



# Medford Leas *Life*

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*NOVEMBER 2008*

## THANKSGIVING – THE TIES THAT BIND

by Sumi Kobayashi



It began on the fringes of a small Japanese farming community near Livingston, CA, in the early 1920s. **Takashi Moriuchi** and Lafayette Noda were neighbors, and the families helped each

other with farming chores when needed. The two families began celebrating Thanksgiving together when Tak and Lafayette were children. They made the holiday a time to share a turkey, good food, and family solidarity.

Lafayette was three years older than Tak and had eight brothers and sisters; Tak was an only child. Because of the difference in ages and family structures, the two did not share common experiences until they enrolled in the University of California at Berkeley. Both had graduated by the time war came.

With World War II and evacuation and internment of Japanese Americans, Lafayette and Tak went their separate ways. Tak settled in New Jersey, became a successful farmer, banker and businessman, a member of the Society of Friends in Moorestown, and a founder of Medford Leas. Lafayette, meanwhile, pursued a scientific career and worked in Maryland. When they found they were living not far from each other in the early 1970s, they renewed their friendship.

Tak and Lafayette again began celebrating Thanksgiving together, now including their wives and children, one year in Moorestown, the next year in New England. By that time Lafayette had joined the faculty of Dartmouth College, from which he later retired as head of the Biochemistry Department. Although the Moriuchis moved into Medford Leas, the children and grandchildren of both families have continued the tradition.

The sharing of the Thanksgiving spirit that began more than 80 years ago on the other side of the continent continued until the infirmities of advancing age made it impractical to do so. Today the several generations of Moriuchis and Nodas are still close: the Ties that Bind of a shared tradition.



Lafayette Noda and Takashi Moriuchi

## AAHSA COMES TO PHILADELPHIA!

by Helen L. Vukasin

AAHSA (The American Association of Homes and Services for the Aging) is important to every Medford Leas resident because it serves both as a resource for Medford Leas with support, information, and contacts and as a provider of education for CEOs, Boards of Directors, and staff at every level.

This year, the annual meeting was in Philadelphia. Over 8,000 people attended from all over the country, including 700 vendors exhibiting their products and 52 retirement community residents. Nine Estaugh Board members attended sessions designed for Boards and Trustees. Eleven management personnel were able to upgrade or continue their accreditations by getting their ID cards scanned for educational sessions. Nine residents, four of them Estaugh Board members, attended: **Grace Blackburn, Gordon Beckhart, Kay Cooley, Ed Ferraro, Jack Mutschler, Doug Springer, Louise Tompkins, Barbara Trought, and Helen Vukasin.**

### Estaugh

S. Cunningham  
Janet Thomas  
Doug Springer  
Tom Zemaitis  
Harry Scheyer  
Ed Ferraro  
Jack Mutschler  
Kay Cooley  
David Barclay

### Management

Dennis Koza  
Bill Starcher  
Pat Wilus  
Dolores Redner  
Bill Murphy  
Marge Sagett  
Marianne Steely  
Jane Weston  
Trudy DeLacy  
Sandy Green  
Gerry Stride  
Jen Zdunczyk  
Brad Mauger  
C.McGowan

For a resident, it is exciting to experience being a part of this vast industry. The theme of this year's meeting was "ONE VOICE," meaning one voice can make a difference. The plenary speakers, always well-known leaders, provided inspiring messages.

John Glenn, astronaut and later US Senator for 24 years, was the keynote speaker. He illustrated the importance of education and basic research. Of global warming he said that, from outer space, the earth's atmosphere is only a

film of 1/10<sup>th</sup> of an inch, and we desperately need to take care of it.

Marc Morial of the National Urban League stressed the need for middle-income housing and cooperation among diverse groups. Craig Barrett, CEO of Intel, believes we should change the health care system to less hands-on and more at home. Nikki Giovanni, poet and friend of Rosa Parks, eloquently recited some of her moving poems.

**Jane Weston**, Director of Marketing and Community Relations, presented a program about cooperation between CCRCs and Elderhostel, amidst a smorgasbord of 252 concurrent educational and issue-oriented sessions. It was difficult to choose among them, and there is space here to cover only a few of the other sessions.

Greening was a feature of the whole conference and was emphasized at every level with recycling bins everywhere and use of recycled materials. There were sessions that touched on all aspects of greening the campus through facility design, equipment, space, landscaping, water and energy use, and resident participation.

Issues and legislation that impact CCRCs had important messages for both residents and management. The IRS is re-examining the future of tax-exempt status for CCRCs, and Medford Leas will need to be prepared by documenting its charitable activities and financial commitment. AAHSA provides the tools, the counseling, and up-to-date information.

Other topics of particular interest to residents included diversity, consumer-supported marketing, and finance.



## COMMUNITY DAY

by Kay Cooley

With overcast skies and a forecast of rain, improvisation was the keynote of Community Day on September 27. At ten o'clock, five white tents stood affirmatively on the front parking lot, and Joe Patano pumped out rollicking tunes from his keyboard. But would people come?

Come they did – local “townies,” employee families, residents, and guests from assorted locales – all of whom were betting they could outsmart the weatherman. Soon the tents hummed with activities for young and old. Face and pumpkin painting, balloon sculpture, origami, and make-a-bat absorbed the younger crowd, while grownups assembled flower arrangements with Arboretum material, purchased a mum plant, or learned the basics of composting.



For shoppers, a Market Place unfolded along Estaugh Walk. Numerous tables held the books donors had brought from home, while others displayed the superb craftsmanship in wood of **Art Hartwig, Tom Krainik, and Mort Yeomans** and the exquisite shell work of **Lucia LeConey**. The Thrift Shop and the Fiber Arts Studio contributed a collection of fine sweaters and other items that lucky buyers could purchase at bargain prices.

Indoor spaces hummed with activities, too. The Lounge, where members of the Fitness Center

staff gave hand and shoulder massages to the accompaniment of harp music played by **Helen Carrell**, was an oasis of peace. South Jersey Camera Club members displayed their work in the Atrium, while the Berry Basket Quilters showed their quilts in the Activities Room.

The biggest improvisation of the day involved the Barbeque Lunch. Usually held outdoors, this year it was served in the Gathering Room, enjoyed in the Garden Room, and topped by Make Your Own Sundaes in the Holly Room. A year earlier such spaces weren't available.

A magic show for youngsters and vocalizations by Gary Murray accompanying himself on the guitar brought the day to a close, just as the skies began to drizzle. By all measures, the day was a great success and enjoyed by many new and old friends of Medford Leas.



photos by Margery Rubin

## WHO'S COOKING DINNER?

by Ellen Stimler

Dinner at Medford Leas is a daily occasion for meeting new and old friends, and the food served is often a subject of conversation. Many residents say they are glad they don't have to cook main meals any more and are pleased with the quality of the food at Medford Leas. But who is doing the cooking?

**Brad Mauger**, Executive Chef, has a staff of 18 who produce all the food, more than 1,000 meals a day, for the residents on the Medford campus. For the dinner meal in the Garden Room and the Coffee Shop (until the reopening of the Colonial Room), there are three cooks preparing hot dishes and two working on salads and desserts.

A few of the cooks on the dinner shift are **Stacy Ahmes, Henry Green, Shuntell King, and Lenny Oman**. Brad explained that all of them work together as a team. While each may have a specialty, they do not work on the same recipes every time. This is probably the reason, Brad agreed, why the same dish may look and/or taste a little different each time it is served. The kitchen does aim for uniformity of preparation and presentation, to the extent possible, Brad added, but there may be variations depending on the availability of certain ingredients. Brad stressed that the kitchen is dedicated to using fresh local produce and seafood as seasonally available.

The cooks said that they taste each other's dishes to make sure the food isn't too spicy or too bland. They do not add salt to their dishes, allowing residents to add salt to taste, but some of the purchased provisions do contain salt.

They also said they are constantly looking for new recipes in food magazines and on TV food shows. When they get a new idea, it is presented to Brad and evaluated by the team. Some of the summer recipes will soon be replaced by others more suitable for fall.



photo by Ellen Stimler

**Shuntell King, Henry Green, Lenny Oman, Stacy Ahmes**

**Corey Johnson** is the sous-chef, responsible for sanitation and day-to-day operations. He is in charge during Brad's absence.

Henry is the lead cook and Brad's "right hand man." His specialty is grilling, sautéing, and baking. He has worked at Medford Leas for two years and lives in Pennsauken with his wife and six children.

Stacy is the newest member of the team, having joined a year ago. She attended a culinary school for four years and has 18 years of hotel and restaurant experience. She cooks a lot of soups and quiches, and has created some new fish preparations.

Shuntell produces most of the baked goods on baking days but also works on salads and vegetables. She has worked at Medford Leas for six years and says she loves her job and loves cooking. She lives in Marlton with her two daughters.

Most residents know Lenny, because he often comes into the dining areas to replenish items of his specialty, salads and desserts. Lenny, who lives in Maple Shade with members of his extended family, celebrated his 10<sup>th</sup> Medford Leas anniversary on September 24.

"They all put a lot of love into their work," Henry Green said, with a big smile.

## TASTE OF MEDFORD

by Betsy Pennink

The 4<sup>th</sup> Annual "Taste of Medford" took place in Freedom Park on September 20 under beautiful sunny skies. Even before the official opening at noon, visitors were pouring in, eager to get a taste of the food and beverages offered by the 19 different participants.

Medford Leas made its presence felt from the start. At the entrance **Jane Weston**, Director of Marketing and Community Relations, and **Donna Coonley**, Marketing Administration Assistant, welcomed the arrivals and gave them orange bracelets to wear to prove they had bought tickets.



photo by Betsy Pennink

**Jen Zdunczyk and Brad Mauger**

Then, under a white scalloped canopy in the Food Court, Medford Leas had set up a stand. On the counter was an eye-catching display of large red and green peppers, cucumbers, ears of corn, and tomatoes. **Brad Mauger**, Executive

Chef, and **Jen Zdunczyk**, Director of Dining Services, stood behind the counter. They were pouring cups of ice-cold gazpacho and suggesting a piece of sesame flatbread from the spread around the vegetable basket, to go with the soup. The full name of this year's offering by Medford Leas was New Jersey Fresh Roasted Corn Gazpacho, and Brad made a great point of the fact that all the ingredients of the soup came fresh from a New Jersey produce supplier.

Visitors stopped to sample the soup, but also to ask questions: "What is Medford Leas?" "Do you serve this to the residents?" "Can we eat there too?" Brad and Jen were delighted to give the answers. One woman approached, saying, "I love gazpacho. If you want to be my friend, just offer me gazpacho!"

The Mayor of Medford, Chris Myers, also came by to shake hands with everyone. He plans to speak at Medford Leas on Candidates' Night.

Meanwhile, whole families were filling their plates at the various tents and moving to the picnic tables set up in the middle of the Food Court. Festive music from talented bands added to the spirit of the occasion. Balloons got loose and floated to the sky; children went on horse-drawn carriage rides; Coles Roberts demonstrated his historic apple peeler collection. The Business Court also attracted visitors interested in everything from real estate to massage therapy. By the time the "Taste of Medford" closed at 3 pm, there was a real sense of being part of the Medford community.



## CORIELL INSTITUTE UPDATE

by Ellen Stimler

Last February, Dr. Michael Christman, CEO of the Coriell Institute for Medical Research, gave an exciting presentation to Medford Leas residents about the Institute's new personalized medicine project. After the program, 65 residents gave saliva samples, to be transformed into individual genome profiles. Each profile could be used to predict a person's tolerance for certain medications and predisposition for certain diseases. (*Medford Leas Life*, March 2008, p. 1.)

Dr. Courtney Sill, Coriell's Communications Director, told participating residents that they could expect to receive e-mail with information about their genome findings during the summer.

Since none of the participants had received such information by the beginning of September, **Elly Elmendorf** contacted Dr. Sill to find out when this information might be available.

In an e-mail message to Elly, Dr. Sill explained the reasons for the delay to the end of the year:

Because of the special relationship between Coriell and Medford Leas, Dr. Sill decided to return to Medford Leas to update residents on developments of what is now called the Coriell Personalized Medicine Collaborative. At a meeting in the Theater on November 3, from 10:30 to noon, Dr. Sill will summarize all the requirements that had to be met before individual genomes could be disclosed by e-mail and explain how to use the Institute's website. Residents who did not participate in the project the last time will have an opportunity to give saliva samples for the development of their genome profiles.



## ARBORETUM VOLUNTEERS

Every Thursday morning at 9:00, a small group of residents meets **Debbie Lux** of the Landscaping staff at the Nature Center. From there, they set out for a different spot each week, spending an hour dead-heading, weeding, pruning, and mulching. Those who have visited the Meditation Garden, the Back Porch Garden, and Court 17 recently should have noticed the results of these efforts.

It's not a case of all work and no play. Those doing the work say they are learning about plants and plant care from Debbie while enjoying each other's company and occasionally discovering some new garden treasure or helpful hint.

More workers would be welcome. Just show up at the Nature Center at 9 am on any Thursday, rain or shine. If the weather is inclement, there is work to be done in sheltered areas.

\* \* \* \* \*

On the Lumberton Campus the Meadow Subcommittee of the Trails and Site Committee has been removing nightshade. After much research and discussion, **Miriam Swartz** believes it is the variety called "Horsenettle" (*Solanum carolinense*).



photo by Dave Bartram

### Nightshade Pullers

Mary Barth, Jane Bartram, Louise Tompkins  
Miriam Swartz, Eileen McConville

## LANDSCAPE ARCHITECTS

by Ellen Stimler

A group of 35 members of the American Society of Landscape Architects took a day off from their Philadelphia convention to learn about therapeutic gardening at Medford Leas.

Their educational experience started in the Theater, with an illustrated talk by **Jane Weston**, Director of Marketing and Community Relations, who had arranged the visit. With a series of color slides, she explained the close relationship between the natural environment and the residents, showing residents gardening in their backyards, at the Farm, and in the greenhouses, and volunteering to maintain the trails and other areas of the Arboretum.

Jack Carman, landscape architect specializing in senior facilities, showed the evolution of the Back Porch Garden, which he designed, from bare space to the outdoor activity center it is today.



The Back Porch Garden

**Gerry Stride**, Director of Community Life, received a round of applause after describing the input of Assisted Living and Estaugh residents to the design of the Back Porch Garden. Many individual desires of residents were accommodated, such as for plants attracting hummingbirds or butterflies. The original flooring was changed to ease use by walkers and

wheelchairs. Raised flower beds were installed. Shade was provided by awnings and umbrellas. The space was opened up to the general Medford Leas community with summer concerts, festivals (blueberry, strawberry, etc.), and intergenerational activities.

After the program in the Theater, the architects headed outdoors in two groups, one led by Jack Carman, the other by Jane Weston. Each group walked through several Courts and visited the Nature Center and the Farm. They ended their visit at the Back Porch Garden, where a picnic lunch was served.

Individual members came from all over the United States, most of them designing outdoor spaces for hospitals or retirement facilities. Many were overwhelmed by the sheer size of the outdoor environment at Medford Leas, adding that they hardly ever had large areas available for their designs, and that most of the construction budgets left little money for gardens.

A member from Kansas said she was going to use some of Gerry's ideas in a proposal she is writing for a nursing home project. Members from Wisconsin and British Columbia were impressed by the covered walkways, with their opening windowpanes. An architect from Georgia said, "I like the priority given to the outdoors," and pointed to the involvement of residents in gardening and Arboretum maintenance. "Where I work, it's all done by staff or contractors."

Several of the visitors said they wished they could live or work at Medford Leas.



## LIFE IN ESTAUGH & ASSISTED LIVING

by Maggie Woodard

**Gerry Stride**, Director of Community Life, oversees activities on Estaugh and Assisted Living. Estaugh offers its residents a chance to participate in an extraordinary number of activities each day. Over 25 regularly scheduled programs are offered each month, most of them four or five times. Some regularly scheduled activities are Crossword Puzzles, Current Events, Cognitive Fitness, Sweet Sounds, Pet Visits, Cooking Class, Bowling League, Happy Hour, Intergenerational Groups, Estaugh University, and Circle of Friends. In addition, there is a trip of some kind and many special activities such as the September Apple Festival and musical events in the Activities Room or Back Porch Garden. In many of these activities, staff members work individually with residents.



Residents and children during Hawaiian Week

The objective, according to **Rachel Conte**, Therapeutic Lead Assistant, is to help residents feel alive, feel successful, and “fill the time with purpose.” The staff members are Rachel Conte, **Colleen D’Arcy**, **Davina Cornish**, and **Marcy Smith**. All of them completed a 90-hour course for national certification in Activities, which included research, writing papers, and hands-on practical work.

Some Estaugh residents participated in a Food Drive recently. With a staff member, they collected canned and paper goods and were driven to St. Vincent de Paul Society in Medford so they could make a personal delivery.

Another activity, with one-on-one assistance, is baking for a Bake Sale. Staff also help residents write letters and go to the Bank and the Library. In a September trip to the Camden Children’s Garden, accompanied by a companion (staff or volunteer), residents placed plants in planters and brought them back to enjoy in their rooms. Residents entered the September Flower Show with their own arrangements and several won prizes. **Davina Cornish** and **Bill Conte** run a men’s group twice a month in which men from all over the campus participate.

There is a special Sensory Room in Estaugh that provides many sensory activities and individual stimulation programs. Games, lights, waterfalls, aromas, textures, baby dolls, large and small stuffed animals, and music are available for individual and group use. Estaugh residents may go into the room any time and use the equipment, with a minimum of staff assistance. Residents are given hand massages and aromatherapy. Flavored lip-gloss is provided for tasting.



photo by Margery Rubin  
The Annual Dog Show



Assisted Living also offers its residents an opportunity to participate in many activities each day. Some are shared with Estaugh residents (luncheons, music). Planned each month are more than 20 scheduled activities plus Happy Hours, an Assisted Living Resident Council meeting, several trips (e.g., a Phillies game and Camden Gardens in September), and a variety of special one-time activities. Some of these are Occupations A-Z, Cognitive Fitness, Sing-Alongs, Current Events, Wii Bowling, Intergenerational Groups, Mini-Golf, Art with Kate Barder, Board Games, Pet Visits, and Arts and Crafts.



Fishing in the Rancocas Creek

**Linda Schultz**, Therapeutic Recreation Lead Assistant, says that her goals are to have individuals share experiences, participate, have fun, laugh, and smile. Her staff consists of **Terry Tuffnell** and **Jessica Magdziak** (on call). Activities in Assisted Living mainly involve groups, but often the staff works with individuals. They visit residents in their rooms, help them find books in the library, work crossword puzzles with them, and assist them with Arts and Crafts. They take residents on walks and Linda also takes her dog Sandy to visit them in their rooms.

Personal attention is provided in a very special way by weekly visits from veterinary students who bring several dogs and cats, and sometimes baby goats, rabbits, hamsters, and a ferret. Community volunteers also visit residents with their pets.



Field Day Walker Race: Ready, Get Set ... Go

Linda mentioned the popularity of the Happy Hour, which is held every Thursday from 4 to 5 pm. It is a strictly social time, a time to enjoy.

In Estaugh and Assisted Living, residents receive loving care and enjoy a stimulating environment. Medford Leas proves again that it is a very special place.

**IN MEMORIAM**

<b>Emily Bacovin</b>	<b>September 27</b>
<b>Richard Kavanaugh</b>	<b>September 30</b>
<b>Anne Cree</b>	<b>October 6</b>
<b>Kent Larrabee</b>	<b>October 15</b>
<b>Mary-Glenn Morin</b>	<b>October 22</b>

## FSA MEETING AT MEDFORD LEAS

by Sue Heath

Friends Services for the Aging (FSA) held their 2008 Annual Meeting at Medford Leas when representatives from more than 40 Quaker communities and agencies met to "Celebrate Leadership." After a welcome and introductions by the Board Chair, Bill James of Foxdale Village in State College, PA, there were short reports from Board committees.



The keynote speaker was Joycelyn Elders, MD, who was the 15th US Surgeon General and the first African American woman to hold the post. Dr. Elders said the "beautiful community" at Medford Leas almost makes her want to leave home.

She counts herself part of the aging population and praised FSA as people who have "done it right," offering the things the aging need.

After college Dr. Elders served in the US Army, then attended the University of Arkansas Medical School, interned at the University of Minnesota, and then returned to Little Rock. Her goal as Surgeon General was to put prevention first. Though she has now retired, she finds herself busier than when she was working. She remarked, "I need to retire from this retirement stuff!"

She spoke of the American population of older people and how it is increasing, and said that older people are healthier longer now. For that reason she thinks there will probably be less need for nursing homes than projected for the future. She said society works best when there are old women who plant trees under which they know they will never sit.

According to Dr. Elders, the greatest cause of disability in the US is arthritis, followed by incontinence. Health care costs have increased be-

cause of technology: 84% of Medicaid funds go to seniors in long-term care, and the most costly period is the last two months of life. We now have 4.5 million people with dementia or Alzheimer's, and this will increase to 16 million by 2050.

Dr. Elders spoke of sex education for youth, a longtime interest of hers, and informed her audience that "vows of abstinence break much more easily than do latex condoms."

Among people from Medford Leas who attended were residents **Grace Blackburn, Wil Britten, Joan McKeon, Dan Seeger, and Barbara Trought**, Estaugh Board members **Kay Cooley** and **Paula Fairley**, and staff members **Sandy Green, Dennis Koza, and Jane Weston**.

After Dr. Elders' speech, the FSA Board presented its Strategic Plan, and in the afternoon session stories of leadership were shared.



## FAVORITE PLACES

by Sarah Klos

[Editor's Note: The second in a series of readers' responses to the invitation to report on their favorite places.]

Funny you should mention favorite places today. I look out at the redbud and the dogwood that dot our Medford landscape. My throat constricts. Tears are imminent. I long to be in Gettysburg in the pink and white aura of those trees that once covered the battlefield when I lived there in the 1940s.

Someone has told me the National Park Service has removed most of the redbud and the dogwood. "Good Heavens, why?" I cry. The an-

swer is blunt: "Because they weren't there during the battle of Gettysburg." Well, neither were the buzzards on those three hot days in July of 1863. They only came when the battle was all over and the fields lay strewn with thousands of bodies of Confederate and Union soldiers. Today the buzzards still retreat to Big Round Top, remnants of one of the bloodiest battles in history.

It isn't only the pink and white of the trees in spring or the squawking of the buzzards that call back the halcyon days of my years in Gettysburg. There are the memories of hot summer days dipping in Marsh Creek, the blazing glory of Big Round Top on autumn days, or snow falling quietly on cannons. It is the years of going back, taking the children to see where Lincoln gave his address, past Pennsylvania Monument and over to Longstreet's headquarters, then one more look at General Robert E. Lee astride Traveler as he peers across the fields at his formidable enemy, General George Meade.



photo by Bev Klos Perry

This is hallowed ground. I never forget that, and yet it is my place, too. Here is where I met Frank. Here is where our careers were shaped. Here is where we were married and lived and had our first child. Here is where she was baptized. Here is where Frank's ashes lie in the shadow of the chapel on Seminary Ridge. And here is where I shall come for my last visit.

## ART GALLERY NEWS

by Helen L. Vukasin

October was marked by the opening of a new Resident Art Exhibition on the ground floor of the Arts and Social Wing. More than 100 residents attended. Since the new Art Studio Gallery is much more spacious, residents had ample room to view the art. This year we welcome the newest additions to our cadre: **Steve Frank, Pat Heller, Vincent Piccyk, and Earl Seely.**

On a sad note we mourn the loss of a regular painter in the Art Studio, **Anne Cree.** Two of her paintings are hung in the new show. Look for "The Gates" that has won prizes.

The Lumberton Art Gallery will have a fun show opening on Friday, November 14. "The Light House and the Kitty Cats" is the work of **Barbara and Chuck Lassen,** who have become accomplished artists through their diligence and hard work since they arrived at the Lumberton campus. They are modest about their work, but it is really worth a visit and those attending will enjoy the humor.

On the Medford Campus, the Japanese Wood Block Prints will remain in the Medford Leas Gallery during November, along with the display in the hallway of the photos of the Japanese internment during World War II.

Also during October, **Alice Skidmore Culbreth, Pat Heller, and Rita Keiper,** three of our artists, had their work accepted for the annual "Works on Paper" exhibit at Perkins Center for the Arts in Moorestown. Rita received a Juror's Award for one of her three paintings in this show. In addition, Alice had two paintings shown at the Makeim Art Gallery in Haddonfield during October, and another one of her pictures is being displayed at the Hopkins House Gallery of Contemporary Art in Collingswood through November.



## 2008 GOLF OUTING

by Kitty Katzell

Tuesday, October 7, was perfect for the Second Annual Golf Outing at the Deerwood Country Club. It was sunny, breezy, and cool when 23 foursomes set out at 1 pm. The players included staff, residents, sponsors, and Estaugh Board members and, by the time they all came in for dinner at 6 pm, there were a lot of happy, sunburned faces.

Before sitting down to eat, people had a chance to buy 10 tickets for \$20 to enter their choices in the auction. Then, as they dined on salmon, chicken, or beef, mistress of ceremonies **Sandy Green**, Director of Development, took the microphone. She introduced the six Estaugh Board members in attendance: **Miller Biddle**, **Kay Cooley**, **Kitty Katzell**, **Jack Mutschler**, **Doug Springer**, and **Janet Thomas**, as well as the sponsors: John Martin, Architect; C&C Construction, Corporate Synergies, H&H Landscaping, BT Services, Ernst & Young, Herbert J. Sims, and Monmouth Equipment & Service Co. She also acknowledged the 43 hole sponsors.

There followed a series of awards given according to responses to questions raised by Sandy. For example, **Bart Bartholomew** won one as he had voted in the most presidential elections; **Betty Elwood** had actually seen one of this year's presidential candidates, Barack Obama, in person; **Bill Murphy**, Director of Operations, had worked at Medford Leas the longest of any employee present; **Charlie & Anne Jones** were residents who had moved to Medford Leas most recently.

Finally, Sandy conducted the auction, assisted by **Wil Britten**, **Jane Weston**, Director of Marketing and Community Relations, and **Lisa Minuto**, receptionist. The 53 auctioned items included a number of paintings and crafts by residents, golfing equipment, and gift certificates for restaurants, fishing trips, golf outings, and Acme and Wegmans supermarkets.

The event ended by 8 pm so people could get home to watch the presidential debate that started at 9 pm. It had been a lively evening, a fun day, and a successful event. Early indications were that this year's outing raised more money than last year's for the Reserve Fund, which benefits residents who have outlived their financial resources.

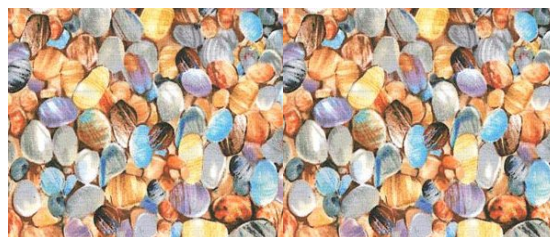
## MYSTERY OF THE STONES

When **Liz Dill** in Court 3 opened her front door the morning of October 9, she noticed a small pile of stones in front of it. She said there were about three small stones of different sizes and shades. During the following days, she discovered that similar stone piles, some including shells, had been placed in front of the doors in Courts 6 and 7, but apparently in no other Courts.

What does it mean, if there is any meaning to it? Who might have gone to all this trouble to find all these stones and go around at night to deposit them? Does it have anything to do with Halloween? Is there some message being conveyed?

**Suzanne Frank**, who has a collection of stones outside her apartment in Court 6, said she had nothing to do with it; she suspected someone else who vigorously denied it. Another resident suggested that the recipients were "singled out for a special honor." "Well, it gives us all something to wonder about," declared Liz Dill. Stay tuned.

E.S.



## WELCOME TO THE COURTS

"I like everything that's happened since I've been here," declared **Marie Bonner**, who has settled in Apt. 256 after eight years on the Lumberton campus.

After her husband's death in 1970, Marie sold his business in Medford and worked successively as a doctor's receptionist and as a purchasing agent for a company manufacturing computer boards. She moved a number of times, staying in Leisuretown for 13 years before coming to Lumberton.

Marie was president of the Medford Historical Society during its early years and a volunteer at the St. Vincent de Paul Thrift Shop in Medford where she continued to serve for 21 years, even after moving to Leisuretown and then Lumberton. She has two married sons, one in Philadelphia and one in Texas, and seven grandchildren. A third son passed away.

**Wil and Barbara Britten** have moved to Apt. 107 from Bridlington. They came to Medford Leas in 1997 from Mendham, NJ. Wil had a career in sales and public relations and served in various roles in local politics. Barbara has a background in arts administration. They have two daughters, a son, and four grandchildren.

When asked why they had chosen to move to the courts, Wil said, "**Bob Anderson** said we should move three years before we need to." They are enjoying the sociability of living in the courts and eating in the dining room. Wil is currently serving as MLRA's vice-president, after a year as president. He is also the MLRA liaison to the Estaugh Board. In his free time he enjoys golf, reading, cooking, logging onto the Internet, and following politics. Both Wil and Barbara enjoy attending Philadelphia Orchestra concerts.

**Charleen "Coe" Cosand** has moved to Apt. 55 from the Lumberton campus. Coe lived most of her life in Indiana, where she taught physical education and was a guidance counselor. She moved to Marlton for a time until she was able to get into Medford Leas at Lumberton. After col-

lapsing in her Lumberton home, she had a pacemaker installed and that led to her moving to the courts. She is busy unpacking and getting settled, but makes time to go to the Fitness Center, because she wants to get rid of her walker. Coe belongs to the Bird Club and has tickets to some theater performances. She looks forward to being able to work in her garden next spring.

**Eleanor Merrick** has moved to Apt. 224 from Rushmore, where she has lived since 1999. Despite the work involved in moving and getting settled, she is still a loyal volunteer, visiting residents in nursing and assisted living units where she reads to them, runs errands for them, and does whatever they need. She is also chair of the Low Vision Committee and a member of the MLRA Forum and Health Committees. Now that she's in the courts, Eleanor is looking forward to being around people without having to cook. She has three sons and five grandchildren.

E.S. and K.K.

## WHO'S NEW

photos by Margery Rubin and Barbara Degler

**Carol and Joseph Neil** moved into Apt. 626 in Rushmore on September 17 from Newport, RI, where they had lived for 23 years. They chose Medford Leas after discovering it on the Internet and visiting other CCRCs from New Hampshire to New Jersey. Our arboretum setting was a special draw for them.

Carol was born in Wisconsin but grew up in Hollywood, FL. Her father was a champion swimmer. Carol took to swimming, too, and swam throughout her high school and college years, becoming a state champion. After receiving a BA from Florida State University in Tallahassee, she went to Chicago in 1948 for an accounting job with Price Waterhouse.





Joe lived in Elgin, IL, through high school. He spent 1½ years at the University of Wisconsin, until he joined the Navy's V12 program. This took him to Northwestern University and then to the Harvard Business School, where he was at

the Midshipman Supply Corps School for a year. Joe was discharged from the Navy in the summer of 1946, just in time to return to the Harvard Business School as a civilian. He received his MBA in June 1947 and was recruited by Price Waterhouse in Chicago.

Carol and Joe were married in 1951. They continued to live in Chicago, where Carol joined a water ballet group, which won a regional competition. In 1954 the Neils moved to New York, where Joe served as Treasurer of Merrill Lynch and Chief Financial Officer of the NY Stock Exchange.

During this period, the Neils lived near the Hudson River: eight years in Harrington Park, NJ, and 22 years in Grandview-on-Hudson, NY. Joe had fallen in love with sailing as a boy, and now sailing became a favorite recreation. Carol and Joe began with a 17-foot boat, which they raced for four or five years, and ended up with a 33-foot cruising boat. They and their two children sailed up and down the coast of New England, with Maine often their destination. They have also sailed to Florida down the Inland Waterway.

Just before Joe's retirement in 1985, the Neils bought an 1852 house in Newport, RI, which they renovated. They chose Newport for its sailing opportunities. Their life was full. Joe was involved with the Newport Historical Society for nine years. He also joined the International Executive Service Corps, a group of volunteers with business experience. He went, accompanied by Carol, to various places abroad: Cairo, Budapest, Belgrade, Sofia, Guatemala City, and Jamaica. He gave a helping hand in these de-

veloping countries to stock exchanges and brokerage firms.

Joe is interested in economics and architectural history. Carol loves nature – and swimming. She hopes to be a volunteer in an activity that involves people. The Neils will continue to spend the winter months at their home in Lauderdale-by-the-Sea, Florida.

**Betsy Pennink**

\* \* \* \* \*

**Russell and Marjorie Young**, at 36 Woodside Drive, met in 1945 at a farewell party for a friend who had entered the service. Marjorie was attending Merchantville High School and Russ was a student at Camden County Vocational High School. They married in 1948, and Marjorie worked for NJ Bell in Camden and Pennsauken until their daughter was born. Russ worked at Courney-Jenson Machine in Camden and later at Sharpless Engineering in Bridgeport, PA. After he served in the National Guard, the family moved back to Pennsauken, where their son was born. Russ spent the next 13 years with the Glaco Machine Corp. in Philadelphia, until he and a partner established their own company, the Alpha Tool and Machine Corp. Russ retired in 1990.



Marjorie was active in church activities and served as chair of the Board of the Camden Christian Center. In a cooperative effort to stabilize the rising racial tension in Camden between 1952 and 1969, staff of that Center worked closely with the

Black Power Unity Movement (BPUM).

The Youngs planned to build a home on 25 acres they purchased in Orangeville, Columbia



County, PA. A small river ran through the property, so Russ decided to build a bridge first. At the same time, the State of Pennsylvania was scrapping an 80-year-old iron truss bridge near their property. Russ offered to buy it, but the state gave it to him.

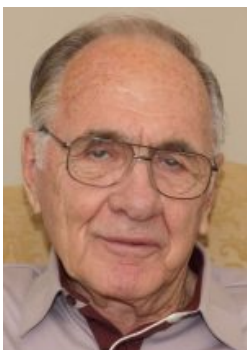
After cranes carried the truss sections (75' long and 20' wide) to the Youngs' site, Russ was on his own. He installed two concrete abutments (each over 20' high) to support the iron framework, restored the framework, and then leased a crane to position it on the abutments. His engineering acumen led to the passage of Pennsylvania's safety inspection laws. In April 1970, *House Beautiful* published an article describing the entire project in detail.

Russ was active in Rotary International and was project chairman of the Columbia County Covered Bridge Association, whose mission is the restoration and maintenance of covered bridges in the county.

Now, Russ and Marjorie are concentrating on gardening and catching up on their reading.

Doris Brown

\* \* \* \* \*

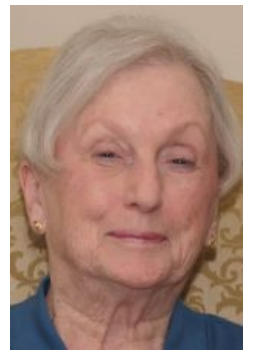


**Charles and Anne French Jones**, in Apartment 116, have been together from 8<sup>th</sup> grade in the Mt. Holly Middle School, through high school, and through 60 years of marriage. Charlie, as he is known, has a cousin at Medford Leas, **Norman Jones** in Apt. 44, and Anne knew **Kay Hoagland** from their bridge club.

Charlie's parents were birthright Quakers, the fourth generation to operate a vegetable farm

where the Miller Ford agency is now located on Route 38 in Mt. Holly. After Charlie and Anne were married in 1948, Charlie left the family farm and bought a 320-acre dairy farm that eventually had 220 cows. While he handled the milking operation, she kept the books and took care of the home and two children.

In 1966, they sold the cows but stayed on the farm another 19 years, selling corn and hay. In 1985, they decided to sell the whole farm and move to a home they had built in Southampton on a two-acre property. Charlie had a very large lawn to cut and care for and also planted flowers and a vegetable garden. Anne painted china as a hobby. This was their last home before moving to Medford Leas.



Although Charlie insists that he was "just a farmer," he was also serving as the only Republican member of the Pemberton Township Committee for nine years and, later, on the Southampton Planning Board for 22 years.

E.S.

### ENERGY TIP OF THE MONTH

Want to cancel all those catalogs? Just dial the 1-800-number on the catalog and tell the consumer service person to remove your name from the catalog mailing list. Be prepared to give a number on the back of the catalog and your name. NEVER give credit card information unless placing an order, and when placing an order, be sure to say you DO NOT want to receive a catalog.

It also helps to share catalogs with neighbors, saving trees, transportation, and postage. When you order from a borrowed catalog, remember to say you DO NOT want to be sent a catalog.

MLRA Resource Conservation Committee

## NOVEMBER CRYPTOGRAM

by John Caughey

HR BEYGNEYG E QKBBSGYNP...  
 NMEN JUKFYLR I E MREONMCSO,  
 QEUYGZ, EGL IRQSUR RGFYUKG-  
 BRGN NK RGM EGQR ... NMR  
 JMPIYQEO, RBKNYKGEO,  
 YGNROORQNSEO, IKQYEO EGL  
 IJYUYNSEO HROO-ARYGZ KC  
 REQM URIYLRGN.

– KSU BYIIYKG INENRBRGN

Here is the solution to the October cryptogram by Janet Gray:

MARGARET, ARE YOU GRIEVING OVER  
 GOLDENGROVE UNLEAVING? LEAVES,  
 LIKE THINGS OF MAN, YOU WITH YOUR  
 FRESH HEART CARE FOR, CAN YOU?  
 –GERARD MANLEY HOPKINS

The correct solution was received from 22 readers: **Ken Anderson, Ruth Blattenberger, Marion Burk, Jody Cardona, John Caughey, Gwen Crawley, Doris Curley, Liz Dill, Betty Donahue, Louise Evaul, Herb Heineman, Barbara Heizman, Sally Klos, Mary Ann Metzger, Helen Peterson, Betty Preston, Warren Reeves, Doris Salati, Florence Sawyer, Peg Scott, Miriam Ward, Ellen Wiener.**

Please put your solution in an envelope in Box 162 by November 10 or send it by e-mail to [estimler@medleas.com](mailto:estimler@medleas.com). We encourage solvers to submit new cryptograms for future use.

## MEDFORD LEAS LIFE

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**Deadline for submissions:  
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