



# Medford Leas LIFE

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MARCH, 2001



## OUR 30th ANNIVERSARY!

by Kitty Katzell

On **March 2, 1971**, Medford Leas' first resident, **Gladys Fleming**, moved into Apt. 17. **June 6** of that year was the "Opening Day" celebration in the quadrangle enclosed by courts 1, 2, 7, & 8. Truckloads of sod were brought in for the event, because construction was still in process and the site was, to say the least, muddy.

Residents who entered Medford Leas before July 10, 1972, are known as the "Pioneers." Those pioneers started many activities that are still functioning today: the Art Studio, Library, Work Shop, Knitting and Sewing Group, Gift Shop, and even the residents' association, MLRA. **Helen Biddle "Biddie" Porter** started both the Gift Shop and the Knitting and Sewing Group; the latter met every Monday morning. Incidentally, in 1976, Parlor 7 was named the Helen Biddle Porter Room in recognition of that lady's many contributions to Medford Leas.

MLRA was started (as the Residents Council) on **November 22, 1971**. (The name became MLRA in 1972 when the first constitution was adopted.) On **December 14, 1971**, a "Christmas Appreciation Party" was held in Parlor 7. At the party, each staff member received a gift of money and a fruit cake.

In October, 1972, **Joseph's Beauty Salon** opened at Medford Leas. At first, it was only open part-time, but as Medford Leas grew, so did Joe's schedule.

Leading up to the 15th anniversary in March of 1986, *Medford Leas Life* published a series of "Mini-Histories" written by **Ruth Bonner**. They provide a fascinating record that should be of interest to most current residents. Copies of bound issues are available in the Library and the Lounge.

The 20th anniversary in 1991 saw a series of events throughout the year, starting with the traditional anniversary dinner on **March 2**. A review of the year's calendar suggests that each of the traditional events assumed an anniversary theme, to keep the occasion always before us.

The Silver Anniversary year was 1996. Every issue of *Medford Leas Life* carried several copies of the 25th year illustrations produced for us by **Harry Forrest**.

We still have among us four of the group of pioneers: **Ruth Bonner, Gladys Lawson, Newlin Smith, and Claora Styron**, as well as five of the early employees: **Helga Ayres**, Receptionist; **Shirley Fletcher**, Accounting; **Bill Murphy**, Maintenance Director; **Herb Robbins**, Maintenance staff, and **Doris Wallace**, Supervisor in Environmental Services. McVaugh Construction Company built most of Medford Leas, and **Ed McVaugh**, of that company, and his wife, **Mary Beth**, are current residents.

## NEWS FROM THE LONG RANGE PLANNING TEAM

by Kay Cooley

When the Long Range Planning (LRP) Team of the Estaugh Board first met last Fall, it adopted a two-fold mission: to preserve the strengths and values of Medford Leas and to identify those improvements in its facilities and programs that will enable it to continue to serve its residents with distinction.

The process by which the Team plans to identify, assess, prioritize, and plan for those improvements starts with an education phase. In this phase, which has begun, the Team is seeking answers to such questions as: What are the needs of the Medford Leas community? What are the trends in the industry? What are competitors doing?

Experts are being brought in to help answer these questions. In January, A. V. Powell Associates, a well-known and highly respected actuarial firm experienced in the field of CCRC's, made an actuarial study of Medford Leas as an aid to future planning. Also in January, Dr. Lorraine Hiatt, an architectural psychologist specializing in the design of assisted living facilities, spent the day at Medford Leas, meeting with staff department heads, members of the Estaugh Board, and the LRP Team. After lunch, she was Mike Peasley's guest at an Open Forum. Dr. Hiatt was most informative about industry trends and will be available to help with the LRP Team's planning process.

The Team plans to continue its visits to other facilities, begun in December at Foulkeways. In February, it toured two new wellness/fitness centers, one at Meadow Lakes, a CCRC, and the other at Virtua Health Fitness Center in Voorhees.

The Team welcomes residents' suggestions, which may be addressed to Mike Peasley and given to the receptionist.



## A SPECIAL MOVIE EVENT

The MLRA Movie Committee has scheduled a prize-winning Holocaust film for Monday, April 2. *The Children of Chabannes* is a tale of courage, resilience, and love, set during WW-II. It tells how the people of a tiny village in France chose action over indifference and saved the lives of 400 Jewish refugee children. The film has been shown at film festivals around the country and has received numerous awards such as Best Feature Film, Best Documentary, and the like at festivals in Nantucket, Hollywood, Ft. Lauderdale, and the U.S. International Film & Video Festival, among others. Critical acclaim includes the following:

--"One of the most heartening Holocaust films ever made," *Los Angeles Times*

--"A moving record of the unassuming, uncompromising heroism of ordinary people," *New York Times*

--"This is an extraordinary film that should be seen by everyone, Jews, Christians and all others. . . Don't miss this one." **Ed Koch**, *West Side Spirit*

--"It's not about the mystery of evil; it's about an equally awesome subject, the mystery of good." *The New Republic*

The film, in English, was obtained courtesy of **Colette Bartholomew**, who became friendly with the producer, **Lisa Gossels**, at a reunion of the OSE (*Oeuvres de Secours des Enfants*), the organization that helped save the children of Chabannes. Colette worked for the OSE for several years before she came to the U.S. in 1946. Ms. Gossels graciously loaned the film to Colette without charge for it to be shown at Medford Leas. It deserves a good attendance.

## FUTURE HEALTH PROGRAMS

by Wendi Ruddy

On March 16, there will be a program on "The Health Benefits of Antioxidants."

On April 27, the program will be "Is Coffee the Only Fluid You Drink?"

Both of these dates are Fridays. The sessions are held from 2:00 to 3:00 p.m. in the Wellness Center. Call Extension 3777 to sign up if you want to attend either or both of them.

The next program, to be held on May 10, will be "The Bone Connection." Stay tuned; more information will be forthcoming.

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## NEWS FROM WOOLMAN COMMONS

by Nancy Darling

All residents of Woolman Commons, as well as a few friends from the Medford campus, celebrated **Betsy Hoskins'** 80th birthday at a party in the Commons Room on February 3. In addition to the delicious finger foods, there was a wonderful birthday cake.

On February 22, after the deadline for this issue, the Out-to-Lunch Bunch was planning to go to Barson's Cafe & Delicatessen at the Ellisburg Circle in Cherry Hill, where the specialty is Jewish cuisine.

At February's regular monthly business meeting, it was decided that we should institute a system by which every resident of Woolman Commons is checked every day by a fellow resident. Neighbors have worked out arrangements for checking each other, and so far, the system seems to be working well with everyone feeling even more secure.

## NEWS FROM LUMBERTON LEAS

by Helen Vukasin

Lumberton Leas sports fans, and other residents along for the ride, gathered in the Great Room at the Community Center on January 28 to cheer on their respective teams in the Superbowl. Thanks to Medford Leas staff, the players were projected almost larger than life on the white wall at one end of the room. The fans were seated café-style, in groups of six to eight, munching on peanuts and other snacks, and table-hopping.

Early arrivals joined in creative games -- a true-false quiz on such matters as who would throw the first pass and who would be ahead at half-time -- all pure guesswork. (Your correspondent was lucky enough to out-guess the others.) Another game required guesses on the second number of the score for each team. The lucky winners were **Dolly Smith** and **Rita Keiper**. At halftime, thanks to the party's organizer, **Barbara Zimmerman**, mountains of various kinds of hoagies and salad were delivered to the door.

In case you didn't know, Baltimore won, much to the dismay of the Giants fans, who were in the minority. Nevertheless, everyone had a rousing good time.

On a more serious note, members of the Community Center Committee are working around the clock to draft policy, regulations, and information about using the facility. Any Medford Leas resident wanting to use it should fill out an application form, available at the Front Desk at Medford Leas or on the table in the Lumberton Leas Community Center. A key to the Center may be signed out at the Front Desk by Medford Leas residents who live in Medford and Mount Holly.

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**A SALUTE TO AUDREY TODD**

by Tamara Kosteljanetz

Residents who can no longer drive (as well as some who still can) use the Medford Leas bus for shopping trips. The driver, **Audrey Todd**, provides another example of the caring and helpfulness of Medford Leas staff. When a resident comes out of the market loaded with his or her purchases, Audrey takes the bags up into the bus and marks them for identification. Then, when the shoppers exit at their parking lots, she brings the shopping bags down and places them in their respective shopping carts. All this is done without any apparent effort and always with a big smile.

Residents are privileged indeed to have Audrey drive them to markets and shopping centers. She deserves a big "Thank You" from all of us

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**VESPER SERVICES**

by Kitty Katzell

Every Sunday afternoon, an ecumenical Vespers service is held in the Activities Room, at which all are welcome. Preceding the service, which starts at 4:15 p.m., there is a ten-minute hymn-sing. The service then includes two or three hymns, a scripture reading, a responsive or unison reading, a short message presented by a visiting minister or a resident, and a prayer. The service ends by 5:00 p.m.

During the month of March, 2001, the following people from Moorestown Presbyterian Church will conduct the services:

- March 4, **Gary Shields**, a Princeton Seminary student
- March 11, **Ruth Stoisenberg**, Director of Christian Education
- March 18, **Rev. Jonathan Miller**, Pastor
- March 25, **Rev. Tim McConnell**, Associate Pastor



**SEVEN QUILTS FOR SEVEN SISTERS**

by Russell Hill

On January 20 in the Auditorium, residents enjoyed "A Stitch in Time" in which the "Seven Sisters" of the Williams family of Clayton, NJ, sang, danced, told about the slave quilters from whom they were descended, and demonstrated their quilts.

Quilting was an activity that slaves were permitted, and sometimes even encouraged, to engage in. It helped them cope with their situation. Some quilts were coded maps that helped runaway slaves on the Underground Railway. Quilts were also hung up to indicate safe houses along the Railway.

The Seven Sisters are actually only five now, so two of their daughters have filled in. All of the five are married and have children and grandchildren.

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**PIANO FOR FOUR HANDS**

by Raymond Katzell

On February 1, two of our resident pianists treated us to a recital of piano for four hands in the Lounge. **Mary Fenimore** and **Tamara Kosteijanetz** expertly played the three classical selections alternating between who would handle the upper register and who the lower.

The first selection, W. A. Mozart's Sonata in C-major, was played with the finesse and drive that his music requires. The first and third movements, which feature rapid tempi, were executed with virtuosic delicacy and musicality, as was the slow middle movement.

Felix Mendelssohn's Allegro Brillante op. 92, occupied the center portion of the program. Not often heard, this composition was a treat for this listener and, I'm sure, for many others too.

The final selection was the Petite Suite of Claude Debussy. This composition comprises four short sketches written in Debussy's elegant impressionistic style. The pianists dextrously handled its difficult textures and harmonies

The enthusiastic applause of the overflow audience was a sincere expression of its appreciation. Because quite a few residents were unable to attend the first recital, the pianists repeated the program on February 15. Now it is hoped that they will prepare additional programs for all to enjoy.

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**FLEXIBILITY**

by Kitty Katzell

Everywhere you turn, you read or hear something about the importance of exercise in maintaining physical and mental health. Now we're told that just stretching and staying flexible is important. Do you know how to stretch correctly? There are right and wrong ways to do everything, and it's important that we stretch correctly.

From 1:30 to 2:00 p.m. at the Lumberton Leas Community Center on the four Tuesdays in March, **Debbie Grigg**, our new Assistant Fitness and Aquatics Coordinator, will be showing us how to stretch. You can attend any or all of the sessions. Just bring a mat or towel to each session, since some of the stretches will be done on the floor.

Also, on the subject of fitness, **Beverly Kannengieszer**, Fitness and Aquatics Coordinator, wants you to know that she conducts water exercises in the Pool four afternoons a week. These afternoon sessions are less vigorous than the morning's pool aerobics because they are not as long. The schedule is Mondays and Wednesdays from 1:40 to 2:15, and Tuesdays and Thursdays from 2:15 to 2:45. So grab your suit and get some exercise. It's one of the few things in life that's good for you but you'll also enjoy it!

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**OOPS!**

In the February issue of *Medford Leas Life*, the story on page 3 about Fitness Day stated that "**Vina Cooper** (age 103) ... read a poem." That's not quite right. It should have said: "**Vina Cooper** (age 103) recited a poem." She recited it from memory, a feat that impressed her many listeners.

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**CRYPTOGRAM**

by Russell Hill

Here is the solution to the February Cryptogram:

"Geographers, in Afric maps,  
 With savage pictures fill their gaps,  
 And o'er unhabitable downs  
 Place elephants for want of towns."  
 (Jonathan) Swift"

After January's puzzle with only four solutions, February's was easier, and there were 17. **Lydia Andrews, Mary Barth, Ruth Blattenberger, Mort Bregman, Scott Charles, Don Davis, Neil & Marian Hartman, Jane Hunter, Euseba Kamensky, Bill Morris, Liliane Reynolds, Lucille Ringel, Doris Salati, Florence Sawyer, Ellen Stimler, Ellen Wiener, and Marie & John Winton.**

The March Cryptogram may be a little more difficult. Here it is:

"Q Z T P L J U H P L B X Z Q  
 H B X Z Q B H X M D T M F J L J S M  
 B N Z M D V M N N S M X T R V J L  
 B Q W D S N ----- N U B H P S L H T"

Put solutions in Box 45 by March 15.

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**In Memoriam**

Woldemar VonJaskowsky	January 31, 2001
Robert Smith	February 8, 2001
Frances Hubbard	February 8, 2001
Helen Kolson	February 9, 2001
Leo Romano	February 16, 2001



**TRIP TO BARNEGAT LIGHT**

by Gertrude Marshall

It was quite warm but partly cloudy on Friday, February 9, when eight members of the Bird Club visited Barnegat Light to see the sea ducks that are often found there in the depth of winter. The trip had been planned for the preceding Monday, but the heavy rain turning to snow precluded that. By Friday, the snow had melted, and members in two cars driven by **Arthur Steitz** and **David Swartz** were able to see some of the ducks, including the harlequin, which are here in New Jersey waters only in winter. Harlequins breed in fresh water lakes and rivers, mostly in the west. We remember seeing a pair of them on the Mackenzie River in Oregon. Despite a cool breeze, the group walked about a mile along the jetty that parallels the inlet along the north of Long Beach Island, going out from the lighthouse. They saw about eight harlequins, a beautiful sight with their distinctive white comma markings on the dark background. Other ducks seen were oldsquaws (perhaps six), almost 30 bufflehead, and three mallards. In all, twenty species were seen for the day.

After the walk out and back, the group went to the Kubel Restaurant for lunch, many enjoying its justly famous New England clam chowder, which warmed the inner man and woman.

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**WHO'S NEW**

by Ellen Stimler

**Mary Toda, Apt. 142**, was one of five children, two born in Japan and three in the U.S. Her parents settled in Watsonville, CA, a farming community early in the 20th century. Mary had just started in a business college in San Francisco when her parents and siblings were interned in Arizona after the bombing of Pearl Harbor. Because Mary was still a legal minor, she could not leave the camp without parental permission, even if she had a job. The headmaster of George School announced in school assembly that at faculty meeting it has been decided that the school would hire an internee from one of the camps to work in the Dean's Office and they would like the students to accept her as a member of the George School family because her family was still interned by the U.S. government.

After three years there, Mary moved to Philadelphia where she held secretarial positions and took evening courses at Temple and at Penn. She also became active in the Japanese American Citizens League, where she met **Tak & Yuri Moriuchi** and **William & Vicki Marutani**. They recommended Mary when the League's Washington office/PR firm needed a secretary. She left in 1987, worked for a time with a suburban bank, and finally with the National Japanese American Memorial Foundation, which raised money for a civil rights monument to commemorate Japanese-American patriotism and the military units that fought for the U.S. The monument, on federal land in Washington, DC, was dedicated last November.

Mary enjoys work with people and hopes to find the right niche for her talents at Medford Leas.

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**WHO'S NEW**

by Ellen Stimler

**Lewis & Jean (Luckhardt Barclay) Robbins, Apt. 75**, joined forces in a second marriage, which then included seven children, ranging in age from 9 to 21, six of whom were still living at home. Lewis had lived in Haddonfield and been a member of the Haddonfield Meeting during his first marriage to **Mildred Klauder**. He settled with his new family in Riverton, where he had grown up, and operated the L. M. Robbins Company in Philadelphia and Emmaus, PA. During the war he attained the rank of Lt. Cdr. in the Navy, serving on a light cruiser in the Mediterranean. After the war, he became a sales representative for an industrial belt company, then started his own industrial belt business, initially representing U.S. companies but later expanding abroad and adding fabrication. A birthright Quaker, Lew was educated at Quaker schools: Westfield Friends, Moorestown Friends, George School, and Swarthmore. He was an avid golfer and tennis player, but has slowed down some. Lew was a close friend of Jean's first husband, **Walter Barclay**, who died in 1964.

Jean grew up in Harrison, NY, and graduated from Middlebury College with a degree in English. She taught high school English for a time, then went to Boston, where she worked for a convalescent foster care program for low-income children. Her career was put on hold when she married Walter and moved to Riverton. She worked part time in the business and also held numerous volunteer jobs, including one as a teaching assistant at Westfield Friends. Jean loves to sing and may join the Leas Singers. She also hopes to get back into tennis and swimming.

Lew & Jean are both members of Westfield Friends Meeting. They have many friends at Medford Leas, including **Ed & Mary Beth McVaugh**, **Jack & Irmgard Allen**, and **Sara Barton**. Lew was a friend of the Bartons when Lew Barton was founding Medford Leas.

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**NEW BOOKS IN THE LIBRARY**

by Becky Monego

**FICTION**

- Brady, J. *A Hamptons Christmas*  
 Deveraux, J. *Temptation*  
 Lewis, B. *The Redemption of Sarah Cain*  
 Morse, D. *The Iron Bridge*  
 Starhawk, D. B. *The Fifth Sacred Thing*  
 Steel, D. *Journey*  
 Wood, G. *Sincerely Yours*

**MYSTERY**

- Caudwell, S. *The Sibyl in Her Grave*  
 Clark, M. H. *Deck the Halls*  
 Cooper, S. *A Crooked Little House*  
 Coulter, C. *Riptide*  
 Dengler, S. *The Wicked Step-Twister*  
 Martine, S. *The Attorney*  
 Prescott, M. *The Shadow Hunter*  
 Ramus, D. *The Gravity of Shadows*  
 Sandford, J. *Easy Prey*

**BIOGRAPHY**

- Hertog, S. *Anne Morrow Lindbergh*  
 Junor, P. *Charles: Victim or Villain?*  
 Schlesinger, A. *A Life in the 20th Century:*  
     *v. 1, Innocent Beginnings 1917-1950*

**NON-FICTION**

- Bien, P. (jt. auth.) *In Stillness There is Fullness*  
 Hamm, T. D. *The Transformation of American  
     Quakerism: Orthodox Friends*  
 Morris, P. J. & Muir, J. T. *Worth Doing Twice*  
 Muir, J. T. *Precision Patchwork for Scrap Quilts*  
 Philadelphia: *Insight Guide*  
 Sheindlin, J. *Beauty Fades, Dumb Is Forever*  
 Steinem, G. *Revolution from Within*  
 Walcott, D. *Omeros*  
 Whittier, J. G. *The Poetry of J.G.W.* (Ed. by  
     Wm. Joliff)  
 Zaczek, I. *Irish Legends*

**REFERENCE**Merriam-Webster's *Encyclopedia of Literature***BROWSING**

- Cascadia...Seattle & Vancouver, B.C.*,  
 Photographs by Morton Beebe  
*A Day in the Life of China* (photographs)

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**LARGE PRINT LIBRARY**

by Ruth Hayes, Librarian

**FICTION**

- Berg, E. *Open House*  
 Clark, M. & C. H. *Deck the Halls*  
 Flagg, F. *Fried Green Tomatoes at the Whistle  
     Stop*  
 Greeley, A. M. *Irish Eyes*  
 Greeley, A. M. *Younger Than Springtime*  
 Siddons, A. R. *Up Island*  
 Sparks, N. *The Promise Remains*

**MYSTERY**

- Braun, L. J. *The Cat Who Could Read  
     Backwards*  
 Braun, L. J. *The Cat Who Had 14 Tales*  
 Francis, D. *Second Wind*  
 Koontz, D. *From the Corner of His Eye*  
 McInerney, R. *Getting a Way with Murder*

**BIOGRAPHY**

- Armstrong, L. *It's Not About the Bike*  
 Brinkley, D. *Rosa Parks*  
 Jordan, H. *No Such Thing As a Bad Boy*  
 Leider, E. W. *Becoming Mae West*  
 Mason, M. *Journey*  
 Payton, W. *Never Say Easy*  
 Rapoport, R. *See How She Runs: Marion Jones*  
 Yudkoff, A. *Gene Kelly*

**NON-FICTION**

- Halberstam, Y. & Leventhat, J. *Small Miracles for  
 Women*

The Large Print Library is grateful for the books that are donated. They are enjoyed by many residents.

## NEW TALKING BOOKS

by Elaine Heinzelmann

### NON-FICTION

- Bradley/Cowers *Flags of Our Fathers*  
 Carter, J. *An Hour Before Daylight*  
 Junger, S. *The Perfect Storm*  
 Keller, H. *The Story of My Life*  
 Lansing, A. *Endurance: Shackleton's Incredible Voyage*  
 McCourt, F. *'Tis*  
 Mudd, R. *American Heritage's Great Minds of History* (interviews)  
 Woodward, B. *Maestro*

### FICTION

- Buckwald, A. *Stella in Heaven*  
 Braun, L. *The Cat Who Smelled a Rat*  
 Cornwell, P. *The Last Precinct*  
 Dunning, J. *Two O'Clock Eastern Time*  
 Evanovich, J. *One for the Money*  
 Evanovich, J. *Three to Get Deadly*  
 Evanovich, J. *Four to Score*  
 Follett, K. *Code to Zero*  
 Grisham, J. *A Painted House*  
 King, S. *The Green Mile*  
 Ludlum, R. *The Prometheus Deception*  
 Parker, R. B. *Hugger Mugger*  
 Patterson, R. *Dark Lady*  
 Peters, E. *The Adventures of Brother Cadfael*  
 Ross, D. F. *Independence*  
 Ross, D. F. *Nebraska*  
 Ross, D. F. *Wyoming*  
 Rowling, J. R. *Harry Potter and the Chamber of Secrets*  
 Shields, J. *The Fig Eater*  
 Stark, R. *Comeback*  
 Truman, M. *Murder in Foggy Bottom*

Many thanks to those who have donated tapes.

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## BOOKS ENJOYED BY RESIDENTS

*Louisa*, by **Simone Zelitch** (2000). This hard-to-put-down novel adds a new dimension to the growing genre of Holocaust literature. In a modern replay of the biblical legend of Naomi and Ruth, the author tells the story of Nora, the Jewish survivor of the war and Holocaust in Hungary, and Louisa, her non-Jewish daughter-in-law, who clung to her like Velcro when Nora emigrated to Israel in 1949. The story zigzags back and forth in time and place, painting vivid portraits of the women's lives in Budapest and rural Hungary between the two World Wars, the Zionist struggles of the pioneer days in Palestine, the take-over of Hungary by the Nazis and then by the Communists, the women's adventures in an Israeli "absorption" camp, and their final integration into Israeli society. The women are surrounded by a richly developed cast of characters in Hungary and Israel, involving many complex relationships, not only the one between Nora and Louisa but also those between them and the people whose lives intertwined with theirs.

by Ellen Stimler

*Two Lucky People. Memoirs* by **Milton & Rose D. Friedman** (1998). Milton Friedman received the Nobel Memorial Prize for Economic Science in 1976 and the Presidential Medal of Freedom in 1988. The book tells of his and his wife's experiences leading up to and beyond those awards. His views, and hers, about capitalism and freedom are well-known and controversial, to say the least, but their earlier book on economics, *Free to Choose*, was a non-fiction best-seller in 1962. The present book is about far more than economics. It tells about their lives, people they knew, the work they shared, their family, their travels. Economics was not exactly my favorite subject in school, so I was surprised at how much I enjoyed the book. It made entertaining and instructive reading about the history of 20th century ideas.

by Kitty Katzell

## QUILTS & QUILTING

by Dorothy Tillman

Before I came to Medford Leas, I had made a quilt top of which I was very fond. Once we were settled in our new home, I planned, with my husband's help, to put it together and then settle down to long sessions of quilting. That was eight years ago.

As those of you who have spent any time at Medford Leas have learned, there's hardly time to get settled. Suddenly your days are filled -- classes of all kinds, fascinating lectures, about 80 committees, some of which you can and do join. Someday you will get to that project you had in mind before you came here. However, you will also have learned that time at Medford Leas goes faster than the speed of light. We just arrived and suddenly it's almost eight years ago. Now the quilt top just sits. We are no longer able to get down on the floor -- the only place large enough to spread out a full-sized quilt -- and, if by chance we could get down, we would never, ever be able to get up again.

And so it sat, until **Jeannette Muir** called a meeting of all interested quilters. Nineteen people came to that first meeting. For some, it was "show and tell" time. They had beautiful quilts -- some 100 years old -- that they wanted to share with other quilt lovers. There was a smaller group who wanted to learn new techniques or perhaps start a project for making quilts for use in Woolman.

I'm not sure why I brought my quilt. For advice, I guess. When I was asked if I wanted help, I was surprised at how quickly I said "Yes." **Miriam Swartz**, of Lumberton Leas, said it needed a border and she would be happy to add that. One week later, she arrived at meeting #2 with not one but three beautiful borders chosen from fabric I had given to her.

I was late for that second meeting. I had -- what else? -- a doctor's appointment. To my astonishment, when I walked in, there was my

quilt spread out on two large tables. The borders were beautiful and pulled the whole thing together. The three layers -- backing, batting, and top -- had been laid out and five industrious women -- **Jeannette Muir, Miriam Swartz, Mary Barth**, and **Jean Hartwig** from Lumberton Leas, and **Liliane Reynolds** from Court 18 -- were busy basting it, a stitch about every two to three inches, to insure that it held together during the quilting process. I joined them and did my best to keep up with these accomplished women. Two-and-a-half hours later, there it was, looking -- to my eyes -- beautiful and ready to be quilted.

I had met and spoken briefly to Jeannette, but the other women were all new to me. In one brief afternoon, I had met five women to whom I shall be eternally grateful. I knew there were wonderful and giving friends and neighbors in Medford Leas, and now I had learned that the same kind of caring, generous people had moved into Lumberton Leas. It was a lovely day and a lovely experience.

At some point before she did the borders, **Miriam** had asked me if it was all right if she washed the fabric first. I agreed, but that night I woke in the middle of the night. That meant that she would have to iron it, too. I was appalled at the amount of work she had taken on. That was no problem, she assured me. Her husband, **David**, had ironed it all.

And that's the kind of people who live at Medford Leas and Lumberton Leas!

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## VET MAKES HOUSE CALLS

by Doreen B. Lee

Some Medford Leas residents who have pets no longer drive, so getting Puss-Puss or Barker to the vet for routine visits can be a problem. Enter **Dr. Mary Gang**, a local vet with a big heart and consideration for pet owners at Medford Leas. Dr. Gang is willing to visit pets on our campus, although she does not usually make house calls

to new clients. She deals with small animals (dogs, cats, rabbits, hamsters, etc.), and brings all the necessary equipment with her. She will even come if you need to take a sad final step with your pet, making it less traumatic for the pet.

Dr. Gang would like to have advance notice when you need her services, e.g. the cat needs her claws clipped, the dog needs routine shots, etc. These can all be scheduled well in advance for Wednesday mornings or afternoons. If your pet falls ill on a day when Dr. Gang cannot leave the office, a receptionist or technician can usually come to your apartment to pick up your pet and bring it to the hospital. This is all very good news for pet lovers, and residents who have already discovered Dr. Gang are pleased to have such help so close at hand. The Hartford Animal Hospital is located in Medford Plaza, near the Medport Diner, at 128 Route 70, Unit 10. The phone number is (609) 953-9557.

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**WHO'S NEW**

by Ellen Stimler

**Jean (Stucke) Mackin, Apt. 33**, lived in Medford for 36 years before coming to Medford Leas. She has a daughter in Medford, a son in Marlton, and three grandsons. Jean grew up in Bayonne, and married **Edward**, her high school sweetheart, who used to carry her books home after school. He served in the Marines at Guadalcanal during WW-II, and on his return took a position with Exxon in Bayonne. The family relocated to Medford when he was transferred to Paulsboro in 1965. Jean maintained their Medford home after Edward died in 1980. She volunteers in the Virtua Thrift Shop in Medford and has been active in a bowling league and the Eastern Athletic Club. She expects to join in the Pool exercises. In her spare time, Jean has enjoyed doing needlepoint, and a beautiful needlepoint portrait of an oriental lady hangs in her apartment.

**WHO'S NEW**

by Ellen Stimler

**Ruth (Schwiebert) Lintvedt, Apt. 435**, has lived in New Jersey since the 1950's. Her husband, **Donald**, taught mathematics at Upsala College for 33 years prior to his death in 1992. The son of Norwegian immigrants in South Dakota, Donald was being trained as a weather forecaster by the Air Corps at New York University when they met at a church social where Ruth was helping to entertain GI's during WW-II. After their marriage, Donald taught math at the Naval Academy in Annapolis and then completed his education at the University of Wisconsin, where the first of their four children was born; they adopted a fifth later. While Donald was teaching math at various universities in the East, Ruth was raising the children and doing volunteer work at local hospitals and churches. Church is still her main interest, and she has been affiliated with Prince of Peace Lutheran for the last 15 years. She has 12 grandchildren, and 2 great-grands.

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**DID BEAU SHARE HIS SUPPER?**

by Doreen B. Lee

Beau was a large black poodle who shared our life at one time. One night we were having supper in the kitchen in our New York apartment. Beau's supper was on the floor but he was sitting close to his human family, hoping for some better tidbit from our table. Presently a little mouse skittered across the floor, went into Beau's supper dish, and proceeded to eat. Beau stared in disbelief but made no effort to investigate. When the mouse left, Beau went to investigate, then came back to his spot near us. Soon the mouse reappeared and again the dog stared in horror and disbelief, but made no move to chase the mouse. The play was repeated yet again. Finally, after the third visit, the dog decided to eat his own supper before any more of it disappeared into that queer little creature who had the nerve to eat HIS supper. It was the look of utter incredulity on the dog's face that most amused his human audience!

## WHAT'S NEW IN MAGAZINES

by Ellen Stimler

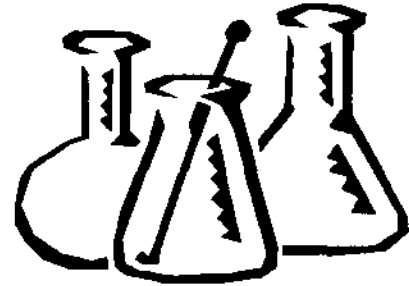


Residents planning a vegetable garden in a relatively small plot may want to check out "Tower Power" in *Mother Earth News* (Feb. 1, by **Brook Elliott**). Lush photographs show vertical plantings of tomato, cucumber, and many other vegetables that not only save space but have a better appearance and are easier to harvest. The upward growth is achieved through the use of stakes, A-frames, tipis, towers made of wire fencing, and more, and all explained and diagrammed in detail



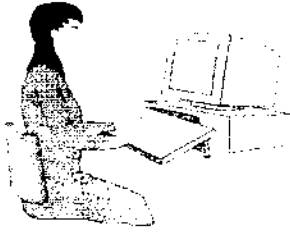
President Bush's faith-based social service initiative is seen, on one hand, as "a triumph of bipartisanship" and, on the other, as a "bold assault on the separation of church and state" (*The Nation*, Feb. 19, by **Ellen Willis**). While conceding that the First Amendment protects only freedom of religion and does not mandate freedom from religion, Willis nevertheless insists that a governmental partnership with church-based social services is "not a good idea" and discriminates against the irreligious minority. She is concerned about the emergence of a new trend in liberal and left-of-center thinking, which she views as endorsement of government-funding of sectarian programs on the ground that they promote multiculturalism and reduce poverty. "When religion defines morality, the wall between church and state comes to be seen as immoral. This is what we are facing now--not only from

Bush and the Christian Right, but from the earnest centrists and liberals who are doing their dirty work."



The rivalry between mainstream and alternative treatments of late-stage cancer is presented in riveting portraits of physicians on both sides of this divide, the research institutes that fund their key test studies, and the professional journals and conferences that publicize their results. The focus of the article is a New York physician, trained at mainstream institutions, who becomes a medical "outlaw" when he decides to substitute a gruelling regime of diet, supplements, and purges for the traditional surgery and chemotherapy. Taking only the sickest patients who were given only months to live, he demonstrated that his therapies were able to keep patients alive for many more months or even years. After almost losing his medical license, his results eventually got the attention of the National Center for Complementary and Alternative Medicine, which gave him a \$1.4 million grant for a study to compare his enzyme nutritional therapy with the best chemotherapy currently available. Meanwhile, the former "outlaw" was also invited to present before the White House Commission on Complementary and Alternative Medicine Policy and had his articles accepted in national journals. (*New Yorker*, Feb. 5, by **Michael Specter**.)

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## NEW ON STAFF

by Kitty Katzell

Medford Leas has a new social worker on the staff of Resident Services. Her name is **Leila Krastek**. Besides being a certified social worker, Leila has a B.S. in Medical Technology, an M.A. in Counseling, and is licensed as a Professional Counselor.

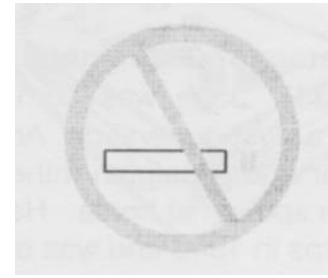
Before she came to us, Leila was in private practice in individual and family therapy. She had also worked at Cadbury as services coordinator; at Family Services of Burlington County as a clinical therapist; at Care Inn of Voorhees as director of admissions; at the Mt. Holly Center Nursing Home as a counseling intern; and at Memorial Hospital of Burlington County as a medical technologist.

Leila is already meeting with residents in Woolman, Haddon, and Estaugh and with others in their apartments. She is available to meet in residents' apartments or her office (the former Weaving Room). Her experience in individual and family counseling and her work as a hospice volunteer have equipped her well to meet the needs of residents dealing with grief, bereavement, and other personal concerns. Any resident wishing to talk with her should call 3046 to set up an appointment.

Leila lives in Riverside with her husband, who is assistant principal at Voorhees Eastern High School. They have two adult children, a son who teaches at Lenape High School, and a daughter who is attending Rutgers Law School.

## IN THE NEWS

by Kitty Katzell



Both the February 15 issue of *The Central Record* and the February 19 issue of the *Burlington County Times* reported on the new smoke-free policy that prohibits smoking anywhere in Medford Leas except in residents' own apartments and their immediate outside patio and garden areas. Both articles mentioned **Mike Peasley** by name; the *Times* article also quoted **Mary McGlone**; and *The Central Record* mentioned **Janet Rumble**, **Kate Crucinski** (sic), **Debbie Lux**, **Joann Ward**, and **Marsha Whitworth**. Poor Kate Kwiecinski was referred to as "Crucinski" throughout that article, but we knew who they meant, didn't we?

This next item didn't make any of the local papers, but it is news. In the December, 2000, issue of *Medford Leas Life*, **Nancy Darling** reported that **Kathleen Wessel** not only had 14 great-grandchildren, but they were all boys. In January of this year, **Mizia Claire Wessel** of Upper Montclair, NJ, joined the formerly all-male group, becoming great-grandchild #15 and great-granddaughter #1. Break out the pink balloons!

**WHO'S WHO AT  
WOOLMAN COMMONS**

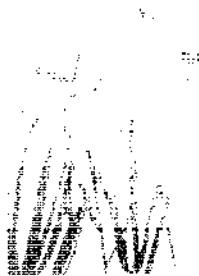
by Nancy Darling

**John DePreter, 47-7 Brainerd St. Mt. Holly. (609-267-5833)** John was born and raised in Manhattan, a first-generation American with a Swiss mother and a Belgian father. French was the language spoken at home. He enlisted in the Army Air Corps in 1940 and was at Wheeler Field in Hawaii at the time of the attack on Pearl Harbor. After training as a B-24 flight engineer and turret gunner, he was stationed in China and flew bombing missions from there. After the war, he married **Zina Smolick**, a Brooklyn girl whose parents were French and Russian.

John stayed in the Air Force for 20 years, his final assignment being at McGuire AFB in Mt. Holly. He and Zina liked Mt. Holly, so he took a civil service job at McGuire and they raised their two sons here in Mt. Holly. Zina died in 2000; she had been very active in community affairs. John has one granddaughter.

After his second retirement, a friend persuaded John to work in his business maintaining and running machines that make an industrial plug. He still works there three days a week. Among his interests are classical music and traveling.

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**ALL "MOD. CONVS."**

by Doreen B. Lee

We are all familiar with apartment ads that list "all mod. convs." and know it means "modern conveniences." At one time, I was spending some time in a cabin in the Connecticut countryside, a simple little place with a living room and excellent heating stove, a minuscule kitchen with a hot plate and refrigerator, and a tiny bedroom. I had all the "mod. convs." I needed -- a hose pipe at the back door where I got water and a privy down the garden path.

One weekend I arrived to find that a field mouse had built a nest in the privy. It was a beautifully made affair, and fortunately, she had not yet had her babies, as I had no intention of sharing my space with her. Reluctantly, I threw it out. The next weekend, she had built it again, but not quite so carefully. Again, I threw it out. Once more she built, this time merely throwing grasses together. After that, she gave up.

I also found a snake sharing the same privy, which was even less to my liking. I had no way of dislodging him, but we seemed to work out an acceptable relationship. I would bang on the wall as I approached, and he would disappear. I wasn't very happy, but we got through the summer somehow.

# Happy St. Patrick's Day



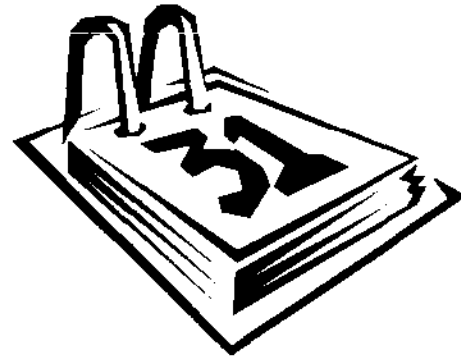
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## ME AND THE SKUNK

by Doreen B. Lee

Some years ago, I rented a little cabin in the woods in Connecticut where I enjoyed leisure time. One night in early autumn, there was a beautiful moon, so, before turning in for the night, I went outside to enjoy it. I have always found full moons to be spiritually restful, so I stood and gazed up for some time. Eventually I realized that I was no longer alone. Glancing down, I found a small skunk sitting just a few feet away, apparently also gazing at the moon. I stayed quiet for a while and, as he did not move, I cautiously backed away very slowly, eventually walking back into the cabin. He made no effort to let his spray loose and I like to think we shared a moment of companionship.

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## MARCH CALENDAR HIGHLIGHTS

- 1 - Great Decisions (also 8, 15, 22, & 29)
- 1 - Piano Recital: **Frederick Moyer**
- 2 - Bus Tour to Fairmount Park Houses
- 4 - Usual Sunday Services (also 11, 18, & 25)
- 5 - Quilting Interest Group (every Monday)
- 5 - Movie: *Erin Brockovich*
- 6 - Friends' Gen'l Conf. & New Initiatives
- 7 - Bus to Philadelphia Flower Show
- 8 - Film: *C.O.'s during WW-II*
- 9 - Bus to Phila. Orchestra (also 16, 23, & 30)
- 9 - Video: *Sleeping Beauty*, Royal Ballet
- 10 - Leas Forum: *Tragedy in Literature*,  
**Dr. August Nigro**
- 13 - Bus to Phila. Chamber Music (also 21)
- 14 - Holy Communion
- 14 - Bus to Wilma Theatre: *Perfect Pie*
- 15 - Folk & Line Dancing
- 16 - Opera: *Werther & Bocelli*
- 17 - St. Patrick's Day
- 18 - Bus to Phila. Opera: *Werther*
- 19 - MLRA Business Meeting
- 20 - First Day of Spring
- 22 - Bus to Rotary: *Headwaters of the Amazon*
- 23 - Departure for So. Caribbean Cruise
- 24 - Leas Forum: *Natural Wonders of the Jersey  
Shore & Pines*, **Robert Peterson**
- 25 - Concert: **Blue Skies Jazz Quartet**
- 27 - Tour of Grand Central Station, New York
- 27 - Open Forum with **Mike Peasley**
- 27 - Cancer Support Group
- 27 - Catholic Mass
- 29 - Bus to Walnut St. Theatre: *Gaslight*
- 30 - Video: *NY Philharmonic* with **Sarah Chang**
- 31 - Bus to PA Ballet: *Taming of the Shrew*

MEDFORD LEAS LIFE

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**Deadline for submissions: 15th of the month preceding publication.**

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