



# Medford Leas *Life*

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## **TURKEY IN THE SNOW**

by Nancy Darling

One year my friend Dianne decided that from now on she would give her traditional Thanksgiving Dinner for various friends in February, "because February is such a dreary month." She and her young daughter, Amy, and I all thought of friends we were especially grateful to that year, made up a list of ten people, and found everyone happy to come to help us eat our 22-pound turkey.

But the weather in Reading, PA, decided it would liven up February by producing a very big snowstorm on the night before our chosen date. I had brought my older sister, Helen, from New Jersey the day before. We spent an active morning on "Thanksgiving" with my cul-de-sac-neighbors, searching for our cars under the

snow. Later I was able to drive to dinner at Dianne's. Dianne's sister came from New York State with no trouble until she reached the snow in Reading, but she eventually arrived safely too. Except for two nurse-midwifery students who were staying with Dianne while finishing their clinical training, that looked to be the total number to tackle Mr. Tom Turkey, as the other guests were all snowed in.

Then Dianne said. "Whom do we know within walking distance who might accept a surprise invitation to Thanksgiving Dinner?" Not only did we acquire several brave pedestrians, but they all brought contributions of food or wine! After we joined singing, "We Gather Together to Ask the Lord's Blessing," we proceeded to have the most marvelous, spontaneous Thanksgiving dinner imaginable.



Snow Turkey

from the Internet

## CANDIDATES NIGHTS

by Ellen Stimler

With **Barbara Trought** as the new chair and moderator, the MLRA Citizens Committee presented three evening programs in September and October for candidates vying for election to the U.S. Senate, the Third Congressional District, and the Burlington County Board of Chosen Freeholders.

In the hotly-contested race for junior senator from New Jersey, both the incumbent, Democrat Robert Menendez, and his Republican challenger, Thomas Kean, Jr., had initially accepted the Medford Leas invitation, although they asked for separate dates. Mr. Kean later cancelled his appearance.

In his opening statement on October 9, Senator Menendez stressed the values he learned from his immigrant parents who shared what little they had with those who had even less. The care of his mother, who has Alzheimer's disease, has brought close to home the importance of Social Security and Medicare.



Trought & Menendez

photo by Toby Riley

He told a cheering crowd that he voted for the war in Afghanistan but against the Iraq war because the evidence did not meet his tests of "present danger to the United States" and "his willingness to send his own son and daughter." He also attacked the Administration on its budget deficits, which he said would amount to 12 trillion by 2011 and undermine important social programs.

"This election is about moving this country in a different direction," he concluded after answering many questions from the floor. "We need to transition out from Iraq over the course of a year, we need to become energy independent, and get the leadership that calls on our 'can-do' spirit in America."



Sexton, Trought, Saxton

photo by Toby Riley

On October 6, there was a debate between 20-year Congressman James Saxton, Republican, and Richard Saxton, a newcomer from Moorestown. Saxton is chairman of the Joint Economic Committee in Congress and said he has worked hard to bring \$500 million into the area for the construction of the new facility that will combine Ft. Dix with two other military installations and increase local employment. He listed his main interests as

- Constituent service, with a local staff of seven
- Environmental protection
- Senior problems, with a special newsletter
- More money for NJ hospitals
- Graduating more engineers and scientists

Saxton's Democratic opponent, Rich Sexton, is a graduate of the U.S. Naval Academy, served on the U.S.S. Enterprise, and received his law degree from Rutgers Law School. He said Saxton was tied to "six years of failed policies at home and abroad." He assailed the Medicare D program as a "huge windfall for the drug and insurance companies" and said that staying the course in Iraq was not an acceptable alternative.

There are two open seats for Freeholders this

year. Bill Haines was the only Republican incumbent who came to the scheduled debate on September 28; his Republican colleague, Jim Wujcik, had a schedule conflict. The Democratic challengers are Sharon Atkinson and Gail Cook.

Mr. Haines listed among the Freeholders' achievements the opening of five new parks, with five more to come; a new radio communications system; improvements of the Route 130 corridor; and the lowest per capita spending of any county in the state.

Mrs. Cook, who has served on the Beverley Town Council, said her agenda is to induce towns to share services in order to bring down taxes. Mrs. Atkinson, a councilwoman in New Hanover, said she knows many people who are in danger of losing their homes because they cannot pay the high property taxes.

## COMMUNITY DAY 2006

by Kitty Katzell

It was a perfect day in every way, not too warm, not too cool, just right. The 1000+ visitors would probably agree. There was something for everyone, and almost too much for anyone to absorb. Residents, staff, and visitors arrived to find the main parking lot dotted with white tents. Some had tables and chairs where people rested or, later, ate their barbecue lunches. Beneath other tents there were activities conducted by staff and residents.

For the kids of all ages (including some residents) there was face painting, and the results were truly works of art. Smaller kids got to paint pumpkins, ride one of the two ponies, decorate containers holding little spider plants to take home, visit the petting zoo, and watch the balloon artist and the magician work their wonders.

Many visitors, residents, and staff took trolley rides around the campus, with residents and staff serving as tour guides. At certain sites, each visitor received a bag of daffodil bulbs. Lots of people took advantage of the sale of

books and potted chrysanthemums. Arts and culture were displayed by the Berry Basket Quilters, the South Jersey Camera Club's Photography Show, the "Visions of the Pinelands" show in the Gallery, and an exhibit in the Art Studio sponsored by the Medford Cultural Arts Commission.

The barbeque lunch and the popcorn cart drew crowds, and most people found their way to the Colonial Dining Room to make their own sundaes while listening to the music of one of the three groups of musicians. Nearby, in the Lounge, visitors could have a hand massage, administered to the accompaniment of relaxing harp music and a choice of tea or coffee.

At the end of the day, the parking lot showed the aftereffects of the day's activities, but by Sunday morning, thanks to the hard-working staff, everything had been returned to the neatness and cleanliness everyone associates with the entrance to Medford Leas.



photos by Margery Rubin

## NEW PART-TIME DOCTOR

by Ellen Stimler

**Dr. Dolores Peterson**, a family practitioner from Moorestown, joined the Medford Leas Health Center team at the beginning of October and will be assisting Dr. Scott Kapulskey, Medical Director.



photo by Margery Rubin

Dr. Peterson received her medical degree from the University of Medicine and Dentistry of New Jersey in Newark. She completed her internship and residency at Virtua Memorial Hospital in Mt. Holly at a time when Dr. Kapulskey was supervising and training the young doctors.

When she was contacted by Dr. Kapulskey about the part-time opening at Medford Leas, it was the right call at the right time for her. "I was looking to expand my practice into geriatrics," Dr. Peterson said, and a mutually satisfactory arrangement was worked out. Dr. Peterson will be working at Medford Leas Monday and Friday mornings, and alternating full and half days on Wednesdays. She will continue her Moorestown family practice on the remaining weekdays.

Dr. Peterson lives in Moorestown with her husband and two boys, 10 and 17 years old. The family enjoys fishing and sailing. Her father-in-law has a home in Tuckerton, NJ, and they use their own fishing boat and the father-in-law's 19-foot sailboat whenever the weather and their commitments make that possible.

We extend a warm welcome to Dr. Peterson.

## NOV. 7 GIFT SHOP DISPLAY

New merchandise from the Gift Shop will be displayed on tables in the Atrium on Tuesday, November 7, from 9 a.m. to noon, in perfect time to help residents with their Christmas lists. Volunteer staff from the shop who attended the Philadelphia Gift Show in Reading, PA, in July returned with some fascinating holiday gifts and want to show them off to residents and staff. They promise new variations on traditional Christmas items "at good prices" and hope to see everyone in the Atrium the morning of November 7.

## VOLLEYBALL TEAM WINS!

by Grace Schaffel

We did it, finally!

October 12 was a banner day for the Medford-Lumberton Leas volleyball team. On a rainy morning, eight of us from the Medford campus took off for Kendal-Crosslands CCRC, with Rick Trandahl driving the minibus, and Charlie Morrow following with four Lumberton residents in his car. We were to take on the Kendal-Crosslands volleyball team for the fourth time, with Medford Leas determined to win after four prior losses. And win we did, three games to one!

Kendal-Crosslands, with their usual graciousness, treated us to good food and good company. They shared with us their beautiful new building with a wonderful swimming pool, activities and fitness rooms. They also presented us with a plaque on which the date of the game and our names will be inscribed. (Check on it in our Fitness Center.)

Bright sunshine greeted us on our way home as if to cheer us on! Do join us on Fridays from 1:00 to 2:30 p.m. for fun and fitness in the pool.



## NOV. 8 BUSY HANDS SHOW & SELL

by Kitty Katzell

On Wednesday, November 8, from 9:30 a.m. to 12:30 p.m., there will be an exhibit and sale of handicrafts in the Atrium. Quilting, weaving, knitting, crocheting, and sewing will be on display, and items in these crafts will be offered for sale. The income from sewing repairs for residents buys knitting supplies and helps to support the MLRA Appreciation Fund. Income from the sale and many of the unsold items will be donated to local charities.

## AUDREY TODD: "A TREASURE"

by Maggie Woodard

**Audrey Todd**, who drives residents in the Medford Leas bus to grocery stores and shopping malls four days a week, mornings and afternoons, has worked here for 19 years. One resident described her as "kind beyond belief" and says she "can't imagine living here without her." Another said she is "a miracle we are fortunate to have at Medford Leas!"



photo by Margery Rubin

Audrey has her own method of labeling the bags and packages residents bring back to the bus after shopping and she never gets them mixed up. She marks every bag, so that each resident is given the correct package(s) upon leaving the bus. During pre-holiday periods, there can be 50 to 75 bags on each shopping trip.

Riding Audrey's bus is a unique experience. She physically helps those who need it. She does not admonish anyone who has taken

longer than the allotted time to return to the bus. She simply finds them in the store and helps them. From this kind gesture, residents learn, and they cooperate if they can. If they can't, Audrey continues to help them. She is happy to stop for anyone to pick up a bottle of liquor or a supply of fertilizer, or whatever, if she is driving past a store where the item is sold.

Audrey calls all the people who ride the bus by their first names, and consequently they become friends. She says she enjoys the residents – "We have a good time!" Because the residents insist on carrying their eggs separately and keeping them with them, she tells them, "You trust me with your lives but not your eggs!"

The prospect of giving up the car and riding the bus somehow doesn't seem so bad!

## ARBORETUM RECEIVES SMITHSONIAN CERTIFICATE

by Kitty Katzell

Medford Leas has received a Certificate of Appreciation from the Archives of American Gardens (AAG) of the Smithsonian Institution's Horticulture Services Division. Last year, volunteers from the Garden Club of America took pictures around Medford Leas that are now part of AAG's Garden Club of America Collection. The collection is being catalogued so the documentation will be available to researchers.

The Lewis W. Barton Arboretum at Medford Leas is one of over 5,800 gardens included in these Archives, which are accessed for scholarly and educational purposes.

The Web address is [www.siris.si.edu](http://www.siris.si.edu). On the opening screen, select "Archival, Manuscript, and Photographic Collections," after which there will be four search options from which to choose.

The certificate is being framed and will be displayed where it can be viewed by residents and visitors.

## LENAPE CHRISTMAS SHOWS

by Ellen Stimler

Four different plays and musicals will be performed by students in the four high schools of the Lenape Regional High School District on various dates during December, according to an announcement received from Sandy Schneider, Senior Services Coordinator for the District.

Medford Leas residents and all seniors in the District are invited to attend these performances for free, with the senior gold card, but no transportation to any of the performances is being offered. Gold passes may be obtained from Schneider's office by calling 268-2000, ext. 5556.

The shows and dates are as follows:

### At Lenape High School

*Harvey* Nov. 30, Dec. 1 and 2, at 7 p.m.

### At Shawnee High School

*The Life and Times of Essie Scrooge*  
Nov. 30, 7 p.m.; Dec. 1, 8 p.m.; Dec. 2, 2 and 8 p.m.

### At Seneca High School

*A Christmas Story* Dec. 7, 8, 9 at 7 p.m.

### At Cherokee High School Performing Art Ctr.

*Scrooge: The Musical*  
Dec. 7, 7 p.m.; Dec. 8, 7:30 p.m.  
Dec. 9, 2 and 7:30 p.m.

Ellen Stimler, 3116, will try to coordinate some car pools **for the matinees only**. If you want to go to one of the matinees, call her with the name of the show you want to see.



## GITHENS CENTER CHILDREN SHARE THE POOL

by Kay Cooley

For Julian Jones, swimming in the Medford Leas Pool highlights his week. As the result of a brain injury at age five, Julian, now 16, is paralyzed. He cannot walk, but he loves being in the pool with his mother, Ginger, who holds him in her arms for nearly an hour on Thursday mornings.

Julian is one of some 20 children from the Githens Center in Mount Holly who are scheduled to use the pool Tuesday and Thursday mornings for eight weeks between Labor Day and Thanksgiving. Formerly, the school's special buses brought their young passengers in February and March, but this year a plan has been established to swim in the fall and avoid the vagaries of winter weather.

About ten children, each accompanied by an adult, come every time. On Tuesdays, they range in age from 4 to 11, and on Thursdays, from 4 to 18. In the water, the children vary widely in their ability to move; some just float, while others experience the rare delight of standing up on their feet. They enjoy the buoyancy and freedom of movement the water gives them.

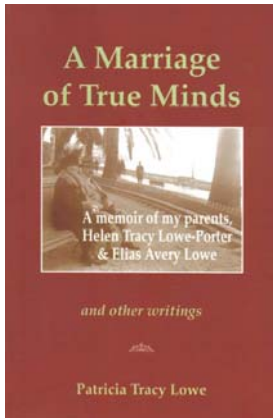


photo by Margery Rubin

Two residents from the Lumberton campus, **Barbara Degler** and **Lynn Immendorf**, assist the staff with the children. **Joe Roland**, who has been with the program since its inception in 1985 and has served as its coordinator, also helps in the pool. Residents who would like to watch the children or, better yet, swim with them may contact Joe at 3093.

## A MARRIAGE OF TRUE MINDS

by George Rubin



It was a bright sunny Sunday afternoon for the celebration of **Patricia (Pat) Lowe's** publication of the memoir of her parents, Helen Tracy Lowe Porter and Elias Avery Lowe, as well as some other of Pat's writings. Over 50 residents and guests were present in the Lounge at Medford Leas, enjoying the wine, cookies, cheese, and punch that were served.

Jonathan Fox, Pat's son, introduced Virginia Brown, Professor at the Pontifical Institute of Mediaeval Studies in Toronto, who was research assistant to "EAL," as Lowe was known. She spoke about her relationship with the Lowe family. Then Hope Mayo, Curator of Printing and Graphic Art at Harvard's Houghton Library, described the work done by the Lowes and her association with the people who knew EAL. Jo Salas, Pat's daughter-in-law and the editor of the book, talked about her enthusiasm in helping to put this entire memoir together.

Maddy and Hannah, Pat's granddaughters, read passages from the book most movingly. Helen Tracy Lowe made her early literary start writing for the *Ladies Home Journal* in Philadelphia but eventually became the American translator of Thomas Mann's works. First there was *Buddenbrooks*, followed by *The Magic Mountain*, and then many others of his novels and stories.

Elias Lowe was a renowned scholar in classical studies, including early Latin manuscripts. He was also an Oxford lecturer in Paleography and one of the first fellows of Princeton's Institute for Advanced Study.

Jonathan concluded the program talking about the years that Pat had worked in compiling the material for this memoir about her parents. As

Pat has written of them: "They could not stop talking – as though their entire past had been spent in steeping themselves in Western culture and now, suddenly, pent up so long, it all came spilling out, scalding them with the headiness of it all, the relief of finding someone else like themselves. It was their minds that fell in love."

Many people purchased the book, which sold out, and Pat graciously signed their copies.

## GOLF OUTING

by Wil Britten

On Tuesday, September 26, a group of 24 residents, friends, and staff enjoyed a day of golf at Little Mill Country Club.

The annual Medford Leas Golf Outing was blessed by nearly perfect weather. While some of the golf was less close to perfection, all players reported at least one or two shots worth remembering. **Dennis Koza**, our CEO, made a rare appearance on the links. While there is no chance that he will be selected for the next Ryder Cup team, he did finish 18 holes in a reasonable amount of time and reportedly scored a couple of pars.

Two players were honored for special performances: **Hank Metzger** of Medford Leas at Lumberton and **Bill Murphy**, Director of Operations, each took prizes for "closest to the pin" on two of the par three holes.

All in all, it was a grand outing. Those who organized it hope for an even greater turnout next year.

Aside from the players already mentioned, participants from the staff were **Bob Costigan**, **Bill Conte**, **Ron Kleer**, **Brad Mauger**, and **Russell Pepe**. Residents included **Wil Britten**, **Jim Cox**, **Jack Gallagher**, **John McKay**, **Jim McConville**, **Ben Paradee**, **Mort Yoemans**, and **Milt Zimmerman**.

## VISIT FROM DUTCH DELEGATION

by Ellen Stimler

The "home-like atmosphere," the sociability, and the friendly staff were some of the qualities especially admired by a delegation of Dutch senior-services providers who visited Medford Leas on September 27. They were on a one-week tour of eight retirement communities on the East Coast.

The 18 members in the group are all representatives of some of the 600 companies that care for the elderly population in Holland under government contracts. The Dutch Government pays all expenses of senior services as required, in clients' own homes, in group homes, or in assisted-living or skilled-nursing facilities. As pointed out by Eric Lucas, who arranged the tour on behalf of the International Association of Homes and Services for the Ageing (IAHSA), taxes are much higher in Holland than in the United States, and tax revenues pay for the senior services regardless of the recipient's income.

Inge Borghuls, the senior adviser of the traveling group, who spoke perfect English, explained in an interview that most elderly Dutch prefer to age in their own homes, and that services as needed are brought into the home, either by one of their companies or by volunteers. She acknowledged that in-home aging often results in social isolation. This is one reason why her group is studying the American model to see what and how much of it could be incorporated into their system. Ms. Borghuls was very interested in the MLRA system of providing activities, saying that in Holland paid employees do this in a limited way. They were amazed to hear of the variety and scope of the activities provided at Medford Leas for residents in Assisted Living and Estaugh.

"We would not have the space for a large place like Medford Leas," Ms. Borghuls explained. She said the old-style nursing homes are disappearing and being replaced by group homes for eight to ten residents staffed by a

nurse, and with the addition of contract services as needed.

Another great interest of the group was the use of technology in the organization of elder care. They learned about the new Brain Gym, the computerization of medical records, and the residents' use of computers and other electronic devices and equipment.

Despite space and budget limitations in their country, group members said they are taking back many new ideas that will be evaluated for application in some of their facilities.

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## ART GALLERY NEWS

by Helen L. Vukasin

There is good news and bad news for the Medford Leas Art Gallery. The bad news is that the present Gallery space is being preempted for the construction of the new Arts and Social Wing. The good news is that Management has creatively arranged for a temporary space in the hallway between the present door to the Garden Room and the door to the Coffee Shop. This will allow us to have the two exhibits that are traditionally hung at the end of the year, the South Jersey Camera Club in November and the Philadelphia Calligraphy exhibit in December.

The October display of 26 paintings by 13 artists chosen for the 2007 Medford Calendar of the Pinelands was a great success. Many Medford Township residents came to the gallery to view the exhibit. On October 29 the originals of the 13 paintings that are being reproduced for the calendar were auctioned off at a special event at the Pinelands Alliances Offices in Southampton.

Also during October, resident artists of Medford Leas had their first group exhibition in Philadelphia. At the invitation of the Friends Center on Cherry Street, paintings by 16 Medford Leas residents were on exhibit. The



opening reception, "Meet the Artists," drew many people from the numerous offices in the building. A number of the ML artists attending had brief reunions with colleagues and acquaintances who work in the building. The exhibit also provided an opportunity to share information about retirement at Medford Leas.



Medford Leas Resident Artists at the Opening of the Medford Leas Residents' Exhibit at Friends Center in Philadelphia

A special presentation by the Philadelphia Art Museum will be held on November 6 at 11 a.m. in the Auditorium. Beth Williams, a guide at the Museum, will give a PowerPoint program about *Tesoros: The Arts in Latin America 1492 -1820*. All of the 250 objects in the exhibition were produced in the extensive Viceroyalty of New Spain, which included much of South America in this period.

On the Lumberton campus, the exhibit of the photographs of Ralph Berglund of Cherry Hill continues. Ralph has a real eye for composition. A visit to the Lumberton campus Community Center should include a look at this beautiful exhibition.

**IN MEMORIAM**

Elizabeth Swain	September 23
Paula Dreyfus	September 30
Olivia R. Way	October 8
Miriam (Mimi) Tyler	October 10
Helen Kennedy	October 14
William Rogers	October 18

**GIFT OF TREES**

by Kitty Katzell

At the September meeting of the Arboretum Committee, there were two exciting announcements about major additions to the Arboretum.

In July, there was a PANT (Pennsylvania Atlantic Nursery Trade) Show in Atlantic City. An exhibitor from Oregon had brought a collection of trees and shrubs for the show and didn't want to ship them back. She was an acquaintance of Jack Carman, the landscape designer who works with Medford Leas. Through that contact, the plants were offered to Medford Leas at cost. As a result of the trauma the plants endured before, during, and after the show, a River Birch and a Kousa Dogwood did not survive, but 19 other plants did.

The most striking, according to **Joe Greipp**, of our Landscaping staff, are two giant June Snow dogwoods, which develop good floral display and fall color and are resistant to the disease that has killed many of our popular dogwoods. One of these has been planted in the area surrounded by Courts 20 and 21, Haddon, and Woolman, and the second has gone to the Lumberton campus. Six other trees have also been planted on the Lumberton campus, and the remaining 11 are on the Medford campus: two redbuds, two crabapples, two forsythias, a smoke tree, a witch hazel, a goldenrain tree, a Japanese snowbell, and a wisteria.

The other major addition is a planting of historic antique peonies, from the collection of Dr. Dean Kinsey of Moorestown, a friend of **Dr. Miller Biddle**, Chairman of the Estaugh Board. Dr. Kinsey was going to divide his peonies this fall and offered Medford Leas one of each of the 18 varieties in his collection. The peonies have been planted in a bed across from Bridlington 682, near the corner of Estaugh Way and Medford Leas Way, where they will be visible to walkers and drivers along both roads. When they bloom, the colors will be in the entire range from pale white through shades of yellow and pink to dark red. What a beautiful gift! Thank you, Dr. Kinsey.

## LIFE IN THE NINETIES

by Margaret Melstrom

When **David Sleeper's** activities are listed, he appears to be a 90-year-old Superman. At 5:30 a.m. on Tuesdays, Thursdays, and Saturdays, he is in the Fitness Center. For an hour he is on the treadmill, bicycle, rowing machine, and weight machine. He goes home and exercises another hour or two to stretch his leg muscles. On Mondays, Wednesdays, and Fridays, from 8:30 to 9:00 a.m., he is in an exercise class. Almost every day he takes walks, and on Tuesdays he works with the Woodlands Committee, helping to keep the trails cleared.

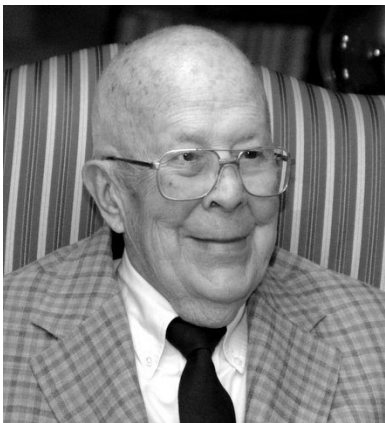


photo by Margery Rubin

Dave is on the MLRA Budget and Finance Committee; he is responsible for collecting and sorting checks from the Atrium box and passing them on. He buys stationery for the Gift Shop, and on alternate Wednesdays, he

sings with the Medford Leas Singers and the Madrigals. He is on the MLRA Citizens Committee to discuss issues and to get local and state candidates and their audiences to Medford Leas. He is also on the MLRA Building Committee, which was active when construction in the Court apartments was going on. Now it meets occasionally to take care of residents' complaints. In addition to all these activities, Dave participates in a Cognitive Fitness program of the Therapeutic Recreation staff.

Where did Dave's energy come from? His family has lived in South Jersey for generations and was always active in the community. Dave graduated from Antioch College in 1940, served in WWII, married Mary Jane Beyer, had a career as an industrial engineer, and retired from Pennwalt Company. During all these years, the couple spent summers at their house in

Barnegat Light. They traveled to Alaska, Africa, and Canada and in the U.S. because David had a special interest in Civil War sites.

Mary Jane, who was also very active at Medford Leas, died in 2003. Happily, Dave sees his two sons and their wives and his grandchildren and great-grandchildren every week or so.

## MULTICULTURAL TRIP TO TURKEY

by Bob & Mary Lou Morrow

In August we were privileged to take an unforgettable trip to Turkey, sponsored by the Philadelphia Dialog Forum. The Philadelphia Dialog Forum, founded by Turkish-American Muslims of Philadelphia in 2003, seeks to promote understanding, acceptance, and trust by promoting dialog among Muslims and non-Muslims. The Forum is associated with the movement of *Fethullah Gulen*, a charismatic religious leader, who, influenced by Sufi traditions, has developed an enlightenment project to combat social ills and strengthen the Turkish culture of tolerance. Our tour group, the third of four groups sent to Turkey this past summer by the Philadelphia sponsor, consisted of 11 tourists, Jewish, Roman Catholic, and Quaker, who were guided and assisted by three young Turkish men, who are in school or working in the Philadelphia area.

It was truly a whirlwind of new languages, sounds, sights, and experiences, with wonderfully hospitable people. We visited five cities in the western half of Turkey: Istanbul in Europe and Asia, Antalya on the Mediterranean coast, Izmir and Ephesus on the Aegean Sea, and Kayseri. We also visited the small town of Urgup in the Cappadocia (central) area, staying well away from the more troubled southeastern borders. Highlights included visits to Miniaturk, an outdoor park with models of all the most famous buildings and sites in Turkey; the Blue Mosque; the bazaar; underground Christian churches; and an entire city dug out on seven underground levels in

Cappadocia. There was also a delightful boat ride, with dinner served as we sailed along the Bosphorus and under the two Istanbul bridges connecting Europe to Asia.

The opportunities for discussion created by our visits - particularly in the homes and among the families of our Turkish hosts - permitted the sharing of intercultural and interfaith concerns of all the parties. Because of the language issues, (only about 10% of the people we visited spoke English), a great deal of the burden of effective communication fell to the translation skill of our guides. As the timing of our tour coincided with the unfolding of the Israeli-Lebanon situation, the question of the presumed link between Islam and terrorist activity was in the forefront. The oft-repeated response that "A Muslim cannot be a terrorist and a terrorist cannot be a Muslim" seems to beg the question. There appears to be recognition by mainstream Muslims that no gain can be achieved by intra-Islam warring against the jihadic proclamations and practices of more radical elements. Instead, mainstream Muslims must - through outreach and dialog efforts - present the true view of Islam. The result has been the spread of groups such as the Gulen Movement, the Philadelphia Forum, and programs like our tour. We were told that, in one of the cities we visited, there had been more than 1000 visitors during June and July from many U.S. metropolitan areas as well as from other countries. In addition to the Muslim issues, Turkey is dealing with problems with EU entry, the historic role of the relationship of the military to the government, and 3000 years of history in being the bridge between the West and the East.

We concluded our stay in Istanbul. On departure day, a number of our group arose early and accompanied our guides to early morning (5 a.m.) prayers at the Eyup Sultan Mosque. So many memorable moments to carry back across the ocean to New Jersey, but by far the best part was the hospitality and love extended to us by the sponsoring hosts of the Gulen movement in the different cities!

## A TALE OF TWO BOOKS

by Bob Hambleton

As many of us here at Medford Leas know, resident **Russell Hill** was a war correspondent for the *New York Herald Tribune* during WWII. From the middle of 1941 until the Afrika Korps was thrown out of Africa in 1943, he was with the



UK troops in North Africa. He was right there for the whole campaign as the war raged back and forth from the border of Egypt into Libya and Tunisia. He was there in the dark days of 1942, when Rommel pushed the British all the way back to the Egyptian border; and he followed the British as they fought back and finally threw the Germans out of Africa at Tunis. He also managed to be there when the American and British troops first met in the spring of 1943, then switched to covering the American advance to Bizerte, where the German resistance ended. He was one of the first to enter Bizerte!

Somehow, while filing dispatches and "touring" all over North Africa, Russell found time to write two books about the campaign. The first was *Desert War*, published in 1942, followed by *Desert Conquest*, published in 1943. Sixty years later, Russell and his wife, Kay, had no more copies in hand. They asked our computer expert, **Gil Goering**, if he could try to find copies on the Internet. Sure enough, a Google search turned up some used-book sources, and copies of each were found, one in Australia and one in the UK. They were purchased, and now at long last author and books have been reunited.

Now Kay and Russell have graciously donated the books to the Medford Leas Library, which will allow all of us to experience the adventures of Russell among the Allied armies. But handle with care - the books are almost as old as we are!



## IN THE NEWS

by Ellen Stimler

**Joy Moll** had her picture in her local newspaper in Maine, *The Advertiser Democrat* (August 31), showing her laughing and talking to Maine Governor John Baldacci, after she gave him a copy of her book, *Ties To A Maine Lake*. The presentation was made in the Norway Memorial Library in Norway, ME, during a visit there by the Governor. Joy and her husband, Andy, spend summers at their cottage in Norway, and the history of the area is the subject of the book. Joy said that, of the 500 copies published by the library, all but 40 have been sold, raising about \$900 for the benefit of the library and the Norway Historical Society.



Maine's Governor Baldacci and Joy Moll

**Gerry Stride**, Director of Community Life, was featured in the Neighbors Section of *The Philadelphia Inquirer* (Sunday, Oct. 8). In the accompanying picture, she was shown talking to **Jan Durbin** during a break in the new Brain Gym program. Gerry explained the program to the reporter and described her many different jobs at Medford Leas. She said "she tries to see what the outside community offers and bring a bite-sized version to residents here." All her programming, mainly for assisted living and nursing home residents, is done "to avoid the three plagues of aging: boredom, helplessness, and loneliness."

The Brain Gym rated a special feature article in *The Burlington County Times* (Oct. 9), with pictures of **Jan Durbin**, **Betty Preston**, **Bob**

**Morrow**, and **Leonard Kahn**. These four are in the "pioneer" group of 16 residents who were chosen by lottery to help test the program. Gerry Stride told the reporter that company literature says that "people who have worked the program gain on the average of 10 to 12 years of their mental age back." Betty told the reporter that she wants to avoid getting Alzheimer's disease, which has afflicted her mother and husband. Len Kahn said he already has more energy for his exercise program. Bob Morrow hopes to be able to improve sound differentiation. **Maggie Heineman**, who was given 16 hours of training as a coach for the group, said she needs to improve her memory of names. Gerry expressed the hope that the program will be a tool "to keep people functioning out in their apartments by five to ten more years."

For the October show in the Willingboro Art Alliance, a painting by Lumberton Campus resident **Rita Keiper** was accepted and given a Special Merit Award that included a prize. The exhibit was hung in the Chairville School, Chairville Road, Medford.

## COUPLES WORKING AT MEDFORD LEAS (PART III)

by Betsy Pennink

*Ed. Note: This is the last in a series about married couples working at Medford Leas.*

These are the stories of the three married couples working at Medford Leas who did not meet here. In each case one of the spouses was already employed at Medford Leas and the other followed.

**Jeannie** and **Ken Roland** got to know each other at the Garden State Rehabilitation Hospital in 1991, when Jeannie was a student and Ken was already working as a technician in the Therapy Department. They were married in 1994. By then Jeannie had earned her degree and had joined the staff of the hospital. For nine



years Jeannie and Ken worked together in the Therapy Department. Jeannie became Physical Therapy Staff Level III and Ken became Therapy Technician Supervisor.



All this time they had a long, exhausting commute between their home in Lumberton and the hospital. So, when Genesis Rehab Services offered Jeannie a position in the Physical Therapy department at Medford Leas in 2001, she jumped at it. Ken kept on at the hospital until, to his great pleasure, he became a member of the Medford Leas Fitness Department in January, 2006. Jeannie and Ken are delighted to be working in the same place again, even though they never see each other during the day. There is no more long commute, and it gives them a sense of security to be so close to each other and to their daughters, Julianna and Kaitlyn.

**Charity and Brian Reily** had their wedding photos taken at Medford Leas. This was in September, 2001. By then the couple was well known on campus. Brian had been working here since 1993 in Sanitation for the Kitchen, and Charity had filled different positions at Medford Leas since 1996.

Brian and Charity met through mutual friends. The four of them “hung out” together. One day in 1994 Charity discovered how really nice Brian was when he took special care of her on a scary

ski slope. From then on they began going out by themselves and after a couple of years they knew they were going to be married some day.

In 1996 Charity was working for KinderCare when Brian told her that Medford Leas was looking for someone for its Day Care Center. Charity applied for the job and was hired. That was almost ten years ago. At night she studied for a certificate in office automation. When an opening arose in the Medford Leas Health Center for a Health Center Assistant, Charity moved into that position. After that she became the Health Care Coordinator, and is now the Resident Services Assistant. In 2005 Brian joined the staff of Security and Maintenance, which he finds a pleasant change of pace.

Brian is a planner, setting goals for the two of them into the future. He wanted their lives to be stable before they married, so eight years ago they bought a house in Marlton. Their wedding took place three years later, when they had saved enough money to pay for it. They had their wedding pictures taken here because of their many friends at Medford Leas, who were a sort of extended family for them. Brian and Charity are now in the next stage of their lives: parenthood! Matthias David Reily was born on Mother’s Day, May 14, 2006. Charity and Brian are glad to be working in the same place as they can sometimes catch a glimpse of one another during the day.



**Caridad** and **José Ortiz** were introduced to each other by a mutual friend at Bally's Hotel and Casino in Atlantic City, where Cari was a cafeteria attendant. She had come from Lima, Peru, in 2002 at the age of 19. Back in Peru she had been studying accounting, but she switched to ESL (English as a Second Language) at Camden County College when she arrived here.

José's grandparents were originally from Puerto Rico, but his family settled in Winslow Township. When José became a father eight years ago, he had to drop his study of criminal justice at Camden County College in order to earn enough to support his son. His various jobs included being a corrections officer in Delaware for four years and a longshoreman in Port Elizabeth, NJ, for a short time. When Cari met José he was working for the TSA (Transportation Security Administration) at the Philadelphia airport.

For Cari and José it was a case of love at first sight, and they were married in September, 2004. They wanted to live in the Medford area, so Cari was delighted to find an opening at Medford Leas through the Internet. She was accepted in February, 2006 as a Dining Health Services Attendant, with the responsibility for breakfast on the second floor of Haddon. Soon afterward Cari discovered that Medford Leas needed a driver in Health Care. She told José, he applied, and he has been driving residents to appointments since April, 2006.



Both Cari and José are continuing their education. Cari has two more semesters in ESL and plans to follow a course in radiology after that. José's interest in Health Care, which originated in his family's susceptibility to

diabetes, has been stimulated by his interactions with the people at Medford Leas. He is going into the pre-nursing program at Camden County College this fall. Cari and José love working in the same place. Their hours are similar, so they try to take their breaks together whenever possible. Their home is almost within walking distance of Medford Leas. Cari finds everything about their lives "excellent."

## WELCOME TO THE COURTS

by Ellen Stimler

After a four-generation family get-together over the Labor Day weekend in Cape May, the whole group came back to Medford Leas to help **Bob** and **Connie Anderson** move from Bridlington into Apartment 23 in the Courts. This is the 23<sup>rd</sup> move for the couple. Bob and Connie have four children, seven grandchildren, and three great-grandchildren.

Bob said their new location really conforms to the CCRC concept, moving from partial to full-service living, based on changing needs with advancing age. They are pleased to find that "everybody is so happy to see us" in the main building. Even the staff who pass their apartment on the way from the parking lot have stopped by to greet and welcome them.

Bob said he will find it more convenient now to exercise, and he has set himself a schedule of reading a book a month. His favorites are historical biographies. While living in Bridlington, he served two terms as MLRA President; he was president of ORANJ (Organization of Residents Associations of New Jersey) for five years (now emeritus); he was a founding director of NACCRA (National Continuing Care Residents Associations), chair of the Citizens Committee, member of the MLRA Finance Committee, and a founding member of MPAC (Master Planning Advisory Committee).

In his working life, Bob was responsible for construction and management of oil refineries on four continents for Exxon for 36 years. After

his retirement in Hopewell, NJ, he volunteered to manage the construction of a new municipal center, a church, and a senior center in the town.

Connie is also looking forward to this new phase in her life. She wants to do sewing at home, go swimming in the pool, and "go on a reading jag." She is an active member of the Moorestown chapter of PEO (Philanthropic Education for Women), which raises money for scholarships.

When Bob was traveling the world as a consultant, Connie went back to school to get a real estate license and then became a licensed broker helping people to relocate.

The Andersons are very pleased with the warm welcome they received from their neighbors, other residents, and staff, and look forward to this new chapter in their life.

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## WHO'S NEW

**Frank and Betsy (Kooy) Snope**, who moved into 667 Bridlington from Barnegat Light, have a common Dutch heritage that brought them together in a youth group of their church in Ridgewood, NJ.



photo by Ruth Huysman

Frank's mother was born in Holland, and his father also had a Dutch ancestry. Frank grew up in Clifton, NJ, and went to a school where almost all students were Dutch. Just after finishing the eighth grade, in 1945, he was stricken with polio and lost an entire year of school during his rehabilitation. This experience

strengthened his resolve to become a doctor. He received a B.A. from Rutgers in Newark, then went to NYU Medical School, and eventually received board certification in family practice and geriatrics.

Betsy was only 12 when her parents and six siblings emigrated from Holland to the U.S. in 1949. Betsy didn't know a word of English when she started in her American school in Ridgewood, NJ, but she graduated with her class and then went on to the nursing school at St. Joseph's Hospital in Paterson.

Frank and Betsy met when Betsy had just finished high school and Frank was through college. They became engaged but did not marry for three years until Betsy had finished nursing school.

After their marriage, the couple settled in Lebanon, NJ, and Frank started a family practice in his home, with Betsy as his nurse for the first few years, until the care of four boys took all her time. Frank says he still visualizes those days, with Betsy holding a baby under one arm, the phone on her ear, and the free hand making notes.

After 10 years of family practice, Frank was appointed chair of a new Department of Family Medicine at the UMDNJ Robert Wood Johnson Medical School. He was on the faculty when **Scott Kapulskey**, our new Medical Director, was a student there. After 25 years Frank retired as Professor Emeritus of Family Medicine in 1997. For the next five years, he worked part-time in a dementia-evaluation center in Lakewood, NJ.

Betsy's main avocation is tapestry weaving. She is a member of Spinners and Weavers of South Jersey, teaches a class at a shop in Mt. Holly, and belongs to a group that meets regularly in New York City with two famous tapestry weavers for advanced instruction. This group has exhibited members' works in many venues. Reading and music are joint interests of the couple.

by Ellen Stimler

## NOVEMBER CRYPTOGRAM

by Ed Porter (waiting list)

**HOBAB KAB RBYBCHP TQFFQMC**

**WMMDR QC KTBAQEKC**

**FQWAKAQR, WLH HOB MCB Q**

**IKCH HM ABKN QR KFIKPR MLH**

**--HMT TKRRMC**

Here are the solutions to the October cryptograms by **Alice Skidmore Culbreth**:

SUBURBIA IS WHERE THE DEVELOPER BULLDOZES OFF THE TREES, THEN NAMES THE STREETS AFTER THEM.

OLD AGE IS THE MOST UNEXPECTED OF ALL THE THINGS THAT HAPPEN TO A MAN.  
---- TROTSKY

The correct solutions were received from 31 readers: **Ken Anderson, Miriam Angle, Ruth Blattenberger, Mort Bregman, Florence Brudon, Marion Burk, John Caughey, Liz Dill, Betty Donahue, Marian and Neil Hartman, Herb Heineman, Barbara Heizman, Eleanor Horner, Jane Hunter, Hugh Jenkins, Sally Klos, Mary Hope Mason, Mary Ann Metzger, Bob Morrow, Alice Norcross, Helen Peterson, Ed Porter, Betty Preston, Warren Reeves, Alfred Rudrauff, Doris Salati, Florence Sawyer, Miriam Ward, Ellen Wiener.**

Please put your solutions in an envelope in Box 116 by November 10 or send it by email to [estimler@medleas.com](mailto:estimler@medleas.com). We would like to get more cryptograms for future use.

## MEDFORD LEAS LIFE

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**Deadline for submissions:  
10<sup>th</sup> of the month preceding publication**

