



Medford Leas LIFE

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JUNE 2006

JANE WESTON, MARKETING AND COMMUNITY RELATIONS

by Kitty Katzell

Most residents seem to know **Jane Weston**. She came to work at Medford Leas in 2002, after serving five years on the Estaugh Board, and has been involved in almost every aspect of the community since that time. Where did she come from? What does she do?

Jane graduated from Rider College in Lawrenceville, NJ, with a degree in business administration. Before coming to Medford Leas, she used her business education in various jobs that involved multi-tasking, dealing with the public, and getting out her employers' messages. She held jobs as a buyer, as a purchasing manager, and as an office manager. Now, as Director of Marketing and Community Relations for Medford Leas, she is still multi-tasking, dealing with the public, and getting out her employer's message, only this time her employer is Medford Leas.

The variety of agencies and organizations with which Jane deals in her job is impressive. There are the members of the Medford Township Council, the local Recreation Department, Medford's Cultural Arts Commission, the Pinelands Garden Club, the Burlington Day Program, the South Jersey Camera Club, the Berry Basket Quilters, Friends Services for the Aging, Greater Philadelphia Gardens, Rutgers University and its Master Gardeners Program, Aramark, and others. Jane is a member of the Medford Business

Association Board. Her work with all of these agencies opens doors for her to inform area residents about Medford Leas and the opportunities available here.



portrait by Weller Studios

Jane is responsible for arranging most of the events that are held at Medford Leas, some of which are co-sponsored with agencies mentioned above. The events bring people to Medford Leas, often leading to their choosing to live here. For example, the Quaker Gathering at the end of April brought about 100 Quakers from as far away as Maine and up and down the east coast to visit Medford Leas. About one-fourth of Medford Leas residents are Quakers, so enabling them to spend a spring weekend here introduced them to the opportunities Medford Leas provides for retirement living. Marketing staff who report to Jane are **Marianne Steely, Marge Sagett, and Donna Coonley**.

NEW MEDICAL DIRECTOR

Scott E. Kapulsky was the unanimous choice of the search committee as the new Medical Director for Medford Leas, starting on July 1. Dr. Kapulsky's M.D. is from the Medical and Dental School of New Jersey, and he has a Certificate of Added Qualifications in Geriatrics. He has served as chief of the Geriatrics Section at Virtua-Memorial Hospital in Mt. Holly and most recently was in private practice in Tabernacle. He lives in Lumberton with his wife and children. *Medford Leas Life* will publish a full biography in our September issue.

LIBRARY ATTRACTIONS

by Betsy Pennink

Early last year, when the Lounge and the Library underwent a sprucing up and rearrangement, an opportunity arose for **Joanne Greenspun** and **Bob Hambleton**, Co-Chairs of the Library Committee, to make improvements in the Library with the help of **Bill Murphy**. The wall that was added between the Lounge and the Library provided space for new bookcases supplied by Medford Leas. These now house the mysteries, freeing up more space for the Quaker collection and the paperbacks in the main section.

Earlier, at Joanne's suggestion, Medford Leas had purchased and hung three slat-wall shelves at the ends of the existing bookcases, enabling the exhibited books to be seen from the front.

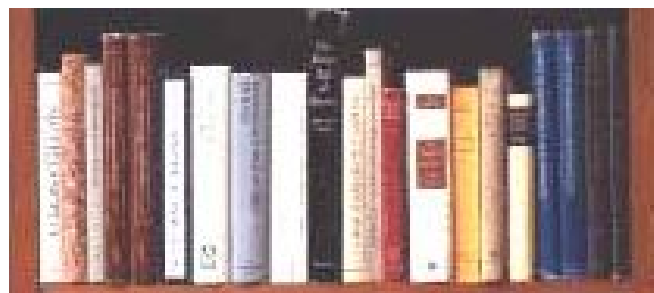
Doris Allebach, the Library Committee sponsor, and Joanne worked with Bill Murphy on the "media center" arrangement in the last aisle. The photocopier was brought from the third floor of Haddon and placed at the end of the aisle. A computer, with a link to the Burlington County Library system, and a low-vision reader are on a counter. To its right stands a five-drawer CD cabinet containing 400 compact disks from the classical music collection left to Medford Leas by the late resident **Elsie Lisovitch**.

These additions have made the Library more interesting and more attractive, as Bob's year-end tabulations prove: 6,400 books of all kinds were borrowed last year, an increase of about 6% over 2004. Bob reported that mysteries showed the biggest increase, with a total of 1,850. Paperbacks were next, with 1,700, and fiction, with 1,650. Biographies and nonfiction totaled 1,200.

Joanne is also quick to praise the "creative team" of **Ruth Blattenberger** and **Lily Tamarin** for the eye-catching displays of books they put on monthly in the Atrium window. They are able to dig out amazing "treasures" from the Library shelves for their unusual topics. The Library runs smoothly with the help of its dedicated committee members. **Fran Baumgartner**, **Myra Binstock**, **Eleanor Horner**, and **Mary Roland** have recently been joined by new volunteers **Mary Lou Ohm**, **Rebecca Robinson**, and **Harriet Stearns**.

The Library welcomes donations, but Joanne points out that not all books can be accepted. Those that cannot be used are given to the Thrift Shop or the Burlington County Library. Last year Joanne and Bob bought about 110 books from the distributor Baker and Taylor and added 100 more from those donated by residents. At the end of the year Bob's figures showed that the collection consisted of 1,600 fiction, 1,600 non-fiction, 750 mysteries, almost 600 biographies, and about 900 paperbacks, plus some 200 Quaker books, and 300 reference books and encyclopedias.

The Library is lucky to be in the good hands of Joanne and Bob, both of whom have had extensive library experience and bring enthusiasm and dedication to the work.



MEDFORD LEAS DOG SHOW

by Betsy Pennink

Applause and laughter could be heard from the Activities Room on April 21 as the Fourth Annual Medford Leas Dog Show took place. About 70 residents from Assisted Living, Estaugh, the Courts, and Lumberton watched from the sides of the room while the dogs went through their paces up and down the middle. Thirteen dogs were registered, most belonging to staff, although four belonged to residents.



Trudy DeLacy, Debbie Halcomb

photo by Susan DeJacomo

The event was organized by **Linda Schultz** and **Pam Fake** of the Therapeutic Recreation Department, with the active participation of **Traci Lear**, Coordinator for Activities on the Estaugh Unit, as Master of Ceremonies. Traci announced the name of each dog as it was led into the room, along with its breed, age, and favorite foods and activities. Pam Fake and residents **Betty Phile** and **Anne Farr** judged the winners in five different categories.

First prizes were given as follows:

- Best Tail Wagger: Bella (black Labrador mix, four months old, owned by **Cathy Malsbury**, Health Center)

- Best Kisser: Nala (yellow Labrador mix, five years old, owned by **Davina Cornish**, Estaugh Recreation)
- Best Looking Mutt: Bella (see Best Tail Wagger)
- Best Costume(s): Nala (see Best Kisser) as "Nurse Nala," and Sandy (yellow Labrador mix, eight years old, owned by Linda Schultz) as "Dr. Barker."
- Best Tricks: Peppin (Toy Poodle, six years old, owned by **Jeanne Youngs**, a resident)

Several dogs showed off their talents under the category "Other," and, true to the Westminster Kennel Club Dog Show format, a Best in Show was chosen. This prize was given to Sandy (see Best Costume).

The smallest dog was a Chihuahua and the largest an Irish Water Spaniel. The youngest was a Basset Hound (three months) and Sandy was the oldest at eight years. Several of the staff brought children to help in showing the dogs, providing an age range of people present as well.

The dogs were all beautifully mannered and friendly. They seemed to be having as good a time as the residents.

HELEN FLYNN'S WATERCOLOR HONORED

by Helen L. Vukasin

Helen Flynn's charming watercolor of a school bus has been extremely popular with teachers and parents in Westport, Connecticut. On May 1, 2006, the Westport Council presented a copy of the painting to the Board of Education of Westport in honor of George Flynn, Principal of Bedford Elementary School for 24 years. George was Medford Leas resident **Helen Flynn's** husband.

The painting has been hung in the Town Office building, which, as it happens, was formerly the Bedford Elementary School.

GOOD BUGS

by Kay Cooley

Few people realize it, but a war rages on campus, a war that employs all the tactics of battle: camouflage, deception, chemical warfare, and the like. The war zone extends throughout the Arboretum, where good bugs fight the pests that feed on the leaves, flowers, bark, roots, and wood of trees.

The enemy is aphids, a large class of small, sluggish insects that suck the vital juices from the tree parts they attack. Fighting them is an army of beneficial insects and spiders that deploy amazing strategies to kill their foe.

Among insects, flies stand out for their ability to trap and kill tree pests. Robber flies, whose acute vision and maneuverability in flight make them formidable predators, grab insects in mid-flight and stab them with their piercing mouth parts. The tachinid fly mimics bumblebees in appearance and attacks such pests as grasshoppers and caterpillars.

Other insects with "fly" in their name are dragonflies and damselflies. They are not flies at all but have excellent eyesight and scoop up their prey in mid-air as it flies by. They excel in hunting mosquitoes and moths.

Lacewings, lime-green insects that fly at night, and ladybird beetles, or ladybugs, are also voracious predators of aphids. Assassin bugs can be strange looking. Some lurk in trees waiting for prey. Their powerful saliva acts like poison that quickly subdues even large insects such as grasshoppers. Praying mantises, wasps, ants, and many other insects also consume pests and act as allies in the war against bad bugs.

Different from insects in skeleton and anatomy, spiders are divided into those that use webs to trap their prey and those that don't. Web builders include orb weaving, cobweb, sheet-web, and funnel-web spiders. Orb weavers construct their webs at dusk and take them down at dawn. They

capture beetles, moths, and other flying insects. Sheet-web and funnel-web spiders spin webs that resemble flat sheets to trap their prey. Cobweb spiders trap beetles and grasshoppers, as well as stray pieces of other things in their webs.

Hunting spiders, also found in trees, include jumping, wolf, and crab spiders. Jumping spiders ferociously hunt small insects. Wolf spiders hunt at night. Crab spiders wait for their prey to come to them, then seize it with lightning speed and dispatch it with their fangs. In the battle against pests, all these critters and many more are potent allies staving off harm that would otherwise kill the trees.

The author acknowledges plagiarizing extensively from *"The Good Bugs in Your Trees"* by Brian E. Reynolds in *Tree Care Industry*, Feb. 2006.

MLRA CITIZENS COMMITTEE

by Bob Minter

Citizens Committee? A surprising number of Medford Leas residents know very little about that committee and its functions.

Over the summer, its mission will remain to help residents become better informed, and perhaps smarter, voters. The Committee's reach extends to the Medford and Lumberton Town Councils, the Medford school system, the consolidated Lenape high school system, the Pinelands Commission, and the governments of Burlington County, the State of New Jersey, and the United States.

The Committee is looking for more effective ways to keep residents abreast of the operations of those agencies and how they affect taxes, laws, and the bureaucratic system. Residents may expect to hear more from the MLRA Citizens Committee as the voting season approaches.

A LUCKY NEW WELCOME MAT

by Della Williams

Luck was with the Williams Paving Company and with Medford Leas that dreary Monday morning when they were scheduled to pave the 70,000-square-foot parking lot in front of the Main Building. The work crew arrived at 8 a.m. as early-rising residents listened to threatening radio weather reports. Periodic rainstorms throughout the day were forecast.

Preparations for this red-letter day had started many days before with posted signs warning residents that cars were to be removed from nearly a hundred parking spaces by 2 p.m. on Sunday. With their usual cooperative spirit, residents had cleared the lot before noon. By Sunday afternoon all exits from the covered walkways to the parking lot had been blocked with tape. And people had grumbled good-naturedly about the longer walks to meals and activities. It seemed, however, by Monday morning that Mother Nature was in a foul mood, and once again man's "best laid schemes" would "gang a-gley."



photos by Ellen Stimler

Still, the workers persisted in their preparations, and the rain held off. By 11 a.m. the size of the crew was doubled because torrential rains had shut down a nearby work site, and the equipment and workers were sent to Medford Leas. All afternoon seven trucks delivered five hundred tons of asphalt (which must be spread while it is hot) from the plant in Freehold, NJ. Four spreaders were used, and thirty crewmen used

heavy mechanical equipment to roll the asphalt into place and then raked and stomped it until the surface was smooth. A number of residents, standing or sitting in the walkways, peered through the windows at the exciting work in progress. There was one brief interruption when an asphalt pile, delivered too early, was allowed to cool. With some difficulty, the solid hill of asphalt was finally removed and disposed of.



By Monday nightfall, an area the size of three football fields was neatly covered. *And it did not rain!*

Tuesday the traffic lanes and parking spaces were painted in white and yellow and the spaces for the disabled painted in blue. The entire parking lot and Estaugh Way up to Medford Leas Way were completed a full day ahead of schedule.

This new welcome mat is part of an ongoing series of projects to beautify the Community Building entrance to Medford Leas. Enormous planters filled with colorful seasonal blooms have recently appeared, and a few days after the paving project was complete, three shiny new green awnings were installed over the doorways. What an appropriate way to greet the spring when everything seems new!

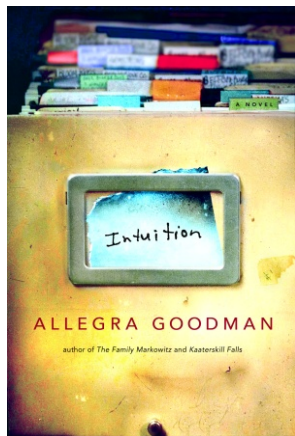


BOOKS WE ENJOYED READING

Intuition

by Allegra Goodman

334 pages (This book is in the Medford Leas Library)



When one goes down to the Medford Leas pharmacy to pick up medication, the main concerns are, "Is this the right drug, and are the dosage and the number of pills what the doctor ordered?" Little or any thought goes into the research and development of the medication being used.

Allegra Goodman, in her latest novel, *Intuition*, takes the reader into the laboratory of a prestigious research institute, the Philpott, near Harvard University in Cambridge. The lab is run by two very strong personalities. One is Sandy Glass, an oncologist who lives and breathes his role as a charismatic leader, especially in fund raising and publicity. He is also a great debater on the fundamentals of science who believes he is never wrong. The co-director, Marion Mendelssohn, is his direct opposite in every way. She is an exacting scientist who "mother hens" the collection of postdocs who are in her charge at Philpott. Marion takes pride in being sure that their research methodology is exact but is also aware and sensitive to their personal needs.

One brilliant young postdoc, Cliff Bannaker, working at a breakneck pace, has come across what he believes is a startling discovery. His experimental virus R-7 has stopped the growth of cancers in the mice he has injected. His findings, which are to be published, may prove to be a gigantic medical breakthrough. Or as postdoc Robin Decker's intuition tells her, the results may be fraudulent.

Allegra Goodman has an insightful way of writing that leads the reader from the research laboratory to congressional hearings in Washington. The hearings on the results of the published findings not only inject political overtones of anti-Semitism but also tell how far the government can intrude into basic scientific research.

As the novel unfolds one comes to see that there are no real culprits. They all believe what they have done is honest and truthful. For science to survive there can be no winners or losers.

This novel is engrossing, due in part to the excellent characterizations. As in her other books, *The Family Markowitz* and *Kaaterskill Falls*, Goodman explores all of our moral judgments.

Just maybe next time, take a longer look at the capsules or pills that have been prescribed and sense the drama that lies behind them.

by George Rubin

THE LATE DOROTHY TILLMAN'S BOOK TO BE LAUNCHED

by Helen L. Vukasin

The publication of **Dorothy Tillman's** book, *Eddie Flynn from Brooklyn*, will be celebrated with a reception in the Lounge on June 9, 2006. Michael Patterson, Dorothy's son, will talk about how the book was completed and published, and share some passages. Refreshments will be served at 3 p.m. and the program will begin at 3:30. A sample of the book will be at the Atrium desk and copies can be reserved for purchase by signing up.

Dorothy, who died in 2005, was a longtime member of the *Medford Leas Life* staff. She contributed a story to each issue of *Leas Lit* since its inception and was active in the Creative Writing Group. Dorothy served on the MLRA Board and was president in the '90s.

MEETING OF PEN PALS

by Ellen Stimler

For the first time this school year, residents and their third-grade student pen pals met face-to-face in the Activities Room on May 11 and worked together on a vacation memory project.

Twenty-one residents had volunteered to exchange occasional letters with the same number of third-grade students in the Cranberry Pine Elementary School. According to their teacher, Ashley Powell, the students love getting the letters and have learned a lot in the process of answering them.



A few weeks ago, Ms. Powell came with the school's art teacher, and both proposed a special project: each pen pal was to write a brief piece about a favorite vacation, and then on May 11 all the pen pals would bring their writings and illustrate them on a separate piece of paper. The art teacher would then collect all the stories and pictures and make them into a memory album for the class.

The Activities Room hummed with excitement as pen pals found each other, exchanged their stories, and then set about illustrating them with the colored pencils and crayons supplied by the art teacher. One of the residents wrote about a birthday party where the big cake was accidentally dropped by her grandmother; another

one told about an exciting camping trip with a seaplane and kayaks. A favorite vacation of one of the boys was a trip to Jamaica where he was buzzing around in a jet ski with his dad.

A picnic on the Back Porch in June will close the pen pal project for this school year. Ms. Powell hopes to continue the project next year with another third-grade class.



photos by Ashley Powell

EMPLOYEE APPRECIATION DAY

by Ellen Stimler

Free meals, prizes, and gifts were the order of the day on May 11, Employee Appreciation Day at Medford Leas.

Depending on their shift, employees could have a free breakfast, lunch, or supper. Breakfast and lunch were served in the Colonial Room, and for employees on the evening or later shifts, pizzas, hoagies, and salads were served out of the Assisted Living kitchen. Every employee received an insulated lunch bag with the Medford Leas logo.

In addition, every employee had a chance to win one of many large gift baskets lined up on tables in the Colonial Room. Drawings for winners were held every half hour from 8:30 a.m. to 1:30 p.m. There were some laughs when it was announced that **Bob Costigan** had won the spa basket from Moments Salon. Other baskets had products and special gift cards from local stores.

Residents who saw the action in the Colonial Room took the opportunity to add their own words of appreciation.

WATER CONSERVATION

by Kitty Katzell

With drought and the onset of summer, everyone needs to think about using water wisely.

- If a faucet is dripping, fill out a work order and report it. The smallest drip wastes a lot of water
- Limit showers to five minutes.
- Don't flush for everything.
- Don't ever leave water running, even while brushing your teeth or washing your hands.
- Don't do laundry unless there is a full load.
- Keep a container of drinking water in the fridge.
- Unless there are enough dishes to fill the dishwasher, wash dishes by hand using one bowl of sudsy water and one of fresh hot water.
- When washing a car, use a bucket of water, and then rinse it quickly with the hose.
- Think "conservation" every time water is turned on for any reason.

APOLOGY

We sincerely regret the failure to note the picture credits for **Margery Rubin** in our May issue. Margery took the picture of **Mark Wick** on page 1 and also the photograph of **Sam Burgess** on page 3. Margery has provided superb pictures for our publication, many times on very short notice, and has improved the quality of our newsletter with her professional work.

HIKERS VISIT OUR TRAILS

by Ellen Stimler

Sandy Green, Director of Development, brought eight members of her hiking club to Medford Leas on May 11 and accompanied them on a wide-ranging tour over most of the trails on the campus. The group was a contingent of the Valley Forge Chapter of the Audubon Society.



photo by Ellen Stimler

They assembled in the Nature Center, where they were joined by **Ruth Blattenberger**, **Gordon Clift**, **Steve Denham**, and **Ellen Stimler**. Gordon led the first part of the hike over the yellow and orange trails, passing the model home, which the hikers asked to inspect inside. After Gordon had to leave, Ruth and Steve took over and guided the group on trails on the other side of the campus, passing through Rushmore, the meadow, the arboretum, some of the Courts, and back to the Nature Center, where the hikers ate the lunches they had brought and then returned home. During their hike, they learned a lot about life at Medford Leas and the beauty of the environment.



photos from medfordleas.org

LETTER FROM TOKYO

reported by Steve Yanai
to Ellen Stimler

Steve Yanai, who was born in Japan but educated in the United States, decided to accompany his daughter and granddaughter to Tokyo the end of March, 2006, and has sent email reports about his activities in Japan to *Medford Leas Life*.

Steve's daughter, Ruth, had received a four-month research and teaching opportunity at Tokyo University, so Steve decided to go along in order to assist with arrangements and help care for his nine-year-old granddaughter, Nora. For two years from 1999 to 2001, Steve and his late wife, Esther, had lived in Tokyo while Steve was on an assignment from Rohm & Haas.

In his first letter, Steve wrote that they were all dead tired and had trouble adjusting to the 10-hour time difference. They rented a two-bedroom apartment they had found through the Internet. At \$2,000 a month they considered it a bargain. (The apartment Steve had six years ago was then \$7,000 and now rents for over \$11,000 a month.) They have a small kitchen and bath, and a "genkan" where shoes are taken off before entering.

Their first problem was finding a place where they could use their Commerce Bank credit card to access their Medford bank account. None of the Tokyo ATM machines worked for them. Finally Ruth discovered that the Post Office ATM accepted their card. In the meantime, Steve got a loan from his former Japanese secretary.

In Japan, the school year starts in April, so Nora arrived just in time to participate in the formal opening ceremonies attended by parents and local dignitaries. There were speeches, performances, and singing of the school song and the national anthem. Nora was required to wear the official school uniform, which included a hat, skirt, shirt, jacket, and special sneakers (\$200), plus a four-piece gym outfit, all with the school's logo. The school also requires all children to have

a special kind of helmet to be worn in case of fire or earthquake and during monthly fire drills. In addition, all children must wear at all times an "emergency buzzer" which will sound an alarm when a child "meets a bad person" or needs help.

The assistant principal assured Steve that Nora would soon be fluent in Japanese. Meanwhile, Steve was asked to come to school every day and remain as Nora's interpreter. "So I am going to spend the next three-and-a-half months as a third grader," he wrote. However, he found "the whole operation quite interesting. The seating arrangements in the classroom took a long time. A boy sits next to a girl, by some mysterious scheme. One of these days I will figure it out, maybe."

Nora's school, which is the oldest in Tokyo, had an "Open House," where parents watched the children reading aloud. Another event was a safety meeting, with police role-playing situations when the buzzer should be used.

In his latest letter, Steve reported that they are enjoying an eight-day school vacation because of a number of successive holidays. They went to "the biggest zoo I ever visited... They had fence-free areas to display zebras, ostriches, and other non-carnivorous animals. We rode on a lion bus, which went through a non-caged lions area. Lions came right up to the windows. There must have been a dozen lions freely wandering the area."



Steve Yanai

photo from medfordleas.org

EMPLOYEE SELECTION

by Maggie Woodard

Medford Leas residents love the employees! They value their reliability and skills and, above all, appreciate their friendliness and *caring*. How does **Pat Wilus**, Director of Human Resources, find and select such employees? Interviewed recently, she said that she works very closely with department heads. As soon as there is a vacancy, she meets with the head of that department to assess whether the position needs to be filled and, if so, whether it should be changed in any way. A Job Listing is then posted for staff. After three days, if no staff person has applied for the position, Pat looks elsewhere. Career Builders, with on-line facilities, has been a good source for possible employees over the past two years. Pat may also run ads in local newspapers. And word-of-mouth by current staff often produces applicants.

Once an applicant is under consideration, Pat asks the appropriate department head to conduct a beginning investigation. For example, **Liz Conlin**, RN, Director of Nursing, will take an applicant on a walk through Woolman and will observe the person's interaction with patients and nurses. Nurses will often have known each other in previous workplaces, and Liz later can obtain our nurses' reactions to the possible employment of the applicant (sometimes enthusiastic, sometimes not).

Another department head might take an applicant on a tour of the campus and watch how he or she interacts with residents and staff. Do they smile? Initiate any conversations? The person's reactions to situations will also be observed.

Pat might question a potential employee about any difficulties encountered in his or her relations with a department head or fellow worker in a previous work situation.

Pat and the department head work together throughout the evaluation process, usually ending in agreement. After settling on an employee, Pat does reference checks. Is the person dependable, with good work habits?

A person's hiring is finally contingent on (1) passing a physical exam and drug screening test; (2) employment verification; (3) settling on pay; and (4) a criminal background check.

Pat says that hiring good employees is made easier because people want to work here! They like the atmosphere. Nurses call looking for work here. They know they can give quality care to patients because of our good staff-patient ratio. They also appreciate the good benefits.

Whatever, something is working well!

INFORMATION ABOUT MEDIC ALERT

by Helen L. Vukasin

Anyone who has a chronic allergy, takes a special medication, or has a life-threatening illness that caregivers need to know about in an emergency situation should investigate Medic Alert.

Emergency medical workers are not allowed to look in a person's purse or pockets to find information about allergies or medications. Medic Alert will hold registrants' medical records confidentially and respond 24/7 in an emergency. They provide a bracelet or locket with a code and phone number so that emergency personnel can access a patient's records immediately. The locket or bracelet may also contain other information that one chooses to have available. There is an annual charge of \$20 (\$35 for the first year). Complete information and an application form for this not-for-profit organization are available by calling 800-432-5378.

IN MEMORIAM

Dr. Eugene Link	April 26
Mary Evans	April 27
Edward Folwell (Ping)	May 6
John Winton	May 11

POLAR BEAR PLUNGE

by Della Williams
photos by Rick Trandahl

The third annual Polar Bear Plunge, celebrating the opening of the outdoor pool at the Lumberton campus, broke all records for participation and for fun. With the late morning temperature in the low 60s, it took courage to don a bathing suit and to plunge in, especially after emcee **Rick Trandahl** of the Fitness staff tossed a cooler full of ice into the pool. Yet, as soon as **Lyn Immendorf**, chair of the pool committee, had cut the yellow ribbon, symbolizing the pool's official opening, 35 men and women rushed into the cold water. Last to enter the water with her handy digital camera was **Beverly Kannengieszer**, Fitness Director. The youngest plunger was four-year-old Amanda, daughter of **Debbie Grigg**, formerly of the Fitness staff.



Unlike previous years, when fewer than 20 participants had plunged in and rushed out with chattering teeth, many in this year's group frolicked in the water for more than 15 minutes. Large commemorative buttons, which featured a polar bear and the words "Third Annual Polar Bear Dip: April 27, 2006," were presented to the participants.



Later, a six-foot blow-up polar bear guarded the refreshment table loaded with hot drinks and baked goodies.

CAMPUS STORIES

One night at dinner, **Margaret (Margo) Hinman** told **Kitty Katzell** that she had received a call from the front office telling her that someone had reported finding her wallet in Arizona. Margo couldn't understand how that could have happened, but she notified her credit card companies while she waited to find out more.

Kitty knew that **Margaret (Maggie) Heineman** had recently returned from a glorious vacation in sunny Arizona unable to drive to Medford Leas because she had lost her wallet with her driver's license during the trip.

From Arizona, Maggie had called her neighbor, **Tom Krainik**, who had a key to her house, and asked him to Fed-Ex her passport, so she could get through airport security and return home.

Happily, on her return home Maggie learned that the wallet had been found and would reach her in a day or two. Waiting for her at home was a week-old voice-mail message from an employee at a 24-hour gas station/convenience store. Maggie immediately returned the call. The Good Samaritan explained that the wallet had been found on the ground near the gas pump just as Maggie drove away, and, because of the information in the wallet, she had also phoned Medford Leas. However, she had been told that the resident was there in New Jersey, not in Arizona.

The final piece to the puzzle was provided by **Charity Reily**, Resident Services Assistant, who explained, "She said 'Margaret Hinman,'" and even agreed with my spelling when I asked her if it was 'Margaret H.I.N.M.A.N.' She must not have been looking at the wallet at the time."

Maggie says that in the future she will tell the front desk when she's away, as she knows she's supposed to.

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IN THE NEWS

by Kitty Katzell

The *Neighbors* section of *The Philadelphia Inquirer* on Sunday, April 23, had a full-page story about the Medford Historical Society's work on the reconstruction of Kirby's Mill and other nearby historic structures. One of those featured prominently in a picture with the article was **Don Davis**, resident on the Lumberton campus. He was part of a crew that is tearing down and restoring a chimney on the historic Sawyer House blacksmithery.



photo by Elizabeth Robertson/Inquirer Burlington Staff

On April 26, **Stuart Palmer** and **Frances Carter** received awards from Virtua Hospital in Mount Holly for the number of volunteer hours they had worked, 5,000 for Stuart and 1,000 for Frances.

At the same event, **Ruth Hayes** was named Volunteer of the Year by Virtua Hospital in Mount Holly. Ruth is a Eucharistic minister, and for over 13 years she has gone to the hospital every week. There, the chaplain gives her a list of 15-25 Roman Catholic patients to be visited. She chats and prays with those on her list and with their roommates, if they wish to be included. Besides her work at the hospital, every Sunday Ruth provides the Eucharist to Catholic patients on Woolman.

Tak Moriuchi received the Alumni Association Service Award from Moorestown Friends School at a dinner on May 5. The dinner, held at the school, was attended by nearly 100 people, among whom were 21 members of the Medford Leas family, including staff, residents, and members of the Estaugh Board.

On May 13, **Bill Carson** was honored as "Man of the Year" by Friends Central High School, from which he graduated in 1941. Friends Central is a private school in Overbrook, PA, and one of Bill's classmates was **Ed Preston**. Asked what he had done to receive this honor, Bill said he has attended many of his class's 65 reunions and he has supported the school financially for many years.

ART GALLERY NEWS

by Helen L. Vukasin

The work of Mimi Barclay Johnson of Bryn Mawr, PA, will be shown through the month of June. Ms. Johnson has *plein air* paintings very appropriate for the summer days.

In July and August, Ms. Barbara Seibert of Rossmoor, Monroe Township, will show her pastels and watercolors. She has worked in textile design and designs greeting cards commercially. Barbara was a friend of several Medford Leas residents who formerly lived in Rossmoor.

The Art Gallery on the Lumberton Campus had a warm and friendly opening on May 11 for three artists from the Medford campus: **Todd Butler**, **Helen Flynn**, and **Kate Haupt**. The paintings will be displayed until mid-August. Medford Campus residents who missed the opening can get a key from the desk in the Atrium to see the exhibit when it is convenient.

The Art Studio Gallery will continue with the present group of paintings until after Community Day on the Medford Campus in the fall.

MOTHER DIDN'T HAVE TO COOK

by Della Williams

Mother's Day Brunch was not just a meal – it was a gala occasion. The quality and variety of the food delighted the residents and their many guests. So did the novel service. White-hatted chefs, at discrete stations such as Cold Seafood, Hot Buffet, Carving, and Eggs to Order, served the food with grace and efficiency.

At the second of three sittings, we were greeted by Bill Godfrey, who serenaded us with his violin. As we entered the Colonial Room, we smiled at his rendition of "When the Saints Come Marching In" and we eyed the two chocolate fondue fountains set up at the dessert table. After I had sipped the wine glass of sparkling white grape juice (which tasted almost as good as the real thing), I made my way to the Cold Seafood Station for some appetizers.

After generous portions of shrimp cocktail, crab claws, lox, and caviar, I wasn't sure that I could tackle the main courses. But the pleasure expressed by my tablemates as they savored the tender, pink prime rib, the creamy seafood Newburgh, the crispy pasta carbonara, and the delicate made-to-order mushroom omelets, induced me to sample them all. The lemon-buttered asparagus was cooked to perfection, and the exotic field greens (which my daughter dubs yuppy greens) were dressed lightly with a delicate vinaigrette. The violinist, who took requests,

played my favorite, "Hi-Lili," and a Viennese waltz as we relaxed with our coffee or tea, and admired the Sweet William bouquets, which, along with a flower-bedecked Mother's Day card, decorated each table.

Finally, we attacked the dessert table. One of our tablemates was so impressed by the cream puffs that she brought back a plateful to share with all of us. One of our party squealed with delight as she bit into a petit four. The chocolate fondue fountains were the most fun (and mess). We dribbled the warm dark chocolate liquid on the strawberries and pineapple and decorated the lovely square dessert plates with blackberries and chocolate drizzles. I splashed some chocolate sauce on a chocolate petit four (a chocoholic's delight) and was teased for gilding the lily.



After the final seating, in a characteristically Medford Leas gesture, **William Perham**, Director of Food Services, invited the servers and other staff to enjoy the still-plentiful bounty. Predictably, the young servers headed for the dessert table.

Food Services had, we all agreed, outdone itself on this occasion. Bill said it was a team effort by everyone in his department from porters and dishwashers to the cooks and chefs.



Grandad Bob Hambleton celebrates Mother's Day

photo by Kim Wagner

L-R: grandson Nate Wilkie, son-in-law Alex Wilkie, Bob, daughter Janet Wilkie, granddaughter Gwen Wilkie

IT'S NOT ADVANCED TAILORING

by Kitty Katzell

For 35 years, residents have helped others with sewing repairs, but that era may be coming to an end. The number of residents willing to do sewing jobs is dwindling, and it may soon become necessary to cut back on services to those who depend on the sewing group. The tasks are not difficult: mending a seam, sewing on buttons, shortening slacks, that sort of thing. It's not advanced tailoring. Some is done by hand, some by machine. Jobs are usually taken home by the person doing the sewing and returned a week later. Those who might be willing to help should come to the Knitting & Sewing Room on any Wednesday between 9 and 10:30 a.m. They will be most welcome.

WHO'S NEW

photos by Ruth Huysman

Dudley (Sandy) and Susan Redington Heath, who have moved into 689 Bridlington, feel that they have come to "Moorestown at Medford Leas," because of their many friends here from their association with the Moorestown Friends Meeting and Friends School.



Sandy, whose mother was a birthright Quaker, grew up in Swarthmore, PA. He has a B.A. in sociology from Dartmouth, an M.A. in history from Temple, and an Ed. D. from Penn. He has been in the teaching profession all of his life, including administrative work and coaching. He had all of these responsibilities at Moorestown Friends School, from which he retired in 1999 after working there for 27 years. Before that he taught at Wilmington Friends School and Swarthmore High School. The family moved to Moorestown in 1972.

In his retirement, Sandy was a volunteer teacher of history and government in prisons and worked

with Habitat for Humanity. Currently he is clerk of the Moorestown Meeting, volunteers a day a week at the Arch Street Philadelphia Meeting, and serves on the board of Camp Dark Waters. He loves working outdoors and with people. He likes to garden and has already started work on a plot in the Farm. He also enjoys biking, bowling, and golf.



Sue met Sandy on the beach in Cape May, where she was waitressing during the summer. They were married three years later when Sandy was still in the Army and Sue was at Goucher College completing

a degree in English. Their first home was in Media, PA, and their three daughters were born there. After the youngest girl was in sixth grade, Sue began a 20-year career in association management, with her own business during the last ten years. Since this job was only part-time, she also worked successively as meeting coordinator at the Moorestown and Crosswicks Friends Meetings. Among her numerous volunteer activities are the League of Women Voters, childbirth education, Contact of Burlington County (board), MEND (board), Moorestown Meeting's Peace and Social Concerns Committee (clerk). She was also head of a working group producing the Philadelphia Yearly Meeting's Pastoral Care Newsletter.

A very important part of their life is their summer home in Harvey Cedars on Long Beach Island, where they get together with their children and seven grandchildren.

by Ellen Stimler

William (Bill) and Inga Pickering, Apt 135, came to Medford Leas from Medford Lakes. Bill was born in Philadelphia and grew up in St. Louis, but Inga was born in Germany and arrived in the U.S. at age six when her father found a better job here. Bill and Inga met in the library at Penn, where she was an undergraduate studying psychology and Bill was a

graduate student in political science. They were married in 1947 after Inga received her B.A.



Bill's first job was with the U.S. Air Force at the Pentagon in Washington, DC, where the Pickerings lived for two years. Then they were transferred to Spain and to Germany, where their daughter, Felicia, was born.

The family made other moves, but when Inga's father died, Bill asked to be assigned to the Philadelphia area. He was placed with the U.S. Naval Supply Office in Philadelphia and the family had no further transfers. The Pickerings adopted four-year-old Missy, a child from Korea, in 1962, and they moved to Medford Lakes when both girls were in grade school.

Inga painted throughout her life, even when she was working as a psychologist at Penn and at Girard College. When she came to New Jersey, she studied at the Pennsylvania Academy of Fine Arts, and she found that painting is more important to her than psychology. Bill retired in 1982. Here at Medford Leas he will enjoy swimming, reading, and music. Felicia now lives in Washington, DC. Missy and her husband and daughter live in Medford.

by Margaret Melstrom

* * * *



Eleanor (Ellie) Browne Light, Apt. 234, was born and lived her early years in Medford, *Massachusetts*, lived in other places during her married life, and now lives in Medford, *New Jersey*. She was drawn here, in

part, by the existence of a Centering Prayer – Contemporary Living group, which she has herewith her friends **Catherine Barry, Doris Curley, Janet Leonard, and Eleanor Merrick**. Also, Ellie's daughter, a horticulturist, wanted her mother to live at Medford Leas because of its park-like beauty.

Ellie attended secretarial school in Boston and was a secretary for several years. She met her husband, Eugene, when they worked at the Saranac Inn in the Adirondacks, while he was a student at Syracuse University and she was taking time off from secretarial work. They were married in 1951. Eugene then began his career with Dean Witter Reynolds. The couple lived briefly in Brooklyn Heights and Fredonia, NY, but the family settled in Westfield, NJ, for 46 years while Eugene commuted to New York City; their son and daughter grew up there. Eugene died 18 years ago.

Ellie has practiced Tai Chi Chuan for 13 years. Her hobby was needlework of all kinds – quilting, knitting, needlepoint, and sewing – but she has given it all up because of arthritis. She has created some unusual needlepoint pieces that will hang on her walls. Ellie's son lives in Florida, and her daughter and three young granddaughters live in Atlantic Highlands, NJ.

by Margaret Melstrom

GOOD-BYE UNTIL SEPTEMBER

All of us on the staff of *Medford Leas Life* wish you a healthy and enjoyable summer. We are going to take time off in July and August to recharge our energies, and we'll be back with our next issue in September. We count on you to let us know about any interesting news or happenings involving residents during the summer by putting a note in Box 56 or 116 or calling us at those numbers. Thanks for your support.

JUNE CRYPTOGRAM

by Betty Donahue

ZMDGI HR NM FZMDXMA SOHQ**MLMGTHQOIU; SOHQ SMDZHQ, XR****VDG DX OH EDPMX YX****NMIMVOWODZ HR RHQMGX;****SOHQ FRLMGHT, VRG IRH QDLOIU****EYWQ HR WDGM VRG; DIA SOHQ****RNXWYGOHT, VRG NMOIU YIMILOMA****-FZYHDGWQ**

Here is the solution to the May cryptogram by Betty Donahue:

IF WE ARE TO HEED THE PAST TO PREPARE FOR THE FUTURE, WE SHOULD LISTEN TO THESE QUIET VOICES OF A GENERATION THAT SPEAK TO US OF DUTY AND HONOR, SACRIFICE AND ACCOMPLISHMENT. -TOM BROKAW

The correct solution was received from 33 residents: **Ken Anderson, Ruth Blattenberger, Mort Bregman, Barbara Cristoforo, Alice Culbreth, Liz Dill, Louise Evaul, Mary Fenimore, Mary Haines, Herb Heineman, Barbara Heizman, Eleanor Horner, Jane Hunter, Hugh Jenkins, Martha Kimmelman, Sally Klos, Mary Hope Mason, Sally Miller, Andy Moll, Bob Morrow, Alice Norcross, Helen Peterson, Betty Preston, Warren Reeves, Alfred Rudrauff, Doris Salati, Florence Sawyer, Bonnie Schilling, Hana Stranska, Miriam Ward, Ellen Wiener, Della Williams, Gladys Wynkoop.**

Please put solutions in an envelope in Box 116 by July 10 or send it to estimler@medleas.com

We really need new cryptograms for our next 10 issues starting in September.

MEDFORD LEAS LIFE

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**Deadline for submissions:
10th of the month preceding publication**



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