

Medford Life

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JUNE 2009

MEDFORD LEAS HOSTS MEDFORD BUSINESS ASSOCIATION

Recently about 30 members of the Medford Business Association (MBA) met for lunch in the Holly Room to hear Joel Naroff, the nationally acclaimed Chief Economist for TD Bank, N.A. give his outlook on the current recession and the prospect for recovery. Medford Leas has been an active member of MBA for many years, and Jane Weston, Director of Marketing and Community Relations, is its current representative.

Medford Leas residents are our customers and clients, too!"

A Main Street merchant said that, as one of the largest employers in Medford Township, Medford Leas enjoys a reputation as one of the best places to work.

Another MBA member, representing a conservation not-for-profit, values Medford Leas as an essential part of the "nature community." She said, "Medford Leas is home to an important arboretum. It is the meeting place for the



medfordbusiness.org

Joel, a self-described "optimistic economist," said he believes that the "root causes of the recession are improving, but the recovery process will be slow." He thinks that recovery in New Jersey will be slower than nationally.

MBA members, while concerned about their own businesses, were enthusiastic about meeting and eating at Medford Leas. "Coming here reinforces what a vital part of the Medford community Medford Leas is," said one CPA. "It is proactive in town, supporting township activities and providing resources and volunteers to many, many local organizations and events.

Pinelands Garden Club, and has many acres of meadows, woods, and wetlands. The residents are actively engaged with our organization. I don't know what we'd do without you!"

E.A.B.

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MLRA ELECTION

by Ellen Stimler

The five residents who had been nominated to serve on the MLRA Council for two-year terms, starting on July 1, 2009, were elected by acclamation at the MLRA monthly meeting on April 20. They are **Sally Miller, George Rubin, Betty Preston, John Sommi,** and **Bud Stratton. Helen Vukasin** joined them on May 1, having been nominated to serve the remainder of the term of **Dan Seeger,** who resigned his Council seat as of April 30.

After the completion of the MLRA Council meeting on April 24, outgoing Council President Barbara Trought held the election for new MLRA Council officers. In a secret ballot process, Sally Miller was elected President and George Rubin Vice President. Participating in this vote were the incoming Council members and the six who were elected last year and serving their their second year. They are Jim McConville, Susan Dowling, Joan McKeon, Dan Seeger, David Taylor, and Fran Webb.



George Rubin and Sally Miller

MEDFORD UNIVERSITY SUMMER LECTURES

Sara Martino, Ph.D., will return on Wednesdays in July to lecture on current issues in clinical psychology. Like last year, she will compare contemporary to former approaches to the treatment of common disorders such as anxiety, depression, and others. Classes will be held on July 8, 15, 22, and 29 from 11 am to noon in the Theater. Enrollment packets will be available in early June. Tuition is \$15 for the series or \$5 per class.

STRATEGIC PLANNERS COMPLETE IMPORTANT FIRST PHASE

by Kay Cooley

Since January of this year, the four teams established to articulate and prioritize initiatives for Medford Leas' five-year strategic plan have worked hard to conceptualize and express ideas for consideration by the Estaugh Board as it plans for twenty-first century life and health care.

After meeting weekly – sometimes more often – the teams (Health Care, Wellness, Organization & Culture, and Physical Plant) presented their initiatives to the residents in four assemblies in April. Care was taken to facilitate maximum audience participation: handouts with the initiatives printed on them were given out at the beginning, questions were entertained during the programs, and handouts soliciting participants' evaluations of the proposed initiatives were distributed at the end of each session. Each program was televised on Medford Leas Channel 15

An administration team collated the responses from each presentation on spreadsheets, thus ensuring that the views of each contributor were available for all to read. The next step for the teams was presentation of their proposals to the Estaugh Board on May 21. In preparation, **Harry Scheyer**, the board member serving as chairman of the Strategic Plan Oversight Committee, convened a meeting of the team leaders on May 12 to prepare for the May 21 presentation. He asked each team to develop a vision of Medford Leas as it would be if their initiatives were implemented.

In the next phase, the Estaugh Board will analyze the committees' recommendations and develop a set of action steps for implementation in the upcoming fiscal year.



DISCOVERING JOHN WOOLMAN by Sally Miller

John Woolman is the most famous, little known historic figure from Mt. Holly, NJ. On two days in April, Elderhostel and Medford Leas collaborated on a Day of Discovery program about this exemplar of the Quaker pioneer spirit. In May, lectures that were the morning portion of the Elderhostel program were shared with Medford Leas residents.

Lois Forrest, an ex-CEO of Medford Leas and now a resident, set the scene with an introduction to the Religious Society of Friends. Quakerism began in England in the mid-17th Century when the Reformation was in full swing. Protestants and Quakers questioned doctrine and authority. Lois emphasized that "although the thrust of Quaker religion is in the inward search or 'Inner Light,' the Bible and the teachings of Christ were important to early Friends and still are today." The peace testimony is an example of integrating Bible teachings with social concerns. Quakers view the religious life as a journey, each seeking a personal experience of the Divine. We gather in silence, sensing unity with God and each other, as the Light exists in all. Sometimes a person feels moved to speak while others listen for Spirit.

Dan Seeger, a former resident and long-time leader in Quaker organizations, spoke on Woolman's life and witness. John Woolman was a family man who worked as a farmer and shopkeeper while at the same time maintaining a tireless struggle against slavery, war, and economic oppression in all its forms. Woolman's Journal, published in 1774, is not a sectarian document. This scrupulously honest account of his spiritual struggles provides inspiration, encouragement, and hope even today. Dan spoke of Woolman's three major social concerns: Native Americans, slavery, and the problems of European settlers. Despite the kindness of people like Woolman, we see now that Native Americans lost out badly in the end. In his dealings with them, he felt many Native Americans were spiritually wiser than he was. His opposition to slavery became a "ceaseless, lifelong crusade, but was always conducted charitably." In many ways, the lot of Europeans who came to this continent as indentured servants was comparable to that of the slaves, the difference being that this servitude had a fixed ending, but most at that point were penniless. There was a fragile middle class pressed between a small, wealthy elite and a very large group of poor Europeans and slaves. Rather than withdrawing from society, Woolman engaged in the struggles of his time, gaining strength from his spiritual life.

After the morning lectures on the Day of Discovery, attendees conversed about shared concerns over a lunch John Woolman might have enjoyed, including especially wild rice. After lunch, a bus took the group to Mt. Holly. As the bus passed the site of John Woolman's shop and the Mt. Holly Meeting House, tour guide Carol Waltz, codirector of the Woolman Memorial, slowly moved people back in time to the middle of the 18th Century. The group arrived at the house Woolman had built for his daughter, to find the man himself chopping wood in the yard. The Woolman Memorial maintains the scene and spirit of that Quaker family. Actor Steve Gulick brought that spirit alive in welcoming people to engage in a moment of worship and then a discussion of some of Woolman's writings and plans for a projected trip to England to minister to Friends there.

At the end of the day, Dan Seeger made some closing comments and participants were invited to tour the Arboretum. In the words of one of the attendees, "if the intent was to share a 'Quaker experience,' you certainly accomplished that." Another added, "this was a very intense and thought-provoking experience."



CROPWELL MEETING – JUNE 28

On June 28 the Cropwell Meeting in conjunction with Haddonfield Quarterly Meeting is celebrating the 200th Anniversary of the Meeting House. A bus will leave Medford Leas at 1:15 pm to take residents who sign up at the front desk. The program starts at 2 pm. There is no charge.

In 1785 Evesham's Quakers bought three acres to build a school and later a brick meetinghouse in 1809. This is the only tangible non-residential link to the original Colonial Quaker settlements of Evesham Township.



1905 photo of the Cropwell Meeting House

The Sunday event will be held, rain or shine, in a tent on the grounds of the Cropwell Friends Meeting. The program will include Joseph Laufer, Burlington County Historian; Arthur Larabee, General Secretary, Philadelphia Yearly Meeting; and an exhibit assembled by Doreen Webber from Burlington County Meeting.

CINCO DE MAYO AT MEDFORD LEAS by Maggie Woodard

A celebration of the Mexican Independence Day, Cinco de Mayo, was held on Tuesday afternoon, May 5, on Third Floor Haddon. About 30 residents from Assisted Living and Estaugh enjoyed margaritas, chips, and dips while listening to James Klee play the guitar and sing Mexican songs in Spanish. Many in the audience joined in when he also played and sang songs in English. In addition to enjoying margaritas, some residents wore sombreros, contributing to the festive air,

For the rest of us, the Coffee Shop, Garden and Colonial Rooms joined the celebration with Mexican foods on their menus.

QUAKER TAPESTRY EXHIBIT

During August and September, there will be a special Quaker Tapestry exhibit in the Medford Leas Art Gallery. The opening reception for the exhibit is scheduled to be held on August 11 from 3 to 4:30 pm. This exhibit is in addition to, and separate from, the June-July exhibit of tapestry art in the Gallery, described below

IN THE GALLERIES

by Helen L. Vukasin

Two professional tapestry artists will speak in the Theater on June 13 for the opening of an exhibit of modern tapestry. Sponsored jointly by the Leas Forum and the Art Gallery Committees, a reception at 10 am in the Gathering Room will be followed by a slide show on "Tapestry: Art for Modern Times" at 11 am.

Archie Brennan, OBE, one of the artists, apprenticed in Edinburgh, Scotland, in 1948 and has received many British and international awards. He works collaboratively with other tapestry artists of international standing. The other artist, Susan Martin-Maffei, has studied with the Art Students League in New York City, with Les Goeblins in Paris, and with Scheuer Tapestry Studio in New York City.

A New York City group mentored by Brennan and Martin-Maffei, called the Wednesday Group, is composed of tapestry artists from up and down the East Coast. Their work will be on exhibit in the Medford Leas Gallery during June and July. **Betsy Snope** has been a member of the Wednesday Group for many years.

At Lumberton, the big excitement is its Tenth Anniversary celebration on June 27. The Art Gallery will be hosting a show of fine arts and fine crafts by residents of the Lumberton campus. The exhibit will be shown during June.

On the Medford campus, the Art Studio show that opened in April will continue until the fall.

A GENUINE GEM

by Suzanne Frank

There's a conductor here who doesn't have to use a baton to orchestrate a broad array of innovative, stimulating, and resident-involving programs. She also deftly coordinates a group of gentle, emotionally giving caretakers. You may have guessed that it's **Gerry Stride**. In her capacity as Director of Community Life, it's to our advantage that Gerry wears many meaningful hats. So how did she get to have so much impact on so many here?



photo by Marge Rubin

"It's always been about people," Gerry recounted. When she was younger, bored with her summer break as a teacher, she began volunteering at a nursing home in Philadelphia. There she found her niche and, as she says, "I like to build relationships with people." One day she put together a Scottish program because there were so many Scots there and, at the end, when their anthem was sung, many in the audience got up from their wheelchairs and saluted. "I cried when I left there," and so did the residents.

"My whole life I wanted to be a teacher but then I worked in the nursing home, and there were so many needs," she said. She decided there's got to be more to life than waiting for the end. She debated whether she should leave teaching and made the fateful decision to work with the elderly.

Hired as Assistant under **Trudy DeLacy** in Resident Services 18 years ago, Gerry began

making her mark at Medford Leas. Ever on the lookout for what was needed, Gerry, **Kay Hill,** and **Alice Johnson** got the low-vision program rolling. Meeting with so many men who were depressed because their wives had Alzheimer's, she and **Wendi Ruddy** initiated a support group that morphed into the Caregivers group.

"I have always been an idea person," Gerry continued, "and it's just my nature to find the new and use it." Everywhere there are summer concerts so she brought that idea here and it is one of the most successful programs by far. Because of the Caregivers group, Gerry became interested in cognitive fitness. She presented a proposal for Posit Science to the administration, which supplied money from a bequest and a grant to purchase computers and institute the Brain Gym.

At one time Gerry was responsible for hiring companions. She seems very adept at identifying those individuals who are truly caring and have a heart. She asked applicants what they would be bringing to the resident that's different and that they wouldn't otherwise have. "I'd rather have a job be vacant than not hire the right person, because you can't train a person to have heart and care." Now she supervises the Therapeutic Recreation staff and bus drivers, all of whom have a heart for residents.

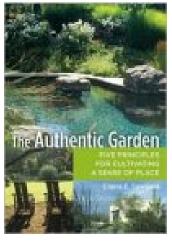
Gerry loves the shore and, for 25 years, has rented a house there with friends. She also likes lighthouses and taking trips.

"I'm not content with myself or with standing still. I think I would like to continue to change because life offers so much. I see myself as a seed planter.... I'm a pebble thrown in the water making ripples but have no control over where they go... and being a spiritual person, I think I'm lucky to have the gift of seeing where there are needs and responding with solutions. Working with seniors has changed my life, enriched my life and helped me to become who I am," she said.

Certainly Gerry is a gift to all of us, with her incredible energy and unbounded enthusiasm that help make our lives richer and more meaningful.

APRIL IS FOR ARBORETUM by Kitty Katzell

The weather may have been uncertain, but spring never had any doubt. Daffodils, forsythia, cherry blossoms, apple blossoms, redbud trees, witch hazel – everything burst forth in all its glory!



complement To nature's show, there were outstanding programs in April. On Saturday, the 18th, Claire Sawvers. Director of the Scott Arboretum at Swarthmore College, gave the annual Lewis W. Barton Lecture. Her subject, illustrated with relevant slides. was The Authentic Garden.

A full Auditorium spent an hour in rapt attention as she guided them through gardens that were created to maximize their surroundings while satisfying their owners.

The lecture was followed by a light lunch and tours of the Medford campus on a day that lent itself to walking through the North Courts and enjoying their splendor. One guest was heard to say to her companion, "I never had any idea you could retire to a place like this!"

Less than a week after the Barton Lecture came the day-long seminar on Healing Gardens, cosponsored by Medford Leas and the Morris Arboretum, with lectures, panel presentations, tours, and a healthy lunch featuring foods that come from trees. Those attending came from a wide geographical area representing the whole spectrum of people who care about the subject: administrators, landscape architects, residents, fitness staff, horticultural therapists, and others. The topics were diverse but relevant to the theme. Creating an Age-Friendly Wellness Environment looked at the many opportunities for making any retirement community age-friendly, and those in the audience from Medford Leas

recognized that much of what was proposed already exists in our community.

There were simultaneous sessions in the morning and again in the afternoon. The morning sessions dealt with *Designing Sustainable Senior Communities* and *Using Nature and Plant-Focused Programs to Promote Wellness.* The leaders of those programs were staff from Pennswood Village and Cathedral Village, respectively.

After lunch, the speaker was a physician from Jefferson University Hospital who specializes in integrative medicine. Her topic was *Nature and the Prescription for Wellness*, and she showed how to incorporate the benefits of nature into a therapeutic program, combining state-of-the-art conventional medicine with herbal and nutritional supplementation, homeopathy, and mind-body therapies, such as yoga and tai chi.

The afternoon simultaneous sessions were A Walk in Nature, with either a vigorous walk on Medford Leas' trails or a tour of the North Courts, and a presentation by a panel of residents from Medford Leas and Cathedral Village on Living and Working in Nature. Medford Leas residents were Barbara Trought and Miriam Swartz, and the panel was chaired by Kitty Katzell.

The closing session dealt with *Designing Nature into Senior Residences*. The speakers were Jack Carman and his wife Nancy. Jack is a landscape designer and a member of the Estaugh Arboretum Oversight Committee. He has worked closely with Medford Leas for several years.

IN MEMORIAM

Winifred Magistrelli May 14

SPRING TRADITION: THE DOG SHOW by Betsy Pennink



Although it was raining on April 15, that did not prevent ten dogs and their owners/handlers from showing up for the Seventh Annual Medford Leas Dog Show. While the Activities Room was set up for an overflow crowd of dog lovers from Estaugh, Assis-

ted Living, the Courts, and everywhere else, the dogs gathered in the adjoining kitchen.

The largest, Finnegan, a four-year-old Bernese Mountain Dog brought by **Katelyn Llamas** of Dining Services, gently greeted newcomers as they arrived. Here for the first time, Missy, a three-year-old Pit Bull owned by **Cheryl Smith** of Environmental Services, looked around with a wrinkled brow. Daisy, a yellow Labradoodle aged two and a half, breezed in with **Jane Weston**, Director of Marketing and Community Relations, in tow.

There were two Sandys, each back from success in last year's show. One, a four-year old Shih Tzu, is owned by **Dottie Mulholland**. The other, an 11-year-old yellow Labrador mix, comes regularly to Medford Leas with **Linda Schultz**, Therapeutic Recreation. Teddy Bear, another Shih Tzu, age six, came with **Debbie Lovenduski**, Medical Records Coordinator.

Prince, suitably poised at six years, returned this year with his owner, **Walt Belfield**. A more mature Dexter, now aged one-and-a-half, was back. A rescue dog, he is owned by **Beverly Kannengieszer** and trained by her and **Rick Trandahl** of Fitness and Aquatics.

Also making appearances were Buffy, a yellow Labrador, aged four, with **Patty Crain**, and Chloe, a very small white Bichon Frise, a year-and-a-half, the official Estaugh Recreation Dog. Chloe was encouraged by **Dawn Walker** of Es-

taugh with the leash and **Janet Rumble**, Nurse Practitioner, taking tiny steps next to her.

All dogs walked down the center of the Activities Room to great applause from the audience. By popular request a high table with a white cloth was placed halfway down so that those in the back rows could see the littlest dogs.

The judges, **Jane Bourquin**, **Sally Klos**, and **Helen Hamilton**, deliberated solemnly and decided on the following first prizes:

- Best-looking Mutt/Dog: Prince
- Best Costume: Chloe, in bridal dress
- Best Tail-Wagger: Teddy Bear
- Best Tricks: Dexter, who performed a series of jumps and sits on six folding chairs
- Best Kisser: Teddy Bear
- Other: One award each to Missy, Buffy, and Finnegan
- Best in Show (chosen from the first prize winners): Prince

The Dog Show was organized beautifully as usual by the Therapeutic Recreation staff, headed by Linda Schultz. **Davina Deusinger** was enthusiastic and humorous as Master of Ceremonies. Terry Tufnell aided her and **Jessica Magdziak** took photos, including these.

Of the ten dogs participating, members of the staff owned eight and two belonged to Medford Leas residents.



Rick, Dexter, and Beverly

ESTAUGH ACTIVITIES

The wall outside the Activities Room was almost completely covered with the huge poster bearing pictures of Medford Leas residents engaged in enjoyable activities. What was that all about? Some of the pictures had obviously been taken at the shore; in others the Activities Room and the Back Porch Garden could be recognized. It took a bit of tracking to learn the story.



The week of May 10-16 was National Nursing Home Week. Medford Leas is not a nursing home; it is a continuing care retirement community that provides a continuum of living facilities, from independent living through assisted living to skilled nursing. Its John Estaugh Unit is a skilled nursing unit. The poster was designed in recognition of Nursing Home Week to illustrate the wide variety of activities in which residents living in that skilled nursing unit are engaged.

Several pictures were taken during a trip to Ocean City, where residents enjoyed going on the beach and the boardwalk. Others were from the parties on St. Patrick's Day and Mardi gras and pet visits. Of course some showed concerts, picnics, and cocktail parties in the Back Porch Garden, and all showed the happy faces of the residents enjoying themselves under the loving care of the staff.



IN THE DISPLAY CASE

by Maggie Woodard

The colorful, spectacular exhibit of folk art presently shown in the Atrium Display Case was collected by Beth Wray over the past few years on her visits to Central and South America. Her travels included Costa Rica, Colombia, Ecuador, Guatemala, and Mexico. The multicolored small animal figures, made in Oaxaca, Mexico, are mostly wooden, but a few are ceramic. Three paintings called Huichols are beautiful and interesting and all have meaning. The two on the second shelf in the first and third sections of the cabinet were made of fine yarn pasted onto the base. The one on the second shelf of the second section was made with tiny beads. The colorful placard on the top shelf of the middle section portrays a Mexican street scene. The three lovely scarves, also Beth's, are from Guatemala. This extraordinary collection contains many other colorful, unusual items. Allow time to see them all. Visit mlra.org for color photos.



photo by Mike Carrell

The current unusual collection, and other Display Case presentations, are enhanced by the special artistic skills of Todd Butler. He starts the process of putting a new display together with a rough setup in a small room on Ground Floor Haddon. After the arrangement satisfies him, he sketches it. With the help of Nancy Martin, the objects are then carefully packed in boxes (nine for Beth's collection), taken upstairs and placed in the Display Case. Cynthia Mott supplies the ideas for the supplies, puts out notices soliciting contributions from residents, and then collects the items. Nancy, Beverly Brush, and Ellie Elmendorf also pick up items and return them. The work is hard and strenuous, and very much appreciated by all.

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METALWORK CREATIONS

by Ellen Stimler



photos by Margery Rubin

The walls outside George Spivack's Apt. 81 could be part of an outdoor sculpture garden. There George has arranged several pieces of his large indooroutdoor collection of metal constructions. The most eye-catching work, which seems to soar aloft. he has named Icarus, after the mythical youth who flew into the sky on wings that were melted by the sun. Another creation has a part of a lobster

trap as its base, with a superimposed underwater creature made of steel elements cut out and fused with cutting torches.

George felt that his artistic and creative tendencies were always present throughout his successful career as a clinical psychologist. Back in high school, he used to design covers for the yearbooks and enjoyed drawing and woodworking. About 40 years ago, a farmer friend who used welding equipment to repair his farm machinery showed George how to weld two pieces together. Suddenly, George saw a chance of "making big things."

George is completely self-taught. Before starting, he read books on welding, analyzed welded museum pieces, and then followed his instincts and imagination in creating his work. He has always had a workshop in his various homes, and now has a work space in one of the Maintenance Department's garages.

George searches scrap metal lots for suitable pieces of steel, which are often twisted and rusty. He may combine metal with wood, ceramics, and other materials. Some of his smaller pieces are metal bases for ceramic forms created by his wife, **Jane**, who is a ceramicist.

The main equipment for metalworking consists of an oxyacetylene torch, welding rods, metal clamps, a vise, a large metal table to work on, and an anvil to hammer and shape metal pieces. It is dangerous work because of the extremely high heat required to cut and make steel malleable and fluid for welding. George has to wear goggles, gloves, and a leather apron. On occasion he has suffered severe finger burns. In his work, George also uses bronze welding rods to fuse with the steel, giving a golden sheen to the surface of his creations.

George has an album of his major pieces, some of which were once in a show held in his Philadelphia home. Over the years, he has sold several of them, and others are in the homes of his two sons; one of them, Jason, is an artist in



Philadelphia. In his apartment, George brought out a rose made completely out of metal pieces, a Valentine gift to Jane. On a living room wall is a large work that could be seen as a crucifix, the cross made of small "crumpled" pieces of steel.

Apartment 81 is nothing less than a museum of the artistry of Jane's pottery collection, George's metal work, and Jason's oil paintings.

VACATION FOR MEDFORD LEAS LIFE

Medford Leas Life, which has come to you from September through June, traditionally takes a vacation in July and August. It will come back with the September issue, which will be edited by **Elsie Behmer.** You may submit ideas for news items or cryptograms at any time during the summer by placing them on the Medford Leas Life shelf next to the Atrium mailboxes. The deadline for the September issue is August 10. Have a great summer!

SQUARE DANCING

by Philetta Lobo

A milestone was reached and the proverbial torch passed on Tuesday evening, May 5, as the Medford Leas Square Dancers met for the last dance of the season. Allyn and Lois Rickett, who started and then led the group for 14 years, are turning leadership over to Maggie Heineman and Ellen Stimler, who volunteered after nobody else came forward and there was a danger of no more square dancing. Although giving up the management of the group, the Ricketts said they plan to "keep dancing as long as we can."

There was more cause for celebration when the group's esteemed caller, Dave Ainsworth, revealed that 2009 marks his 30th year at Medford Leas. He assured everyone that he would continue driving the 100-mile round-trip to and from Medford Leas provided enough residents for two or three squares sign up for the new season starting the end of October. Apparently he appreciates the group's easy-going, set-your-own-pace spirit – the giggles, gaffes, laughs, and plenty of sit-outs to "rest the piggies."



It takes eight dancers to form one square, with four couples positioned north, south, east, and west. Because there are usually more women than men, many women are prepared to tie a scarf around their neck to identify them-

selves as male partners. Square Dancing is on Tuesdays from 7:30 to 8:30 pm in the Activities Room. There is a fall term of seven weeks with a fee of \$17.50, and a spring term of 14 weeks with a fee of \$35.

The evening ended on a positive note, with punch and cranberry bread. The dancers look forward to a fun-filled new season and hope to welcome new participants, with or without partners. For those who might be interested in square dancing, there will be an opportunity for a preview at two free pre-season classes in early fall.

WHERE IS IT? WHAT IS IT?

Yes, this is the gazebo outside the Fitness Center and the Linden Room. But what do you know about it? Put your response in an envelope on the *Medford Leas Life* shelf next to the mailboxes by August 10. The September issue will tell you more.



The silo was May's "Where Is It?" challenge. While there were no residents who gave details about the silo, several residents have asked that the column be continued.

The construction of Medford Leas began in 1970 on what had been the Mickle Farm. There were still working dairy farms around Medford Leas, and it was often necessary for staff to herd cattle back to the barn on the Hennissee Farm from the Courtyards and meadows. That farm is the one on which Bridlington now stands and the silo is one of its last remnants.



Trespassing Cows

WHO'S NEW

photos by Margery Rubin

Margaret (Marge) Scott Mudrick, Apt. 103, moved back to New Jersey from Arizona, preferring to spend her retirement in the state where she had grown up and worked.



Marge was born in Jersey City, went to local schools, and received BA and MA degrees in elementary education from Seton Hall University. In 1972, she married Edwin Mudrick, an electrician working for Roebling Steel. They lived in Burling-

ton City most of their married life. Marge taught in the Willingboro School District's elementary schools for 28 years.

After her husband's death in 2000, Marge sold the Burlington home and moved to Jackson, near Lakewood, NJ, for a few years. Her only sister, living in Peoria, AZ, then persuaded Marge to move to a retirement community near her, to enjoy the year-round warm climate that would be good for her health. Marge stayed in Arizona for three years but then decided to return to New Jersey.

She had known about Medford Leas, but before she made a final choice, a friend took her to visit six other retirement communities in the area.

Marge's favorite hobbies are golf, bowling, walking, gardening, and traveling. She said she is "happy to have the privilege of being a member of Medford Leas."

E.S.

If you don't learn to laugh at trouble, you won't have anything to laugh at when you are old.

Taken from *The Joyful Noiseletter* no author attribution

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After visiting several retirement communities, James (Jim) Baldwin felt that none of them was as right for him as Medford Leas, which he knew well from his mother, Irene Baldwin, who had lived here until her death in 1992. Jim has moved into Apt. 142 with the help of one of his two daughters and his son, who came from Washington, DC.

Jim grew up in Summit, NJ, and received BA and MA degrees in political science from Amherst and Georgetown University. During the Korean war, the Army sent him to Vienna and Berlin, which were then occupied and adminis-



tered by the US, Britain, France, and the USSR. In 1954, after his Army service, he took the State Department tests and was hired as a Foreign Service officer. He said his initial work in the Foreign Service, starting in Greece, was "an extension of the kind of work" he did in Vienna and Berlin. His posts took him to Serbia, Munich, Berlin, the United Nations, and to Washington in his Foreign Service career. He retired in 1990 but continued working as a consultant for some time.

At a Georgetown cocktail party in 1957, Jim met his future wife, Diana Ryan. Their son has also joined the Foreign Service, and their daughter Linda's husband is Director of Urban Affairs in the White House. Jim and Diana were divorced after Jim's retirement.

During his posting in Munich, Jim established a close friendship with a colleague in the Foreign Service. Eventually he bought a house in the same development in Tucson, AZ, where his friend had moved and stayed there for five years. After his friend died, Jim decided to come back east.

Jim is busy keeping up with his children and six grandchildren. He likes to read history books, work on his genealogy, and watch sports. He's a big Yankees fan.

JUNE CRYPTOGRAM

by Ellen Stimler

F PFKD LC YOLLHP, LC YILPPLJP, YFOAP, XKA YLTBOP: LC XMOFI, JKV, LC GRKB XKA GRIV CILTBOP. F PFKD LI JXV MLIBP, ELZH-ZXOQP, TXPPXFIP. TXHBP, LC YOFABDOLLJP YOFABP. XKA YOFAXI LC **QEBFO** ZXHBP. -OLYBOQ EBOOFZH

Here is the solution to the May cryptogram by Alan T. Gaylord:

NATURE'S FIRST GREEN IS GOLD, HER HARDEST HUE TO HOLD. HER EARLY LEAF'S A FLOWER, BUT ONLY SO AN HOUR. THEN LEAF SUBSIDES TO LEAF, SO EDEN SANK TO GRIEF, SO DAWN GOES DOWN TODAY, NOTHING GOLD CAN STAY.

--ROBERT FROST

The correct solution was received from 28 readers: Ken Anderson, Ruth Blattenberger, Judy Braddy, John Caughey, Doris Curley, Liz Dill, Betty Donahue, Louise Evaul, Linda Gorwood, Herb Heineman, Barbara Heizman, Ariel Hollinshead Hyun, Patty Hopton, Hugh Jenkins, Sally Klos, Mary Mason, Eileen McManimen, Mary Ann Metzger, Dottie Mulholland, Alice Norcross, Helen Peterson, Betty Preston, Ruth Quackenbush, Warren Reeves, Fran Reynolds, Doris Salati, Peg Scott, Ellen Wiener.

Please put your solution in an envelope in Box 162 by August 10 or send it by email to estimler@medleas.com. We encourage solvers to submit new cryptograms for future use.

MEDFORD LEAS LIFE

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