



Medford Leas *Life*

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WELCOME FULLER, SERVICE DOG

by Betsy Pennink

Fuller, our first resident service dog, moved recently to the Lumberton campus with **Kay Roberts**, who has multiple sclerosis. Fuller has been her companion for the last six years.



photo by Betsy Pennink with an iPhone, a Medford Leas first

Fuller is a handsome, poised, eight-year-old yellow Labrador Retriever and, as Kay says, “a people magnet.” When Kay is out with Fuller, everyone coming toward them is smiling, which makes Kay smile too. Fuller, of course, pays no attention to anything or anyone except Kay as he is entirely focused on his work.

Kay is a pioneer of sorts. When she was diagnosed with MS about eight years ago, she immediately turned to the Internet for information. She discovered that service dogs were available for those with MS who were wheelchair-bound, but not for those who were ambulatory. She applied anyhow to Canine Companions for Independence (CCI) and eventually prevailed. They had to create a special harness for Fuller, which she touches lightly for balance. Fuller, for his part, paces himself so that he is always at her knee.

Fuller knows at least 50 commands. He can pick things up (once even a credit card!) and open the refrigerator. He had to learn the special command “step” because Kay can navigate stairs. The command she uses when she takes off his harness so that he can be patted is “release.”

Kay has great praise for CCI and their thorough, scientific approach. All puppies are born in California to breeder dogs living in families. The breeds are usually yellow Labs or Golden Retrievers, although sometimes they are mixed. The puppies go to “puppy-raisers” (Kay’s brother is one), whose duties include: providing only a CCI diet, going to CCI-approved obedience classes, socializing the puppy through various

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outings, and sending in monthly progress reports. The puppy is then returned to CCI for a 6- to 9-month training course with professional instructors at a regional training center. The puppy must be strong, smart, and dependable. It must like food (for rewards in training) and people.



Kay and her husband **Vince Menzel**, went to the Training Center on Long Island for Kay's 14-day training with Fuller. During the many interviews with her, CCI had studied her personality and *they* picked out her dog. During her first 30 days with Fuller, intense bonding took place, as Kay fed him and had him on a

leash next to her day and night. Vince was not even allowed to make eye contact with him during that time. Now Vince doesn't worry about leaving Kay alone while he is at work, because he knows that Fuller is at her side. The Menzel/Roberts "Who's New" bio is on page 11.

Fuller does love people and, when out of his harness, will "work the room," says Kay. He would also be happy to go for a walk with anyone who loves dogs. Kay is concerned that he doesn't get enough exercise. Perhaps someone would take him out when she is in the pool at Medford Leas?

HOLIDAY SALUTE TO MLRA COMMITTEES

by Wil Britten

It's holiday time at Medford Leas
A time to sing (or maybe wheeze?).
Whatever your talent, you'll find lots to do,
A means of expression just fit for you.

And this year a special salute we raise
To those whose efforts brighten our days.
And who are those whose praises we cheer?
Why, committee members of this past year!
Who balance budgets, spot birds in our trees

And guide all activities here at the Leas.
Some committees give us our news,
And others meet to discuss many views.

Our health, our hearing, computing, and meals
All add to our comfort and offer appeals
To our better nature through forums and talks,
Clean up trails for our hikes and our walks.

Bid a strong hand? Play pool or ping pong?
There's a committee - you just can't go wrong!
They greet new people and repair an old table
And there's a committee to help the less able.

They distribute our mail and edit our tales,
And conduct great second-hand sales.
To borrow a book or sew a fine seam
Find a committee to help with your dream.

Name them all? It wouldn't be wise,
You couldn't do it in sixty-three tries!
But we've done as well as our limit permits,
Just finding these rhymes is enough to give fits.

So, Santa beware as you visit us here.
You'll be on a committee before the New Year!
Make your selection -- there's plenty of choice,
As a loud Happy Holidays
we raise with one voice!



drawing by Wil Britten

OKTOBERFEST

by Maggie Woodard



Over 100 residents enjoyed delicious food and good company at the Oktoberfest Mixer Lounge Party and Dinner on October 15. Tom Groeber, dressed in *Lederhosen*, played traditional German music on the accordion in the Lounge and also played for the Oktoberfest Happy Hour in Assisted

Living and Estaugh. Appetizers included German sausage and sauerkraut, potato pancakes with applesauce and sour cream, asparagus-ham roll-ups, and German cheeses, cider, beer, and wine. The dinner, served in the Colonial Room, featured sauerbraten, Cornish hen, Wiener schnitzel, very special hot German potato salad, and a German dessert sampler. An extra charge covered the cost of the wine, beer, and the food items that were not served in the Garden Room and Coffee Shop. Table assignments were determined by picking a number from a bowl at the dining room entrance.

Oktoberfest, an annual festival started in Germany, is held on the anniversary of the 1810 wedding of the then future king, Ludwig I. It lasts 15 days and ends on the first Sunday in October. It is usually accompanied by horse racing, agricultural and trade shows and, of course, singing and beer drinking.

The first Oktoberfest at Medford Leas was organized by the Hospitality Committee in 2005. According to then Chairman **Evert "Bart" Bartholomew**, the committee had sponsored several mixers with only mediocre attendance. After Bart noticed that whenever Dining Services

offered special menus attendance soared, he requested a special menu for the next mixer. **Lorraine La Pollo**, Director of Dining Services at the time, suggested an Oktoberfest. Because it had been decided to allow liquor in the Lounge, wine and beer were served. The event, organized by Bart and **Anita Goldworth**, was a huge success with 180 residents attending.

When organizing this year's Oktoberfest, Bart and Anita met first with members of Dining Services. Several residents helped at the event. **Nancy and Bill Carson, Al Pfeiffer, Mary Ann Black, and Wil Britten** served beer and wine. **Colette Bartholomew** and Anita Goldworth handed out nametags printed by Anita. **Ray and Kay Hoagland** guarded against party crashers.

LENAPE HOLIDAY EVENTS

The Lenape Regional High School District is offering seniors free admission and transportation to its Holiday Choral Festival on Sunday, December 13, at 2 pm in the Performing Arts Center. Students from all four high schools will participate, with each school's singing group presenting its own selections.

Residents have received a sign-up sheet in their mailboxes. They must be ready to leave at 1 pm on one of the school buses stopping at the Main Entrance. Arrangements have been made with Dining Services for an 11:45 dinner in the Garden Room for concertgoers.

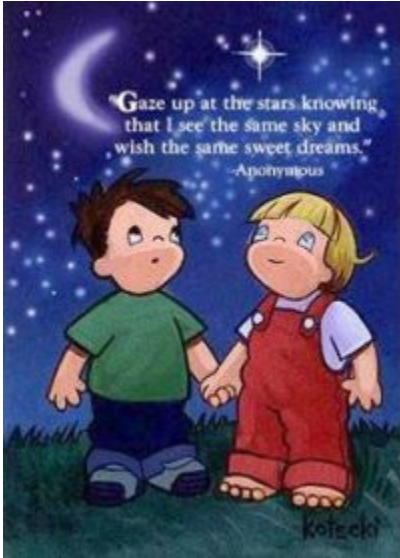
Two other high schools are offering free admission with the gold pass, but no transportation, for plays scheduled in early December. Cherokee students are performing the musical *Willy Wonka and the Chocolate Factory* on December 4 and 5 at 7:30 pm. At Seneca, *Tom Jones* will have a senior matinee on December 5 at 1 pm, other performances on December 3, 4, and 5 at 7 pm.

E.S

STARS IN OUR EYES

by Elsie Behmer

The planet Jupiter became a star for an evening, at least to 52 residents and guests. Fans waited on the Lounge Patio to look through one of three high-power telescopes and were rewarded with a clear and almost close-up view of the largest planet, its bands, and three of its many moons.



"Gaze up at the sky knowing that I see the same sky and wish the same dreams."

Anonymous

Lloyd W. Black, vice-president of the Willingboro Astronomical Society, treated those in line to a tour of the October 13 night sky. He used a powerful laser pointer to guide audience eyes to the Summer Triangle, its stars, related constellations, and, of course, to Jupiter.

The group had just watched Black's presentation *A Beginner's Guide to Enjoying the Night Sky* in the Lounge. His slide show featured the moon, asterisms (groupings of stars, such as the Summer Triangle), constellations, star clusters, planets, deep space objects, and meteors. He urged the group to "go outside when the sky is dark, let the eyes adjust for several minutes, and just look up. With good binoculars and a sky map, the average person can see a lot."

The program was sponsored by Burlington County College through a grant from NASA. The goal of the grant is to "excite people, especially kids, about science," according to Tony DiLemme, Project Director. "We got equipment,

including the telescopes we were using tonight, materials, and an RV, the NASA Mobile Science Classroom. We do teacher training, in-school programming, and outreach to the community. That's what brought us to Medford Leas."

Six websites for more information and resources:
skymaps.com wasociety.net stellarium.org
rowan.edu/planetarium Bcc.edu/NASA
heavens-above.com



VOTING HERE NOVEMBER 3

At this time in the Medford Leas polling district, registered Democrats significantly outnumber Republicans. So it was no surprise that on November 3, most residents who are registered as Democrats voted a straight Democratic ticket. As a result, the Medford Leas polling place showed majority votes for Governor Corzine and the Democratic candidates for Township Council, Freeholders, and the New Jersey Assembly. However, a Republican tide in Burlington County gave Christopher Christie 62,513 votes to Jon Corzine's 59,109. At Medford Leas, there were 82 votes for Christie, 223 for Corzine, and 14 for independent Chris Daggett.

Democratic challengers lost in Medford Township Council where Republican incumbents Joseph Lynn, Chris Myers, and David Brown were reelected. Two Republican newcomers, Bruce Garganio and Mary Ann O'Brien were elected to the Board of Chosen Freeholders. Republicans Dawn Marie Addiego and Scott Rudder will continue to represent the 8th New Jersey Assembly District.

On the open space public question, Medford Leas voters were in sync with the rest of the County and State by voting 205 yes to 52 no.

E.S.

HALLOWEEN TALENT SHOW

by Maggie Woodard

A large, appreciative audience found the Halloween Talent Show in the Activities Room on Friday, October 30, hilarious and inventive. The show was organized by Therapeutic Recreation for residents in Assisted Living and Estaugh. The theme was "Fractured Fairy Tales."

The program consisted of four short skits performed by costumed staff members from four departments and by companions, interspersed with songs from Disney shows sung by the audience and led by **Gerry Stride**, Director of Community Life. Two residents participated: **Perry Krakora** was a narrator in one skit and **Nannette Hanslowe** accompanied the singing on the piano and participated in the last skit.

In one skit, companions put on *Dirty Cinderella and Mice*. A sheet-covered figure was finally uncovered to reveal a beautiful dress for Cinderella. In another, five staff members from Administration recited witty short lines based on Cinderella. Between acts **Mark Wick** sang "A Dream Is a Wish Your Heart Makes."

The Fitness and Aquatics staff next enthusiastically presented Peter Pan with Perry Krakora as a scary crocodile.



Captain Hook (Rick Trandahl) fights Peter Pan (Ken Roland)

The final skit was *The Enchanted Forest*. Perry narrated Goldilocks, Cinderella, Alice, Jack Sparrow, Gretel, and the Emperor (Gerry Stride, dressed in a foam barrel, looking for clothes)

followed Little Red Riding Hood to her grandmother's house, which was, of course, Medford Leas. Little Red introduced all her new friends to her grandmother (Nannette). Goldilocks said she was looking for a comfortable place to sleep so grandma handed her a pillow telling her all about the fine accommodations at Medford Leas.

Grandma told Cinderella, who was looking for her glass slipper, that Wallach's shoe store came every so often with sensible shoes, in the meantime giving her one of her own. Poor Alice had just missed the Fall Tea at Medford Leas but was given an invitation to the Winter Tea, which made her very happy.

Grandma gave Jack Sparrow his very own bottle of rum and was reminded that Assisted Living and Estaugh host a happy hour every Thursday at four o'clock. Gretel was given a scrapbook with pictures of all the Medford Leas residents who, grandma assured her, are like family.

As for the Emperor who had spent years taxing his subjects to pay for his fine wardrobe, he was given a bag of clothes from the Thrift Shop. He was delighted because the clothes had designer tags, were fashionable, and were very low priced. With the money he saved, he lowered taxes, making his subjects happy. This was the first known stimulus package in recorded history.

Of course, all of the characters lived happily ever after!

IN MEMORIAM

Anne Clift

November 5

David Taber

November 12

Gladys Wynkoop

November 14

REUNION

by Miriam Swartz

Recently, while waiting for a meeting to begin at Pennswood Village in Newtown, PA, I decided I'd go to their library, thinking I might know some people who are living there. I checked out their photo albums of current residents. Sitting across from me on a couch was a woman who told me she was 94 years old. She was curious about why I was looking through the albums. I said that I grew up in this area and was looking for classmates from many years ago.

We then exchanged some names and found that although we had come from different Friends Meetings (she from Trenton and I from Fallsington), we knew some of the same people such as Helen and Bob Lovett, whom she claimed to have introduced to each other. I was really curious now and asked her, "What is your name?" "Jane Howell," she replied. I was stunned. I blurted out, "You gave me blood when I was four-years old when I had a mastoid operation!" I have type O-negative blood and my parents had to find someone with a matching blood type, and somehow I remembered that Jane Howell was the name of my donor. "Yes," she acknowledged, "I used to give blood back then."

I ran up to her and gave her a big hug and said "We are blood sisters." What a small world and wonderful coincidence!

PING PONG OR TABLE TENNIS?

by Betsy Pennink

Both, actually, because it's the same game. Then why are there two names for it? Table tennis was originally a parlor game and had existed for years before "Ping Pong" was registered in England by J. Jaques & Son in 1901. Soon it was trademarked in the US by Parker Bros., the board game company. Other manufacturers of the necessary equipment kept the name "table tennis."

At Medford Leas these activities are overseen by the Fun and Recreation Committee. The Game Room is reserved every Thursday at 7 pm for a regular group of *ping pong* players. Some people come consistently: **Judy Leidy**, **Bill Reifsteck**, **Dick Dill**, **Bob Thode**, and **Mary Ann Black**.



Judy Leidy and Andy Moll

Judy hopes more residents will join the group. "Don't worry if you haven't played for 30 years!" she says. "You get better every time." There are assorted levels, so everyone is welcome. They usually play singles. A short game (11 points wins) gives everyone a chance to play.

A "spin-off" from the regular group is an ongoing *ping pong* match between **Kay Cooley** and **Mary Ann Black** on Wednesdays at 6:45 pm. Kay has taken to heart a statement by a neuropsychiatrist on PBS that ping pong is one of the best ways of exercising the brain, through the coordination of hands and feet.

Several men have reserved the Game Room for *table tennis* at 2:45 pm on Wednesdays. In this group are **George Cardona**, **Charlie Morrow**, **Bill Reifsteck**, **Toby Riley**, **Mort Yeomans**, and **Dave Lewis**, who is their unofficial leader. They bring their own paddles and balls and they play only doubles. (This means alternating strokes.) Dave played table tennis at Medford Leas when the old table was in a room behind the Thrift Shop. In a conversation with Director of Operations **Bill Murphy** in 2001 about that table, Bill asked Dave to order the beautiful new table now in use in the new Game Room.

(continued on next page)

Beverly Kannengieszer, Director of Fitness and Aquatics, lists some skills used or learned when playing ping pong: side-to-side movements, forward lunges, stretching, balance, leg strengthening, timing, hand-eye coordination, body awareness, competition, teamwork (doubles), and fun. It's a win-win situation! The paddles and balls are there and the table is waiting.

PROFILE IN FITNESS

by Suzanne Frank

(This is the fourth in a series of articles profiling residents whose decision to benefit from Fitness and Aquatics programs has resulted in significant improvement in the quality of their lives.)

Although she thinks she's basically lazy, **Jane Holben** has definitely shown she is made of steely determination. "I've been healthier since I've been here," she said, "and I also have more energy." Jane attributes this increased well-being to a combination of her exercise routine and eating a better balanced diet that includes greens, which she used to eat only when convenient.



photo by Margery Rubin

At the time Jane moved into Medford Leas, she experienced a general weakness that was a result of surgery. She needed to strengthen her legs and to work on her balance due to an inner ear problem. After consultation with the Medical Department, she began with Genesis Rehab Therapy for a month and then was eased into a specially-designed program by the Fitness and Aquatics staff, who continue to adjust to her needs.

Jane now attends balance class which she finds lots of fun. "I'm one of about 25 people and we kid with **Ken (Roland)** and **Rick (Trandahl)**, and laugh at some of the dumb things we do. The fellowship of the group is one of the main rea-

sons people keep coming and, as a bonus, they do find they improve. "Personally, I still don't stand on one foot more than one or two seconds," she continued, "but some people are very good at it." She has learned to grip the floor with her toes and walk with her heels first. "I need the balance ability to go up and down steps, because I previously used to panic when I faced the prospect of going down stairs."

According to Ken, Jane has caught the fitness bug. "I've seen such an improvement in her health because she is seriously dedicated to her program – and she enjoys the people, too. I don't think she worked out much before coming here, but once she began, she tried so hard using the bike and treadmill and going to balance class that she really found success," he added. "If she doesn't do her workouts, she notices it almost immediately."

"When my mom was in a CCRC in Orlando," Jane related, "she never exercised. She had no complaints about her surroundings and everything was beautiful. But they could not get her to exercise, and she ended up hardly able to walk."

HEADSETS

There is good news for those who use headsets in the Theater: ten more are on the way! For those who don't use them: give them a try! Even people with excellent hearing find that a headset improves the clarity of reception.

Remove your hearing aids before donning a headset to avoid creating an annoying whistle.



When using the mike, hold it out in front and point it toward your mouth with your hand at the level of your mouth, not below your chin. And remember to be sure it's on.

VERMONT IN THE FALL

by Wil Britten

Thanks to Sue Maddox of Omni Tours, a group of 20 residents boarded a bus at the “front door” and rode to Vermont to see the fall colors.

While the weather looked less than favorable that morning, it improved as the group moved north, and the visit included plenty of sunshine. The color, seen from the wide-windowed bus, was spectacular.

The group’s destination was the famed Basin Harbor Club on Lake Champlain, where the guest service was exceeded only by the quality of the meals.

The two full days spent in Vermont were filled with guided tours. Among the most interesting were the Shelbourne Museum, Shelbourne Farms, Ben and Jerry’s Ice Cream Factory, and the Cold Harbor Cider Mill.

On the second day, the group toured back-country roads and saw the Green Mountains in their fall splendor. After a stop at the Trapp family lodge and a Vermont cheese tasting, the day ended with a dinner cruise on Lake Champlain.

While the ride there and back was long, the bus was comfortable and roomy and, of course, the scenery was compelling. All in all, residents enjoyed a beautiful and well-fed fall excursion, and thanked Omni for providing the service.

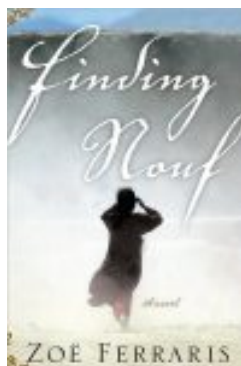


SCARECROW WALK

The annual Scarecrow Walk was held on October 28, when 5th graders from St. Mary of the Lakes escorted residents of Estaugh and Assisted Living through the covered walkway to see the scarecrows the students and Medford Leas staff had made. This year’s theme was *Fairy Tales*. The students had written Halloween stories, which they read to residents after the promenade.

BOOK REVIEW

Finding Nouf, by Zoe Ferraris, 305 pp.



In this fictional mystery, Nouf, the daughter of a wealthy, prominent family in Jeddah, Saudi Arabia, fails to come home from a shopping trip. Searches remain fruitless, until her body is discovered by Bedouins in the desert. The coroner rules it an accidental death, stating that Nouf drowned in the nearby wadi.

Othman, one of Nouf’s brothers, believes that Nouf was kidnapped and murdered. He asks his friend Nayir, a desert guide, to investigate the death. Nayir partners with Katya, one of the few women professionals in the city, who is a lab technician in the coroner’s crime lab. They determine that Nouf was pregnant, had bruises on her head and arms, and mud and manure under her fingernails. The two prime suspects, Nouf’s driver and an American whom Nouf paid to get her to New York City, are exonerated by their DNA. Then who is the killer?

Ferraris’s familiarity with the kind of rigidly gender-separated households like Nouf’s, and her penetrating psychological analysis of the relationships within Nouf’s family, lead her to the solution of this mystery. The book gives readers an unprecedented insight into this still closed society and the great obstacles facing young women like Nouf who yearn for freedom.

Ferraris moved to Saudi Arabia after the Gulf War and lived there for years with her then husband’s extended family. Later she divorced and now lives in San Francisco with her teenage daughter.

Ellen Stimler

“Personally I’m always ready to learn, although I do not always like being taught.”

Winston Spencer Churchill

NEW BOOKS IN THE LIBRARY

Non-Fiction

- Albom, Mitch *Have a Little Faith*
 Armstrong, Karen *Case for God*
 Balz, Dan & Johnson Haynes *The Battle for America, 2008*
 Biddle, Wayne *Dark Side of the Moon*
 (about Werner von Braun)
 Branch, Taylor *The Clinton Tapes*
 Dawkins, Richard *Greatest Show on Earth*
 Kennedy, Edward *True Compass*
 Kidd, Sue Monk *Traveling with Pomegranates*
 Ross, D. Reid *Lincoln's Veteran Volunteers Win the War*
 Sullenberger, Chesley *Highest Duty*
 Wiesel, Elie *Rashi*
 Yunus, Muhammed *Banker to the Poor*

Fiction

- Brown, Dan *Lost Symbol*
 Conroy, Pat *South of Broad*
 Doctorow, E. L. *Homer & Langley*
 McCall Smith, Alexander *La's Orchestra Saves the World*
 Moore, Lorrie *A Gate at the Stairs*
 Pamuk, Orhan *Museum of Innocence*
 Roth, Philip *The Humbling*
 Satrapi, Marjane *Complete Persepolis*
 Sparks, Nicholas *The Last Song*
 Steel, Danielle *Southern Lights*
 Stockett, Kathryn *The Help*
 Strout, Elizabeth *Olive Kitteridge*

Mystery

- Connelly, Michael *Nine Dragons*
 Cornwell, Patricia *Scarpetta Factor*
 Grafton, Sue *U Is for Undertow*
 Kellerman, Jonathan *Evidence*
 Mayle, Peter *Vintage Caper*
 McCall Smith, Alexander *Lost Art of Gratitude*
 Mortimer, John *A Rumpole Christmas*
 Paretsky, Sara *Hardball*
 Parker, Robert *The Professional*
 Rendell, Ruth *Monster in the Box*
 Sandford, John *Rough Country*

ORANJ FALL MEETING

by Kay Cooley

On Wednesday, October 21, seven residents traveled to Pompton Plains, NJ, for the annual fall meeting of ORANJ (Organization of Resident Associations of New Jersey) at Cedar Crest Village, a large Erickson Retirement Community. Attendees expected to hear Rick Grindrod, President and CEO of Erickson Retirement Communities, speak on "How residents in a senior living community can expand the horizon of the American dream." However, he was called away on urgent business at the last minute and was replaced by Peter Desch of the New Jersey Department of Community Affairs.

Mr. Desch heads the Bureau of Homeowner Protection, one section of which regulates and monitors CCRCs. He described the interaction between the Department and the organizations. This revolves largely around their disclosure statements, which the CCRCs submit annually for review and certification.

The afternoon presentation was delivered by Doug Pace, Chairman of the American Association of Homes and Services for Aging (AAHSA) Long-Term Care Solution Campaign. This is a campaign to create a national insurance trust for providing cash benefits to help pay the expenses of long-term care and support for individuals over 21 years of age. It would be funded by low-cost premiums paid by individuals, who would have the choice of how to use the money when they withdraw it for their long-term care needs. Mr. Pace praised **Helen Vukasin** highly for her work as an Ambassador of the campaign.

Another member of the Medford Leas community, **Maggie Heineman**, was also recognized. She was awarded a plaque for her outstanding work in designing the ORANJ web site.

"You can't be a smart cookie with a crummy attitude."

John C. Maxwell

ART GALLERY NEWS

by Helen L. Vukasin

It is December and, as tradition dictates, we welcome the Philadelphia Society of Calligraphers in the Medford Leas Art Gallery. There will be an opening reception on Tuesday, December 8, from 3 to 4:30 pm in the Gathering Room. The exhibit is organized by **Harry Forrest**. At 3:30, the artists will speak briefly about their work.

At Lumberton, there will be a new exhibit of photographs by **Rolfa Rogers** from December through February. Rolfa travels extensively with her camera in hand. The result is a fascinating diversity of subjects and compositions.

The exhibit of residents' art work in the Art Studio Gallery on the ground floor of the Arts and Social Wing will continue through March.

In January, a juried show of the art of Medford Leas residents will be on view at the Medford Art Center, Main Street, Medford.

WHO'S NEW

photos by Margery Rubin and Barbara Degler



Madeline Traino Lucci, Apt. 24, considers herself very fortunate, because her daughter and her family live "within walking distance" in a development on the other side of the silo. She had met **Trudy DeLacy**, Director of Resident Services, at

the St. Joan of Arc Church in Marlton, and heard more about Medford Leas at a presentation Trudy gave at her senior center.

Madeline grew up on her father's farm in Marlton, went to local public schools, and graduated from Haddonfield High School in 1945. She wanted to be a teacher and went on to

to Glassboro Teachers College (now Rowan University) where she earned a BS in elementary education. She taught for 11 years in schools in Delaware Township (now Cherry Hill), Marlton, and Delanco.

Madeline met her future husband Rocco at a dance, and they were married in 1951. Rocco worked for DuPont in Philadelphia. Both his parents were immigrants from Italy, and one of the couple's fond memories was a trip to visit Rocco's aunt in a small village some distance from Rome. During their marriage, they moved several times, from an apartment in Riverton, to a house on the Traino farm, to a house they built on Greentree Road, and then to Holiday Village in Mt. Laurel after their son and daughter had started college. Rocco died in 2006.

Madeline's daughter has three children, and her son, in Wallingford, PA, has two. She stays in touch with all of them, keeps up with the news, and goes to exercise classes.

Ellen Stimler

* * * * *

New Bridlington residents **Charles** and **Marcia Shearer**, Apt. 693, were experiencing the usual difficulties of moving, but after having been here about a month were able to express their enthusiasm for their new life. They came from Cherry Hill and were attracted to Medford Leas because of the country feeling and the wooded campus.

Marcia Catherine (Epple) Shearer grew up on a farm near Akron, OH. She went to Ohio State University with a major in microbiology, and did antibiotic research for various pharmaceutical companies. She holds several patents, none of which is commercially useful, but which show the originality of her work.





Charles "Charlie" Shearer grew up in Ashland, OH, and after WWII moved with his family to Tennessee, where he graduated from high school in Kingsport. At East Tennessee State he majored in chemistry and then worked with plastics before serving in the Army. He did graduate

work at Ohio State, where he and Marcia met. He then went on to get a PhD from the University of Detroit. He ended up in the pharmaceutical industry, where he spent his career doing analytical research and checking the quality of various drugs.

Charlie and Marcia moved around, living in Detroit for 10 years, in Gulph Mills, PA, for awhile, then Iselin, NJ, and finally Cherry Hill. They have an indoor cat.

Marcia has volunteered at the Free Library of Philadelphia, mostly secretarial and computer work, and her interests include her house plants, especially orchids, gardenias, and streptocarpus. She enjoys birding, the ballet, and orchestra, and reads history and historical fiction.

Charlie is also a gardener, outside and with vegetables, and looks forward to having a plot at the "farm." He has worked with genealogy and volunteered at the Indian King Tavern in Hadonfield where he was documenting records.

The Shearers have traveled, mostly in Europe but also to Russia and China, as well as to New England and many of the National Parks out west. They feel they are ready to stay closer to home at Medford Leas.

Sue Heath

* * * * *

Laura Kay Roberts and her husband **Vincent Menzel** lived in Princeton for 15 years until they moved to 148 Woodside Drive. They have three adult children, two grandchildren, and Kay's

service dog Fuller. Fuller is a yellow Labrador Retriever trained and provided by Canine Companions for Independence (cci.org). Service dogs assist people with disabilities other than blindness. Fuller is featured in an article on page one of this issue.

Kay was born in Washington, DC, and raised in Maryland. Following graduation from Greenbelt High School, she was employed as a technology consultant at Digital Equipment, Price Waterhouse, and SAP (a German software company). Since 1994, Kay has done volunteer work for the non-profit Trenton After School Program and recently served as its board chairperson and development director. She has a degree in business from Temple University and a master's in organizational dynamics from the University of Pennsylvania. (Kay's portrait in on page 2.)

Vince was born in Newark, NJ, and spent his childhood in East Orange. After graduating from St. Benedict's Prep in Newark, he entered Seton Hall University, graduating with a degree in mathematics. He has worked in information technology at Western Electric, Schering-Plough, SAP, and, currently, Bristol-Myers Squibb in Princeton, where he oversees the design, development, and support of corporate financial reporting and data warehouse systems for various areas of the business. Vince also served as an Army drill sergeant during the Vietnam War.



Kay and Vince met on Elvis Presley's birthday in Memphis at a business meeting. She was working at Digital Equipment and he at Schering-Plough.

Kay's many interests include children's education, birding, kayaking, swimming, cooking, the environment, and fitness. Vince is an avid racquetball player and college basketball fan. His other interests include boating, music, reading, and world affairs. They both enjoy travel as well as relaxing at their home on Long Beach Island.

Doris Brown

DECEMBER CRYPTOGRAM

by Ellen Stimler

VO XCMDNOHVN D IJ HJMZ
 YZNDMZ V MJNZ OCVI D RDNC
 V NIJR DI HVT'N IZRAVIBGZY
 HDMOC; WPO GDFZ JA ZVXC
 OCDIB OCVO DI NZVNI BMJRN.
 --NCFVZNKZVMZ

Here is the solution to the November cryptogram by Ellen Stimler:

THANKS TO THE HUMAN HEART BY WHICH WE LIVE./ THANKS TO ITS TENDERNESS, ITS JOYS, AND FEARS./ TO ME, THE MEANEST FLOWER THAT BLOWS CAN GIVE THOUGHTS THAT SO OFTEN LIE TOO DEEP FOR TEARS. — WORDSWORTH

The correct solution was received from 36 readers:

Ken Anderson, Miriam Angle, Catherine Barry, Jane Bartram, Ruth Blattenberger, Judy Braddy, John Caughey, Alice Culbreth, Doris Curley, Geri Dickerson, Liz Dill, Betty Donahue, Louise Evaul, Alan Gaylord, Herb Heineman, Barbara Heizman, Ariel Hollinshead Hyun, Sally Klos, Mary Mason, Virginia Mattice, Joan McKeon, Eileen McManimen, Mary Ann Metzger, Alice Norcross, Aline Page, Helen Peterson, Betty Preston, Ruth Quackenbush, Warren Reeves, Fran Reynolds, Doris Salati, Peg Scott, Miriam Ward, Ellen Wiener.

Please put your solution in an envelope in Box 162 or email it to estimler@medleas.com no later than December 10. We welcome cryptogram suggestions.

MEDFORD LEAS LIFE

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**Deadline for submissions:
10th of the month preceding publication**

