



Medford Leas LIFE

VOL. XXIX, No. 5

MAY 2002

MEDFORD UNIVERSITY OFFERS SPRING COURSE

by Kay Cooley

On April 8, Medford University started its second year with a spring course in ecology. Fifty students have enrolled in "Ecosystems: From the Pinelands to the Atlantic Shore; from the Tropical Rain Forests to American Deserts." For the first time, people on the waiting list have joined residents from the three Medford Leas campuses for classes.

The course will cover such topics as New Jersey ecosystems, water resources, biodiversity, human population growth and sustaining wilderness areas and wild species. A field trip on May 3 will complement the five Monday afternoon classes in April and early May. **Dr. Kathleen Sweeney** will share her experiences in the Galapagos Islands, the Great Barrier Reef, the glaciers of Alaska, and the volcanoes of Hawaii. A member of the Burlington County College science faculty since 1976, she earned a masters degree and a doctorate in science education at Rutgers. Dr. Sweeney's enthusiasm for ecology is infectious.

Over 100 students have enrolled in Medford University classes so far. In 2001, courses covered a survey of ancient civilizations, comparative European governments, and civil rights issues. Suggestions, in writing, for topics of new courses are welcome. Drop a note to **Kay Cooley**, coordinator.

MAY VESPERS SERVICES

Everyone is welcome to attend Vesper services, held at 4:00 p.m. every Sunday afternoon in the Activities Room. The services are ecumenical in nature, and the speakers include lay residents, residents who are retired ministers, other retired ministers who live in the area, and current ministers of area Catholic and Protestant churches. The services are usually over between 4:45 and 5:00 p.m.

During the month of May, the following Vespers programs are scheduled:

- May 5 - **Rev. Ray Carter**, Methodist, Retired
Leas Madrigals will sing
- May 12 - **Rev. William LeConey**, American Baptist, Retired; Lumberton Leas resident
- May 19 - CREDO service in the Auditorium
(See paragraph below)
- May 26 - **Rev. James Kraft**, Pastor, Mount Holly Presbyterian Church

On Sunday, May 19, instead of the usual Vespers, there will be an ecumenical CREDO service in the Auditorium at 4:00 P.M. CREDO is an acronym for Churches Renewing Ecumenical Dialogue and Outreach. It is an organization of local churches. The participants in the service will be local clergy and choirs, and it is expected that members of the participating churches from the area will attend. Again, everyone is welcome.

EMPLOYEE SERVICE RECOGNITION DINNER

by Kay Cooley

The annual Employee Service Recognition Dinner was held at Charley's Other Brother Restaurant in Mt. Holly on March 22. At it, employees with 3, 5, 10, 15, 20, and 25 years of employment received awards in recognition of their service. **Doris Wallace** and **Helga Ayres** were the first on the staff to be acknowledged for 30 years of employment. Helga, whose health had necessitated her early retirement, was warmly welcomed for the evening's festivities. The 2001 Employees of the Month, the 2001 Employee Council, and past Employees of the Year joined representatives of the Estaugh Board, several residents, and staff department heads for the celebration.

After dinner, **Mike Peasley** served as master of ceremonies for a program that emulated the Oscar Awards in its buildup of anticipation. Who would be named Employee of the Year? Mike began by recognizing **Dave Wilder**, who for eight years has coordinated the Appreciation Fund, the source of holiday checks for the staff from the residents as an expression of their gratitude.

Comments by **Bob Gray**, representing the Estaugh Board, and by **Sam Howarth**, on behalf of the residents, prefaced Mike Peasley's words of deep appreciation to the staff for their outstanding contributions to Medford Leas. Mike cited the deficiency-free report by the State Department of Health and Senior Services as the most recent evidence of the high caliber of employee performance. Then he announced that **Alice LeMunyon**, from Environmental Services, had been voted by her peers from among the Employees of the Month as the 2001 Employee of the Year.

Alice joined Medford Leas in 1985 and has worked in all areas of the community, but is most regularly to be found in the laundry. Recently, she and **George LeMunyon** of Maintenance were married. Congratulations to Alice and to all

the employees celebrating their service anniversaries.



BIRD CLUB REPORT

by Jean Jordan

The Bird Club traveled to Palmyra Cove Nature Center on April 10. Though the day was sunny, a stiff breeze off the Delaware River encouraged participants to keep heads and hands covered. They had gone both to enjoy bird sightings and to see the status of facilities at this new park located directly under the Tacony-Palmyra Bridge. It was good to see work in progress on the Visitors' Center. The park offers easy walking with varied habitat, so the birders followed the path and were soon taking in the view of Philadelphia and the Delaware River.

Sixteen species were sighted during the two-hour walk. Song sparrows were out in full force, singing for the walkers almost every step of the way. There were also two sightings that especially pleased the group. The osprey sat in a tree close overhead and rested while its size and beautifully marked face were admired, and the hermit thrush was busy scratching in the brush, apparently looking for food. This bird will not be here long, as it is migrating through on its way to northern New England. The return of the tree swallows was noted and their aerial acrobatics were followed as they swooped around seeking both mates and housing.

The Lumberton Leas birders have been looking down on Monarch Lake to see the eight swans swimming. They arrived on April 3 or 4 and were still there on the 10th. Observers have agreed that they are mute swans and they are beautiful.

THE CHARM OF JAPANESE KOTO MUSIC

by Ruth Blattenberger

The Koto is a traditional Japanese instrument whose history goes back many centuries. It produces a sound that is distinctive in Japan's spectrum of musical instruments. The instrument is a six-foot long zither made of paulownia (kiri) wood with movable bridges supporting 13 silk strings, which are plucked with three ivory picks worn on the right hand. The left hand also manipulates the string to create more varied sounds.

The month of May is Asian-Pacific American Heritage Month, and the Diversity Committee and the Leas Forum are sponsoring a performance by seven members of the Toho Koto Society of Washington D.C. in the Auditorium on Saturday, May 25, at 3:00 P.M.

The entire group of 100 performers of the Koto Society reside in the Washington area. They were organized to promote understanding and appreciation of koto music. **Kyoko Okamoto**, the director, was educated and trained in Japan. She teaches at the University of Maryland and holds faculty appointments on several other campuses. She will introduce and explain some of the background of koto music at the concert. The seven members, one a flutist, will provide a special treat of sounds and also make the occasion a treat for the eyes. The players will be attired in traditional kimonos. Their numerous previous engagements have included the Kennedy Center, the Smithsonian Institution, Hirshhorn Museum, Wolf Trap, and many college and cultural communities. In addition, national TV and radio broadcasts have aired their programs.

Medford Leas is fortunate to have the Koto Society come in this Heritage month. **Mary Toda** was an initial contact person; **Sumi Kobayashi** handled the arrangements for the Diversity Committee.

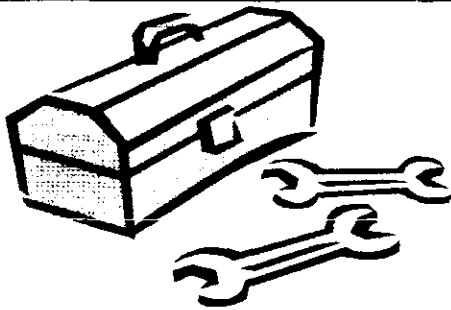
NEWS FROM LUMBERTON LEAS

by Helen Vukasin

Spring has sprung at Lumberton Leas. The famous country club pool opened on April 20 for the hardy, and daffodils are already past their prime. Now everyone is waiting for the meadow to come to life.

Improvements at the pool include an emergency direct phone line to 911, and a large space at one end of the pool to be covered by an awning to provide shade in the heat of the summer. Inside the Community Center, the second art exhibit opened in April. The artists showing their small paintings are **Stanley Brush, Todd Butler, Anne Cree, Alice Culbreth, Rita Keiper, and Toby Sullivan**. It is a pleasure to announce the beginning of a permanent collection of paintings that will be hung in the Community Center. **Ellen & Saul Stimier** have donated a beautiful street scene by artist **Rosemary Naegele** of New York.

Last year, the Welcoming and Welfare Committee was winding down its arduous task as all of the units at Lumberton Leas were about to be fully occupied. Looking ahead to the needs of the community, the Committee came up with the idea of organizing clusters of units that would serve to identify needs of the individuals and to alert the community in case of a neighbor's illness or loss of a close family member. The 110 units were divided into eight groups of continuous residences, the idea being that geographic closeness would make it easier to communicate and to be aware of what was happening. It has been a successful venture. Each cluster is chaired, at least for this year, by a couple. They have had a variety of social events from dinners out to small gatherings in the home of the cluster chair.



BEHIND THE SCENES

by Bob Minter

Before you take **Bill Murphy's** tour of the Medford Leas physical plant, you know your environment is comfortable and well-managed. After the one-hour tour, you will know a lot more about how it's done. You will appreciate the high degree of integration maintained among several components of our total system.

Medford Leas' water is drawn from two 320-foot wells. It is treated and softened in our own water-treatment plant. If necessary, we can draw on Medford's municipal water system as a backup.

With co-generation, Medford Leas uses natural gas to produce 60 kilowatts of electric power and economically transfers the waste heat to its two huge heating boilers, resulting in a 7% saving. The boilers can alternatively be fired by natural gas or fuel oil, depending on prices. In cold weather, they provide thermostatically controlled hot water to each room in the main building. In warm weather, large chillers provide similarly controlled circulating cold water. Standby outdoor diesel-powered generators ensure an uninterrupted supply of power.

The air that residents breathe is kept odor-free at constant temperature and humidity by a makeup air-handling system. It manages seven changes of air every hour and regulates indoor atmospheres at comfortable levels.

The telephone and television systems (both satellite and now fiber-optic) are centered in a complex bedroom-size control center. Connections depend on dedicated lines that are computer-controlled.

The special needs of Medford Leas multi-level health center are closely monitored. Oxygen is supplied from a centralized bank of large supply cylinders. The disposition of hazardous wastes is handled with care.

A modern laundry, with two 6-foot diameter washers and five similar-sized dryers, provides the steady supply of clean washcloths, towels, and bed linens provided to full-service residents each week. Yes, the entire output is patiently folded by hand!

Fire protection includes smoke alarms and sprinklers in every room. And Medford's Fire Department is close at hand. The internal security system at Medford Leas is backed up by the Medford Police Department.

Work orders for maintenance or repair are handled by the Maintenance Department. In that shop one sees the tools, fasteners, special parts, etc., that are required for the wide variety of jobs the workmen can handle.

Loading dock personnel handle incoming supplies and equipment of all kinds. They also transfer outgoing trash to a huge compactor and separately bale discarded paper and cardboard to be recycled.

The computerized power management system enables Bill Murphy to scan the operation of each of the component systems and diagnose problems quickly. When needed, he can call upon outside electro-mechanical contractors to move in quickly to handle major jobs.

Reading this description will give readers a sketchy idea of the magnitude and complexity of the Medford Leas infrastructure. Residents can experience it for themselves by signing up to take one of the future tours to learn more about what makes Medford Leas a smoothly functioning community.

IN THE NEWS

On Sunday, March 31, the "Neighbors" section of the *Philadelphia Inquirer* reported on Medford Leas' Adopt-a-Grandparent program with the Kenneth R. Olson Middle School in Tabernacle. **Mary McGlone** was mentioned by name.

Dorothy Pierce's experiment painting/sculpture was accepted for the Ramsey Show at the Mount Holly Library. The show closed on April 10th.

From April 29 to May 27, the Deborah Hospital Foundation is sponsoring a Designers' Show House at 301 High Street in Mount Holly. In 1952, **Betty & Caroline Heyl** bought the house, moved the Buttonwood Nursery School there, and operated it there for 30 years.

A recent publication of the *American Farmland Trust* presented a Farm Legacy Case Study featuring **Miriam Ward** and **Charleen Cosand**. They had owned a farm in Indiana, which they turned over to the Farm Legacy Program of the Trust. The brochure included an excellent color photo of the sisters.

The Perkins Juried Watercolor Show, in Moorestown from April 26 to May 26, will be showing two paintings by **Alice Culbreth** and one by **Anne Cree**. The opening reception was held on April 26 from 7 to 9 p.m. Both artists received Jurors' Awards.

SPRING TEA

The MLRA Spring Tea will be held on Tuesday, May 21, from 2:30 to 4:00 p.m. in the Atrium and the Lounge. Come and greet new residents, and enjoy Dining Services' famous treats.

HUMOR IN THE HOSPITAL

by Gertrude Marshall

Recently my husband spent time in Virtua Hospital. Son **Ed**, daughter-in-law **Joanna**, and grandsons **Edward**, 12, and **William**, 10, came from Pennsylvania to visit.

Toward noon, William was sent down to the Coffee Shop to order several bacon-lettuce-and-tomato sandwiches. As time passed, Joanna decided to go and help him carry the load. When she reached the Coffee Shop, the order was almost ready. The sandwich-maker looked at Joanna and said, "Is he your son?" Joanna admitted that he was. The sandwich-maker laughed and said, "He should go to the Wharton School! Each sandwich comes with a side order of cole slaw, and he asked me 'Could I trade one of those cole slaws for some bubble gum?'"

William got his bubblegum and we got our sandwiches and cole slaw. In a decade or so, the University of Pennsylvania and William will see about Wharton.

RUMINATIONS OF A SEPTUAGENARIAN

by Stanley Brush

We gave little heed
while youthful and busy
to the Stations of Life
named
Deaf
and
Dizzy.



WHAT WAS IT?

by Rose Cruikshank

One Monday morning three years ago, a number of packing boxes arrived at the Thrift shop with contents left by a deceased resident. As Thrift Shop volunteers unpacked, we came upon a unique bowl. It was of a hard dark wood with a stump-shaped short handle, about 6" high and about 7½" across. The outside had incised drawings of a primitive type and the inside was lined with a thin layer of copper.

What was it? How should we price it? We decided on \$25. It didn't sell, so the next week it was reduced to \$10. It still didn't sell. By this time, I had become interested in it so I offered to see what I could find out about the object.

That was the beginning of a three-year research project. It came alive when I saw an old issue of *Smithsonian* magazine. The cover had a picture of a young woman holding a bowl similar to our bowl and featured an article entitled "It All Comes Out in the Wash" by Chiori Santiago. What she was holding was identified as a Chinese iron. Now began my letters to museums and curators seeking help in determining the age and area of origin of our bowl.

Also began unbelievable delays and frustrations -- the curator is on vacation, is no longer with us, we need to see a picture, the picture's not good enough (from my 17-year-old Instamatic), and last but not least, we would have to see it in person.

Once again my search came alive when **Chan-su Hutchins** of the Asian Ethnology section of the Department of Anthropology of the National Museum of Natural History in Washington, DC, wrote: "Dr. Taylor and I believe it is a vessel of Tibetan origin used to warm tea with yak butter." But they, too, preferred to see it.

Again, I needed to provide visual confirmation. The Medford Leas bus trip to the Eakens exhibit at the Philadelphia Museum could provide it. Luckily, I had already signed up for the trip. But to get to see the curator of Asian Art, I would need an impressive request, not just one of my letters. So I turned to **Mike Peasley**, executive director, who responded with immediate interest and, on official letterhead, requested an appointment. Not only that. He said, "How about a picture?" He had a digital camera and the picture was so great and so dramatic, it took my breath away. (It is on display in the Atrium.)

The appointment was granted and I rode in to the Museum with the Medford Leas group to see the Eakens exhibit. I was met at the door and personally escorted to the Asian curator's office, where, to my amazement, the gracious and delightful curator took the vessel and held it to her nose. Then she laughed and said, "If you have ever had tea with yak milk, you never forget it. This bowl is Tibetan and from one of the many pastoral nomad tribes of the Tibetan Plateau." I felt as if I could fly home, but I rejoined the others at the exhibit.

The bowl and its picture can be seen in the Thrift Shop any Tuesday in May during regular sale hours, 10:30 a.m. to 12:30 p.m., and on Wednesdays when the Shop is open for Night Owls. It is to be sold by silent auction. Bids should be put in the Thrift Shop Bid Box and the highest bid to date will be posted on the wall next to the Bid Box every Tuesday afternoon. The winner will be announced after the closing on Wednesday, May 29.

WHAT'S NEW IN MAGAZINES

by Ellen Stimler

For sufferers of significant low-back pain, an article by **Jerome Groopman**, professor of medicine at Harvard Medical School, is must reading (*New Yorker*, 4/8/02). He estimates that two-thirds of Americans experience such pain and spend between 30 and 75 billion dollars a year for treatments that often do not alleviate and may even increase the pain and disability. The author himself is afflicted with the problem and underwent the tests and the "fusion operation" considered state-of-the-art for treating it. Because he didn't get any significant relief from the procedures, he set about researching all the medical literature available on the outcomes of these treatments. Here are some of his findings: (1) The tests and scans used to justify the diagnosis of spinal instability, which is the rationale for the fusion operation, are highly controversial and subject to misinterpretation; (2) a large percentage of patients improve without any treatment within two to seven weeks; (3) the spinal surgeons' trade group lobbied to kill a bill that would have required an evaluation of the fusion operation, for which they can charge up to \$30,000; (4) a California surgeon estimates that less than 25% of fusion operations will be completely successful and a Scandinavian study came up with a success rate of only 16.6%. In conclusion, Groopman calls attention to a new rehabilitative exercise program of aggressive strengthening exercises that improved physical capacity and reduced pain for nearly all patients in a group that had had prior forms of surgery or treatment.

Birds do have a sense of smell and use it to lead them to food sources and also in love-making, according to the latest research and contrary to John J. Audubon's conclusions from his vulture experiments. In a study with seabirds, odorous ground-up krill mixed with oil and spread on water attracted five times as many birds as oil alone. In another test, birds stayed away from food that was combined with a poisonous substance. In another experiment with seabirds called Crested Auklets, which are said to smell

like ripe tangerines, the researchers discovered that during courtship, the birds rub their bills along each others' necks, where the citrus scent is strongest. These are just a few of the new studies summarized in an article by **Cynthia Berger** in *Birders Magazine* (April '02).

Network TV was expected to be overwhelmed by Cable TV, with its more than 100 channels, but it hasn't happened so far. In fact, NBC and CBS, the leading networks, have racked up substantial profits during the past fiscal year and have adapted to the challenge. Although the networks' share of the viewing audience has shrunk to 58%, it still exceeds cable, where many stations have "niche" audiences based on specialized interests. Cable operators have an advantage in generating income not only from advertising but also from ever rising monthly fees, while networks are facing declining advertising revenues and rising production costs. Some of their cost-reducing strategies have been to produce shows in low-cost countries, jettison expensive sports shows, resell their most successful programs, and purchase stakes in leading cable companies just to be on the safe side. One thing they have not done is to cut the costs of their most watched shows, such as *ER*, *Friends*, and *Frasier*, because they believe that quality shows are what keeps attracting viewers away from cable. (*Fortune*, by **Marc Gunther**, April '02)

IN MEMORIAM

Emma Fortna
Ione Barnes
Grace Castner

March 20, 2002
April 7, 2002
April 12, 2002

ALCOHOL AWARENESS MONTH

by Leila Krastek

April was Alcohol Awareness Month. In reading various studies on the use of alcohol in the senior population, the conclusion seems to depend on the study. Some studies state that the prevalence of alcohol consumption and abuse decreases with age. Others say that of 35 million Americans over 60, three million, or 3%, of the elderly population are alcoholics. And the number is said to be growing.

Despite these differences, there are common points on which most studies agree. There are two forms of alcoholism seen in the elderly. The first is early onset alcoholism beginning before age 65 and progressing through the years. The other is late onset, beginning after age 65. The late onset type is of greater concern. People affected by this second type may not even be aware of the problem.

According to *Gerontologist* magazine, factors that contribute to late onset drinking problems may include: increased biological sensitivity to alcohol; medication interactions; the everyday stresses of aging; increased free time and opportunity; pressure from peers to drink more; and social isolation.

Studies can also be found that report the benefits of drinking alcohol. Researchers find decreased death rates from cardiovascular disease, a reduction in Alzheimer's disease, better mental functioning, and increased sociability.

Although April has passed, it is important to take time to examine drinking habits and to be aware of how alcohol consumption influences well-being.

HEALTH CENTER NEWS

by Wendi Ruddy

May is Osteoporosis Prevention Month and also Better Sleep Month. Information on both of these topics will be available in the Health Center and the Wellness Center.

With pleasant outdoor weather comes exposure to sun, plants, and insects that can cause skin problems. Look for the pamphlets on skin care, offending plants, and ticks and Lyme disease in the Health Center.

The following programs will be held during May. All programs will be at 11 a.m. in the Auditorium.

- May 17 -- *Getting Better Sleep*, **Jaime Pitner**
- May 20 -- *Parkinson's Disease*, **Dr. Seth Keller**
- May 24 -- *The Aging Shoulder*,
Dr. Joseph Farrell and Vicky Cann, O.T.

THE GALLERY

The exhibition in the Gallery
from **May 2** through **May 29**
will feature works by **Carol Goberman**.
The reception to honor the artist
will be held on Tuesday afternoon, **May 7**,
from 3:00 to 4:30 P.M.

**MEDFORD LEAS,
A FAMILY PLACE**

by Maggie Woodard

Residents often remark that living in Medford Leas feels like being part of a big family. It turns out that there are so many residents with relatives living here that, in many cases, it literally is a big family!

Four current residents have children living here: **Emily Taylor** and her daughter, **Jean Hartwig**; **Arthur Seeger** and his son, **Dan**; **Evelyn Gusky** and her daughter, **Ruth Lipoti**; and **Mary Domenico** and her daughter, **Ann Naulty**.

Forty-six residents are siblings. In most cases, there are two members from a family: **Miriam Ward & Charleen Cosand**; **Edna Burkhardt & Mary Douglas**; **Betty & Jim Irvine**; **Cynthia Mott & Dave Wilder**; **Rachel & Alice Letchworth**; **Catherine & Fred Greenley**; **Ruth Lightfoot & Lydia Andrews**; **Mae Lundin & Pearl Sharp**; **Yuri Moriuchi & Hiro Uyehara**; **John Parnell & Gertrude Marshall**; **Dorothy Kriebel & Martha Palmer**; **Gladys Cox & Jack Akeerboom**; **Carolyn Terrell & Frank Nicholson**; **John & Stanley Brush**; **John & Evert Bartholomew**; **Lin House & Bill Lindeman**; **Grace Stewart & George Spicer**. In four families, there are three siblings living here: **Ruth Engle, Virginia Jones, & Vivian Hart**; **Elizabeth Lees, Joyce Haas, & Ken Cooper**; **Ella Haines, Cornelia Peck, & Charles Peck**; **Helen Peterson, Elinor Scull, & Albert Stiles**.

There are also ten cousins that we know of: **Barbara Davis & Geraldine Dickerson**; **Ruth Yordon & Charlotte Ludwig**; **Emily Taylor & Carolyn Terrell**; **Lois Rickett & Claire Engle**; **Emily Taylor & David Swartz**.

And there are in-laws and perhaps others that we missed in our count. That so many relatives have chosen to live here attests both to the quality of their relationships and to the good life they have found here.

2002 OLYMPICS

Sign-up day was Wednesday, April 24, for Medford Leas Annual Olympics. The big fitness event of the year starts with Opening Night on Thursday, May 2, with the yearly Scooter Parade and Baseball Game (rain date, May 6).

There's something for everyone among the Olympic Events, so plan to join the fun.

- | | |
|----------------------|----------------|
| Aquatic Events | Scrabble |
| Bicycling | Shuffleboard |
| Bowling | Spelling |
| Bridge (Progressive) | Table Pool |
| Chess | Table Tennis |
| Croquet | Tennis |
| Golf: Pitching | Walking Events |
| Golf: Putting | |

Even if you didn't sign up before April 24, you can arrange to participate. Check with one of the Fitness Center staff or at the Front Desk.

NEW TALKING BOOKS

Myra Binstock, Librarian

FICTION

Gaines, E. J. *A Lesson Before Dying*

NON-FICTION

Bowden, M. *Black Hawk Down*

Jordan, V. *Vernon Can Read!*

Lansing, A. *Endurance: Shackelton's Incredible Voyage*

Nasar, S. *A Beautiful Mind*

O'Connor, S. *Lazy B*

Powers, R. *Tom and Huck Don't Live Here Anymore*

Winik, J. *April 1865*

MYSTERY & SUSPENSE

Baldacci, D. *Last Man Standing*

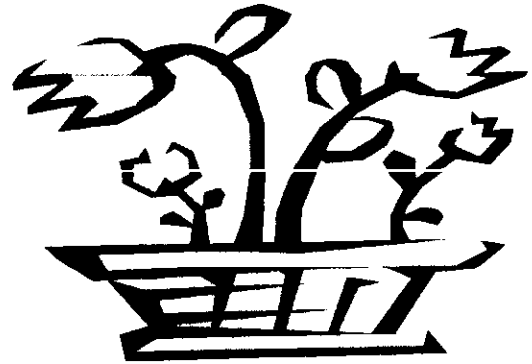
Patterson, J. *Second Chance*

OVERHEARD IN DINING ROOM

by Ellen Stimler

Two couples and two widows were in animated dinner conversation when the talk drifted to their adult children. One wife's face lit up and she confided happily that her unmarried son, in his early forties, had finally found a most congenial spouse. "How and where did he meet her?" everyone wanted to know. The mother paused and, with an impish laugh, said: "On the Internet." With barely a moment's pause, the other wife burst out: "Oh, heavens! That's simply amazing. My son did the very same thing, and he was married just a couple of months ago." Which caused one of the widows to chime in: "Well, the Internet seems to be the modern hi-tech match-maker. I have two close friends whose children both found their soulmates on the Internet. One was a woman rabbi, who had real difficulty finding someone who matched her religious and intellectual involvements, and the other was a busy woman doctor, who needed a 'house-husband.'" Silently, the other widow was hoping her own unmarried son, in his early forties, would check out the Internet.

**DEADLINE
FOR THE JUNE ISSUE
IS MAY 20**



PLANT SALE REMINDER

by Ellen Wiener & Dottie Kriebel

The annual Plant Sale will be held on Thursday, May 9, in the Estaugh Mall from 8:00 a.m. until noon. A great selection of annuals, hanging baskets, herbs, and vegetables will be available. On Wednesday evening, May 8, between 6:30 and 7:30 p.m., the sale will be open for residents for whom shopping would be difficult, because of their wheel chairs, walkers, or the like. This plan allows these residents, who need more time to shop, a quieter atmosphere, more moving space, and less chance of an accident. Tickets for Wednesday night shopping may be picked up at the Front Desk on Tuesday, May 7

CARPENTER BEES

by Sally Burrowes

Carpenter bees dart to and fro quilting the heat-puffed air.

LARGE PRINT LIBRARY ADDITIONS

Ruth Hayes, Librarian

FICTION

- Bradford, B. T. *Three Weeks in Paris*
- Cookson, C. *The Silent Lady*
- Cookson, C. *House Divided*
- Grisham, J. *Painted House*
- Pilcher, R. *Starting Over*
- Rice, L. *Safe Harbor*
- Sparks, N. *A Walk to Remember*
- Steel, D. *The Cottage*
- Steel, D. *Leap of Faith*
- Stokes, P. J. *The Blue Bottle Club*
- Wick, L. *Texas Sky*
- Wick, L. *The Proposal*

MYSTERY

- Baldacci, D. *Last Man Standing*
- Clark, C. & M. H. *He Sees You When You're Sleeping*
- Clark, M. H. *Daddy's Little Girl*
- Cornwell, P. *The Last Precinct*
- Follett, K. *Jackdaws*
- Grisham, J. *The Summons*
- Meltzer, B. *The Millionaire*
- Patterson, J. *Violets Are Blue*
- Roberts, N. *Midnight Bayou*
- Roosevelt, E. *Murder at the President's Door*

READER'S DIGEST SELECT EDITIONS

- Clark, M. H. *Before I Say Good-bye*
- Hughes, R. *A Jerk on One End*

When returning books to the Large Print Library, please try to slide them into the cabinet gently so they do not open, breaking the bindings.

Many thanks for all donated books. They are enjoyed by many residents.

CRYPTOGRAM

by Russell Hill

Here is the solution to the April Cryptogram:

Some mute inglorious Milton here may rest,
 Some Cromwell guiltless of his country's blood.
T(homas) Gray
 (Elegy Written in a Country Churchyard)

There were 14 correct solutions, from **Lydia Andrews, Mary Barth, Ruth Blattenberger, Mort Bregman, Florence Brudon, Don Davis, Herb Heineman, Euseba Kamensky, Kitty Katzell, Helen Peterson, Betty Preston, Liliane Reynolds, Ellen Wiener, John & Marie Winton.**

Here is the May Cryptogram:

M P C H, B Z B L, H P L
 H M R H X C V E C D J,
 M P Z V J L X X R F, G R E E L D,
 H R E E C T J B K F P L J
 F Z P C D J . . .
 M P Z J C D L J H Z M Z Z,
 C X J H P L X H Z T R E L T,
 M Z D H T L Q - V Z X H C N K.
J Z E F Z X

Put solutions in Box 45 by May 15.

OOPS!

There were two typos in the April Cryptogram column. The word "solution" came out "wolution," and the second word in the title of the Dryden poem in the March Cryptogram should have been "mirabilis." Don't blame the proof-readers; they didn't see it before it went to press. K.K.

WHO'S NEW

John & Margaret (Malcolm) Brzostoski, Apt. 157, are two talented artists from Red Bank, members of Shrewsbury Meeting. They are close friends of **Grace Schaffel**, whom they met in Red Bank. They also know other residents through their Quaker affiliations.

John has a Bachelors of Fine Arts and a Master of Fine Arts in painting from Syracuse University. He also studied art history at the Institute of Art at NYU. He had a studio at Red Bank and simultaneously taught art at the Red Bank High School and Oriental Art History at NYU and the New School for Social Research. He was curator of the Tibetan Collection at Riverside Museum in New York City, and, as a Trustee of a Buddhist monastery in New Jersey, led four trips to Tibet for Chicago's Field Museum and a travel agency.

Margaret, a practicing artist and weaver, has an M.A. from Kean University. After teaching art at Goddard and Georgian Court Colleges, she taught art at Jamesburg Juvenile Correctional Institution and was activities director at Navesink House, a CCRC in Red Bank. Exhibitions of her work have been held in many New York City venues, including Lincoln Center.

In recent years, John and Margaret have traveled in Turkey, Morocco, Indonesia, and Scotland. They have three sons, one daughter, and five grandchildren.

WHO'S NEW

by Cis Cooper

Walter & Joyce (Cooper) Haase, Apt. 268, moved to Medford Leas from Center City, Philadelphia, where they had lived since 1989. Joyce was born and raised in Moorestown and attended Moorestown Friends School with many present residents. She also joins her sister and brother-in-law, **Betty & Bob Lees**, and brother and sister-in-law, **Ken & Cis Cooper**. Their mother, **Marguerite Strawbridge Cooper**, was a resident in the 80's.

Joyce attended Hollins College for one year and transferred to Wheaton College for her final three years of undergraduate work. Upon graduation, she enrolled in an O.T. course at Columbia University.

Walter was born in East Prussia, attended public school in Berlin, Germany, and two years of college in England. From there, he went to Italy, where for ten years he owned a clothing manufacturing business. He emigrated to the US in December, 1940, and was inducted into the Army in May, 1941, and served four years. After the war, he went to New York City where he worked for the Underwood Typewriter Company and where he met Joyce. He later started his own office machine business in which he worked until his retirement.

Joyce and Walter lived in Dobbs Ferry and Pleasantville, NY, and in Stamford, CT, before moving to Philadelphia. They raised two sons and have two grandchildren. In Stamford, Joyce helped form a volunteer bureau for social services, started a community mediation service, and was a supervisor of homemaker/house health aids. Jo and Walter have been active members of the Purchase and Philadelphia Meetings. They share interests in travel, music, reading, and art, and were happy to move to this area where they enjoy many of the cultural offerings in Philadelphia. Walter is fluent in several languages.

WHO'S NEW

by Ellen Stimler

Barbara A. Heizman, Apt. 172, came from NYC with her beloved cat, Tommy, and quickly felt at home because of the many friends she has here from Quaker affiliations, including "**Shammy**," **George & Margery Rubin**, and **Dan Seeger**. Barbara grew up on Long Island and Staten Island. After high school and training in secretarial skills, she joined the staff of the AFSC program at the United Nations, and the Conference for Diplomats program in India and Ceylon. On her return, she received a scholarship to Adelphi University, where she earned BA and MA degrees in sociology, only to find that it led to "nothing jobs" at various agencies. So she went to Hunter College and took education courses at night while teaching with a temporary license in programs for learning-disabled children. She retired from teaching in 1986 after a 21-year career.

Since then, Barbara has worked part-time, the last four years for New York Yearly Meeting. She started as an "attender" at the Manhasset Meeting, then joined the Flushing Meeting in the early 50's, and finally remained an active member of the 15th Street Monthly Meeting in New York City. Barbara plays the recorder and likes outdoor activities, including hiking, canoeing, and birdwatching.

WHO'S NEW

by Ellen Stimler

Robert & Mary Lou (Downs) Ohm, Apt. 121, lived in Leisuretown for 19 years before moving down the road to Medford Leas. Bob is an orchid grower and has some fine specimens in their apartment. He is also interested in genealogy. Mary Lou says she is a people person and enjoys playing tennis. **Bob & Connie Anderson** are friends of long standing.

Bob grew up on Long Island and got a degree in mechanical engineering at Syracuse University. During WW-II, he was assigned to a unit of Army combat engineers in Europe. Back in the U.S., he worked in the engineering department of Western Union for 26 years, then in a similar position at the VA Hospital in New York City until his retirement in 1983. During his working years, the couple lived on Long Island and in Wykoff, NJ, with their two sons, one of whom is currently Glass Studio Coordinator at Wheaton Village.

Mary Lou grew up in a suburb of Detroit and has a B.Sc. in home economics from DePauw University. During her freshman year, her father was transferred to Hempstead, Long Island, so after graduation, Mary Lou took a job with the NY State Extension Service and worked there until she met her husband. She did not work after her marriage but put her home ec skills to use raising her two children and managing her household. For fun, she started an owl collection and now has these wise birds in every shape and form.

WHO'S NEW

by Maggie Woodard

Dr. George & Margery (Weisblum) Rubin moved to Apt. 64 from Roosevelt Island, New York City. Both were born and grew up in Brooklyn, but they met in Massachusetts. When the youngest of their four children was five years old, Margery went back to college and earned an MA in Political Science at C. W. Post College of Long Island University. After working as an academic adviser at Post, she became a member of the staff of the Religious Society of Friends. She quit that job in order to devote full time to her black-and-white fine-art photography. Now, 25 years later, she still works actively as a photographer and sells her work.

George joined the Navy Air Force out of high school, flew 18 missions as a B-17 waist gunner, was shot down, wounded, and spent five months as a POW until Patton's Third Army tanks liberated the camp. After the war, he earned a BA at Clark University, then attended the N.Y. College of Podiatry and practiced podiatry for 40 years. In retirement, he has pursued many interests, including writing and volunteering, largely with Quakers. After 9/11, he was one of those who prepared and served food at Nino's restaurant to 6,000 rescuers a day. Nino's, located less than half a mile from Ground Zero, donated its facilities, and all of the food served was donated from around the U.S. and Canada.

Margery and George became Quakers in 1950. She researched the literature and decided to join; his experiences during WW-II had "planted the seeds of a personal philosophy of pacifism" and he joined, too. One reason they came to Medford Leas was to be with Friends. They will surely find many friends and Friends here.

WHO'S NEW

by Ellen Stimler

Holger & Elin (Holst) Stub, Apt. 86, met in Minnesota during their college years when Holger resumed his education after serving as an artilleryman in WW-II.

While Holger did graduate work in sociology, Elin studied for a degree in library science. They lived in Philadelphia the past 39 years, where Holger was a professor of sociology at Temple and spent a decade teaching the sociology of aging. Before that, they lived in Minneapolis and Duluth. Elin held librarian positions in Detroit, Minneapolis, and Philadelphia.

Music is an important part of Elin's life. Both she and Holger enjoy gardening with Holger specializing in bonsai, ferns, and roses. Other important joint activities are reading history, and bird watching. They have spent time camping, hiking, and canoeing in Northern Minnesota, Colorado, and Maine. Being of Danish ancestry, a few years ago they decided to trace the route of the Vikings to North America in reverse. Beginning in Iceland, they went to the Faroes, Orkneys, and Shetland Islands, then flew to Norway and Denmark, visiting museums and Viking sites. They have been married 53 years and have two children and three grandchildren who also live in New Jersey.

WOOLMAN COMMONS UPDATE

by Kay Cooley

At the MLRA Business Meeting on March 18, I spoke to residents about Woolman Commons (WC). Before that date, I had sent a questionnaire to WC residents seeking information about their activities. Some WC residents were away, so I did not have first-hand information from them. After their return, I learned I had erred in my reporting.

Toby Riley runs Alternatives-to-Violence (AVP) workshops not only for Spanish-language inmates but also for the general population in area prisons. He serves as Coordinator for AVP-New Jersey and is a past-president of AVP-USA.

Bill Farr is working on a three-volume historical study. In my remarks I said it focuses on street names in Camden County. Actually, the titles are: Vol. 1, *Waterways of Camden County: a Gazetteer*; Vol. 2, *Camden County Watermills*; Vol. 3, *Camden County Place Names*. Volume 1 is close to being published.

In the realm of work of historical value, **Pat Lowe** is writing a memoir of her parents. Her father was a noted classical scholar and her mother the translator of Thomas Mann's work.

My apologies to my fellow WC residents and to those that I misinformed.

WE LIVE IN THE RIGHT PLACE

by Maggie Woodard

Recently, three Medford Leas residents were shopping in the new Coldwater Creek store in Marlton. When they decided it was time to go, Jean discovered her glasses were missing. The three of them looked frantically through the clothes in the dressing room. Finally, Barbara went to the clerk and asked if any glasses had been turned in. The clerk very politely said, "You have some on your head." "Oh, yes," Barbara replied. "They're mine."

After still more searching, she again went to talk to the clerk. This time the clerk's reply was a little less polite. "You do have some glasses on your head." Again Barbara said, "Oh, yes, they're mine."

Finally, the three gave up their search. As they were leaving the store, Barbara took off the glasses on her head, thinking they were her dark glasses, and discovered they were not her glasses -- they were Jean's! She explained that she often puts her glasses on her head and must have picked up Jean's without realizing it.

They're still good friends and grateful to be living at Medford Leas.



MAY CALENDAR HIGHLIGHTS

- 1 - Bird Club Meeting
- 2 - Electric Cart Program, **Johanna Yurkow**
- 2 - Video-U (also 9, 16, 23, & 30)
- 3 - Video: Lincoln Center Chamber Music Soc.
- 4 - Movie: *The Awful Truth*
- 5 - Friends Worship (also 12, 19, & 26)
- 5 - Vespers: **Rev. Ray Carter**, Methodist, and Leas Madrigals
- 6 - Medford University: *Ecology*
- 6 - Movie: *You Can Count on Me*
- 7 - Speaker: *A Close Look at Allergies*
- 7 - Gallery Reception for **Carol Goberman**
- 8 - Bus to Philadelphia for Chamber Music
- 9 - Plant Sale
- 9 - Slide Show: *Norway*
- 10 - Bird Trip to Bear Swamp
- 10 - Bus to Philadelphia for *Sleeping Beauty*
- 11 - Leas Forum: *How Christianity Evolved from Judaism*, **Albert Tumolillo**
- 12 - Vespers: **Rev. William LeConey**, American Baptist
- 12 - Concert: **The Greater South Jersey Chorus**
- 13 - Low Vision Group Meeting
- 14 - Bus to Chincoteague
- 14 - Armoire
- 14 - Catholic Mass
- 15 - Bus to Wilma Theater: *Indian Ink*
- 16 - Bird Trip to Cape May
- 16 - Tabernacle Middle School Hand Bells
- 16 - Health Volunteers Reception
- 17 - Program: *Sleep Easier*
- 17 - Bus to Philadelphia Orchestra
- 17 - Video: Mostly Mozart Festival
- 18 - Movie: *Beau Geste*
- 19 - CREDO service instead of Vespers
- 20 - Program: *Parkinson's Disease*
- 20 - MLRA Monthly Business Meeting
- 21 - Open Forum, **Mike Peasley**
- 21 - Spring Tea
- 21 - Bereavement Support Group
- 21 - South Jersey Camera Club
- 22 - Bird Trip to Pemberton
- 22 - Knitting & Sewing Open House
- 22 - Caregivers Support Group
- 22 - Family History Group

- 24 - Program: *The Aging Shoulder*
- 24 - Bus to Philadelphia Orchestra
- 25 - Movie: *The Searchers!*
- 25 - Concert: *Japanese Koto Music*
- 26 - Vespers: **Rev. James Kraft**, Presbyterian
- 27 - Memorial Day observed
- 27 - Sports Day
- 30 - Bus, Walnut Street Theater: *Damn Yankees*
- 31 - Woolman Commons Open House & Tour

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