



Medford Leas LIFE

VOL. XXVIII, No. 10

DECEMBER 2001

Merry Christmas to All!!!



Christmas approaches -- fast apace --
To cheer us at this special place.
We need diversion, goodness knows;
It's been a year of heavy blows!
So here at the Leas, we pause to raise
A toast to those who make our days
As pleasant as the times allow.
To all of them we make a bow
And send our greetings with this verse.
It ain't perfection, but it could be worse!
First, a wave to those in ADMINISTRATION.
They never seem to be on vacation.
They keep our books and answer the 'phone,
Always with a pleasant tone.
No matter what we want or ask,
They make it seem a pleasant task.
True, they never drive those carts.
That's reserved for those whose hearts
Are out on our grounds 'most every day.
They rake and mow and seldom play.
Water our lawns and feed our trees
And make hard work seem like a breeze.
Our LANDSCAPE team just can't be beat
For keeping our campus clean and neat!
Of course, they can't devote themselves
To changing bulbs or building shelves.
Or fixing all the things that break.

That's MAINTENANCE who, with a
plumbing snake,
Can clear your sink or repair your toilet
And, if a door squeaks, they will oil it!
They know how clumsy husbands can be,
But here a "work order" sets them free!
Security's their job, too;
It's another thing for this team to do.
But surely all residents are aware
That our greatest benefit's our HEALTH CARE.
Without our nurses, staff, and docs,
We'd really be in an awful box!
They check our pulse and give us shots
And arrange the pillows on Woolman cots;
Make appointments and keep our charts,
And just in general warm our hearts!
No matter what our aches or ills,
Our PHARMACY has just the pills!
But every day we must be fed.
Nurses have no time to bake our bread.
The KITCHEN STAFF and our great COOKS
Set culinary standards by the books.
The WAIT STAFF and our FOOD SERVICE
planners
Serve and create with style and manners!
And when we're back in our own nest,
Snuggled down for a good night's rest,
It's clean and neat and vacuumed well
By a HOUSEKEEPING staff that's really swell!

So Santa, when your gifts you scatter,
Be generous here to those who matter.
Treat them well. They all deserve
A loud THANK YOU! from those they serve.
And please add one, whose name comes easily.
Our Executive Director, MICHAEL PEASLEY!!!

by Wil Britten

NEWS FROM LUMBERTON LEAS

by Helen Vukasin

Canoers and trail walkers have had a fantastic fall. Cooperating weather has allowed everyone who can to be out of doors. But there are signs of things to come: the mowing of the lea; the disappearance of furniture from porches; the frost-bitten plants in the gardens.

At the Community Center, the Book Exchange shelves are filling up fast, and the system for borrowing them is in place. Afternoon and evening reading groups have started to meet. The Art Gallery Committee has been meeting to organize the hanging of work in the Community Center Gallery. The Art Gallery will be at the entrance to the Fitness Center and serendipitous places in the building. The space will be used to give resident artists more opportunities to exhibit. Guidelines for exhibiting will soon be available.

A traditional tree-trimming and the luminary lighting at curbside around the circle are planned for the Holidays. A Menorah will be lighted nightly during Chanukah in December.

Neighborliness is a strong point at Lumberton Leas. To be certain that no one is left out, the units have been organized into clusters, each with a Cluster Coordinator. The task of the Coordinators is to get to know the residents in their Clusters in order to identify their needs and direct them to appropriate resources. Car-pooling and rides for non-drivers are being organized, following the Neighbors Ride Survey.

The Trails Committee held a grand opening and dedication for the 1¼ miles of marked woodland trails. More than 80 people attended the celebration, including three members of the Estaugh Board and residents from Woolman Commons and the Medford campus. The Forrest Trail was dedicated to **Lois Forrest**, for her vision and commitment to the Lumberton Leas project during her tenure as Executive Director of Medford Leas. Many of the celebrants walked the trails after the ceremony.

Rules regarding use of the Pool have been improved and will be available when the Pool reopens in May.



ANOTHER KIND OF KING MIDAS

by Doreen Lee

Recently we had an opportunity to visit the Barnes Museum for the first time. The art collection was just as spectacular as we had been told, and it was awe-inspiring to be in the presence of such a huge collection of outstanding world art.

But the pleasure stopped there. Unfortunately, there is no effort made to make people feel welcome, and, although I know Mr. Barnes was not enthusiastic about the public being admitted, if the museum is now open to the public, surely the staff should show some welcoming courtesy. As I need a walker for such an expedition, it was necessary for a locked elevator of uncertain vintage to be opened for me, but I was made to feel that this was a big favor. Then, although the museum was chilly, we were told that jackets had to be checked.

I had been told that the lighting was poor and that many pictures were high on the walls. All of this was very true, and in most of the rooms the only illumination was a single fixture hanging in the middle of the room.

All in all, a very disappointing visit, but it is evident that Mr. Barnes planned carefully to protect his wonderful collection.

CRYPTOGRAM

by **Russell Hill**

Here is the solution to the Cryptogram that appeared in the November issue:

"Two walking baths,
Two dripping motions,
Portable and compendious oceans.
J. Donne."

Unfortunately, John Donne did not write that. **Euseba & Warren Kamensky** did some research and found the same verse with one different word ("weeping" instead of "dripping") by Richard Crashaw from his poem "St. Mary Magdalene, or The Weeper." The verse had been supplied from memory by my wife, Kay. "O memory! thou fond deceiver" -- Goldsmith. Kay says: "I know my short-term memory is bad, but I thought my long-term memory was o.k. I swore to Russell that the quote about Mary's weeping eyes at the Crucifixion was from Donne, but apparently my college professor said 'school of Donne.' The research of Kamenskys discovered my mistake. I thank them and apologize to all crypto-solvers."

One solver commented that it "makes no sense" and it certainly was more difficult than some. Still, correct solutions to the incorrect cryptogram were supplied by: **Ruth Blattenberger, Mort Bregman, Don Davis, Jane Hunter, Euseba & Warren Kamensky, Helen Peterson, Betty Preston, Liliane Reynolds, Doris Salati, Marie & John Winton.**

Here is the December Cryptogram:

S V K X V , N J Z F S V W
L V N Z K X S J N D , J U
X V H Y V H E G Z K W
Y N Z X P V G F L R W K R T S F
Y J H K Q . L R N F J K

Put solutions in Box 45 by December 15.

**ANOTHER MEDFORD LEAS
BIRTHDAY PARTY**

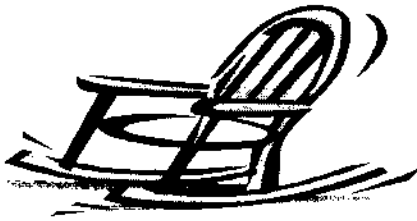
by **Kay Cooley**

Not many people get to celebrate the same birthday twice, eight months apart, but that's what Medford Leas did for its 30th anniversary. In March, an elegant dinner, followed by a lavish dessert party in the Auditorium, gathered residents from all three campuses for a festive remembrance of the date the first resident, **Gladys Fleming**, arrived 30 years ago.

On November 17, it was the locale of Medford Leas that received the honors. In the Auditorium, the **Pioneers** (current residents who had moved in during the first three years of operation) were acknowledged at the beginning of a program featuring anniversary songs and slides of Medford Leas. Pictures of the campus and the Arboretum from their beginnings to the present were collected from archives and private collections and projected on the large screen by **Ed House**, while **Wil Britten** narrated their history, with humorous interjections. **Mike Peasley** looked forward to the next 30 years when the campus will be adapted to meet the changing needs of residents, under the guidance of the Estaugh Board and the Long Range Planning and Development Teams.

Between the presentations, anniversary songs, with lyrics by **Matt Rodermund** sung to the tunes of well-known melodies, led by **Marion Burk**, the **Leas Singers**, and **Leas Madrigals**, were sung by the audience. The programs concluded with reminiscences shared by various residents.

Combined with each of the two performances was a delicious lunch offered by **Lorraine LaPollo** and her gifted staff. As a memento of the occasion, residents took home plastic key holders with an Anniversary logo together with memories of a happy 30th birthday celebration.



THRIFT SHOP
by Catherine Hill

Because of Fire Department regulations, the Thrift Shop must ask all persons desiring to bid on furniture to be sure that they can remove the items they bid on before the following Monday. Otherwise, the items will be awarded to the next highest bidder or sent to auction.

The Thrift Shop is grateful to all the thoughtful residents who provide bags for packing purchases. However, because many customers find it difficult to carry any bag that does not have a handle, only bags with handles can be used. Brown paper bags should be recycled in the trash rooms, while thin, clear, plastic bags in which supermarket produce is packed and other plastic bags that have no finger holes should be recycled at ShopRite or ACME.

It is also requested that contributions brought on Monday be delivered before 10:30 a.m. so they can be processed before 11:00, by which time staff are tired and eager to get home and put their feet up. Thank you.

OOPS!

On page 2 of the November issue, there was a typo. The acronym for the Organization of Resident Associations of New Jersey should be ORANJ. (It came out as ORANG.) Your editor really knows better; she was involved in naming the organization in the first place.



ART STUDIO OPEN HOUSE
by Doreen Lee

The Art Studio will hold its Fall Exhibit Open House on Monday, December 10, from 10 a.m. to Noon. In addition to the display of works by current participants, a special feature will be a retrospective showing of works by three former and very active members of the Studio, who, coincidentally, all moved to Medford Leas in the mid '80's. **Elsie Nelson**, 1983, organized the Studio in 1985 and served as its Chairman for 16 years until her retirement. **Martha Davis**, 1984, represented here by some oil paintings, also worked with water colors. **Edna Kahn**, 1984, worked in many media, including found objects. All of these former artists made significant contributions to the life of the Studio.

Everyone is invited to this Open House. Light refreshments will be served. So come and meet your friends and enjoy a pleasant social hour while you also enjoy a wide variety of art work.

Come and try Yoga
Fridays from 2 - 3 P.M.
December 7, 14, 21, & 28
in the Auditorium.

DECEMBER VESPERS

During the month of December, there will be six services under the auspices of the MLRA Vespers Committee. The following five Sunday services will be held at 4:00 p.m. in the Activities Room:

December 2 -- **Rev. Roland Slater** and the **Youth Group**, from Faith Presbyterian Church, Medford.

December 9 -- **Father Joseph Tedesco**, St. Mary of the Lakes Roman Catholic Church, Medford. Special Music by the **Youth & Bell Choirs** from Trinity Presbyterian Church, Cherry Hill.

December 16 -- **Mother Joan Anders** and the **Youth Group**, from St. Peter's Episcopal Church, Medford.

December 23 -- **Rev. Don Killian**, Presbyterian, Retired, Resident. Medford Leas **Madrigals** will sing.

December 30 -- **Rev. Harold Facey**, Methodist, Retired.

On Christmas Eve, Monday, December 24, at 7:30 p.m., the traditional **Service of Carols and Readings** will be held in the Auditorium. **Bryan DeSilva** will be the soloist.



HEAR YE! HEAR YE!
by **Beth Wray**

The Hearing Committee, chaired by **John Parnell**, usually meets the first Monday of the month at 11:00 a.m. in Room 7, but will not meet in December. Its purpose is to provide information and support to all residents who are hearing-impaired. Its members are knowledgeable about the various services that are available to residents who may want to consider getting a hearing aid. One can also find out about other products that may help one to cope with hearing loss.

The Committee is planning to have a fair in 2002 at which various devices designed to assist the hard-of-hearing will be shown. There will be an opportunity for discussion with vendors of such products and with other hearing specialists.

Anyone who is interested in these topics is welcome to come to the next meeting of the Committee, which is scheduled for January 7 at 11 a.m. in Room 7. For more information, call **John Parnell** (261-7537). Other Committee members are **Hap Haskins** (3211), **Gertrude Marshall** (3153), **Don Tillman** (3141), and **Beth Wray** (3617).



DID YOU KNOW?

from **MLRA Health Committee**

Urinary incontinence is a problem for many older people. Another type of incontinence that is not often discussed is fecal incontinence, a problem that affects fewer people but is troubling to those who are afflicted. Statistics indicate that some 2-5% of the general population, or at least five million people, have this problem.

If you are one of them, your first step is to discuss the problem with your health care provider. Medication and other therapy may help. In addition, you may want to learn how to cope so that you can continue to live a normal life. Various types of pads and padded undergarments are available at supermarkets, medical supply stores, and pharmacies, as well as at Walmart, K-Mart, and Target. Some brand names are Depend, Osco, and Assurance. At Walmart, there is a Depend brand chart advising which type of pad to wear for "light incontinence," "medium incontinence," "heavy incontinence," or "fecal incontinence." If you have used any of these products and would be willing to tell us your evaluation of them, please drop us a note (signed or unsigned) and put it in the Wrays' box (25 WSR). If you have found other ways of dealing with the problem, please send those suggestions to us as well.

To learn more about the causes of incontinence, look in the "Incontinence" file in the Wellness Center. If you use the Internet, you can find additional information under "Incontinence." Please send us a copy of any information you find, and we will forward it to the Wellness Center. This problem doesn't have to keep you down!

PRAYING MANTIS

by **Jane Benjamin**

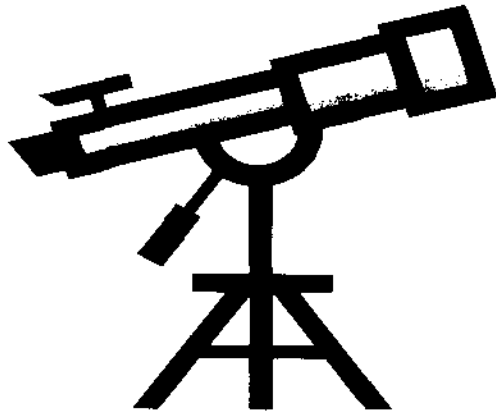
A praying mantis
will tackle any
adversary.
She shows no fear -
Even known to
devour her beloved.
No anniversary here.

Unharried and
undaunted,
Never she yields
While a message
she flaunted
gave proof -
Some of life's
battles
are decided
on the smallest
of fields.

WADING RIVER CANOE TRIP

by **Esther Woodward**

Medford Leas and Lumberton Leas residents paddled down the Wading River from Evans Bridge to Beaver Take-out, a 2-hour trip, on Friday, October 19. The fall color was glorious and the day was a sunny 60 degrees. The river was so low that Mick's Canoe Rental put us in where we usually take out. To our surprise, there were at least as many twists and turns there as up river, with as much current. It was necessary to avoid sandy shallows on one side and overhanging trees on the other. The wilderness was quiet, with only a flycatcher and a chickadee seen and no deer. Those who enjoyed the outing were **Herb & Maggie Heineman, Allyn & Lois Rickett, Arthur Steitz, David & Miriam Swartz,** and **Esther Woodward.**



LEONID METEOR SHOWER

by Gertrude Marshall

Notwithstanding the hype on TV, radio, and the newspapers, the November 18 meteor shower was terrific! The show was the result of the comet Tempel-Tuttle, which goes around our sun every 33 years, casting off debris in small fragments.

My husband and I went out about 4:45 a.m. and sat on a bench on the path to Rushmore. It was 32° in our court and we were bundled up in layers. The morning was clear and the stars shone brilliantly, Orion and Sirius in the west, the Big Dipper and North Star in the north, and bright Jupiter almost overhead. As we watched, despite aging eyes and a limited part of the sky being observable at any one time, we saw about 180 meteors in about 70 minutes (an average of about three a minute) with perhaps 25 having spectacular long tails. We identified the constellation Leo and the darts of light did seem to come from its vicinity. The entire show was something to remember.

As the Psalmist says in Psalm 8: "When I consider thy heavens, the moon and stars which thou hast ordained, What is man that thou art mindful of him, or the son of man that thou visitest him?"



ISLAND BEACH STATE PARK

by Jean Jordan

On October 17, eleven bird lovers from the Leas set off for Island Beach State Park bundled against the wind in parkas, hats, and gloves. The sighting of 26 different species of birds was the reward for the effort. There were a number of large birds, which always instill a bit of wonderment. One, the Great Blackbacked Gull, is a winter visitor in New Jersey and not one of the more common seaside gulls. The stiff wind may have encouraged them to remain on shore. The Great Blue Heron, the Great American Egret, and the Snowy Egret were others that the group enjoyed watching.

It was possible to make close-up observations of both the Palm and the Yellow-Rumped Warblers. These smaller birds seemed much more interested in finding something to eat than in worrying about our close approach. The Slate-Colored Junco was also sighted. Residents can begin to see them soon on the ground around feeding stations.

The thrill of the day was a Merlin. This is one of the smaller falcons, not often seen. The signature falcon's teardrop markings going down beside the beak were clearly visible, and the swept-back pointed wings are very efficient in flight. A more common Red-Tailed Hawk sat in a branch over the road waiting patiently while the tourists admired his markings, eyes, beak, and talons. He, too, is efficiently designed for flying.

The Bird Club meets the first Wednesday of the month and plans outings that usually occur in the third week of the month. All are welcome.

INSERVICE EDUCATION FOR NURSING STAFF

by Dolores Redner, Director of Nursing

Staff who work in Medford Leas licensed areas (Assisted Living, John Woolman, and John Estaugh) are mandated by regulations and their certifications to attend inservice education annually. Among the mandated inservices are: *Fire & Safety, Resident Rights, Abuse & Neglect, Infection Control.*

Beyond the required inservices, staff have the opportunity to attend external educational programs. Medford Leas has sent staff to programs on *Attitudes of Aging, Dementia Care, Pain Management in the Long Term Care Setting, and MDS (Minimum Data Set) Entry and Use.* Guest speakers have also come to Medford Leas to talk about *Hospice Care, the Use of Aricept, Proper Lifting & Body Mechanics, Supervisory & Management Skills.* From the external programs, staff bring back materials, tapes, and personal reports to share with others. Guest speakers are videotaped, so that those unable to attend are able to receive the presented information.

On the more technical side, speakers have come in to demonstrate how to use hearing aids, how to clean them, and how to apply them properly, and a Respiratory Therapist explained the use of various pieces of breathing equipment.

Staff have been fortunate to participate in a pilot training program in conjunction with the State Department of Health and Senior Services and the Southern NJ Chapter of the Alzheimer's Association, and also in the development of an education program for the visually impaired, sponsored by the National Association for the Blind and Visually Impaired.

In addition to the foregoing educational opportunities, the nurse managers, case managers, and several staff nurses attend the annual *Gerontological Nursing Conference.* This conference provides an excellent opportunity for participants to stay on the cutting edge of what is

happening in geriatric nursing and to network with their peers.

Finally, all licensed staff (RNs and PNs) are CPR certified and several other staff have availed themselves of the opportunity to learn CPR through the American Heart Association.

AARP 55 ALIVE DRIVING COURSE

by Gertrude Marshall

The AARP Safe Driving course has been given several times at Medford Leas, most recently two years ago. For those who pass the course, there is a 5% reduction in the cost of car insurance for basic coverage. This year, over 115 residents and others have signed up for the courses to be given in January and February, 2002. The cost is \$10, payable by check made out to AARP. Participants have been assigned to the various sections of the course in the order in which their checks were received. Since the maximum number for each course is 35, and the minimum is 15, there will be four sections: Monday & Tuesday, Jan. 21-22; Thursday & Friday, Jan. 24-25; Monday & Tuesday, Jan. 28-29; and Thursday & Friday, Jan. 31-Feb. 1.

Alphabetical lists of those scheduled for each of the four sections are posted on the bulletin board next to the bank and copies have been sent to Woolman Commons and Lumberton Leas. In early January, each registrant will receive a reminder including the instruction to bring one's driver's license and both a pen and a pencil. The course takes place on the morning and the afternoon on the two consecutive days in the Medford Leas Auditorium beginning at 9:00 A.M. For further information, call **E. Wayne Marshall, 3153.**

LARGE PRINT LIBRARY ADDITIONS

by Ruth Hayes, Librarian

FICTION

- Alcott, L. *Katie's Choice*
- Blackstock, T. *Seaside*
- Brown, S. *In a Class by Itself*
- Cornwell, P. *Isle of Dogs*
- Dodd, S. *The Mourner's Bench*
- Du Maurier, D. *Rebecca*
- Evans, N. *The Smoke Jumper*
- Harper, K. *Shaker Run*
- Harper K. *Down to the Bone*
- Martini, S. *The Jury*
- Patterson, J. *Suzanne's Diary for Nicholas*
- Sparks, N. *A Bend in the Road*
- Tan, A. *The Joy Luck Club*
- Tyler, A. *Back When We Were Grownups*
- Wick, L. *A Texas Sky*
- Wilson, S. *Hawke's Cove*

MYSTERY

- Aline, Countess of Romanones *The Sky Went Dancing*
- Brown, S. *The Switch*
- Clark, M. *Close to You*
- Cook, R. *Shock*
- Coulter, C. *Hemlock Bay*
- Davidson, D. *Tough Cookie*
- Isaacs, S. *Long Time No See*
- Rendell, R. *Road Rage*
- Truman, M. *Murder in Havana*

NON-FICTION

- Brokaw, T. *An Album of Memories*
- Canfield & Others *Chicken Soup for the Golden Soul*

READER'S DIGEST SELECT EDITIONS

- Alexander, C. *The Endurance*
- Francis, D. *Shattered*
- Kristen, H. *Angel Falls*
- Wilson, S. *Hawke's Cove*

Many thanks to those who donated books. They are enjoyed by many residents.

NEW TALKING BOOKS

Myra Binstock, Librarian

FICTION

- Binchy, M. *Scarlet Feather*
- Brown, S. *Seduction by Design*
- Irving, J. *The Fourth Hand*
- Patterson, J. *Suzanne's Diary for Nicholas*
- *Sides H. *Ghost Stories*
- Steele, D. *Leap of Faith*
- Tyler, A. *Back When We Were Grownups*

MYSTERY AND SUSPENSE

- Barry, D. *Big Trouble*
- Buchanan, E. *You Only Die Twice*
- Cornwell, P. *Isle of Dogs*
- *Deaver, J. *The Empty Chair*
- Evanovich, J. *High Five*
- Evanovich, J. *Hot Six*
- Hillerman, T. *The Fly on the Wall*
- Margolin, P. *The Last Innocent Man*
- Margolin, P. *The Associate*
- *Sayers, D. *Unnatural Causes*
- Saul, J. *The Homing*
- Westlake, D. *The Fugitive Pigeon*

NON-FICTION

- Junger, S. *Fire*
- * Knowlton, R. *Sounds of the Season*
- Nielson, J. *Icebound*
- Oufkir, M. *Stolen Lives*
- Poitier, S. *The Measure of a Man*
- Ryan, T. *The Prize Winner of Defiance, Ohio*
- Ryan T. *How My Mother Raised 10 Kids on 25 Words or Less*
- Wright, J. *The Real James Herriot*

* Donated Tapes

WHAT'S NEW IN MAGAZINES

by Ellen Stimler

Do the new antiterrorist surveillance laws impair the protections afforded by the Bill of Rights? This question is explored at length in an article by **Jeffrey Toobin** in *The New Yorker* (Nov. 5). His conclusion: "... the Government has made changes in the law which, at least in this first round of legislation, do not represent a wholesale retreat from civil liberties." A section of his report is devoted to a brief biography and interview of **Michael Chertoff**, known for his successful Mafia prosecutions in New York and New Jersey, who now heads the Justice Department's Criminal Division. In that job, he is the point man in the antiterrorist campaign and led the charge for enactment of the new surveillance legislation.

If Saudi Arabia were to stop selling oil to the U.S., after a fundamentalist takeover or for any other reason, the fuel-cell technology is in such a state of development that, with maximum priority efforts, this and other alternative energy systems could make the U.S. completely independent of mid-Eastern oil. Fuel cells powered by hydrogen promise to solve almost every energy problem on the horizon. But, like all disruptive technological revolutions, it must overcome major barriers, the greatest of which at present is its cost. Nevertheless, every major car manufacturer, some of the biggest corporations, and major oil companies are all putting substantial resources into hydrogen technology. Ford's new CEO expressed his belief that the fuel cell will finally kill the combustion engine. Meanwhile, wind power has multiplied enormously as its cost dropped 90% since 1980, with similar increases and cost reductions for solar panel applications. What's needed to get this technology over the top and to lower costs through economics of scale is a "Manhattan Project" approach, with the government funding accelerated research, testing, and construction of the necessary infrastructure. Although the Bush Administration has shown no interest to date, Governor Bush of Texas approved a sweeping mandate which was

said to give Texas the most effective renewable energy policy of any state. (*Fortune*, by **David Stipp**, Nov. 12)

The biggest threat to the antiterrorist war strategy isn't coming from Muslims but from Christians, according to the lead article in *Washington Monthly* by **Joshua Green** (Nov.) This writer says the same right-wing conservative interest groups, which made abortion and school choice litmus-test issues, now perceive the current war as a religious war by Muslims against Christians and Jews. For this reason, they strongly oppose the administration's alliances with Middle-Eastern and African nations that are said to have a history of persecution of Christians. This movement in the United States got started in 1995 with a basic message that excoriated the U.S. for a foreign policy focussed on global economics while totally ignoring Nazi-type abuses toward Christians and Jews. Under the name of Christian Solidarity, the group quickly managed to gain acceptance of its agenda by Evangelicals and even main-line churches and some synagogues. Next, it recruited allies in Congress who promoted a bill which, according to then-Secretary of State Madeline Allbright, would have "destroyed" American foreign policy. If this movement goes on to form alliances with human rights and pacifist groups opposed to the war, the administration may face a groundswell of Vietnam-type protests and opposition.

IN MEMORIAM

Lucille Ringel	October 23, 2001
Suge Kobagashi	November 1, 2001
Annamarie Walter	November 15, 2001

DAY CARE IS 14!

by Hana Stranska

A frequent delight for residents is an encounter with one of the strollers holding four or even six adorable little ones being steered through the Community Center, some looking bewildered, some smiling or waving.

Early in November, a large sign in the Atrium announced, "Intergenerational 14th Birthday Party of Medford Leas Gloria G. Bregman Child Day Care Center, to be held Nov. 7, 2001." The party was held in the Day Care Center, with children, staff, and residents all sitting around a large birthday cake and punch. The packed room reflected "The Old Woman in the Shoe," with singing and laughter and brief remarks, but mostly, a happy celebration of the 14 years of intergenerational activity at Medford Leas.

When the sign said "intergenerational," it meant just that. Activities are planned monthly by the staff, taking the older children to Estaugh to play games, for the mutual enjoyment of the children and the residents. Also, twice each week, there are planned programs in the Activities Room and in Haddon with residents, at which the children play games, sing, dance, and help in making seasonal objects, like scarecrows at Hallowe'en. Also on special occasions, they visit residents in Haddon and Woolman. The staff also produce creative models with the children's help -- like "The Flag," whose Stars and Stripes were fashioned by tiny hands. So, while other children may cry when Mom drops them off and leaves, it is reported that the children at Medford Leas Child Day Care Center cry when Mom comes to pick them up, because they don't want it to end.

The Child Day Care Center was started in 1987. **Gloria Bregman**, late wife of resident **Dr. Morton Bregman**, encouraged its founding when she was Secretary of the Estaugh Board. At that time, **Lois Forrest** was Executive Director of Medford Leas, and she saw that it became a reality. Today, **Bea Chawla**, who came to Medford Leas in 1992, is in charge of the Day

Care Center, with its four rooms that are set aside for four age groups: Infants, 6 weeks to 18 months; Pre-toddlers, 18 months to 2 years; Toddlers, 2 to 3½ years; and Pre-schoolers, the "senior citizens" of the group, 3½ to 5 years. Bea has nine staff assisting her in caring for the 45-50 children that are enrolled. The Center accepts the children of Medford Leas employees, who are subsidized at approximately 50% of cost, and, as space permits, children from the community are accepted at full price. The Center's hours are 6:45 a.m. to 5:15 p.m. It is inspected annually by the New Jersey Department of Youth and Family Services, and its license is renewed every three years.

* * * * *

IN THE NEWS

The October 25 issue of the *Central Record* carried a picture of residents at the Candidate Night meeting on October 18 in the Auditorium, where the four candidates for Medford's Township Council spoke. The excellent picture showed a large number of residents who were easily recognizable.

Under date of November 15, **Robert Williams**, President of the Estaugh Board, announced that **Kay Cooley** is to serve as Estaugh Board Secretary. While the by-laws of the Estaugh require that all members of the Board of Trustees also be members of the Religious Society of Friends, they also state that the Secretary of the Estaugh Board does not have to be a Quaker. Kay is the immediate Past-President of MLRA and a member of the Editorial Staff of *Medford Leas Life*.

Also in November, the *Courier-Post* carried an article entitled "Medford arboretum open to public." Spread across five columns, the article described the Lewis W. Barton Arboretum and Nature Preserve and encouraged readers to visit it. The writer also quoted **John Siminski**, Director of Horticulture, and **Debbie Lux**, staff horticulturist.

* * * * *

REMEMBERING RUTH BONNER

by **Becky Monego**, Ruth's first-cousin

Memories of **Ruth E. Bonner** keep coming back to me. Ruth came to Medford Leas in 1972, so she was one of the "Pioneers." My husband, **Constantin** (Connie) and I came in 1984. Ruth and **Newlin Smith**, her brother-in-law, liked to watch Washington Week in Review and Wall Street Week with Louis Rukeyser on Friday nights. Naturally, we were asked to join them. One week we'd meet at Ruth's and the next at ours. Connie died in 1989, and when Newlin couldn't walk to our apartments, he dropped out. Ruth's knees had been bothering her for a long time, so two years ago, she said I should just come to her apartment. We usually had cookies or chocolate candy for refreshments.

Ruth liked to reminisce about Christmas at Gramma Bonner's (Rebecca Knight Bonner). We would have the traditional noon meal and, for supper, Gramma always had scalloped oysters and Breyer's brick ice cream. The oysters were baked with fresh cream and homemade butter. The ice cream was chocolate, strawberry, and vanilla. Ruth loved good food. Several times she took friends to Kutztown for a Pennsylvania Dutch dinner. Here at Medford Leas, she often brought homemade cookies to dinner. Recently, she used her desk chair to get to the kitchen and, with help, made the cookies.

Among her things, we found a booklet entitled *The Visually Limited Child* by Ruth E. Bonner & Mary E. Lovett. At Kutztown they had done research on the blind and partially seeing people. Ruth's interests were wide. In the summer of '70 and '71, Connie and I were in England. He was working on his doctorate in textile engineering at Victoria University in Manchester. Ruth came to visit and to work on the Bonner genealogy. What fun we had as I chauffeured her across England.

Ruth enjoyed learning at Elderhostels. An early one she attended was on astronomy. She and I went to Prince Edward Island in 1985, and on the way home we stopped at Breadloaf in Vermont.

She and Marion Smith, Newlin's wife, had studied there during several summers in the '30's. In the summer of '42, she heard they needed help in the kitchen. She signed up and learned to make their famous biscuits. She enjoyed going back to this beautiful area. She had a book of Robert Frost's Collected Poems and it was autographed by him that summer.

I knew Ruth as a sister, a neighbor, a friend, and a Friend. Yes, I will miss having her there for a chit chat, or to answer questions about our family, or how to pronounce a word. She was a lady.

The following, both written by Ruth, appeared in the February, 1975, issue of *Medford Leas Life*.

Gaunt straggly trees,
Pitiful shade for helplessness
In the stinging sun.

* * * * *

The crocus bud unfolds.
The new-born child utters a Hope

* * * * *

[Ruth Bonner made numerous contribution to Medford Leas residents, among them serving as President of MLRA; starting the Leas Forums and chairing that Committee; and serving as a member of the Editorial Staff of *Medford Leas Life* from September, 1979 through June, 1991. She continued to contribute to these pages as long as she lived, her most recent contribution being "Back to Basics," the word puzzle on pages 18-19 of the September, 2001 issue. The letters still uncircled when the puzzle had been solved spelled "Christopher Columbus." Ed.]

* * * * *

WHO'S NEW

Joan Bellman, Apt. 695, moved to Bridlington from Bowie, MD. She grew up in Richmond, VA. An occupational therapist for 45 years, she received her education at the University of Maryland and her professional training at the Virginia Commonwealth University. Joan specialized in the physical rehabilitation of adults and was Chief Therapist at the DC General Hospital in Washington for 29 years. She trained student therapists from 22 universities and enjoyed teaching. Her professional accomplishments were recognized with listing in *Who's Who in American Women* from 1975 to 1982.

Joan feels that she's entering a new phase of life. She's had a successful professional career and hopes now to find and develop new interests -- to travel more and to spend time in the outdoors. Having visited six CCRCs, she knew immediately upon seeing Medford Leas that "this was the one!"

by M. Woodard

WHO'S NEW

More and more frequently of late, siblings are deciding to spend their retirement years together at Medford Leas. The latest to do so is **Virginia (Gauntt) Jones**, who moved into **Apt. 174**, just around the corner from her sister, **Ruth Engle**, and another sister is expected soon. Virginia lived with her grandparents on their farm in Springfield Township and went to the schools there from kindergarten through 10th grade, then returned to her family in Moorestown and graduated from Moorestown High. She attended what was then the Women's College of Rutgers for two years, then married **Wilmer Jones**, the son of a Medford farmer, in a Quaker ceremony. After the war, the couple first worked out of the Medford farm, and later purchased their own farm in the Jobstown area. Virginia was delighted when her husband told her that he didn't think

women belonged in the barn. She helped with the haying but never milked a cow! Instead, she raised two daughters and held jobs outside the home. After four years as director of teen-age programs at the Burlington County YWCA, she was appointed school secretary/business manager of the Springfield Township Board of Education. She also served as the clerk of the Upper Springfield Monthly Meeting for many years. Wilmer died in 1987. After selling the farm, Virginia lived in Leisuretowne, then at Cadbury, before coming "home" to Medford Leas. She has five grandchildren, two greats.

by E. Stimler

WHO'S NEW AT LUMBERTON LEAS

Anne (Thomas) Cree, 125 Woodside (609-518-0505) was born and raised in West Pittston, PA. After high school, she enrolled at Temple to study journalism, but transferred after a year to Charles Morris Price, which offered curricula more specific to advertising and public relations, in addition to basic art techniques. She developed her skills working with artists in the advertising departments of Philadelphia stores, Strawbridge & Clothier and Snellenburgs.

In 1944, Anne married **Bob Cree**, a friend from West Pittston. After the war ended, Bob began his career in chemical research at the University of Pennsylvania, where he worked for 12 years. When he moved to GE's Space Science Lab at King of Prussia, the family moved to Westtown, where their son and daughter grew up. One final work-related move was to GE's Electronic Lab in the Syracuse area. While there, Anne returned to public relations work.

The couple retired in 1975 to Wilmington, NC, and there Anne studied oil and watercolor painting. After Bob's death, she wished to downsize her home as a step toward her goal of a simpler life style. She found Lumberton Leas through her daughter who lives in Moorestown. She looks forward to painting in her leisure time.

by D. Brown

WHO'S NEW AT LUMBERTON LEAS

John & Elaine (Seeger) Osborne, 14 Woodside (609-518-1809) moved from Moorestown, their home since 1955. Jack is a native of Southampton, England, and later lived in Bermuda. He is a 1941 graduate of Cornell, where he met Elaine, who was a Home Ec major. During WW-II, he piloted patrol bombers with the RCAF in the Pacific and North Atlantic theaters. In 1945, he joined Campbell Soup, New Toronto, Canada, while pursuing his MS from the University of Toronto. He was then transferred to their research laboratory in Cinnaminson, NJ, from which he served as Research Scientist throughout the U.S., as well as Italy, also supervising projects in Spain, Portugal and England. He retired in 1985.

Elaine was born and raised in Buffalo, NY. Before marriage, she taught Home Ec at Katonah High School in NY. Following the war, she conducted adult education courses in Toronto and in later years was a substitute teacher in Moorestown and Delran Schools. During their stint in Italy, Elaine was the only American woman living in Parma, a city of 250,000. Parcels to her were addressed simply as "L'Americana" and delivery was assured. During vacation time, she and Jack and their two boys were able to tour much of Europe.

Jack's leisure is spent woodworking and sailing with their sons. Elaine is a long-term member of Moorestown Women's Club, likes to swim, plan Caribbean cruises, and keep tabs on four grandchildren. Both are active members of Trinity Church, Moorestown.

by D. Brown

WHO'S NEW AT LUMBERTON LEAS

Robert & Nancy (Braden) Scheyhing, 226 Woodside (517-7993) lived in Moorestown for 44 years before moving to Lumberton Leas. Nancy was born in Ft. Wayne, IN, and got her BA in Sociology at Hiram College in Ohio. In 1951, while taking courses for certification in Occupational Therapy at Penn, she met Bob, and five months later they were married. Nancy worked at Trenton State Hospital until their first child was born. When her youngest of four children was in nursery school, she began working part-time in nursing homes in the area.

Bob's roots are in Burlington. After a 2-year hitch in the Navy, he pursued his degree in electrical engineering at Drexel. Later he earned an MSEE from Penn and an MSCS from NJIT. He worked at RCA in Camden and in Moorestown from 1950 to 1989, when he retired. Music has been a vital part of Bob's life. When they met, he was singing bass in the Sunday Vesper choir at First Presbyterian in Philadelphia. Later, he sang with the RCA Chorale and he currently sings in the NJ Master Chorale at the United Methodist Church in Haddonfield. He studied voice for a time and still sings with the adult choir of First United Methodist Church (FUMC) in Moorestown. He has been an avid vegetable gardener, but hasn't put his green thumb to use since moving. Train lore fascinates him, and locomotives, models, and historic railways provide him with both literary and visual pleasure.

Nancy likes needlepoint, reading, and games. They both like walking, music, theater, and travel. Both are active members at FUMC in Moorestown. For over 25 years, Bob has been on the Board at the Occupational Training Center, where their eldest son works. Nan served on the Interfaith Caregivers Board and was a volunteer for over 15 years.

by D. Brown

WHO'S NEW

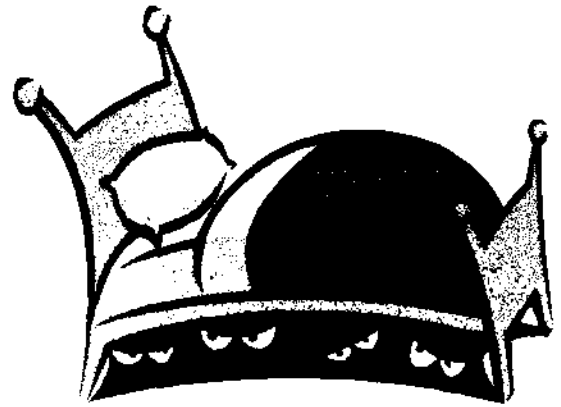
J. Alexander & Frances (Lewis) Webb, Apt. 293, moved to Medford Leas from Cherry Hill. Since their marriage in 1947, they have produced two children, four grandchildren, and three great-grands.

Alex grew up in Margate City, NJ, and attended Atlantic City High School. He attended Bucknell until WW-II intervened between his junior and senior years. He served in the Infantry for three years, most of the time, overseas in combat. In 1947, he finished college at Bucknell with a BS in mechanical engineering, married Fran, and for ten years was employed in the hotel supply and restaurant business. The rest of his career was spent managing steel fabricating firms in Philadelphia, Cleveland, and South Bend, IN.

Fran grew up in Ventnor, NJ, and attended Atlantic City High School at the same time as Alex. After graduation, she attended Marot Junior College in Connecticut and the New York School of Interior Decorating. After her marriage, she devoted her time to her children, her home, The Charity League in Atlantic City, the New Jersey Volunteers for the Philadelphia Orchestra, and volunteer work for Hospice.

The Webbs enjoy friends from many locations in which they have lived. They have also traveled both nationally and internationally over the years. Golf has been a pleasurable activity for both. Fran also enjoys knitting and needlework, reading and bridge. Alex finds fishing, hunting, and wood-carving of water fowl very satisfying. Both look forward to sharing their interests and to developing new ones with friends, new and old, at Medford Leas.

by C. Cooper



THE PAJAMAS

by Doreen Lee

Around 1985, we spent a night in Watertown, NY, en route to visit a cousin in the Thousand Islands. We were browsing in Woolworths when I spotted some cotton pajamas. They turned out to be an excellent purchase and I wore them year after year until 2001, when I thought it was time to give them up. New ones, ordered from a mail order house, arrived and I dutifully consigned my antiques, still good, to the Thrift Shop.

The new ones were a disaster. They were poorly sized and so were much too large for comfort, and, after laundering, were even worse, being rough and obviously in need of extensive ironing after each laundering. So they went to the Thrift Shop, too.

As summer was just starting, my thin nylon pajamas were fine and it wasn't until the cool weather started in September that I realized I was ill-equipped for winter. Catalogs were discouraging. Fifty dollars seemed an appalling price to pay for night wear! Oh, for my old pajamas!!! Our Thrift Shop almost always has what one needs eventually, so I went down one Tuesday. I couldn't believe my eyes. There was one of my original pairs still there -- my old friend! Oh, joy! We were happily reunited. What luck.

DECEMBER CALENDAR HIGHLIGHTS

- 1 - Movie: *Too Many Girls*
- 2 - Usual Sunday services (also 12/9, 12/16, 12/23, and 12/30)
- 3 - Movie: *My Life So Far*
- 3 - Ballet: *Nutcracker Excerpts*
- 4 - Game Night (also 12/18)
- 4 - Square Dancing (also 12/18)
- 5 - Bird Club
- 5 - Bus to Eakins Exhibit
- 5 - Bus to Wilma Theatre
- 6 - Vid-U (also 12/13, 12/20, and 12/27)
- 6 - Ukrainian Dance Group
- 7 - Music Video: Richard Rodgers
- 7 - Yoga Class & Demonstration (also 12/14, 12/21, and 12/28)
- 7 - Catholic Mass
- 8 - Movie: *Foul Play*
- 8 - Leas Forum: Cabaret with **Marta Sanders**
- 9 - Start of Chanukah
- 10 - Studio Art Show Opening
- 10 - Social Dancing
- 11 - Holiday Decorating
- 11 - School Board Election
- 12 - *Cough & Cold Preparations: How Safe & Effective?* **Frank Simmons, R. Ph.**
- 13 - Folk & Line Dancing
- 14 - Bus to Wildlife Refuge
- 15 - Extended Hand 5th Anniv. Celebration
- 15 - Movie: *Holiday Affair*
- 17 - MLRA Monthly Business Meeting
- 18 - Community Holiday Reception
- 18 - Bereavement Group Meeting
- 18 - Camera Club
- 19 - Bus to Wilmington, *Story of Scrooge*
- 21 - Video: Chamber Mus. Soc. of Linc. Ctr.
- 22 - Movie: *White Christmas*
- 22 - Cherokee High School Chorus
- 24 - Service of Christmas Carols & Readings
- 25 - MERRY CHRISTMAS
- 26 - Caregivers Group Meeting
- 29 - Movie: *A Guide for the Married Man*
- 31 - New Year's Eve

MEDFORD LEAS LIFE

Ex Officio: Sam Howarth, MLRA President and Sponsor

Editorial Staff: Kitty Katzell, Managing Editor; Doris Brown, Kay Cooley, Cis Cooper, Nancy Darling, Doreen Lee, Gertrude Marshall, Ellen Stimler, Hana Stranska, Dorothy Tillman, Helen Vukasin, Maggie Woodard

Proofreaders: Kay Cooley, Ray Katzell, Gertrude Marshall, Arabelle Pennypacker, Florence Sawyer, Ellen Stimler, Maggie Woodard

Distributors: Leigh Colver, Berenice Finkelstone, "Pete" Johnson, Mary Lou Mullen, Mary Toda, Ginette Weld

Business Manager: Charlotte Peck

Recorder: Florence Sawyer

Medford Leas Life is published monthly, September through June, by the Medford Leas Residents Association. Copies are distributed to all residents and to those on the waiting list. Subscriptions are available to others at \$7.50 per 10-issue volume by writing to *Medford Leas Life*, 676 Medford Leas, Medford, NJ 08055. Medford Leas can be reached by phone at (609) 654-3000; by FAX at (609) 654-7894; on the World Wide Web at <www.medfordleas.org>. The e-mail address is <Medleas@eticomm.net>. When using FAX or e-mail, specify the name of the person to receive the message.

Deadline for submissions: 20th of the month preceding publication.

