ellen Stimler

MAY CRYPTOGRAM

by Ariel Hollinshead Hyun

PGCVR BI MGA DOHA
 OZPVBORAR NHBS LZR
 HALTCZE AWAJ BI SBZRAH!
 MGBOEG MCTA NA IVAAM, LZR
 C LZR MGBO LHA GLVI L VCIA
 LJOZRAH, MGW VBQCZE JTCVA
 SCVV JOHAVW GLCV MGA VBQA-
 ECIM BI L ILCHW MLVA.
 – VASCJ LHHBVV

Here is the solution to the April cryptogram by Ellen Stimler.

SWEET DAY, SO COOL, SO CALM, SO BRIGHT, THE BRIDAL OF THE EARTH AND SKY / SWEET SPRING, FULL OF SWEET DAYS AND ROSES / A BOX WHERE SWEETS COMPACTED LIE.

--GEORGE HERBERT

The correct solution was received from the readers listed below:

Ken Anderson, Miriam Angle, Jane Bartram, Ruth Blattenberger, Judy Braddy, Marion Burk, Jody Cardona, John Caughey, Alice Culbreth, Doris Curley, Liz Dill, Betty Donahue, Alan Gaylord, Linda Gorwood, Joyce Haase, Neil Hartman, Herb Heineman, Barbara Heizman, Ariel Hollinshead Hyun, Sally Klos, Mary Hope Mason, Joan McKeon, Eileen McManimen, Alice Norcross, Helen Peterson, Betty Preston, Warren Reeves, Doris Salati, Peg Scott, Ellen Wiener.

Please put your solution in an envelope in Box 162 or email it to estimler@medleas.com by May 10. We would like to get new cryptograms from our readers.

MEDFORD LEAS LIFE

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**Deadline for submissions:
10th of the month preceding publication**

