



Medford Leas **LIFE**

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Happy Holidays to All



HOLIDAY DECORATIONS

by Maggie Woodard



The holiday season went into full swing on November 29, when **Louise Stiles, Virginia Mutschler**, and their 25 resident helpers decorated the Atrium, Lounge, Library, Dining Rooms, Auditorium, and hallways with festive Christmas trees, garlands, wreaths, poinsettias, resident greeting cards, a Hanukkah table, and an origami tree. In addition to helping with storage and distribution, staff and employees designed, baked, decorated, and artfully displayed a village of gingerbread houses that enveloped the whole Atrium in a holiday-spicy aroma.

Some of the decorations have a special history worth retelling. Usually placed outside the Colonial Room is the **Ira Schmidt** tree, with its unique antique ornaments (Ira was one of the original residents). **Todd Butler**, our resident decorator, created the wall hanging behind the crèche donated by the **Lester Browns** in 1975 and reassembled by **Margo Hinman** for many years. The "Three Kings" panels were designed and executed by three high school sophomores under the tutelage of **Elsie Nelson**, who brought them with her when she came to Medford Leas. **Maxine Prewitt** created the counted cross-stitch pictures of "The Twelve Days of Christmas," and the seven Angels were the joint work of **Mary Roland** and **Mary Middleton**.



Mary Toda had the idea for the origami tree several years ago and persuaded her great-great nephews Richard and Patrick and their sister Jane to do the intricate folding of the colored papers into a great variety of shapes to hang on a small artificial tree. The three children came to Medford Leas with their parents and grandparents on Sunday, October 30, and spent over an hour preparing the tree for its seasonal display. The children learned the craft from their grandmother, who had been taught by her mother. A ball, about three inches in diameter, called a dodecahedron, made up of 30 separate pieces and fitted together without glue, was placed near the top of the tree under a gold star.



CHRISTMAS EVE SERVICE

by Kitty Katzell

The annual Christmas Eve Service of carols and readings will be held in the Auditorium on Saturday, December 24. The service will start at 6:45 p.m. with the playing of excerpts from Handel's *Messiah* while people gather. The program starts at 7:15 p.m. with residents reading Bible passages related to the Christmas story. The readings are interspersed with carols based on the subjects of the readings. The program will be completed before 8:30 p.m. Residents, staff, families, and other guests are cordially invited to attend and participate in this program.

Because of the Christmas Eve service on Saturday, there will be no Vespers service on Sunday, December 25. The weekly ecumenical Vespers services will resume on Sunday, January 1, 2006, at 4:00 p.m. in the Activities Room.

OCTOBER EVENTS: OUR WAY

by Della Williams

As the days grew shorter and the air grew nipper, a number of autumn activities provided light, warmth, good food, and plenty of fun at Medford Leas.

One October night, nearly 200 guests enjoyed the MLRA-sponsored Oktoberfest mixer. Pre-dinner refreshments included German sausages, cheese, and imported beer. The dinner following the party featured wild salmon and a Black Forest sundae, a dessert awash with cherries and dripping with chocolate.

Weeks before Halloween, scarecrows and ghosts began to appear near the Atrium and along the walkways. Various ML departments such as Health Services, Dining, and Accounting competed for the best scarecrow display. Looming over all were the Landscaping Department's five larger-than-life blow-ups of scaries like Casper the Ghost and funnies like Mickey Mouse. The enormous images that lit up the night were surrounded by pumpkins and bales of hay. The Grand Prize (a pizza party) was awarded to Environmental Services, whose three scarecrow Poker Players drew crowds of admirers.

Fifth graders from St. Mary's School in Medford contributed 15 scarecrows that they had made in art class. These images were installed along the walkways, some standing, others sitting or (like the effigy of a bum) lying on the benches. The fifth graders accompanied Estaugh residents on the Scarecrow Walk and later shared the Halloween poetry they had written for the occasion.

Colorful seasonal decorations such as jack-o'-lanterns and orange and black candles also cheered up the dining rooms and the Coffee Shop, while scareguards surrounded the pool. These life-sized critters were constructed by Fitness Center staff members **Rick Trandahl**, **Beverly Kannengieszer**, and **Mary Hunter**. They used gym and pool equipment such as

dumbbells, balls, paddles, oars, skimmers, weights, and noodles to construct the dummy guards.

The highlight of the Haddon Halloween celebration was the Masquerade Ball, the evening of October 27. **Gerry Stride**, Director of Community Life, and her staff transformed the Lounge into a place of mystery and wonder. Contributing to the atmosphere were a harpist, a magician, a tarot card reader, and **Helen Smith** of Dining Services, who read fortunes. Gowned and masked staff members and 24 costumed students from Seneca High School's Inter-Act Club entertained the residents and served them punch and goodies.

When Halloween finally came, a witch (resident **Bobby Murray**) and a scarecrow (CEO **Dennis Koza**) greeted visitors in the Atrium. A lunchtime variety show featured a chorus of ladybugs, a Dolly Parton look-alike, and the Fitness staff's version of "Side by Side." Cider and donuts preceded dinner in the Colonial Room as a parade of costumed residents, including a flamenco dancer (**Loretta Strassler**) and a Playboy Bunny (**Fran Werrell**) strutted their stuff. After dinner a number of residents danced into the night in the bat and spiderweb-strewn Activities Room.

So with energy and imagination Medford Leas shook off the autumn blues and looked forward to the next reason to celebrate.



photo by Ellen Stimler

THE HEALTH CENTER TEAM

by Betsy Pennink

Teamwork is a guiding principle of the dedicated people who make up the staff of the Health Center. Ask any of them why they enjoy working there and there will be a two-part answer. First they will say it's getting to know the residents and then they will refer to the extraordinary atmosphere of support among their members.

Some of the team "players" and their roles are well known; others are less familiar. Here follows the full roster.

Residents are assigned to one of the four following "caregivers" (the Health Center term). Two are medical doctors and two are nurse practitioners.

Keith Quinton, MD, is the Medical Director of Medford Leas. He has overall responsibility for the health care of all the residents. His primary duties are clinical. He makes daily rounds of the nursing units and also sees residents at the Center. He is involved in all medical decisions. The nurse practitioners work in conjunction with him. He promotes the education of his staff, sharing medical knowledge and encouraging them to attend conferences. Dr. Quinton came to Medford Leas in 1988 after twenty years of private practice, leaving the position of chief of the GI department at Virtua Memorial Hospital. He is a graduate of Cornell Medical School.

Christine Torigian, MD, has been working two days a week at the Health Center for five years. She has a private outpatient practice (formerly belonging to Dr. Mort Hoffman, who was also at Medford Leas part-time). At Virtua Memorial Hospital she cares for her private patients and Medford Leas residents who have been admitted there. Dr. Torigian received her training at New Jersey Medical School in Newark. Her new baby, Sierra Rose, is six months old.

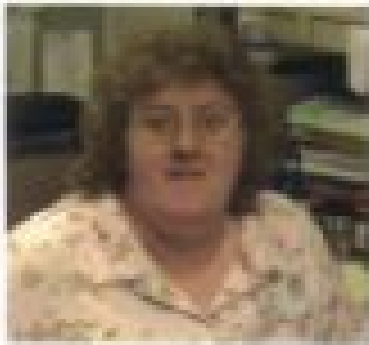
(Note: abbreviations used below: RN = Registered Nurse; NP = Nurse Practitioner; C = Certified in Geriatrics (extra test in NJ); BSN degree = Bachelor of Science degree in Nursing;

MSN = Master of Science degree in Nursing/Nurse Practitioner; LPN = Licensed Practical Nurse; CNA = Certified Nursing Assistant; CMA = Certified Medical Assistant.)

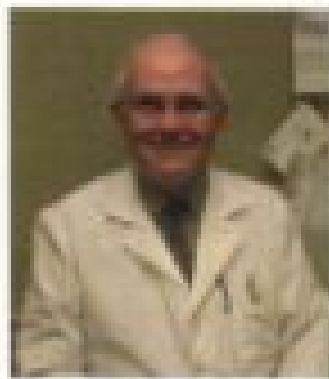
Janet Rumble, RN, NP, C, is the Health Center Director and a nurse practitioner. As department head, she makes up the budget and represents the department at meetings with the Administration. She makes sure that the Center follows established policies and procedures. She participates in both medical and administrative meetings. As nurse practitioner, she sees patients on a daily basis at the Center. Janet came to Medford Leas in 1979. She has an RN from Temple, a BSN from the University of Delaware, an MSN from the University of Medicine and Dentistry of NJ, and a Certificate in Geriatrics. She welcomes the unique opportunity here to practice her profession with autonomy in a supportive environment.

Wendi Ruddy, RN, NP, C, is a geriatric nurse practitioner. She provides primary care for residents in the independent living and assisted living areas. She covers the care of all residents with Janet, Dr. Quinton, and Dr. Torigian. Wendi came to Medford Leas in 1990 after meeting some of the staff at a Christmas Party given by Dr. Porter. She is an RN and has a BSN from Thomas Jefferson University and an MSN (Adult and Geriatrics) from the University of Pennsylvania. She also has a Certificate in Geriatrics and has had extensive hospital nursing experience. Wendi says she has always been drawn to older people and enjoys the long-term relationships at Medford Leas. She loves to travel.

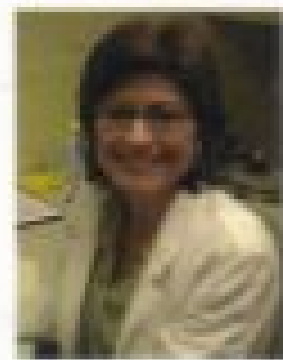
Nancy Glovacz, LPN, is a Health Center nurse, supporting the doctors and nurse practitioners. She deals with emergencies, draws blood, and directs the staff as to needed tasks. She returns phone calls and sees patients for minor problems, such as wound care and colds. She gives injections and handles medicine assessments. Nancy has been at Medford Leas for twenty years. She graduated from Burlington County Vocational Technical School as an LPN in 1977



Debbie Farley



Dr. Quinton



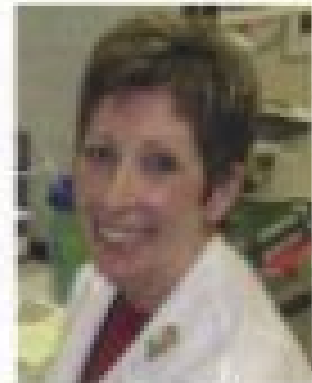
Wendi Ruddy



Nancy Glowacz



Dr. Torigian



Betty Collins



Linda Hicks



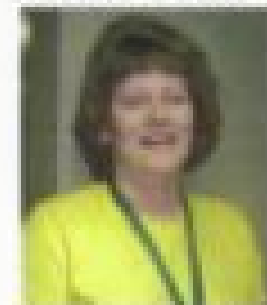
Jackie Little



Rachel Conte



Cathy Malsbury



Theresa Miller

Photos by Rick Trumbull

and worked at the Mt. Holly Hospital for ten years. She claims she still learns something every day, thanks to the teaching of the caregivers, and doesn't mind hectic days – she thrives on them!

Theresa Miller, LPN, is a part-time Health Center Nurse. She works closely with Nancy on Monday mornings and all day Thursday, and is on duty every other weekend. If needed, she goes to residents in their apartments. She received her LPN at Thomas Jefferson University in Philadelphia in 1977 and worked at Medford Leas as a private duty nurse in Estaugh from 1979 to 1984. Theresa then continued with private duty and home care (she was with one patient for 12 years), but always remembered how much she had loved Medford Leas. She was delighted to learn about a nursing opening in the Health Center in July of this year.

Judith Fenimore, LPN, is an On-Call Health Center Nurse. She also works for Dr. Porter, the ophthalmologist, on Thursday mornings. She started work in the Health Center in 1984 when Dr. Ben Paradee was Medical Director. She discovered that she could enhance her skills here, rather than working in a hospital without much encouragement. Judith obtained a BS in Public Health in 1996 from Richard Stockton College of NJ, graduating *summa cum laude*. From 1996 to 1999, while she was the coordinator for the Elizabeth Haddon Housing Corporation, she earned state certification as an Assisted Living Administrator and AAHSA's Retirement Housing Professional. She also helped in the marketing of Lumberton Leas. Judith is an avid tap dancer.

Betty Cullins, CNA, CMA, LPN, has just graduated from nursing school. She has the usual duties of a Health Center Nurse, drawing blood and giving EKGs. She goes to residents in their apartments and can bring them in to the Health Center. She has always wanted to be a nurse, caring for older people, but her children's education came first. Betty has been at Medford Leas for twenty years and in the Health Center since April of this year.

Peggy Larkey, CNA, has many, varied duties in the Health Center. She can be seen running from

one task to another to assist in the smooth running of the Center. She enjoys both the residents and the staff at Medford Leas.

Debbie Farley is the Health Center Manager, Surgical Coordinator, and secretary to Dr. Torigian and Wendi Ruddy. She is responsible for the daily function of the Health Center, making sure of full staff coverage in case of absences. She is the timekeeper for the payroll and does the biweekly payroll for the staff. She sets up the admissions process for new residents, including doctors' appointments and tests. She makes sure that residents facing surgery get their physicals and various lab tests. Debbie spent thirty-five years working as a production manager. After her company downsized, she took a course in medical billing and arrived at Medford Leas in 2000 as a temporary worker from Accounttemp. She accepted the position of unit secretary on Woolman in 2001 and moved to the Health Center in 2004. Debbie is enthusiastic over how well everyone in her department gets along and how they all pitch in and cover for each other.

Linda Hicks is the Assistant Health Center Coordinator. She schedules the appointments with consulting physicians ordered by Dr. Quinton and Janet Rumble, and transportation if needed. She pulls the necessary X-rays and information to accompany the residents. She also enters the schedules of all the requested lab work into the Quest computer. Every morning she retrieves the results from Quest of lab work that has been done and distributes them to the appropriate caregiver. She opens and sorts the incoming mail. She makes phone calls to the residents about their appointments and receives calls from residents with questions. Linda came to Medford Leas in 1975 as a nurse's assistant and unit secretary on the second floor of Haddon. She moved to the Health Center in 1980. She is active in her church and loves gardening and shopping for clothes.

Jackie Little, CNA, CMA, is the Health Center receptionist. She is the person behind the window, making appointments, answering questions, and taking phone calls. She is always available as a back-up for other staff members.

She has been at Medford Leas for 14 years, six of them as a nursing assistant in Assisted Living and two as a companion. She has worked in the Health Center for six years, beginning as the primary driver. Having taken care of several family members, Jackie is very comfortable with older people.

Cathy Malsbury is a Health Center Assistant and the primary driver. She pulls charts for doctors' visits, gives EKGs, and pulls the eye charts for Dr. Porter. She phones residents to inform them of the time she will pick them up for their transportation to outside appointments. Cathy came to Medford Leas in 1992 in Housekeeping. Her children were in the Day Care Center. After her third child, she became a part-time driver and eventually moved to the Health Center.

Rachel Conte is a part-time Health Center Assistant and a part-time driver. She updates residents' files, helps to make residents' medical appointments for Debbie, drives residents to their appointments, and does whatever else is needed. Rachel comes to the Health Center from Therapeutic Recreation, where she also fills in when Gerry Stride needs her. She is finishing her BA degree in psychology.

Howard Dodson is an On-Call Health Care Assistant and driver. He is retired from AT&T and has found Medford Leas a source of activity outside the house. He began with art lessons from one resident and went on to German lessons with some others. He has been helping in the Health Center for four years, driving and sometimes filing. Howard has an MBA from Monmouth University.

Many of the staff have advanced their careers through the Medford Leas Nursing Scholarship Fund.



DENNIS KOZA'S OUTREACH

by Ellen Stimler

Our CEO is not only minding the store but also going outside to sell our product. As he announced at one of his Coffees in the Lounge, he wants seniors in the area to understand the many advantages of retiring to a Continuing Care Retirement Community like Medford Leas, compared with other choices.

Dennis, accompanied by **Jane Weston**, Director of Marketing and Community Relations, made a presentation on September 25 at a meeting of the Y's Men in Moorestown, on October 6 at the Holy Eucharist Church in Tabernacle, and on October 14 at a monthly meeting of the Medford Senior Citizens Club in Medford.

At these meetings, Dennis has found that his audience is quite familiar with retirement options such as assisted living and nursing homes but less so with respect to CCRCs. He goes through all the pros and cons of aging at home, enrolling in a stay-at-home service, or moving to an adult community or assisted living facility. The problem with all these choices is that they may require an additional move or two in the event of failing health or mental competence.

Dennis then points out that a CCRC is set up to allow such moves within the same community and emphasizes the quality healthcare at Medford Leas. Jane completes the last part of the talk with a slide show of the many residential options, amenities, and activities at Medford Leas. Dennis and Jane then offer to answer questions, and it is clear that the cost of these choices is very much on the mind of the audience.

Another form of outreach, relatively new for Medford Leas, was a two-page advertisement in an "Aging and Retirement" magazine-type insert in *The Philadelphia Inquirer* of November 3. The ad, with many pictures of residents in outdoor settings, focused on the beauty of the Medford Leas arboretum and landscaping where residents can enjoy "a collaboration between man and nature."

DANCING AT MEDFORD LEAS

by Maggie Woodard

Fall Dance photos by Allyn Rickett

Life is never dull at Medford Leas. In the week beginning on October 11, there was dancing on three nights.



Beni and David Taylor

On Monday, 32 residents attended the fall Social Dancing party. The evening was made festive by the Halloween decorations in the Activities Room. That evening, the dance music was provided by Joe Pantano and his electric keyboard – mostly “our kind” of music, some South American tunes, and one line dance “New York, New York.” Sitting and talking around tables decorated with

orange tablecloths and candles was almost as much fun as the dancing. Punch and homemade cookies and cupcakes topped off the evening.

On Tuesday evening, 27 residents had a good time square dancing, led by David Ainsworth, a professional caller who has been coming to Medford Leas for 30 years. He is very able and, fortunately, has a good sense of humor, so that the occasional “goofs” provide some of the evening’s fun. The group meets every Tuesday evening except during the summer. All are invited, and classes for beginners are held at the start of each season.

On Thursday evening, the folk and line dance group met for a mixture of two different types of dances. Folk dance comes from all over the world. The music of Scottish jigs, Scandinavian hambos, Polish polkas, Italian tarantellas, Greek syrtos, Latin tangos, and many other dances have their own distinctive steps. Line dancing uses popular tunes; dancers stand alone, scattered behind the leader who demonstrates the steps that all follow. Like other types of dancing, the

steps can be very simple, easily mastered by people with “two left feet,” or more complicated for the more experienced. One of our residents, **Evert (Bart) Bartholomew**, is a professional who has taught both types of dances as an avocation for many years, with his wife, **Colette**, as his helper. The group meets twice a month on Thursdays. All are welcome.



Bart and Colette Bartholomew



Penny Fykse and Jim Eynow

ELECTION AT MEDFORD LEAS

by Ellen Stimler

The voting by Medford Leas residents in the November 8 election revealed that the number of registered Republicans, who used to be in the majority, has declined to the point where registrations are now exactly even, with 200 Republicans and 200 Democrats, plus 38 independents. These statistics are based on records kept by **Evert (Bart) Bartholomew**, who has been working at the Medford Leas polling place in each election for many years.

The official election results, printed out by the two voting machines at Medford Leas for Medford Township District 9, showed a much closer outcome in the election for Governor, when compared with state-wide results. In District 9, Corzine won, but by only three votes. On the other hand, in the election for Township Council, District 9 voters would have replaced all three Republican incumbents with the Democratic candidates. But on a township-wide basis, the Republicans won reelection.

At the polls, three of the six workers are Medford Leas residents: Bart and **Colette**, his wife, and **Margaret Roberts**. Election Day is a very long day for them. They have to open up at 5 a.m. to prepare for the 6:00 a.m. start of voting, remain until the polls close at 8 p.m., and then take care of final administrative tasks.

EXTENDED HAND ANNIVERSARY

On December 10, the tenth anniversary of the relationship between Medford Leas and the Extended Hand Ministries, Inc. will be celebrated in the Auditorium, starting at 10 a.m. The keynote speaker will be Eugene Stafford, former Mayor and Police Chief of Mt. Holly.

MEDICARE D FOR RESIDENTS

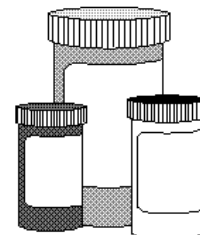
by Kitty Katzell

By now, current residents should know that Medford Leas will continue to provide their prescription drugs, as spelled out in their current contracts. They can ignore mailings they receive about the program known as "Medicare D." Medford Leas will pay the enrollment fees and collect the reimbursements due from Medicare.

Seventeen providers of drug coverage insurance have been approved by the Center for Medicare/Medicaid Services (CMS) to offer their services in New Jersey. A task force of Medford Leas medical and management staff, Estaugh Board members, and resident volunteers has been working to analyze those providers. The task force is studying their reputations, costs, and formularies in comparison to the drugs prescribed by the medical staff at Medford Leas.

Based on the results of the task force's review and the relative benefits of each plan, Medford Leas will negotiate with those judged to be the top contenders. Negotiation will seek to address additional issues such as insuring that the provider will help to enroll Medford Leas residents and that they will include the Medford Leas Pharmacy in their program. They might also grant additional benefits or cost savings because of the number of enrollees that Medford Leas would provide.

According to **Dennis Koza**, "This has been and continues to be a very challenging and tedious process. We are confident that in the final analysis it will also be a rewarding and financially prudent approach to meeting Medford Leas' future pharmacy needs."



TENNIS AND GOLF TOURNAMENTS

by Joan Kocher and Doris Brown

After several postponements caused by bad weather, the First Annual Senior Tennis Tournament was played on a windy Sunday, October 16, at the Shawnee High School courts, under the sponsorship of the Medford Township Recreation Department.

About 50 seniors, ranging in age from 55 to 92, had signed up for the competition. From the Lumberton Campus, the participants were **Jack Akerboom, Julien Eysmans, Joan and Don Kocher, Bill Lindeman, Gini and Jack Mutschler,** and **Warren Reeves;** from the Medford Campus, **Ed House and Whit Stearns.**

Despite high winds, the Medford Leas contingent persevered and was rewarded with two trophies: Ed House was a winner in the eldest category and Gini Mutschler in the youngest. Many thanks to the Tennis Committee for arranging this event.

The tournament was reported at length in the October 20 issue of *The Central Record*, with many pictures that included several of the Medford Leas players.

A few days later on October 20, under cloudy skies, the Annual Medford Leas Golf Outing, known as the Conte Classic, brought out a group of enthusiastic golfers from both campuses. From Lumberton, participants were **Jim Cox, John Gallagher, Bill Lindeman, Jim McConville, John McKay, John Mikuta,** and **Milt Zimmerman.** Resident **Wil Britten** from the Medford Campus was joined by staff members **Bill Murphy, Bob Calhoun, George LeMunyon, Bill Conte,** and **Russell Pepe.**

Generous cash awards were presented to Jim McConville for the putt closest to the pin and to Jack Montgomery, a guest, for hitting the longest drive.



ART GALLERY NEWS

by Helen L. Vukasin

December is the traditional month for the Philadelphia Calligraphers' Society to mount its annual exhibition in the Medford Leas Gallery. Many of the Society members have previously shown their work here: Meg Kennedy, Shirlee DiBacco, and Mary Elizabeth Nelson. This year they will be joined by Carole Maurer.

Harry Forrest has organized this outstanding show of unique work for many years, long before he became a resident at Medford Leas. He has usually displayed some of his own work. This year he is including the work of a newcomer to the Society, **Lili Wronker.** Lili had a successful career as a professional calligrapher in New York City before moving to Medford Leas.

On Tuesday, December 6, there will be an opening reception in the Art Gallery from 3:00 to 4:30 p.m. At 3:30 p.m. Harry will say a few words and introduce some of the Society members who will talk about their work. All Medford Leas residents are invited to meet the artists and enjoy the refreshments.



At the Lumberton Campus Art Gallery, the work of **Alice Skidmore Culbreth** is still on view with a few changes. Alice has had to replace several paintings that have been purchased.

It is notable that more and more paintings are being sold in the Medford Leas Art Gallery, the Art Studio Gallery, and the Lumberton Campus Art Gallery. It is exciting for the artists to have the value of their work confirmed.

OUR NONAGENARIANS

by Ellen Stimler

A visitor to the cozy apartment **Betty Heyl** shares with her younger sister, **Caroline**, is soon mesmerized by the stories Betty recalls with perfect memory of dates, names, and incidents.



photo by Ruth Huysman

Betty describes herself as a history buff. Her main interests now are genealogy, archeology, ballet, theater, and museums. Her favorite reading is books about the Colonial, Revolutionary, and Civil War periods, with some mystery and suspense novels on occasion. She regularly goes out to lunch with friends before an afternoon

of bridge, attends lectures of Medford University, and helps supervise the care of a large garden.

The sisters used to travel a great deal but now they take shorter trips that are less strenuous. They also visit a special historical monument in Irvington, VA, a replica of an old Anglican Church which was built by one of their ancestors. They plan to join about 15 relatives for Thanksgiving in Virginia.

Both sisters are members of the Colonial Dames. As Betty puts it: "We come from an old American background, but you can't live on your ancestors, you have to live up to them."

On one wall of the apartment is a portrait by Samuel Waugh, "one of the best portraitists of his time," of William Ezra Bowen, a founder of the Mercantile Library and ancestor on their mother's side. On the same wall is a picture of a large sailing vessel, captained by an earlier Ezra Bowen on his last voyage, when he was tragically washed overboard.

The Heyl family came to Philadelphia in 1737, and Betty has a completely up-to-date family history and can tell amazing stories about members of her clan.

GIFT SHOP NEEDS HELP

by Joan Bellman

More sales volunteers are needed for the Medford Leas Gift Shop. Sales volunteers are key shop positions, without whom the shop could not exist. Personally trained by **Margaret Lawson**, one of the Shop's most knowledgeable and long-standing volunteers, these important people donate one and one-half hours per week (just six hours a month), working in pairs at a designated time, selling the Shop's merchandise to residents, employees, and their guests. The Shop is open twice a day Monday through Friday, 1:00-2:30 and 5:45-7:15 p.m., and once on Saturday, noon to 1:30 p.m.

A sales volunteer works only one shift per week. Also, there is a list of substitutes who are prepared to back up the "regulars" when one is unable to come in on an assigned day. Anyone interested should call **Frances Carter**, 3664, or **Betty Clark**, 3255, for further information and available open times.

The Gift Shop is a needed convenience for many residents and depends solely on its volunteers to keep it running.

CHORAL CONCERT DEC. 11

The choruses of all four high schools in the Lenape Regional District will perform songs of the season at the Seneca Auditorium at 2 p.m. Sunday, December 11. Transportation and free admission is offered by the District to all Medford Leas residents who sign up on the coupon of a flyer distributed in early December. Dining Services has agreed to serve an early noon dinner in the Garden Room to all who plan to attend. The buses leave at 1 p.m.

A WEALTH OF LANGUAGES VI

by Betsy Pennink

Ed. Note. This continues the series of residents' many language skills.

Herb Heineman was born in Krefeld, Germany. He spoke only German until he was nine years old. In June 1939 he and his brother joined thousands of Jewish children who were evacuated to England by an organization called Kindertransport. Special hostels were set up for these children, who were then given intensive English language instruction. By the fall Herb was able to attend a local school. During eight and a half years in England he lived in ten different places, but he received an excellent education, including four years of Latin, from high schools in Walsall and Manchester. Herb graduated in 1947 and in 1948 he moved to New York City with his family. Later he graduated from New York University College of Medicine. His command of English allowed him to do editorial work at a book publisher in NY during his college years and later to write articles that have appeared in medical literature. Herb still uses his German on periodic trips to Germany. He sometimes helps friends who are having trouble interpreting something in German, and he has done translations of German technical pieces. He has been editor of *Lumberton Leas News* for two years and is a frequent contributor. He has also been published three times in *Leas Lit*.

Ginette Weld was born of French parents in Enghien-les-Bains just outside Paris. When she was five years old, her family moved to London. For the following nine years, her life took on a certain pattern, alternating between four months in London and four months in Brussels. Ginette was never placed in a school, but was educated at home by a series of qualified French-speaking tutors. For one year she learned English from a governess who spoke no French. By the time she was eight she was completely bilingual. When Ginette was fourteen, the family finally settled in England. However, in 1938 they went to the US for a year's visit and were prevented by WWII from returning to Europe. Growing up, Ginette found it very useful to be bilingual in the many countries in

which she lived, especially France, England, Belgium, Switzerland, and the US. She married an American and lived in Cuba for a year and a half, during which time she was able to pick up some Spanish. Ginette's second husband was also an American. They enjoyed traveling and Ginette had an opportunity to use her languages. Ginette's fluent English retains a slight British accent. Equally at home in French, she has many French-speaking friends.

Steve Yanai was born in Tokyo and grew up there. His parents were Japanese, but he and his two sisters were raised by an American missionary who spoke Japanese to them. During WWII Steve had four years of uninspiring English courses at school, taught by Japanese teachers. He learned to speak colloquial English from the GIs when he worked as a driver for the American occupation army. In 1947 his missionary bene-factor, who had been repatriated, was able to locate Steve. She arranged for him to go to Los Angeles to attend the George Pepperdine College on a scholarship. At first Steve carried a dictionary everywhere, but after two years he could "manage" in English. He then spent two years at the California State Polytechnic College, studying physical science. During that time he learned more English as a "houseboy" for an American couple. In that capacity he even learned to cook from American recipes! Steve went on to graduate school, earning a degree in chemistry. In his career as a research chemist he dealt with Japanese automobile manufacturers. He soon found himself going to Japan every two months to work directly with the technicians. Teased for what his Japanese friends called "1945 Japanese," Steve had to brush up on his mother tongue. In 1989 he took his wife to Tokyo for two years when he became business manager of Rohm & Haas Japan. Though retired, Steve works hard at maintaining his Japanese. He has a sister and one daughter living in Japan. Much of Steve's year is spent in the Syracuse home of his other daughter and granddaughter, in the role of stay-at-home grandfather. Next spring he will continue that role in Japan, when the three of them will travel to Tokyo for his daughter's four-month visiting professorship there.

WELCOME TO COURTS

by Ellen Stimler

After her husband's sudden death, **Sheila McMillan** felt uncomfortable in the large spaces of her Bridlington home, and she has now settled into Apt. 134 in the Courts.

Sheila describes herself as an outdoor person. She likes to take short bike rides and hikes and looks forward to an Omni trip to Bermuda. After she becomes familiar with the many volunteer opportunities on the Campus, she may join the health volunteers and/or the Gift Shop sales force.

Sheila went to the Westover School in Connecticut and received an RN from Pennsylvania Hospital. She has two daughters living in New England and a son in Hopewell, NJ.

THE MEDFORD LEAS 'VOICE'

by Margaret Melstrom

The Voice is the Medford Leas telephone system that reports the day's activities when a resident dials 2, and the day's menus after a touch on 7. The service was begun during **Bob Anderson's** MLRA presidency (1994-95), when it was felt that some help should be given to residents with low vision who had difficulty reading the monthly calendar and daily menus.

The Voice volunteers use a table, telephone, and files in the office of Drs. Porter and Nachbar. Between 6 p.m. and 10 p.m. a volunteer reads the next day's events and menus. **Katharine (Kackie) Anders** is in general charge of the Voice. **Barbara Heizman** types the daily scripts. **Bill Carson** is the MLRA Council sponsor. The following residents are the present volunteers: **Kackie Anders, Jane Bourquin, Kate Haupt, Hilda Howell, Don Knapp, Bernie Rosen, Grace Schaffel, Bud Stratton, Maggie Woodard,** and **Gladys Wynkoop.** More volunteers are welcome.

RESIDENTS IN THE NEWS

by Ellen Stimler

Neil Hartman was featured in the "Volunteer Spotlight" of the Neighbors Section of *The Philadelphia Inquirer* on Sunday, October 30. He told the interviewer that he works as a volunteer guide every Monday at the Arch Street headquarters of the Philadelphia Yearly Meeting of the Religious Society of Friends. He has been doing this for 15 years and it gives him an opportunity to educate the general public about Quakerism.

Margery Mears Larrabee's writings were published in both the October and November issues of the *Friends Journal*. For the October issue, she wrote a lengthy article titled "Spirit-Led Eldering," in which she concluded that "Spirit-led eldering is a significant part of the much larger structure of spiritual formation and nurture that is integral to our Religious Society." In the November issue, she contributed her reactions to the 2005 Friends General Conference Gathering in Blacksburg, VA, in July.

Medford Leas was on Channel 10 TV in a segment of their morning program on November 2. Estaugh residents **Marian Sandman** and **Judith Loilleux** were shown petting and playing with Kaycee, a blind dog who had been specially trained to work in therapeutic recreation programs.

WHO'S NEW

Ruth Lynch Sutton, Apt. 287, grew up in Philadelphia and graduated from Blessed Sacrament Catholic High School, but in her twenties she became a Lutheran. After high school she went to work for a telephone company, a job that lasted for 38 years. She bought a house in Westmont, NJ, where she lived until coming to Medford Leas.

At age 43, Ruth married George Sutton, an employee of Siemens Corporation in Cherry Hill.

They had a good life together. For many years, the couple belonged to George's Methodist social group, "Our Gang," which met monthly to celebrate various occasions. Ruth's hobby was decorating pottery pieces, and George played the organ.

The two had no children, but for about 25 years Ruth has had a substitute daughter in her devoted niece, Linda Wallace of Medford, who visits her aunt several times a week. Linda helps Ruth in many ways, and they have traveled together a number of times. They went on a recent Omni trip to the Berkshires along with several Medford Leas residents. Through her niece, Ruth also knows **Jack** and **Bobbie Murray**. Ruth already feels happy and at home at Medford Leas.

by Margaret Melstrom

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Mike and **Helen Carrell** moved to Apt. 679 from Cinnaminson, NJ. They met while taking flying lessons and have been married 43 years.

Mike, born in Des Moines, Iowa, graduated from Iowa State College and joined RCA, where he worked as a systems engineer. He had several different careers during his 38 years with the company, working in Camden, Dayton (NJ), Cherry Hill, and the David Sarnoff Research Center in Princeton. He has been a volunteer at the Franklin Institute, a judge at regional and international science fairs, and a mentor in Camden schools. Photography is another hobby. He sings with the Northern Delaware Oratorio Society and has produced DVD videos of their concerts. In his Bridlington basement, he has set up a woodworking and electronics work area, his computer, and a home theater. He also participates in Internet forums on new energy technologies.

Helen is a professional musician and the living room is her studio, with two harps, a small grand piano, and a large electronic organ. She is a

performer and teacher of piano, harp, and organ, organist-director at Trinity United Methodist Church in Merchantville, and accompanist with the Northern Delaware Oratorio Society in Wilmington. Helen was born in Pittsburgh, PA, and after graduating from Westminster Choir College in Princeton and postgraduate study, she was employed full time by the Haddonfield Presbyterian Church until she married Mike. She has been organist in many area churches and was on the faculty of the Haddonfield School of Performing Arts for 21 years. Helen loves sewing and knitting and will use the loft as her sewing workshop.

by Maggie Woodard

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Douglas Springer, a member of the Estaugh Board, and his wife, **Virginia Chouinard Springer**, are now residents of Medford Leas, having moved into Unit 670 in Bridlington in October.

Doug is a Columbia University law graduate, with a wealth of professional experience in leading law and finance-related positions which were detailed in our March, 2005, issue.

In his retirement, Doug is an active volunteer, serving on the Estaugh Board's Finance and Investment Committees, with additional outside involvements in many organizations, including the Y's Men's Club of Moorestown, the Family Y of Burlington County, and the Virtua Health network. As soon as he has installed his shop in the basement, he will spend time woodworking.

Ginny graduated from the University of Illinois, majoring in English, and then attended Columbia Law School, where she met and later married Doug.

After several moves, the family settled in Moorestown, where they lived for 35 years. Travel

was and still is important in their lives, and they take one to three overseas trips every year. Aside from travel, Ginny's hobby is painting with watercolors and water-miscible oils. She has a long-time volunteer relationship with the New Jersey Committee for the Philadelphia Orchestra. In past years she was membership chair and organized many projects, including fashion shows and first nights. The Springers have two children and two grandchildren.

by Ellen Stimler

* * * * *

Georgette Amprimo Malnate, Apt. 55, went through Philadelphia public schools and Moore College of Art. After graduating, she lived in Center City, where she was assistant buyer in the home furnishings department at Wanamaker's. In 1942 she married Edmond Malnate, an art director at an advertising agency.

After WWII the Malnates, with a baby son and Ed's mother, moved to Lake Pine in Medford. Although Ed continued to work as an art director, his passion was the study of reptiles. He is well known in the field of herpetology, having coauthored a book and written articles on the subject. Twice the Philadelphia Academy of Natural Sciences awarded Ed grants to study in Europe, and both times Georgette went along and focused on the arts.

The Malnates had a very active social life with a mix of art friends and herpetologists. Throughout their 60 years of happy marriage, Georgette always painted and belonged to art organizations. She entered competitions and shows and sold paintings.

Her son died four years ago, and Edmond died in 2003. After she is settled at Medford Leas, Georgette hopes to resume her painting.

by Margaret Melstrom

EMPLOYEE OF THE MONTH

by Maggie Woodard

Arthur Jombe was honored as October's Employee of the Month, although he has worked at Medford Leas only since May 2005. A member of the Dining Services Department, he was praised as dependable, efficient, and hard working, with a friendly disposition and a willingness to take on extra duties when necessary.

MEA CULPA

by Kitty Katzell

There was an unfortunate omission in last month's article about **Walt Evans**, an esteemed member of the Estaugh Board. A critical paragraph about Walt's career was dropped from the item prepared by **Kay Cooley**.

After he had graduated from Peirce College with a degree in accounting, Walt enlisted in the Navy Reserve. The omitted paragraph went on to say that in 1961 he began a banking career in Camden and in 1962 joined Burlington County Trust Company (now Wachovia Bank), where he worked for 29 years, progressing from teller to vice-president in business development.

As Kay mentioned in the article, Walt currently serves on the Estaugh's finance, trust, and nominating committees and was a member of the search committee for the new CEO. Since I was editor of the November issue of *Medford Leas Life*, I offer my sincere and profound apologies to Walt and to Kay.



DECEMBER CRYPTOGRAM

by Sally Klos

V QKUR RE CA QVTA QBAU V'H
 EWM, UER QKJZ. V QKUR RE CA
 FAWKYAM, UER FKIVUO. V QKUR,
 QBAU XAEXWA KTD HA QBKR V'H
 MEVUO RBATA MKZT, RE CA
 KCWA RE KUTQAF, BKXXVWZ,
 OGVWR-LFAA KUM XETVRVIAWZ:
 "UERBVUO. UERBVUO KR KWW."
 -HVJD NKKOAF

When correctly done, the solution to the November crypto-puzzle by Marie Winton is the number 15, obtained from a correct layout of the numbers 1 through 9, such as:

8 1 6
 3 5 7
 4 9 2

The correct solution was received from **Ken Anderson, Ruth Blattenberger, Judy Braddy** (employee), **Gordon Clift, Liz Dill, Betty Donahue, Louise Evaul, Mickey Gray, Bob Hambleton, Kitty Katzell, Herb Heineman, Jean Jordan, Warren and Euseba Kamensky, Bob Morrow, Doris Salati, Della Williams, John Winton.**

Please put solutions in an envelope in Box 116 by December 10. You may also email the solution to estimler@medleas.com. We are still interested in getting submissions of cryptograms for future issues.

MEDFORD LEAS LIFE

Ex Officio: Jack Akerboom, MLRA President; Helen Vukasin, MLRA Sponsor

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**Deadline for submissions:
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