



# Medford Leas LIFE

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MAY 2006

## EMPLOYEE OF THE QUARTER

by Maggie Woodard

Recently, **Dennis Koza**, Medford Leas CEO, told residents that the Employee of the Month program, instituted some 32 years ago, was being changed to Employee of the Quarter. One of the major changes in the procedure was to give residents an opportunity to nominate employees. The goal of the program, as before, is to “recognize outstanding employees and acknowledge their accomplishments and contributions to the Medford Leas Community.”

The first Employee of the Quarter award was given in March to **Mark Wick**. Mark is well known by both staff and residents. In 1976 he started work at Medford Leas as a landscaper. Since then he has held positions in Dining Services and Accounting, and he currently works in Human Resources. Mark has always accepted new assignments in a positive and energetic manner. Among his many strengths, his knowledge of computers and software programs stands out. He has played a key role in transitioning the benefit enrollment process from a manual paperwork processing system to an automated system that has resulted in significant time and cost savings.

In addition to his primary job responsibilities, Mark exemplifies and embraces the spirit of the community. Over his 29 years here, he has played a major role in the production and performance of the annual Holiday Show. He has shared his talent as a musician with staff and residents, playing at employee weddings and many resident functions.



Thank you, Mark, for all that you do for the Medford Leas community!

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Who can be Employee of the Quarter? A nominee may be any hourly employee who works a minimum of 1,000 hours in a calendar year; does not have an active disciplinary action pending or on file for the previous two years; has satisfactory job performance ratings; possesses a positive attitude toward the performance of his or her duties; is a contributing member of the department team; takes initiative; and is dependable and punctual in reporting for duty. Supervisors, managers, and department heads are excluded.

An employee can be nominated by a co-worker, management, or a resident. Some residents

submitted nominations this time. Nomination forms are available at the front desk or from Human Resources. There are five questions on the form but it is not necessary to answer all of them. Completed forms are submitted to Human Resources and are due by the tenth of March, June, September, and December.

The employee to be honored is selected by a committee chaired by **Pat Wilus**, Director of Human Resources. Other members are the president of the Employee Council, the current Employee of the Year, one member of management, and one hourly employee. The committee reviews and considers all eligible nominees.

When discussing the process of selection, Pat Wilus emphasized that innovation and direct service are highly prized. After a nomination is received, a check-list is sent to the employee's manager, with space for comments. Committee members check employees' records, such as attendance and disciplinary actions. At the time the final selection is made, committee members do not know the names of the employees they have discussed. The final decision is based on the total number of points a nominee receives. Up to ten points are given in each of five categories.

## ANNUAL STATE INSPECTION OF WOOLMAN AND ESTAUGH

by Ellen Stimler

After completing their annual, three-day unannounced inspection of Medford Leas' skilled nursing areas, the New Jersey Department of Health and Senior Services gave a perfect grade to everything related to patient care and quality of life in Woolman and Estaugh.

This year's inspection team, which came to Medford Leas for the first time, said they never visited a facility where residents have so many diverse physical and cognitive fitness programs. They noted that every patient received excellent

care and was not afraid to speak up about his or her needs. They found no errors in the administration of medications, although a 5% error rate is allowed, and mentioned that the meds are given in a kind and patient manner. The survey team reviewed all the patients' charts and read the charts of patients who had died within the past year. They also scrutinized the in-service and quality assurance programs.

The inspectors looked at all areas related to the safety and welfare of patient care, including the kitchen, laundry, and community facilities. There they noted two minor, technical deficiencies, which were immediately corrected by Maintenance. One was an exit sign in Estaugh pointing in the wrong direction, and the other was a door in the main laundry that did not close completely.

As in years past, Medford Leas was found to have far exceeded the minimum standards required in terms of staffing levels, qualifications of staff, and number and types of recreational activities. Another relatively unique strength of the Medford Leas nursing areas was the presence of a staff medical director, assuring continuity of care.

**Dolores Redner**, Administrator, emphasized that preparation and participation in the annual survey is a major team effort, involving **Liz Conlin**, Director of Nursing; **Karen Evans**, Nurse Manager of Woolman; **Donna Boone**, Nurse Manager of Estaugh; **Trudy DeLacy**, Director of Resident Services; **Gerry Stride**, Director of Community Life; **Jim Wolosin**, Director of Maintenance; **Bill Perham**, Director of Dining Services, and, to a lesser degree, the Fitness Department, Therapeutic Recreation, and Pharmacy.



## NEW MEMBERS OF MLRA COUNCIL

by Kitty Katzell

At the regular monthly MLRA business meeting, held on April 17, six residents were elected to the MLRA Council, replacing six who have served since 2004. Those elected were **Jack Mutschler** and **David Swartz**, Lumberton; **Warren Sawyer**, Rushmore; and **George Rubin**, **Jean Stratton**, and **Mary Toda**, the Courts. Their terms will end June 30, 2008.

Those leaving Council at the end of June, 2006, are **Jack Akerboom** and **Helen Vukasin**, Lumberton; **Jean Henderson**, Bridlington; and **Doris Allebach**, **Bill Carson**, and **Rudy Salati**, the Courts. Continuing for their second year on Council are: **Neil Hartman**, Rushmore; **John Sommi**, Lumberton; **Beni Taylor**, Bridlington; **Alex Webb** and **Chuck Woodard**, the Courts.

At a special meeting on Tuesday, April 18, the new Council elected **Chuck Woodard** and **David Swartz** to serve as the next President and Vice-President of MLRA during 2006-2007.

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## MEET OUR NONAGENARIANS

by Ellen Stimler

Relaxing in his sunroom, **Sam Burgess**, 91 years old as of May 3, says that "there isn't enough time to do all the things I want to do."

For the past 20 years, Sam has completed projects in the residents' workshop, and he still goes down there every weekday from 8:30 to about 10:30 a.m. He chaired the workshop for over six years and now is the assistant to Chairman **Andy Moll**.

Sam is also working on an historical novel about life in England between 1000 and 1066, doing research in the library and with the books he owns. Another current project is a DNA study involving living members of Burgess relatives. He tries to locate the people and then passes their names on to the study leaders.

Genealogy is another avocation and has been for many years. He has a very large, framed display with over 400 descendants on his mother's side, going back to William the Conqueror. One of his ancestors, Thomas Burgess, came to America from England in 1628, and there were seven others on the Mayflower.



Sam and his first wife, Jane, came to Medford Leas in July, 1980. Jane died in January 2003, and in the spring of 2004 Sam married **Margaret (Peg) Dell**. During his 26 years at Medford Leas, Sam has served on the MLRA Board; he has been chairman of the Health Committee, the Auditorium Committee, the Woodland Trails Committee, and the ad hoc committee to set up the Arboretum, and he was clerk of the Quaker Worship Committee. He and Jane organized and ran the theater trips to Philadelphia for 24 years.

Sam's professional career after graduation from the Boston University School of Medicine was as Director of the Laboratory and pathologist at a hospital in Needham, MA, and assistant professor of pathology at his alma mater. Sam wrote many papers for medical journals and published a book in 1992, *Understanding the Autopsy*, which is being reprinted.

There's no way we can increase the hours in the day for Sam, but we wish him continuing good health so that he can finish his many projects.

## HIKING THROUGH MEDFORD LEAS

by Ellen Stimler

For their outing on Monday, April 10, the Outdoor Club of South Jersey scheduled a five-mile hike from New Freedom Park in Medford, "through the quaint town of Medford...along a rustic stream into Medford Leas, with its beautifully maintained lawns and plantings."

**Ellen Stimler**, a member of the club, met the group of about 40 hikers as they crossed with the traffic light on Route 70 into Medford Leas. After a group picture and a quick summary of the lifestyle in a continuing care retirement community, she led them on the red trail to the Nature Center, pointing out the different housing options on the way. The group included a number of older hikers who asked specific questions about the health care, dining options, and activities, indicating a real interest in possibly getting on the waiting list. Everyone was amazed by the beauty of the environment and the feeling of space. The lovely spring weather that day added to the pleasure, as the bright sun illuminated the flowering trees, shrubs, and pockets of daffodils.

From the Nature Center, the group walked through Rushmore, the Farm, the Memorial Garden, and then through Court 10 and all the way back to their starting point in Medford.



OCSJ hikers at Medford Leas

photo by Ellen Stimler

## WILDFLOWER WALKS

by Rudy Salati & Kitty Katzell

April means it's time to start the Saturday morning Wildflower Walks. April also means there are likely to be April showers.

On Saturday, April 1, eight hardy residents joined **Rudy Salati**, chairman of the Wildflower subcommittee of the Nature Coordinating Committee, for the year's first Wildflower Walk. The second Saturday in April, it rained, so there was no walk.

On that first walk, five wildflowers were observed, and it would appear that the Spring Beauties (*Claytonia virginica*) promise to virtually carpet the floor of the place residents call "the island." Other wildflowers identified were Bloodroot (*Sanguinaria Canadensis*), Purple Dead Nettle (*Lamium purpureum*), Storks Bill (*Erodium cicutarium*), and Lesser Celandine (*Ranunculus ficaria*). Wordsworth wrote two 15- and 16-stanza poems about one of the flowers seen on the outing. The excerpt below is from his *The Lesser Celandine*:

There is a flower, the Lesser Celandine,  
That shrinks, like many more, from cold and rain;  
And, the first moment that the sun may shine,  
Bright as the sun himself, 'tis out again!



Lesser Celandine

image from delawarewildflowers.org

## OUR NEW DIETITIAN

by Betsy Pennink



photo by Margery Rubin

**Christina Riccardo**, the new dietitian at Medford Leas, was already reading labels and looking up nutritional information when she was in sixth grade. She went to school in Pennsylvania and graduated from Rutgers University in 2001 with a degree in nutrition and dietetics. (Nutrition

involves healthy eating and dietetics is its clinical application.) Chrissy did her dietetic internship through the University of Delaware. During supervised practice hours in a series of rotations in Philadelphia, she worked with groups providing services to prostate cancer patients, AIDS patients, and young children and expectant mothers. Then she was in food service in a high school and three different long-term care facilities. In April 2003 she received her certificate as a registered dietitian from the American Dietetic Association.

Chrissy continued her studies at Boston University, attaining an M.S. in Clinical Nutrition in 2004. She has begun studying for her Ph.D. but is postponing it for a while in order to work full-time. In March of this year she was offered the position of dietitian at Medford Leas by the Food Service Management Department of Aramark. She began work here on March 20. She has two titles: Clinical Dietitian and Patient Services Manager. As a dietitian she moves around ML, seeing that residents in skilled units are eating well and that their needs are being met. In her other role, she oversees the trays leaving the kitchen, and on weekends she checks the quality of the food in the dining room and takes inquiries, complaints and compliments. Chrissy's goal is that "all residents should have a pleasant dining experience." She says that it is the little things that count. She believes in being attentive and catering to residents' needs.

## PASSOVER CELEBRATION

by Ellen Stimler

One of the long-standing traditions at Medford Leas is to have a community Passover service with a reading of a Haggadah, interrupted as prescribed by the Seder meal with special dishes and glasses of wine for the occasion.

On Wednesday, April 12, 49 residents, about half of them Jewish, filed into the Coffee Shop, where tables had been arranged to extend the length of the room. At one end, forming the top line of a T, was the VIP table occupied in the center by **Charles Brownfield** who was the leader for the proceedings and had designed and assembled a special Haggadah. Charles was flanked on his right by **Sandy Green**, Development Director, and **Bernie Rosen**, and by **Inge Raven**, **Ernest Kaufman**, and **Philetta Lobo** on his left, acting as "participants" who each read certain sections of the Haggadah aloud.

At the far end of the long table was CEO **Dennis Koza**, with his wife, Norine. He explained that this was his first Seder and said he wouldn't have missed it for the world.

**Kitty Katzell**, whose late husband, Ray, initiated the Seders at Medford Leas and led the service for many years, assisted with the basic arrangements. The menu was planned and prepared by Dining Services and contributing residents. Sandy Green prepared the gefillte fish for the crowd and provided the recipe for a spinach and matzo casserole. **Mina Kaufman** made a delicious matzo kugel. **Ellen Wiener** and Sandy baked sponge cakes. The kitchen prepared cloud-like matzo balls in chicken broth, as well as the lamb, dessert, and coffee.

Everyone came away inspired and thankful for this wonderful collaborative effort by residents and staff.



## NUTRITION FOR THE MIND

by Della Williams

Just as the Fitness Center and the classes run by its staff help us to keep our bodies in shape, various activities sponsored by MLRA or inspired by one or more residents help us to stay mentally alert and well informed.

### Medford University

Medford University, which brings college and university professors to teach 6-week courses and to lecture, celebrated its fifth anniversary in April with Dr. Stacey Ake's lecture entitled "Farther Up & Further In: The Eternal Attraction of Wisdom." **Kay Cooley**, chair of Medford University, has also scheduled a spring series of programs in which five professors who have offered Medford U courses will give a single lecture on their areas of specialization. Topics include Frida Kahlo (May 8), Benjamin Franklin (May 15), and Dostoevsky vs. Marx (May 22).

### Medford Leas Forum

Another program that invites outside speakers to our campus is Medford Leas Forum. About every two weeks a program on politics, current events, or the arts is presented in the Auditorium. **Fran Lax**, chair of the Forum, and co-chair **Fran Pray**, meet with a committee of ten residents to plan the activities. Recent presentations have been on such divergent topics as Emerson and 19<sup>th</sup> Century Landscape Painting, The *U.S.S. New Jersey*, and Farewell to the Party of Lincoln. Best attended this season were presentations on Frederick Douglass, Georgia O'Keefe, and Mary Cassatt. A recent program featured Eleanor Roosevelt: Her Later Years. Plans are under way for The Mural Arts Program in Philadelphia and a concert by a Philadelphia Orchestra violinist.

### Vid U

Vid U, a program of videotaped lectures, began a number of years ago through the generosity of **Elsie Lisovitch**, who bought the original tapes. Currently, the videotapes are obtained from The Teaching Company and are part of the video library stored in 3<sup>rd</sup> floor Haddon. **Kitty Katzell**, who chairs the program now, has announced that

the next series of 12 lectures will be on Islam, followed by a series on The Joy of Science. These topics were selected by participants from a list of possibilities. Recent programs have varied from The Americas in the Revolutionary Period to The Bible and Western Culture. The series on The Hermitage in Russia drew such a crowd that the program had to be moved to a larger room.

### Great Decisions

Foreign policy is the main focus of the Great Decisions lecture/discussion program. No outside speakers are invited. Presentations are made by speakers drawn from our community. This year's programs were based on issues such as UN Reform, Pandemics, and Energy Problems, all of which appear in the Great Decisions briefing book of the Foreign Policy Association. Speakers presented their views on the subject, and then the topic was open for questions or reactions from the audience. The speakers were **Allyn Rickett**, **Ed House**, **Colgate Prentice**, **Esther Woodward**, **Chuck Woodard**, **Inge Raven**, **Fran Lax**, **Keith Quinton**, and **Stan Brush**. Great Decisions programs were held on eight Thursday mornings from February 16 to April 6.

### and More

In addition to attending these four formal programs, some Medford Leas residents also get together on a regular basis for informal discussions of books and political topics. Others play Progressive and Duplicate Bridge, Scrabble, and other mentally challenging games. Not much time for the old rocking chair!

## IN MEMORIAM

<b>Hildegard Fischer</b>	<b>March 21</b>
<b>William A. Angus, Jr.</b>	<b>March 30</b>
<b>Samuel D. Howarth</b>	<b>April 2</b>
<b>Marie L. Winton</b>	<b>April 2</b>
<b>Elsie Krauss</b>	<b>April 4</b>
<b>David W. Shoemaker</b>	<b>April 4</b>
<b>William Farr</b>	<b>April 8</b>

## MEDFORD LEAS GIFT SHOP

by Joan Bellman

For those who find it difficult to travel to local shops, the Medford Leas Gift Shop provides an excellent alternative. The shop carries a wide variety of merchandise. It has pharmacy items, such as OTC medicines, lip balm, toothbrushes, toothpaste, toilet tissue, Kleenex, combs, hair-nets, shower caps, nail files, night lights, pill boxes, mouthwash, razors, shaving cream, hand lotion, and incontinence pads. There are office supplies: writing pads, note paper, envelopes of many sizes, pens, pencils, tape, elastic bands, and postage stamps. Greeting cards for all occasions are there, too, as well as jewelry, candy, cookies, and nuts. When it comes to gifts, the assortment is diverse: plush animals, children's toys, purses, guest towels, cocktail napkins, music boxes, party trays, bridge cards, and much more.

The Gift Shop has a simple charge system for staff and residents who don't always carry cash. A form is filed in the Gift Shop showing the purchases and related charges. Residents in the nursing units may have charges placed on their monthly bills; all others are expected to come into the Gift Shop to settle their accounts. Browsers are always welcome and sales volunteers are friendly and helpful.

## ART GALLERY NEWS

by Helen L. Vukasin

More than 130 residents and friends crowded the halls outside the Fitness Center and the Art Studio for the opening of the Spring 2006 Exhibit of the Medford Leas Art Studio on April 10. Six photographers and 26 painters showed pieces of their work, demonstrating the incredible amount of talent and versatility of the artists and developing artists among the residents of Medford Leas.

For those who missed the party and the delicious refreshments, the paintings and photographs will remain hanging till the Fall Show in October.

Meanwhile, the exhibit of the intriguing works of Iris and Cal Massey remained in the Medford Leas Art Gallery in the Auditorium foyer until the end of April. A new exhibition of the oils and watercolors of Mimi Barclay Johnson of Bryn Mawr, PA, will be hung on May 1. Ms. Johnson has studied with leading artists at the Pennsylvania Academy of Fine Arts and in workshops of Mel Stabin. She has received kudos for her stage and lighting productions for the Opera Company of Philadelphia, the Pennsylvania Opera Theatre, and the Savoy Company (Gilbert and Sullivan). She has created murals, portraits, and illustrations for children's books, as well as portraits of homes, farms, and historical sites. Presently, Ms. Johnson focuses on *plein air* paintings. She is a member of a great number of prestigious art associations. A reception for the artist will be held on Tuesday, May 23, in the ML Art Gallery from 3:00 to 4:30 p.m. She will speak about her work at 3:30 p.m. Refreshments will be served.



watercolor by Mimi Barclay Johnson

The Lumberton Campus Gallery will celebrate three Medford campus artists with a display of their works, beginning early in May. **Todd Butler, Helen Flynn, and Kate Haupt**, whose work is well known to Medford Leas residents, will show a variety of their work, past and present. There will be a wine and cheese reception on May 11 from 3:00 to 5:00 p.m. A sign-up sheet for carpooling from Medford to Lumberton will be at the Atrium desk May 2.

## 1925 PIERCE ARROW ROADSTER

by Bob Durbin

This story began when **Elaine Osborn** gave me a brochure announcing an auction April 6 to 8, in Germansville, PA, featuring a 1925 Pierce Arrow Roadster. Though I have bought and sold some 20 Classic cars in the past, I never had one long enough to join the Classic Car Club of America. Unfortunately, my Packard does not qualify as a true Classic®. As I had never owned a Pierce Arrow, the Pierce roadster had a strong appeal for me. I called **Kitty Katzell** to confirm the Pierce's status as a full Classic®. Kitty is still involved in the Classic Car Club of America and was able to say that this car would qualify. She encouraged me to try to buy it at the auction. My wife, **Jan**, couldn't avoid sharing my enthusiasm and agreed to accompany me. The cars were to be available for inspection early on April 6.



*Daphne Trandahl in the roadster*

photo by Rick Trandahl

During the weeks before April 6, I checked the usual antique-car media for an ad for this auction and found nothing. I began to think I might stand a good chance of winning the car. To add to the interest, on a Saturday during March, Medford Leas showed a movie featuring a '25 Pierce Arrow Roadster! It had to be an omen!

Jan and I left early on the morning of the sixth. Thanks to Jan's built-in guidance system, we located the auction in Germansville, near Allentown, about 10 a.m. and were able to check the cars to be auctioned before noon. The Pierce Arrow was all I had hoped it would be. We checked into a local Holiday Inn for the night and arrived as the auction began at 9:30 the next morning. My hopes of a thin crowd were dashed.

There were license plates from California, New Mexico, and many other states. The auction had been advertised on computer channels for weeks! Someone told me there was a representative from the Pierce Arrow Museum there to bid!

Finally, at about 12:30 p.m., the roadster came up for bidding. Jan had made me give her my word on a maximum bid the night before. The bidding reached that amount very soon. Jan grabbed my bid card and started jesting with the auctioneer. To my wonderment, the auctioneer virtually ignored the other bidder, so we wound up with the car, and the audience applauded!

The car was running and sounded very good. I took care of the formalities, transferred the items I thought I might need from our other car into the roadster's rumble seat, and attached a New Jersey historic plate to the rear license bracket. People asked if I intended to drive it home, and I said, with bravado, "This isn't a 'Trailer Queen'; I'm going to drive it!"

After a stop for gas, we started out. The car was running fine until I hit the Pennsylvania Turnpike at Allentown and it started to "miss" badly. Jan had gone on by this time. I limped into Allentown at about 30 mph, pulled into a shopping mall, and shut off the engine to determine the cause of the trouble. The daughter of the deceased previous owner had told me incorrectly that the oil filter was the fuel pump, so I mistakenly unscrewed a petcock on the oil filter. I screwed the petcock back in and started the car to see if it ran better.

It ran but now it squirted oil out of the oil filter! Across the street I saw a Saab dealer. Since I owned a Saab, I walked across the street and asked the service manager for help. None of his mechanics knew about electric fuel pumps, but he sent a mechanic back to the car with me. The mechanic was sharp enough to notice that the petcock I had taken out of the "fuel pump" (oil filter) was reverse threaded. He reinserted it correctly and the car no longer spewed oil!

I followed him back to the dealership, where he said he'd see if he could find a place to shelter the



car overnight. They had space in their Hummer storeroom, so we drove there and parked the car amongst ten new Hummers. The auto service manager offered his courtesy service to deliver me to a local hotel for the night, and the driver gave me a phone number to call in the morning when I was ready to return to the dealer.

I decided I should have the car towed the rest of the way. The next morning, the service manager phoned about ten towing services before he found one that would take me that day. The driver, José, did a great job securing the car to his "roll back" and we were home by about 1 p.m. Blanche Dubois was right when she made the remark about "depending on the kindness of strangers."

## THE HOSPITALITY TABLE

by Evert Bartholomew

"The place to sit if you're looking for a place to sit" has moved. The Hospitality Table in the Colonial Dining Room is no longer one big table in the corner of the room. It is now a smaller table with a second table available nearby, if needed. The locations of the tables are likely to change frequently so those dining alone should check with the hostess, who will know the location of the Hospitality Table at each meal. Anyone who doesn't have a date for dinner doesn't need to stay at home. Try the Hospitality Table. The more residents who use it, the more interesting and enjoyable it will be for all.

## CAMPUS STORIES

by George Rubin

Let it not be said that strange adventures don't happen to those working at Medford Leas.

**Betty Jo Di Frank**, one of the Medford Leas housekeepers, was driving to work when a traffic jam brought her to a complete halt. She got out of her car to see what the trouble was. There in the

middle of the busy roadway lay a big, pregnant pig ready to give birth. Betty Jo, without any hesitation, ran back to her car and took a blanket off the back seat, then returned and covered the pig. A few minutes later, with sirens blaring, an ambulance arrived on the scene and some men, with the blanket under the pig, lifted her on to a waiting stretcher. They then drove the expectant mother to a local farm.

Betty Jo had a hard time trying to explain to her boss and co-workers why she was late. They were just laughing too much.

She never got the blanket back. It was a gift for the new mother.

If you have funny, adventurous or interesting stories for Medford Leas Life, please pass them on to me. That's George Rubin, Apt. 64.

## IN THE NEWS

by Kitty Katzell

The spring issue of *The Medford Messenger*, published by the Township, included a column headed MEDFORD LEAS. In it were listed three of the forthcoming Forum lectures, the Barton Memorial Lecture on April 8, the Spring Tea and Garden Tour on May 20, and two Master Gardener lectures, on May 18 and 25.

In the same issue, under the Medford Cultural Arts Commission, were listed the exhibits that were shown in the Medford Leas Gallery in March and April.

*Totem* is the newsletter of the Lenape Regional High School District. The cover story in the March issue featured the celebration of the District's 50<sup>th</sup> Anniversary, which had been marked with a special ceremony last September. The story included a picture in which **Arabelle Pennypacker** appeared among a group of Lenape Regional pioneers. Arabelle was, for many years, a member of the Board of Education.

## WHO'S NEW

photos by Ruth Huysman



**Lori Berliner**, Apt. 176, says "I have never been happier in my life than I am now at Medford Leas. It seems as if all the pieces of a puzzle have fallen into place." Lori was born in Nazi Germany, and two years later her father foresightedly left the coun-

try for France and later fled to Switzerland. As a refugee, Lori moved often, had her schooling disrupted, and did not complete college, but she learned languages.

In 1946, her family came to New York City and Lori, a teenager, worked as a live-in mother's helper and attended school. Her dream was to work at the U.N., where she was hired. At first she did clerical work and other minor jobs, but during the last 13 years of her 35-year tenure, she was on the Committee of Security and Independence of International Civil Service. It was a challenging job which she loved and greatly missed when she retired in 1991.

Since retiring, Lori has done volunteer work with foreign students in the public schools. Her hobbies are photography, swimming, and reading. She was married for about ten years and has a daughter, Robin, who lives in Washington State. She also has two grandchildren, and a niece in New York City with whom she is close. Lori had lived in an apartment near the George Washington Bridge for over 40 years when her friend, **Lili Wronker**, invited her to visit Medford Leas. Lori knew at once that she had found her special place. Again she says, "I love it here!"

by Margaret Melstrom

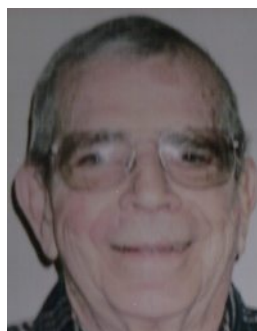


**David Horner** and **Ruth Gage** recently moved from Lambertville, NJ, to 163 Woodside Drive. They were both born in Trenton, NJ and have known of each other since they were four years old, but their paths did not cross in a meaningful way until their 50<sup>th</sup> Trenton High School reunion in 1992, where they met after a 50-year hiatus. In the intervening years, each had married another and raised a family.

Ruth earned her degree in Nursing at the University of Pennsylvania and Dave enlisted in the Army Air Corps after high school. Ruth later earned her Master's in Psychiatric Nursing at the University of Pennsylvania and subsequently taught psychiatric nursing and related courses at Seton Hall in South Orange and at Rutgers in New Brunswick and Newark. She was employed part-time in family counseling for various agencies in North Jersey while earning her Seton Hall doctorate, which she received in 1988. She maintained a private practice in Flemington for 11 years, specializing in marriage and family therapy.



Following his discharge from the Air Corps, Dave attended Rutgers for two years, and then reenlisted in the New Jersey National Guard where he specialized in army aviation and infantry operations. He was last employed as a driver for S.R.T. Motor Freight and retired in 1995. Two years later, he and Ruth were married. Dave has volunteered as a leader and counselor in the Boy Scouts of America and has been an active member of the American Legion.



Currently, Dave's strongest interest lies in the restoration of Army combat vehicles for the NJ National Guard Militia Museum in Lawrence Township. Ruth is a member of the NJ State Nurses Association and is director of its "Peer Assistance Project," which

deals with problems specific to members of the nursing profession. Ruth's important task is to recruit personnel to lead support groups and to make the nursing community aware of the project through lectures and workshops.

Both Ruth and Dave are fond of traveling and especially look forward to time spent with Ruth's seven children and Dave's four.

by Doris Brown



**George and Barbara Trought** have moved into Apt. 45 from Moorestown, their home for 43 years. New Jersey residents all their lives, they married shortly after graduating from adjoining campuses, George with a mechanical engineering degree from Rutgers and Barbara with a B.A. from Douglass.



During his senior college year, George had a summer job as a draftsman at Public Service Electric & Gas Company. He accepted the company's offer to intern in its engineering ranks after graduation. George spent his entire career with the company in a variety of engineering and management jobs. He retired in 1995 after 41 years of service.

George has been a member of the Burlington County Historical Society Board of Trustees since 1999. He volunteers at the Burlington Presbyterian Church, entering computerized financial data. George developed an interest in

genealogy after discovering a great-grandfather who served in the Civil War. He has since traced Danish ancestors back prior to 1700.

After college, the couple first lived in Plainfield, NJ, for six years and then moved to Moorestown when George was transferred to the Southern Division of PSE&G. Barbara taught English in Plainfield High School, but, to give a good start to their two boys, did not work in Moorestown for several years. In 1967 she took a job in a Moorestown printing business and worked there until 1985.



Barbara's list of civic and political volunteer activities fills a whole page of her résumé. Some of the organizations she served include the League of Women Voters (moderator of candidate forums, government director of State League), Tidelands Resource Council as Vice-Chair, Moorestown League of Concerned Citizens (advocacy for affordable housing), Democratic Party (Committeewoman), and Tender Care (volunteer driver).

Barbara is particularly "proud to serve on behalf of all the citizens of New Jersey" on the Tidelands Resource Council, having been first appointed by former Governor Thomas Kean. This group meets once a month and makes decisions on issues relating to lands below the mean high tide along coasts and tidal rivers.

Both George and Barbara are ordained elders and currently active in the Presbyterian Church of Burlington. Barbara has accepted many special assignments from the West Jersey Presbytery, which is the governing body for 65 churches, and she is a current member of its Committee on Ministry.

The Troughts' two sons are married, and each family has two children.

by Ellen Stimler

**MAY CRYPTOGRAM**

by Betty Donahue

GO SJ KTJ UF MJJY UMJ RKVU  
 UF RTJRKTJ OFT U MJ ODUOTJ,  
 SJ VMFDWY WGVUJQ UF UMJVJ  
 BDGJU EFGIJV FO K PJQJTKUGFQ  
 UMKU VRJKH UF DV FO YDUZ  
 KQY MFQFT, VKITGOGIJ KQY  
 KIIFXRWGMXJQU.  
 -UFX NTFHKS

Here are the solutions to the April cryptograms by Sally Klos and Herb Heineman:

I THINK AGE IS A VERY HIGH PRICE TO PAY FOR MATURITY. -- TOM STOPPARD, PLAYWRIGHT

AS SCARCE AS TRUTH IS, THE SUPPLY HAS ALWAYS BEEN IN EXCESS OF THE DEMAND. -- JOSH BILLINGS.

The correct solutions were received from only 14 residents: **Ken Anderson, Scott Charles, Liz Dill, Betty Donahue, Barbara Heizman, Jane Hunter, Mary Hope Mason, Alice Norcross, Helen Peterson, Betty Preston, Warren Reeves, Alfred Rudrauff, Doris Salati, Florence Sawyer, Ellen Wiener.**

Please put solutions in an envelope in Box 116 by May 10, or send them by email to: [estimler@medleas.com](mailto:estimler@medleas.com) Cryptograms are still needed for future issues.

**MEDFORD LEAS LIFE**

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**Deadline for submissions:  
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