



Medford Leas LIFE

VOL. XXXIII, No. 7

SEPTEMBER 2005

PING'S 105TH BIRTHDAY

by Ellen Stimler

The millions of people who watched NBC's "Today" show on Thursday, July 28, saw a picture of **Edward Follwell** slide into view and heard from Willard Scott that his nickname was Ping, that he was from Medford, New Jersey, and that he was that day celebrating his 105th birthday with his lady friends.



photo by Margery Rubin

Ping's 90-second segment on *Willard Scott Birthdays* was arranged by **Sumi Kobayashi**, who had done the same for her mother's 100th birthday. She wrote to the right people at the network, enclosing biographical information about Ping and three pictures taken by **Margery Rubin**.

Ping's birthday party on Saturday, July 30, in the Medford Leas Lounge was not only for his lady friends but also for over 100 residents and 18 relatives who had received personal invitations several weeks before. It was Ping's 15th birthday party at Medford Leas. Preparations for it started right after the 2004 party, with reservations of the guest cottage and all available guest rooms. This year's guests included a couple from England he hadn't seen since 1962 and a great-nephew from Hawaii.

Ping made a great entrance dressed in a tuxedo, with a red rose boutonniere. He was accompanied by his personal aide, **Debbie Halcomb**, who helps him with some chores and takes him out to lunch almost every day. **Eleanor Greenley** at the piano struck up a rousing rendition of "Happy Birthday," joined in by all the partygoers. **Nan Hanslowe** kept the music going with improvised tunes. Several of Ping's lady friends served as bartenders while Ping tried to greet as many guests as he could. At the end of the party, every lady received a perfectly opened long-stemmed red rose.

Debbie brought in about 150 of these roses on the morning of the party. **Judy Braddy**, who was staffing the Main Desk at the time, suggested that it would be difficult for guests to handle the roses because of the large thorns along the stems. So it was decided to "dethorn" all 150 of them. Debbie called Ping to tell him, and about 15 minutes later Ping came to the desk with a garden glove for Debbie so that she wouldn't scratch her hands. Debbie called her husband, Keith, for help, and the three of them worked for three hours to get this job done.

On the morning of the party, all relatives had breakfast with Ping in the Coffee Shop, and for lunch they were hosted by **Beaver Abramson**, who also housed one of the guests. After the party, the relatives were invited to dinner in the Red Room, together with the "bartenders" from the party.

Ping still lives independently in the same apartment to which he moved with his wife, Helen, 27 years ago. Helen suffered a stroke and died in 1992. They had no children. Ping attends exercise classes three times a week, prepares his own breakfast and some other meals, plays bridge on Mondays and Wednesdays, and Tuesdays joins his "bartender" friends for a cocktail hour. Almost every evening, he has dinner in the Colonial Room with his close friend, **Louise Schaeffer**.

In his early years at Medford Leas, he cultivated a garden plot behind the tennis courts and served three terms as MLRA president. The last time Ping attended his annual class reunion at Ohio Wesleyan was in 2004, for his 81st. He received special honors as the oldest alumnus and as the only member of his class to attend.

Ping was born in what is now North Korea, where his father, a physician, was a missionary. When he was 11, his family returned to the United States and Ping attended American schools and graduated from Ohio Wesleyan in 1923. He received a master's degree in microbiology from Rutgers and spent his entire working career with Pittsburgh Plate Glass Company in Newark.

ESTAUGH BOARD PROFILE:

Bill Schmidt

by Kay Cooley

Bill Schmidt has seen many changes in the Estaugh Board since he joined it in 2001. One change in which he takes pride is the good working relationship the Estaugh Board's Finance Committee has developed with the MLRA Financial Review Committee.

Bill grew up in Swarthmore. Then the family moved to Princeton, where he graduated from Princeton High School in 1972. He was the fourth generation of his family to attend Swarthmore College, which, he says, was his "safety college." After college, he went to work and, since 1978,

has been in the brokerage business. He worked for 12 years each at H. Newbold's Son & Co. and at Janney Montgomery Scott. Currently, he is with Legg Mason Wood Walker, where he has been for three years, but that firm has just been sold to the Smith Barney division of Citibank, so Bill says, "Who knows what's next for me?"

Bill has chaired the Estaugh Board's Finance Committee since early 2004. He feels that its biggest accomplishment has been its participation in the budgetary processes that have helped to eliminate the deficit. He thinks that the addition of non-Friend members to the Board has strengthened it considerably.

Bill and his wife, Cathy, have raised five children – John 22, Meredith 21, Sarah 20, Reid 15, and Abby 11. The family makes its home in New Castle, DE.

FALL FLOWER SHOW

by Kitty Katzell

The Fall Flower Show will be held in the Activities Room starting on Tuesday, September 13, and closing on Wednesday, the 14th. There will be the usual three divisions, Design, Horticultural, and Special Exhibits (non-competitive), and all residents and staff are encouraged to exhibit.

The theme of this year's show is "Sing Along" and the name of each class in the Design and Special Exhibits divisions is a song title, things like "Sing for Your Supper" and "Singin' in the Rain."

Registration for the show will be between 7:30 and 9:45 a.m. the day of the show. Entries presented after 10:00 a.m. may be shown but they cannot be judged. The show will be open for viewing after 1:00 p.m. on Tuesday, and entries may be removed on Wednesday between noon and 2:00 p.m.

For further information, check the Flower Show Schedule available at the Front Desk.

LIFE IN ASSISTED LIVING

by Maggie Woodard

A resident recently remarked: "I hope **Gerry Stride** is still here when I go into Assisted Living!" Interviewed recently about the myriad recreational and education activities planned by Gerry and her staff, Gerry said that her main goal is to involve residents, not just entertain them. She wants to create life. She tells companions to "make each day different." Her own motto is: "If I'm bored, they must be bored."

During the past year, Gerry has tried to find replacements for intergenerational activities that were lost when Medford Leas' pre-school program was eliminated. Students from the Sequoia Transitional High School helped with a photo scavenger hunt. A 3rd grade teacher of a creative writing class started a Pen Pals program with residents. At the end of the year, Gerry organized a picnic so the Pen Pals could meet.



*Jane Shuttlesworth with children from
Just Children Day Care - Hawaiian Week 2005*

Children who formerly attended Medford Leas' pre-school program come back every other month and, among other things, play Parachute with residents, an activity all enjoy. A relationship with students from St. Mary's School (grades 1-8) has been developed. Fifth graders took on Halloween Scarecrows as an art project. Their band played, then mingled with residents. Gerry was surprised by the children's ability to relate to the residents.

Teachers from the Allen School organized an art project here with children from four kindergarten classes. Students in grades 9-12 of the Sequoia High School group "Interact" helped with Halloween and Christmas parties as part of a Community Outreach project. Their Student Council held a Senior Dance here and it was touching to see a 15-year-old boy dancing with a resident who used to love to dance.

Gerry and her staff of seven (**Linda Schultz, Pam Fake, Tracie Lear, Davine Cornish, Collyn D'Arcy, Casey Korndorfer** and sometimes **Rachel Smith**) meet weekly to plan special events. They offer programs seven days a week, some during the evening. The Fashion Show, during Senior Month, gave some residents a chance to be center stage. Others took pride in the beautiful craft display of their work in the Lounge.

There are summer concerts every Tuesday in the Back Porch Garden or, if it's too hot as it often is, in the Activities Room. The Down the Shore Week provided a Seafood Fest on the Boardwalk and Boardwalk food was offered – funnel cake, ice cream, soft pretzels, cotton candy, and salt-water taffy – and three mummies entertained. An art student was on staff during the summer to encourage resident painters.



*Foreground to background:
Wilda DeCou, Janet Hamilton, Dave Shoemaker*

In July, there were two fishing days on the Rancocas Creek. Maintenance staff fed fish in

the creek, brought tackle and poles, and residents really fished! There are outdoor trips in every season. Every month, at least one special event is planned, some a week long. In 2004, during Mediterranean Cruise Week, a different country was "visited" every day. Flamenco dancers and Spanish guitar, folk dances, Cinco de Mayo dance, French food, Greek food, Mexican food, and costumes were featured.

Residents go out to lunch monthly at local restaurants. One visitor observed, "My mother has more of a social life than I do!" Many residents take advantage of all programs; one says, "Even if I don't go, it's comforting to know that I could."

Gerry emphasizes that it's teamwork that provides so many good experiences. In addition to her staff, other residents and staff participate: **Nan Hanslowe** and **Tom Lang**, pianists; **Frances Carter**, monthly slide shows; **Evert Bartholomew**, wheelchair square dancing; **Jean Stratton** and **Ann Walker** and their Health Volunteers help with special events. **Joe Doyle** served as MC of the Fashion Show.

Gerry says her own experience as a volunteer in this field changed her career and her life. She and her staff have dramatically changed the lives of residents in Assisted Living, Estaug, and Woolman.



*Gerry Stride singing at Autumnfest 2004
Mia Horsting and Bud Stratton*

MEDFORD LEAS FIELD DAY

by Eleanor Merrick

Field Day, on Thursday, May 26, brought residents and staff, including **Dennis Koza**, to the Medford Leas Auditorium because of bad weather outside. All were dressed in brilliant colors related to the team they had signed up for – Blue, Red, Purple, Orange, Yellow, and Green. Most wore shirts of their team color and all wore their teams' colored hats. Each team had a captain and a cheerleader. From the time before the games began until the end, the atmosphere crackled with excitement.

The "ceremony" opened with the singing of the Star Spangled Banner, which was followed by demonstrations by the team captains and cheerleaders promoting their teams and in some cases showing their athletic abilities.



Devina Cornish

The first competition was with hula-hoops to see who could keep one twirling around waist or legs the longest. It was an impressive exhibition, won by **Wendy Evans**, who ended by simply removing her whirling hula-hoop by hand. Fortunately, the contestants in this sport all appeared to be of the hula-hoop generation.

There were wheelchair races in which the wheelchair rider tossed a football into a hoop. Another race required tossing a beanbag into a container as, upon reaching the halfway mark, the wheelchair pusher whirled the chair in a U-turn to start the run back to the finish line.



Dennis Koza

Most fun to watch was the “costume race.” The contestants had to don a wig, a hat, oversized eyeglasses, a scarf and mittens, run to the halfway mark and back, and pass the clothing to the next in line. Hats fell off on the way, wigs went askew, and mittens were carried rather than put on, a great fumbling to-do.



Start of the walker race

In the “walker race,” contestants “made time” with their walkers, reaching a person representing the

half-way mark on the race track and then returning to the finish line. On the homeward trek, Dennis Koza found himself running after (not with) **Florence Ishida**, the participant he was there to “help”!

The final race involved staff members pulling other staff members in red carts to the halfway mark, circling a barrier, and racing back to the finish line. From the size of the loads, it was a wonder none of the wagon wheels was bent out of shape. However, two pullers, in their haste when rounding the barrier, tipped their carts dumping the contents (one of whom was Dennis Koza), who scrambled from the floor back into the carts to complete the race. It didn’t matter who won; everyone was having such fun cheering, waving, and jumping up and down.

The blue team had the highest score for the day, with **Russell Pepe**, captain, and **Peggy Larkey**, head cheerleader. Special thanks to **Gerry Stride** and **Beverly Kannengieszer** who organized the event.

WELCOME TO THE COURTS

by Ellen Stimler

At the end of May, **Minoru and Aya Endo**, who have lived in Bridlington for 16 years, moved into Apt. 23, where they received a warm welcome from the residents in Court 2.

The Endos are native Californians, and both went to the University of California at Berkeley. They married just before the threat of wartime internment so they could go to the same camp. Minoru was released on volunteering for the Army and eventually worked on Gen. MacArthur's staff. After the war he joined a company that imported Mikasa china.

Before coming to Medford Leas, the couple lived in Long Island and Glen Ridge. Aya's brother, Norman Mineta, is Secretary of Transportation in President Bush's Cabinet. Aya is interested in politics and enjoys reading and gardening. The Endos have two sons.

PHARMACY UPDATE

by Maggie Woodard

Medford Leas Pharmacy now has a prescription refill phone line: 654-3099. Residents may leave their name, the prescription number and the name of the medication any time of the day or night, even if the container indicates zero refills. Residents who need to talk to someone at the Pharmacy can also leave a message at that number and someone will return the call. The messages are checked at least every 30 minutes during office hours. In the event of an emergency when the Pharmacy is closed, residents may call ext. 3666 and speak to the nurse who is on duty.



Frank Simmons

photo by Margery Rubin

Medford Leas is fortunate to have an on-site pharmacy; very few CCRCs do. **Frank Simmons**, Medford Leas Pharmacist for over 16 years, is close to receiving his Doctor of Pharmacy degree. He is already a certified geriatric pharmacist, indicating a high level of knowledge of geriatric medications. Other members of the Pharmacy staff are **Joanne Salowe** and **Theresa Widmann**, Staff Pharmacists and **Angie Hildebrandt** and **Chris Wells**, Pharmacy technicians.

The Pharmacy fills prescriptions for both residents and employees of Medford Leas. The pharmacists work with the medical staff in the Health Center and on the nursing floors to monitor all residents' medications.

Medford Leas has a formulary of preferred drugs that are chosen by the Pharmacy and Therapeutics Committee, which meets monthly. Members of this committee are the Medical Director, the Director of Pharmacy, both Nurse Practitioners, and the Medical Administrator. Medications are chosen primarily on the basis of efficacy and safety, while taking account of cost. Last year the Pharmacy saved Medford Leas thousands of dollars by buying drugs through a national buying group and by using quality generic pharmaceuticals.

The Pharmacy also manages residents' pharmacy drug insurance. Last year they brought residents' insurance information up-to-date and submitted claims to bring in several hundred thousand dollars.

Medford Leas is being well served by the Pharmacy.

IN MEMORIAM

Mary Eysmans	May 21
Edward Brownlee	May 29
Ida K. Pfeufer	May 29
Marian S. Heller	June 2
Milton Haas	June 3
Kenneth Allebach	June 9
Berenice Finkelstone	July 6
Jane Benjamin	July 14

COUNSELING AVAILABLE

by Maggie Woodard

The Mental Health Committee wishes it to be known that Barbara Taylor, a psychiatric nurse practitioner, is available to residents for counseling. Referrals may be made on an inpatient or outpatient basis. Any physician, nurse practitioner, or **Trudy DeLacy** can make a referral. Medicare will pay for it.

THE WWII MEMORIAL

by Russ Haley

On May 5, **John Winton** and I were among other veterans from Burlington County filling 40 buses that took us to Washington, DC to visit the new World War II Memorial. The trip was provided by Burlington County through a fund earmarked to be spent on veterans.

John used the occasion to tell his captive audience on the bus about the substantial advantages of living at Medford Leas. He spoke of the financial advantages, the diversity of the population, our attractive campus, our wonderful swimming pool, and our Master Gardeners' center.

In Washington, the WWII Memorial is situated between the Lincoln Memorial and the Washington Monument, to signify the importance of WWII in preserving and spreading the democratic ideals that were won under Washington and defended under Lincoln. Near the entrance to the Memorial is an information station where one can access a database with service records of those who served in that war.

Three types of visitors were in evidence: veterans, schoolchildren, and daughters and sons of vets no longer living. Their parents had been reluctant to talk about their service, so their children were there to learn more about it and to honor their parents' contributions.

A WEALTH OF LANGUAGES IV

by Betsy Pennink

Ed. Note: This continues the series of profiles of residents with useful language skills.

George Cardona was born in Brooklyn of Puerto Rican parents. He could read and write in Spanish at home before he was four and learned to read and write English at school. He also studied French. George went to NYU's College of Arts and Sciences, where he majored in Romance Languages and Classics. At Yale he received an M.A. and a Ph.D. in Indo-European studies and became interested in Sanskrit. In 1960 George got a job at the University of Pennsylvania in the Department of South Asian studies. He quickly learned Hindi, the *lingua franca* of India, so that he could teach it as well as Sanskrit. A grant in 1962 enabled him to go to India for a year to study Gujarati (Gandhi's mother tongue). In 1965 he returned to India to spend a year in the Holy City of Varanasi. There he met the last in a series of wonderful teachers, a man who was like a father to him. George expects to retire at the end of his 45th year at the University of Pennsylvania. He is writing a multi-volume work on Panini, the first giant grammarian of India, who lived in the fifth century B.C. George has published several works in Sanskrit.

Joy Moll discovered Spanish in high school. She then majored in Spanish at Douglass College in New Brunswick, NJ, and was offered a scholarship by the Federated Women's Club of NJ to take a graduate course in Peruvian language and culture at the University of San Marcos in Lima, Peru. Joy lived with a couple who made her part of the family. When the course finished, she found work, including a job as a bilingual secretary for Remington Rand of Peru. On her return to the U.S., Joy worked as a bilingual secretary with Wyeth International in Philadelphia. She has tutored in Spanish and made many trips back and forth to Peru, Ecuador, the Andean countries, and Brazil, including six weeks in the jungle with her family. Because of her strong bonds with South America, she remains in touch with several "extended families."

KNITTERS NEEDED

by Kitty Katzell

The Busy Hands Knitting Group has issued a call for knitters to help with making rompers, caps, afghan squares, mittens, and baby clothes. Patterns, yarn, and needles are provided. All items are quick and easy to make.

The rompers will dress teddy bears donated by the Salvation Army and will go to needy area children for Christmas.

The caps will go to Indian reservations for children who go to school in the back of open trucks.



The afghan squares are assembled by the Busy Hands and supplied to Medford Leas' nursing and assisted living areas. The mittens and baby clothes are donated to area charitable organizations.

Anyone wanting patterns, yarn, or needles may call **Helen Hamilton** (3243) or **Grace Schaffel** (3655). Starting September 7, the Knitting & Sewing Room will be open on Wednesdays from 9:30 to 11:45 a.m. From 9:30 to 11:00, residents are present to receive sewing jobs and the knitters join them from 10:00 to 11:45. The Room is also open on Thursdays from 9:30 to 11:00 for needlework socializing, to which current and future residents bring their own personal needlework – knitting, crocheting, quilting, embroidery – and enjoy each other's company.

FRIENDSHIP FORCE

by Louise Stiles

A June meeting in the Lumberton Leas Great Room brought together members of the Southern New Jersey Friendship Force Club. More than 350 of these clubs throughout the world are the strength behind Friendship Force International. Founded by its first president, Wayne Smith, and supported by President Jimmy Carter in 1977, Friendship Force International was a 1992 nominee for the Nobel Peace Prize. A nonprofit organization, it is headquartered in Atlanta and is active in more than 60 countries. Its mission is to promote friendship and goodwill through travel and homestay exchanges.

The Southern New Jersey Club has approximately 50 members including Lumberton Leas residents **Barbara Griffith**, **Barbara Degler** and **Lynn Immendorf**. With the help of Barbara Degler as Exchange Director, the Club members will host visitors from Ukraine in September. At the June meeting, in preparation for this visit, Barbara Griffith and a fellow member presented helpful information on the history and current status of Ukraine.

For the year 2006, the Southern New Jersey Club has been assigned one outbound trip to Alajuela, Costa Rica, in March and one inbound trip from Moscow in October. Club members are an active group under the leadership of President Sue Hoke from Cherry Hill. They all share in the organization's goal and motto of friendship and goodwill: "A world of friends is a world of peace."

New members are welcome. For more information: www.friendshipforce.com.



Barbara Degler & Lynn Immendorf pose during a Friendship Force visit to Japan in 2002

EMPLOYEE GRANT AND SCHOLARSHIP AWARDS

by Kay Cooley

One of the most meaningful ways in which residents support employees is through the three scholarship funds. This year a total of \$72,325 was awarded in 47 grants and scholarships

Assistance for continuing education in nursing and health services comes from the Nursing Scholarship Fund that was started by resident bequests early in the life of Medford Leas. Only the interest may be used for the awards that are made by the Estaugh Board's Nursing Scholarship Committee composed of Board members, staff, and residents. This year the Committee awarded \$51,475 to 16 employees.

The General Education Fund provides grants for non-nursing post-secondary programs. This fund also dates back many years to original resident bequests and is now supported primarily by Thrift Shop donations and resident contributions. Any employee who has worked at Medford Leas for at least two years and has served 300 hours during the most recent fiscal year may apply for one of these grants. This year the Estaugh General Education Advancement Committee of board members, staff, and residents awarded grants totaling \$18,350 to 30 employees to start or continue their post-secondary education.

The third fund was started by residents in 2000 to honor **Lois Forrest** when she retired as chief executive of Medford Leas. Annually worth \$2,500, it is a merit scholarship directed by a committee composed of seven residents with rotating terms and supported by the Director of Human Resources. The 2005 winner is **Jennifer Tetreault**, who graduated from Lenape High School in 2003 and from Burlington County College this year. Jenn will attend the School of Education at the University of Delaware this fall. Of 70 applicants, she was chosen for one of five places in this program for transfer students. She plans to become an elementary school teacher. Jenn and her parents were honored at a dinner

preceding the July 18 MLRA meeting at which the award was given. She has held various positions in the three years she has worked in Dining Services and she plans to return during vacations.



Jennifer Tetreault and parents

photo by Margery Rubin

HONORED EMPLOYEES

by Maggie Woodard & Kitty Katzell

Erin Bromiley, CNA, has worked on Estaugh since January 2002 and has served as their Employee Council representative during that time. Caring and helpful, she is much appreciated by residents and staff and was named April's Employee of the Month.

Joanne O'Rourke, a companion since October 1996, is looked upon by her residents and their families as a family member. Kind and thoughtful, with a great sense of humor, she was May's Employee of the Month.

Barry Sherzer started as a dining room server in August 1977 and transferred to the Environmental Services Department in June 2000. A very conscientious worker who serves on the Safety Committee, he was June's Employee of the Month.

Jackie Little started work at Medford Leas as a companion in 1992. She has also worked as a CNA in Assisted Living and as a driver in the

Health Center. Now she is the Health Center receptionist and July's Employee of the Month.

Linda Schultz is known to residents as the person in charge in the Activities Room. She has worked at Medford Leas since 1977, has two children, who attended the Day Care Center; and owns Sandy, a very special dog who visits residents in Assisted Living and Woolman. Linda was August's Employee of the Month.

Congratulations and thanks to these five employees for their loyal service to Medford Leas' residents!

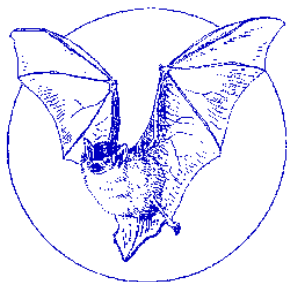
CAMPUS STORIES

by George Rubin

The Bat in the Hair Salon

When **Joe Doyle** came to work on Monday, August 8, he was surprised to see a large bat hanging from the ceiling of the main room of the Beauty Salon. Joe commented, "It didn't even have an appointment." He found it too big to grab himself so he called Maintenance. In the meantime, he continued to service his customers and no one even noticed the bat. When Maintenance took it down, they assured Joe that they would set it free outside.

Joe has no idea how the bat got in. This is the third one in the last fifteen years. He has a theory that it's an Irish bat, since he has leprechauns hanging from the ceiling. Joe wonders, "Each of these bats is getting bigger and bigger. Is it the same one growing up?" The bat, as it hung there, never said if it wanted a haircut or a perm.

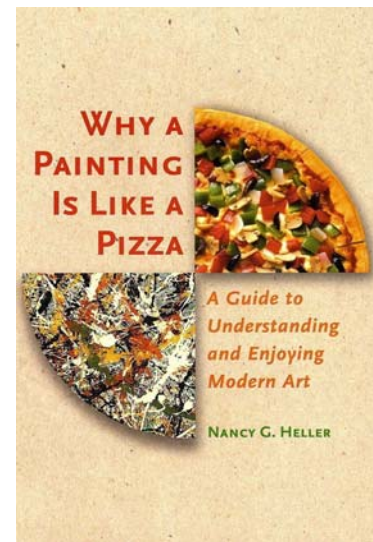


MEDFORD UNIVERSITY OFFERS TWO COURSES IN THE FALL

by Kay Cooley

Medford University's program will come in two parts this fall.

Leading off on Wednesday, September 14, will be Dr. Nancy Heller's four exciting slide lectures on "Scandalous, Feminist, Perplexing, & Loud: A Fall Series of Four Different Aspects of Modern & Contemporary Art." Dr. Heller is a professor of Modern Art History at The University of the Arts in Philadelphia and the author of two books, one a history of women artists and the other a guide to understanding and enjoying modern art. She is certain to open fascinating new vistas on modern art for connoisseurs and novices alike.



Following Dr. Heller's course, and with no connection whatsoever, Dr. Robert Hedrick, the presenter of "Our Founding Fathers," will return on two Wednesdays in October to talk about "History's Bad Boys, Benedict Arnold and Aaron Burr."

In order to accommodate Dr. Heller's schedule, classes will be held on Wednesday afternoons from 3:30 to 5:00 p.m. in the Auditorium. Course descriptions and enrollment forms were distributed in mid-August. Enrollments are due September 7.

ART GALLERY NEWS

by Helen L. Vukasin

The Medford Leas Gallery will be the site of a new exhibit featuring Anna Bellenger, winner of the 2004 Medford Leas Award at the Perkins Center for the Arts in Moorestown. This is the first year that Medford Leas has cooperated with Perkins to honor an artist that has been selected as part of the Perkins Center's prestigious "Works on Paper" exhibition.

An exhibit of Bellenger's silkscreen prints with watercolor and acrylics, entitled "Fur and Feathers, a Retrospective," will be on view from the beginning of September until the end of October.



Don't let the Fox Guard the Henhouse watercolor & silkscreen
Anna Bellenger

The reception for the artist will be held on Medford Leas Community Day, Saturday, September 24, from 10:30 a.m. to noon. The artist will talk about her work at 11 a.m.

Lumberton Leas Art Gallery is celebrating the work of resident **Rita Keiper** with an unusual exhibition of watercolor and acrylic paintings. The show will be up through mid-October.

Among the techniques Rita uses are:

- pouring paint through filters
- loading the brushes with more than one color
- adding collage to paintings
- using special printing techniques
- painting with liquid acrylics

Rita's work has been influenced by the modern interpretive forms of Cézanne who broke with tradition as he brought his subjects to the surface of the painting, creating what art gurus call "plasticity." He paved the way for more interpretive art in the form of abstract and non-representational paintings.

She is also indebted to the German chemists who introduced chemical pigments that offered more variety and intensity of color for artists. These chemists further developed the acrylic medium that provided new ways to paint on the flat surface.



Autumn Arpeggio Liquid Acrylic
Rita Keiper

RESIDENTS IN THE NEWS

by Ellen Stimler

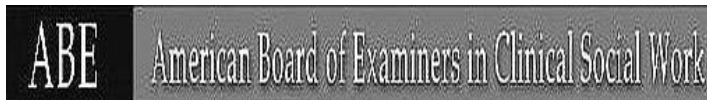
Maggie Heineman was active in the Weavers Way Co-op in the Mt. Airy neighborhood in Philadelphia in the 1970s. On May 18, 2005, at its annual meeting, Maggie was given the co-op's Honored Member Award and received a plaque that cites her "service and devotion in the formation and development of the Weavers Way Cooperative Association."



In June Maggie was featured prominently in a *Philadelphia Inquirer* article on the Class D bike rides of the South Jersey Outdoor Club (May 28, B-1). In 2003 Maggie was interested in Class D rides, less than 20 miles and less than 12 mph. However only two easy rides a month were available, so Maggie volunteered to become the D-ride coordinator. Now each month the club offers 16 to 20 Class D rides, with Maggie leading rides on Wednesday evenings and some weekend mornings. She told the *Inquirer* reporter that, since taking up biking, she had lost 50 pounds and is fitter than ever.



In July Maggie began training for a charity ride on September 24, the "City to Shore MS150." She will ride 75 miles from Woodcrest Station to Ocean City. Medford Leas residents have generously contributed more than \$1,300 to the National Multiple Sclerosis Society in support of her ride.



Margery Larrabee has been recertified as a Board Certified Diplomate in Clinical Social Work by the American Board of Examiners in Clinical Social Work. Recertification is annual and is based on the attainment of specified levels of continuing education, currency of practice, and maintenance of the state license in good standing. Margery's practice is with individuals and groups and includes workshops, retreats, consultations, and coaching.



Della Williams is the instructor of a seven-session course titled "Three Novels of Ethnic Women," which is offered in the fall term of the LIFE (Learning Institute for Elders) program at Burlington County College. Her course will be taught at the Mt. Laurel campus on listed Mondays from 2:30 to 3:50 p.m.. It starts on September 12 with Amy Tan's *The Joy Luck Club*. Payment of an annual fee of \$80 permits LIFE members to take as many courses as they want during the year. For a fall course brochure, call 609-894-9311.



Takashi and **Yuriko Mariuchi** are profiled in a three-page article in the Spring 2005 issue of the *ESR Reporter*, a semi-annual publication of the Earlam School of Religion. The essay summarizes Takashi's and Yuriko's internment during WWII, the assistance they received from Quaker organizations, the success of their farming operation in Mt. Laurel, Yuriko's flower-arranging activities, and Takashi's role in the establishment of Medford Leas. The school has named a classroom in honor of the couple in gratitude for their contributions to ESR.

WHO'S NEW

Catherine Barry and **Janet Leonard**, who moved into Apt. 98, have been asked whether they are sisters. Even though they do look a little bit alike, they are not related in any way. They are close friends who met in graduate school and have some important shared past experiences. But they want to be known as distinct individuals, with separate interests, and they may pursue different activities at Medford Leas. They came to Medford Leas on the recommendation of **Doris Curley** and expressed great appreciation for the "welcoming atmosphere" here.

Catherine grew up in Rhode Island. Right out of high school, she entered the order of the Sisters of Mercy, which at that time was a teaching order and active in social causes. While a member of the order, Catherine had a variety of teaching assignments even while continuing her own education, ending with a Ph.D. in French at Fordham University. Leaving the order after 23 years, Catherine became chair of the foreign language department at William Paterson College in Wayne, NJ. She retired in 1991. Her chief current interest is in Contemplative Outreach, a worldwide Christian-based lay community that holds workshops and seminars for its members. At Medford Leas, one of her most important goals is to remain physically fit and participate in other activities. She enjoys reading, classical music, plays, and art exhibits.

Janet was the youngest of eight children growing up in Los Angeles. She attended local schools and received a B.A. from Immaculate Heart College in L.A. As a young adult she joined the Sisters of Immaculate Heart, a teaching order, which sent her to Fordham University, where she earned an M.A. in American history and a doctorate in European history. In 1969 Janet left the order and for the next 23 years taught at what is now New Jersey City University. Most of her work was based in the college's Multicultural Center, which she helped to develop in the early '70s. In her retirement, Janet is particularly interested in contemplative spirituality that reflects

currents in Christian and Eastern thought. At Medford Leas, she is attracted to aquatic and other physical fitness programs as well as the great variety of MLRA offerings.

by Ellen Stimler

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Billee Kilmer Becker, who moved into Apt. 192, explained that she was named after Uncle Billy, who helped her young mother during her pregnancy while her husband was in the Army. When the baby turned out to be a girl, the name was given a feminine twist.

Billee grew up in Hatboro, PA, went to local schools, and received her RN credentials from Abington Memorial Hospital. She met Charles Becker at a dance, and two months after she finished nursing school they were married and moved to Philadelphia. At the start of WWII, Charles worked for Bendix Aviation, and Billee substituted at local hospitals. After the war, Charles transferred to a steel manufacturing company, and the couple moved to New Jersey, living first in Turnersville, then in Pennsauken, and finally in Leisuretowne. Charles died in 2002. Billee continued to live there alone, then moved in with one of her daughters in Langhorne, PA, but she felt very isolated during the day in both places. She came to Medford Leas on the recommendation of former Leisuretowne residents, and she wants to be socially active with aquatics and exercise, games (Scrabble, rummy, pinochle), and theater. Billee has two married daughters and one grandchild.

by Ellen Stimler

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Ruth Gralitzer Beckerman, Apt. 231, moved July 7 from Great Neck, NY. Three days later, she surprised her Sunday dinner group with the news that her son, John, and his wife, Harriet, were already putting the finishing touches on her apartment and hanging her pictures. John and Harriet did all of the moving work for Ruth.

Born in Brooklyn, Ruth lived in the New York City area until she moved to Medford Leas to be near her family, who live in Moorestown. In 1936, when CCNY's School of Business Administration opened registration to women, Ruth was one of the 75 women admitted. She stayed at CCNY for three years, majoring in education, and then worked for the City of New York in an office of the Department of Welfare for four years. At CCNY, Ruth met Stanley Beckerman and they were married in 1941. After her son was born, Ruth was a full-time homemaker, active in PTA and other volunteer work. As Stanley's career advanced, they moved from their little West Side apartment to Washington Heights to Fresh Meadows, Queens, and finally to Roslyn, Long Island. Stanley died in 1986, and Ruth moved to Great Neck in 1995.

The Beckermans loved travel and adventure. Several times they chartered a sailboat in the Caribbean and wandered among little-known islands. Most summers they went to a fishing camp in Maine or the Adirondacks. They were also frequent visitors to Mohonk.

Since she has always enjoyed crafts, painting and drawing, knitting, and birding, Ruth plans to explore these interests in her new home. She also looks forward to spending time with her extended family, including two great-grandchildren.

by Della Williams

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Mary Ann (Wendt) Black, Apt. 21, has two activities that are a bit unusual. One is holding, talking to, and cuddling babies at Our Lady of Lourdes Hospital. These babies are premature or physically fragile, and Mary Ann's attention to them is in addition to the time the natural parents are able to spend with their infants. Mary Ann's other unusual interest is motion pictures. Since 1988, she has watched and taped hundreds of

films, and every week she attends a movie discussion group that meets at the Mount Laurel Library.

Mary Ann was born in the Midwest and spent her high school, college, and early years of marriage in Colorado. She married George Black during college, had a son, and taught in grade school all before she acquired her degree. Before her son was two, Mary Ann had twin daughters. While her children were still young she cared for healthy foster babies who were awaiting adoption.

The Blacks moved to New Jersey in 1968, and Mary Ann taught 2nd and 4th grades for 24 years. The couple divorced when their children were in college.

Among her other interests, Mary Ann sings in her church choir and has sung with the Sweet Adelines; she folk dances; and she attends theater and concerts as well as motion pictures. Her children, all musicians, and six grandchildren aged 12-23 live in Tennessee, Ohio, and California/Japan. Mary Ann feels right at home at Medford Leas because she has friends here and she has been attending Medford University classes for two years.

by Margaret Melstrom

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Harriet Bussey, who moved into Apt. 141 in July, had two exciting lives before coming to Medford Leas, the first as the wife of a Democratic speechwriter, the second as the wife of a fraud investigator for a government agency.

Harriet grew up in St. Paul, MN, where she went to the local public schools and then graduated from the University of Minnesota with a degree in dental hygiene. She worked in that field for 18 years. She married Robert Nelson, a writer/editor who was hired as a speechwriter by George McGovern. This catapulted them into the political life in Washington in 1956. After McGovern lost

his first Senate bid in 1960, Robert held other political jobs, with Harriet at his side helping with fund-raising, keeping a busy social calendar, and raising three daughters. The couple divorced in 1984.

After that, Harriet switched careers. She held jobs as a medical transcriptionist and later served in a telecommunications company that was developing digital television (HDTV). She met and married David Bussey, an internal auditor for the Department of Agriculture Graduate School. They enjoyed five years together traveling to his international assignments. After David's death in 1994, Harriet moved to Mantua, NJ, to be near one of her daughters, and there became a hospice volunteer.

by Ellen Stimler

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With **Tom Darlington's** July move into Apt. 35, Medford Leas has acquired one of the most knowledgeable and experienced people about New Jersey's famous cranberry and blueberry crops. For over 50 years, Tom was CEO of J.J. White Inc. (Whitesbog), one of the largest cranberry properties in the nation and the former headquarters of Elizabeth White, developer of the cultivated blueberry.

Tom's mother was one of four daughters of J. J. White, the founder of Whitesbog. She was married to Lewis W. Darlington, a birthright Quaker and dentist practicing in Lansdowne, PA. Tom went to Quaker schools and got a mechanical engineering degree at Swarthmore, where he met **Bud Stratton** and **Bill Carson**.

Tom's involvement with Whitesbog was the result of the sudden death of his older brother in a crash of his Piper Cub plane. At the time, Tom had a great job designing jet engine parts at Westinghouse and wasn't interested in running Whitesbog. He changed his mind when old-timer

employees promised him that they would do all the berry work and that he could concentrate on designing machinery for the business. So Tom took his new bride, Martha, to live in the superintendent's house at Whitesbog and set about designing harvesting, cleaning, and pruning machinery. He received a patent for his picking machine.

During the Whitesbog years, the family, which then included two boys and two girls, lived in New Lisbon. Martha was a staunch supporter of the county and state library systems. She died in December 2004.

At this time, Tom's oldest son has taken over his father's job and told him he would call him if he needed his advice. Tom is slowly getting used to his retirement and looking into ways to help residents here at Medford Leas, perhaps by becoming a health volunteer.

by Ellen Stimler

REMINDER TO ALL USING POOL AT THE LUMBERTON CAMPUS

The primary purpose of the swimming pool is to provide enjoyment and exercise for our residents.

A resident must accompany any guest at all times and the resident must be alert and aware of the conduct of guests.

We will appreciate your cooperation.

Medford Leas at Lumberton Council
August 8, 2005

SEPTEMBER CRYPTOGRAM

by Mickey Gray

Here is the solution to the June cryptogram:

I LOVE FUN AND FROLIC AND SPONTANEOUS JOYOUSNESS AS WELL AS ANY MAN LIVING. I CANNOT BEAR MORBIDNESS OR PRIMNESS OR STILTED PIETY OR GOODYGOODYISM.

—RUFUS JONES

The correct solvers were: **Ken Anderson, Miriam Angle, Ruth Blattenberger, Judy Braddy** (employee), **Mort Bregman, Florence Brudon, Marion Burk, Scott Charles, Liz Dill, Betty Donahue, Louise Evaul, Mary Fenimore, Mickey Gray, Neil and Marian Hartman, Herb Heineman, Barbara Heizman, Eleanor Horner, Jane Hunter, Warren and Euseba Kamensky, Sally Klos, Mary Ann Metzger, Alice Norcross, Helen Peterson, Alfred H. Rudrauff, Doris Salati, Florence Sawyer, Bonnie Schilling, Nickie Stevenson, Ellen Stimler, Hana Stranska, Miriam Ward, Ellen Wiener, Marie Winton, Gladys Wynkoop.**

Here is the September cryptogram:

BDCFKX VKD CFHPD, UWKD VCI

TDKFZM VCI ODB BTD XFUKVCF

ZY XTD TVX CFB BKVOZMVPPJ

DGUZKDI HDYFKD BTD YZCVP

MWKBVZC. HWB HVKZBFCDX VKD

HFKC QZPPVZCX ZC FUDKV.

—PDFCVKI LVKKDC

Please put solution in envelope and leave in Box 116 no later than September 10.

MEDFORD LEAS LIFE

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Distributors: "Pete" Johnson, Mary Lou Mullen, Mary Toda, Ginette Weld

Recorder: Florence Sawyer

Medford Leas Life is published monthly, September through June, by the Medford Leas Residents Association. Copies are distributed to all residents and to those on the waiting list. Subscriptions are available to others at \$7.50 per 10-issue volume by writing to Medford Leas Life, 144 Medford Leas, Medford, NJ 08055. Medford Leas can be reached by phone at (609) 654-3000; by FAX at (609) 654-7894; on the World Wide Web at www.medfordleas.org. The email address is information@medfordleas.org. When using FAX or email, specify the name of the person to receive the message. The Medford Leas Residents Association has a separate website at www.mlra.org.

**Deadline for submissions:
10th of the month preceding publication**



printed by Minuteman Press, Berlin, NJ