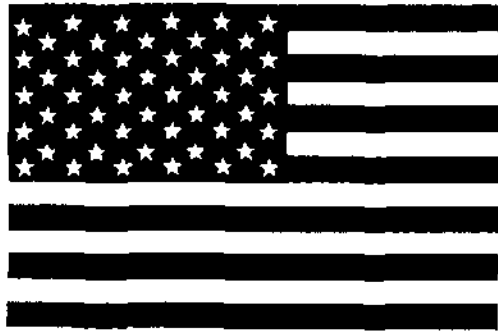




Medford Leas LIFE

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OCTOBER 2001



MY WORD: 9/11/01

by Kitty Katzell, Editor

Just as we who were alive on December 7, 1941, remember where we were and what we were doing when we heard that day's news, those alive today will always remember September 11, 2001.

The Editorial Staff of *Medford Leas Life* holds its regular meetings on the first three Tuesdays of each month at 9:30 a.m. Before I left home, in Bridlington, my husband and I had been listening to the radio and had heard the news of the first plane crashing into the World Trade Center. As staff arrived at our meeting, I told them what I had heard. Many had not yet learned of the catastrophe, but by 9:30, some arrived who had heard of the second plane crashing into the second tower. By the time the meeting adjourned, people in the halls outside our meeting room were talking of the Pentagon and some place near Pittsburgh. When I got home, like everyone else, I turned on the television and sat glued to it for the rest of that day and for many hours on following days.

Throughout Medford Leas, there has been response. Some residents and staff lost dear ones. Some were stranded in distant places. Many put out flags.

Management arranged for a Quaker memorial meeting for residents and staff on the morning of Wednesday, September 12, in the Auditorium, and there was standing room only.

Because more than half of Medford Leas residents are not Quakers, an ecumenical memorial service was held on the morning of Wednesday, September 19. The speakers at that service were **Ray Katzell**, Jewish; **Don Killian**, Presbyterian; **Bill LeConey**, American Baptist; **Jim Muir**, Presbyterian; **Barbara Davis**, Interdenominational Community Church; **Grayce Uyehara**, Presbyterian; and **Father Mark Devlin**, Roman Catholic from St. Mary of the Lakes Church. Except for Father Devlin, the speakers were all residents of Medford Leas.

Then there were the collections of supplies needed in New York. **Joe Greipp**, from Landscaping, and **Russell Pepe**, Information Technology, made repeated trips to New York City with donated items, until there was no longer room at the receiving sites for more.

As the news continues to unfold, it is obvious that life will never be the same. Yes, terrorism must be rooted out lest there be more attacks. But the questions remain, HOW to do that, and WHY did they do what they did? The "why" is being found and soon we will know "how". But whatever comes, we pray that God will bless America.



Photo by Lois Rickett

FALL FLOWER SHOW

by Kitty Katzell

What a Garden Party it was! Serene and lovely, with beautiful plants and arrangements, thoughtfully displayed. There were the tiny little designs (not over five inches in any dimension) and the smallest tomatoes one could imagine, and foliage plants so large one must wonder where they can be kept. There were also gorgeous cut flowers, too lovely for words, along with all sorts of vegetables and herbs, categorized as "Ingredients for Luncheon in the Garden." The arrangements for "Tea on the Terrace" called for dainty flowers in a teacup, and the entries were so creative it must have been hard for the judges to choose among them.

But choose they did. Best in the Design Division went to **Lenny Oman's** "Berried Branches". Lenny, who works in Dining Services, had more than 20 entries in the show, and won several blue ribbons. The Horticulture Division's Best in Show went to **Vicki Marutani**, of Lumberton Leas, for her orchid spray. Other blue ribbon winners were: **Colette Bartholomew**, **Henry Borntraeger**, **Alice Brown**, **Ginnie Coe**, **Bea Chawla**, the Day Care Center, **Marion Irons**, **Edna Kahn**, **Don Knapp**, **June Krainik**, **Dottie Kriebel**, **Wayne Marshall**, **Jane Menie**, **Becky Monego**, **Arabelle Pennypacker**, **Dolores Redner**, **Lucille Reeves**, **Lois Rickett**, **Elmer Rowley**, **Cheryl Smith**, **Kate Smith**, **Katherine Stewart**, **George Spicer**, **Ruth Truncer**, **Marsha Whitworth**, **John Winton**, **Anne Wood**, and **Joe Wray**.

WHO'S NEW AT LUMBERTON LEAS

Philip "Ted" & Margaret (Truckess) Scott, Jr., are at 59 Woodside Drive (609-914-0078). Ted and Peg grew up in Stratford and Haddonfield and met in high school. Peg graduated from Hood College in Maryland and, until their marriage, worked in personnel at the Curtis Publishing Company. Ted graduated from the Wharton School, served as a naval officer in the Pacific, and has worked in executive roles for several companies including the Esterbrook Pen Company and Samuel Kirk (Baltimore Silversmiths). Early married years were spent in Collingswood and Moorestown where their two children grew up. For the last 29 years, they lived in Maryland and spent many leisure hours sailing on Chesapeake Bay. Peg stays involved with their seven grandchildren. Ted enjoys genealogy and reading. Both play golf and bridge.

IN THE NEWS

The Central Record carried an item headed "Ninety 'seniors' complete class work at 'Medford U': Medford Leas and Burlington County College have teamed up to offer college courses to residents at the retirement community." The article included the notice of two additional courses to be offered this fall by BCC at Medford Leas which will be taught by Associate Professor **Karen Woodward**: International Politics and Law, and Civil Law and Issues.

A news release from the Literacy Volunteers of America in Burlington County mentioned **Bud Stratton** among eleven volunteers who had attended a Trenton Thunder baseball game. Bud was a member of the Board of LVABC.

Jeannette Muir's new book, *Heirloom Quilts from Old Tops*, is now in print. Written with **Patricia Morris**, the book presents projects for creating contemporary quilts from tops of old quilts. The "new" quilts revitalize old ones while preserving and honoring the originals.

On September 10, *The Philadelphia Inquirer* carried a column by **Dan Seeger** in the "Commentary" section. Dan wrote about the issue of the airport expansion in Lumberton.

The July/August issue of *Arbor Day*, an official publication of the National Arbor Day Foundation, featured *Aesculus flava*, the Yellow Buckeye tree. **Grace Walton** called it to the attention of **Ray Katzell**, chair of the Tree Tagging Committee. He asked Kitty to check their computer records and she found that there was one listed as being located near the corner made by Court 10 and the covered walkway that goes between Court 10 and the main parking lot. Check it out.

FOR ART LOVERS

by Ellen Stimler

Two very special events for art lovers have been arranged by the MLRA Gallery Committee.

On Tuesday, October 23, from 2:00 to 4:00 p.m., the private art collections of residents **Ed & Harriet Young** and **Tom Folds** will be on view to residents (storm date, October 30). Volunteer docents will be available to answer questions, and transportation to the Young and Folds apartments will be available from the main entrance. A detailed announcement of the tour and the major exhibits to be seen will be placed in residents' mailboxes and on Bulletin Boards.

On Wednesday, November 28, there will be a bus trip to the Philadelphia Museum of Art for the Thomas Eakins exhibit. The trip will be open to residents of Medford Leas, Lumberton Leas, and Woolman Commons. Participants will view the exhibit with a Museum docent in a private tour before the show is opened to the general public at 11 a.m. A sign-up flyer will be distributed during the first week of October.

BIRD CLUB REPORT

by Dave Swartz

On Wednesday, September 19, members of the Bird Club enjoyed an outing to Taylor Wildlife Preserve, the site of the last farm along the Delaware between Trenton and Camden. The group walked a dirt trail on top of the embankment constructed to keep flood waters from the Delaware off the farmland. They crossed farm fields and recorded observations of 15 different bird species in the fields, on the tidal shore, and in the extensive wetlands. Residents of the three Medford Leas campuses that went on the outing were: **Doris Curley**, **"Pete" Johnson**, **Howard Kriebel**, **Lucia LeConey**, **Wayne Marshall**, **Martha Palmer**, **Anneliese Salomon**, **Arthur Steitz**, **David & Miriam Swartz**, and **Louise Tompkins**.

REACCREDITATION VISIT

by Kay Cooley

From October 7 through 9, a team of visitors from the Continuing Care Accreditation Commission (CCAC) will be visiting Medford Leas. They will be evaluating how well Medford Leas meets the Commission's standards for reaccreditation as an institutionally and financially sound continuing care facility. To do that, they will seek answers to two fundamental questions: How effectively does Medford Leas incorporate and integrate its financial, marketing, development, and preventive maintenance goals into its strategic plan? Does it have sound financing to support this plan?

The evaluators will have been prepared in advance for their visit by the 8-lb. self-study written by members of the administration, staff, and residents, and compiled by **Kate Kwiecinski**. On campus, through focus groups of Estaugh Board members, Administration, residents and staff, the team will be verifying what they have read in the self-study. Residents who participated in the self-study were: **Tak Moriuchi** and **Bob Gray** -- Governance and Administration; **Dave Wilder** -- Financial Resources and Disclosure; **Joe Wray** and **Kay Cooley** -- Resident Life, Health, and Wellness.

The three-member team of visitors has a combined total of 53 years of CCRC experience. **Dr. Robert G. Johnson**, Executive Director of The Tamalpais in Greenbrae, CA, will review Governance and Administration; **Ms. Debbie Wykoff**, Director of Clinical Services at the Eliza Jennings Group in Lakewood, OH, will examine Resident Life, Health, and Wellness; and **Mr. Timothy J. Hissong**, Vice-President of Operations and Treasurer of Brethren's Retirement Community in Greenville, OH, will be concerned with finances. In addition, **Mr. Michael A. Flynn**, Vice-President and Chief Financial Officer of Friendship Village of Schaumburg, in Schaumburg, IL, and a member of the CCAC Financial Advisory Panel, is serving as a reader. He will examine the financial

information prepared by Medford Leas but will not visit the campus. On October 9, probably in the afternoon, the visiting team will present their report. Residents are invited to attend and, we trust, celebrate Medford Leas' reaccreditation.

WHO'S NEW

by Ellen Stimler

Helen Weinik, Apt. 298, lived and worked in New York City and Long Island until she moved to Medford Leas. She studied psychology at Beaver College, Columbia University, and New York University, and had completed all but a thesis for a Ph.D., when she received a fellowship in psychotherapy at the Postgraduate Center for Psychotherapy in NYC. At the beginning of WW-II, Helen joined the Army and worked as an Army psychologist for four years, interviewing accused Japanese war criminals who could be interrogated in English. After the war, she went to work for the Bureau of Child Guidance, a department of the NYC Board of Education, where she worked for **Alma Hoyer**, and became supervisor of child guidance in the Bronx. By 1962, she was ready for a change and moved to Plainview, Long Island, where she continued her work in a smaller, less bureaucratic setting, from which she retired in 1983. Throughout her professional career, Helen maintained a small private practice and pursued a hobby of raising and obedience-training Shetland Sheepdogs, taking them to shows and winning awards. She enjoys reading and hopes to join activities here as soon as she figures out what to do with all the "stuff" she brought from Long Island.

NEWS FROM LUMBERTON LEAS

by Helen Vukasin

The physical plant at Lumberton Leas is finally coming together. The furniture has arrived for the Community Center. A cozy grouping in front of the fireplace entices residents to sit down and visit or move the furniture around to watch an event on the large screen TV. The tennis aficionados gathered there to break-in the furniture and watch Pete Sampras sadly lose the U.S. Open.

As soon as Lumberton Township signs off on the project, Woodside Drive will be paved with a final coat of blacktop and the street level will be raised to meet the concrete aprons of the driveways.

Meantime, choosing every opportunity to celebrate, residents had informal parties at the Community Center on July 4 and on Labor Day. The big party of the summer was the Luau, catered by the fabulous staff of Medford Leas. Complete with a whole roasted pig, the event featured exotic flower arrangements and leis for the whole crowd.

The book groupies are organizing around specific interests. The new furniture includes book shelves that will be organized for a book exchange on the Mezzanine. The Lumberton Leas Forum has already planned two programs and sent out a questionnaire to Lumberton Leas residents to find out what kinds of programs they favor and also to discover any latent talent in the community.

The woods trails are wonderful! The Trails Committee, with help from the Medford group, have done a smashing job clearing and marking six different trails. A beautiful full-color map has been prepared and will be available, so anyone who is ambulatory should come over and walk the trails. One trail, that goes around the periphery of the property, is paved and would serve any motorized cart or wheelchair, so come on over before the snow flies.

NEWS FROM WOOLMAN COMMONS

by Nancy Darling

The traditional holiday potluck supper was held on Labor Day, preceded by a croquet game and followed by an enthusiastic sing-along. The movie of the month was *Friendly Persuasion*, the original version with Gary Cooper, Dorothy McGuire, and Tony Perkins. The Bunch is not doing Lunch in September, but will resume soon under the combined leadership of **Dave Lewis, Flora McKinney, and Marion Burk.**

On September 11, **Howard McKinney**, newly elected Coordinator, led the first business meeting after the summer break. The other officers now are: **Alson Van Wagner**, Secretary; **Pat Lowe**, Garden and Grounds; **Laura Farr**, Hospitality; **Kay Cooley**, Treasurer; and **Gene & Teddy Raup**, Trash and Recycling. It was announced that Woolman Commons has been invited to send an observer to meetings of the MLRA Board of Directors. Rather than designate people to serve as observers, a sign-up list will be kept on the Bulletin Board.

**MEDFORD LEAS LIFE
CITED FOR NEW IDEAS**

by Ellen Stimler

One of the residents at RiverWoods, a New Hampshire CCRC, publishes a digest of information she finds in CCRC Newsletters. She highlights newsworthy developments in hopes that CCRCs will get new ideas in the areas of Activities, Administration, Community Outreach, Communication, Dining Services, Employees, Health Care, Programs, Resident Governance, and Volunteers. Her Summer 2001 survey reported on 62 noteworthy developments among the newsletters she had reviewed, of which 19 (31%) were from *Medford Leas Life*. Included in her listings were the pet policy, April Fool's Eve in the Coffee Shop, a canoe outing, and Medford Leas University.

WHITESBOG VILLAGE

by Elmer Rowley

The mid-August heat wave let up just in time for 28 residents to enjoy a trip to historic Whitesbog Village, a former company town, the center of an extensive cranberry and blueberry operation in the late 1800s and early 1900s. Now being restored, the village is in the core of the New Jersey Pine Barrens and straddles the Burlington/Ocean County line.

The Medford Leas bus was met by Tom Darlington at the former company store. Tom is the grandson of Joseph Josiah "J.J." White. J.J. managed the cranberry farm at the turn of the century when it became the largest cranberry producer in the state. Tom showed slides of the early operations and the White family and later led the bus on a short tour of the village.

Whitesbog is today remembered largely for the work of J.J.'s daughter, Elizabeth, who is now credited with the development of the domestic blueberry. Wild highbush blueberry is a common shrub growing along the streams and around the ponds in the New Jersey pines. Over a period of some 20 years of extensive and careful selection, she developed a successful plant that could be cultivated commercially. She went on to develop the several varieties that are now grown commercially.

Incident to her blueberry culture, Miss White experimented with other plants, including the Franklinia, a flowering tree discovered by early Philadelphia botanist John Bartram while exploring the Altamaha River in the Carolinas in the late 1700s. Bartram propagated the tree successfully. Since it was then unknown to science, he gave the tree a name, naming it after his good friend Benjamin Franklin. Elizabeth White planted a nursery with the tree, intending to sell it commercially. A large Franklinia is growing at the front of the country store and was in full bloom for the members of the trip to enjoy while at lunch, but it is not easy to cultivate in this area. Medford Leas has had

several which have died, but now there is a young one that was recently planted in front of Court 61 in Rushmore, between the sidewalk and the building. It is still too young to flower, but it is in a sheltered location so it may be able to survive.

On the return trip, the bus was routed through the village of Chatsworth, often called the capital of the Pine Barrens. It stopped at the White Horse Inn, the last remaining structure from a thriving, up-scale resort in the late 1800s. The Inn is now being restored. Next was a drive through the vast processing plant of the Ocean Spray cranberry cooperative, which was most impressive.

The day's outing was one of the monthly One-Day Trips organized by Doris Curley. Commentary along the way was provided by Elmer Rowley.

STORMY WEATHER

by Jane Benjamin

Clouds grumbling and growling
 at each other,
 sit alone
 in the crowded sky.
 Sheets of flame and ruby spark,
 fly from clashing
 swords of might.
 They hold me captive
 through the dark,
 close-pressed night.

It takes love to put out the fire
 of angry words,
 flashing with rage,
 erupting from mouths
 bitter and tight.
 Love leads me to a calmer space,
 where my frightened eyelids
 can open to morning's
 gift of light.

LET'S DANCE!

Folk and Line Dancing sessions begin on Thursday, October 4, at 7:15 p.m. in the Activities Room. These are mildly aerobic, easy dances to interesting music, led by **E. Bart Bartholomew**. No previous experience is necessary and the dances require no partners.

On Monday, October 8, at 7:15 p.m. in the Activities Room, the Social (Ballroom) Dancing season will resume. Usually free, this first session will involve a \$5 per person admission because a musician is being engaged. The music is what residents remember from the '30s and '40s; **Maggie & Chuck Woodard** create a cafe with soft lights, tablecloths, candles, and refreshments; and there is as much socializing as dancing. Singles, men and women, find themselves welcomed. To make reservations, call Maggie or Chuck, 3663.

Starting on Tuesday, October 30, at 7:15 p.m. in the Activities Room, will be the ever-popular Square Dancing. Once again, **Dave Ainsworth**, our professional caller, returns for seven Tuesdays. Dave makes it easy for the inexperienced. Come with or without partners.

FALLING LEAVES TEA

The first of the three annual teas will be held on October 16 from 2:30 to 4 p.m. in the Lounge and the Atrium.

Come visit with friends and meet new residents from our greatly enlarged campuses. And, of course, enjoy the delectables prepared by our outstanding Dining Services staff.

WHO'S NEW

Kenneth & Doris (Johnson) Allebach, Apt. 198, moved here from Tucson, AZ, where they had been living near their son for eight years. They couldn't find any CCRC like Medford Leas, which they knew from Doris's parents, **Alfred & Martha Johnson**, who had been among the pioneer residents in 1972.

Ken hails from Pennsylvania Dutch country, where his ancestors, Mennonite farmers, first settled in the late 17th century. Doris, daughter of a Norwegian mother and American father, grew up in South Jersey. Ken is a combat veteran of World War II and flew 28 missions over Germany and occupied Europe. After the war, he graduated from Swarthmore College with a degree in political science before beginning a long career in public service, including over 20 years in Westchester County, NY, as head of one of the largest urban renewal projects. Doris attended George School, Syracuse University, and the Industrial Arts School in Oslo, Norway. She had a research career in public housing, helping develop low-income housing for some 50,000 people. In a second career, she joined a New York architectural firm as interior designer, specializing in institutional buildings, such as schools, nursing homes, and libraries.

Ken's avocations include choral singing and reading. Doris is engaged in a family genealogical project, but hopes also to pursue her creative interests in watercolor painting and collages. She has retained her membership in the Central Philadelphia Monthly Meeting but may decide to join one of the nearby meetings.

THE JOYS OF BEING CARED FOR AT JOHN WOOLMAN HOUSE

by Ellen Stimler

Coming into John Woolman House from a big city hospital felt like getting into Heaven after a stay in purgatory. As my gurney was pushed through Woolman's double doors, "Welcome home!" was the greeting spoken softly by Nurse Manager **Elizabeth "Liz" Conlin**, as she preceded us into my designated space.

Shortly, there was a succession of nurses and nursing assistants who helped me get comfortable in my bed, explained the expected routines, and saw to it that I got the evening meal although the other patients had already been served. The next two days, a Saturday and Sunday, special arrangements had been made so that I was seen and evaluated by a physical therapist and a physician. This was the beginning of an extended stay while I was recuperating from a broken neck which had required the installation of a nine-pound halo brace (anchored by four screws into my skull) and a fur-lined vest from my neck to my waist.

During my stay, I got to know most of the staff on all three shifts as well as the dietician, who tries to satisfy every patient's food choices subject only to dietary restrictions. I also got to know all the policies, procedures, and resources that make Woolman an outstanding nursing facility for both patients and staff. Throughout my stay, I received not only the expected professional treatments but something very important over and beyond: A feeling that every nurse and nursing assistant who came into my room really cared about me, wanted to help me, and was willing to listen to my concerns and allow me to make my own decisions within the framework of my care plan. After my hospital experience, it was a real surprise to find that when I rang my bell, someone answered almost immediately over the intercom and sent an aide to attend to my request. Another surprise was a visit from Therapeutic Recreation, wanting to know if I was bored and maybe needed a few things to while

away the long hours. They brought me my favorite puzzles every day, and **Trudy DeLacy**, Director of Resident Services, brought a special table from her home that made it possible for me to read.

Woolman Facilities

Woolman provides beds for three different types of patients: Skilled nursing under Medicare Part-A for those who have had a prior hospital stay of at least three days; appropriate care for residents who are transferred after a shorter hospital stay or directly from their apartments for observation and treatment in accordance with their residency contracts; and non-resident private patients on a space-available basis.

To maintain eligibility as a "skilled nursing facility" and receive Medicare reimbursement, Woolman must show continuous adherence to extensive state and federal regulations requiring considerable time-consuming paperwork.

Admission to Woolman is based on a decision by a team that includes **Dr. Keith Quinton**, Medical Director, **Dolores Redner**, Director of Nursing, the Nurse Manager, and the Physical Therapy Department. Woolman can presently accommodate up to 22 patients in semi-private rooms, each equipped with a bathroom, a large closet, two large chests of drawers, two recliners and chairs, two overhead TV sets with earphones, and privacy curtains. Meals can be taken in the sunroom or at bedside. The sunroom also permits an escape for ambulatory patients who want to leave their rooms during the day. In addition, anyone who feels well enough to take meals or attend activities in the main building can sign out temporarily.

To conform to new privacy-protection regulations, the book at the Front Desk lists Woolman occupants who have authorized this public listing. Guidelines for visitors, also at the Front Desk, should be consulted and observed. Through May of this year, 18-20 beds were occupied on average, according to Nurse Manager Conlin, but

occupancy was somewhat lower during the summer months.

Each patient's treatment plan is based on the treating physician's instructions. Staff follow protocols for specific symptoms, monitoring patients' vital signs, appetite, weight, and digestion, and any departure from the norms is discussed with one of the doctors on call 24/7. Every Monday, a team headed by Dr. Quinton makes rounds at Woolman, evaluating the status of patients and their continued stay there. In addition, after a patient has been at Woolman for 2-3 weeks, a care conference is held. A team representing all participating departments meets with the patient and his/her family, as desired, to make a plan for the patient's best interests in the coming weeks. Sometimes this means a continued stay at Woolman, or a planned return home, or some other placement. If a return home is agreed on, a home evaluation is made by Occupational Therapy to make whatever modifications are necessary for the patient's safety and comfort. In my case, it was necessary to install a hospital bed and recliner, remove rugs, and take other safety measures. If the patient remains in Woolman, additional care conferences are held after 90 days, and quarterly thereafter. Sometimes a patient is kept in Woolman on a custodial basis until an appropriate placement can be made at another level of care. There is an elaborate discharge procedure designed to assure that the patient understands his/her responsibility for all aspects of self-care and prescribed medications. If a patient being sent home requires a small amount of skilled nursing service, **Mary Jo Christenson, RN**, may be dispatched from the Health Center.

Woolman Staff

The staff at Woolman consists of nurses and nursing assistants/aides. On the day shift, there are usually three nurses and three aides; the evening shift has one R.N. and three assistants; and the night shift also has one R.N. and one or two aides. If occupancy is down, the aides may be assigned to duty in the Health Center.

Despite the well-publicized nationwide shortage of health care workers and daily "piracy" letters offering better jobs elsewhere, Medford Leas has not had a major problem recruiting or retaining its nurses at Woolman, according to Mrs. Conlin. In all of the 16 interviews with nursing staff on duty during my stay from late May to early July, they expressed their satisfaction with working conditions, staffing levels, scholarship opportunities, and the "family feeling" at Woolman. Typical of their comments was this one: "The administration makes a great effort to acquire caring, concerned, and compassionate employees who genuinely care for the residents with love and concern. I have been a nurse for 24 years, and Medford Leas is by far the most wonderful place I have ever worked. It is part of my life and I feel these residents are part of the family." Another nurse praised the level of maintenance in Woolman and said, compared to other places, "there's a different atmosphere. Everything is just a lot nicer, the whole facility." In the group of 16, four had improved their skill levels with the assistance of scholarships from the Nursing Scholarship Fund. Several had started work at Medford Leas in the kitchen or housekeeping, and had then gone back to school to study nursing.

For this article, the following employees talked with me: **Donna Amice, RN; Deborah Anderson, CNA; Elizabeth Conlin, RN; Ruth Greer, NA; Heather Jacobs, RN; Lhrwne Kaine, NA; Cassandra Kavarios, RN; Ummu Kemokai, NA; Veronica Lawson, NA; Judy Linton, LPN; Peggy McAleer, Dining Services; Janice Mabry, RN; Nicola Pampucha, NA; Rich Trandahl, CNA (since transferred to Fitness Center); Ellen Voight, LPN; and Tammy Wheeler, NA.**



RARE BIRD SIGHTING

by Gertrude Marshall

Nothing stirs up the birders' world so much as a rare-bird sighting, and such happened late in August. **Elmer Rowley**, who is a past-president of the NJ Audubon Society, had a call from his friend, **Bill Johnson**, of Johnson's Market at Church and Hartford Roads. One of Bill's farm workers had alerted him to a couple of "strange ducks" on his pond. So Bill and Elmer drove out to have a look. The ducks were among the mallards and Canada geese, but when they stood, they had abnormally long legs. Word spread quickly among our Bird Club members and soon **Wayne Marshall, Arthur Steitz, Genie Phelps, Louise Tompkins, and Frances Carter** had all gone for a look.

The consensus was that the two were either *fulvous whistling ducks* or *black-bellied whistling ducks* (formerly known as *fulvous tree ducks* and *black-bellied tree ducks* -- *dendrocygna bicolor* and *dendrocygna autumnalis*). They are native along the coast of Texas and the Gulf of Mexico, occasionally spreading to the coast of Florida, and, according to Sibley's *Guide to Birds*, there have been rare sightings of the fulvous whistling ducks along the eastern U.S. coast as far north as Long Island. The birds had pink legs but no black belly, as does the black-bellied whistling duck; they also showed white on their wings when they flew, which is characteristic of the black-bellied but not of the fulvous, which made the birders wonder if they could be hybrids of the two species. Black-bellied whistling ducks were reported at Forsythe Wild Life Refuge last year, so this would be the second record in New Jersey.

Elmer reported his sighting to the members of the Bird Club on September 5, and showed his pictures, one of which appears at the top of the adjoining column on this page.



WHO'S NEW

by Barbara Nelson

Russ & Neale (Kranz) Haley, Apt. 286, having grown up in Cleveland, OH, and Buffalo, NY, respectively, met in New York City, where Neale attended Barnard and Russ Columbia. They were married in 1948 and since then have had two children and a series of moves from Cleveland to Connecticut to New Hampshire to Pennsylvania, before coming to Medford Leas. Neale has had a career as a writer, with nine hard-cover books to her credit, on subjects ranging from horseback riding to aviary birds to cargo schooners of the late 1800s. Russ has held several executive positions in marketing research firms, taught for 15 years at the University of New Hampshire, and now holds the rank of Professor Emeritus there.

The Haleys have three grandchildren, two in England and one now a sophomore at the U. of NH. They say they have found "the natives friendly and the food excellent" and they're looking forward to other discoveries at Medford Leas.

CRYPTOGRAM

by Russell Hill

Here is the solution to September's Cryptogram.

"Full fathom five thy father lies;
Of his bones are coral made;
Those are pearls that were his eyes."
(The Tempest, Act I, Sc. 2)

Correct solutions were received from: **Jack Allen, Lydia Andrews, Mary Barth, Ruth Blattenberger, Mort Bregman, Don Davis, Herb Heineman, Jane Hunter, Euseba Kamensky, Bill Morris, Helen Peterson, Betty Preston, Liliane Reynolds, Doris Salati, Ellen Stimler, Peg Van Name, Ellen Wiener, John & Marie Winton.**

Some solvers may have found the August Cryptogram too easy. I try to have some that can be solved by those with less experience as well as some more challenging ones. The next one probably belongs in the latter category. Put solutions in Box 45 by October 15.

T R A F R Z C A
R X B Z R M B A B T E
W U S T B , S Y Q Q R A A ,
R D P R W W R X B W E
N Z U S T B .
N R X V Y X A Y X

OOPS!

by Kitty Katzell

The last issue of *Medford Leas Life* showed, on the cover page, that it was the September issue. However, on the other 19 pages, it said "June". Your editor/typist failed to change the Header on her computer. Don't blame the proofreaders --- they don't see the issue in final form.

HEALTH CENTER NEWS

by Wendi Ruddy

On Thursday, October 4, the Heart Connection will be a morning educational event for heart and circulatory health. From 9 a.m. to noon, stations will be available outside the Wellness Center for blood pressure checks, height and weight measurement, dietitian consultation, therapist evaluation for exercise instruction and heart rates, information on meditation, and podiatry evaluations for foot circulation. Starting at 8:30 a.m., checks for total cholesterol and fasting blood sugars will be available. An empty stomach is required for both of these tests. Note that the cholesterol testing will show only total cholesterol and not the LDL or HDL.

Because October is National Breast Cancer Awareness Month, on Monday, October 22, there will be a Breast Cancer Update in the Auditorium from 11 a.m. to noon. **Dr. Eric Miller**, a breast surgeon, will review the current status of detection and treatment of breast cancer, and **Joyce Diely**, a radiologic technician, will discuss the mammogram process.

On Thursday, October 25, there will be a program in the Auditorium from 11 a.m. to noon on Memory Loss. Neurologist **Dr. Seth Keller** will discuss memory loss with attention to what is normal.

IN MEMORIAM

Ruth Jubanyik
Shelley Lyman
Newlin Smith

June 17, 2001
September 9, 2001
September 9, 2001

OCTOBER CALENDAR HIGHLIGHTS

- 1 - Medford University (and every Monday)
- 1 - Movie: *Chocolat*
- 2 - Armoire
- 2 - Pendle Hill Lecture (and every Tuesday)
- 2 - Gallery Reception for **Jane Lindenmayer**
- 3 - Bird Club Meeting
- 3 - Bus to Wilma Theater
- 4 - Vid-U (and every Thursday)
- 4 - Bus to Ballet
- 4 - Folk & Line Dancing
- 6 - Movie: *Road to Morocco*
- 7 - Friends Meeting for Worship (and every Sunday)
- 7 - Vespers (and every Sunday)
- 7 - Concert: *Barbone Street Jazz Band*
- 8 - Columbus Day observed
- 8 - Low Vision Group Meeting
- 8 - Social Dancing
- 12 - Music Video: Metropolitan Opera
- 13 - Leas Forum: *Birch's Views of Philadelphia, up to date, Robert Teitelman*
- 13 - Movie: *Orchestra Wives*
- 15 - MLRA Business Meeting
- 16 - Falling Leaves Tea
- 16 - South Jersey Camera Club
- 17 - Bird Club Walk, Long Beach Island
- 18 - Opera Video: *Elixir of Love*
- 20 - Leas Forum: *Growing up in Turkey, William Nute*
- 20 - Movie: *Mr. Holland's Opus, Part I*
- 22 - Trip to Chincoteague Island
- 22 - *Original Poetry & Stories of Ireland, Fr. Michael Doyle*
- 23 - Cancer Support Group
- 26 - Rancocas Friends Academy Grandparents' Day
- 26 - Bus to Philadelphia Orchestra
- 26 - Music Video: *Chamber Music Orchestra, with Itzak Perlman*
- 27 - Movie: *Mr. Holland's Opus, Part II*
- 28 - Daylight Savings Time Ends
- 30 - Scarecrow Walk
- 30 - Catholic Mass
- 31 - Hallowe'en

WHAT ARE YOU DOING?

"Service is the rent we pay for living. It's not something to do in your spare time; it is the very purpose of life."

Marian Wright Edelman,
recipient of 2001
Presidential Medal of Freedom

MEDFORD LEAS LIFE

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