



Medford Leas *Life*

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APRIL 2008

APRIL IS FOR ARBORETUM

by Kitty Katzell

Exciting events! A chance to learn more about trees! All parts of Medford Leas will observe "April is for Arboretum," with walks, lectures, flowers, and more. After all, April 22 is Earth Day,



Medford Campus Woodlands Group

April 25 is Arbor Day, and April 26 is the Annual Lewis W. Barton Arboretum Lecture, to be given this year by Paul Meyer, Director of the Morris Arboretum. His subject: *Great and Ancient Trees*.

Residents should know that the Lewis W. Barton Arboretum and Nature Preserve includes all of the 168 acres of the Medford campus and the 88 acres of the Lumberton campus, for a total of 256 acres. On the Medford campus alone, 1,390 of the trees have been labeled and are entered in the new Arboretum database. As a result, on the new computer in the Nature Center, an interested person will be able to check to see if a particular

kind of tree (e.g., sassafras) exists in the database (it does), and if so, where it is located (there are several, one is in 6-J). Or one can specify a particular location (e.g., Grid 13-F, in Bridlington) and find the identity of an unfamiliar tree seen in that location.

There will be Trail Walks on both campuses. Those on the Medford campus will be led by **John Caughey** and the members of the Woodlands Committee; those on the Lumberton campus, by **Pat Potts, Miriam Swartz**, and the members of their Trails Group. There will be Courtyard Garden walks led by **Herb Minkus**, Arboretum Coordinator; and a Nature Walk led by **Jane Bourquin**, chair of the Wildflower Committee. Jane will also have another of her monthly exhibits on the Arboretum Bulletin Board between the Kitchen and the Bank.



Reflection in the Lumberton Meadow

The Bird Club will have a special lecture at their monthly meeting, April 2. The Library will feature a "Spotlight on the Environment" in their month-long Atrium-window display. The Thrift Shop will have a special section of books, tapes, and CDs

where shoppers can enrich their libraries. April 14 will be "Conserve, Reuse, Recycle" Day, when everyone is asked to wear recycled clothing (think Thrift Shop!). There will also be a trip to the recycling facility in Florence, NJ.

Throughout the month, **Beverly Kannengieszer**, Director of Fitness and Aquatics, will hold Fitness activities on the patio outside the Pool, weather permitting, and the Polar Bear Dip at the Lumberton Pool is scheduled to be held on April 24. **Debbie Lux**, Horticulturist, will present a Plant Clinic on April 8.

Dining Services is involved, too. The tables in all three dining rooms will have "tents" bearing questions about Nature, the Arboretum, and related subjects throughout April. The answer(s) will be printed on the reverse side of the "tents." By trying different tables, residents can check to see how many of the questions they can answer. And on Earth Day, April 22, there will be Arboretum-themed menus for both lunch and dinner.

A number of people from outside Medford Leas have been invited to speak to groups in the Activities Room. Kate Barber will speak about "Trees in Art" on April 9; the subject of Dorene Szeker, a quilter, will be "Showers of Spring Flowers" on April 16; and someone from the Woodford-Cedar Run Wildlife Refuge will be here on April 17.



Because even dogs use trees, a dog show is scheduled for April 23.



Both residents and staff are encouraged to take particular notice of the many things to see and do on both campuses during April. They'll be listed in a special calendar which will be distributed.

Although "April is for Arboretum," there is much to see and do in the Lewis W. Barton Arboretum and Nature Preserve during every month of the year.

LOOKING AT TREES DIFFERENTLY

by Gwen Crawley

On average, each year every person in America uses the equivalent of two pine trees in paper, cardboard, and other products made from trees. This means that it would take less than three years for the residents of Medford Leas to use ALL the trees in our Arboretum. It takes from 10 to 20 years for trees to reach maturity, and the leaves of a living tree are one of the best absorbers of carbon dioxide in the atmosphere.

The good news is that, according to the American Forest and Paper Association in 2006, 53.4% of paper products were recycled. This amounts to 360 pounds for every man, woman, and child in America.

Producing recycled paper costs less than half as much as paper made from cutting down trees. About half of all paper made today has some recycled fiber in it. Every recycled ton of paper products also saves 3.3 cubic yards of landfill.

Conserving and reusing paper, however, is even better than recycling it. Paper can be conserved by using both sides before it's recycled. Paper is also conserved when email is used rather than hand-written notes and memos. Envelopes, too, can sometimes be reused.

Some residents share newspapers, trading the *Inquirer* for the *Times*, or reading them in the Library. Others trade magazines and catalogs, helping to reduce the number printed in the first place as well as the energy to deliver them, and the cost to cart them to a recycling center.

Remember, help to preserve trees: CONSERVE, REUSE, RECYCLE.



FRIDA KAHLO EXHIBIT

On Friday, May 2, residents will be able to visit the Philadelphia Museum of Art with the Medford Leas bus for the special show of Kahlo's portraits, landscapes, and still lifes. There will be time left to browse other areas of the museum.

This trip, sponsored by the MLRA Gallery Committee, will include a self-guided tour with an audiotape prepared by Museum curators for background information and stylistic comments on some of the most important pictures. Each resident can go at his/her own pace. Lunch may be purchased in the museum cafeteria or in the attractive Café in the new Perelman Annex. There is a shuttle bus to and from the Perelman from the west entrance every half hour.

The bus will leave Medford Leas at 9:30 am and the Museum at 2:00 pm. Tickets are \$35 each. A sign-up flyer has been distributed to all mailboxes.

E.S.

NEW MORNING BUS SCHEDULE

by Barbara Heizman

As shopping centers and "big box" stores have opened in Burlington County, new destinations have been added to the Medford Leas morning bus runs. Other destinations, visited infrequently, have been replaced.

There will now be two trips a month to Wegman's Market and two to the Marlton area. There will be one morning trip a month to Medford's ShopRite and Acme, in addition to the usual afternoon trips, and there will be a morning trip once a month to the Whole Foods Market.

The Weekly Bus Schedule on the back of the Monthly Calendar has been revised to reflect these changes. Since it takes time to translate "2nd Thursday" or "3rd Tuesday" into actual

dates, a calendar for each month will be posted on the Atrium and Transportation bulletin boards showing the days and dates of all morning trips.

No changes have been made to the Tuesday, Wednesday, and Thursday afternoon shopping trips.

2008 COURSES AT MEDFORD UNIVERSITY

by Kay Cooley

Everyone is sure to find something to enjoy in Medford University's courses for 2008 drawn from the arts and social sciences.

In the spring course, "Mozart and the Age of Enlightenment," Karl Middleman, founder and artistic director of the Philadelphia Classical Symphony, will examine the great composer in the context of his times. Using live demonstrations at the piano, video clips, and recorded excerpts, Maestro Middleman will discuss Mozart's genres and styles, as well as the influences on his work. Classes will meet on Monday afternoons beginning April 14.

The Summer Lecture Series will be presented by Sara Martino, PhD., assistant professor of Psychology at Stockton College. She will introduce audiences to Positive Psychology and "explain the paradigm shift in Psychology from a medical model to a strengths-based model," using gratitude and mindfulness as samples of this new approach. She will lecture on four Wednesday mornings in July beginning July 2.

Aman McCleod, PhD, professor of Political Science at Rutgers-Camden, will teach the fall course on "Understanding American Government," a timely accompaniment to the elections in November. Current issues of interpreting the Constitution will be discussed. Classes will be held Monday afternoons beginning September 8.

BOW WOW WOW

by Sumi Kobayashi

Ed.Note: This is the second of a series of articles on the 13 dogs on the Medford Campus belonging to 11 households.

Elsie Behmer, her Wirehaired Fox Terrier Jack, and Welsh Terrier Bess are a familiar sight to Bridlington residents as the trio takes its twice-daily walk around the neighborhood. Both breeds were developed in the United Kingdom to protect crops.

Jack, 15 years old, is a Master Earthdog and has proved to the satisfaction of the American Kennel Club that he is game enough to "go to ground" after quarry he has tracked through an overgrown field. He follows tunnels using scent leads, then barks and holds his quarry. He would go after a fox if he ever got the chance.

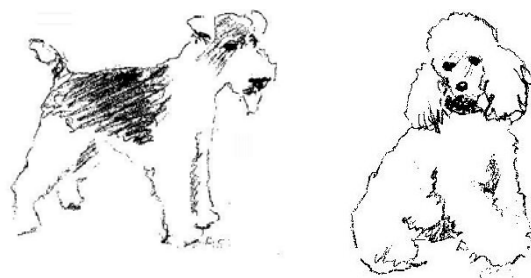
Bess, five years old, is best known as "the dog that ran away" on her second day at Medford Leas. Elsie, residents, security staff, friends, and neighbors spent a harrowing five hours looking for her. They spotted her, only to have her run away again. Often she was just a silhouette on the horizon. Finally she was found, lying down and exhausted, in the woods near Route 70, her black and brown coloring blending into the winter underbrush.

Bess was acquired after Elsie moved into Medford Leas. A new owner and unfamiliar location made Bess a very confused dog. Like Jack, she was bred as a show dog, had fine physical proportions, but did not have the right temperament for the dog show circuit. She still is skittish and might run away again if not kept on a short leash.

Dorothy Mulholland shares her apartment with Sandy, a Shih Tzu mix (other part unknown). Shih Tzu is a Chinese breed meaning small lion. Dottie's daughter thought she should have a companion animal to fill the void left in her life after her 20-year-old deaf cat went to cat heaven. When Dottie and grandson Will went to the Burlington County Animal Shelter near the County Library, they saw an overwhelming number of

active barking dogs. As Sandy's cage door was opened, the dog bounded out and was all over Will. Will said, "He's the one, Grammy." Sandy had selected his new owner.

Sandy is two or three years old and about 20 pounds. He has an imbedded identification chip, which was used by the shelter in an unsuccessful effort to locate his former owner. He wears an electronic collar to restrain him when he gets a little too rambunctious. It does not harm him but creates a gentle vibration. Sandy had had training, responding to commands. A former member of the Medford Police Force gave him further training. He recommended the electronic collar.



drawings by Alice Culbreth

Sandy is not thrilled with snow. He does not mind walking through puddles but dislikes rain on his back. He will bark at the mailman. Bob Wasson, the regular mailman, knows him and they are friends, but Sandy intimidates other mail carriers.

Sandy accompanies Dottie to Knitting and Sewing and waits patiently while the ladies are busy with their hands. Sometimes he has company: **Beverly Kannengieszer's** puppy. Sandy gets along well with other dogs, including the **Heyl** sisters' Rocky, who lives next door.

Toby Riley's two companions are Italian Greyhounds. The breed is one of the oldest in the world. They are believed to have roots in ancient Greece and Turkey and were introduced to southern Europe in the 16th century. They were favorites of Italian courts. They are a sleek toy breed classified as house pets. Fawn-colored (Boy) Scout at 1¼ years is a little older than one-year-old blue-and-white (The Lone) Ranger. Scout is larger at 10 pounds, but Ranger is catching up fast.



Toby began researching breeds on the internet. There are about 12 breeders of Italian Greyhounds in central New Jersey who carefully research their potential owners to make sure their dogs are a good match for the people who want them. The breed is not suitable for young children.

After Toby had owned Scout for a few months, he learned of another dog available from Browns Mills. He acquired it with the intention of giving it away, but found that, contrary to expectations, the two dogs took to each other immediately. Like their larger cousins bred for racing, they are high-energy animals born to run. When Toby lets them out into the area behind his apartment, they chase each other at breakneck speed.

Toby frequently takes the two on leashes all over the campus. He took them to a back porch concert in the summer but had to hustle them out when they wanted to join their voices with the singers in the featured act.

The dogs are sight hounds and take off after rabbits when they see them. Owners of these smaller greyhounds do not race them, but they get together for "coursing," where the dogs are allowed to run over designated courses at top speed.

With their small size and short hair they do not like cold, wetness, or rain and need dog sweaters in winter to keep them comfortable.



Court 22

BOOK REVIEW

by George Rubin

Eleanor Rigby, by Douglas Coupland, 249 pp., in the Medford Leas Library.

Canada has produced some remarkable writers. Among them are Robertson Davies, Margaret Atwood, Saul Bellow, and Mordecai Richler. Now we can add to this list Douglas Coupland.

This superb storyteller involves the reader from the beginning. We meet Elizabeth (Liz) Dunn, in her thirties; fat, unmarried, working at a job she finds completely boring, and trying hard to be invisible to everyone. She has an overprotective mother, a beautiful sister, and a married brother with two obnoxious children. With all of that, she is the loneliest woman in British Columbia. All of this changes with the unexpected phone call from the local hospital. She is informed that they have a patient wearing an ID bracelet with her name as next of kin. Shocked by this call, Liz searches her memory for when she could have conceived this child and who his father might be. At the hospital she meets Jeremy, her son, 20 years old and suffering from multiple sclerosis. Before long a strong bond develops between these two lost souls. The story is moving and filled with humor. For Liz, it means adding another dimension to her life and finding Jeremy's father.

The title is from the 1966 Beatles song of the same name (*The Revolver* album) written by Paul McCartney and John Lennon. It alludes, of course, to the key theme of loneliness in Coupland's novel. The book makes the reader focus, with an acute awareness, on how we live our lives. As Liz says: "it's kind of nice not to know for sure what happens to us before we are born or after we die – or to be unsure what will happen to us in that nervous, iffy time that exists between the point at which we decide to change our lives and the point when our lives actually change."

The reader won't forget this wonderful story or the characters created by Coupland, this gifted member of the new generation of Canadian writers.

ELDERHOSTEL AT MEDFORD LEAS

by Ellen Stimler

A new window on exciting educational experiences has been opened by **Jane Weston**, Director of Marketing and Community Relations. Elderhostel has selected Medford Leas as a site for one of its new *Day of Discovery* programs.

Many residents have participated in Elderhostel's educational travel programs in the U.S. and abroad. Most of their programs are from five days in the U.S. to several weeks overseas. More recently, Elderhostel has developed weekend and one-day programs at low cost, attracting people within comfortable driving distance.

Jane heard about the *Discovery Day* from a contact at the Morris Arboretum and has been pursuing the idea since last fall. The Medford Leas program was announced on the Elderhostel website on February 28 and forwarded to residents on the Elderhostel email list.

The title of the *Day of Discovery* at Medford Leas is *Training Your Brain to Stay Young and Fit*, and will be presented to groups of 24 on April 7, 11, 25, and 29. The day's schedule includes a lecture by **Dr. Keith Quinton** on brain and memory function; an introduction to the Posit Science Brain Gym with **Gerry Stride**, Director of Community Life; a "brain-healthy" lunch; a session of physical exercise led by **Beverly Kannengiezser**, Director of Fitness and Aquatics; and a walk through the Arboretum and some residential areas.

On March 31, residents were given a special preview of the Elderhostel *Discovery Day* program by all three of the April presenters.

Jane hopes that the April Elderhostel programs are just the beginning of what will be an extended relationship. There is another *Day of Discovery* program featuring an expert on creation of the *New York Times* crossword puzzles, which Jane wants to bring to residents of Medford Leas.

EMPLOYEE RECOGNITION DINNER

by Kay Cooley

"And the winner is..."

Those are not the words of Jon Stewart at the Oscar Awards ceremony in Hollywood on February 24. Rather, CEO **Dennis Koza** used them to announce the Employee of the Year at the annual Employee Service Recognition Dinner at Charlie's Other Brother restaurant. The dinner preceded the Oscars by two days.

In addition to many staff members and their guests, the festive dinner was attended by eight Estaugh Board Members, the President and Vice President of the MRLA Council, and their guests.

Like the Oscars ceremony, service recognition progressed from the lesser to the greater, beginning with employees honored for three years of service, through five, 10, 15, 20, 25, and 30, to **Bill Murphy's** extraordinary 35 years.

Finally, the four 2007 Employees-of-the-Quarter were presented: **Debbie Lux** (Landscaping), **David Wagner** (Operations – Administration), **Dawn Walker** (Nursing – John Estaugh), and **Denise Zaugra** (Nursing – John Estaugh). Those four had been chosen following nominations by residents and staff. From those four, the Employee of the Year was chosen by Medford Leas employees.

And the winner of the Employee of the Year Award was a very happy and excited Denise Zaugra. Congratulations, Denise!



Elderhostel Program 16850RJ

STROKE: CRUCIAL IMPORTANCE OF IMMEDIATE TREATMENT

by Maggie Woodard

On May 28, 2007, the *New York Times* ran a 2½ page article, beginning on page one, on strokes and the importance of receiving specialized treatment within three hours of the first symptoms in order to prevent permanent paralysis. The article stressed that it is vital to go to a hospital emergency room that has the equipment and personnel capable of determining the type of stroke and then of prescribing the correct medication.

The article said that many emergency room doctors are “uncomfortable” deciding whether the patient is really having a stroke – a blockage or rupture of a blood vessel in the brain that injures or kills brain cells – or is suffering from another condition. Doctors are, therefore, reluctant to give the only drug known to make a real difference, tPA, or tissue plasminogen activator.

I have always dreaded having a stroke and my immediate concern, after reading the article, was the care available at Virtua Memorial Hospital, our nearest hospital. I wrote to **Dale Blackburn**, Chairman of the MLRA Health Committee, asking the Committee to ascertain (1) if Virtua’s emergency room doctors are qualified to make the correct diagnosis; (2) if a neurologist is on call; (3) if the hospital has M.R.I. scanners; and (4) if tPA is available in the emergency room.

At the Health Committee’s request, **Dolores Redner**, MSHA, RNC, CNA, Administrator of Medford Leas Health Services, made available two very reassuring articles about the quality of care at Virtua’s Stroke Center. It has earned the coveted Primary Stroke Center Certification from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). It is staffed by trained, multidisciplinary stroke teams on call 24/7. The teams include neurologists, emergency room physicians, radiologists, and specially trained nurses. When appropriate, tPA is prescribed. In addition, Virtua, in partnership with Specialists on Call, offers a new technology called

teleneurology, which allows emergency room physicians to have round-the-clock access to neurologists via real-time, two-way audio and video communication.

CLIP AND SAVE

If you are experiencing any of the following symptoms, do not hesitate to call Medford Leas emergency number (3666), or 911 if you live in Bridlington, Rushmore, or Lumberton:

- Weakness in an arm, hand, or leg
- Inability to feel one side of your face or body
- Inability to see out of one eye
- Difficulty walking
- Difficulty understanding what someone is saying
- Dizziness or loss of balance
- The worst headache you have ever had.

If you think someone else is having a stroke, perform the 60-second test: Ask him/her:

- To smile
- To raise both arms
- To repeat a simple sentence, like “It is sunny out today.”
- To stick out his/her tongue.



Medford Campus Trail

OUR NEW CENTENARIAN

by Ellen Stimler

At one hundred years old on November 6, 2007, **Ruth Truncer** in Apartment 194 is the only current centenarian at Medford Leas who still lives independently in a Court apartment. Ruth and her late husband, Joe, moved into this two-bedroom apartment in August 1998. Joe died at age 93, just a few days after their 69th wedding anniversary.



photo by Margery Rubin

Ruth would rather talk about the activities and achievements of her two children's families than about herself. Her memory for names and dates seems hardly affected by her age. "Maybe I won't remember what I did last week, but I remember everything about my childhood," she explained. Ruth walks about her apartment without a cane but uses a walker to get around the campus. "I think walking is good for me," she added. She hopes to avoid use of an electric cart.

Ruth makes her own breakfast and lunch and during the week joins friends in the Colonial Room for dinner. She gets some help loading heavy pieces into her washer but finishes the rest of the laundry herself. Every day she takes apart her double bed and makes it up with a heavy spread and pillows. "I just like things to look neat." Ruth is a snappy dresser and complains about having had to give up high heels. "I don't like sneakers," she declares.

Friday is Ruth's busiest day. She has a standing appointment in the Beauty Shop in the morning, and in the evening enjoys the Progressive Bridge

in the Activities Room. She also participates in the bridge games for Planned Parenthood.

Ruth's son Jim, Monmouth County Director of Parks and Forests, visits her regularly every few weeks from his home in Allentown, NJ. He buys all her groceries and helps with whatever is needed. He told his mother that it was time to give up gardening. She used to grow many flowers for the arrangements she loved to create.

Ruth's apartment is a museum of family pictures, awards and plaques honoring family members, and antiques acquired over a lifetime. Every picture, piece of furniture, and item in a floor-to-ceiling display case has a story Ruth loves to recall. Her piano is a reminder of the piano lessons she took from childhood for many years.

One of Ruth's favorite displays is an enlarged, framed poem written by her daughter, Judy, an entertainer and playwright in Manhattan. The poem tells the amusing story of a 10-cent wedding ring that had to be substituted for the real one her bridegroom could not find on the eve of the wedding.

All of us wish Ruth more healthy years to enjoy.

NOMINEE FOR ESTAUGH BOARD

At the regular MLRA Business Meeting on Monday, February 18, **Barbara Trought**, chair of the MLRA Nominating Committee, announced the names of five residents being recommended to serve on the Estaugh Board. They were: **Gwen Crawley, Jack McKeon, Jack Mutschler, George Rubin, and Beth Wray.**

The candidates' names and brief biographies were forwarded to the Estaugh Nominating Committee, chaired by **Kitty Katzell**. The other members of that Committee are **John Cope** and **Janet Thomas**. The five candidates were reviewed by the Committee and one of them was proposed for membership on the Estaugh Board at its meeting on March 26, too late for notice in this issue of *Medford Leas Life*.

ART GALLERY NEWS

by Helen L. Vukasin

The paintings of an exciting group of artists and scholars of Chinese brushwork are scheduled for the Gallery on the Medford campus for the months of April and May. Nine accomplished painters from the region form a group dedicated to demonstrating the variety and beauty of Chinese watercolor. They are joined by an honorary member, Master Zhe Zhou Jlang, who trained in Beijing.

The exhibit, Scholars of the Spring, will open with a reception on Sunday afternoon, April 13, from 1:30 to 3:00 pm in the Medford Leas Art Gallery. At 2:00 pm, members of the group will talk about their work and the mission of the group.

A new exhibit will open the first week in April at the Community Center on the Lumberton campus. It will be a joint show of the photographs of resident **Hannah Wilson** and the paintings of new resident **Vincent Piecyk**. Hannah's work is familiar to residents. Vincent will be showing not only his oils and acrylics but also some of his recent computer art. An exhibit and explanation of this innovative type of work was presented in 2006 in the Medford Leas Art Gallery.

Resident artwork will continue to be exhibited through the summer in the extended Art Studio Gallery in the new Arts and Social Wing. Photographs of some of the pictures in the exhibit can be found on the MLRA website.

ANALYSIS OF BLACKOUT

by Ellen Stimler

On Saturday, March 8, the Medford area was lashed by severe high winds and torrential rains, causing a power outage in the south section of Medford Leas. Residents in 15 courts (19 through 65) were without electricity from about 6 pm until 5:45 am Sunday morning. Courts 1 through 18 on the north side were not affected.

The emergency generator system was automatically activated for the skilled nursing areas.

Bill Murphy, Director of Operations, was on the campus at 6:15 pm and stayed throughout the night until power was restored the next morning.

As the power went off, some residents were caught in the darkness on their way to their apartments. They were escorted home and were given flashlights, as needed, by Bill or the security assistant on duty. Bill asked the receptionist to call every resident in the affected courts to find out if they needed anything. **Dennis Koza**, CEO, was advised of the situation. A time-consuming job was silencing all the fire alarms that had gone off.

At 8:30 pm, the Medford Fire Department arrived with a few trucks to offer assistance, but there were no problems. Around midnight, the Medford Police came by to update Bill on the progress of power restoration and also offered their assistance.

When power was still out by 4:30 am and the police told Bill that PSE&G was still looking for the cause of the outage, Bill called in some staff from Maintenance to assist and considered activating the Disaster Plan. At 5:30 am he called Dennis, **Dolores Redner**, Administrator, and **Jen Zdunczyk**, Director of Dining Services, but when the lights went on during the next 15 minutes, he called them all back with the good news.

As usual, Bill Murphy was on the scene during a critical period and managed all systems to maintain security and minimize discomfort for residents.

IN MEMORIAM

Rebecca Monego	March 2
Dorothy Clayton	March 6
Mary Dyczko	March 6
Walter Zwarg	March 9

MORE THAN A DREAM

by Maggie Woodard

The Cherry Hill West Singers celebrated Black History Month with a concert in the Medford Leas Theater on Monday evening, February 25. Titled "More Than A Dream," in reference to the famous Martin Luther King, Jr. quote, this program of contemporary and traditional African-American music was greatly appreciated by a large audience.

Christine Bass and Jim Boeckle are the directors of the Singers. Christine, daughter of resident **Gwen Crawley**, conducted the concert, which included a contemporary gospel song, "In the Mornin'," written by her and her husband Martin Bass.

The West Singers, 62 young men and women, sang seven numbers, two of which were accompanied by two drummers while two women performed African dances. The Chamber Singers, 21 men and women, sang a traditional spiritual. The Fermata, ten women with two soloists, sang two contemporary pieces written by a group of African-American women. The Men of Note, ten men with one soloist, sang a contemporary piece, "MLK." Most of the pieces were performed *a cappella* but one contemporary gospel number was accompanied by the piano.

As the audience left the Theater after the concert, the singers serenaded them in the Gallery. Mrs. Bass said they really enjoyed the warm welcome and appreciation they received.

ORANJ TO MEET AT MEDFORD LEAS

by Helen L. Vukasin

The Organization of Residents Associations of New Jersey (ORANJ), an umbrella group of New Jersey CCRCs, will hold its spring meeting in Medford Leas' Theater on Wednesday, April 16.

Residents of Medford Leas are invited to attend the business meeting and programs that will focus

on sustainability. This is a broad concept that includes the green movement and other factors that contribute to our survival now and in the future.

There will be a short business meeting at 10 am in the Theater. At 11 am Randy Solomon, of Rutgers University, will talk about what communities in New Jersey and around the world are doing to address climate change

In the afternoon at 1 pm, Fred Profeta, former mayor of Maplewood, NJ, will talk about actions for sustainability that are being taken in that city.

Lunch in the Multi-Purpose Room is limited to registered delegates from member CCRCs.

MISSING VOLUMES

The three-ring binder containing issues of *Medford Leas Life* for 2001 through 2003 is missing from the Library.

On a shelf by the window of the Library, there are three-ring binders containing issues of *Medford Leas Life* back to the beginning. Those albums provide a quick resource for answering many questions.

On the counter below that shelf, there is a 3x5" card file with a card for every person whose biography has appeared in "Who's New" in *Medford Leas Life*. The card indicates the month and year of the issue in which the resident's biography was published. When the resident dies, an asterisk is added to the card. Anyone who wants to look up information about a resident uses that file and those albums, so it is a major inconvenience when three years' records are missing.

If any reader knows the binder's whereabouts, please see that it is returned to its proper place on the shelf. Thank you.



WHO'S NEW

Frances (Beck) Reynolds, Apt. 115, has a family history going back to John Woolman, who lived in Mt. Holly in the 17th century and has been called the "gentle conscience of Quakerism." Esther, one of John's sisters, is Fran's great-great-great-grandmother.



photo by Margery Rubin

Fran is a mid-Westerner who grew up in Goshen, Indiana. During her high school years, she met her future husband, Charles, at a Methodist Church camp. During WWII, they corresponded while Charles was a navigator in the Air Force and Fran a student in economics at DePauw University. They were

married in 1948, after Charles completed a degree in journalism at Northwestern University. Following her graduation in 1945, Fran started working for IBM, but lost her job because of the company's policy against employing married women.

The couple moved to Des Moines, IA, when Charles was hired by the *Des Moines Register*. They lived there for 18 years and raised two boys and two girls. Sadly, one son died of cancer.

In 1966, the family moved to Linwood, NJ, when Charles was hired as editor of the *Atlantic City Press*. He later became publisher. Since the *Press* was a morning paper, Charles had to work most nights. Fran turned this situation to her advantage by attending evening meetings of volunteer organizations. She was an elected member of the Mainland High School Board of Education for two terms and a member of the Atlantic County and Linwood Historical Societies. She also volunteered at a hospital gift shop, at the Atlantic City Library, and at CASA, a child advocacy group.

Charles died in 2005. Fran stayed in Linwood until her recent move to Medford Leas. Her current interests are family history, bridge, birding,

keeping up with the news, and her relationships with children and grandchildren. She has already agreed to sell in the Gift Shop.

E.S.

Jean N. Ricketts moved to 222 Woodside Drive on the Lumberton campus from Medford, NJ, her home for 34 years. She was raised in Merchantville and graduated from Merchantville High School. After earning her BA in anthropology at Barnard College, Jean started teaching at #5 School in Pennsauken.



photo by Barbara Degler

She also completed masters and doctoral degrees in education at Temple University. In 1961, Jean took a position as teacher and first principal of the Van Zant Elementary School in Marlton, where she later became Assistant Superintendent for Curriculum and Instruction. When she began her career in Marlton, Evesham Township was a semi-rural area supporting only two schools. By the end of her 33-year tenure, seven more schools had been built and staffed.

Since Jean's retirement in 1994, she has traveled extensively. She visited China and Egypt in the mid-90s and found Mexico to be most colorful and wonderful. At Burlington County College, she took courses in Spanish, which proved to be useful in her many visits to Mexico. Her favorite place, which she visits every February, is Pawley's Island, SC. The Gullah culture and history of the area are of special interest to her.

An amateur musician, Jean plays violin in the South Jersey Youth Orchestra and Friends. She finds satisfaction working with young members of the ensemble. She is still with the Moorestown Singers after 32 years, and sings in the choir of the Cathedral of the Woods in Medford Lakes. Twice a week, Jean plays golf at the Merchantville Country Club, and she is establishing an exercise program at the Fitness Center.

Doris Brown

APRIL CRYPTOGRAM

by Kitty Katzell

XOKEDO KTAG DKB VFT JFZH F

XSHH, JKTHG VFT JKRH XOHJ

MOHSH XOHG'AA NH F BFUAG

UTLYUSFXUKT XK THM GKSZHSL

KT IUIXO FRHTEH.

--JFSDFSHX IULONFVZ

Here is the solution to the March cryptogram by Patti Hopton, which was timely for the Ides of March:

THIS WAS THE MOST UNKINDEST CUT OF ALL;/ FOR WHEN THE NOBLE CAESAR SAW HIM STAB,/ INGRATITUDE, MORE STRONG THAN TRAITORS' ARMS,/ QUITE VANQUISH'D HIM,/ THEN BURST HIS MIGHTY HEART . . .
--JULIUS CAESAR, ACT III, II

The correct solution was received from 30 readers: Some said it was very hard.

Ken Anderson, Miriam Angle, Ruth Blattenberger, Marion Burk, John Caughey, Gwen Crawley, Alice Culbreth, Liz Dill, Betty Donahue, Louise Evaul, Alan Gaylord, Mickey Gray, Bob Hambleton, Neil and Marian Hartman, Herb Heineman, Barbara Heizman, Eleanor Horner, Hugh Jenkins, Sally Klos, Mary Mason, Alice Norcross, Aline Page, Helen Peterson, Betty Preston, Warren Reeves, Doris Salati, Peg Scott, Miriam Ward, and Ellen Wiener.

Please put your solution in an envelope in Box 116 by April 10 or send it by email to estimler@medleas.com. We are happy to receive interesting cryptograms for future issues. Thanks.

MEDFORD LEAS LIFE

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