



# Medford Leas **LIFE**

VOL. XXVIII, No. 7

SEPTEMBER 2001

## **WAITING LIST DINNER GUESTS**

by Ellen Stimler

Waiting List members who live within commuting distance of Medford Leas were invited to join residents for several Wellness Programs on August 9 and 10, with a free lunch or dinner before or after one of the programs. About 30 people accepted the offer and took advantage of the free bone density tests, the presentations on osteoporosis and hi-tech low vision equipment in the Auditorium, and the luncheons and dinners offered in conjunction with the programs. Several of the guests made arrangements with resident friends to get together at dinner time.

"We are always looking for new ways to provide information exchanges between residents and our Waiting List," commented Marianne Steely, Director of Residency Planning, who was responsible for the arrangements and seemed pleased with the results. The visitors who did not have pre-arranged reservations with friends were seated with residents by the dining room hostesses and got a lot of inside information from the residents' point of view, while enjoying a special meal that ended with a dessert treat of funnel cake topped with vanilla ice cream, assorted fresh fruit, and whipped cream.

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## **A GARDEN PARTY**

by Kate Haupt

What could be more pleasant than *A Garden Party* at Medford Leas fall flower show on September 11? This special event will take place in the Activities Room from 1:00-8:00 PM., with registration between 7:30 and 9:45 AM.

The show is a gift to and from the whole Medford Leas family, residents and staff, and creates a splendid experience for all. No other event demands more effort from so many nor gives more pleasure to so many. Exhibitors will show their skills in flower-arranging and in the cultivation of plants, flowers, and vegetables. Among the exhibitors will be the Day Care Center children, the Landscaping Department, Master Judge **Yuri Moriuchi**, as well as individuals and groups presenting educational exhibits.

In preparation for the show, weekly workshops have been held to answer questions and inform those who are interested in learning more about showmanship. Co-chairs of the show are **Lois Rickett** and **Aya Endo**, and **Kate Haupt** is consultant.

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[Picture by Barbara Ballou]

## THE BACK PORCH GARDEN

by Kitty Katzell

If you haven't visited the new Back Porch Garden outside the Activities Room, you should. It's a special experience: flowers, trees, planters, butterflies, birds, wind chimes, picnic tables, porch furniture -- you name it, it's all there for residents' enjoyment.

Planning started with meetings with **Jack Carman**, who develops therapeutic gardens (which this is). Mr. Carman met with **John Siminski** from Horticulture, **Gerry Stride** and **Betty Cullins** from Assisted Living, **Bea Chawa** from Day Care, and **Jean Ross** from Therapeutic Recreation, to gather their ideas for the garden.

They said it should include Motion -- grasses, flowers, and trees that would move in the breeze and also attract birds and butterflies. It should stimulate the senses. For Sight, that meant vibrant colors that could be seen by the visually impaired; awnings and trellises to reduce glare; and plants of different colors. For Hearing, it meant wind chimes, birds singing, water running, trees and grass rustling, and children's voices. For Smell and Taste, fragrant herbs, roses, grasses, fruit trees, vegetables. It had to be handicapped accessible, with doors that open

automatically and wheelchair-high planters. When residents who would be the users of the gardens were asked what they wanted, they said sunflowers, tomato plants, and plenty of red to attract butterflies and humming birds.

And so it happened. The birds and butterflies have been coming to enjoy the flowers; the sunflowers are flowering; the tomato plants are producing beautiful delicious tomatoes; and residents in wheelchairs are delighted to be able to tend their elevated planters.

Throughout the summer there have been planned events in the Garden: a brunch, First-Day-of-Summer Party, a Memorial Day Parade with Day Care children, a luau, and summer concerts. Among the unplanned, but special, events have been gold finches, hummingbirds, and **Newlin Smith's** enjoyment of a tomato sandwich made with one of his own home-grown tomatoes.

The work of constructing the garden boxes, pulling out old plants and putting in new ones was done by **Justin Dewitt**, a member of Troop 49 in Marlton, and about 20 other members of that scout troop. It was Justin's Eagle Scout project, earning him the highest honor in scouting.

The ongoing planting, weeding, and management of the garden is under the watchful eye of **Debbie Lux** from Landscaping. She is ever on the lookout for ways to improve the area, and she assures questioners that most of the plants are perennials so they'll come up again next year. **Todd Jones** and **Evan Marjerum** from Security keep it all watered.

Now if anyone wonders if this has all been worthwhile, **Gerry Stride** tells of a resident, in a wheelchair, sitting at one of the elevated planters with tears running down her cheeks. When she was asked, "What's the matter?" she replied, "I never thought I'd get dirt under my fingernails again!"

## WHO'S NEW AT WOOLMAN COMMONS

by Nancy Darling

**Barbara Ann (Camper) Davis, 49-6 Brainerd, (609)-518-2462** moved here from Willingboro. Born and raised in Philadelphia, she got an Associate Degree from the Franklin School of Sciences and Arts in Medical Technology in Philadelphia and worked in that field for 21 years. Later, she earned degrees, including a doctorate in Christian Counseling, from the Jameson School of Theology in Bala Cynwyd, PA. After her divorce, with two sons to raise alone, she moved to Lansdale, PA and worked at Merck & Co. for 11 years as a virologist. Over time, she has raised seven other children, two of whom are now her daughters-in-law; she also has nine God-children. Barbara mentions her Cherokee Grandmother Camper as having been a major influence in her life.

Barbara studied at the NJ Conference AME Ministerial Institute for five years and was ordained an elder. She served as pastor of Mt. Moriah AME Church in Mt. Holly and as staff chaplain at Burlington County Memorial Hospital (now Virtua). She also worked as the resident manager of *Mustard Seed* and director of emergency housing for *Salt and Light* in Mt. Holly. Barbara founded *The Extended Hand Ministries, Inc.* to care for the homeless, and the Christian Community Church, where she is head pastor and bishop and also bishop of their sister church in Camden. In 25 years, Barbara has trained 30 other ministers and is looking into founding a ministerial school. Still active in *The Extended Hand* (to which Medford Leas gives food), she is also working part-time for Catholic Charities, giving a parenting course for people in recovery at halfway houses, and for Family Services dealing with troubled teenage girls. In 1998, she co-founded *Equal Partners* to provide group homes for clients from state institutions of the Division of Developmentally Disabled.

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## NEWS FROM WOOLMAN COMMONS

by Nancy Darling

On July 4th, Woolman Commoners enjoyed their usual good food and fun at a potluck supper in the Commons Room, followed by a spirited game of Bingo that kept going till all the prizes donated by **Nickie Stevenson** had been won. The Out-to-Lunch Bunch enjoyed the lovely decor and fine food at *The Black Swan* in Mt. Laurel in July and made a return visit to *The Cafe Gallery* in Burlington in August. Movie night in July brought *Sleepless in Seattle* and in August, *Kiss Me Kate*.

The planners of Woolman Commons showed excellent foresight when they decided that this satellite, eight miles from the Medford campus, should have a central place in which residents could meet and entertain. The Commons Room, on the ground floor of the 48-50 Brainerd Street building which opened in 1985, is a large attractive room with some upholstered furniture as well as enough tables and chairs to seat the 36 or so residents. It has a kitchenette, a long two-sided serving counter, ample storage cabinets and drawers, a dishwasher down the hall in the laundry room, and a TV and VCR. The uses of the Commons Room have varied from a weekly "tea" at 3 p.m. on Tuesdays, a monthly business meeting, and holiday suppers, to celebrations of milestone birthdays, family reunions, bridge parties, and special entertainment occasions. In addition, some community groups from Mt. Holly, such as the Mt. Holly Friends Meeting and the local Historical Society, have enjoyed the use of the facility on occasion.

September 1 marks the beginning of Woolman Commons' new business year, which will mark the end of the terms of office for several residents whose faithful service during the past two years is gratefully noted: **Carolyn Terrell**, Coordinator; **Sumi Kobayashi** and then **Flora McKinney**, Secretary; **Howard McKinney**, Gardening; **Gene Raup**, Recycling; and **Elizabeth Parnell**, Hospitality.

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## 2001 EMPLOYEE SCHOLARSHIPS

by Ellen Stimler

Every year, Medford Leas residents raise money for employee scholarships. For 2001, the number of employees receiving scholarships and the total dollar amount of the awards were the largest ever.

**Matt Mayo**, who has worked at Medford Leas at jobs of ever-increasing responsibility since he started as a waiter in 1998, was the winner of the \$2,500 Lois Forrest Merit Scholarship, which was awarded for the first time. The fund was established with residents' donations in honor of the contributions made by **Lois Forrest** during her 21-year tenure as Executive Director. The award will be made annually for a total of 21 years. With his mother and sister in the audience at the August 20 MLRA meeting, Matt accepted a \$2,500 check from **Ed Young**, who was the power behind the creation of the scholarship. In his remarks, Ed recalled the purpose of the fund and transmitted the good wishes of the resident population for Matt's success in his ambitious academic program.

**Kate Kwiecinski**, Assistant Director, facilitated the Lois Forrest Merit Scholarship Committee. There were 10 applicants for the award and the committee, composed of six residents, based its selection on four criteria: academic achievement and aspirations, service to Medford Leas, community service, and the quality of the application essay.

Altogether, Medford Leas awarded a total of 66 scholarships with a value of \$83,195. Aside from the Lois Forrest Scholarship, the amounts of the awards depend on the amount of money available in the Educational Advancement Fund and the Nursing Scholarship Fund.

The Educational Advancement Fund makes yearly awards based on the amounts donated by the Thrift Shop and the interest from an existing capital fund. This year's available funds were boosted markedly by the donation and

subsequent sale of a resident's antique furniture, so that 54 grants could be made ranging from \$400 to one of \$5,000, the largest grant ever made from this fund. The selection committee noted that there were many more applications from full-time employees this year than there had been in the past.

The Nursing Scholarship Fund was started in the early 1980's by **Rebecca Evans**, a resident who was a retired nurse and concerned about the nursing shortage. Since then, the fund has been built up to such a level that the Administration discourages additional donations. Contributions came from the Thrift Shop during the early years and since then from residents' bequests and donations. This year, the Fund distributed awards ranging from \$1,000 to \$4,300, to eleven employees, for a total of nearly \$30,000. Several of the staff said that the ability to compete for these scholarships to raise their skills and earning capacity was in great part responsible for their desire to stay and excel at Medford Leas. The Scholarship Fund is also a great attraction in recruiting at a time when there is a nation-wide shortage of health care workers.

Applicants for tuition money had to complete a 2-page form including detailed information on their educational objective, the courses they planned to take in the coming year, the cost of tuition, financial aid and loans, as well as a brief essay covering biographical data, the importance of the scholarship to their goals, and the consequences of not getting scholarship aid

### Notice

The Citizens Committee needs  
a few new members to help:--

- \*\* Get candidates to visit Medford Leas before the November election.
- \*\* Become involved in local issues, attend some town meetings.

Come to an open Committee meeting  
Wed., Sept. 12, 10:30 a.m., Room 7.



## SUMMER AT LUMBERTON LEAS

by Helen Vukasin

Summer days at Lumberton Leas are like being on a continuous vacation. The sparkling blue water of the Swimming Pool, the Fitness Center with its view of the woods, and the decks and sun porches provide ideal places to while away the summer. Many residents have entertained their children and grandchildren at the Pool or on the lovely marked trails in the woods. The summer is passing all too quickly.

As reported in the June issue of *Medford Leas Life*, three new members were elected to the Council at the Annual Meeting on May 9. The new members are **Ed Ferraro**, **Lucia LeConey**, and **John Sommi**, replacing **Charles Morrow**, **Ben Paradee**, and **Milt Zimmerman**. The three continuing members will serve as officers: **Don Kocher**, Chair; **Helen Vukasin**, Treasurer; and **Barbara Zimmerman**, Secretary. The new Council has identified Committee Co-Chairs for the year based on committee recommendations.

Three new committees have been added. **Barbara Lewis & Dorothy Rathje** have agreed to develop a concept that will meet our needs for helping any neighbors who have physical or medical problems. **Julian Eysmans** will coordinate the Lumberton Leas Program Committee with the MLRA Leas Forum Committee. Some generous residents are organizing a woodworking workshop that will offer small repair services to residents for a nominal fee.

The first Annual 4th of July celebration was a bring-your-own-everything supper on the terrace with charcoal fires for hamburgers and hot dogs. Unofficial first prize went to **Jean & Art Hartwig**, who brought their own table, table cloth, crystal and candles for an elegant tableau.

Lumberton Leas is pleased to host swimmers who venture over from Woolman Commons and Medford Leas. There is now an outdoor shower and non-skid patches in the dressing rooms. The "construction phase" should soon be in the past, with the anticipated arrival of furniture for the Community Center and the final coat of black top on Woodside Drive.

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## WHO'S NEW ON STAFF

by Kitty Katzell

**Johanna Yurkow, MSN, RN, CS, CCM**, isn't exactly new, having started work as the new Director of Health Services on May 14. In this role, she will oversee seven departments: Nursing, Assisted Living, the Health Center, the Pharmacy, Resident Services, Fitness & Aquatics, and Child Day Care. All those initials after her name mean that she has a Masters of Science in Nursing, is a Registered Nurse, a Certified Specialist, and a Certified Case Manager. Johanna had known **Wendy Ruddy** before she came here, as they were in the same Nurse Practitioner class.

Just before coming to Medford Leas, Johanna worked at the Center for Aging of the University of Medicine and Dentistry of New Jersey, where she was in charge of their home visitation program. In her recent career activities, she has been concerned with senior care, including rehabilitation for frail older adults and elder mistreatment, both elder abuse and elder self-neglect. Johanna lives in Mt. Laurel with her husband, **Earl Goldberg**, who teaches at LaSalle, and their 6-year-old daughter, **Maura**.

**MASTER GARDENERS  
AT MEDFORD LEAS**

[Based on information provided  
by Lois Forrest, Master Gardener]

Burlington County's Master Gardener Program, housed at Medford Leas' Nature Center and administered by Rutgers University, is open for business. The Helpline (609-654-5056) is staffed on Mondays, Wednesdays, and Fridays from 9 a.m. to 1 p.m. They can answer questions about lawns, gardens, trees, shrubs, insects, pesticides, soil, and related topics on the phone. Plants, soil, or insect specimens may be brought to the Center for evaluation.

Common questions deal with pest damage: squirrels, deer, caterpillars, lace bugs, black vine weevil, Indian meal moth, borers, aphids and grubs. Another concern of callers has been dying trees. Sometimes it is possible to identify a likely culprit, but other times the condition causing a tree to die may be difficult or impossible to confirm. Visitors to the Nature Center bring insects, ticks, branches, leaves, and cones to be identified. One brought what he thought were insect eggs, but they turned out to be fertilizer pellets that his landscaper had put on the lawn. Another brought for identification a branch of a tree growing near a relative's grave.

The volunteers who work in the Master Gardener Program have undergone a 12-week course, and each participant is required to perform 60 hours of volunteer service within a year of completing the program to earn a Master Gardener's Certification. At the Nature Center, they have over 500 different fact sheets on environmental, gardening, and agricultural issues which they mail to callers in addition to the information given on the phone.

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**WHO'S NEW**

by Kay Cooley

**Roland (Bud) & Patricia (Stockton) Stratton, Apt. 195**, married in 1971 in Mt. Holly where Bud was in general practice and Pat worked as head nurse in labor and delivery at Memorial Hospital. The loss of their first spouses had left each with three children, so Pat retired to devote herself full time to merging the two households.

Pat was prepared for such challenges by a nursing career that began at Hahnemann Hospital and took her to a small hospital in Lake Placid where she practiced general nursing until her first husband was recalled to military service and she relocated to Mt. Holly. As a full-time homemaker, she was active in the Mt. Holly Historical Society and the Female Benevolent Society, an organization helping unfortunate women not on welfare to meet their expenses.

Bud grew up in Moorestown and went to Swarthmore. In WW-II, he served in the Army Medics. After the war, he attended Temple Medical School, interned there, then joined a general practice in Wenonah, NJ, for two years. In 1954 he came to Mt. Holly down the street from **Arthur Steitz**, where he stayed until he retired in 1987. From 1985-1992, he worked part time with **Ben Paradee** in the Medford Leas Health Center. In 1984, he and Pat moved to Southampton, where they lived for 17 years.

Pat enjoys good music, reading, and crossword puzzles. Bud's interests included antique cars, and he served on the national board of the Antique Automobile Club of America. He has piloted his own plane, kept bees, and still serves as a Literacy Volunteer. He enjoys woodworking, walking, and biking. They have four grandchildren and one great-grandchild.

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**A SIGH FOR TIMES GONE BY**

by Hana Stranska

Where are the males of yesteryear,  
So proud of tails-and-tie?  
Will they ever wear such garb again  
When courting the butterfly?

How sad to see them strut around  
In flying shirts and jeans,  
Gentleness and civility  
Blown to smithereens.

What do those gentlemanly arms  
Now undertake to do,  
When they no longer open doors  
For ladies to sail through?

And what of those gentle ladies,  
If you please --  
With petticoats starched,  
Skirts well below their knees,

With stays and corsets  
Waist-huggingly in place,  
And not one curl in disarray --  
Where, one may ask, are they?

No longer now content to wait  
For the male their favors to seek;  
Boldly they chase and stalk their prey,  
No longer prim and meek.

Nowadays many a courtship's set  
In the chat-rooms of the Internet,  
Where no one holds open a door;  
Where one may get what one bargained for,  
And more.

Are you, too, yearning, just like me,  
A gentler time again to see?  
Are you, too, searching far and near  
For the vanished ways of yesteryear?

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**SUSAN PETTISS HONORED**

by Maggie Woodard

The International Vitamin A Consultative Group (IVACG) celebrated its 25th anniversary in Hanoi, Vietnam last February. The meeting was attended by 700 people from 73 countries. At the meeting, **Dr. Susan T. Pettiss** was one of three honored guests, all of whom had their expenses paid by IVACG.

The primary objective of IVACG is to "provide a forum for the exchange of new ideas and discussion of research findings and programmatic interventions which may contribute to the eradication of Vitamin A deficiency (VAD)." Susan was honored as one of eight people who had participated in the formation of the group in 1975. From the early 1970's, her position as Director of Blindness Prevention with Helen Keller International in New York had involved her in numerous efforts to deal with the problem of VAD.

Although much progress has been made, VAD remains a public health problem in over 70 countries. In her address to the meeting, Susan predicted that "by the end of the next 25 years the deficiency will have been controlled, with IVACG having its honorable place in history books."

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**FORUM SUGGESTIONS WANTED**

The Leas Forum Committee welcomes suggestions of speakers for its bi-weekly programs. The range of subjects is unlimited. Examples include public affairs, economics, history, biography, science, literature, art, hobbies. Talks by residents are especially welcome, although nominations of outside speakers are equally appropriate. Please send ideas to **Helen Vukasin** (Phone: 609-261-3166).

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**NEW BOOKS IN THE LIBRARY**

by Becky Monego, Librarian

**FICTION**

- Deveraux, J. *The Summerhouse*  
 Karon, J. *A Common Life* (Mittford years, v.6)  
 King, S. *Dreamcatcher*  
 Plain, B. *Looking Back*  
 Steel, D. *Lone Eagle*  
 Theroux, P. *Hotel Honolulu*  
 Tyler, A. *When We Were Grownups*

**MYSTERY**

- Buchanan, E. *You Only Die Twice*  
 Clark, M. H. *On the Street Where You Live*  
 Cornwall, P. *The Last Precinct*  
 Higgins, J. *Edge of Danger*  
 James, P. D. *Death in Holy Orders*  
 King, L. *Folly*  
 Lehane, D. *Mystic River*  
 Peters, E. *Lord of the Silent*  
 Picoult, A. *Salem Falls*  
 Quick, A. *Slightly Shady*

**NON-FICTION**

- Dash, M. *Tulips Mania*  
 Dziemianowicz, S. *100 Hilarious Little Howlers*  
 Ellis, J. J. *Founding Brothers*  
 Feynman, R. *The Pleasure of Finding Things Out*  
 Hessler, P. *River Town: Two Years on the Yangtze*  
 Jones, A. *Looking for Lovedu*  
 Leuchtenburg, W. *American Places*  
 Longaberger, D. *Longaberger: A Success Story*  
 Magower, M. *The Balkans: A Short Story*  
 Restak, R. *Mysteries of the Mind*  
 Summers, G. *The Arrogance of Power ... Nixon*  
 Weeks, K. *The Lost Tomb*  
 Will, G. *Bunts*

**BIOGRAPHY**

- Bacon, M. H. *Abby Hopper Gibbons*  
 Cramer, R. B. *Joe DiMaggio: The Hero's Life*  
 Deats, R. *Martin Luther King, Jr.: Spirit-Led Prophet*  
 Kershaw, I. *Hitler: v.1, 1889-1936, Hubris*  
                   *v.2, 1936-1945, Nemesis*

- Lord, R. *Henry F. duPont and Winterthur*  
 McCullough, D. *John Adams*  
 Oliver, J. W. (ed.) *J. Walter Malone*  
 Seward, D. *Caravaggio*  
 Sinatra, T. *My Father's Daughter*

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**LARGE PRINT LIBRARY ADDITIONS**

Ruth Hayes, Librarian

**FICTION**

- Barnett, J. *Sentimental Journal*  
 Bradford, B. T. *The Triumph of Katie Byrne*  
 Brand, M. *The False Rider*  
 Evans, R. P. *The Carousel*  
 Karon, J. *A Common Life*  
 LeCarre, J. *The Constant Gardiner*  
 McGiffin, L. *Riders of Enchanted Valley*  
 Plain, B. *Looking Back*  
 Roberts, N. *Carolina Moon*  
 Roberts, N. *Heart of the Sea*  
 Roberts, N. *The Villa*  
 Sheldon, S. *The Sky is Falling*  
 Steel, D. *Lone Eagle*  
 Stone, K. *The Carlton Club*  
 West, J. *The State of Stony Lonesome*  
 West, M. *The Devil's Advocate*  
 Whitnell, B. *Charmed Circle*

**MYSTERY**

- Blackwell, L. *The Maiden of Mayfair*  
 Clark, M. H. *On the Street Where You Live*  
 Davidson, D. M. *Sticks and Scones*  
 Lewis, B. & D. *Sanctuary*  
 Patterson, J. *Suzanne's Diary*  
 Whitney, P. *Feather on the Moon*

**BIOGRAPHY**

- Carter, J. *An Hour Before Daybreak*  
 Hohler, R. T. *I Touch the Future* (C. McAuliff)  
 Robbins, J. *Bess and Harry*

**NON-FICTION**

- Brokaw, T. *An Album of Memories*  
 Canfield et al. *Chicken Soup for the Golden Soul*  
 Gilbreth, F. Jr. & E. *Cheaper by the Dozen*  
 Herriott, J. *All Creatures Great and Small*

Herriott, J. *If Only They Could Talk*  
 Pockell, L. *The 100 Best Poems of All Times*  
 Ryan, T. *The Prize Winner of Defiance, Ohio*  
*The PDR Family Guide Encyclopedia of*  
*Medical Care*

READER'S DIGEST SELECT EDITIONS

Armstrong, L. *Lance Armstrong*  
 Nichols, L. *Handyman*

Many thanks for all the donated books; many residents will enjoy them.

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**NEW TALKING BOOKS**

Myra Binstock, Librarian

{\*Donated tapes, for which many thanks.}

FICTION

Rowling, J. K. *Harry Potter and the Prisoner of Azkaban*  
 Vonnegut, K. *God Bless You, Dr. Kevorkian*

NON-FICTION

Brokaw, T. *An Album of Memories*  
 Bryson, B. *In a Sunburned Country*  
 \*Dickinson, E. *Poems and Letters*  
 Durant, W. & A. *The Lessons of History*  
 \*Frost, R. *Poetry Collection*  
 Huston, J. *Balance of Power*  
 Norgay, J. Tenzing. *Touching My Father's Soul*  
 Rather, D. *The American Dream*  
 Rudner, R. *Naked beneath My Clothes*  
 Stiller, J. *Married to Laughter*  
 Trillin, C. *The Tummy Trilogy*

MYSTERIES & SUSPENSE

\*Abrahams, P. *A Perfect Crime*  
 Evanovich, J. *Two for the Dough*  
 \*Harris, T. *Hannibal*  
 \*Lindsey, D. *An Absence of Light*  
 Meltzer, B. *The Tenth Justice*  
 O'Shaughnessy, P. *Move to Strike*  
 Parker, R. B. *Pot Shot*  
 Sandford, J. *Chosen Prey*  
 Scottoline, L. *Rough Justice*  
 Woods, S. *Dirt*

Don't forget the vast assortment of show tunes, operas, and other classical and popular music. Anyone who needs help with tapes or has questions pertaining to the Tape Library should call **Myra Binstock, 3622.**

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**The Nature Library** has added the highly acclaimed *Sibley Guide to Birds*, written and illustrated by David Allen Sibley.

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**BOOKS ENJOYED BY RESIDENTS**

by Ellen Stimler

*Guests of My Life*, by **Elizabeth Watson**. Several Medford Leas residents, including **Jessie Jones-Cobb** and **Curtis Johnson**, know the Quaker-activist author of this slender volume, but I made my acquaintance with her when her book was sent to me during my month-long stay in Woolman after our car accident. Mrs. Watson tells of her own car accident, in which one of her three daughters was killed and every other member of the family in the car was seriously hurt. Once physically recovered, Mrs. Watson went into deep depression, grieving inconsolably over the loss of her daughter, Sara, with whom she had had an almost spiritual relationship. As time went on, friends sent books of poetry and biography, hoping to influence her return to family and community involvement. The authors, including **Emily Dickinson, Rainer Maria Rilke, Katherine Mansfield, Rabindranath Tagore, Alan Paton, and Walt Whitman**, became successive guests in the writer's life and each one accompanied her through a stage of her recovery and led her into the next phase. Mrs. Watson skillfully summarizes her guests' lives, quotes significant passages from their works, and relates them gracefully to her own condition. It is an inspiring journey for both the author and the reader.

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**WHO'S NEW**

by Dorothy Tillman



**THE TRIP TO GERMANY**

by Kay Cooley

In May, Omni Tours took a group from Medford Leas to Bad Salzuflen, Germany, to enjoy the thermal springs and the Westphalia countryside. Residents in the group were: **Beaver Abramson, Wilda DeCou, Kay Greenley, Florence Harvey, Betty Heyl, Caroline Heyl, Margaret Lawson, Lucile Reeves, Warren Reeves, Ernie Riley, Doris Smith, Inge Wolf, & Jeanne Youngs.** There was also one guest, **Maralee Youngs,** Jeanne's daughter, and the Omni tour guide, **Chuck Maddox.**

**Mayor Gerhard Kleemann** welcomed them at a reception in the museum that had once been the home of **Inge Wolf's** grandfather. The travelers visited the site of a Jewish synagogue that had been destroyed by the Nazis in World War II and is now memorialized by the large outdoor menorah shown in the picture (taken by **Kay Greenley**). Inge Wolf is on the left and Mayor Kleeman on the right.

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**John Robert (known as Bob) & Isabel (Edwards) Hambleton, Apt. 17,** moved to Medford Leas after 37 years in Moorestown. Isabel was born and raised in Philadelphia. After attending the Taylor Business School, she was employed in the accounting department of the Telephone Company, where she eventually became manager of the Employment Office for Women.

Bob, who was born in Bridgeton, NJ, served as a corporal in the Coast Artillery for three years. After getting his chemical engineering degree from Bucknell, he went to work for Rohm & Haas in Bristol, where he remained for 34 years, retiring in 1984. He oversaw the building of new plants; he and Isabel moved to the Houston area five times, and to Louisville, KY twice, returning always to their home in Moorestown. He also traveled to Tokyo, Moscow, London, and Germany on business.

Isabel did not work very long after their marriage. The demands of Bob's job made that too difficult. They both have been active members of the Presbyterian Church, Bob as a volunteer in the financial office and Isabel as a Sunday School Teacher, a Deacon, and an Elder. Bob is also treasurer of the Moorestown Library Board.

Isabel's main hobby is her church, her son and daughter-in-law who live in Boulder, CO, and her daughter, son-in-law and two grandchildren who live in Moorestown. Bob's interest is in the four Bs -- Bridge, Baseball, Books, and Big Band Jazz, of which he has a large collection. Isabel loves to read but can't keep up with Bob who "reads everything."

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### COMBINED ADVANCED DIRECTIVE & POWER OF ATTORNEY

As a follow-up to the Bill Moyers series of television programs on end-of-life care, there will be a special meeting in the Medford Leas Auditorium at 10:00 a.m. on Thursday, September 20. Since the Moyers series, a committee of staff and residents has developed a combined Advanced Directive and Power of Attorney form. That form and a sheet of definitions will be distributed and explained at the meeting on September 20. At that time, too, residents will be encouraged to make appointments to meet with aides to help them complete the forms. The aides are residents and staff who have undergone training to prepare them to be of assistance in this function. Dr. Quinton will also be present to answer residents' questions. This is an important meeting. Everyone should plan to attend.

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### DEMENTIA CAREGIVERS PROGRAM

On May 8, the Certified Nursing Assistants (CNAs) on the John Estaug Unit (**Linda Nims, Cathy Skeenes, Karen Tarpy, Heather McMillan, Susan Guilmet, & Davine Cornish**) participated in a *Dementia Caregiving Seminar*. As part of the seminar, they completed questionnaires on topics of interest to caregivers, did role playing, and helped to develop a curriculum that will be used in future education programs throughout the State. The New Jersey Department of Health and Senior Services, the New Jersey Geriatric Education Center, and the South Jersey Chapter of the Alzheimer's Association funded the project.

On Wednesday, November 7, at Medford Leas, the South Jersey Chapter of the Alzheimer's Association will present the education program that staff helped to develop.

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### CANCER SUPPORT GROUP by Lillian Goldenberg

Every month, at 3:15 p.m. on the fourth Tuesday, a group of residents comes together to discuss an illness that still engenders hushed tones and secrecy. The Cancer Support Group includes residents who are cancer survivors, others who are actively fighting the disease, and some who have loved ones who have been diagnosed with cancer. In a supportive and confidential setting, they feel free to express their fears and anxieties, and to share methods of coping with this life-threatening illness.

The meetings are led by **Leila Krastek**, Medford Leas' Social Worker, **Jamie McCloskey**, Assistant Director of Resident Services, and a representative from Samaritan Hospice. Occasionally health professionals involved in cancer research and education speak to the group on new forms of treatment, medications, and methods used to control side effects that may be experienced. The primary purpose of the group is to support, care for, and learn from one another. The group has found the message that a diagnosis of cancer does not necessarily signify the end of life, and that sharing the burden of the illness lightens the way.

Anyone interested in attending a meeting should call Jamie McCloskey at 3119. The next meeting will be held on September 25 in the Third Floor Haddon Lounge at 3:15 p.m..

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**WHO'S NEW**

by Maggie Woodard

**Francis (Frank) & Jean (Michener) Nicholson, Apt. 684**, are birthright Quakers and members of Barnegat Meeting. They are graduates of Westtown School and Swarthmore College. Frank majored in Physics and earned an MSEE from Penn. After working for GE in the Space Systems Division in King of Prussia, PA, he went to Virginia to work on Mission Design for NASA's Langley Viking Project, Mission to Mars. Next was the Viking Flight Team at the Jet Propulsion Lab in California, followed by work on navigation for JPL's Galileo project, which sent a probe and orbiter to Jupiter. When he retired in 1996, he and Jean moved to Forked River, NJ, where they could sail their 16-foot boat. His hobbies have included trail-building, soccer, tennis, computer games, chess and, lately, tutoring in mathematics and physics at Ocean County Community College in Toms River. His sister, **Carolyn Terrell**, lives in Quaker House.

Jean majored in English at Swarthmore, with a minor in music, playing the violin in the college orchestra. She taught in various Head Start programs in Philadelphia and Virginia, tutored in junior high and high schools in California, and was a Special Ed aide. Volunteer work with the Quakers, including AFSC, has always been a major activity. Sailing, reading, art, and tutoring kids are her big interests. Growing up an only child, she always wanted siblings. Six children and ten grandchildren have satisfied that wish! Jean and Frank look forward to continuing their lives of service, hoping to tutor in the fall, she in local schools and he in Burlington County College.

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**Bob-Bob-Bobbing Along**

(as reported by Jean Nicholson)

Jean & Frank Nicholson were still settling in when **Bob Costigan** from Maintenance arrived to install some towel racks for them. Right behind him came **Bob Medaugh**, their next door neighbor, bringing information he had told them about concerning Philadelphia Orchestra trips. With those two Bobs still at the door, **Bob Wasson**, the regular mail carrier, arrived with a welcome batch of mail. When Jean opened the door, she may well have begun to wonder if everyone at Medford Leas was named "Bob."

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**EMPLOYEES OF THE MONTH**

**Jamie Giordano** was May's Employee of the Month. Jamie came to Medford Leas in 1997 and worked first in Dining Services. Now she's a Certified Resident Assistant in the Nursing Department. She works in the Health Center, the Rehab Department, and in Estaugh and Haddon, so you may meet her anywhere. She is currently preparing to become a Registered Nurse, and we hope she will want to continue working at Medford Leas when that day comes.

**Debbie Lux** has been at Medford Leas only since May of 2000, but her influence is readily apparent throughout the campus. Debbie works in the Landscaping Department. Her handiwork is visible in the Meditation Garden, the new Back Porch Garden, the plantings at the corner of Medford Leas Way and Estaugh Way, and at all the entrances to the Community Building. She is now a Certified Master Gardener, too, as well as Medford Leas' liaison to the Gardens Collaborative.

Congratulations, Jamie and Debbie, and thanks for all you do for Medford Leas' residents.

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**S.O.S. = SHUT OFF SOMETHING**

News reports have been full of stories about the energy situation. Costs are mounting. There have been brownouts in California and elsewhere. ACME has reduced its lighting and raised the temperature in its stores throughout the country to help conserve energy. Everyone is becoming more aware of the need to use energy wisely, especially electricity.

Turn off lights and appliances that are not in use. Raise the temperature on your air- conditioner to at least 78° during the day and turn it off if you're going to be away. When cold weather arrives (and it will), try wearing a sweater and leaving the thermostat lower than you did last year. When you notice lights on in places where they are not in use, don't hesitate to turn them off unless doing so would cause a safety hazard. In daylight hours, sit by a window if it might save turning on a light. As always, use the washing machines and dishwashers only for full loads. This also reduces water usage, which is another conservation issue.

So remember the slogan S.O.S. and Shut Off Something. It could even save you money!

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**SPORTS DAY**

Monday, September 3, is Labor Day, and that means Sports Day, from 9 to 11 A.M.. There will be shuffleboard, bocci, croquet, putting on the golf course, tennis if you get a game together, swimming in the pool if you have a buddy, and socializing on both the upper and lower patios. The Hal Davis group will provide music, residents who have them will bring their antique cars, and Medford Leas will provide punch and cookies. So come on out and enjoy the holiday with your friends and neighbors.

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[Picture by Jack Allen]

**"PING" IS HONORED**

On Monday, August 13, in the private dining room, **Edward "Ping" Follwell** was honored by his alma mater, Ohio Wesleyan, with a luncheon and the presentation of "the Godman Cane." The university has a tradition of presenting the Godman Cane to the "most senior alumnus of the earliest graduating class, to be retained during his lifetime." The cane was originally owned by the first graduate of Ohio Wesleyan, one William Godman, Class of 1848. The event was covered by *The Burlington County Times* which carried the report with Ping's picture on the front page of the August 14th issue. The 101-year-old Ping, Class of 1923, doesn't need the cane to help him with walking, but he'll be glad to show it to anyone who asks to see it.

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## DAN SEEGER VS. THE U. S.

by Maggie Woodard

Dan Seeger made history in 1964 when his draft case was argued before the U.S. Supreme Court. The issue was whether one must affirm belief in a Supreme Being in order to be classified as a Conscientious Objector (CO) as provided in the Selective Service Act.

The case began on July 15, 1957, when he sent a brief note to his draft board in Queens, NY, declaring himself "unwilling to participate in any violent military conflict..." The board then sent him Form 150, the special form for CO's. He completed the form, answering the question about belief in a "Supreme Being" with a 7-page, single-spaced typed explanation of his "religious faith in a purely ethical creed."

The draft law excluded from CO status those whose pacifism reflected "essentially political, sociological, or philosophical views or a merely personal code." Dan's statement turned out to provide the basis for a constitutional test of the law demanding that CO's profess a belief in a Supreme Being to qualify for exemption. The requirement of a belief in a Supreme Being to qualify for CO status was not part of the Selective Service Act until it was added by Congress in 1948. No one had challenged the requirement until Dan filled out his 150 form.

A full-time student, on the advice of friends Dan sought help from the Quakers, and was eventually asked if he would be willing to be a test case. From then on, he received the highest quality counseling, provided by the Central Committee for Conscientious Objectors in Philadelphia. The Queens draft board did nothing about Dan's CO application because he had a student deferment. But when he became a part-time student in 1958, they classified him 1-A. His request for a hearing was denied.

He next appeared before a Selective Service Board Hearing Examiner. The Examiner recommended that Dan be granted CO status

after considering, among other things, an exhaustive, extremely positive FBI report on Dan. The Justice Department rejected the recommendation in May 1960. Dan asked the Presidential Appeal Board to reverse the decision but lost again. Two months later, the draft board ordered him to report for Army induction. Dan reported on October 20, but refused to take the symbolic step forward into military service. Sent home, he waited until November 1962, when he was indicted by a federal grand jury.

Dan's trial took place in March 1963. He was represented by a prominent and very able attorney, who was a volunteer for the Central Committee. The attorney acknowledged that Dan's religious beliefs were "not based on a supernatural person or a Supreme Being known as God." He argued that the First Amendment barred the government from stipulating that a belief in a Supreme Being was required for draft exemption, that Dan Seeger's pacifism was based on "religious training and belief," as the draft law required, and merited exemption.

Dan was found guilty and sentenced to prison for a year and a day. The U.S. Court of Appeals in New York, on appeal, reversed the conviction. The government appealed the case to the Supreme Court, which unanimously upheld the Appellate Court's reversal of Dan's conviction. The Court, however, wrote a narrow opinion which avoided the First Amendment constitutional issue. The Court wrote that Dan "did not disavow any belief" in a Supreme Being, describing Dan as having a creative intelligence "informed with a moral purpose" and that his beliefs "occupy the same place in his life as the belief in a traditional deity holds in the lives of his friends, the Quakers."

Dan Seeger later wrote that he was disappointed that the Supreme Court did not directly address the First Amendment question, but he was gratified that it did "have the practical result I had sought." Form 150 was revised and the Supreme Being question was removed. The case

helped many people to establish a valid claim to Conscientious Objector status.

Dan Seeger is a true man of conscience.

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**THOSE FLYING MACHINES**

by Dottie Pierce

Many residents are adventurous, or have been, but few, if any, have sailed the skies in a balloon one day and accompanied a news helicopter on duty the next. **Janet Hamilton** did. When a friend of hers, who is a proprietor of balloon trips (and also a friend of a news helicopter pilot), planned a balloon trip for members of her church, she jumped at the chance to be one of six.

Entranced, Janet and the others watched the leader fire up the controls while listening to his explanation of how to maneuver their rise and fall despite wind velocity. Sailing over the land for some two hours, she arrived home tired but exhilarated, knowing that the next day she must be ready by 6:00 AM for another exciting journey, this one also arranged by her balloon-flying friend. Despite anticipating the thrill of accompanying two pilots and a cameraman on duty in a helicopter, Janet found it difficult to be ready so early.

Janet and the cameraman were seated behind the two pilots, who were in the front seats. All four wore earphones. The cameras were not hand-held but were fastened to the helicopter. Janet could hear the pilots contact the ground as they were guided to whatever accident or incident was to be filmed. High in the air, she could see red lights flickering and movement but no detail. Nevertheless, just being up there with those on duty in the air was impressive enough, and the experiences of the two days together will never be forgotten.

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**FROM THE HEALTH CENTER**

by Wendi Ruddy

**COLD & FLU SEASON:** It's not too early to think about those nasty autumn and winter problems caused by viruses. Flyers will be placed in residents' mailboxes to remind residents of what to do to prevent and treat a cold. Notices regarding flu and pneumonia shots will also be forthcoming. In the meantime, it is important to wash one's hands whenever possible to prevent the spread of germs.

**BREATHE EASIER SEMINARS:** For those who have problems like asthma and other chronic lung conditions, taking a deep breath is a luxury. Because the conditions are chronic, knowing how to manage them is the key. Residents who have respiratory problems and want to learn more about how to manage them should attend one of the three sessions to be offered on September 14, 21, and 28 from 2:00 to 3:00 P.M. in the Wellness Center. To sign up for any one of the sessions, call 3777 and leave the person's name and the date of the session that person wants to attend. Those attending should bring their inhalers and medications with them to the meeting. Spouses and significant others are welcome.

**MAINTAINING CONTINENCE:** **Michelle Greer, MPT**, a licensed physical therapist, will be the speaker on Thursday, September 13, at 11 AM in the Auditorium. Ms. Greer evaluates and treats individuals who experience inability to maintain bladder and bowel control. She will be discussing those issues in her talk.

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**WHO'S NEW**

by Hana Stranska

**Ellen (Friedman) Wiener** (pronounced Wee-ner) Apt. 613, moved to Rushmore from Chesterfield, NJ. Born in Melrose Park, PA and a Penn State graduate, hers has been a life noted for a love of animals, both real and man-made. For over 40 years, she lived on a farm in Chesterfield. After receiving her VMD in 1956 from the University of Pennsylvania School of Veterinary Medicine, she owned and operated Chesterfield Veterinary Clinic as Dr. Ellen A. Friedman.

Ellen has three sons and three grandchildren. Her grandkids have certainly enjoyed her other animal venture, collecting carousel figures including a working carousel with 22 horses and two chariots. Prior to moving, she auctioned off the collection, keeping one horse, a giraffe with baby, and a nickelodeon. Her live companions are Sooze, a poodle, and two cats. She likes travel, gardening, cooking, reading, and bridge. Ellen became familiar with Medford Leas through **Marion Irons**, her friend and traveling companion of over 30 years.

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**LOCAL NEWS NOTES**

The *Central Record* of June 14 carried a column headed "90 seniors 'graduate' at Medford Leas". The item reported on the successful completion of the first course offered by Medford University, in cooperation with Burlington County College, Views of the Ancient World. Two more courses are scheduled to be offered this fall.

Residents and others using the walkway between Woolman and Court 29 are stopping to admire a ground-covering vine, tipped with yellow flowers. At last look, the vine extended over ten feet. Those who look closely may even see cucumbers growing underneath the foliage. The plant is being guarded by **Jane Benjamin**, who has posted a "Don't Touch" sign amidst the leaves.

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**GRACE BLACKBURN HONORED**

At a dinner on June 2, **Grace Blackburn** was honored by the Alumni Association of Moorestown Friends School for "29 years of teaching, mentoring and service to the School Community." Grace had joined the School as a Middle and Upper School mathematics teacher in 1964, and served as director of the Middle School and then as Director of Studies for the Middle and Upper School. After an absence during which she taught in the Willingboro School Districts, she returned to Moorestown as Head of the Mathematics Department and later as Dean of the Faculty. The certificate presented to Grace by the Alumni Association notes that her influence "has helped to shape the future of MFS and has enabled the school to fulfill its commitment to educational excellence".

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**THE SHOPPING TRIP**

by Annemarie Walter

July 25 was one of the hottest days this summer, with a temperature of 94° and a heat index of 104°. Nevertheless, some residents had to go to the ACME to do their weekly shopping. But, alas, the bus was out of order (its a/c wasn't working) and the van had some mechanical problem. So it became necessary for **Audrey**, our driver, to use a company car and take residents there and back. To take care of everyone, she drove four times to and from the ACME. Each shopper came out of the store with two or three bags of purchases, which Audrey put into the car and then, back at Medford Leas, as always, she placed the bags in the residents' shopping carts. She did a great job, as she always does, under especially difficult circumstances, and residents are sincerely grateful to her.

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**TRIPS TO THE SHORE**

by Gertrude Marshall

On May 18, the "Short Trips" group, organized by Doris Curley and Mary Lou Mullen, set out in the Medford Leas bus for Barnegat Light. The town is at the northern end of Long Beach Island, about 1¼ hours from Medford Leas. Despite a cloudy day with a threat of rain, 31 residents took the opportunity to see, hear, and smell the Atlantic. The lighthouse is part of a New Jersey State Park, with a walk along the shore on a well-engineered stone jetty with a fence on each side, and out into the water about 1/3 of a mile. Beyond that, the jetty extends for another 2/3 of a mile, this part quite rocky and slippery. To the joy of the birders, on the rocks there was an oyster catcher, a large bird with a magnificent orange bill. There were also a number of brant, a small goose.

Some members of the group visited the park's arboretum, which is about ¼ mile long. They were rewarded by seeing several typical shore plants: bayberry, beach plum, and Hudsonia with its yellow flower. After two hours at the park, the group went to the Bayberry Inn in Brant Beach for lunch.

On May 23, the Bird Club made its annual May trip in two cars to Reeds Beach on Delaware Bay to witness the sandpipers and other birds feeding on horseshoe crab eggs. Reeds Beach is a small fishing village on Delaware Bay where, for millennia, the crabs have come ashore to lay billions of eggs. The birds, making this one stop on their 3000 to 4000 mile journey from South America to the Arctic, feed on the eggs and may double their weight in a few weeks. The Bird Club members were rewarded by seeing many sandpipers, ruddy turnstones, and laughing gulls, and even some red knots, which make the longest journey. They also saw quite a few boat-tailed grackles in the village, which has many hackberry trees along its one street. The National Audubon Society is concerned that the numbers of crabs and their eggs are diminishing

as a result of being taken for fertilizer and for medical use.

From Brant's Beach, the birders drove to the state park at Cape May Point, where they consumed their bag lunches and then walked on the beach on the ocean side of the Point. In all, 31 species of birds were seen on the outing. The birders were Doris Curley & Arthur Steitz, the drivers; Howard Kriebel, Lucia LeConey, and Wayne & Gertrude Marshall.

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**IN MEMORIAM**

<i>Thomas Tash</i>	<i>May 28, 2001</i>
<i>Frances Dailey</i>	<i>June 8, 2001</i>
<i>Edith Dudley</i>	<i>June 11, 2001</i>
<i>Lewis Coriell</i>	<i>June 19, 2001</i>
<i>Dorothy Seeger</i>	<i>June 30, 2001</i>
<i>Margaret Fine</i>	<i>July 17, 2001</i>
<i>Dorothy Malakoff</i>	<i>July 24, 2001</i>
<i>Lewis Hoskins</i>	<i>August 5, 2001</i>
<i>John Nicholson</i>	<i>August 6, 2001</i>
<i>Barbara Bennett</i>	<i>August 8, 2001</i>
<i>"Jimmie" Collins</i>	<i>August 11, 2001</i>
<i>John Kriebel</i>	<i>August 20, 2001</i>

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S N O I T C A R F P Y C C G E O M E T R Y  
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**SEPTEMBER CALENDAR HIGHLIGHTS**

- 1 - Movie: *Road to Utopia*
- 2 - Quaker Meeting (also 9/9, 9/16, 9/23, 9/30)
- 2 - Vespers (Medford United Methodist Church will conduct services every Sunday in Sept.)
- 3 - Labor Day - Sports Day
- 3 - Movie: *Castaway*
- 6 - Vid-U (also 9/13, 9/20, 9/27)
- 7 - Vido: *Mostly Mozart*
- 8 - Leas Forum: *Walt Whitman: the Man and His Poems*
- 8 - Movie: *Adam's Rib*
- 10 - Medford University (also 9/17, 9/24)
- 11 - Flower Show
- 11 - Gallery Reception
- 11 - Catholic Mass
- 12 - Communion
- 13 - Dinner Mixer
- 15 - Movie: *The China Syndrome*
- 16 - Concert: **The Rachmaninoff Trio**
- 17 - MLRA Business Meeting
- 17 - Rosh Hashanah Service
- 20 - Advance Directive Review
- 20 - Slide Program: *Yugoslavia*
- 22 - Leas Forum: *The Llamas of Lumberton*
- 22 - Movie: *The Thin Man*
- 25 - Cancer Support Group
- 26 - Yom Kippur Service
- 27 - History of Lumberton Leas & Tour of Lumberton, **Dan Seeger**
- 28 - Open Forum with **Mike Peasley**
- 29 - Video: *Le Cid*, with **Placido Domingo**
- 30 - Movie: *Ride the High Country*

**BACK TO BASICS**

by Ruth Bonner

Listed below are some terms used in a regular classroom. Find the terms on the grid on the opposite page. They may be printed vertically, horizontally, backward, or diagonally. Circle each word and check it off in the list. The uncircled letters will spell someone's name.

- |             |             |          |
|-------------|-------------|----------|
| Adjective   | Forte       | Rail     |
| Aorta       | Fractions   | River    |
| Atom        | Games       | Rogue    |
| Bar         | Geometry    | Rout     |
| Break       | Grammar     | Senate   |
| Budget      | Gulf        | Sentence |
| Butte       | History     | Shah     |
| Cabinet     | Island      | Shank    |
| Canal       | Italic      | Simple   |
| Clause      | Jury        | Space    |
| Clef        | Laws        | Spelling |
| Climate     | Legislative | Subtract |
| Clot        | Liabile     | Sun      |
| Colony      | Lictor      | Test     |
| Complex     | Literary    | Theorem  |
| Compound    | Lyric       | Thorax   |
| Congress    | Money       | Tor      |
| Conjugation | Moon        | Torah    |
| Corollary   | Multiply    | Totem    |
| Court       | Neap        | Tribe    |
| Decimal     | Nominative  | Triple   |
| Democracy   | Party       | Vacuum   |
| Desert      | Peninsula   | Veins    |
| Diary       | Penmanship  | Velocity |
| Divide      | Percentage  | Voting   |
| Dollar      | Phrase      | War      |
| Emperor     | Plural      | Word     |
| Equator     | Prose       | Write    |
| Executive   | Rad         | Zero     |
| Flood       | Radon       | *****    |

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**CRYPTOGRAM**

by Russell Hill

Here is the solution to the June-August Cryptogram:

"Do your joys with age diminish? When mine fail me, I'll complain. R. Browning."

Correct solutions were received from: Lydia Andrews, Mary Barth, Ruth Blattenberger, Mort Bregman, Don Davis, Jane Hunter, Euseba & Warren Kamensky, Helen Peterson, Betty Preston, Liliane Reynolds, Lucille Ringel, Doris Safati, Nickie Stevenson, Ellen Stimler, John Winton, and Marie Winton. Here is the September Cryptogram:

U H R R U Z J T N Q U S G V J T E

U Z J T V L R S V K ; N U T S K

Y N P V K Z L V X N L Z R Q Z W V ;

J T N K V Z L V M V Z L R K J T Z J

F V L V T S K V E V K .

Put solutions in Box 45 by September 15.

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**PETEY, THE PARAKEET**

by Dorothy Tillman

Anne Farr says that, while some people have trouble remembering her name, everyone knows her four-legged constant companion, Elizabeth Basset Browning, she of the sad eyes and huge drooping ears. Close relationships with animals apparently run in the family and Anne enjoys telling the story of her mother's pet parakeet. It all happened a long time ago and his name is one of those things that has gone with the wind. We'll call him Petey -- Petey, the parakeet.

It was Anne's mother's custom to let Petey out of his cage so that he could get some exercise and have some fun. On the days that the "girls" came for their weekly bridge game and refreshments, his outing was timed so that he would be back in his cage when they arrived. But one day, Petey had other ideas. All attempts to get him in his cage failed. He settled on a curtain rod where he couldn't be reached and sat there looking quite contented and even, it must be said, pleased with himself. Anne's mother gave up. He won. They would be careful opening the door and, when he felt like it, he would get in his cage. The ladies arrived and the game began.

"You know," one remarked, "you always talk about the cute things he says. I never heard him say a thing. I don't think he talks at all."

"Oh, but he does!" Anne's mother protested. "He talks a lot -- when he wants to."

"Well, I don't believe it. I've never heard him say a word."

Nothing -- but nothing -- interferes with a bridge game, so Petey was ignored while the game went on. Suddenly there was a flutter of wings and, to everyone's astonishment, Petey was sitting in the middle of the bridge table. He looked at the woman who had doubted his verbal competence and in a loud, clear voice said: "I will have a rum and Coca-cola."

I'm not sure, but I think the refreshments were served early that day. And the "rum and Coca-cola lady" was only mildly embarrassed.

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**DINNER MIXER: Sept. 13th**  
by Berenice Finkelstone

The Hospitality Committee has scheduled another Dinner Mixer for Thursday, Sept. 13, inviting residents from Lumberton Leas and Woolman Commons to join Court residents this

time. At the Mixer, residents will select their tables by lottery. The Garden Dining Room will be open at 5:00 p.m. and the Colonial Room at 6:00 p.m. There will be no buffet service that evening and no table reservations. The Coffee Shop will be open during its usual hours.

Mixer reservations for residents of Lumberton Leas and Woolman Commons will be accepted at the Front Desk in the order of their receipt. Because of space limitations, some residents may be asked to come to the next Mixer, which is planned shortly. The chairman of the Hospitality Committee is **Evert Bartholomew**; arranging this event are **James Irvine** and **Mary Lou Mullen**.

**MEDFORD LEAS LIFE**

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*Medford Leas Life* is published monthly, September through June, by the Medford Leas Residents Association. Copies are distributed to all residents and to those on the waiting list. Subscriptions are available to others at \$7.50 per 10-issue volume by writing to *Medford Leas Life*, 676 Medford Leas, Medford, NJ 08055. Medford Leas can be reached by phone at (609) 654-3000; by FAX at (609) 654-7894; on the World Wide Web at <[www.medfordleas.org](http://www.medfordleas.org)>. The e-mail address is <[Medleas@eticom.net](mailto:Medleas@eticom.net)>. When using FAX or e-mail, specify the name of the person to receive the message.

**Deadline for submissions: 15th of the month preceding publication.**

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