



# Medford Leas LIFE

VOL. XXIX, No. 4

APRIL 2002

## RECYCLING NEWS

A recent issue of Burlington County's Regional Recycling newsletter informed readers that many types of batteries are no longer hazardous. Regular alkaline batteries (A's, C's, D's, and E's), that are used in things like flashlights and wall clocks, can now be put in with the regular trash. But plenty of batteries still can't. The button types, used in hearing aids and watches, shouldn't go in the trash. Also rechargeable batteries are hazardous to the environment. So check your batteries before you discard them, and be sure they go in the right place. Those listed as hazardous should go in a box in the laundry room on the ground floor of Haddon.

Another item in the newsletter is headed "Computer and Tire Roundup." Get rid of computer hard drives (CPU's) and monitors, keyboards, modems, printers and FAX machines on Saturday, April 6, between 9 a.m. and 1 p.m. at the Lumberton Township Public Works Yard at 34 Municipal Drive. At that time, they will also accept up to eight car or light truck tires from non-commercial vehicles.

On the subject of recycling aluminum, recycling aluminum cans uses 95% less energy than producing aluminum from ore, and it can be recycled an unlimited number of times. In 1970, 15% of cans were recycled; in 2000, 62% were recycled, but 38% were not. It takes from 300 to 500 years for aluminum to decompose, so please recycle all aluminum cans.

\*\*\*\*\*

## WATER SAVING TIPS

Everyone seemed delighted with the various forms of precipitation that blessed South Jersey toward the end of March, but the drought is still with us and we must still save water. More suggestions have come in:

--When showering in the tub, use a bucket to catch the water that runs until the temperature is right, then use it to water plants, rinse dishes, fill the birdbath, etc.

--Shampooing once a week is plenty for most retirees, and a bath every two or three days is enough unless you're VERY active.

--Using a Wash-'n'-Dri for occasional hand washing can save water, too.

--Breathe on your glasses and wipe them with a tissue, instead of washing them in running water.

--Use tissues instead of handkerchiefs; (it's more sanitary and reduces laundry volume, too).

--Turn taps on just enough to get a stream of water, not a river.

--Try always to use water twice.

--Think conservation!

\*\*\*\*\*

## RESERVE FUND ASSISTANCE

The current state of the economy, combined with the fact that residents are living longer, may cause some to have difficulty meeting their monthly expenses. The availability of assistance from the Reserve Fund has been mentioned at monthly MLRA business meetings and at Open Forums, but many don't know how the system works.

The Reserve Fund was started by residents during the 1970's, to help those who may have financial needs while living here. The funds are held by The Estaugh, the entity that owns and operates Medford Leas, and donations to it are tax deductible as charitable contributions. Assistance from the fund is available to help both new and current residents with their monthly living expenses. In addition, some new residents may qualify for assistance with the entrance fee.

To receive assistance, current residents may qualify on the basis of their changing financial condition, sometimes as a result of an inability to keep up with rising costs of care and sometimes because of their longevity. New residents must also meet certain criteria. It has been suggested that assistance from the Reserve Fund can be viewed like a need-based college scholarship, which is merited by one who receives it. It is not charity.

Any resident who needs such assistance should start by meeting with **Trudy DeLacy**, Director of Resident Services, to review the situation in strict confidence. Currently, the criteria for applicants seeking to receive Reserve Fund assistance are assets of less than \$75,000 for a couple and \$50,000 for a single person. Trudy then meets with **Frank Gentile**, the Comptroller, to determine the amount needed to meet the applicant's needs. If approved, that amount will thereafter appear as a credit on the resident's monthly bill. Recipients are asked to agree that assistance they receive may be collected from their estates, if that should be possible. Each year, those receiving assistance are reviewed anonymously

by the Reserve Fund Committee, which is composed of the Executive Director, the Director of Resident Services, three residents, and one Estaugh Board member.

Any residents who feel that they would qualify for this form of merited assistance are urged to meet with Trudy to discuss the situation.

\*\*\*\*\*

## A FIREMAN'S LAST WISH

by Hana Stranska

(written between 3 & 4 a.m. on 3/10/ 2002,  
six months after 9/11/2001)

Bury me with the unburied;  
Let my resting place be Ground Zero.  
Think of me often and kindly --  
No need to call me a hero.

Searing fires, choking smoke  
Are perils I face every day;  
Like a Pied Piper, I try to lead  
People from danger away.

The fire is eating at me now,  
I'm beaten back by the smoke.  
There's no escape, it won't take long  
Before to death I'll choke.

May the fire be the Olympic flame  
That carries its torch to the sky;  
Let it bear witness to the gruesome deed  
That made thousands of innocents die.

Out of the dust and ashes,  
Out of the specter of doom,  
I wish that soon for all of you  
Normal life will resume.

\*\*\*\*\*

**ANNUAL PLANT SALE**

by Dottie Kriebel & Ellen Wiener

The Annual Plant Sale will be held on Thursday, May 9, in the Estaugh Mall from 8 a.m. till noon. Residents and staff are encouraged to postpone buying their spring plants until then so that the plants are less likely to suffer in the cold nights that may still be ahead.

The sale will be offering hanging baskets, geraniums, New Guinea impatiens, petunias, ageratum, and other varieties of flowering plants as well as herbs, tomatoes, and peppers. Prices will be below retail. Profits from the plant sale help pay for flowers in the public rooms during the season when there are no flowers in the cutting gardens.

Residents using wheeled vehicles and walkers may choose their plants the night before between 6:30 and 7:30 p.m. Tickets for the Wednesday night shopping may be picked up at the Front Desk on Tuesday, May 8.

\*\*\*\*\*

**NEW TALKING BOOKS**

Myra Binstock, Librarian

- Ambrose, S. *Undaunted Courage*
- Christie, A. *Murder of Roger Ackroyd*
- Clark, M. H. *All through the Night*
- McCullough, D. *John Adams*

Many thanks to the residents who donated these tapes.

\*\*\*\*\*

**EMPLOYEES OF THE MONTH**

January's Employee of the Month was **Cathy Skeenes**. Cathy works in the Nursing Department as a Certified Resident Assistant. She's been at Medford Leas since 1995 and is planning to start an LPN program at BCIT this summer.

February's Employee of the Month was **Betty Cullins**. Betty has worked at Medford Leas for 16 years and is a professional helper in Assisted Living. She is currently taking college courses, after having put two children through college.

Congratulations to Cathy and Betty, and many thanks for all you do for residents.

\*\*\*\*\*

**FROM THE HEALTH CENTER**

by Wendi Ruddy

During April and May, there will be three lectures on "The Aging Joints." At each one, an orthopedic surgeon will explain what happens in the joints as a result of age, and a physical therapist will cover how to accommodate to the changes and suggest measures that can be used to keep mobile. All three presentations will be held in the Auditorium starting at 11:00 a.m.

Tuesday, April 9 -- The Aging Spine  
**Dr. Kamaldeep Momi & Jeannie Roland**

Friday, April 26 -- The Aging Hips and Knees  
**Dr. Scott Schoifet & Jennifer Rappofelli**

Friday, May 24 -- The Aging Shoulder  
**Dr. Joseph Farrell & PT to be announced**

\*\*\*\*\*

**NOMINEES FOR MLRA BOARD**

by Ellen Stimler

At the March 18 meeting of the Medford Leas Residents Association, six residents were presented as nominees to serve on the MLRA Board. The election is scheduled to take place at the April MLRA Business Meeting. Those elected will serve two-year terms, starting on July 1, 2002. The nominees are:

- Colette Bartholomew**, Rushmore
- Barbara Britten**, Bridlington
- James Muir**, Courts
- Edna May (Teddy) Raup**, Woolman Commons
- Roland (Bud) Stratton**, Courts
- Milton Zimmerman**, Lumberton Leas

Any ten or more residents may submit petitions proposing other nominees, so long as such petitions are accompanied by each nominee's written willingness to serve if elected.

\*\*\*\*\*

**MEDFORD UNIVERSITY**

Before the next issue of *Medford Leas Life* is published, Medford University's Spring Course will be under way. As this goes to press, arrangements are being finalized, but what is known is that the course will deal with the environment and/or ecology, and classes will be held in the Auditorium on five Mondays, starting April 8, with a possible field trip for the sixth session. The charge for tuition will depend on the enrollment. Residents will have received details by the time this appears; others may contact **Kay Cooley** (518-0109) for late information.

\*\*\*\*\*

**IN THE NEWS**

*The Philadelphia Inquirer*, on Sunday, March 3, had an item headed **Retirement community undertaking senior study**. It told about the survey by Gerontological Services, Inc. of older households in South Jersey. As regular readers of *Medford Leas Life* know, the survey is being conducted for Medford Leas in order to learn of the needs and expectations of older adults in South Jersey.

A new publication, *Senior Scoop*, put out by the *Courier-Post*, carried an article in its March issue about the Flexible Flyer sled. The sled was created by **Jack Allen's** grandfather, and the reason it made the news in *Senior Scoop* was that he had lived in Moorestown and Cinnaminson.

*Medford Leas Life* has learned that **Debbie Lux**, of our Horticulture Department, worked with the judging teams at the Philadelphia Flower Show. Her job was to assist exhibitors in their presentations.

The *Burlington County Times* mentioned **Beaver Abramson** in an article about the Colonial Dames, which appeared in late February. *Medford Leas Life* was unable to obtain a copy of the article in order to report more fully.

\*\*\*\*\*

**APRIL VESPERS SERVICES**

Vespers services are held every Sunday in the Activities Room at 4:00 P.M. Everyone is welcome.

- April 7 -- **Bob Anderson**, resident, Methodist
- April 14 -- **Ray Katzell**, resident, Jewish
- April 21 -- **Rev. Jim Muir**, resident, Presbyterian
- April 28 -- **Rev. Chase Hunt**, Princeton Theological Seminary

\*\*\*\*\*

**NEW BOOKS**Reported by **Becky Monego**, Librarian**FICTION**

- Arensberg, A. *Incubus*  
 Balzac, H. *The Unknown Masterpiece and Gambara*  
 Bradford, B. *Three Weeks in Paris*  
 Chevalier, T. *Falling Angels*  
 Kerr, M. *Slap Your Sides*  
 Lightman, A. *The Diagnosis*  
 Mallinson, A. *Honorable Company*  
 Pilcher, R. *Starting Over*  
 Schlink, B. *Flights of Love: Stories*  
 Ursu, A. *Spilling Clarence*  
 Wilson, R. *Darwinia*

**MYSTERY**

- Meltzer, B. *The Millionaires*  
 Rice, A. *Blood and Gold*  
 Rice, L. *Safe Harbor*  
 Robards, K. *To Trust a Stranger*  
 Robinson, P. *Aftermath*

**BIOGRAPHY**

- Biddle, F. *The Whitney Women and the Museum They Made*  
 Claridge, L. *Norman Rockwell*  
 Conway, J. *A Woman's Education*  
 Deats, R. *Martin Luther King, Jr.*  
 Nasaw, D. *The Chief: William Randolph Hearst*  
 Oufkir, M. *Stolen Lives*

**NON-FICTION**

- Black, J. *War: Past, Present and Future*  
 Brill, P. *The CORE Program*  
 Canfield, J. *Chicken Soup for the Golden Soul*  
 Collins, B. *Van Gogh and Gauguin*  
 Deats, R. *How to Keep Laughing*  
 De Graaf, J. *Affluenza*  
 Elliot, J. *An Unexpected Light (Afghanistan)*  
 Jaffords, J. *My Declaration of Independence*  
 Jennings, P. *Looking for Alaska*  
 Life Magazine. *One Nation: American Remembers September 11, 2002*  
 Reston, J. *Warriors of God*  
 Stafford, D. *Roosevelt and Churchill*  
 State of the World 2002  
 Todd, P. *Bloomsbury at Home*  
 Wren, C. *The Cat Who Covered the World*  
 Yanis, E. *Riding the Bull, Beating the Bear*

\*\*\*\*\*

**BIRD CLUB NEWS**from **Miriam Swartz**

The Bird Club has been busy! On February 20, eight members drove to Barnegat Light on Long Beach Island. Along the wooded walk, they saw many familiar land birds, and along the breakwater from the lighthouse, a variety of shore birds. They enjoyed lunch at the Owl Tree Restaurant, and then drove to the open ocean beach in Harvey Cedars and to Manahawkin Lake Park, where they enjoyed more shore birds.

The next trip was on March 7, when five birders went to the Shark River Estuary in Belmar, NJ. After lunch at Klein's Cafe and Fish Market in Belmar along the Shark River, they drove to Lake Como, a freshwater lake just south of Belmar. They saw many different birds at each of these locations.

Then, on March 6, the Club held its regular monthly meeting, at which **Carol La Fon**, a volunteer from the NJ Wildlife Conservation Commission and a native of Marlton, reported on the Moorestown and Lumberton Eagles. The pair of eagles that have nested off Crispin Road were last seen on that nest last December. Residents of Lumberton Leas have seen them flying overhead, but the nest has not been found. Eagles usually lay one to three eggs in February, and it takes about 28 days before a chick hatches. It takes five years for them to mature, mate, and reproduce, and they may live as long as 20 years, but only 10% survive the first year. Also many eggs are sterile as a result of DDT remnants in the food chain. The Moorestown eagles are on their nest now, and the state Wildlife Commission has ordered construction trucks in the area to stop their activity until the chicks have hatched. It is noteworthy that man is the eagles' only predator.

\*\*\*\*\*

## AFSC TO THE RESCUE

by Ellen Stimler

The American Friends Service Committee (AFSC) helped thousands of refugees fleeing Nazi persecution. Two of those people, who were thrown a lifeline to start over in the U.S., are residents with stories to tell.

**Irmgard (Jungmann) Allen** was born in Berlin of a Jewish father, who was a physician and professor at the medical school of the University of Berlin, and a non-Jewish mother, who was a practicing gynecologist. Her father died in 1929. When Hitler became Chancellor, Irmgard's mother was determined to get her Jewish daughter into a safe haven abroad. The problem was that Irmgard was only 15 years old at the time. Dr. Anna Jungmann went to the AFSC in Berlin and asked for their advice. Fortunately, money was no object at the time. The plan developed by AFSC was to have Irmgard go to a Quaker boarding school on a student visa. They recommended Westtown or George School and suggested that the port of entry should be Baltimore, where INS inspectors were believed to be more accommodating than in New York. Westtown was the first school to offer to accept Irmgard, so passage was booked on a steamship from Bremen to Baltimore in mid-August 1933. In the Bremen steamship office, Dr. Jungmann searched the ship's manifest for a likely family who might watch over Irmgard. She picked the Beckharts, also going to Baltimore. Little did she know that in their retirement at Medford Leas, the 15-year-old Irmgard and the **Beckharts'** 11-year-old son, **Gordon**, would one day be reunited.

When Immigration in Baltimore discovered that Irmgard was in violation of rules barring entry to unaccompanied youths under 16 years of age, they wanted to send her right back to Germany. With the help of an interpreter, Irmgard made it clear that she was not leaving. The Beckharts stayed with Irmgard all day until the INS people relented and allowed her to stay. She left the port with the family with whom she was going to stay until school opened after Labor Day.

The relationship with the Beckhart family continued over the years, including visits in their homes in Scarsdale, Poughkeepsie, and on Cape Cod. After the death of her husband, Mrs. Beckhart lived at Medford Leas under her maiden name, **Margaret Myers**, from 1980 until her death in 1988. It was during a visit with her that Irmgard got to know Medford Leas.

Another person who was helped by AFSC is **Ellen Stimler**. In the fall of 1940, Ellen was starting her junior year at Radcliffe College when she heard from her parents, then waiting for immigration papers in England, that they were set to arrive in New York in October and couldn't wait to rejoin her in Cambridge. Ellen's youngest brother, Frank, then 13 years old, was with them. What to do? Ellen was on a scholarship, had a room-and-board job, and \$5 a week spending money, courtesy of the college. She went to the AFSC in Cambridge, and they told her "not to worry." They would find an American family that would temporarily "adopt" her parents until they could reestablish themselves. And they did. Ellen's parents stayed with this family for over a year, her mother doing the cooking and housework, and her father the chauffeuring and odd jobs. Frank was "adopted" by the family of one of Ellen's Radcliffe classmates.

\*\*\*\*\*

## IN THE GALLERY

The Gallery Exhibition for April will feature works of the artist **Janice Scheckter**. The exhibition will begin on Saturday afternoon, March 30, and an opening reception for Ms. Scheckter will be held on Tuesday, April 2, from 3:00 to 4:30 p.m. The exhibit will close on Saturday, May 4.

\*\*\*\*\*

**PLANT SECURITY AT JFK**

by Ann Hibshman

Never let it be said that the U.S. Department of Agriculture is asleep at the switch when travelers want to bring back plant specimens from abroad. This was made abundantly clear when I was a guest at my ancestral home, Crathes Castle, in Kincareinshire, Scotland, from where my family sprang a long time ago.

The castle has a beautiful garden, rather expansive in size and gloriously colorful. Knowing these facts before my visit, I asked the Department of Agriculture if I could bring back a few specimens and how I should handle it. The instructions I received were extensive and explicit. The plant specimens were to be handled only by the head gardener at the castle. At the departure airport, they were inspected for infestation and disease and then were in the airline's care until they reached JFK Airport in New York.

However, when I arrived at the Customs Counter at JFK, I was told that I could not take them home to New Jersey until they had been examined by their horticulturists. The plants would be ready the next day by noon or 3 p.m., "depending on their workload." Determined to get those plants, I drove the two hours to my home in Plainfield and returned the next day.

It was then I learned that the only reason I could bring the plants into the United States at all was that I was taking them directly to the Barnes Foundation Arboretum in the Philadelphia area, where my son was then curator. The instructions were that he would care for them for one year in the Arboretum before I could take them to my backyard garden.

All of this was done, and, after one year's time, they were free to be planted wherever I chose, since they had been duly "Americanized."

\*\*\*\*\*



**MEDFORD LEAS CONCERTS**

by Eleanor Merrick

Throughout the year, residents enjoy excellent concerts in the Auditorium. From quintets to trios to solo instrumentalists, music of the 17th to 20th centuries is presented with emphasis on the classical and romantic periods. Our proximity to Philadelphia enables us to draw performers with ties to the Curtis Institute, Temple University, Peabody in Baltimore, and the Philadelphia Orchestra.

Outstanding in the last two years have been the Rachmaninov and the Casals Trios playing music by Haydn, Beethoven, Mozart, and Mendelssohn. Among excellent violinists, Hilary Hahn has won residents' hearts early in what promises to be an outstanding career. In 2000, she performed brilliantly Elgar's taxing Concerto in B minor and, in 2001, Prokofiev's Concerto No. 2 in G. minor. She enjoys the opportunity for dress rehearsals of works she is scheduled to perform with the Philadelphia Orchestra.

For jazz lovers, the Borbone Street and the Blue Skies Jazz Bands render swinging performances of traditional New Orleans and Dixieland jazz. The professional sound of the Cherokee High School chorus delights with skilled arrangements of traditional Christmas carols, and the Voloshky Ukrainian Dance Group adds an appreciated visual and folk dimension to the programs.

Residents are indebted to the Music Committee, **Chuck Woodard**, chairman, for making these concerts available for all to hear.

\*\*\*\*\*

## NEWS FROM WOOLMAN COMMONS

by Nancy Darling

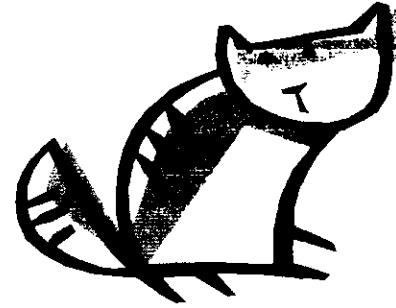
At Woolman Commons business meetings, a speaker sometimes presents information about local services or issues. At the March meeting, **Debra Vombrack**, President of the Mt. Holly Merchants' Association, reported on the Main Street Program, which the federal and state governments have initiated to help historic towns recover their economic vitality. The basic concept of the program is that the state provides expertise and the township provides the committee chairs and volunteers to implement plans that the local leaders make with the assistance of the state consultants. The program focuses on four areas: Organization, Economic Restructuring, Design (appearance), and Promotion (special events). For the first year of the program, \$120,000 would come from Enterprise Zone funds, with another \$60,000 being raised locally. Mt. Holly is one of 39 applicants, from among which two or three finalists will be chosen. One of the factors taken into consideration in choosing the finalists is the amount of volunteer and financial support offered by local townspeople. Some of those attending the meeting signed statements indicating their willingness to volunteer to serve on the committees when the time comes.

The movie of the month was *Castaway*. The Out-to-Lunch Bunch will eat at Pompeii Gardens in Hainesport on March 28. Last month's restaurant review was written by **Nickie Stevenson**. This one is by **John Brush**.

The Out-to-Lunch Bunch, with three guests, ate at an Indian restaurant on Rte. 70-W in Marlton. The restaurant has an authentic tandoor oven -- a charcoal-fired clay pot -- in which flat *naan* bread and marinated chicken are cooked. Besides the tandoor bread and chicken, the generous buffet (\$7.35) offered spicy *samber* soup, various appetizers, crisp *papadum*, boiled rice, and curried meats and vegetables. For dessert there was sliced melon or rice pudding. At our request, the friendly wait staff turned down the volume on the Indian-Pakistani TV tape running

continuously on a large video screen. They will also show the kitchen with the oven in operation. For hot spiced Indian cuisine, this is a good place to go.

\*\*\*\*\*



## DISPLAY CASE

by Hana Stranska

There is probably a story dear to the heart of each owner of the cats in the current display, and this is only one of them: the black cat supplied by **Ruth Blattenberger**. That cat is used by speakers at the National Press Club in Washington to indicate that part or all of that speaker's remarks is not to be recorded. A white cat, not part of this exhibit, shows that recording is permissible.

The exhibit shows cats in a variety of sizes, colors, and materials. Two large terra-cotta cats are from Latin America. There's a Puss-in-Boots, made of metal; one that's a matchbox with a surface for striking the match; an orange "fishing" cat; several small blue-and-white porcelain specimens; and a fairly large black cat with white spots that's a puppet. The background is of a quilted fabric.

These notes are just a foretaste. **Todd Butler's** artistic arrangement must be seen to be fully appreciated.

\*\*\*\*\*

**A NEW MLRA COMMITTEE**

Reported by Joan McElhinney

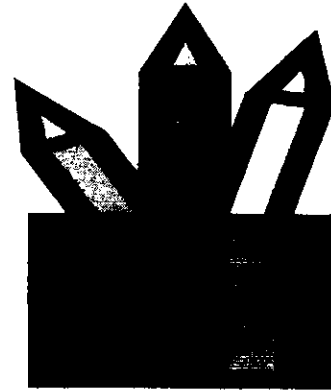
Because of consumer demands for larger living space, Medford Leas has found it necessary to extend some apartments in the Courts. It is the policy of Medford Leas' administration to inform current residents before new construction begins and to address any concerns about the effect it will have on the present environment. Many residents have been satisfied with the extensions; others had concerns about the plans presented to them and the effect the extensions might have on their surroundings.

To address these concerns, a Residents' Building Committee has been formed. Some years ago, there was an MLRA Committee on Buildings and Grounds, chaired by Jane Burgess, but it had a somewhat different mission. The purpose of the new committee will be to ensure that all residents in the vicinity of any scheduled extension understand fully the impact it will have on their area. It will also seek to assist those who want help in trying to arrange for the modification of any undesirable aspects of a planned extension.

Dave Sleeper is the MLRA Board Sponsor of the new committee, which is chaired by Doris Allebach. The members are Andy Andrews, Bob Hambleton, Joan McElhinney, Ed McVaugh, Allyn Rickett, and Bud Stratton. Any resident who is concerned about a projected expansion in his or her immediate area is urged to contact a member of the Committee or Bill Murphy, Director of Operations.

\*\*\*\*\*

**DEADLINE**  
**FOR THE MAY ISSUE**  
**IS APRIL 15**



**CRYPTOGRAM**

by Russell Hill

Here is the wolution to the March Cryptogram:

AND THREAT'NING FRANCE, PLAC'D LIKE A  
PAINTED JOVE, KEPT IDLE THUNDER IN HIS  
LIFTED HAND.

(John) DRYDEN (Annus Mirabiis)

This one proved to be more difficult than the preceding one. Those who got correct solutions: Lydia Andrews, Ruth Blattenberger, Mort Bregman, Don Davis, Euseba Kamensky, Kitty Katzell, Helen Peterson, Betty Preston, Doris Salati, Ellen Wiener, John & Marie Winton.

Here is the April Crytogram:

C W Q Y Q H F Y  
L T E N W Z L W H C Q L N F W T  
J Y Z Y Q M R Z Y C F,  
C W Q Y S Z W Q K Y N N  
E H L N F N Y C C W B J L C  
S W H T F Z R ' C P N W W V.  
F. E Z M R

Put solutions in Box 45 by April 15.

\*\*\*\*\*

**NEWS FROM LUMBERTON LEAS**

by Helen Vukasin

Spring is on the minds of most residents at Lumberton Leas. Entering the campus from Creek Road, one can't miss the golden crocuses in the center island. Thanks go to **John Siminski** for his cooperation with a residents' committee to revamp the plantings in the island. Further around the circle of Woodside Drive, one can see daffodils, tulips, and winter pansies. Everyone is praying for spring rains so they can begin to plow and plant their gardens.

A splash of green was managed at the wonderful St. Patrick's Day celebration for all Lumberton Leas residents. The decorations were charming and the food was delicious, as usual.

Another spring activity is the vegetable gardening by the well house. Last year's area has been relocated to what is hoped to be a more productive area. There should also be an improvement in the irrigation system, if there is enough rain to be able to use the system. There are still some plots available for L.L. residents, so call **Tom Krainik**.

Visitors to the Community Center may want to stop in the Conference Room to see the new chairs that brighten that room. A table laminated with walnut to match the credenza is on order to complete the meeting room. Visitors should also note the decoration in the bathrooms and dressing room. Borders, stencils, and accessories were selected by **Helen Vukasin** and **Barbara Zimmerman** and applied by **Eve Robinson**, **John Sommi**, and Barbara. Window treatment is still awaited.

Medford Leas may have a new campus in Florida. Many Lumberton Leas residents exchange information about plans and touch base in Florida for a meal or a game of tennis. In this way, those who are there for a long stay can catch up on news and gossip from home.

Coming in May: What is a cluster, and why?

\*\*\*\*\*

**AN ISLAMIC LEARNING CENTER VISIT**

by Bob Minter

Much is being said in the media about efforts to initiate and promote better relationships with Muslims on the basis of informed understanding, critical appreciation, and balanced perspective of one another's basic beliefs.

Last November, Muslims from the Camden Islamic Learning Center visited Mt. Holly Friends Meeting. In January, I was one of eight Friends who attended a worship service at the Islamic Center, by which we were favorably and variously impressed. We were welcomed warmly and learned about removing our shoes, women keeping their hair covered, and the men and women worshipping separately. The worshipers were intensely focused, listening to the reading, "praying the prayer," and bowing in submission to Allah.

After the formal worship, as we enjoyed a light meal, we talked with many of the people who had attended. In the conversation, it was explained that the "fear of Allah" is based on not wanting to disappoint a trusted, respected source of spiritual strength and guidance. "Good-doing" grows out of focusing on what Allah would lead a believer to do. For instance, one young man is doing youth counseling; another is studying law in order to represent Muslims in our legal system; and there were free canned goods available to believers who might be in need. The Islamic Learning Center also maintains a library and offers reference books for sale.

This was a positive experience and we, and the Muslims, look forward to further contact

\*\*\*\*\*

## WHAT'S NEW IN MAGAZINES

by Ellen Stimler

**At a time of seemingly unstoppable violence between Israelis and Palestinians**, along comes an American journalist's compelling story about the transformation of a Palestinian terrorist who had randomly shot her father in Jerusalem but ended up inviting her as a guest to his home. The reporter, **Laura Blumenfeld**, on a research mission for a book on revenge, without revealing her relationship to the victim, managed to meet the terrorist's family and start an exchange of letters with the gunman in prison. The man's initial letters are impersonal and explain his random shooting of an American tourist in propaganda and historical terms. Later letters tell of the prisoner's study of Western literature, history, and philosophy, and indicate that he no longer believes in acting out violently against civilians. After the reporter reveals her relationship to the victim at the gunman's court hearing, the attack suddenly becomes personalized, and the gunman and his large family see the shooting as an attack on a father and husband. They give a farewell party for the reporter, embrace her, and give her gifts inscribed by the gunman. (*New Yorker*, March 4).

**The rise of "alternative medicine"** to respectability and acceptance at major mainstream medical schools is chronicled with gusto in the March/April *Harvard Magazine* by **Craig Lambert**. Under its metamorphosis as "complementary and integrative medicine," it is being studied, researched, taught, and practiced at medical centers, laboratories, universities, clinics, and hospitals all over the U.S. and abroad. This has come about "only because of patient demand," according to **Bernard Osher**, whose foundation gave ten million dollars to Harvard for its new Division of Research in this field. A 1990 study by **Dr. David Eisenberg**, head of the new Harvard department, revealed that Americans made more visits to "alternative health providers" than to their primary care physicians, and most of them didn't tell their doctors because they figured the doctors wouldn't know enough about it. Needless perhaps to say,

plenty of skepticism remains among doctors. One proponent of integrative medicine says it requires "the willing suspension of disbelief." (Note: The issue of *Harvard Magazine* cited here is in the Medford Leas Library.)

\*\*\*\*\*

## ADOPT-A-GRANDPARENT BACKGROUND

The cover story in the March issue reported on the Adopt-A-Grandparent program involving students from Tabernacle Middle School. After it appeared, *Medford Leas Life* learned more about how it all got started.

**Dr. John M. Sherry** is the recently appointed Superintendent of Schools for Tabernacle. **Mary McGlone**, Director of Human Resources, has known him for many years. In fact, Dr. Sherry's mother was a resident at Cadbury. When Mary learned of his appointment, she contacted him to extend her congratulations and they arranged to have lunch. In the course of their conversation, Mary expressed interest in expanding inter-generational activities here to include older children and introduce them to the Medford Leas community. Such exposure might inspire careers in the field of long-term care and produce a potential pool of future employees. As employees, the young people could benefit from the financial assistance available through employee scholarship funds. Dr. Sherry also saw a partnership with Medford Leas as an educational opportunity for his students that was consistent with Tabernacle's goal of encouraging their involvement in the broader community.

So far, the arrangement seems to be working well. Time will tell whether the "grandchildren" become future employees of Medford Leas.

\*\*\*\*\*

## WHO'S NEW

**Vivian Hart** and her husband, **Robert Minter**, have moved into **Apt. 43**. Vivian was married to Bernard Hart, a dairy farmer who later established an insurance agency. In 1988, an auto accident killed Bernard and injured Vivian. After her recovery, she managed their 67-acre property and kept close family contact. Five of her six children and many of her 12 grandchildren lived nearby. In 1993, she married Robert Minter, a widower she had known for many years. Vivian loves bird watching, antique restoration, crossword puzzles, and reading, but her main involvement is with her family, which now includes four great-grands. At Medford Leas, she joins two sisters, **Ruth Engle** and **Virginia Jones**; all are birthright Quakers.

Robert's background is in trucking. He started studying engineering at Drexel before the war. After returning, he first worked in trucking, then began an academic career that included a B.Sc. from Rutgers in Vegetable Crop Production/Plant Pathology; an M.Sc. from Cornell in Nematology/Microbiology; and, except for the thesis, a Ph.D. in those fields, also at Cornell. While working as a lab technician at the University of California, Riverside, his activities included trailer camping, rock climbing, mountain rescue, parachuting, glider flying, square dancing, and bird-watching. He became technical editor of the new *Journal of Nematology* and later, in Minnesota, of *Phytopathology*, a major plant pathology research journal. Retiring from that, he freelance-edited college textbooks and a large IBM network systems manual. After finally retiring in 1990, he did hospice volunteer work. He became a convinced Quaker in 1947 and maintains a deep interest in religions, the interaction of science and religion, and in spirituality in general.

\*\*\*\*\*

## WHO'S NEW

by Hana Stranska

**Louise L. Henry, Apt. 562**, is settling in comfortably. Born Louise L. Kaiser in Philadelphia 98 years ago, she married **William W. Henry**, in 1925. Two years later, the couple moved to Pennsauken, where they started a plumbing business in 1929. A son, **William Robert**, came in 1930. Thirty years later, Louise's husband suffered a stroke and they moved to their summer place in Lake Pine, Medford. When he died in 1967, their son took over the business, currently located at 620 Gravelly Hollow Road in Medford.

Louise, very active and a dedicated gardener for most of her life, became a charter member of the Medford Garden Club. She was also a charter member of the Lake Pine Colony Club; a founding member from 1970 of the Medford Senior Citizens' Club; and still is an active volunteer at the L & S Nursing Home. As a Medford Garden Club member, Louise attended the monthly meeting at the Medford Leas Auditorium, and her friend, **Maude Sharp**, was an early resident here. So Medford Leas was a natural choice for her. Louise had three grandsons, one of whom died recently. Another, **W. Mark Henry**, is now president of the family business; he is also the father of Louise's two great-grandchildren.

\*\*\*\*\*

## WHO'S NEW

**John & Nancy (Nisbet) Martin, Apt. 657**, lived in Cherry Hill for 48 years before coming to Medford Leas. They are both in a second marriage and will celebrate their 30th anniversary this summer. Between them, they have seven children and a close extended family that includes 15 grandchildren.

John is a Philadelphia native. During WW-II, he joined the Navy and first worked in its weather service and then entered officers' training and

studied at Stevens Tech. After the war, he completed an engineering degree at Brown. He held engineering positions at Rohm & Haas until retiring in 1982. His work involved handling numerous projects for the Domestic and International Divisions, the latter involving a three-year stay in France and travel throughout Europe, India, Japan, New Zealand, and South America. He enjoys golf, bridge, and reading.

Nancy grew up in Wellesly Hills, MA, and attended Vassar. Her special interests include handicrafts -- especially working with natural materials such as driftwood -- decorating eggs, sewing, gardening, and reading.

\*\*\*\*\*

**WHO'S NEW**

by Ellen Stimler

Many former residents of Moorestown will remember **Jack & Joan (Rogers) McKeon**, who have moved into Apt. 678, Bridlington. Joan was the children's librarian at the Moorestown Library for 17 years. She graduated from Moorestown Friends School, where **Dorothy Test** was her kindergarten teacher and **Ann Wood** and **Peggy Goering** were classmates. Before his career in public education, Jack was director of the Moorestown Friends Lower School for four years.

They met during their college years, when Jack went to Amherst and Joan to Smith, where she got a degree in English. Jack's college education was interrupted by four years' service as an officer in the Navy during WW-II, but after the war he completed a degree in history. After their marriage, they settled on Long Island where Jack worked in a family lumber business and Joan took care of their four children. In 1962, they moved to Moorestown and earned graduate degrees, Jack a master's in education from Rutgers, and Joan a degree in library science from Drexel. Jack spent most of the following years in the Cherry Hill Public School system, retiring as superintendent in 1986. Joan got the job as children's librarian.

During their retirement, they split their time between Moorestown and Vero Beach, FL. Their joint current interests are reading and golf. Joan loves gardening and the *NY Times* crossword puzzle. She even had some of her own crossword creations accepted by the *Times*. She also does volunteer work at Trinity Church in Moorestown and for the Philadelphia City Gardens program.

\*\*\*\*\*

**WHO'S NEW**

by Ellen Stimler

**Janet (Bold) Sholl, Apt. 221**, believes she is the 15th member of the Trinity Presbyterian Church in Cherry Hill to move to Medford Leas, so she has many friends here. Born in Schenectady, NY, she moved to Lansdowne, PA, went to Upper Darby schools, and graduated from Bucknell with a degree in business. She married **Donald Sholl**, who was a year ahead of her at Bucknell. During WW-II, Donald was in the Navy as a pilot trainer, and they lived in Florida and Oregon. After the war, Donald worked for N. W. Ayer, an advertising agency in Philadelphia, and commuted to his job from their home in the New Jersey suburbs. Janet was busy caring for four children, who are now all married and the parents of six children. Donald died in 1994 and Janet stayed in Cherry Hill until coming here. She's interested in family history and has joined the new Family History Club at Medford Leas. She is also a member of an investment club, does volunteer work for CONTACT and is active in her church.

\*\*\*\*\*

**WHO'S NEW AT LUMBERTON LEAS**

by Doris Brown

**Willem & Antoinette (Stephan) Wythoff, 16 Woodside Dr. (609-914-0442)** lived in Medford for 31 years before moving to Lumberton Leas. They were both born in the Dutch East Indies (now Indonesia) to parents who were government employees. When WW-II began, they were both attending high school, although they did not know each other. They completed high school and college at The Hague when their families moved back to Holland.

After receiving her degree in chemistry, Antoinette worked in the field of medical science, specializing in early radiation therapy research. Bill majored in mechanical engineering in Rotterdam. A neighbor of Antoinette's introduced her to Bill at a bridge party. Following Bill's tour of duty in the Army, they married and emigrated to the U.S., where their two sons were born.

Bill was employed by various companies in Rhode Island, Massachusetts, and eventually New Jersey, where he was Project Engineer for Campbell Soup Company. He retired in 1990.

They are both interested in crafts and are talented wood carvers, as evidenced by the many naturalistic carvings of animals and plants in their home. They enjoy bridge, mah-jong, and reading. Occasionally, Antoinette amuses herself at the piano.

\*\*\*\*\*

**IN MEMORIAM**

<b>Ruth Widmyer</b>	<b>March 5, 2002</b>
<b>Miriam Evans</b>	<b>March 7, 2002</b>
<b>Elfriede Friese</b>	<b>March 8, 2002</b>
<b>Gladys Warner</b>	<b>March 9, 2002</b>
<b>Mary Cunningham</b>	<b>March 13, 2002</b>

**FINDING WHO'S NEW**

In the Medford Leas Library, over in the corner by the windows, there's a small card file on the window ledge, and behind it, several notebooks. The notebooks contain copies of *Medford Leas Life* back to the beginning. The two-drawer card file contains a card for each resident who has been written up in WHO'S NEW. The cards are in alphabetical order by residents' last names. In the upper right corner of each card is the date of the issue of *Medford Leas Life* in which the resident's story appeared. An asterisk below the date indicates that the resident is no longer living.

Note that there are also bound volumes of *Medford Leas Life* on a table in the Lounge.

\*\*\*\*\*

**SOLVING PROBLEMS**

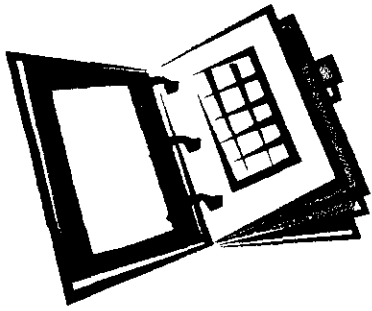
by Maggie Woodard

It is reassuring, in this era of computers, toasters that produce weather forecasts on toast, and cell phones that ring numbers given by voice, to find people still using plain common sense, albeit creatively, to solve problems.

**Peggy & Dick Fine** were delighted at first to find a mourning dove nesting, atop one huge egg, in the hanging ivy plant outside their door. After the egg hatched, however, the parents flew in often to feed the chick and their droppings made a mess on the wall and the walk. The next spring, the Fines located a large white plastic egg and placed it in the midst of the ivy. Voila! No more doves, no more mess.

**Tina Mecray** finessed the problem of bringing home gifts from foreign travels by shopping ahead of time in Pier One. She found suitable gifts, wrapped them, and enjoyed a carefree trip. Viva la creativity!

\*\*\*\*\*



**APRIL CALENDAR HIGHLIGHTS**

- 1 - Movie: *Syncopation*
- 2 - Wallach's Traveling Shoe Store
- 2 - Reception of Artist **Janice Scheckter**
- 2 - Social Dancing (also 8)
- 3 - Bird Club Meeting
- 4 - Great Decisions (also 11, 18, & 25)
- 4 - Folk & Line Dancing
- 5 - Bus to Philadelphia Orchestra (also 12)
- 5 - Video Opera: *Capulets & Montagues*
- 6 - Wildflower Walk (also 20)
- 7 - DAYLIGHT SAVINGS TIME BEGINS
- 7 - Friends Worship (also 14, 21, & 28)
- 7 - Vespers: **Bob Anderson**, Res., Methodist
- 7 - Bus to Opera: *Capulets & Montagues*
- 9 - Lecture: *The Aging Spine*, **Dr. Kamaldeep**
- 9 - Square Dancing (also 23 & 30)
- 10 - Bird Trip to Palmyra
- 11 - Candidates for Medford School Board
- 12 - Video: Phil. Orchestra, with **Andre Watts** and **Sarah Chang**
- 13 - Leas Forum: *History of America in Songs*, **Richard Roden**
- 14 - Vespers: **Ray Katzell**, Resident, Jewish
- 15 - MLRA Business Meeting
- 16 - Catholic Mass
- 16 - School Board Elections
- 17 - Bus to Lancaster, PA, for *Daniel*
- 18 - Leas Forum: *China - Past & Prologue*, **Morris Hamburg**
- 19 - Bus to Brigantine Wildlife Refuge
- 20 - Concert: Haddonfield Symphony Quintet
- 21 - Vespers: **Rev. Jim Muir**, Res., Presbyterian
- 22 - Bus tour to Gettysburg
- 22 - Earth Day Cleanup

- 22 - Leas Forum: *Understanding Judaism*, **Lewis Eron**
- 24 - Master Gardeners: *Old Garden Roses*, **Cyndy Scalf**
- 26 - Lecture: *The Aging Hips & Knees*, **Dr. Scott Schoifet**
- 26 - Video: Boston Pops, **Dawn Upshaw**, & Boston Ballet
- 28 - Vespers: **Rev. Chase Hunt**, Princeton Theological Seminary

\*\*\*\*\*



**MASTER GARDENERS**

by **Susan Cunningham**, Master Gardener

As the month of April rolls in, so does a new group of Master Gardeners. Rather than there being just 14 of them, more than 30 Gardeners will complete the training program early in the month. As their numbers grow, they will be more able to reach out to the community. One of their many coming events will be a lecture on "Old Garden Roses," to be held in the Auditorium at 7:15 p.m. on Wednesday, April 24. Master Gardener **Cyndy Scalf**, a member of the Rose Society who practices organic gardening, will give a slide presentation. Tracy grows many roses and is very knowledgeable about her topic. Residents are invited to attend.

\*\*\*\*\*

MEDFORD LEAS LIFE

**Ex Officio:** Sam Howarth, MLRA President and Sponsor

**Editorial Staff:** Kitty Katzell, Managing Editor; Kay Cooley, Nancy Darling, Doreen Lee, Gertrude Marshall, Ellen Stimler, Hana Stranska, Dorothy Tillman, Maggie Woodard

**Proofreaders:** Kay Cooley, Arabelle Pennypacker, Ellen Stimler, Hana Stranska

**Distributors:** Leigh Colver, Berenice Finkelstone, "Pete" Johnson, Mary Lou Mullen, Mary Toda, Ginette Weid

**Business Manager:** Charlotte Peck

**Recorder:** Florence Sawyer

*Medford Leas Life* is published monthly, September through June, by the Medford Leas Residents Association. Copies are distributed to all residents and to those on the waiting list. Subscriptions are available to others at \$7.50 per 10-issue volume by writing to *Medford Leas Life*, 676 Medford Leas, Medford, NJ 08055. Medford Leas can be reached by phone at (609) 654-3000; by FAX at (609) 654-7894; on the World Wide Web at <www.medfordleas.org>. The e-mail address is <Medleas@eticomm.net>. When using FAX or e-mail, specify the name of the person to receive the message.

**Deadline for the May issue is April 15.**

\*\*\*\*\*

\*\*\*\*\*

