



Medford Leas LIFE

VOL. XXVII, No. 7

OCTOBER 2000

LOW VISION FAIR

Medford Leas will host a Low Vision Fair on Saturday, October 7, from 10:00 a.m. to 2:00 p.m. All CCRCs in South Jersey and other nearby facilities for the aging are being invited to attend. In addition, announcements are being posted in local stores, libraries, and other public places, and area media are being asked to publicize the event.

At the Fair, vendors from various companies will display and explain a wide variety of equipment to help the visually impaired to read and to function as well as possible. For sale will be a wide range of products: voiced computers, closed-circuit television magnifiers (up to 60 times), machines that can read aloud from the printed page, special lamps, talking clocks, watches, calculators, and many other useful gadgets.

Also present at the Fair will be representatives from the Trenton Library for the Blind and Handicapped, and the New Jersey Commission for the Blind.

Announcements of the Fair have been sent from **Marianne Steely's** office to the Medford Leas waiting list. Also, South Jersey ophthalmologists, optometrists, pastors, priests, and rabbis are being urged to inform the visually impaired under their care of this opportunity to make their lives easier.

At registration, visitors will be invited to become non-resident members of the Medford Leas Low Vision group and to attend that group's programs. The Low Vision Center will be open and in operation, under the leadership of **Elsie Lisovitch**, so that visitors may talk to residents who actually use the machines that are being offered for sale.

As a convenience for visitors, the Coffee Shop will remain open until 1:30 p.m.

For more information, call (609) 654-3045.

Catherine Hill

NEW MLRA BOARD MEMBER

The death of **Bob Stebbins**, on July 26, created a vacancy on the MLRA Board of Directors. To fill the vacancy according to procedures set forth in the Bylaws, the Board called on the Nominating Committee, chaired by **Arabelle Pennypacker**, to recommend another Court resident. The members of the Committee (**Jack Allen**, Courts; **Jean Henderson**, Bridlington; **Toby Riley**, Woolman Commons; **Betty Wakeley**, Rushmore) nominated **Matt Rodermund**, and the MLRA Board approved the recommendation. Matt has already assumed his position on the Board and will serve until the end of June, 2001.

Kitty Katzell

THE FLOWER SHOW



The Flower Show on September 12 focused on "Cinderella," her sisters, the prince, the fairy godmother, the pumpkin chariot, and all. **Lois Rickett** was the chairperson again (for the 7th time), ably assisted by co-chair **Aya Endo** and consultant **Kate Haupt**. The four judges were the same as last year, from the Pinelands Garden Club. There were also numerous unsung helpers: residents who staff the registration tables; runners who transport the items to be exhibited; guards who prevent premature walk-ins to the show; and many willing hands that created the schedules, with the hand-colored coach pictured on the cover.

Yuri Moriuchi's Fairy Godmother (pictured above) was especially striking. Day Care provided "A Pumpkin and Six White Mice," the kids having selected the six cones for the mice. Landscaping came up with an impressive exhibit on the Monarch Butterfly, including a chrysalis that was ready to open. There were also several interesting Educational Exhibits.

Two employees who entered the show won the most blue ribbons: **Bea Chawla**, director of the

Day Care Center, and **Lenny Oman**, a member of the Kitchen staff. **Bea** also won Best of Design, and **Tina Mecray** won Best of Horticulture. A list of winners was posted on the Bulletin Board near the Coffee Shop. Altogether, 170 ribbons were awarded: 60 blue, 34 red, 28 gold, and 48 white. As usual, the show was pronounced "the best yet!"

Hana Stranska

WHO'S NEW

Chuck & Barbara (Brydon) Lassen, 92 Woodside Drive (265-9593) lived in Mt. Laurel and still enjoy a summer home on Long Beach Island. They met when both were working for the Connecticut Mutual Life Insurance Company in Philadelphia and were married in 1986.

Barbara was born and grew up in Baltimore. She moved to Haddonfield and worked for and became the owner of the Kenmore Galleries in Philadelphia until it closed, then went to Connecticut Mutual. Her special interest has been the "Sweet Adelines"; her local chapter won 2nd place in the International Chorus Competition in 1975 in Seattle. Another special interest was bicycling, which has taken her on many European tours.

Chuck hails from New Haven, CT. He graduated from UConn in 1952, where he was in the ROTC. He went to Japan during the Korean war, where he was a ski trooper for a year on Japan's northern Island of Hokkaido. After leaving the Army, he came to Philadelphia and became a career agent for Connecticut Mutual. He has served as President of the Philadelphia Association of Life Underwriters, and still works out of their Lumberton home in insurance and financial planning. Chuck is an avid fisherman and sports fan, especially basketball, which he played during his college career at UConn.

Barbara Nelson

GARDEN DINING ROOM BLOOMS

Residents are enjoying the renovated Garden Dining Room! A larger entry way and new seating arrangements make it seem more like a restaurant. New lighting, re-upholstered chairs, and improved acoustics make dining more pleasant, especially for those with hearing problems.

The renovation was initiated because of one major concern brought to management's attention by the MLRA Hearing Committee: the high noise level in the dining area. The room also needed a general face-lift, having been in use for several years.

An audio engineer and an interior designer were engaged to do the planning. **Lois Forrest** played a major role in making decisions, and **Lorraine LaPollo**, Dining Services Director, was consulted. Two residents from the Hearing Committee met with the engineer and the architect. To diminish the noise level, acoustical material was added to the corner walls, and the entire ceiling was replaced with acoustical material that was much more sound absorbent. Two architectural changes were designed to reduce noise levels: greater separation of the buffet and dining areas, and a larger entrance area, keeping those entering the room further from the dining tables.

Predictably, resident response to the renovations has been mixed, but essentially positive, most feeling that the acoustics were greatly improved, especially on the room's perimeter. **John Parnell**, Chairman of the Hearing Committee and an electrical engineer, had measured the sound level in four locations before changes were made. After the construction work in the Colonial Dining Room is completed, he plans to retest the Garden Room during a Sunday noon dinner, using the same equipment as before under similar conditions. It is essential to wait until both rooms are in operation, both because sound

travels from one room to the other and because of the extra tables that have been in the Garden Room while the Colonial Room was being renovated.

Other new features planned for the Garden Room include a new planter in front of the divider wall; widening of the tray ledge on the buffet; and installation of air deflectors on the air-conditioning outlets. Besides the removal of some tables when the Colonial Room reopens, two more tables for six are being added and tables for six will be capable of expansion to seat seven. The latter is being done in response to resident requests.

Maggie Woodard

WHO'S NEW

Jacqueline Jury, Apt. 33, is grateful for both the solitude and the community offered by Medford Leas, and also for the proximity of her church, the Orthodox Church of the Holy Cross. She was born and grew up in upstate Pennsylvania, and became educated through, as she says, "a series of small miracles." She received a B.A. in Philosophy from Gettysburg College and a Masters from Lehigh University. After marriage, her husband became a clergyman, and they served primarily in the campus ministry at Brown and Harvard Universities. They also administered an Ecumenical Institute. In later life, Jacqueline worked as a parish social minister in west Philadelphia; with Dorothy Day, foundress of the Catholic Worker, in New York City; and as a Director of Pastoral Care, after certification as a Hospital Chaplain in 1980. In 1987, she moved to the Gettysburg countryside, where she established a Retreat House, and also worked as a Chaplain for migrant farmworkers and their families. Currently, she serves as a volunteer chaplain at a local hospital and continues to respond to needs of migrant families in this area. She has a son, a daughter, and two grandchildren.

NEWS FROM LUMBERTON LEAS

Although the Community Center is still under construction, there has been enough progress to peak through the windows and get an idea of what it's going to look like. For those who haven't had such a preview, this sketch will give you a glimpse.

The front is a combination of stone facing and wooden beams. On the upper ground level, one enters the Great Hall, a large all-purpose room. Heavy knotty beams support the roof. The modern Tiffany-type light fixtures add an additional touch of grandeur. Across from the front doors, picture windows open on the woods. At one end are the kitchenette and a storage room; at the other end is a floor-to-ceiling stone wall housing a fireplace. Walking through French doors, one enters a lobby with an elevator on the right, giving access to the mezzanine upstairs and the Fitness Center below. Going upstairs one gets a full view of the blue-tiled outdoor Swimming Pool and the Spa to the left of the building. Looking out the back windows, there is a view of the woods and the terrace on the lower level. The Fitness Center, reached by the elevator, has floor-to-ceiling windows looking out on the woods. This level also has dressing rooms and showers, and direct access to the Pool area.

Until the Community Center is completed, some 16 souls meet in a vacant unit every Tuesday and Thursday, and let **Beverly Kannengieszer** put them through their paces. This exercise class has done much to create a sense of community and help residents become acquainted.

Helen Vukasin

WHO'S NEW

Roy & Ruth (Gusky) Lipoti, Apt. 656, lived in Medford Lakes before coming to Medford Leas. Ruth's mother, **Evelyn Gusky**, already lives here. During WW-II, Ruth became a draftsman working on SONAR for Bell Labs in New York City. While there, she studied evenings at Stevens Institute. After the war, she attended Roanoke College, and later worked for Bendix Aviation, before taking off 11 years to raise their daughter. When she returned to work, she joined Uhling Instrument, designing gauges. After moving to South Jersey, she worked at GTE, Siemens, and Stone & Webster. In her last position before retiring, she did computer drafting for an environmental consulting firm in Princeton. Her interests are computers (she has been using the Computer Room for some time), reading, yoga, Elderhostel courses, other traveling, gardening, and their two grandchildren.

Roy has a B.S. and M.A. from the University of Iowa, and has also studied at Columbia University's NY School of Social Work, CCNY, Glassboro (now Rowan) State College, Monmouth College, and the NJ State Aquarium. In his career, he worked for the NYC Board of Education as a group worker, working with gangs, and also as Community Center Director in charge of an after-school program for children and an adult education evening program. He was also a special education teacher at the New Lisbon Development Center. In recent years, he has worked two evenings a week at the Woodbury Sports Medicine Center, and, after training in marine biology, as a guide at the Aquarium. His interests include Elderhostel courses, other travel, playing computer games, chess, and sports on TV.

Kitty Katzell

NEWS FROM WOOLMAN COMMONS

The traditional Woolman Commons holiday potluck suppers were held on July 4 and Labor Day. In a departure from the usual home-grown entertainment, a large group went over to Medford Leas to see the movie, "The Cider House Rules," after supper on Labor Day.

In August, the Out-to-Lunch Bunch dined at The Lotus in Marlton for Chinese or Japanese food, and in September, at the Mediterranean Cafe for their Turkish cuisine. Everyone is grateful to **Nickie Stevenson** who fearlessly explores these different ethnic restaurants and then makes all the arrangements.

Residents of Woolman Commons want to note the passing of **Katherine Anglemeyer**, a lovely lady who, with her sister **Mary**, was a pioneer resident at Woolman Commons. They did a great deal to set the tone of this community and, among other things, created a lovely garden on the terrace of the Commons Room. Katherine's ready smile, her artistic talents, and her enthusiasm for life will long be remembered by the many who feel privileged to have known her.

Nancy Darling

MEDFORD LEAS vs. CADBURY

Who needs the Eagles and the Giants? Medford Leas residents have been invited to play a shuffleboard match against our neighboring CCRC at Cadbury. Eight shuffleboarders and two back-ups are scheduled to go to Cadbury on Thursday, September 28, where they have also been invited to stay for lunch after the match. The scheduled participants are **Lydia Andrews, Bob Gray, Jerry Pidcock, Bob & Doris Smith, Arthur Steitz, Dorothy Tillman, and Fran Werrell**. Back-ups are **Becky Monego and Gladys Gray**. Results of the match will be reported in the next issue of *Medford Leas Life*.

Fran Werrell

WHO'S NEW

Leonard & Ann (Eggleston) Klotz moved to **135 Woodside Drive (265-7867)** from Oxford, Ohio. They had met as teenagers in Columbus, Ohio. Ann attended Ohio State, and Len went to Capital University. After graduation, they both attended Drew University in Madison, NJ. They both then served 41 years in the ministry of the United Methodist Church with appointments in New York and Connecticut, and, from 1953 till their retirement in 1983, in Ohio. After retirement, when they moved to Oxford, Len continued his interest in conference youth activities serving as chair of the denominational and ecumenical boards relating to the Campus Ministry Center at Miami University. In the community, he also held all major offices in Kiwanis, Oxford Citizens for Peace and Justice, and Habitat for Humanity.

Ann has taught first grade, served as Field Director of Central City Services for the Girl Scouts in Toledo, and as registrar of Heritage Tours, a group of ministers and spouses, who conducted tours of the British Isles, Eastern and Western Europe, and the Eastern Mediterranean. In 1987, Len and Ann participated in a study group that traveled to major cities in Estonia, Russia, Ukraine, and Armenia. One daughter's family with two teenagers lives in Moorestown; another daughter and her husband represent the Methodist Church in Latvia; and a married son is in Norwalk, Ohio. They have six grandchildren and four greatgrands.



HURRAY! NO MORE QUARTERS!

Good news for residents who have been saving quarters for the coin laundries: As soon as Maintenance can implement the needed changes, the washers and dryers will be available for use without charge. **Mike Peasley**, Executive Director, made this announcement, to much applause, at his Open Forum on September 7. The decision was made as a result of his get-acquainted meetings with groups of residents. Mike said he enjoyed these informal gatherings with residents and appreciated their comments and suggestions.

Another innovation in the works is a change in the five-week menu cycle. To accomplish this change, Dining Services will have to generate a whole new set of production sheets for the kitchen staff, based on new recipes, and will be learning from experience how much to prepare of the new items, as that depends on residents' selections. Details of the schedule are still being worked out.

Ellen Stimler

FALLING LEAVES TEA

Since the last tea was held in May, over 50 new residents have moved into the far flung parts of the Medford Leas community. The Fall Tea will be held on October 24 from 2:30 to 4:00 P.M., in the Lounge and the Atrium in the Community Building. At that time, we will welcome the newcomers, renew old friendships, and enjoy the delicious spread prepared for our enjoyment by **Brad, Lorraine**, and their wonderful staff.

Yum, Yum . . .
Y'all come!!!!

Kackie Anders

WHO'S NEW

Kenneth & Lowry "Cis" [Sis] (Davidson) Cooper, Apt. 294, were long-time Moorestown residents, Ken having been born there and educated at Friends School and Colgate University before joining the Navy in 1943. During the war, he served as an engineering officer on an amphibious landing craft in the South Pacific. Retiring from the service in 1946 with rank of Lieutenant JG, he married Cis, a friend of his sister at Hollins College. Ken worked for the U.S. Pipe & Foundry Co. for 23 years before starting his own company, installing water mains and sewers in the Baltimore-Washington area. His mother, **Marguerite Strawbridge Cooper**, was a Medford Leas resident in the 1980's, and **Elizabeth Lees, Apt. 204**, is his sister.

Cis was born in Washington, DC, but lived in many places as her father was an Army officer. After she and Ken were married, they lived in Moorestown until 1957, then Baltimore until returning to Moorestown in 1984. In addition to raising four children, Cis earned a master's degree at Goucher College and taught 4th grade classes before becoming Principal of the Roland Park Country School for girls from 1963 to 1978. She also did volunteer work with problem children in Moorestown schools and has worked for CONTACT. Her interests include cross-stitch and needlepoint, plus bridge. Ken's interests include Habitat for Humanity, golf, tennis, sailing, and woodworking.

Barbara Nelson



LET'S DANCE

The new season of dancing starts soon with three varieties:

Square Dancing, with **Dave Ainsworth**, starts again on Tuesday, October 10 in the Activities Room at 7:30 p.m. Dave is a professional caller, popular with experienced square dancers and also with those who are inexperienced, because he helps them to learn quickly and happily.

Folk and Line Dancing, led by resident expert, **Evert "Bart" Bartholomew**, begins October 5 in the Activities Room. The dances are easy, mildly aerobic, and carefully taught to interesting music.

Social Dancing opens Monday, October 9, in the Activities Room, with a café-like ambiance that encourages as much socializing as dancing. Bands playing oldies from the 30's and 40's are just right for us "oldies."

The many newcomers at Lumberton Leas, Woolman Commons and on the Medford campus are especially encouraged to try any or all of these dances. Singles or couples are welcome.

Colette Bartholomew

WISHFUL THINKING

It's not so much the **getting** old,
Since life can be a blessing.
It's looking old and feeling old
That make old age depressing.

We can't slow down the passing years,
But wouldn't it be nifty
If we could be at eighty-three
The way we were at fifty?

Mimi Siersema

WHO'S NEW

James Irvine, Apt. 155, a brother of **Helen (Betty) Irvine**, came here from Princeton, where he was a librarian at the Princeton Theological Seminary for 32 years. He and Betty enjoy stays at their primitive cabin in Pennsylvania, where they rough it without running water or electricity.

Jim got his undergraduate degree in English literature at Washington-Jefferson College in Western Pennsylvania, then earned a Master of Divinity from what is now the Pittsburgh Theological Seminary, a Ph.D. from Johns Hopkins in Near-Eastern Studies, and a Masters in Library Science from Carnegie Tech. He held a combination job of teaching and librarian at Pittsburgh Seminary until it merged with a larger seminary, which led to an assignment to set up a new library. After its completion, he had an offer from Princeton, where he worked until his retirement in 1998.

Jim's main interests continue to be archaeology, theology, history, and travel, but he's "broadly interested in everything." He is active in the New Brunswick Presbytery and is a commissioner to the Synod of the Northeast.

Ellen Stimler

GIFT SHOP NEWS

Those devoted buyers who tend the Gift Shop have been busy over the summer selecting unusual items for year-round and Christmas giving, and the staff who work in the Shop are now busy preparing for the annual sale of holiday items which will be held on Monday, November 3, in the Atrium. So don't drag yourself to shop at the Mall, and don't buy things out of catalogs. Wait for the big sale and buy your greeting cards, gifts, gift wraps, and decorations right at Medford Leas. More details will be supplied in a flyer as the date approaches.

RESIDENTS IN THE NEWS

Aya Endo's brother, **Norman Mineta**, was sworn in on July 25 as the new Secretary of Commerce in President Clinton's cabinet. Mr. Mineta had represented San Jose, CA, for 21 years in Congress before becoming Vice President for Special Business Initiatives at Lockheed Martin in Maryland.

Connie Ascani appeared on TV several times in September as a member of a panel presented on the Comcast Network, Channel 8. She was there in her role as President of the Scleroderma Foundation of the Delaware Valley. In addition, the national Scleroderma Foundation gave her its Mark Flapan Lifetime Achievement Award in recognition of her distinguished service to the scleroderma community.

The Philadelphia Inquirer published a letter from **Ray Katzell** on Monday, September 11. Ray had written in response to an item by Suzanne Gordon and Isabel Marcus about Senator Joseph Lieberman and Social Justice. Their article had appeared in "Commentary" on September 2.

Kitty Katzell

TAI CHI RESUMES

The practice of Tai Chi among seniors has grown dramatically as its benefits in improving balance and strength, lowering blood pressure, and reducing the risk of falling have been touted by health professionals. Medford Leas residents have an excellent instructor, **Mr. William Ting**, who will start a new series of ten sessions on Thursday, October 5, at 9:30 a.m. in the Activities Room. Questions? Call **Colette Bartholomew** at 3638.

WHO'S NEW

Donald & Nancy (Coyle) Davis (702-9778) moved to 104 Woodside Drive from Mt. Laurel, NJ. Nan hails from Virginia and Don from Western New York, but both have lived in South Jersey for years. Don went to the College of William & Mary for a year before enlisting in the Army Air Corps. After the war, he returned to William & Mary, and there met Nan. She majored in math, while Don, in his words, "majored in Nancy with a minor in Chemistry." Don began his 30-year career in agricultural research with Chevron Chemical, Ortho Division in Moorestown. Since retiring in 1978, he has contributed his carpentry skills to historical restoration, including Barclay Farmstead in Cherry Hill and Kirby's Mill in Medford. Nan has also volunteered for some 35 years, starting when the children were young and focusing chiefly on public library services. Both like to travel and hope now to do more of it.

Doris Brown

MORE HUMMINGBIRD NEWS

Several residents have reported seeing hummingbirds right into September, as we have also, up to September 12. Residents in Bridlington have seen them, as has **Katherine Church** who wrote to say that they come to flowers in her window box at Woolman Commons. **Lois Rickett** reported one of these tiny creatures caught in the long covered walkway, but released by residents.

Our walkways, so beneficial to us in stormy weather, are dangerous for birds. They feel (and they are) trapped, and they often struggle against the glass. Over the years, birds have been rescued from the various passageways, but some die from flying into the glass. So we all hope that our local hummingbirds will know when to go south, and make it safely into warmer climes.

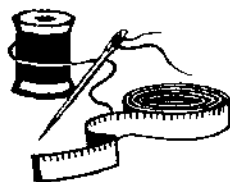
Gertrude P. Marshall

APPLE COMES TO MEDFORD LEAS

On Friday, July 28, the South Jersey Apple Users Group (SJAUG) -- of which several residents are members -- held its monthly meeting in the Auditorium. At the gathering, the club's President **Jim Anderson** presented to Computer Committee Chair **Walter Zwarg** a brand new iMac computer and cart, courtesy of the Apple Computer Company.

With this exciting start, the Medford Leas Macintosh Users Group was launched. **Roger Lippincott** of SJAUG and Walter gathered the nearly 15 Macintosh resident users in the Computer Room to explore the wonders of the iMac. With it came a volunteer mentor, **Ann Harkins**, a SJAUG member, who has as much patience as enthusiasm. She generously makes herself available Tuesday evenings from 7:30 to 9:00 p.m. in the Computer Room to answer questions and solve problems. Anyone interested in joining the group may call **Bob O'Brien (3186)**.

Kay Cooley



QUILTING PROGRAM

On Wednesday, November 8, at 7:30 p.m. in the Auditorium, **Jeannette Muir** will present a program to the Berry Basket Quilters entitled "Worth Doing Twice." The program will include a lecture/slide presentation and a "trunk show" of quilts, some reconstructed antiques, others brand new quilts inspired by antique quilts. Everyone is invited to attend.

WHO'S NEW

Lucy "Polly" (Pollard) Guthe, Apt. 121, learned about Medford Leas from **Tak Moriuchi**, one of whose daughters is married to one of her two sons. She also heard good things about the place from a neighbor in Ann Arbor, MI, who was a good friend of the late **Dr. Sidney Cobb**. Lucy grew up on Staten Island and graduated from Barnard College with a major in mathematics. Her first job was a secret wartime assignment with a communications unit of the Navy in Washington, where she met her future husband, **Karl Guthe**, who was working there as a civilian scientist. They got married after the war and moved to Cambridge, MA, where Karl completed a Ph.D. in biology at Harvard, while Lucy worked at the Harvard Laboratory of Social Relations until the arrival of her first child. Their final move was to Ann Arbor, where Karl taught and did research at the University of Michigan until his death in 1994. Lucy was busy raising three children and doing a variety of volunteer work. Her two sons live in Burlington County; her daughter, in Pennsylvania. She has five grandchildren. Lucy plans to make use of the Pool and the Putting Green, and to continue crocheting afghans for hospitalized children served by Project Linus.

Ellen Stimler

IN MEMORIAM

Margaret Buchanan
Katherine Anglemyer

August 25, 2000
September 4, 2000

WHO'S NEW

Janet (Zimmerman) Foord, Apt. 224, has been playing tennis here while on the waiting list, so she's acquainted with other tennis-loving residents. She enjoys sports, bicycling, and walking. Janet grew up in Pittsburgh and earned a B.A. in history at Allegheny College, which led to a job as secretary of the History Department at Yale University. One of the professors in the department introduced her to his brother, who was visiting during his internship at a New York City hospital. They were married within a year, and Janet was able to keep her job while her husband completed a residency in obstetrics and gynecology at a New Haven hospital. After her husband returned from service in the Korean war, they settled in Mt. Holly, and Dr. Foord started a practice in Burlington. Janet was a homemaker and mother to three boys and a girl. As a member of the Burlington County Medical Society's auxiliary, she was a founder of the Visiting Homemakers, which was directed by **Grace Walton** for many years. In 1957, the Foords purchased a property in Westampton Township, where Janet continued to live after her husband died in 1988. Besides her interest in sports, Janet is an avid traveller, having attended 17 Elderhostels, and she also loves to read.

Ellen Stimler

NEW TALKING BOOKS

FICTION

- Adler, M. *Aristotle for Everybody*
- Auel, J. *The Valley of Horses*
- Briscoe, C. *A Long Way Home*
- DeMille & Block. *Mayday*
- Doctorow, E. L. *City of God*
- Finnamore, S. *Otherwise Engaged*
- Guare, J. *Six Degrees of Separation*
- Guterson, D. *Snow Falling on Cedars*
- McBain, E. *The Last Dance*

- Palmer, M. *The Patient*
- Parker, R. *Sudden Mischief*
- Patterson, J. *Pop Goes the Weasel*
- Peters, E. *The Copenhagen Connection*
- Reichs, K. *Deadly Decisions*
- Remnick, D. *Life Stories: Profiles from the New Yorker*
- 60 Greatest Old-Time Radio Shows of the 20th Century*
- Smith, W. *River God*
- Trigiani, A. *Big Stone Gap*
- Uris, L. *A God in Ruins*
- West, M. L. *Crazy Ladies*
- Wodehouse, P. G. *Carry on, Jeeves*
- Woods, S. *Worst Fears Realized*

NON-FICTION

- King, L. *How to Talk to Anyone, Anytime, Anywhere*
- Ventura, J. *I Ain't Got Time to Bleed*
- Weil, A., M.D. *Breathing: The Master Key to Self Healing*

DONATED TAPES

FICTION

- Clark, M. H. *You Belong to Me*
- Kellerman, F. *Serpent's Tooth*
- Niven & Pournelle. *The Gripping Hand*
- Pellegrino, C. *Dust*
- Sayers, D. *Strong Poison*
- Shuler, L. L. *The Voice of the Eagle*

NON-FICTION

- Allenbaugh, K. *Chocolate for a Woman's Heart*
- Branch, T. *Parting the Waters*
- Cronyn, H. *A Terrible Liar*
- Kuralt, C. *Spring*
- Luft, L. *Me and My Shadows*
- McCourt, F. *Angela's Ashes*

Elaine Heinzelmann, Librarian

"ON OUR OWN TERMS"

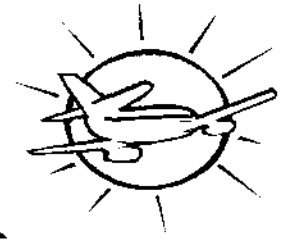
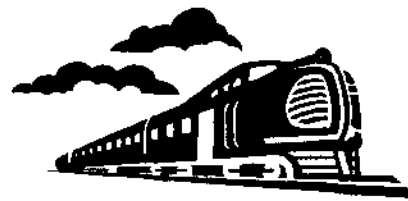
Did you watch **Bill Moyers'** "On Our Own Terms"? All over Medford Leas, the series became a hot topic of conversation. Some stayed up late on September 10, 11, 12, and 13 to watch it on TV, and some taped it to watch later. Many chose to see it in the Auditorium on four successive Wednesdays, starting September 13.

When the first tape was shown on September 13, over 100 residents as well as some folks from the surrounding community attended. For the follow-up discussion session the next morning, about 50 turned out for the small group discussions led by Samaritan Hospice professionals and residents who have been professionals in related fields: **Evert Bartholomew, Charles Brownfield, Jesse Jones-Cobb, Ed House, Alma Hoyer, Leah Levinger, Mary-Glenn Morin, Bea Smolens, Don Tillman, Maggie Woodard, and Beth Wray.**

As the discussion time at the first session came to an end, many participants continued for another 10 or 15 minutes, so it must have been worthwhile. The next two segments and discussion groups were to be held on September 20/21 and September 27/28. The final segment will be shown on Wednesday, October 4, with the group discussions on Friday, October 6.

Residents who would like to view the tapes may contact **Jamie McCloskey**, Ext. 3119, or **Joe Rich**, Ext. 3646.

Joe Rich & Kitty Katzell



HASSLE-FREE TRAVEL

Do you like to travel, but dread having to make plans? Enter *OMNI GUIDED TOURS*. For longtime residents, this is not new, but with so many new residents, some information may be helpful.

For the past 15 years, Omni Guided Tours of Medford has been specializing in group tours. The tours may be short, such as a trip to the Philadelphia Museum of Art, followed by lunch at a nice restaurant, or to Bucks County Playhouse with lunch at Odettes. They may be cruises that last several days, like the Great Lakes, the Inland Waterways, or the coast of Norway, or just a day cruise with lunch. For those who no longer enjoy making reservations and planning airport departures, travel with Omni relieves them of all that worry. All they have to do is pack their bags and get to the main entrance of the Community Building at the specified time. **Sue Maddox**, who runs Omni Tours, does all the detail work down to the last bit of minutiae. For those who find airport walking too much, Sue sees that chairs or carts transport them, and each part of the tour is planned so that everyone is surrounded with care and attention throughout the entire trip.

Interested? Watch bulletin boards for flyers, or ask to have your name put on a mailing list by calling Omni Guided Tours at 609-953-0793.

Doreen B. Lee



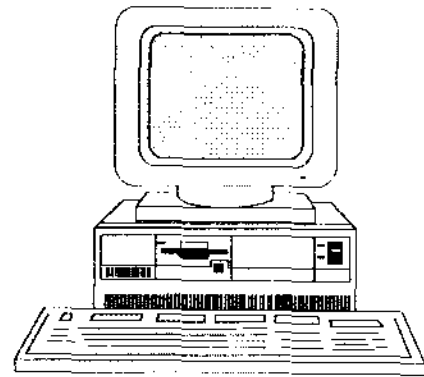
THE GALLERY

Every month, the gallery has a new exhibit to interest and excite viewers. They've had oils, and gouache, and watercolors. Now, for the month of October, Fine Art Photography. **Ingeborg Snipes** of Morrisville, PA, is the photographer and she has chosen to show "Canyon Marvels, Waterlilies, and French Country."

Ms. Snipes has attended photography workshops in seven states from Alaska to Florida to Vermont, and, presumably, for those French Country scenes, to France. She has shown her work in four exhibitions and has participated in 24 juried shows, at which she won a number of awards including First Place at the American Visions Competition --Museum of Anthropology, Chico University, CA.

One of her "Canyon Marvels" is a wonderful abstract of lines and color that demonstrates the new directions the art of photography can take. Do come to the reception of Ingeborg Snipes on October 3 in the Gallery from 3:30 to 4:30 p.m.

Dorothy Tillman



HIGH ON PI

by Elsie Lisovitch

Three point one four one five nine.
 Mathematics bred a sign
 Which conveys infinity
 With plain assininity.
 Pi's a quotient without end.
 Two six five. Some folk can spend
 All their lives pursuing something
 They already know is nothing.
 Digits run beyond eight billion
 Pull the plug or reach eight zillion.
 This must cause a laugh in heaven.
 Add on three five eight nine seven.
 Strong, unending, random Pi --
 How precisely multiply
 By a number ever growing,
 Getting nowhere while it's going?
 Take, for instance, Pi r squared.
 Square the circle? All who've dared
 Ignominiously blew it.
 Seems like only God can do it.
 Nine three two three eight four six,
 Sad mistakes and phony tricks
 Clutter up Pi's history,
 Spoil its charming mystery.
 They call Pi "irrational."
 I say "suprarational."

THE NEW BRITISH LIBRARY

I first went to see the new British Library near London's St. Pancras Station in 1999 and was totally bowled over. Britain's National Library (formerly part of the British Museum) became the U.K. Copyright Library by act of Parliament (1972), as the expert at the information desk told me. But the present British Library building is totally modern, equipped with the latest in technology. I went there again on July 31, 2000, and again, I was totally entranced.

Our computer-literate young will probably chuckle indulgently at the *Alice in Wonderland* feeling I had upon entering the John Ritblat Gallery with its illuminated manuscripts. Through a little side door, I entered a room marked "Turning the Pages." There, a menu of famous items, such as the "Lindisfarne Gospels," "Diamond Sutra," "Golden Haggadah," and many others can be accessed, page by page, simply by touching the TV screen. Like a kid on an outing, I kept "turning" pages, over and over. I could have spent days there, if I only had the time.

In another section displaying historical documents, I came upon a draft letter, with deletions and emendations, reiterating Britain's obligation to come to the aid of Poland, attacked by Germany in September, 1939. Chamberlain's solemn declaration of September 3 of that year "...and so this country is at war with Germany" ushered in World War II. (As an example of "History from Sublime to Ridiculous," right after Chamberlain's declaration on that September, 1939 day, the air raid warning siren sounded, and I, refugee-nanny to a London family, hastily grabbed 3-year-old John and 2-year-old Peter and stashed them away under the heavy kitchen table. But it was only the sirens being tested; the real Blitz started later.)

Forgive that "aside." It shows how easily the heavy curtain of years gone by can be parted when one is confronted by unforgotten events.

Whatever your plans, if they include London, you may find it worth your while to visit the British Library.

Hana Stranska



CRYPTOGRAM

Here is the solution to the September Cryptogram: "I can measure the degree of your indifference by the strength of my own desire. (Patrick) O'Brian"

Correct solutions were received from: Lydia Andrews, Miriam Angle, Mary Barth, Mort Bregman, Scott Charles, Polly Guthe, Euseba Kamensky, Kitty Katzell, Liliane Reynolds, Doris Salati, John Winton, and Marie Winton.

Here is the October Cryptogram:

U K P Z Y S P S R K S ' S P D

A V P I G B P M X D R Y ' Q

S B S R W M B W D E Q S Q

R O S I S R M I Q R Y D I D I W

N P K R N S O A R P D R S .

C . M Q Q D R K I

Put solutions in Box 45 by October 15.

Russell Hill

THE HEART CONNECTION

Put it on your personal calendar right away! You won't want to miss this special event, **The Heart Connection**, on Thursday, October 12, from 9:00 a.m. to noon in and around the Wellness Center on the ground floor.

Heart disease includes a variety of problems affecting the heart: *angina* (chest pain), heart attack, heart failure, and others. Risk factors for heart disease include high blood pressure, high cholesterol, diabetes, smoking, stress, sedentary life style, obesity, and genetic make-up. The more risk factors an individual has, the greater the chances of developing some form of heart disease, stroke, and other problems with circulation throughout the body. While genetic factors can't be changed, the other risk factors can be reduced.

So, come to **The Heart Connection** and learn about which risk factors are a problem for you and what you can do about them. There will be different stations where you will find different sorts of information:

- blood pressure and total cholesterol checking
- height and weight evaluation
- massage as a stress reduction tool
- dietitian consultation for questions on vitamins and cholesterol issues
- therapist consultation for exercise and target heart rate
- podiatry evaluations of foot circulation
- information on meditation for stress reduction
- demonstration of low vision aids

There will also be games and prizes, food, and a special appearance by the King Of Hearts to hand out a free gift.

Wendi Ruddy

CLOSED CAPTIONS FOR TV & VIDEO

by Elmer Rowley

How many times have you wished you could understand the voices better on TV or the VCR, those with foreign accents (like the Brit-coms), or the fast-speaking comedians, or higher-pitched women, or even the lyrics of songs? How many times have you wished you could have these voices printed on the screen--in simulcast? This dream has now come true for many through the availability of closed captions for most of the primetime programs of the major channels of TV and for many of the newer videotapes.

Closed captions first became available about 10 years ago when CBS introduced it on a few major night shows each week. The other channels soon followed. Initially, a separate decoder box had to be hooked up to the TV and VCR in order to integrate the closed caption signal with the image on the screen. The response in the deaf and hard-of-hearing community was so great that Congress passed legislation requiring that after 1995, all TVs sold in this country had to have the decoder incorporated in the wiring of each TV set. So, access to the printed word, together with the sound, is now available to everyone with a fairly new TV and for those with VCRs.

The closed caption feature is accessed using the menu on the TV set or its remote: click it down to the closed caption band, and then click it on (+) or off (-). The printed word on video and on all but the live shows on TV appears almost simultaneously with the sound, occasionally even a little ahead of the voice. On live shows, like the evening news and sports events, there is a second or two lag between the voice and the printed caption -- the time required for an interpreter to convert the sound to print, a human function subject to spelling errors and even actual meaning. Nevertheless, it is remarkable that an interpreter can work so rapidly.

With the donation of a decoder box for the large TV in the Activities Room, and with considerable help in installing it from **Bill Conte** (staff) and **Saul Stimler**, closed captions are now available there for both TV and video. The TV in the Third Floor Haddon Lounge is fairly new and is programmed to show closed captions. Anyone wanting a personal demonstration may call **Elmer Rowley, 3234**.



WHAT'S NEW IN THE MAGAZINES

Discover Magazine (September, by editors) is celebrating its 20th anniversary with an issue full of predictions of things to come (or to disappear) over the next 20 years. Things that they don't expect to be around are junk mail, cell phones, video and record stores, coronary bypass surgery, insulin injections, and internal combustion engines. On the other hand, artifacts that they think we will continue to have with us are cutlery, pencils, books, houses, cash, passenger jets, traffic congestion, noise, religion, sex, zippers, poverty, shopping, paper clips, men's suits, and death.

The revolution in cyber-transmission of music is explained and evaluated in September's *Atlantic Monthly* (by **Charles A. Mann**). It started with an Italian computer scientist, who figured out how to convert

recorded sound into digital form, now called MP3. This has facilitated the proliferation of Internet start-ups, like Napster, that are capable of reproducing "the content of every record store in the world" without paying any fees to anyone, and with the consumer also getting a free ride. Even though the recording industry has won lawsuits against Napster and other "pirates," recording industry executives admit that "there are not enough lawyers in the world to sue all the people we'd have to sue." Meanwhile, the record companies created SDMI, the Secure Digital Music Initiative, with the purpose of releasing only music that can be played on software that observes their copying rules. Experts believe that this isn't going to work, because once the SDMI music is played, it would be available for copying. "You just can't lock up this kind of content," according to one observer.

The ever-widening gap between the lowest and highest wage earners in the U.S. comes in for extensive analysis in *Fortune Magazine* (Sept. 4, by **Cait Murphy**). One significant factor is an 8% drop in earnings of men under 45 since 1973, while earnings at the top levels have increased dramatically. The depressed incomes of that group are seen as impacting the low marriage rates of these men, the proliferation of single-parent families, and the high rate of child poverty. America's lowest-paid workers make less, as a percentage of median wage, than their counterparts in any other country. Among the major reasons given are the decline in the minimum wage since 1973, less unionization, deregulation of industries, immigration, and loss of manufacturing jobs. The author believes that Americans are not so much concerned about the income inequality as about the unmet needs of the lowest-paid 20% of wage earners. The suggested remedies include higher earned income tax credits, housing subsidies, and better Medicaid coverage.

Ellen Stimler

OCTOBER CALENDAR HIGHLIGHTS

- 1 - Friends Meeting for Worship (every Sunday)
- 1 - Vespers (every Sunday)
- 2 - Movie: *Life is Beautiful*
- 3 - Armoire
- 3 - Pendle Hill Lecture (every Wednesday)
- 4 - Moyers on Dying
- 4 - Video: *La Forza del Destino, Part I*
- 5 - Tai Chi
- 5 - Open Forum with **Mike Peasley**
- 5 - Vid-U (every Thursday)
- 5 - Piano Recital by **Heidi Souza**
- 5 - Folk & Line Dancing
- 7 - Movie: *The Farmer's Daughter*
- 9 - Social Dancing (2nd Mondays)
- 9 - Yom Kippur Service
- 10 - Wallach's Shoe Sale
- 10 - Catholic Mass
- 10 - Square Dancing
- 12 - **The Heart Connection**
- 13 - Video: *Rigoletto*
- 14 - Forum: "A Water Accord for Israel and Palestine"
- 16 - MLRA Business Meeting
- 21 - Movie: *Goldfinger*
- 22 - Concert: **Barbone Street Jazz Band**
- 23 - *The Singing Angels*
- 24 - Falling Leaves Tea
- 26 - "Recycling Today and Tomorrow"
- 28 - Movie: *The Ghost and Mrs. Muir*

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