



Medford Leas *Life*

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MAY 2007

PROPOSAL FOR IMPROVED HEALTH CARE FACILITIES

by Ellen Stimler

At a packed meeting in the Auditorium on March 26, CEO **Dennis Koza** shared with residents his "new conceptual site plan" for significant improvements in the skilled nursing units, assisted living, the Therapy Department, and the outpatient offices.

He emphasized at the start and throughout his presentation that this initial plan, which has been approved by the Estaugh Board, was still a working document subject to change, particularly with respect to location of the various units and as to funding. However, recalling the uproar among residents when the 2004 plan was submitted without their prior input, Dennis said he was determined to get his ideas out as soon as possible. During the question period, several residents praised their early involvement.

Dennis said that his plan was developed with all his senior staff but without outside consultants, in contrast to the 2004 plan. In explaining the details of the changes proposed, he showed slides that demonstrated the differences between the 2004 plan and the new one. The new plan proposes 168 "care options" as against 160 in the old plan and would build important flexibility into the use of the units. A "care unit" would be a room in the remodeled Estaugh, Haddon, Woolman, or Assisted Living areas, in addition to the proposed new construction, which would house 48 one and two bedroom Assisted Living units easily accomodating couples. The new construction

would also house an enlarged Therapy Department and a therapy pool on the ground floor. The overall cost for the new planned construction was estimated to be \$12.8 million, which is over \$5 million less than the old plan. Dennis said the plan would be "fleshed out" in the next six to eight months, during which time he and his team would evaluate all suggestions, remain in communication with residents, and eventually arrive at a final decision.

Additional major changes to the existing Estaugh, Haddon, and Woolman units were suggested in Dennis's plan. These include

- Estaugh would be remodeled into 22 "memory enhancement units" with access to the Back Porch Garden.
- Haddon 1 would become part of the Skilled Nursing Unit. John Woolman 2 and Haddon 2 and 3 would continue to be used as Assisted Living units
- Woolman 1 would become a private skilled unit, with the ability to become semi-private as needed. Looking at the total picture, Haddon and Woolman would have built-in flexibility to allow for changing needs as skilled nursing or assisted living.
- The Health Center areas on the ground floor of Haddon would be enlarged.
- Courts 29, 40, and 41 would be razed for the building construction and a new parking lot. Current residents would be offered other Court apartments. Dennis discussed this situation with the affected Court residents prior to the general meeting.

Costs for all of these enhancements were estimated to be \$2 million, as compared with \$3 million for the original 2004 plan.

In addition to those enhancements, several improvements would be made in the Community Building. Dennis mentioned the Front Desk, the Atrium, and dining areas.

Dennis compared the advantages of his proposal to the 2004 plan as follows:

- Lower construction costs
- State-of-the-art social model Assisted Living
- State-of-the-art Physical Therapy
- Larger skilled nursing private rooms.
- More health care level conversion options
- Less invasive renovations
- New health care dining facilities

During the question period, the only negative reactions related to the proposed elimination of Courts for a parking lot. Dennis promised to evaluate all suggestions, including construction of a multi-level or underground parking garage, or a bus to shuttle people from a more remote location.

The meeting ended with a tremendous volley of applause for Dennis and a general good feeling among residents about the Administration's desire to keep them involved as the plan develops.

NEW MLRA COUNCIL MEMBERS

by Maggie Woodard

At the monthly MLRA business meeting on April 16, five residents were elected to the MLRA Council for two-year terms, replacing five who have served since 2005. The election was by acclamation, based on the recommendations of the Nominating Committee.

Those elected were:

Louise Tompkins, Lumberton, member of the Lumberton Council for two years; currently chair of the Lumberton Trail and Site Committee, and a

member of the MLRA Bird Club.

Bob Morrow, Rushmore, a member of the Forum, Sports Day, Saturday Afternoon Movies, and Auditorium Committees.

Wil Britten, Bridlington, who has been chair of the Financial Review Committee and Vice-President of the MLRA Board (now Council). He is the only resident who, while a member of the MLRA Board (Council), has worked with **Lois Forrest** and **Mike Peasley**, former executive directors, and will now be working with **Dennis Koza**, our current CEO.

Gordon Beckhart, Courts, former chair of the Citizens Committee.

Barbara Trought, Courts, current chair of the Citizens Committee, who organized and ran the Candidates Nights last November.

Continuing for their second year on the Council are **Jack Mutchler** and **David Swartz**, Lumberton; **Harriet Bussey**, **George Rubin**, **Jean Stratton**, and **Mary Toda**, Courts.

At a special meeting on April 19, Wil Britten was elected President of the Council for the year from July 1, 2007, through June 30, 2008, and Jean Stratton was chosen as Vice-President for the same period.



photo by Margery Rubin

Current Council members who will complete their two-year terms on June 30, 2007 are **John Sommi**, Lumberton; **Beni Taylor**, Bridlington; **Neil Hartman**, Rushmore; **Alex Webb** and **Chuck Woodard**, Courts.

SPRING EVENTS AT MEDFORD LEAS

by Ellen Stimler

It's May, and spring is bursting out all over the walkways, trails, and meadows of our Medford and Lumberton campuses. The calendar is full of attractive events scheduled by the Administration, the MLRA, and outside groups holding meetings during the month.

Jane Weston, Director of Marketing and Community Relations, together with other staff, has produced a colorful brochure that highlights key events in April and May.



Peonies by Rita Keiper

On Display at the Lumberton Campus Gallery

On May 17 there is a free, open-to-all lecture in the Auditorium on the selection and care of roses by Cyndy Scalf, Master Gardener and Consulting Rosarian.

The largest event is the Tea and Garden Tour on May 19 from 11:30 a.m. to 4 p.m., featuring guided tours and a traditional English "High Tea," hors d'oeuvres, and international fruits and cheeses that will be served in the Lounge and the Colonial Room. This afternoon provides an opportunity for families and friends of residents and staff to get to know the beautiful setting and facilities at Medford Leas.

On May 22 there is the MLRA Spring Tea in the Lounge and the Activities Room, with the usual

array of hot and cold hors d'oeuvres and sweet treats, where residents from both campuses get together and meet old and new friends.

On May 31, Master Gardener John Holz will give a talk in the Auditorium on unusual weather patterns, shifting hardiness zones, and microclimates in gardens.

Throughout the year, Medford Leas makes its facilities available to outside organizations for meetings, educational programs, and catered meals. Some of these are open to residents, others are private. During May, groups that will be holding meetings at Medford Leas include:

May 7	Pinelands Garden Club	Nature Center
May 8	S. J. Camera Club	Auditorium
May 9	Berry Basket Quilters	Auditorium
May 14	Pinelands Garden Club	Auditorium
May 16	Fellowship Religious Leaders	Colonial Room
May 23	Rutgers University	Auditorium
May 23	Spinners and Weavers	Sewing Room

The meetings on May 7, 16, and 23 are private or for members only; the others are open to residents.

REMEMBERING DELLA WILLIAMS

by Kitty Katzell

Della Williams moved to Medford Leas early in 2005, and by April of that year, had joined the editorial staff of *Medford Leas Life*. From the beginning, her contributions were remarkable. Her writing style, her editorial acumen, her dry wit, and her precision improved the quality of every issue of this publication during the short time she was with us. Having returned to her apartment following a brief hospital stay, Della died in her sleep on April 6. She will be missed.

ANNUAL MLRA PLANT SALE

by Dottie Heisler and Ellen Wiener

The annual spring plant sale will take place on Thursday, May 10, in the Estaugh Mall between 8:00 a.m. and noon. Residents and staff are encouraged to buy plants for their gardens and porches and to celebrate Mother's Day, the following Sunday, with flowers.

The sale will offer a selection of hanging baskets, potted plants, varieties of bedding plants, and herbs. Vegetable growers will find ready-to-plant tomatoes and peppers. Prices will be below retail. Profits from the sale will help pay for flowers in the public rooms at Medford Leas during the year. Last year we were able to make a donation to the Appreciation Fund for employees in December.

Residents using wheeled vehicles and walkers may choose their plants the night before on Wednesday, May 9, from 6:30 to 7:30 p.m. All others should wait until Thursday morning.

Many volunteers are needed to arrange, sell, or deliver plants on the sale days. Anyone able to help should phone Dottie Heisler at 3625.

ACCREDITATION

by Kitty Katzell

The March issue of *Medford Leas Life* told about the forthcoming accreditation visit that was held between March 21 and 23. The two site visitors, who are CEOs at other CCRCs, toured the two campuses, reviewed stacks of documents, policies, reports, and handbooks, and met with groups of residents, staff, and Estaugh Board members to evaluate how well Medford Leas met the hundreds of quality standards of CCAC/CARF, the Continuing Care Accreditation Commission and the Commission on Accreditation for Rehabilitative Facilities. Medford Leas financial aspects were evaluated by a peer CFO in another CCRC that is accredited. That

review was done "virtually" through the use of computers, voice-mail, telephone, and email.

Finally, on Friday, March 23, about 20 residents, staff, and Estaugh Board members met with the two surveyors, with the financial analyst on an amplified telephone line. The three men reported on their observations and suggestions, and the two site visitors remarked on aspects of Medford Leas that they particularly admired, such as our full-time physician and pharmacy. They also expressed appreciation for how well prepared we were for their visit and said it was evident that we took the survey seriously.

The survey team reports their findings back to CCAC/CARF, by whom final decisions are made. While there was little doubt that Medford Leas would continue to be accredited, the official word could take as much as six weeks.

MLRA SPRING TEA

Frannie Webb and her many volunteer helpers invite residents of both campuses to enjoy the traditional Spring Tea, to be held on May 22 in the Lounge and in the Activities Room, from 2:30 to 4:00 p.m. Come out and meet new and old friends and savor the variety of tempting hot and cold hors d'oeuvres and sweet offerings, all to the music of our resident artists. Please don't forget to wear your nametag.



PASSOVER SEDER

by Kitty Katzell

The first Seder at Medford Leas was held in 1993, so this year's Seder was the 15th. It was also the best ever. Held in the Garden Dining Room this year, rather than the Coffee Shop, with 53 people present, everything about the event was different. There was a new Leader, **Ernest Kaufman**. The head table that usually seated only the Leader and Participants, this year seated 14: the Leader; six "Participants," **Colette Bartholomew, Sandy Green** (Director of Development), **Philetta Lobo, Inge Raven, Bernie Rosen,** and **George Spivack**; significant others of the Participants plus those who had helped prepare the Seder, **Sylvia Friedman, Kitty Katzell, Mina Kaufman, Charlotte Peck, Jane Spivack,** and **Ellen Wiener**. The other 39 residents in attendance were seated at round tables of five.

Using the same Haggadah (textual guide to the Seder story) that had been prepared by **Charles Brownfield** and used in recent years, Ernest Kaufman started the service at 5:15 p.m.; Sandy Green lighted the candles and said the appropriate prayer, and the service proceeded, only this year there was a Seder plate on each table.

Wait staff had been carefully selected so that they were all over 18, since the three different wines, provided by Charlotte Peck, were served and consumed as part of the service. Inge Raven led the singing of Dayenu (Hebrew for "it would have been enough") and everyone joined in on the choruses.

Plates of roasted gefilte fish, prepared by Sandy Green, had been pre-set at each place before the guests came into the dining room. That was followed by matzoh ball soup, prepared by the Medford Leas dining staff. The main course was spring lamb with gravy and mint jelly, honeyed carrots, a spinach kugel made by Medford Leas kitchen using Sandy Green's recipe, and a matzoh kugel made by Mina Kaufman which was seasoned with pineapple and apricot jams. [See kugel recipes following this article.] For dessert there was a compote of mixed fresh strawberries,

blueberries, raspberries, blackberries, and pears, with plates of sponge cake made by Ellen Wiener and Sandy Green, macaroons, and Passover jellies.

The Seder was completed by 7:00 pm and many of those in attendance crossed the former Gallery to attend the Monday night movie in the Auditorium.

Matzoh Kugel

4 cups matzoh farfel
2 sticks margarine, softened
2 large cans crushed pineapple, drained
6 eggs
1½ cups sugar
1 small jar apricot preserves

Pour boiling water over farfel. Drain.
Mix in remaining ingredients.
Bake for 45 minutes at 350°
Serve warm.

Spinach Kugel

1 stick butter	¼ c. chopped green pepper
2 eggs	1 c. chopped onion
1 tsp. salt	1½ c. grated carrot*
Dash pepper	10 oz. frozen spinach
¾ c. matzoh meal	½ c. chopped celery
*canned carrots, mashed, may be used.	

Cook the raw vegetables in butter.
Add defrosted, drained spinach.
Stir in remaining ingredients.
Pour into an 8" square lightly greased pan.
Bake at 350° for 45 minutes.
Serve hot.



NEW WILDFLOWER WALKS

by Jane Bourquin

The Saturday morning Wildflower Walks, which have been a traditional harbinger of spring at Medford Leas under the long-time leadership of **Rudy Salati**, have already started their new season. However, Rudy has decided to retire and persuaded me to take over. I have gone on Rudy's walks for several years, taken notes and pictures of the plants he identified, so I hope to carry on and even expand these Saturday morning outdoor explorations.

Wildflowers need light and sun to grow, so the first wildflowers of the year are usually found in the woods while the trees are still bare. When the woods become shady after the trees have their leaves, we find many wildflowers at the edge of the woods. In summer, wildflowers can be found in the open meadows. For these reasons, I plan to continue our walks through summer and fall. The walks will probably be held every two weeks and will be announced on the bulletin board across from the Private Dining Room and on the monthly and weekly calendars, giving the starting place and time. The walks usually last an hour, but we are never far from a trail back to the Courts.

On our walks, I also plan to point out plants other than wildflowers, including mushrooms, lichens, bushes, and trees, and tell some of the stories behind the unusual names of some flowers, such as bedstraw, dandelion, and others.

So come out and join us for our Saturday outdoor adventures.

OOPS!

by Kitty Katzell

The April issue of *Medford Leas Life* carried several articles about birds, one of which was by **Jane Bourquin**. Jane was writing about her mystery bird, which she and others had determined was a Baltimore Oriole. Meantime, a

bird, whose picture looked startlingly like that of Jane's mystery bird, was identified as a Western Tanager. An Editor's footnote to that effect was added at the end of Jane's article.

Jane has now added the information that the beak of her bird is definitely not that of a "seed cracker," which the tanager is, and there are also several other differences, though the beak is the clincher.

So, *Medford Leas Life* offers its apologies especially to Jane, but also to all the other authentic birders who may have been offended by the mystery that was added to the story of the mystery bird.

CONSERVATION TIP OF THE MONTH

Just about all unwanted paper of any kind, letters, envelopes, junk mail, magazines, cards, advertisements, and notices should be put in a large brown paper bag and taken to the trash room for recycling. Many residents still put all this paper into the large trash containers with their garbage. Try this new way of saving energy by putting a paper bag where you sort your mail. You'll find that most of it will go into that paper bag! Thanks for conserving energy and trees.

TRIUMPHANT WOMEN

Some residents have responded to the notice in the April issue of *Medford Leas Life* inviting women to come forward and share their stories about how they overcame prejudice and adversity in their lives. More would be welcome. Anyone who is interested in participating may contact **Kitty Katzell**, Box 56, or kittyk@medleas.com for more information.

EMPLOYEE OF THE QUARTER

Denise Zaugra, who has five years of service as an LPN (licensed practical nurse) in Estaugh, has been selected as the Employee of the Quarter ending March 2007.



photo by Al Pfeiffer

The citation accompanying the announcement states that she is "kind, caring, and compassionate to both residents she cares for and staff she works with. She continuously accommodates resident and staff needs by working any shift, and does this with an upbeat and positive attitude."

Denise lives in Medford Lakes with her husband and two daughters. Congratulations, Denise, for the excellent work you are doing for our community.

JUNE PRIMARY ELECTION

This year, the New Jersey primary election for the New Jersey Senate, Assembly, and the Medford Township Council is on Tuesday, June 5. Medford Leas residents will be voting in the Activities Room, as usual.

Any registered voter who has never voted in a Primary Election may vote in either the Democratic or Republican Primary. Residents who have voted in prior Primary Elections will be eligible to vote in their party primary. On the party's primary ballot, voters will be asked to choose one New Jersey senator, two New Jersey Assembly members, and two members of the Medford Township Council.



LIFE IN THE NINETIES

by Ellen Stimler

"My life was so full of everything, of so many events, I just want to see how it all comes out," says **Maria Jasenas**, who was raised in Lithuania and came to the United States with her husband and young daughter in 1949.



photo by Ellen Stimler

Maria looks forward daily with great anticipation to *The New York Times* and also scans parts of *The Wall Street Journal*. She is acutely aware of the tremendous changes in the world during her lifetime, mentioning globalization, the communications revolution, and scientific discoveries in medicine and so many other fields. She keeps abreast of current events through her reading.

Maria loves her work in the Thrift Shop because it gives her a chance to help people select the items they are looking for. Her favorite activities are reading, listening to music, and traveling. She doesn't go abroad nearly as much as she used to; she took many trips, alone or with a friend, to Mexico, South American countries, to visit her sister in Australia, and favorite places in Europe.

Maria worked for City Bank on Wall Street for 27 years. She then went to live with her daughter in Westport, CT, before coming to Medford Leas. Her daughter, three grandchildren, and a great-grandchild now live in Colorado; a fourth grandchild is in California.

MEDFORD LEAS DOG SHOW

by Betsy Pennink

From the barks, woofs, and chatter that were heard in the Activities Room on April 13, it was clear that something exciting was afoot. There was background music, played by **Nannette Hanslowe** on the piano, as dogs, owners, and onlookers gathered for the Fifth Annual Medford Leas Dog Show. The audience of over 70 people, including residents from Assisted Living, Estaugh, the Courts, and the Lumberton campus, lined the sides of the room. Eighteen dogs were registered, ten belonging to staff and eight to residents.

The event was organized by the Therapeutic Recreation Department. **Pam Fake**, Coordinator for Activities in Assisted Living, was Master of Ceremonies. She announced each category and introduced each dog as it was led into the room, giving its breed, age, and favorite foods. The three judges, **Terry Tufnell**, of the Therapeutic Recreation Department, and residents **Fran Webb** and **Luther Conant**, awarded ribbons for each category.

First prizes were given as follows:

- Best Tail Wagger: Rocky (Border Collie, owned by **Sarah Williams**, Health Center)
- Best Kisser: Taco Bell, (Chihuahua, ten years old, owned by **Peggy Larkey**, CNA, Health Center)
- Best Looking Mutt: Nala (yellow Labrador mix, six years old, owned by **Davina Cornish**, Therapeutic Recreation)
- Best Costume(s): Emma (Miniature Pinscher, seven years old, owned by **Rolfa** and **George Rogers**, dressed as a bride) and Rocky (Chihuahua, two and a half years old, owned by **Caroline** and **Betty Heyl**, dressed as a bridegroom). They entered and exited to wedding marches.
- Best Trick(s): Peppin (Toy Poodle, seven years old, owned by **Jeanne Youngs**, a resident)
- Best in Show: Rocky and Emma (see Best Tail Wagger, Best Costumes)

The show was enlivened by the wide variety of dogs participating. These breeds included Italian Greyhound (a toy), Havanese, West Highland Terrier, Yorkshire Terrier, German Shepherd, and Kerry Blue Terrier.

As a surprise ending, Perry Parks, a retired Medford police officer (25 years) and his German Shepherd, Odie, demonstrated proper dog training. Mr. Parks had spent 18 years in K-9 work for the police and has worked with Odie for seven years. There were gasps from the audience when Mr. Parks showed how Odie obeyed orders in English, German, or Slovak. (Odie is from Slovakia.) The secret is to have your dog's complete attention. Mr. Parks described the work of a police dog. He himself has trained over 700 police dogs. He has also obtained prospective police dogs for the US Government, which sells them to the NJ State Police. He now operates a business called "Absolute Control Dog Training" in Southampton, for those who want to learn his method.



photo by Margery Rubin

ART GALLERY NEWS

by Helen L. Vukasin

The semi-annual opening of the Art Studio Gallery exhibit enticed over a hundred residents to descend to the ground floor outside the Fitness Center on April 16. While the homemade goodies are always an inducement, the works by artists seem to get better with each exhibit. It is especially fortunate that accomplished artists from among the new residents of Medford Leas are included. Twenty-eight residents contributed their work for the new exhibit.

Upstairs, as reconstruction of the Auditorium lobby and the entrance to the Garden Room goes forward, it becomes easier to envision the new Art Gallery space. The Gallery Committee is busy finding new and brighter stars to feature in the Gallery.

On March 30 eight members of the committee traveled to Smithville to view a new exhibit, Women of the World, celebrating Women's History Month.

Again this year, Medford Leas is offering a one-person show in the Medford Leas Art Gallery to one or two artists in the Perkins Center for the Arts annual Water Color Exhibit. Members of the selection committee will visit the Perkins show to select the winners.

Among the artists included in the juried show at Perkins is Lumberton resident **Rita Keiper**. At the annual juried watercolor exhibition of the Center for the Arts in Southern New Jersey, two paintings by Medford resident **Alice Skidmore Culbreth** are currently on exhibit.

At the Lumberton campus gallery, an exhibit of the work of Alice Skidmore Culbreth and Rita Keiper was hung in mid-April. A good time to visit this exhibit will be in the summer months when there will be a bus to take Medford residents to the Lumberton pool while the Medford pool is being repaired.

USING THE MEDFORD LEAS LIBRARY

by Kitty Katzell

The Medford Leas Library, adjacent to the Lounge, has about 6,000 volumes at the present time and adds 200 or more books each year. Books are both donated and purchased. **Bob Hambleton** and **Joanne Greenspun** chair the Library Committee, and they have several volunteers who assist them in maintaining the Library. The Committee also has oversight of the newspapers and magazines in the Lounge.

Over the years, a few individual residents have removed as many as 30 books, and even more, from the Library, sometimes without signing them out, and then have not returned them. There are still over 100 books that were checked out last year that have not been returned. The Library's honor system of checking out books makes all residents responsible for signing out all books borrowed and returning them before the deadline so that others may borrow them. For the new fiction and non-fiction in the front bookcase, there is a 14-day check out, in order to increase circulation. For other books, the loan period is 30 days.

A few things to remember:

- Never pass along a book borrowed from a library; always return books to the same library from which they were borrowed.
- Do not remove any part of a newspaper on the table in the Lounge.
- Do not cut anything out of a newspaper on the table in the Lounge.
- Do not leave other newspapers on the table in the Lounge.
- The Library Committee could use the help of a volunteer to oversee the newspapers and magazines. Call Bob Hambleton, 3017, or Joanne Greenspun, 3128.

The Library at Medford Leas is for the entire community, so don't be the one to deprive others of their enjoyment.

SOME REMEDIES FOR CABIN FEVER

by Kay Cooley

Got cabin fever? Try *The County Bell*, a quarterly newsletter “highlighting the Arts, History, Parks & Tourism of Burlington County.” Published by the Burlington County Board of Chosen Freeholders, it is an invaluable resource of interesting places to visit and enjoyable things to do. The following are abbreviated listings of some of the enticing items in the spring issue.

Spring Nature Tours:

- *Burlington Birding Bonanza*, Saturday, May 12 from 7 a.m. to 12:30 p.m. Participants will meet at **Smith's Woods**, then carpool to county parks to observe birds at the peak of spring migration. Led by Naturalist Jen Bulava.
- *Walks & Talks on Song Birds*, for birders of all experience levels 8 to 10 a.m. on Wednesdays: May 16 at **Amico Island**; May 23 at **Long Bridge Park**; May 30 at **Historic Smithville Park**.
- *Walk and Talk Especially for Seniors*, led by Naturalist Karenne Snow 9 to 11 on Wednesdays: June 6 at **Amico Island**; June 13 at **Long Bridge Park**; June 20 at **Smith's Woods**.
- *Wildflowers Nature Walk*, Saturday, June 23 from 10 a.m. to noon at **Long Bridge Park**. Participants will walk through various habitats to learn about the diversity of native wildflowers. Led by Jen Bulava. Rain date is June 24.

Historic Smithville Park is in Eastampton on Smithville Road, ¾ mile from Route 38; **Smith's Woods** is on Railroad Ave. in Eastampton; **Long Bridge Park** is on Deacon Ave. in Hainesport; **Amico Island Park** is on Norman Ave. in Delran. Participants should dress for the weather and bring bottled water and binoculars. Space is limited. Registration required.

Special Events:

- *Victorian Times at the Smithville Mansion*: Sunday, May 6, 11 a.m. to 3 p.m. (rain or shine). The celebration will include live

entertainment, free tea etiquette demonstrations, and horse-drawn carriage rides. For small charges, guided tours of the mansion will be available throughout the day, and a “Taste of Victorian Tea, “ including tea, tea sandwiches, and dessert, will be served from noon to 2 p.m.

- *Annual County Earth Fair*: To be held at **Historic Smithville Park** on Sunday, June 10, from 10 a.m. to 4 p.m., this free event offers a large assortment of activities, exhibits, entertainment, and refreshments. Learn about energy conservation solutions in the Sustainable Living Tent or SULEV's (Super Ultra Low Emission Vehicles) and PZEV's (Partial Zero-Emissions Vehicles).
- *The Golden Age of Steamboats*: A riverboat trip on Saturday, June 23, from 10:30 a.m. to 12:30 p.m. will afford county residents an experience of cruising the Delaware similar to that of passengers on steamboats that navigated the river from Philadelphia to Bordentown in the decades 1820 to 1920. Historians Joe Lauffer and Paul Schopp will be on board to narrate the history of the Steamboat Era. Tickets for the event, to be held rain or shine, cost \$15 for adults and \$7 for students. Passengers will board at the **Burlington City** promenade. Capacity is limited.

To register for any of these events and to obtain more information, call 609-265-5068.

IN MEMORIAM	
George Oye	March 28
Joan Campbell	April 3
Anna Fryling	April 4
John Burrowes	April 5
Della Williams	April 6
Edgar Young	April 6
Judith Loillieux	April 9
Tina Palazzolo	April 16

WELCOME TO THE COURTS

by Ellen Stimler

Christian and **Avivah Trost** are the latest transplants from the Lumberton campus, having moved to Apt. 173 in the Medford campus. They used to come over several times a week to do volunteer work in Woolman and Estaugh, and they will continue as members of the health volunteers. Christian often transports residents to the Fitness Center and the Pool, and Avivah socializes with patients and assists with personal services as requested by the staff.

Both Christian and Avivah enjoy painting for pleasure. Avivah is still recovering from a very serious illness and has not started to paint again. Christian, who was born in Norway, came to the United States in 1953 and started working as a house painter and paperhanger. He then had the idea to import gift items from Norway, which he sold out of his remodeled garage in his home in Mt. Laurel. Soon the shop was expanded to include Scandinavian furniture, which was later sold from a store on Main Street in Moorestown and another shop in Woodbury.

Avivah met Christian when she came to shop at the Mt. Laurel store in the 1960s. Later she became the manager of the Moorestown location. At that time, each one was married and had a home in the area. In 1982, after both had been divorced, they moved to New Milford, CT, and there operated a gift and toy store for 25 years. In Connecticut, they were married and joined the Quaker Housatonic Meeting near Danbury. They are now members of the Medford Meeting.

Avivah has two daughters from her prior marriage and three grandchildren; one daughter is the caretaker of the Cropwell Meeting in Marlton. Christian also has one daughter.

WHO'S NEW

Earl and **Diane Seely** lived in Cherry Hill before moving to 182 Woodside Drive on the Lumberton campus. They met at the Unitarian Universalist Church in Cherry Hill and were married in 1978.

They spent summers in their 1882 Victorian home in Cape May, enjoyed sailing the Eastern U.S. waters, and explored Canada in their RV. Diane has two daughters and Earl has twin daughters and a son.



Diane grew up in Rockford, IL, and graduated from Northwestern University with a degree in education. She settled in Cherry Hill in 1969, completed her masters degree in special education, and subsequently taught for 27 years. She has been a member of the board of Planned Parenthood and has done public speaking for them. Currently, she is an active volunteer in CONTACT (a crisis intervention program), as well as a busy church committee member. In the late 1970s, she was instrumental in the development of the Extended Family Program at church. She now acts as the facilitator for this program, in which six Medford Leas residents are participants.

Earl was born in Marblehead, MA, and grew up in central New Jersey. After joining the Army in 1946, he was stationed as an electrician at Sagamo Prison, near Tokyo. There he had the opportunity to meet Tojo and other prominent Japanese military leaders awaiting trial for war crimes.



During the 1950s, Earl created his own brokerage firm, Earl Seely Associates, which specialized in the development of employee benefit plans. His articles have been published in various business periodicals. He retired in 1990.

Earl served on the board of the Visiting Nurses Association of Southern New Jersey for 17 years. He has taught a certification course to home health caregivers, and has led workshops for volunteer groups on techniques of effective listening in suicide prevention and other stressful life situations. He is still an active, dedicated volunteer in various personal support services and serves as a mentor in the Coming of Age Program, a church-sponsored mentoring program for teenage youth.

by Doris Brown

MAY CRYPTOGRAM

by Mary Hope Mason

PL BME SHW S IHMZHSFQPTSQMH**BME CSB XSJW QM IEQ MLL****FMCW QXPTVF S AMGWT QPCWF****NWLMHW BME ZMCIRWQWRB****LMHVWQ QM AM QXWC.****--LHSTD FQWOSHQ**

Here is the solution to the April cryptogram by Betty Donahue.

I AM VERY JEALOUS FOR THE RIGHTS AND LIBERTIES OF MY COUNTRY, AND THE LEAST ENCROACHMENT ON THOSE PRIVILEGES IS APT TO MAKE MY BLOOD BOIL EXCEEDINGLY.

— MRS. DOGOOD (BENJAMIN FRANKLIN)

The correct solution was received from 33 readers: **Ken Anderson, Miriam Angle, Ruth Blattenberger, Florence Brudon, Marion Burk, Scott Charles, Gwen Crawley, Anne Cree, Alice Culbreth, Doris Curley, Liz Dill, Louise Evaul, Mary Fenimore, Alan Gaylord, Mickey Gray, Terry Harman, Herb Heineman, Barbara Heizman, Eleanor Horner, Jane Hunter, Hugh Jenkins, Sally Klos, Mary Hope Mason, Ruth Mavronikolas, Mary Ann Metzger, Alice Norcross, Helen Peterson, Betty Preston, Doris Salati, Peg Scott, Miriam Ward, Ellen Wiener, Gladys Wynkoop.**

Please put your solution in an envelope in Box 116 by May 10 or send it by email to estimler@medleas.com Slips of paper or index cards get lost in the mailbox.

MEDFORD LEAS LIFE

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