



# Medford Leas *Life*

*VOL. XXXIV, No. 7*

*SEPTEMBER 2006*

## **SCOTT E. KAPULSKEY, M.D. NEW MEDICAL DIRECTOR**

by Maggie Woodard



photo by Margery Rubin

Dr. Kapulskey is “excited and honored” to be Medford Leas’ new Medical Director and considers it an opportunity to “live a dream!” He has never seen anything like Medford Leas. The residents are amazing, the staff does not turn over

(highly unusual in a healthcare facility), and the sole mission is to care for and about residents. He had no intention of leaving private practice but when he heard about the opening, he decided to apply.

In addition to being a charming “people-person,” Dr. Kapulskey is well qualified for his new position by dint of his education and years of experience as a physician in private practice.

Dr. Kapulskey grew up in Freehold Township, Monmouth County, graduated from Lafayette College with a government and law major, and received his medical education and training at Rutgers University. Dr. Quinton was one of his teachers during his residency at Memorial Hospital in Mount Holly. Dr. Kapulskey has been Chief of Geriatrics at Virtua Memorial Hospital for

the past seven years and will continue to hold that position because of his love for geriatrics, his wish to improve health care for the elderly in the hospital setting, and his desire to continue to be involved in the hospital community.

He is married and has three children, two sons and a daughter, ages 17, 14½, and 12. His wife, Elizabeth, is Director of Public Relations and Grant Writing for the Lumberton school system. When asked about hobbies, he named two: Being with his children and being involved in their activities. And he loves going to DisneyWorld. He calls himself a “Disneyphile.”

Asked what he hoped to accomplish here, Dr. Kapulskey said he hoped that in 20 years people will think as highly of him as they do today of Keith Quinton. He wants to provide the most comprehensive possible care and caring for residents – in Medford Leas and at the Virtua Memorial Hospital. He wants to improve care in the hospital for Medford Leas residents and for the larger community. For example, he says he does not like the forms the hospital is sending back to Medford Leas. He wants to make sure that correct information is transferred back and forth, and that the information is meaningful, appropriate, and timely.

Dr. Kapulskey has always enjoyed geriatrics – it was his subspecialty in medical school. Listening to people's histories and giving peace and comfort bring him great satisfaction. While he looks forward to caring for the very interesting people in the caring environment of Medford Leas, we look forward to being cared for by this very interesting doctor!

## GROUNDBREAKING CEREMONY

by George Rubin

A large gathering of residents and guests was assembled on July 21 on the patio outside the Pool to observe the groundbreaking of the first new addition to the Medford Leas community building since its original construction in the early 1970's.

include a lounge, four new meeting and party rooms, a kitchen to serve special menus in those rooms, and a game room.

A video to be seen on Channel 15 has already been produced showing the plans and layout of the new wing, and updates will be provided as construction continues.



photo by Margery Rubin

We are gathered here as a family, celebrating this milestone," said **Dennis Koza**, CEO, in his brief welcoming remarks. He promised that the new unit will be finished in 10 months and thanked all those involved in the design, the Estaugh Board, the resident committees, and staff for all of their help. A contest for naming the addition had been held among residents and staff during the preceding week, and Dennis described the process for selecting the winning name, *The Arts and Social Wing*. This new addition will

Following Dennis to the podium, **Miller Biddle**, Estaugh Board Chairman, said, "I am pleased that this new addition is five to seven years ahead of our old original plans. Working with Dennis has been an important element in the completion of this project. There will be more on the way."

**Chuck Woodard**, MLRA President said, "We live in a wonderful community. This new project will add to our ambiance. It is a facility long needed. For this I say 'Thank you Dennis Koza.'"

**Walter Urban**, former Mayor of Medford and a member of the Township Council and Planning Board, told us, "I am enthusiastic to be part of the planning of this tremendous addition to your community."

After the speeches, the VIPs lined up to receive new shovels and hard hats and then dug into a sand pile in front of a row of cameras recording this important event. Then it was time for everyone to adjourn to the Lounge and the Colonial Room for an Aramark-sponsored spectacular hors d'oeuvres gala. Aramark has been a partner of Medford Leas for over 20 years, and they are very proud of this relationship.

**Bill Perham**, Director of Dining Services and an employee of Aramark, had worked miracles with his staff to create 14 different appetizers, partly served directly from trays or displayed artistically on long tables featuring an ice sculpture. More than 300 residents and guests savored some very unusual offerings, including wild mushrooms stuffed with brie, pickled watermelon rind wrapped in bacon, and Sugar Cane Diver sea scallops with red beet vinaigrette. For drinks, there were several varieties of wines and fruit juices. A special dessert table displayed double-layer sheet cakes and chocolate-covered strawberries. Many a resident decided to skip dinner that evening.

---

## 2006 SCHOLARSHIP AWARDS

by Kay Cooley

This year, 38 scholarships were awarded to employees from the Nursing Education Scholarship and General Education Scholarship funds.

Nursing Education awards, totaling \$33,259, went to 14 employees for studies in the field of health care. Of these, seven grants will be used in the RN. program at Burlington County College, and two will fund LPN studies at the Burlington County Institute of Technology. Supported by scholar-

ships in the past, five employees graduated this year from their programs – four RN's and one LPN.

In General Education, 24 employees received awards totaling \$29,665. These awards are largely funded by profits made by the Thrift Shop, so shopping there, in addition to satisfying personal needs, also benefits the academic futures of staff. One employee will use her scholarship in the Masters of Health Administration program at the University of St. Francis. Another is working towards an associates degree in education, and a third who has been working towards an associates degree at Burlington County College will use the funds to transfer to a four-year college.

The committees who make these awards are Estaugh Board committees. Two Board members, three residents, plus **Dolores Redner** for the Nursing Scholarship and **Pat Wilus** for the General Education Scholarship serve on them.

The Lois Forrest Scholarship award of \$2500 was given to **Katie Daunaris** from Dining Services. Katie's academic, employment, and community service records were outstanding. She has completed two years at the University of South Carolina, where she will begin the competitive pharmacy program this fall and earn a doctor of pharmacy degree in four years.



photo by Margery Rubin

To qualify for any scholarship, employees must have worked at Medford Leas two years and accumulated at least 300 hours of service between April 1, 2005, and March 31, 2006. On-call returning students must have accumulated at least 200 service hours in that time.

The total of all scholarship awards this year is \$65,424. That's a sum of which residents may be proud.

## FALL FLOWER SHOW

by Kitty Katzell

The Fall Flower Show will be held in the Activities Room on Tuesday and Wednesday, September 12 and 13. The theme of this year's show is *Call It Country*, with Design themes like *Slim Pickin's*, *Hayride*, *Over the Meadow*, and *Farm Market*.

Registration for exhibits is from 7:30 to 9:45 a.m. on Tuesday, and entries may be removed between noon and 2:00 p.m. on Wednesday. The show itself will be open on Tuesday from 1:30 to 8:00 p.m. and on Wednesday morning from 7:00 till noon.

A new Special Class has been added: *Peace and Plenty*. Exhibits in that class are to be landscape designs of live and/or dried material, using figures of animals, people, bridges, or structures in a waterproof tray or bowl, not to exceed 14 inches.

Further information is provided in the schedule, a copy of which is posted on the Main Bulletin Board; additional copies are available at the Front Desk on request.

---

## IN THE NEWS

by Ellen Stimler

**Joanne Greenspun**, co-director of the Medford Leas Library, had her picture in the May 23 *Vineland Daily Journal* in an article listing the people "with big ideas, work ethic" who shaped the city's history. A brief comment with the picture stated that Joanne "was instrumental in pioneering the [old library's] move to the big, new facility on Landis Avenue."

In an article in *South Jersey Magazine*, Vol. 3, Issue 3, Medford Leas was mentioned as one of only three adult care facilities in South Jersey to use healing gardens as parts of its therapy programs for the resident population. The article explained that the Back Porch Garden was designed by Jack Carman, a specialist in healing-garden design, with input from constituents of the

whole community. **Jane Weston**, Director of Community Relations, commented: "The music pulls people in, and the outdoor environment is enticing because it is both therapeutic and fun." Carman's objective was to "integrate both music and nature."

In a long article in the *Courier Post* titled "A Day with Jim Saxton," **Katharine Church** and the Congressman were pictured sitting side by side in Saxton's Mt. Holly Office (July 17). Katharine had been invited for a discussion of a veteran's pension problem she had submitted to Saxton in an exchange of correspondence during the preceding weeks. After a thorough review of her case, Katharine was advised that the problem required an amendment of an existing law, and that the Congressman had prepared the necessary bill.

---

## CANDIDATES NIGHT

by Ellen Stimler

One of the traditions being observed at Medford Leas this year is Candidates Night. Before an upcoming election, residents are given a chance to see and hear the candidates they will be asked to vote for in November.

On Thursday, September 28, the candidates for two Burlington County Freeholder positions will come to our Auditorium at 7:30 p.m. to tell us about their past achievements and future goals. Their decisions affect our county taxes, land preservation, recreation areas, senior citizen programs, commercial development, and much more. The two incumbents are Bill Haines and Jim Wukcik, both Republicans. Their Democratic challengers are Gail G. Cook and Sharon S. Atkinson.

Another Candidate Night for the contested U.S. Senate seat is planned for October.

Area media will cover the events and the MLRA Citizens Committee is urging all residents to note the dates and attend.

## EMPLOYEE OF THE QUARTER

by Kitty Katzell

Photo Missing

**Rick Trandahl**, a member of the Fitness and Aquatics Department, was named Employee of the Quarter in June. Rick started work at Medford Leas as a porter in 1989, then became a Nursing Assistant in John Woolman, before moving up to his present position.

Rick is primarily responsible for coordinating the Fitness and Aquatics programs on the Lumberton campus. He also plays a leadership role in the Department's Annual Fitness Day, Strength Training Luncheon, Polar Bear Dip, and Spa Days. In between times, he does regular maintenance on the equipment in the two Fitness Centers, producing cost savings for the budget.

Recently Rick received special commendation from Medford Township for rescuing a man from a burning vehicle.

Many residents are acquainted with Rick's skill as a photographer. His pictures appear in Medford Leas publications and on bulletin boards and posters around both campuses.

Congratulations, Rick, and many thanks for all you do for the Medford Leas communities

---

## ART GALLERY NEWS

by Helen L. Vukasin

August and September are busy months in the Art Galleries of Medford Leas. Ms. Barbara Seibert of Rossmoor, Monroe Township, whose work was shown in July and August, gave a very exciting mini workshop at the opening of her exhibit of pastels and watercolors.

In June the Medford Cultural Arts Commission commissioned 13 artists to paint *Visions of the Pinelands* for a calendar to be produced in September. Among those chosen, on the basis of their portfolio, was resident **Alice Skidmore Culbreth**. The award included a check and the opportunity for the painting to be sold at a special auction on October 29 at the Pinelands Preservation Alliance Offices in Southampton.

The original 13 paintings for the calendar will be exhibited in the Medford Leas Gallery from mid-September through October. There will be an opening reception for the exhibition on Thursday, September 21 from 6:00 to 8:00 p.m.

At the Lumberton campus, an exhibition, *A Beautiful Day in September: Remembering 9/11* will commemorate the fifth anniversary of that American tragedy. The exhibit, from August 16 to mid September, will feature the work of Marcia C. Coward, of Moorestown. Ms. Coward's pieces combine photography and text.

"I hope that this exhibit will encourage visitors to step both in and out of that fateful day to reflect on how we can create a more loving world worthy of our children and those who follow," said Ms. Coward. Ms. Coward is the sister of resident **Paul Coward** of Lumberton.

The opening reception, on September 11 from 3 to 5:30 p.m., will be combined with a program of readings by the Riverton Writers. The readings will be from 3:30 to 4:30 p.m. in the Great Room at the Community Center, Lumberton campus.

Following *A Beautiful Day in September*, there will be an exhibit of photographs by Ralph Berglund of Cherry Hill in the Lumberton Art Gallery. The opening reception will be on Friday, September 15, from 3:00 to 5:00 p.m.



## MEET OUR NONAGENARIANS

by Ellen Stimler

**Dr. John (Jack) Rudolph** has lived in Bridlington for 17 years, but very few people have had a chance to meet him in the Community Building areas. He says he comes over very early in the morning to check his mailbox and buy a newspaper and returns only occasionally for Forum or musical presentations.



photo by Margery Rubin

He lost his wife of 59 years in 1999 and now does his own shopping, cooking, and laundry. Two of his three daughters make regular weekly visits, and at that time prepare a main meal, with leftovers for another day. He was in charge of the Farm Gardens near

Rushmore for many years, but now cultivates only his own plot and also the garden areas around his unit.

Exercise is an important part of his daily routine. He has major gym equipment in his basement and works out there regularly, which shows up in his trim figure and easy mobility that belie his 90-plus years. For recreation he enjoys reading mysteries and historical books. He and his wife used to travel a lot, but now most of his trips are to visit his daughter and grandchildren in Kentucky. He has three grandchildren and one great-grandchild.

Before coming to Medford Leas, Jack had a busy family medical practice in Merchantville, Camden County, taking care of patients "from day one to day zero." Some of his former patients still stay in touch with him and call him to exchange news. Relaxing in his easy chair and looking around his living room with the pictures and mementos of many good years, Jack seems entirely comfortable with his present life.

## STAFF COUPLES AT MEDFORD LEAS

by Betsy Pennink

*Edit. Note: This is the first in a series of articles about married couples on the staff of Medford Leas.*

Warm friendships abound at Medford Leas, as much among the staff as among the residents. Some of the staff friendships have even led to marriage. Here are the stories of two couples who met at Medford Leas.

**Linda and Ron Kleer** have been married for 17 years. Linda has been working at Medford Leas for 26 years. She began downstairs in the "Vendeteria," the precursor to the Coffee Shop. Today she is in charge of most of the food preparation at the Coffee Shop. Ron started in Maintenance 21 years ago. He became particularly aware of Linda during an episode in the Coffee Shop. Ron made a joke about the food to Bill Murphy as they were standing in line. This was overheard by Linda, who responded with a strong thump on Ron's arm. After that Linda found that Ron was somehow always in the area

Photo missing

Soon Linda and Ron were teamed up to play doubles together in a tennis tournament organized for residents and staff. Afterwards, they talked for hours. For Linda it was a "magical" time. In spite of all the matchmaking efforts of their friends, Linda and Ron never let on that they were



dating. They also did not tell anybody right away when they were married in 1989. Linda and Ron enjoy their home and their two cocker spaniels, Chicklet and Tammy. They are glad they work at Medford Leas. "It's not a job," says Ron. "It's fun!"

□

\* \* \* \* \*

**Patty Berman** had been working in Housekeeping since 1997 when her fellow workers suggested that **Kevin Crain**, in Maintenance, would be perfect for her. She admitted to them that he looked nice. This got back to the Maintenance staff and they began telling Kevin that there was a housekeeper who liked him.



Patty Berman and Kevin Crain

Not wanting to jump into a relationship too fast, Kevin took his time approaching Patty. He caught glimpses of her through the security cameras as she arrived for work in the morning. He looked around the courts to see whether she was there. His moment came in 1999 when a windstorm toppled a tree in the parking lot behind the berm. It landed partially on Patty's car. Kevin located her and led her to the scene to view the damage. A short time later, when she was working in Court

14, he surprised her by jumping out from behind a bush to ask her to go with him to the Employees' Dinner some weeks ahead. Things moved fast, however, and by the evening of the dinner, Patty and Kevin were already "a couple." They were married in November 2000.

The Crains live in Browns Mills, Pemberton Township. It seems miles away to Patty, but at least they have the same hours so they go back and forth together. Patty has moved from Housekeeper to Health Center Assistant to her present position as Assistant to the Nurse Manager on Woolman. Patty and Kevin rarely see each other at work, but they have a happy family life, which includes Kevin's 14-year-old son, Kyle.

## MEDFORD SENIOR CENTER

by Ann Walker

The Medford Senior Center, located in Cranberry Hall behind the Municipal Building at 17 North Main Street, is open from 9:00 a.m. to 4:30 p.m. daily. The activities sponsored by the Senior Center are publicized in a newsletter issued by the Township, and residents are always welcome to participate in them.

This past summer, there were bus trips to Tuckerton Seaport and Barnegat Lighthouse, an outing to a Camden Riversharks baseball game, picnics in Cranberry Park, ping pong and tennis tournaments, and a pinochle and bridge night. For those interested in further education, there are many classes, including investing, computers, pinochle, mah jongg, scrabble, knitting, crocheting, and all levels of bridge.

The Center is directed by Rose Mary Bland, under the guidance of a 7-member advisory board on which **Ann Walker** serves. Each member of the advisory board has a specified area of responsibility and Ann's is Trips and Liaison to Medford Leas. For more information about the Senior Center and its programs, contact Ann at 3181 or the Medford Recreation Department at 609-654-2512.

## FROM THE THRIFT SHOP

by Kitty Katzell

The Thrift Shop has an innovation this year! Residents who want to encourage their children to come for a visit now have a special way to accomplish that. Buy the kids gift certificates in the Thrift Shop; then the kids will have to come here to redeem them. Gift certificates also make nice presents for neighbors and friends. Since proceeds from the Thrift Shop support nursing scholarships, buying gift certificates also helps a worthy cause.

Speaking of the Thrift Shop, they don't need wire coat hangers down there. Residents may want to take them to the neighborhood dry cleaner near the Motor Vehicle Bureau on Route 70.

## MEMORIAL GARDEN

by Maggie Woodard

In 1998, a group of residents proposed that Medford Leas create a Memorial Garden for residents who wished their cremated ashes to be scattered on the grounds of the community where they had experienced many warm relationships. In June 1999, after a year of study and discussion, the MLRA Board voted to recommend such a Garden, and the Estaugh Board approved it later that month.

The Garden is located in the wooded area across the road from Parking Lot B. Nicely landscaped, with two benches, it also serves as a Meditation Garden.

Residents or family members wishing to make arrangements for ashes to be placed in the Memorial Garden should contact the Director of Resident Services, currently **Trudy DeLacy**. A Memorial Book is kept in the Library, listing the names of the deceased and their date of birth and death. Donations for the upkeep of the Memorial Garden may be given to the Medford Leas Fund – Memorial Garden, Medford Leas.

## FOURTH ANNUAL FIELD DAY

by Maggie Woodard and Betsy Pennink

The Fourth Annual Field Day on May 25 began with the Parade of Colors amid much excitement, cheers and NOISE! As the teams marched into the auditorium, they yelled and waved their pompoms. Six teams participated: Purple, Yellow, Green, Orange, Blue, and Red. Each team consisted of residents and staff. Some of the residents were from Assisted Living and Estaugh; some walked, some used walkers, and some were pushed in wheelchairs. Altogether between 78 and 85 people participated.

Each team had a captain and a head cheerleader:

<u>Team</u>	<u>Captain</u>	<u>Head Cheerleader</u>
<u>Red</u>	<b>Jim Wolosin</b> (Dir. of Maintenance, Security and Landscaping)	<b>Christina Trojek</b> (Physical Therapy)
<u>Orange</u>	<b>Herb Minkus</b> (Landscaping)	<b>Tammy Gerhart</b> (Asst. Nurse Manager)
<u>Green</u>	<b>Bill Perham</b> (Dir. of Dining Services)	<b>Traci Lear</b> (Activities)
<u>Blue</u>	<b>Russell Pepe</b> (Information Technology)	<b>Wendy Evans</b> (Housekeeping)
<u>Purple</u>	<b>Dennis Koza</b> (CEO)	<b>Jackie Pacheco</b> (Reception)
<u>Yellow</u>	<b>Bill Murphy</b> (Dir. of Operations)	<b>Agnes Santore</b> (Companion)

Team members wore colored T-shirts and matching caps. Several members of the Yellow Team, including Bill Murphy, wore tutus over their clothes.

Competitions were judged by a panel of six, representing residents and staff: **Pat Wilus, Charity Reily, Floss Brudon, Colette** and **E. Bart Bartholomew**, and **Myra Binstock**. Although bribery was attempted (many candies and Hershey kisses were handed out by two teams), the judges performed with great gravitas and responsibility.



A cheerleading competition opened the event. The Yellow and Green Teams tied for first place. Then the races began. First was a Bean Bag Relay in which each team member ran to put a bean bag in a container. There were individual runners as well as one person with a walker and some participants who were pushed in wheelchairs. The winner was the Orange Team. The second event was an Over-Under Relay using hula hoops. This involved putting the hoop over one's head, dropping it to the ground, stepping out of it, and passing it to the next person. The Red Team came in first.

The third race was a Dribble Relay. There was much cheering from the Red Team as teammate 96-year-old **Beaver Abramson** dribbled the large Swiss ball across the auditorium and back. In the end, however, the Yellow Team won. The Walker Race followed. It was won by **Chris Darlington**, representing the Green Team as he pushed his walker over the finish line before the others. Next, the Balloon Pass Relay required the teams to form lines, beginning with a wheelchair participant. The trick was to pass a balloon overhead from the front of the line to the back and then to the front again without losing it. The Yellow Team won.

After this, there was organized chaos in the auditorium. Three competitions took place simultaneously: the Basketball Throw, the Football Throw, and the Bean Bag Throw. Some creative props appeared, such as a hula-hoop used for goal posts and plastic barrels to catch basketballs. Creative results were also attained as containers moved magically toward approaching balls. The Purple Team had the most points overall.

The last race showed off the coordination between team captains and head cheerleaders. Working together, they stood back to back, balancing a large Swiss ball between them. With their arms crossed over their chests, one moved forwards and the other backwards across the auditorium. Most of the balls dropped as the teams tried to turn around and make it back, but the Red Team was acclaimed the winner.

The total scores for the Field Day were: Yellow 65, Red 63, Blue 63, Orange 51, Green 47, and Purple 44. As indicated by the noise level, there was tremendous enthusiasm for the event among both residents and staff.

---

## A VISIT WITH BARBARO

by Alex Webb

As my wife, **Fran**, and I were leaving our son John's home in Downingtown, PA, on Father's Day, June 19, John asked: "Dad, you're going to see Barbaro, aren't you?" "Absolutely not," I replied, "too crowded, and I wouldn't presume on them."

For those not keeping up with horse racing, Barbaro is the racehorse that won the Kentucky Derby in 2006 but sustained serious injuries in a "freak accident" at the start of the Preakness. He is now recovering at the New Bolton Center for Large Animals of the University of Pennsylvania's School of Veterinary Medicine near Kennett Square, PA.

John's suggestion suddenly brought back so many memories and connections to the place where Barbaro is now stabled that we changed our minds and did go. On the way, we talked about my father, a one-time vet and a Penn alum who had been very much involved with the New Bolton Center and had grown up on a farm in the area.

Once there, we were very well received by the executive director and escorted to Barbaro's stall in the Intensive Care Unit, after donning sterile gowns and walking through a sterile shoe bath. I had a nose-to-nose chat with Barbaro, and Fran fed him a candy peppermint and read him some of the many get-well cards he gets daily.

All in all, this was one of the most pleasant surprises and experiences I can recall in a long time.

## A SENTIMENTAL JOURNEY

by Jean Stratton and Beaver Abramson

As my husband, **Bud**, and I sped along the highway to southern Maryland in May 2006, Beaver (**Virginia**) **Abramson** and her old friend, Rachel Van Tuyl, chatted cheerfully in the back seat of our car. Our destination was the Patuxent River Naval Air Station below Solomon Islands, MD, where Bud's daughter, Heidi, works at the base and had arranged a very special remembrance visit for Beaver and Rachel.

The two women had lived at the base during WWII, when their officer husbands were stationed there. The men delivered supplies overseas and returned with VIPs on their way to Washington. Beaver and Rachel ran a canteen to feed the men while they waited for a bus to Washington.

During our four-hour drive, the ladies in the back seat reminisced about the lovely houses they lived in, overlooking the Chesapeake. Our quest was to find these houses on the base today. Were they still there?

Heidi was able to engage John, a public relations employee at the base, who would give us a tour and try to find the women's former homes. Six of us piled into a government van for the tour, and John rattled off much information and statistics as we rode around the 24,000 acres. Suddenly we saw the houses from the van, but they were obscured from our view by a stand of trees. The driver slowed down but did not stop.

As we were saying our "good-byes" and "thank yous" to John, he remarked that the man standing by the van was Rear Admiral David Venlet, who now lives in Beaver's former home. John had just told the Admiral about driving the two "ancient ladies." At this point, Beaver and Rachel stepped out of the van to meet the Admiral. John bowed and said "Here are the ladies." We were invited to come to the house immediately, to have a look inside and out. As Beaver walked up and down her former home, the memories came hard and fast: "This is where we shucked oysters, remember when we had to bed all those boys on

the living room floor," and so it went. As the Admiral preceded Beaver downstairs, she remarked, "I never thought I'd have an Admiral at my front."

Now it was time to leave the hospitality of the Admiral, who wished that his wife could have been there. Heidi graciously invited the Admiral and his wife to come that evening to a cookout on the deck of her home. As the sun set over Little Kingston Creek, there sat the Admiral between Beaver and Rachel, with his lovely wife amidst the rest of us. It was a hope fulfilled for two interesting, energetic women who are now in their nineties.

---

## BETTER LATE THAN NEVER!

as told by Reece Haines to Ellen Stimler

Last winter, **Reece Haines** attended a meeting of the Medford-Vincentown Rotary Club at which Fred Weslak, director of Camp Ockanickon, was the main speaker. Weslak told the group that he was writing a history of the camp, in view of its approaching 100<sup>th</sup> anniversary, and he asked the audience to help him find the oldest living campers. Reece raised his hand and said he had been a camper back in 1930 and never forgot that experience. He had to drop out of a four-week junior life saving program after two weeks because his father needed him at his farm stand. For that reason Reece never got his junior life saving certificate and badge and still recalls the feelings of disappointment at the time.

On May 22, 2006, Reece attended Camp Ockanickon's 100<sup>th</sup> Annual Meeting. During the award ceremony, Reece was called to the podium, and, to his great surprise, was presented with an Honorary Junior Life Saving Certificate by Mr. Weslak. Explaining the circumstances of this belated award, Mr. Weslak said it gave him great pleasure to confer this honor in recognition of Reece's many decades of support and leadership on behalf of Camp Ockanickon.

## LOOKING BACK: THE RESERVE FUND

by Kitty Katzell

*[Ed. Note: This is the first in a series of articles whose content was originally prepared for use in the 35<sup>th</sup> Anniversary Issue of Medford Leas Life.]*

The Reserve Fund has been an important part of Medford Leas history. It was established by the Estaugh in 1974, on the recommendation of an MLRA committee. The income from the Fund is used, when needed, to help individual residents meet their regular and extraordinary expenses. Its initial charitable gift of \$200 was donated by a resident in appreciation for special courtesies that had been extended to a friend who had visited her at Medford Leas. By the end of 1982, that \$200 had grown, through many other gifts and careful management, to over \$400,000. A goal of \$500,000 had been set as "reasonable and desirable."

Another fund, the Friends Assistance Fund, is similarly available, but it can be used only to assist Friends "in paying their fees to Medford Leas or for other ongoing care necessary for their well-being."

Over the years, the Reserve Fund has continued to grow. Several factors contributed to this growth: careful investment by the Estaugh, accumulation of income not used for grants, and contributions from some income-producing MLRA committees; but primarily the Fund has grown as a result of small and large contributions from residents, grateful family members, and others. Many of the contributions were given in honor or in memory of a resident or staff member.

In 1999, a resident left a \$200,000 bequest to the Reserve Fund, raising its balance to over \$3 million. With that balance, the MLRA Committee on Estaugh Finances (now known as the Financial Review Committee) advised against further gifts and a notice was carried in the November 1999 issue of *Medford Leas Life* headed "PLEASE NO BEQUESTS TO RESERVE FUND." Readers must have noted that request

because gifts to the Fund dwindled dramatically and now the Fund must ask for residents' support again in order to meet future needs.

Times have changed in the seven years since 1999 and, at the current rate of expenditure, the Fund will be depleted in another seven years. In 2006-07, the Fund will be assisting more than 40 residents with some portion of their maintenance expenses, and the number increases annually. If this form of assistance to residents is to continue, it will be of the utmost importance for residents to consider ways in which they can help. Bequests in Wills can have major impacts, but gifts in honor or in memory of friends and family members can help to rebuild the Reserve Fund little by little so that it can continue to provide the aid on which some of our neighbors depend. Gifts to the Estaugh are tax deductible, and a receipt is provided to each donor. Notices are also sent to those being honored and to the families of those who are memorialized.

Assistance from the Reserve Fund has always been and continues to be completely confidential. A resident seeking aid talks first with the Director of Resident Services, who helps the person prepare a detailed confidential application for financial aid, substantiated by copies of recent tax returns. The application is reviewed by a committee that includes **Dennis Koza**, CEO, **Heather Foor**, CFO, and **Trudy DeLacy**, Director of Resident Services. They decide what financial assistance will be given, if any. Requests for renewal of assistance are reviewed annually.

Looking back over the history of beneficence at Medford Leas, it is obvious that residents have long been giving one another financial assistance when it was needed. It is important that this generosity be sustained in the future so that the economic diversity of the population is maintained.



## WELCOME TO COURTS

After 11-plus years at Rushmore, **F. Evert (Bart)** and **Colette Bartholomew** have moved into Apt. 650. They need little introduction to their new neighbors, because they both are and have been deeply involved in MLRA activities.

Bart is currently secretary of the MLRA Council, chair of the Hospitality Committee, secretary and past chair of the Mental Health Committee, and member of the Citizens Committee. He also leads the folk dance group. Colette manages one of the Thrift Shop sections, heads the French Group, coordinates the Tai Chi Class, and was a long-time chair of the Fitness Committee.

Bart is also a past-president of the MLRA and past-president of ORANJ, the Organization of Residents Associations of New Jersey. He is on the Continuing Development Committee (CDC) that has been planning a new health center.

Bart and Colette are avid culture consumers, joining others on the Medford Leas bus to many events in Philadelphia. Colette says Bart has a "special relationship" with his computer, on which he produces very creative greeting cards, invitations, and other colorful announcements.

Before retirement, Colette taught elementary grades and remedial education. Bart was a school social worker in Montclair, NJ, and taught health education at Montclair State College.

We all welcome this accomplished couple into the Courts. With less cleaning or cooking, they'll have more time for their many interests.

by Ellen Stimler



## WHO'S NEW

photos by Ruth Huysmans

**Herbert (Herb)** and **Perry Krakora**, Bridlington 694, learned about Medford Leas from **Betty Wakeley** and her daughter, **Susan Dowling**. Perry and Susan attended junior and senior high schools together in Chatham, NJ.

Herb and Perry met around a YWCA swimming pool in Westfield, NJ. At that time, both had children from their prior marriages. Perry was teaching chemistry and environmental sciences at the Westfield High School and also coaching swimming teams at the High School and at the Y. Herb was on the Y's Committee, which hired Perry as swimming coach, and his children were on Perry's team. Herb and Perry were married in 1988.



Herb, who has a business administration degree from Coe College in Iowa, has spent his entire professional career at W.R. Grace Company in a series of leading management and executive positions, which took him around the world in his 41 years with the company. His assignments included establishment of new manufacturing plants for flexible packaging materials, Vice-President for Packaging Materials in the Pacific and Latin American Divisions, a yearlong emergency mission in New Zealand, and Vice-President for the International Technology Services Group. After a brief transfer to Boca Raton, FL, Herb was asked to move to Hong Kong as Vice-President and General Manager for Container Products in Asia-Pacific. He retired four years later in 1997.

During all these moves after her marriage to Herb, Perry managed to maintain her career interests, teaching and coaching in Westfield for 15 years and briefly in Boca Raton.



But once in Hong Kong, she decided it was time for a "rest." She joined the American Womens Association and participated in the annual June Dragon Boat Racing Festival, serving as helmsman on one of the boats.



In their retirement, they spend lots of time in their home at Barnegat Light. Herb enjoys tennis, golf, and biking. Perry loves gardening and cultivates a plot on the Medford Leas Farm and a large garden in Barnegat Light. Her other interests are photography, hiking, backpacking, camping, reading mysteries, working on the computer, and looking after feral cats.

by Ellen Stimler

\* \* \* \* \*



**Margaret (Peg) Loveless Browne**, Apt. 256, defied her maiden name by having five loving children and nine grandchildren. Her husband, Thomas, whom she met on his return from WW II, was a ceramics engineer who held jobs in four

different places during their 58 years of marriage. Thomas died in 2005.

They were married in 1947, after Peg had graduated from Moravian College in Bethlehem, PA, with a B.A. in history and biology. She started teaching immediately while Thomas earned his engineering degree at the Missouri School of Mines. Thomas' first job was in Alexandria, PA; Peg taught history and geography there in middle school. She stopped teaching for

12 years while they lived in South Plainfield and Haddonfield. She did not resume teaching until her youngest was in school and they had moved for the final time to Devon, PA.

In Devon, Peg did substitute teaching for 13 years in the Tredyffrin Easttown schools and obtained a Latin teaching certificate. She taught Latin for 18 years in Phoenixville, PA, and led student trips to Italy and surrounding countries. In her retirement, she has continued her travels, to China three times, the Baltic capitals, the Czech Republic, and Chile.

Peg has come to the right place, because she loves to meet people, travel, knit and sew, and do physical exercise.

by Ellen Stimler

\* \* \* \* \*

**Montgomery (Monty) and Ariel Hollinshead Hyun** have moved into Apt. 132 from Punta Gorda, FL. For Ariel this move is a return to her roots. She grew up in Bethel Park near Pittsburgh. However, she has fond childhood memories of visiting many relatives in Moorestown and Medford, including the farm owned by her grandparents, Charles Haines and May Darnell Hollinshead. The farm eventually became the site of Medford Leas in 1971, when The Estaugh purchased it from the then-current owners.

Ariel is a Professor Emerita, Department of Medicine of the George Washington University Medical Center, where she earned her M.D. and Ph.D. She developed skills in the fields of virology and oncology and also ran a research laboratory. Part of her research involved the development of new immunotherapy, a field now called proteomics. She tested her vaccines in



clinical trials, and a biotech company is now developing her discoveries. Her professional publications are in five volumes at The National Library of Medicine, and she has received many honors for her work in the U.S. and abroad.



Monty's educational travels also ended in Washington. Born in North Korea, Monty attended Swarthmore College, where he met Ariel. After graduating with a major in political science, he earned an M.A. in Public Law and Government from Columbia and finally a law degree from Georgetown.

He and Ariel were married in 1957. Monty worked for the Federal Trade Commission, first as a trial lawyer, then as an appellate lawyer, finally as an administrative law judge. He retired as Chief Administrative Law Judge in 1990, after presiding in a number of major antitrust cases.

Ariel and Monty have two sons, one living in Princeton and one in San Francisco. They enjoy visits with their three grandchildren. Monty likes walking the Medford Leas trails and practices Chinese calligraphy. Ariel's pastimes include singing, playing the piano, painting, and Tai Chi. They will escape to Punta Gorda during the winter.

by Della Williams

\* \* \* \* \*



**Jeanette Wright Ohotzke**, Apt. 72, moved to Medford from Chicago, where her family had lived for more than a generation. Her son was the first to move to Medford when he got a job with Lockheed-Martin more than 20 years ago, and his

two sisters followed him in subsequent years when they married and got jobs in the area.

A few years after she graduated from high school she married Norman Ohotzke, a hydraulics engineer. She began a 30-year career with the Illinois Bell Telephone Company and raised their three children, Janice, Kurt, and Lisa. Norman worked days and Jeanette worked an evening shift.

The Ohotzkes were a very musical family and enjoyed playing together as a combo, with Norman on the clarinet, sax, or accordion, Kurt on drums, and Jeanette pounding out Dixieland jazz on the piano. Kurt is now married to the art and music teacher at a Medford school. At one time, Janice worked for Eastern Airlines, making it possible for Jeanette and Norman to take many short vacations overseas, including Paris, London, Aruba, San Juan, and Hawaii.

Norman died seven years ago. After living alone in the big house for some time, Jeanette decided to join her children in Medford and lived in a condo for two years before coming to Medford Leas. She misses her Chicago friends and the breezes of Lake Michigan, but she hopes to make new friends at Medford Leas.

by Margaret Melstrom

\* \* \* \* \*

**Virginia Slocum Mattice** (rhymes with ice), Apt. 165, is an ex-WAC, an ex-librarian, and a present-day "clock repair lady." She was brought up in Moorestown, where her family has lived since the early 1900s. Her three siblings still live in or near there.



Virginia went to Lake Erie College in Painesville, Ohio, because it offered flying lessons throughout WWII. After graduation she joined the Women's Army Corps (WACS) and was on active duty for seven years, during which she attended Officer



Candidates School. While stationed in London between 1948 and 1951, she was briefly married and subsequently divorced. Virginia served at several U.S. Army bases in Texas, Georgia, Ohio, California, and other states. Then she joined the Air Force Reserves, retiring after 17 years with the rank of Major.

In a career change, she earned a master's degree in library science from Drexel University, then worked in the RCA engineering library and later at the University of Alaska in Fairbanks. She was married there, but after the death of her husband she returned to New Jersey and worked as librarian at Rutgers and again at RCA. She retired in 1984.

In 1969 she married Sergeant Gordon Mattice, a member of the Moorestown Police. Gordon died in January 2006 after their 37 years of marriage. The couple was on the Medford Leas waiting list, which helped Virginia to feel comfortable leaving her Mt. Laurel home in June of this year.

Virginia volunteers once a week in the pharmacy department at McGuire AFB. She has taken courses in clock repair to further her hobby of repairing clocks such as old wind-ups or Seth Thomases. She expects to help Medford Leas residents with their clock problems, but she won't be "hanging out her shingle" for another nine months or so.

by Margaret Melstrom

\* \* \* \* \*

**Rose Reilly Dooley**, Apt. 276, grew up in the Bronx and went to local parochial schools. While going to St. Jean Baptiste High School in Manhattan, she worked at Bonwit Teller's department store on weekday afternoons after school and on Saturdays to help with the family budget. After graduation, she was hired as a secretary by a Manhattan manufacturing company. During the summer, she spent free time with girlfriends in a shared rental at the shore. She met her future husband, Michael

Dooley, at a party with young men from a similar coop in the town. They were married in 1964. Michael had a managerial job with the New York Central Railroad and was later transferred to Philadelphia when the company became Conrail. The couple relocated to Medford, and Rose was kept busy raising three daughters. Michael retired in 1995 and died in 2005. He was seriously ill during the last years of his life, and Rose focused on his care until his death.



She explained that she did not have the time to develop her own interests while caring for her husband and then managing the move to Medford Leas. In the coming months, she wants to review all her options here and become an active member of the community.

by Ellen Stimler

**IN MEMORIAM**

<b>Barbara Nelson</b>	<b>May 20</b>
<b>William Phile</b>	<b>May 26</b>
<b>Sheila McMillan</b>	<b>June 13</b>
<b>David C. Horner</b>	<b>June 24</b>
<b>Cornelia Haley</b>	<b>June 28</b>
<b>Beatrice Quick</b>	<b>July 17</b>
<b>Rita Roelker</b>	<b>July 26</b>
<b>Annette Allen</b>	<b>August 6</b>
<b>Dorothy Test</b>	<b>August 15</b>

## SEPTEMBER CRYPTOGRAM

by Alice Skidmore Culbreth

ADTTEXCJJ EJ DJ D KLVVCWSOZ  
 IAEGA, IACX TLWJLCQ, EJ DOIDZJ  
 KCZMXQ MLW HWDJT, KLV IAEGA  
 ES ZML IEEO JEV QMIX YLECVOZ,  
 BDZ DOEHAV LTMX ZML.  
 -- XDVADXECO ADIVAMWXC

Here is the solution to the June cryptogram by Betty Donahue:

LEARN TO BE PLEASED WITH EVERYTHING;  
 WITH WEALTH SO FAR AS IT MAKES US  
 BENEFICIAL TO OTHERS; WITH POVERTY  
 FOR NOT HAVING MUCH TO CARE FOR; AND  
 WITH OBSCURITY, FOR BEING UNENVIED.  
 -- PLUTARCH.

The correct solution was received from 32 readers: **Ken Anderson, Helen Anderson, Miriam Angle, Ruth Blattenberger, Florence Brudon, Marion Burk, Barbara Cristoforo, Alice Culbreth, Liz Dill, Louise Evaul, Dorothy Garver, Mickey Gray, Herb Heineman, Barbara Heizman, Eleanor Horner, Jane Hunter, Sally Klos, Mary Ann Metzger, Sally Miller, Bob Morrow, Alice Norcross, Helen Peterson, Ed Porter, Betty Preston, Warren Reeves, Alfred Rudrauff, Doris Salati, Florence Sawyer, Emily Taylor, Miriam Ward, Gladys Wynkoop.**

Please put your solution in an envelope in Box 116 by September 10 or send it by email to [estimler@medleas.com](mailto:estimler@medleas.com) We urgently need cryptograms for future use.

## MEDFORD LEAS LIFE

*Ex Officio:* Chuck Woodard, MLRA President; George Rubin, MLRA Sponsor

*Editorial Staff:* Ellen Stimler & Kitty Katzell, Senior Editors; Kay Cooley, Margaret Melstrom, Betsy Pennink, George Rubin, Della Williams, Maggie Woodard

*Staff Photographer:* Margery Rubin

*Proofreaders:* The editorial staff, Herb Heineman, Sally Klos, Florence Sawyer

*Business Manager:* Gene Raup

*Production Manager:* Maggie Heineman

*Distributors:* "Pete" Johnson, Mary Lou Mullen, Mary Toda

*Recorder:* Florence Sawyer

*Medford Leas Life* is published monthly, September through June, by the Medford Leas Residents Association. Copies are distributed to all residents and to those on the waiting list. Subscriptions are available to others at \$7.50 per 10-issue volume by writing to Medford Leas Life, 144 Medford Leas, Medford, NJ 08055. Medford Leas can be reached by phone at (609) 654-3000; by FAX at (609) 654-7894; on the World Wide Web at [www.medfordleas.org](http://www.medfordleas.org). The email address is [information@medfordleas.org](mailto:information@medfordleas.org). When using FAX or email, specify the name of the person to receive the message. The Medford Leas Residents Association has a separate website at [www.mlra.org](http://www.mlra.org).

**Deadline for submissions:  
 10<sup>th</sup> of the month preceding publication**

