



Medford Leas LIFE

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DECEMBER 2000

CHRISTMAS BY COMMITTEE

by Wil Britten

It's Holiday Time at Medford Leas,
A time to sing (or perhaps to wheeze?)
But whatever your talent, you'll find lots to do,
A means of expression that's fit just for you.
And this year a special salute we would raise
To those whose efforts brighten our days.
And who are these folks whose praises we cheer?
Why our Committee Chairs of the Millenium Year!
They balance our budgets and tag our trees
And guide all activities here at the LeAs.
We have some committees that give us our news,
And other committees to discuss many views.
Our health and our hearing, computing and meals,
All add to our comfort and offer appeals
To our better nature through forums and talks
Or clean up the trails for our hikes and our walks.
If you bid a strong hand or ping a fine pong –
There's a committee – you just can't go wrong!
They greet our new people and repair an old table,
And yes, there's a committee to help the less able.
They distribute our mail and edit our tales
And conduct those marvelous second-hand sales.
To borrow a book or sew a fine seam,
A committee's on hand to help with your dream.
Name each committee? — It wouldn't be wise.
You couldn't do it in sixty-three tries!
But we've done as well as our limit permits.
Just finding these rhymes is enough to give fits!
So, Santa beware as you visit us here.
You'll be on a committee before the New Year!!
Make your selection – there's plenty of choice –
As a loud **MERRY CHRISTMAS !!** we shout with one voice!



W. Britten

AVE ATQUE VALE

by Keith Quinton, MD

Dr. Morton Hoffman will be retiring from the practice of medicine at the end of December. He received his MD from the University of Pennsylvania in 1963, and did postgraduate training at Temple University Hospital and Jefferson Medical College in Philadelphia. He served in the Army Medical Corp., was stationed in Japan during the Vietnam War, and entered private practice in Mt. Holly in 1969.

Medford Leas has been fortunate to have had Dr. Hoffman working with us since 1991. He has contributed greatly to the ongoing care of residents, and his singing voice and acting ability will certainly be missed at the annual Holiday Show.

Dr. Hoffman plans to use his retirement to read, travel, ski, learn to play golf, and spend more time with his lovely wife, Joy, and his four children. Most importantly, he wants more time to spend with his grandson, **Cooper**, of whom he is tremendously proud.

We are happy to welcome **Dr. Christine Torigian** to our medical staff. Dr. Torigian has been associated with Dr. Hoffman since July. Their practice is part of the University of Pennsylvania Health System and is one of the most highly rated practices affiliated with the University in terms of patient satisfaction. Dr. Torigian will begin seeing patients here after January 1st, but she is already familiar with Medford Leas, having cared for some of our hospitalized residents over the last five months.

Dr. Torigian grew up in Paramus, NJ. She graduated summa cum laude from Lehigh University with a BA in Natural Sciences. She then attended medical school at the University of Medicine and Dentistry of New Jersey, and completed her training in internal medicine at that university. She participated in research projects during her training and is the co-author of several medical articles. She is Board Certified in Internal

Medicine and is a member of the American College of Physicians.

Dr. Torigian is currently living in Maple Shade, NJ. She and her husband met in medical school and were married in Maryland, 1999. Her hobbies include scuba diving, ballroom dancing, and learning French at the Alliance Française in Philadelphia. She also enjoys doing black-and-white photography, and recently several of her photographs were displayed at LaColombe Coffee Shop in Philadelphia.

We look forward to having Dr. Torigian join the Medford Leas family. Her warm and caring personality and her clinical expertise will be assets to the delivery of health care to residents.

WHO'S NEW

Doris Curley, Apt. 417, researched ten CCRC's for ten years before choosing Medford Leas, which she visited after learning that a member of her church, **Pat McCormick**, had moved here. Doris grew up on Long Island and decided early on a business career. After receiving a commercial diploma from her high school and taking additional business and secretarial courses, she was hired as secretary to the vice-president of a large textile concern. She stayed with her first boss for 22 years, through a succession of his promotions up to chairman of the board. After he retired, Doris took a similar job with a partner in a large investment banking firm, and her new boss took her with him when he became chairman of the board of another large Wall Street brokerage firm. She retired in 1990. She enjoyed her 34 years in New York City, and such sports as skiing, ice-skating, hiking, and travel all over the world. In her new life at Medford Leas, Doris is interested in birdwatching and computer games.

Ellen Stimler

GETTING EVERY VOTE

by Ellen Stimler

If a single vote can make a difference, as was documented during the recent elections, that vote was collected on November 7, 2000, through the collaboration of three Medford Leas residents.

On Sunday evening, Nov. 5, **Helen Vukasin**, of Lumberton Leas, phoned **Ellen Stimler** from her hospital bed in Princeton, where she was recovering from surgery. "Are you ready for a challenge?" she asked. "I'm asking you to find out how I could vote on Tuesday." Thinking that it would be impossible for a Burlington County registered voter to cast a ballot in Mercer County, Ellen assured Helen that she would find out. By noon on Monday, Ellen finally got through to the Burlington County Board of Elections. To her surprise, she was told that, indeed, it would be possible. All Helen had to do was sign a letter appointing an agent to pick up an absentee ballot at the Board of Elections in Mt. Holly, get the ballot to Helen, and return the completed ballot to the Board by 8 p.m. on Election Day.

The information generated a flurry of activity. By 1 p.m., the necessary letter had been faxed from Helen to Medford Leas, appointing Ellen as her agent, and Ellen was on her way to the Board of Elections. Armed with reading material for the expected long wait, Ellen was given a sealed ballot within minutes, after a computer check verifying the voter and the agent, plus a few signatures on a couple of forms.

Next the search was on for someone to take the ballot to Princeton and back. A volunteer from Democratic campaign headquarters in Willingboro and someone located by **Jamie McCloskey** of Resident Services were ready to do the job, when Ellen got a call from **Barbara Zimmerman** from Lumberton Leas. She had the perfect solution: on Monday evening, **Louise Tompkins**, also from Lumberton Leas, would get the ballot from Ellen when she was coming over for the ride to the Philadelphia Chamber Music concert. She would put the ballot in Barbara's screen door late

Monday night. Early on Tuesday, Election Day, Barbara would drive to Princeton; Helen would fill it out; and Barbara would return it to Medford Leas before her lunch date Tuesday at 1 p.m. By 11:15 on Tuesday morning, Barbara had the ballot at the Front Desk, and Ellen delivered it to the Board of Elections before noon.

Every vote counts!

WHO'S NEW

Alfred & Lois (Helling) Pfeiffer have moved into Woods Cottage (Ext. 3610) from their Medford Lakes home of 40 years. They both grew up in Lindenhurst, Long Island, and went to the same schools there, although Al was two years ahead of Lois. They discovered later that their families had owned adjoining farms back in the 1870's. Al joined the Navy right out of high school and served as an engineering officer on a destroyer. After the war, he earned a B.A. in economics at Tufts University. Back home one Sunday in church, he spotted a young lady who caught his fancy. Two years later, after he got a job with New Jersey Bell, they married and settled in North Jersey, where they lived for 10 years until moving to Medford Lakes. This year they celebrated their 50th wedding anniversary with every one of their five children cumspouses, 16 grandchildren, and three greats in attendance. Al worked for NJ Bell until he retired, while Lois kept busy raising their five children. During the '70's, they did a lot of sailing with a 26' boat docked at Toms River. Currently, Al is an avid golfer and Lois enjoys gardening and bridge. They share a North Carolina beach house with one of their children and also spend time visiting other members of the family.

Ellen Stimler

NEWS FROM LUMBERTON LEAS

by Helen Vukasin

On Sunday, November 5th, 47 Lumberton Leas residents fortified themselves for the upcoming election by going out to brunch. The scene was historic Tavern on the Square in Merchantville. The event provided one more opportunity for residents to get to know each other as they were seated in groups of eight per table.

Meanwhile, back at the ranch, the contractor is poised to start excavation of the very last building foundation for the 110 units. The last of the trucks and the dust should be gone by Spring, 2001. The Community Center is progressing and everyone has great expectations to entertain "sister campuses" on **December 8. Hold that date!** Unfortunately, it will be too late in the season to hold a splash party, but guests will be able to imagine summer days by the Pool when they see the Pool structure.

John Siminski, Director of Horticulture, graciously spent an hour with residents on November 14 providing information about the plantings planned for Lumberton Leas and the services residents can anticipate as they develop their own backyards. "At this point, I still have to view Lumberton Leas as a construction site," he said. "However, we are continuing to plant trees and bulbs and re-seed the meadow. We will all breathe a sigh of relief when the construction is finished next spring and we can actively develop the site."

STAYING YOUNG AT MEDFORD LEAS

On a recent Saturday afternoon, four young men of college age, probably visiting grandparents, burst into the Atrium. The poster announcing the concert of the Barbone Street Jazz Band caught the eye of one of them. He went closer to read it, then exclaimed: "Cool!" I thought, with some satisfaction, "We're with it!"

Maggie Woodard

CRYPTOGRAM

[The following column should have appeared in the November issue. My apologies. Ed.]

Here is the solution to the October Cryptogram: "For wheresoe'er I turn my ravish'd eyes, gay gilded scenes and shining prospects rise. J(oseph) Addison" -- (in a letter from Italy, 1703)

There were remarks about the difficulty of this puzzle. Nevertheless, there was a record number of solvers. Correct solutions were received from **Lydia Andrews, Ruth Blattenberger, Mort Bregman, Scott Charles, Jane Hunter, Euseba Kamensky, Kitty Katzell, Bill Morris, Lucille Ringel, Doris Salati, Florence Sawyer, Ellen Stimler, John Winton, and Marie Winton.**

Here is what was to have been the November Cryptogram:

GRQQ SNOVFXNPY XZQQL
KSVLV NHVM-NUUVOWVW
QZWRVL KSV NJTMZTVNJLQF
HRMKJNJL. LKVVQV

Put solutions in Box 45 by December 15.

Russell Hill



NEWS FROM WOOLMAN COMMONS

by Nancy Darling

For eight years, **Helen Louise** and **David Liversidge**, residents of Quaker House, have been valued members of the Woolman Commons community and enthusiastic participants in many activities on the Medford campus. They are now moving to Friends House in Sandy Springs, MD, where they had lived and worked for many years. In their honor, there was a farewell tea in the Commons Room on November 10 with three invited guests from Medford Leas. **Grace Schaffel** spoke of her joy in finding good tennis players like the Liversidges when she moved here. **Frances Carter** told of David's work on Trail Maintenance and of Helen Louise's participation in many birding and wildflower expeditions. **Tina Mecray** spoke admiringly of Dave's painstaking mapping of the courtyard plantings and showed a large notebook of the beautifully drawn maps. Dave and Helen Louise will be missed, and it is hoped they will keep their promise to come back and visit.

The Out-to-Lunch Bunch took November off but plans a nice Holiday lunch in December. The movie shown in November was *October Sky*.

MLRA TREASURER

The MLRA Board has announced that **Charles Peck** has stepped down from his position as Treasurer, effective November 10. **Kackie Anders** has agreed to accept the position, and will be working with Charles until December 15 to assure a smooth transition.

The Board expressed its gratitude to Charles not only for discharging the duties of Treasurer, but also for updating the bookkeeping system. Charles served as Treasurer for 18 months, following **Matt Rodermund**, who was Treasurer for 13 years.

WHO'S NEW

Wendell & Lillias (Harris) Anderson, Apt. 690, met at Vanderbilt University during Lillias' freshman year. Wendell's studies at Vanderbilt were interrupted by WW-II, and he didn't complete his studies in electrical engineering until after serving with the Army of Occupation in the Philippines. Meanwhile, Lillias had transferred to the U. of Georgia for a B.A. in journalism.

After teaching electrical engineering at Syracuse and Vanderbilt Universities, Wendell joined RCA in 1954 as an aerospace electronic systems engineer and they moved to Moorestown. He retired from RCA in 1988 as a Principal Staff Scientist. He continues working part-time as a consultant, sometimes with their two sons and daughter, all of whom are engineers.

Wendell's electronics projects are his hobbies and recreation as well as his profession. His most intriguing hobby project was the subject of the Senior Life column in the *Philadelphia Inquirer* (2/23/00). In the 1960's, he designed and built the first low-cost system that successfully received pictures of the earth from a then-new weather satellite cruising some 850 miles aloft. In response to the publicity and a construction article in the amateur radio magazine *QST*, hundreds of sets were built by amateurs around the world.

During their Moorestown years, Lillias was involved in many volunteer causes for her church, the children's schools, and the community, including the training of CONTACT volunteers. One of her ongoing pleasures is quilting. She has many beautiful pieces in her new Bridlington home and has made others for her children and four grandchildren.

Ellen Stimler

A NOBEL CONNECTION

by Gertrude Marshall

Along with all the bad news from the Middle East recently there was an item from Oslo that gladdened my heart. It was the news that **Kim Dae Jung**, President of South Korea, had been awarded the Nobel Peace Prize for his efforts to bring about reconciliation between his country and North Korea.

Kim Dae Jung was a familiar name to me. In the '70's, when I served on the board of the National Council of Churches for Philadelphia Quakers, the Council had been greatly concerned about Kim. He was a prisoner of his country, then under the rule of the dictator, **Park Chung Hee**, because he was a dissident advocating democracy. It was feared that he would be executed, so we were urged to write letters protesting his impending execution, and I did.

The many messages of protest sent to the South Korean embassy in Washington had an effect and his life was spared. Eventually he was released from prison, and several years ago, in the first democratic election in South Korea, he was elected president of his country. He traveled to North Korea last summer where he met with its head, **Kim Jong Il**, and gradually has eased tensions on this divided peninsula, providing much needed food for the North and facilitating visits for families that had been separated for over 50 years.

All of this brought a glow to my heart, not least because I felt part of the international protest that probably saved his life a quarter century ago. He surely is a worthy recipient of the prize, and this pacifist old woman can rejoice in it for him.

WHO'S NEW

Janet (Gaidzik) Hamilton, Apt. 252, learned about Medford Leas from fellow members of the Unitarian Church in Cherry Hill, **Joe & Marion Rich, Curtis & Jean Henderson, and Barbara Degler**, the last a new resident of Lumberton Leas. Janet still participates in the choir and the reading group at the church. She grew up on the north shore of Chicago and studied music at the American Conservatory in Chicago and Mills College in California. After marrying **Dale**, whom she described as an "aircraft pioneer," there was no more time for piano studies. The couple moved 23 times while Dale worked for different companies and for the U.S. Department of Defense. During all these moves, they raised four boys, who all married and have produced nine grandchildren and four great-grands. In 1974, Dale retired but continued consulting. The couple sold their house and traversed the country towing a trailer. In the process, they visited their children in Maryland and also in Germany. They finally settled down in Willingboro to be near a son living in Roebling. Dale died in 1995.

THE NONAGENARIAN AND THE COMPUTER

by Doreen B. Lee

Alma Hoyer, who turned 96 last August, recently enrolled in a computer class. Alma is not new to computers; she and **Doreen Lee** purchased their first one, an IBM, in 1982, when computers were little more than glorified word processors that came with no fewer than FIVE hard-to-follow huge instruction books. Over the years, that one was replaced with a variety of other equipment, but now a *Windows 98* seemed to make a course in its operation a logical step. So Alma is learning to use the Internet, send e-mail, and generally become comfortable with this cutting-edge technology. The pioneering spirit keeps the person young!

THE PROWLER

by Dorothy Tillman

At least some of you share an experience with me. I am awakened from sleep by a noise in the living room made, I am absolutely certain, by a person – a MAN – whose only purpose in life is to murder me in my bed.

Of course, it turns out that the noise was made by the branch of a tree hitting the window, or some such other innocuous thing. Since I am a very sensible woman, the next time it happens I tell myself that it's that tree and I turn over and go back to sleep. Or that's the intent. One can't be too sure.

The other night it was different. It was a man, and he was speaking. I know that people are claiming all sorts of success at teaching dolphins and chimps to speak. But we happen to live in an area that doesn't seem to appeal to those animals. This was a MAN.

I was rigid, trying to decide whether to play dead or to wake my husband and probably get us both killed. At that moment, I heard the words loud and clear: "You have no new messages."

I jumped out of bed and, sure enough, our beautiful cat was sitting on our telephone answering machine happily enjoying being spoken to.

Ah, well – the next time I'll know.

I think.



WHO'S NEW

by Doris Brown

Barbara Ann (Lee) Degler (609-518-9388), 136 Woodside Dr., grew up in Blue Bell, PA, graduated from Ambler Joint High School, got her BS in Psychology from Ursinus College, and completed certification requirements for Occupational Therapist at the University of Pennsylvania. She worked for a time at Philadelphia General Hospital's rehabilitation unit and later worked with psychiatric patients at Haverford State Hospital, where she was employed for eight years. At that point, she married for a second time, and she and her husband moved to Mt. Laurel.

Until three years ago, Barbara served as a contract therapist in the Virtua Community Nursing Services Home Care Unit; currently, she is a part-time staff member of that organization and devotes additional time to the Spark Group made up of mental patients who live in boarding homes and need to improve their social skills. Barbara uses crafts and appropriate activities to encourage social interaction among the group members.

Early musical instruction led Barbara to the clarinet and saxophone, which she played during high school and college. Now she settles for the recorder. She is an avid nature lover and appreciates the view of the Rancocas woods from her living room window. She has a son from her first marriage.

VOLUNTEERS INFLUENCE ELECTION

by Ellen Stimler

Led and organized by Lumberton Leas resident **Dan Seeger**, a passionate opponent of the expansion plans of South Jersey Regional Airport in Lumberton, a band of some 25 Medford Leas, Lumberton Leas, and Woolman Commons volunteers helped engineer a stunning election victory of two newcomers as members of the Lumberton Township Committee. The defeat of two incumbents effectively created a four-member majority against the airport expansion on the five-member Committee. The new Committee is expected to stall plans to turn the small airport now serving recreational flyers of propeller planes into a jetport that would serve commercially oriented planes, with the attendant noise, pollution, safety, and quality-of-life concerns raised by opponents.

Dan moved to Lumberton Leas in August, after leaving his position as Executive Director of Pendle Hill. He began his involvement in Lumberton Township affairs and airport-related matters in the Fall of 1999, studying background materials, attending Township Committee and Planning Board meetings, and raising the awareness of the Lumberton and Medford Leas communities about the issues involved. Dan believes the airport controversy was seen as an election opportunity by the local Democratic Party, which then decided to offer two highly qualified candidates against the Republican incumbents.

The campaign was a kind of David and Goliath contest, with attempts to beat down the interlopers with television advertising, periodic mailings of print media to all registered voters, and attacks on the personal integrity of the challengers. The volunteers from Medford Leas, Lumberton Leas, and Woolman Commons had only their brains and brawn to respond. **Os Cresson**, who moved to Lumberton Leas from Quaker House, used Township zoning maps to create 25 districts that could be canvassed by one person in less than two hours. Dan drafted a one-page flyer outlining the airport issues and the incumbents' records with respect to airport-related decisions.

Volunteers were recruited by Dan and Os in Lumberton Leas and Woolman Commons, and by **Evert & Colette Bartholomew** in the Medford campus. Seven days before the election, Dan started his computer printer going, printing one leaflet every 2½ minutes on a 24-hour basis. **Warren Sawyer**, who was unable to walk because of a foot injury, folded the leaflets as they came off the printer. Then, on the final weekend before the election, the volunteers fanned out into their assigned districts and distributed the leaflets to 85% of Lumberton households.

The impact of this low-cost, high-energy grass roots effort was evident in the election results. Although a majority of Lumberton voters chose Republicans **George Bush** and **Jim Saxton**, they elected the two Democrats promoted in Dan's leaflets to the Township Committee.

In addition to those already named above, the following residents of Medford Leas, Lumberton Leas, and Woolman Commons assisted in this effort: **John Bartholomew, Marian & Neil Hartman, Bob Hesse, Patti Hopton, Betty Irvine, Joseph & Rita Keiper, Doris & Martin Klaver, Sumi Kobayashi, John MacKay, Ann & Ed Naulty, Berta Numata, Betsy & Karel Pennink, Dorothy & Ron Rathje, Florence Sawyer, and Louise Tompkins.**

ALL BOYS!

by Nancy Darling

Many residents are privileged to have grandchildren, and quite a few also rejoice in the pleasure of welcoming great-grandchildren into their hearts. But the family of **Kathleen Wessel** may be setting some sort of record. It's not just that Kathleen has 14 great-grandchildren, but that **all** of them are boys! At this writing, the newest addition is six weeks old, and the oldest are nine and ten. Obviously, she doesn't dare buy anything pink and frilly when still another family baby shower is announced.



Constance Beetle, Gladys Gray,
Mike Peasley & Bob Gray
[Photo by Barbara Ballou]

RANCOCAS FRIENDS ACADEMY GRANDPARENTS' DAY

by Gertrude Marshall & Gladys Gray

On Friday morning, October 27, three buses arrived at Medford Leas bringing 65 pupils from Rancocas Friends Academy, 75 of their grandparents, and ten of the school staff. Last spring, encouraged by then Executive Director **Lois Forrest**, the Diversity Committee extended an invitation to the school to celebrate their first Grandparents' Day at Medford Leas. This very diversified school, which has been in existence since 1983, uses a local Methodist Church, which doesn't provide room enough to host such an occasion. The Academy is embarking on an effort to build its own school house on a piece of land given to it recently.

On the previous day, the art work of the children had been posted on the walls of our Auditorium. On easels were masks created by each 5th grade pupil. The display portrayed the art work of every pupil in the school and represented a variety of styles and media as well as a different theme for each grade.

After the grandparents were seated in the Auditorium, the children, grades 1 through 5, came in, each wearing a white visored cap, and sat on the floor in front of the adults. **Doris Shamleffer**, chair of the Diversity Committee, first introduced **Mike Peasley**, Executive Director, who welcomed the guests, and then **Constance Beetle**, head of the Academy, who introduced the teachers. She presented a framed picture of the school and children to **Gladys Gray**, who had coordinated most of the preparations for the event.

The program began with a slide show about the school and was followed by a musical presentation, "Teaching Peace," by the children. After examining the art exhibit, the guests and the resident volunteers moved to the Colonial Dining Room to eat their brown bag lunches. Dining Services provided cookies and beverages for all, sandwiches for the school staff and volunteers, and, as a special Hallowe'en treat, a bag of sweets to each child. One resident reported that he had lunch with a grandmother who had come all the way from Oregon for the occasion.

After lunch, the grandparents were given tours of the courts and the campus, organized by **Marianne Steely**, Director of Residency Planning, and **Peg Caruthers**, while the children were taken on a nature walk organized by **Dottie Kriebel** and **Wayne Marshall**, with many helping residents. The children, divided into some seven groups, had a chance to see unusual trees, plants, birds, the creek and its environs.

Several days later a beautiful floral arrangement arrived as a gesture of thanks from the school. It is hoped that the intergenerational relationship with Rancocas Friends Academy will continue.

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WHO'S NEW

Dr. Osborn "Os" Cresson (609-261-2540) 80 Woodside Dr., moved from Quaker House in Mt. Holly to Lumberton Leas last fall. *Medford Leas Life* published his "Who's New" in the January 1998 issue, when he and his mother moved into Quaker House. Os is currently preparing material dealing with methods of instruction designed to help people continue learning throughout their lives. He is also seeking ways for Friends to become comfortable with the variety of beliefs found among Quakers today. Os is a member of the Camp Dark Waters Board; Philadelphia Yearly Meeting library and environmental working groups; Monteverde Friends USA; and the Lumberton Leas Trails and Site Committee.

Kitty Katzell

GOOD SPORTS

by Nancy Darling

If you're near a door to the Swimming Pool on a Friday morning or Wednesday afternoon, you may be startled to hear shouts, yells, even screams. Don't be alarmed. It's not murder or mayhem. It's just water volleyball practice. For over a year, from six to a dozen wildly enthusiastic residents have been playing under the expert coaching of **Beverly Kannengieszer** and now our team is ready to meet Kendal-Crosslands in Kennett Square, PA, on November 29 for a friendly match. Our deadline precludes our reporting the results of the match, but you will surely hear about it. By the way, do you think this "traveling team" trend will continue? First shuffleboard, now water volleyball, what next? Scrabble? Ping-pong? Knitting and sewing? Stay tuned.

DOWN MEMORY LANE WITH AN OLD COOKBOOK

by Doreen B. Lee

Recently I was clearing out some files and came across an old cookbook my mother had used for treasured recipes. It was one of those bound notebooks, about 4" x 6". I recognized the crabbed Victorian writing of women who had worked with her in the Old Country before she emigrated to Canada to marry my father. Those women later became courtesy aunts, who sent me delightful and imaginative gifts: a book for only children called *Me, Myself, and I*, and a mermaid doll, just the right size for a child's hand, with long blonde hair and a mermaid's tail made of some slightly adhesive surface holding seashells. What a treasure.

Some of the recipes evoked mouth-watering memories: "Jam sandwich," a rather shallow sponge cake, sliced and spread with homemade raspberry jam, was particularly delicious – as I remember it! The recipe starts off, "2 eggs, their weight in sugar," and the baking instructions read "10 minutes in a good oven." Another recipe starts off: "the weight of one egg in flour, butter and sugar..." Then there was "Coburg Pudding," a rather dense spongy baked affair served with maple or corn syrup.

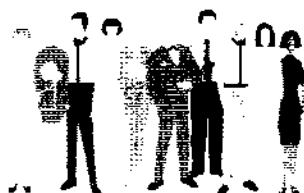
Oh, yes, there are many blots and blobs of batter splashed on the book over a half century of use. How did our parents' generation turn out such delicacies??? Even if a recipe were followed precisely, I suspect that the finished product would not equal the memories -- which may be better preserved as just that!!

WHO'S NEW

Julien & Mary (Geer) Eysmans, 144 Woodside Dr. (609-518-1763) were both born in the New York City area. Mary graduated from Vassar, where she majored in math. Julien graduated from Hobart, majoring in economics. He also served in the US Marine Corps in 1945 and 1950. For a time, they lived throughout the USA, as Julien worked for the Pennsylvania Railroad. Then they settled in Moorestown. Julien was employed by the First Pennsylvania Bank's Trust Real Estate office in Philadelphia until he retired in 1987. He was a charter member of Burlington County CONTACT. Mary taught Mathematics at St. Mary's Hall in Burlington, and later was Financial Secretary of the Camden County Historical Society. They are still active in the Trinity Episcopal Church in Moorestown.

After living in Moorestown for 26 years, and raising a family of three children, Julien and Mary acquired an R.V. and took off to enjoy their retirement. When they reached Johnson City, TN, they liked the people and environment so much, they stayed for 11 years. At Medford Leas, Mary volunteers in the Gift Shop and enjoys playing bridge, while Julien is an energetic member of the water volleyball team. They often attend Elderhostels in the U.S. and abroad and found the New Zealand/Australia International Program the most appealing.

Doris Brown



A HOLOCAUST REUNION

by Colette Bartholomew

In November, **Colette & Evert Bartholomew** joined some 360 others in Washington, DC at a reunion of people who, as children, had been saved from the Holocaust by O.S.E., *Oevres de Secours aux Enfants*. Colette had been a counselor in one of the OSE children's homes in France immediately after the War and one of Colette's old friends, **Norbert Bikales**, who had been a child in Chabannes, was the chief organizer and master of ceremonies of the event..

People came to the reunion from France, Canada, Mexico, Israel, and the U.S. As much French was spoken as English (which left E. Bart out). One evening was spent at the French Embassy where the French Ambassador lauded the OSE for its heroic work in saving thousands of children. At that event, the audience was treated to a concert by a world-class pianist, **Georges Pludermacher**, whose mother had been a counselor in one of the homes.

A whole day of the reunion was spent in the Holocaust Museum where many participants were helped to find names of relatives and friends in the museum's vast archives or look up pictures of the various homes where they had lived. At a ceremony held in the Museum, several individuals, all Jews who had done particularly heroic work, were honored and presented with plaques. A film about one of the Homes, *Children of Chabannes*, was shown. The film is circulating to theatres in this country and might be of interest to Medford Leas residents when it is issued as a video.

Of special interest to the Bartholomews was the recognition given to the American Friends Service Committee, the only non-Jewish recipient to be so honored. **Mr. Joseph Schneider**, AFSC staff person, accepted a plaque on behalf of the many Quakers in Europe during the War. Among other things, they saved 300 children from deportation to concentration camps and brought them to the United States in 1942.

HALLOWE'EN AND AN INVASION OF SCARECROWS

by Maggie Woodard

Medford Leas is following the trend, as reported in the media, that Hallowe'en is becoming the most celebrated holiday of the year! An extravaganza of 40+ life-size scarecrows, a huge spider on the silo, a Spiderman on the shed roof by the silo, and a huge gorilla perched atop the Elizabeth Haddon Pavilion, started with one idea and grew. **Gerry Stride**, Director of Assisted Living, is always searching for projects to enrich the lives of residents in Assisted Living and Estaugh. She suggested, for Hallowe'en, that residents, with staff assistance, make scarecrows and put them in the courtyard adjoining the Activities Room. Her staff liked the idea and she announced their plans at an Administrative Staff meeting on October 18. There was an enthusiastic response and it was agreed that all staff would participate in the project. Since the courtyard would limit the number of residents who could see the display, they hit on the idea of a Scarecrow Walk, using the covered walkways surrounding the main parking lot.

All departments pitched in. **Debbie Lax**, Landscaping, who had made scarecrows in the past, conducted a Scarecrow Workshop. Landscaping provided bales of hay and a work area in the courtyard. Members of the Maintenance Department made individual scarecrows, complete with faces that actually resembled them, using masks, tape, fake hair, etc. This group of 14, complete with a maintenance "car," was placed in front of the main entrance and served as the centerpiece of the "Walk." A Dracula scarecrow, complete with tuxedo and fanged teeth, greeted people at the main entrance with a sign reading "Give blood here. Your cooperation will make my job a lot easier." On each side of the entrance were humorous scenes. One, created by Assisted Living, labeled "After the Shift," featured an exhausted scarecrow worker sprawled over a chair, with a nearby scene labeled "Wish I was there" in which a scarecrow was sitting in an outdoor lounge chair reading, with a beach ball and

soft drink bottle at her side.

Scarecrows with white hair, eyeglasses, canes, wheelchairs, and walkers were exhibited at the entrance to Estaugh and along the sides of the building. Other delightful scarecrows made by Day Care, Nurses, Landscaping, the Marlton Volleyball teams sponsored by Medford Leas, Therapeutic Recreation, and individual staff members were placed along Scarecrow Walk. All departments were represented.

All the staff wore costumes for the day. **Mike Peasley**, executive director, dressed as a scarecrow, with hay sticking out from his hat, greeted everyone and, with a little encouragement, struck a pose and said "People tell me I'm outstanding in my field!"

An official Scarecrow Walk took place on Friday, October 17, when residents of Estaugh and Assisted Living were taken to see the Walk, with refreshments served afterwards in the Lounge. To reach the Lounge, everyone passed tables in the Atrium that exhibited staff's decorated pumpkins, which had been judged and given prizes in various categories. (See the item on the next page by **Karen Raynor** about making hers.)

Many people came and brought their families to see the exhibit, and Spiderman and his spider were featured in a color photo on the front page of *The Central Record*.

Hallowe'en at Medford Leas this year was celebrated with creativity and enthusiasm. It was a time of great fun for everyone – staff, residents, and visitors -- and everyone seemed to have a wonderful time.

IN MEMORIAM

Mary Valiant
Grace Coe
Marion Reeder
Helen Simpson

October 19, 2000
November 10, 2000
November 14, 2000
November 18, 2000



CREATING THE CRYSTAL PUMPKIN

by Karen Raynor, Administration Staff

Early in the week of October 23, I bought supplies to create a carved pumpkin for the exhibit scheduled to be displayed starting on Friday, the 27th. In case that idea didn't work out, I also bought supplies to create a crystal pumpkin. I started work on the carved pumpkin on Thursday, the 26th, but it collapsed (too much carving?).

So, on to the back-up plan. By then, it was 7 p.m. Thursday evening. I pushed two straight pins through a plastic crystal and into the pumpkin. I had a box of 1,000 straight pins and 1,000 crystals, which I was sure would be ample to cover the pumpkin. Working through the evening, it was suddenly 11 p.m. and I was out of straight pins (I still had plenty of crystals). There were small holes in my fingers and my thumb was bleeding from pushing the pins. (At completion, there were some 2,000 straight pins in the pumpkin.)

I called Shoprite in Medford to see if they sold straight pins; they did. I decided to get up early, go to the store, get the pins, and complete the pumpkin in the morning. I awoke at 4:30 and, in my pyjamas (I sleep in sweats) with my coat over them, proceeded to Shoprite. Dodging deer and fighting fog conditions, I left home in Tabernacle. I got to Shoprite (the only person in the store at that hour) and found straight pins. They had only one box of 175 pins, not much help to me at this desperate time. I asked the girl at Shoprite if Acme was also open 24 hours. They are, so I darted over to Acme. Not sure where to look in the store, I enlisted the help of a man who was stocking shelves. He walked me over to their supply of pins and I bought all they had, about 850. He looked at me oddly and said: "Could I ask why you are in the store at this hour of the morning buying all the straight pins we have in stock?" I politely told him that he really didn't want me to go into the long explanation and besides, I had a deadline to meet.

Back on the road, with the straight pins I needed, I was home at 5:30 and worked feverishly on the pumpkin. All the clear crystals were pinned on by 7:30, when I had to stop to get ready for work. Leaving home at 8, I got to work early so I could finish decorating the stem of the pumpkin with green crystals. By the start of my shift at 8:30, the crystal pumpkin was finished and out on the table in the Atrium.

What a project!

[Karen won a well-deserved prize for the "prettiest" of the decorated pumpkins. Ed.]

NEW BOOKS IN THE LIBRARY**FICTION**

- Atwood, M. *Cat's Eye*
 Berg, E. *Open House*
 Browning, S. *Ten Women Who Shook the World*
 Clancy, T. *The Bear and the Dragon*
 Clancy, T. *The Sum of All Fears*
 Ducovny, A. *Coney*
 McCullough, C. *Morgan's Run*
 Reiken, F. *The Lost Legends of New Jersey*
 Sparks, N. *The Rescue*

MYSTERY

- Brett, S. *Mrs. Pargeter's Point of Honour*
 Dengler, S. *The Comatose Cat*
 Francis, D. *Shattered*
 Hoag, T. *Dust to Dust*
 Ishiguro, K. *When We Were Orphans*
 Kellerman, F. *Stalker*
 Paretsky, S. *Hard Time*
 Perry, A. *The Blind Assassin*
 Sanders, L. *McNally's Folly*
 Truman, M. *Murder in Foggy Bottom*

BIOGRAPHY

- Axelrod, A. *Elizabeth I, CEO*
 Brands, H. W. *The First American...B. Franklin*
 Hodgson, G. *A Gentleman from New York...
 D. P. Moynihan*
 King, S. *On Writing*
 Peters, M. *The House of Barrymore*
 Thomas, E. *Robert E. Lee*

NEW SUBSCRIPTION

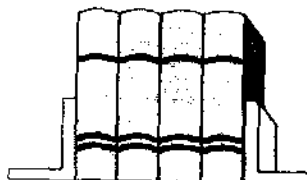
- Nutrition Action Health Letter*

NON-FICTION

- Ambrose, S. *Nothing Like It in the World
 American Book of Days, 4th ed.*
 Bacon, M. H. *Love Is the Hardest Lesson*
 Ball, P. *Life's Matrix: A Biography of Water*
 Benson, H. (jt.auth.) *The Relaxation Response
 (Rev. Ed.)*
 Burgess, R. *To Try the Bloody Law*
 Courier-Post. *South Jersey Historic Photo Album*
 Dye, D. (jt.auth.) *Amazing Grace: A Dog's Tale*
 Ecenberger, W. *Walking' the Line...Mason-Dixon*
 Fontana, D. *Learn to Meditate*
 Gergen, D. *Eyewitness to Power*
 Goor, D. *Choose to Lose*
 Goor, D. *Eater's Choice Low Fat Cookbook*
 Guenstein, F. E. *The Presidential Difference...
 FDR to Clinton*
 Heat-Moon, W. L. *River-Horse*
 Prevention Health Book. *Nature's Medicines*
 Rohmann, C. *A World of Ideas*
 Schneider, P. *The Enduring Shore: A History of
 Cape Cod*
 Smith, J. M. *So You Have Macular Degeneration*
 Sutherland, B. *Guns and Ghandi in Africa*
 Taub, E. A. *Balance Your Body, Balance
 Your Life*
 West, R. *Chaucer 1240-1400*

RESIDENT AUTHORS

- Brownfield, C. A. *The Brain Benders...Isolation*
 Brownfield, C. A. *Humanizing College Learning*
 Brownfield, C. A. *Isolation*
 Katzell, R. A. *Work, Productivity, and Job-
 Satisfaction*
 Stimler, S. *Data Processing Systems*
 Vukasin, H. L. (jt.auth.) *Production without
 Destruction*
 Vukasin, H. L. *"We Carry A Heavy Load"...
 Zimbabwe*



WHAT'S NEW IN MAGAZINES

by Ellen Stimler

In the wake of the 2000 Presidential election debacle, *Discover Magazine* is one of the first to feature proposals for a "better system of counting votes" (November by Dana Mackenzie). The article raises the question why the most popular presidential candidate in the primaries, John McCain, was not on the November ballot. While he was running in the primaries, every poll showed that voters preferred him over Bush and Gore. If the favorite candidate is squeezed out of the process before the campaign has even begun, there's something very wrong with the whole process. Experts on election procedure insist that there are many "fairer" systems than the one in the U.S. for picking the best man for the job. The author describes some of them and heaps high praise on what is called "approval voting," which is used by many American engineering and scientific societies for their elections. Apparently doing away with primaries, a voter casts one vote for every declared candidate considered qualified for the job. The candidate with the highest number of "approval" ratings wins the election.

You're in the right place at Medford Leas if you want to have a chance to extend your life expectancy. According to the latest research, people who have lots of human contacts and interactions live twice as long as those who are isolated. Studies show that the fewer human connections we have, the more likely we are to get sick, flood our brains with anxiety-causing chemicals, and die prematurely. A Harvard Medical School psychiatrist asserts that "connectedness" is as much of a "protective factor" toward longevity as lowering blood pressure, losing weight, quitting smoking, or wearing a seatbelt. The article in *Prevention* (December, by Ellen Michaud) summarizes well-known research in this field and lists numerous ways people can establish and maintain a network of old and new connections.

When the trading of stocks on the Internet began to divert over one-third of Nasdaq trades, some observers predicted the demise of the New York Stock Exchange and its much slower and complex system of deal making. But Richard Grasso, CEO of the Exchange, decided to fight the competition with their own weapon, called electronic communications networks, or ECNs. By the start of 2001, the NYSE will be equipped with a new web product titled MarkeTrac. This will permit investors to navigate a virtual stock exchange floor in real time, following "heat maps" to trading hot spots, and will give them "the most flexible electronically accessible trading venue." According to Grasso, investors will have the choice of using the current system or electronic execution via MarkeTrac and other software systems installed by the NYSE. In Internet trading, Grasso points out, trading is fragmented among many sites, and buyers will be quoted many different prices for the same stock. In comparison, the NYSE represents the world's largest and most liquid equity market, where investors will get the same price quoted for the same stock at any one time, no matter what method they choose to purchase it. (*Forbes*, November, by Neil Weinberg with Daniel Kruger)

IN THE GALLERY

by Dorothy Tillman

Every year around this time, residents begin looking forward to the calligraphy exhibition by our own new resident, Harry Forrest. For the month of December, the Gallery is pleased to show these lovely works that so often are in keeping with the spirit and joy of the holiday season. As was done last year, Harry's friends and students, members of the Philadelphia Calligraphy Society, join him in showing their work and making this exhibit a special holiday treat.

The reception will be on Thursday, December 5, from 3:30 to 4:30 in the Gallery. Please join us. Meet the artists. Have some punch and cookies. Enjoy the show.

DECEMBER CALENDAR HIGHLIGHTS

- 1 - Staff meeting and Appreciation Day
- 2 - Movie
- 3 - Usual Sunday Services (also 12/10, 12/17, and 12/31)
- 4 - Fall Studio Show
- 4 - Moorestown Singers
- 4 - Movie: *Mumford*
- 5 - Gallery Reception for Harry Forrest and Philadelphia Calligraphy Society
- 5 - Little Creek Ballet
- 6 - Bus to Wilma Theatre
- 7 - Vid-U (also 12/14, 12/21, 12/28)
- 8 - Catholic Mass
- 8 - Bus to Philadelphia Orchestra
- 8 - Music Video: *Part I, Philadelphia Orchestra 100th Anniversary Concert*
- 12 - Bus to Faberge Exhibit
- 12 - Holiday Happening Reception
- 13 - Holiday Decorating
- 13 - Communion
- 14 - Rancocas Valley Friends Academy Singers
- 15 - Bus to Philadelphia Orchestra
- 16 - Cherokee High School Holiday Concert
- 18 - MLRA Business Meeting
- 21 - Start of Hannukah
- 22 - Music Video: *Part II, Philadelphia Orchestra 100th Anniversary Concert*
- 24 - Friends Meeting for Worship
- 24 - Christmas Carol Service
- 25 - **MERRY CHRISTMAS!**
- 31 - New Year's Eve

MEDFORD LEAS LIFE

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