



Medford Leas **LIFE**

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SEPTEMBER 2000

ON OUR OWN TERMS

Medford Leas, in cooperation with Samaritan Hospice of Marlton and PBS Channel 12, will be presenting the four-part TV program, "On Our Own Terms: Moyers on Dying in America." The program, which will air initially on public TV September 10-13 from 9 to 10:30 p.m., highlights efforts to improve end-of-life care and shows models of how it is being provided. It seeks to address questions people are asking: Is there a way to die that allows us to approach the difficult circumstances and complex choices on our own terms? Can there be choices that let us connect what we have valued in our lives to the nature of our dying? How can we attain the goal of providing pain relief and a circle of support to allow us to experience a profoundly meaningful time that brings life to a peaceful close?

The four segments will be shown at Medford Leas on four successive Wednesdays, starting September 13 at 10 a.m. in the Auditorium, and continuing each Wednesday at the same time through October 4. Each tape will be followed by a brief discussion period led by a professional from Samaritan Hospice. For those who are interested in continuing discussion, follow-up sessions will be held at 10 a.m. on September 14, 21, and 28, and October 6, in the Auditorium, again with a leader from Samaritan Hospice.

The public is being invited to participate in these sessions, with seating limited to those making advance reservations through the Front Desk (609-654-3000). It is hoped that the programs will stimulate dialogue, foster greater awareness of the importance of planning, and support needed changes in the health care system.

Kitty Katzell

MORE ABOUT VOLUNTEER DAY

The Special Volunteer Issue of *Medford Leas Life*, distributed in mid-August, told about Volunteer Day, September 29, when the whole Medford Leas community will pay tribute to our volunteers who perform services inside and outside Medford Leas. A few details were not available when that issue went to press. Following Warren Witte's provocative sounding keynote speech, "CCRC's: Playpens for the Rich or Hotbeds of Service?", three residents will express their views and comment on issues raised in Witte's talk: Jean Henderson, Sam Howarth, and Milton Zimmerman.

After the program in the Auditorium, residents and guests will be asked to stroll into the adjoining Garden Room where outside organizations and MLRA committees will have tables displaying and explaining opportunities for volunteer participation.

Ellen Stimler

WHO'S NEW

Phyllis (Jansen) Carducci, Apt. 555, moved to Medford Leas from LeisureTowne. Born and raised in Flint, MI, she graduated from Baker Business University. During her first marriage, she worked for a surgeon in Lebanon, KY, as medical secretary and also did x-ray and lab work, but since 1955, she has lived in New Jersey, about 20 years of that in Medford Lakes. In 1988, she retired from her job as medical secretary at Philadelphia's Thomas Jefferson Hospital. She has two adopted children and three grandchildren from her first marriage, which ended in divorce. Her second husband died in 1998. Phyllis has been active in Presbyterian Church work. A violinist since the age of 12, she used to perform in a trio with her two sisters. She also used to record books for the blind, but recently has lost much of her vision, so she may be seen with her white cane making her way to the dining room. Before moving to Medford Leas, Phyllis knew **Don & Ruth Killian** and **Frances Carter**.

Hana Stranska

Grace (Hoch) Garcia, Apt. 13, moved to Medford Leas from Cherry Hill, NJ. A native New Yorker, she was born on Staten Island and lived there for 72 years. She and her husband, **William**, were avid tennis players. They met on the courts, married in 1934, and had a son and two daughters. Widowed at age 50, Grace decided she needed to go to work to avoid being dependent on her children in her later years. Her 13-year-old daughter and, a few years later, her own senile mother were living with her. She took a job as a clerk for the Public Health Service Hospital and studied at night to become an accredited Medical Record Technician. For two years, she received study materials from the American Medical Record Association, sent the lessons in for grading, and finally took and passed a 6-hour test. Over the years, her job evolved into one of considerable responsibility. She retired at age 72. Grace's big interests are the out-of-doors, music, and

reading, and she hopes to do volunteer work at Medford Leas.

Maggie Woodard

Kent Larrabee, who moved from Quaker House in Mt. Holly to Apt. 550, has spent most of his working life on behalf of Quaker-related and peace organizations and causes. In future, he plans to participate in anti-discrimination movements, teach Yoga, and counsel people "who need new direction." Kent graduated from Syracuse University, received an MSW from Bryn Mawr School of Social Work, and did advanced study at the Jung Institute in Zurich. During his professional career, he held positions with the Fellowship of Reconciliation, William Penn Community Center in Bucks County, Philadelphia Race Relations Council, People's Settlement House in Wilmington, and several federal units in Washington. Besides publishing a book of poetry, Kent carried out a 2,300 mile walk to Moscow to reverse the nuclear arms race, and spent four 6-month periods in India visiting spiritual ashrams. Kent was divorced from **Margery Larrabee**, now living at Woolman Commons. They continue to be good friends. They have three children and two grandchildren.

Ellen Stimler

Rev. Ronald & Dorothy (Jacobs) Rathje, 83 Woodside Drive (609-702-1012) met as high school students and married after college graduation. Ron entered Union Theological Seminary in New York City and, following his ordination, he served Presbyterian churches in Wilmington, DE, Harrisburg, PA, and Stroudsburg, PA. From 1979 to 1999, he was pastor of the First Presbyterian Church of Woodbridge, NJ, one of the oldest churches in the state which celebrated its 325th anniversary in May, 2000. He retired last October, but in March he began serving as interim pastor of the Bunker Hill Presbyterian Church in Sewell, NJ. The Rathjes moved from Metuchen, NJ to Lumberton Leas just in time to prepare for the December wedding of their youngest daughter; they have three other married children. Ron and Dorothy enjoy opera, theater, traveling,

walking, reading, and attending cultural events at Medford Leas.

Doris Brown

Warren & Lucile (Kimber) Reeves moved to 194 Woodside Drive (609-702-0274) from Haddonfield where they had lived since their marriage in 1992. Much earlier they knew each other at Montclair High School, where both graduated in 1948. When that class held its 40th reunion, Lucile, then a widow, and Warren became reacquainted. Lucile attended Harcum College in Bryn Mawr, PA, majoring in retailing, which led to a position as Buyer for Hahne & Co. in Newark, NJ, and later to Sales Representative for a wool industry located in New York City. Following her first marriage, she raised three sons in Saratoga, NY. Warren graduated from Dartmouth and immediately took a position in sales at Brockway Glass Co. When Brockway was taken over by Owens-Illinois, Warren left to work as Sales Manager for a major glass container distributor until retiring in 1992. Warren had married and had four daughters; his wife became ill and died soon after the Montclair High School reunion. He is an O-gauge Lionel train buff and has half his basement full of equipment related to that hobby. He also has spent many hours over 57 years thrilling audiences with magic tricks and illusions. Lucile's favorite pastimes are gardening, embroidery, and reading. She is an active member of both Haddonfield and Pinelands Garden Clubs.

Doris Brown

Eve (Magee) Robinson (609-518-1134) moved to 192 Woodside Drive from Ocean City. After graduating from Haddonfield Memorial High School, she earned her RN at the Hospital of the University of Pennsylvania. **Bob Robinson**, a high school classmate, earned a degree in Business Administration at Lehigh University. Until he graduated, Eve worked at Allentown State Hospital. Eventually they moved to Haddonfield, where the first of their four sons was born. Raising her family was Eve's first priority until she took on the responsibility of

Nursing Supervisor at the Mt. Laurel Nursing & Rehabilitation Center in 1990. She was there for six years until moving to Ocean City where, sadly, Bob passed away. For many years, Eve has collected fine miniature lighthouses. Her collection of 29 authentic depictions continues to grow. An active team player at Medford Lakes County Club, Eve's present interest centers on golf. Counted cross-stitch, reading and embroidery also provide relaxing hours.

Doris Brown

John & Catherine Sommi (609-261-7527) lived in Mt. Laurel before moving to 188 Woodside Drive, but they're native New Yorkers. He was born in Manhattan, she in Long Island City, and both were raised in Queens. They met at a dance in New York City while Catherine was employed by Brown Bros., Harriman & Co., on Wall Street, and John was majoring in history at CCNY. He was drafted in 1954, and they were married when he finished basic training. After he was discharged, he got an MA in Geography at CCNY, and taught in Levittown and Plainview, NY. In 1965, he was appointed Superintendent of Schools in Newtown, CT, and completed an Ed.D. at Columbia University in 1973. He retired as Superintendent of Schools in Bethpage, NY, in 1991. Catherine, while raising seven children, organized a student exchange program under American Field Service in Nyack; delivered Meals-on-Wheels; participated in the League of Women Voters; and was active in Girl Scouts and her church. Later, she received an Associate Degree in Data Processing at Suffolk County Community College and was a Senior Programmer-Analyst at Chase Manhattan Bank until retiring in 1990. The Sommis enjoy golf, gardening, reading, and travel.

Doris Brown

MY WORD

Readers who have access to an Internet connection can contact the editor directly by e-mail at <katzell@eticomm.net>

NEWS FROM LUMBERTON LEAS

The activity around the Pool and the Community Center gives hope that the project will soon be completed. Thanks to the technical input of **Beverly Kannengieszer**, some adjustments are being made that will result in the Pool and the Fitness Center being more compatible for the whole Medford Leas community. **Mike Peasley** and other staff members and Lumberton Leas residents met with contractors and subcontractors for a tour of the Community Center and appraisal of some suggested changes. All systems are now "go" with completion projected for mid-September.

Undaunted by the lack of a central facility, the pioneers at Lumberton Leas, now numbering close to 100, got together for a cocktail hour on July 19. Thanks to the generous hospitality of **Catherine & John Sommi**, they tested the capacity of the two-bedroom units. Despite rain, which dashed hopes for a garden party, 70 people turned up to get acquainted with their neighbors.

Helen Vukasin

NEWS FROM WOOLMAN COMMONS

During the summer, there was the usual 4th of July picnic, which was really a potluck supper in the Commons Room. The tables were decorated in red, white, and blue and, as always, there was good food and fellowship, ending with the usual sing-along, planned and led by **Marion Burk**. Although there's a nice terrace with comfortable outdoor chairs and tables, for several years it's been too hot, too cold, or too rainy to have the summer picnics out there.

The Out-to-Lunch Bunch went to FOOD FOR THOUGHT at Marlton Crossing in July and to THE LOTUS, a combination Japanese/Chinese restaurant, in August. Also, on July 29 about 20 Woolman Commoners went to the Chesterfield

Fire Company chicken barbecue dinner with **Mike & Debra Peasley** as special guests.

Monthly Movie Night continues, enhanced by Medford Leas having provided a 32-inch TV and a new VCR. The Trip to Bountiful with **Geraldine Page** provoked a lot of discussion in July, and Oklahoma, shown in August, gave everyone a chance to revisit that groundbreaking musical.

After a summer break, monthly business meetings will resume in September with **Carolyn Terrell** as Coordinator and **Flora McKinney** as Recording Secretary. **Jamie McCloskey**, of Resident Services, faithfully attends these meetings bringing news from "the campus" and noting any requests or complaints to be taken back to the appropriate authorities.

Nancy Darling

PING'S 100th BIRTHDAY



"Ping" (a.k.a. Ed Folwell) celebrated his 100th birthday on July 29th, though his birthday was actually on the 28th. And what a celebration it was (including the lei shown in the picture). He attends exercise sessions every other day and walks three miles a day, down from five. He must be doing something right! Congratulations, Ping!

TWO NEW REGISTERS

Before she left Medford Leas in June, **Lois Forrest** presented the MLRA Board with two special books, which can be found on a stand made by **Sam Burgess** and located on the console table next to the grandfather clock just inside the Lounge.

One book, bound in black leather, has been beautifully inscribed by **Harry Forrest** with the title "Memorial Garden" and a brief quotation from William Penn: "They that love beyond the world cannot be separated by it. Death cannot kill what never dies." This book will serve as a register of the names of residents who elect to have their ashes placed in the garden.

The other book, bound in red leather, will serve as a register of gifts. In it will be acknowledged the donors of tangible gifts -- including memorial gifts -- to Medford Leas. In Harry Forrest's calligraphy the book is inscribed with the title "Book of Gifts" and a quotation from Lao Tzu (c. 604-551 B.C.): "The sage does not accumulate for himself. The more he uses for others, the more he has himself. The more he gives to others, the more he possesses of his own." In this register, entries will be made for gifts given since the adoption by the Estaugh Board earlier this year of a formal Policy on Gifts in Kind and Memorial Gifts. Copies of the policy may be obtained from the Administration.

Kay Cooley

AN AFTER-WORD

When **Frank Correnty's** daughter was sorting her late father's possessions, she found the following note:

I have been a resident for only 13/14 months to date and find my time and experience most enjoyable with interesting fellow residents and a most helpful & supportive staff. My wish would be that everyone in this world could be so blessed to find their almost "Heaven on Earth."

EMPLOYEES OF THE MONTHS APRIL THROUGH JULY

April's Employee of the Month was **Marcia Stedford**, a Certified Resident Assistant who works on the day shift on John Estaugh. Marcia has worked at Medford Leas since 1992.

In May, **Debra MacFarland Halcomb** received the award. Debra is one of our Companions; she has worked here since 1998.

Jamie Lowndes was June's Employee of the Month. Jamie started working in Dining Services in 1985, and is a Senior Dining Room Server during much of the year. During the summer, though, she works in the Landscaping Department where her talents benefit residents from all parts of Medford Leas.

Usually *Medford Leas Life* receives only one Employee of the Month notice for each month of the year, but there was a second notice in June. That person had joined Medford Leas staff in April of 1979 and was well-known to all residents and staff, and also to the wider community outside Medford Leas, but she was retiring, so this was special. To quote from the notice, "It is with fond appreciation that we recognize **Lois Forrest** as our Employee of the Month. She is the woman of the hour, and for all of us, an Employee of the Month every month of the year!"

July's Employee of the Month was **Marge Sagett**, who works in the area of Residency Planning. Marge deals with prospective and existing residents and their families, especially those who are considering and those who are moving into Lumberton Leas. She's been on the staff at Medford Leas just over a year.

Congratulations to all, and our thanks for your services to the Medford Leas community.

Kitty Katzell

OUR RESIDENT HUMMINGBIRDS

Early in July, we spotted this tiny red-throated hummingbird as he visited our red bee balm and phlox. My husband immediately got out his two hummingbird feeders, washed them thoroughly with bleach, and filled them with sugar water (1 to 4) without coloring, since the feeders have a red base.

Our hummer seems pleased with this bounty and visits a number of times each day. As we watch at almost any time of the day, but especially in the evening, he is sure to come. There's a small twig between the two feeders and he perches there sometimes for as long as 10 minutes, often preening his feathers.

When a second smaller, paler bird came, we decided that there must be a Mrs. hummer. Early in the month he put on an air show for her, zigging back and forth rapidly at least a dozen times. We don't know where, or if, there is a nest, though we suspect there is one.

Even on a wet, rainy day, our hummer will feed or sit on his perch. If it's sunny, we can spot his bright red throat. Ruby throated hummingbirds are the only species native to the eastern United States, though there are occasional reports of other western species. We believe we can recognize this individual, and we think our patio is his territory. We have seen him each day for 45 days, but as fall comes, we wish him (or them) luck as they move to warmer climes.

Gertrude P. Marshall

FLOWER SHOW SEPTEMBER 12

The date of this year's Flower Show is September 12 and all residents and staff are encouraged to enter. Registration is from 7:30 to 9:45 a.m.; entries presented after 10:00 a.m. may be shown but won't be judged.

The show's theme this year is "Cinderella" and, in the Design Division, the theme will be carried out through classes labeled A Magic Wand, Cinderella's Gossamer Gown, The Handsome Prince, The Golden Coach, Two Haughty Sisters, and Through the Woods to the Ball. In Horticulture, the classes are grouped within the Palace Balcony, the Ballroom, and the Feast at the Palace. Special exhibits will show the Fairy Godmother, A Pumpkin and Six White Mice, Through the Woods, and Educational Exhibits. Check the schedule at the Front Desk, for details of the 21 classes in the three divisions.

Kitty Katzell

HANDCRAFT SHOW

In response to residents' requests, the Gallery Committee is organizing a handcraft show at which residents will be able to exhibit and even demonstrate their handwork and crafts. The show will be held at the Nature Center on October 16 and 17 from 10 A.M. to 4 P.M. each day. A tent will be erected outside the Nature Center where craft demonstrations and refreshments will be available throughout the show.

The display committee, consisting of resident artists **Alice Culbreth, Cynthia Mott, and Dorothy Pierce**, will be looking for work in basketry, enameling, leatherwork, metal work, paper making, ceramics, spinning, weaving, woodworking, woodcarving, stained glass, needlework, knitting, quilting, lace making, crocheting, tool and furniture making. That list is not exclusive and residents who have hand-made items not falling into any of those groups would also be eligible to participate.

The Show Committee, made up of Gallery Co-Chairs **Ann Hibshman and Anne Farr**, with the addition of **Euseba Kamensky**, will be distributing an announcement in advance of the show giving complete details.

Ellen Stimler

Residents in the News

The cover of the Spring 2001 *Elderhostel Catalogue* (Issue #4) is a photo taken in Brazil by **Ruth Blattenburger**.

Peg Caruthers was featured in **Phil Joyce's** "Senior Life" column on June 7 in the *Philadelphia Inquirer*. For 35 years, Peg has been transcribing textbooks from print to Braille, for the Associated Services for the Blind in Philadelphia. It was an excellent report, with a good picture of Peg. Fascinating was the note that Peg can't do "touch reading" of Braille, but she is able to "proofread" Braille texts.

Another of **Phil Joyce's** "Senior Life" columns, this one on June 28, dealt with Friends of the Mansion at Smithville. Prominently mentioned among the mansion's friends was **Henry Metzger**, former Burlington County Freeholder, who was instrumental in the county's acquisition of the mansion and has been president of the Friends of the Mansion for 23 years.

A lovely picture of **Jim & Sally Eynon**, and another of their 1970 Mercedes 280 SL, were spread across a page of the July 30 issue of the *Burlington County Times*. The accompanying story, by the popular writer **Sally Friedman**, confirmed that the Eynons had parted with their "creampuff," which used to come out for Sports Days. Donated to the **Coriell** Institute, the car was sold on e-Bay.

PEDICURES

In response to numerous requests, **Joe Doyle**, of the Medford Leas Beauty Salon, is now offering pedicures. To make an appointment or get more information, call Extension 3110.

A VISIT FROM MANTUA, NJ SECOND GRADERS

by **Gertrude P. Marshall**

June 13 was not your usual "What is so rare as a day in June?" day. It was cloudy and cool with occasional mist. Nevertheless, about 48 second graders with ten or so adults -- teachers and parents -- visited Medford Leas. They were welcomed in the Auditorium where residents had assembled a display of items: Indian artifacts, small statues of birds, a mastodon molar, a shark's tooth, ancient quartz crystals, the wing and claw of a hawk, shells, petrified wood, and an ancient (relatively speaking) railroad spike. The children were told how these items were found and, having studied Native American culture, were especially interested in the arrowheads and grinding tools made from stones. **Wayne Marshall** had trapped several chipmunks for the occasion, and the children enjoyed looking at them and then cheering mightily as they were released.

Each of the guests had brought a brown-bag lunch, and Medford Leas provided juice and cookies. After lunch, the group was divided into four, each with resident leaders. They were given a small printed guide, prepared by **Dottie Kriebel**, with questions and things to look for: birds (such as purple martins near the farm), unusual plants (like the jack-in-the-pulpit), and special areas of the campus (such as the creek with its island). Everyone seemed to have had a wonderful time and the guests left with an enthusiastic "thank you" to the residents who had helped with the day. Soon afterward, thank-you notes written by the second graders were posted on the bulletin board.

The helpful residents were **Connie Borntraeger, Gordon Clift, Dottie & Howard Kriebel, Barbara Lewis, Wayne Marshall, Paul & Tina Mecray, Elmer Rowley, and Arthur Steitz**.

NEW BOOKS IN THE LIBRARY

FICTION

Bradford, B. T. *Where You Belong*
 Delinsky, B. *The Vineyard*
 Plain, B. *Fortune's Hand*
 Roberts, N. *Irish Hearts* (v. 1-2)
 Roberts, N. *Irish Rebel* (v. 3)
 Rutherford, E. *The Forest*
 Smiley, J. *Horse Heaven*
 Smith, Z. *White Teeth*
 Trollope, J. *Marrying the Mistress*

MYSTERY

Barr, N. *Deep South*
 Beaton, M. C. *A Highland Christmas*
 Campbell, B. *Whose Little Girl Are You?*
 Clark M. *Before I Say Good-Bye*
 Evanovitch, J. *Hot Siz*
 Ignatius, D. *Siro*
 Johansen, I. *The Search*
 Klavan, S. *The Uncanny*
 Maron, M. *Storm Track*
 Mathews, F. *Death in Rough Water*
 Patterson, J. *Cradle and All*
 Patterson, J. *Pop Goes the Weasel*
 Quick, A. *A Wicked Widow*
 Rosenberg, N. *Interest of Justice*
 Scottoline, L. *Moment of Truth*
 Truman, M. *Murder at the National Cathedral*
 Woods, S. *Worst Fears Realized*

BIOGRAPHY

Friedman, M. & R. *Two Lucky People*
 Gordon, M. *Joan of Arc*
 James, P. D. *Time to be in Earnest*
 Keiler, A. *Marian Anderson*
 King, J. *Patrick O'Brian*

NON-FICTION

Bryson, B. *In a Sunburned Country*
 Buchman, D. *Herbal Medicine*
 Cahill, T. *Desire of the Everlasting Hills*
 Carter, S. *Civility, Manners, Morals and the
 Etiquette of Democracy*
 Forty, S. *The World of Art*
 Gilbert, M. *Never Again: A History of the
 Holocaust*
 Hadley, L. *A Journey with Elsa Cloud*
 Halberstam, Y. (jt. auth.) *Small Miracles of Love
 and Friendship*
 Howe, N. *Not Without Peril* (Appalachian Mt.
 Club)
 Le Compte, A. *Creating Harmonious
 Relationships*
 Mogk, L. (jt. auth.) *Macular Degeneration*
 Millenium Philadelphia: *The Last 100 Years*
 National Geographic Society. *Guide to Small
 Town Escapes*
 Peale, N. *Discovering the Power of Positive
 Thinking*
 Phelps, D. *A House in Sicily*
 Schmidt, S. (jt. auth.) *Truth at any Cost*
 Sedaris, D. *Me Talk Pretty One Day*
 Thurbron, C. *In Siberia*
 Zafiroopoulos, S. (ed.) *Greece in Poetry*

REFERENCE

Famous First Facts: International Edition

VIDEOS

The Hermitage: a Russian Odyssey (3 v. in 1)
Jamaica Inn

IN THE NATURE LIBRARY

Timber Press has reprinted two of **Beverley Nichols'** addictive gardening books: *Laughter on the Stairs* and *Sunlight on the Lawn*. A contemporary and friend of **Noel Coward**, Nichols was a popular and many faceted writer. A slight tendency to whimsy may be forgiven.

Charlotte Peck

NEW TALKING BOOKS**FICTION**

Auel, J. *The Clan of the Cave Bear*
 Buckley, Wm. *The Red Hunter*
 Chesterton, G. K. *The Scandal of Father Brown*
 Christie, A. *The Unexpected Guest*
 Clancy, T. *Night Moves*
 Cornwell, P. *Southern Cross*
 Dexter, C. *The Wench is Dead*
 Gilman, D. *Mrs. Pollifax Unveiled*
 Gilman, D. *Mrs. Pollifax and the Second Thief*
 Hillerman, T. *Dance Hall of the Dead*
 Hillerman, T. *Hunting Badger*
 Hillerman, T. *The Fallen Man* (donated)
 Irving, J. *Cider House Rules*
 LeCarre, J. *A Murder of Quality*
 Lee, H. *To Kill a Mocking Bird*
 Mills, K. *Free Fall*
 O'Brien, P. *Blue at the Mizzen*
 Patterson, J. *Silent Witness*
 Roberts, N. *Carolina Moon*
 Rowling, J. K. *Harry Potter and the Sorcerer's Stone*
 Sandford, J. *Easy Prey*
 Saul, J. *Guardian* (donated)
 Simpson, D. *Once Too Often*
 Steel, D. *The Wedding*
 Stocker, B. *Dracula* (donated)
 Truman, M. *Murder at the Library of Congress*

NON-FICTION

Bryson, B. *I'm a Stranger Here Myself*
 Cahill, T. *How the Irish Saved Civilization*
 Cronkite, W. *Cronkite Remembers*
 Dillard, A. *Pilgrim at Tinker Creek* (donated)
 Einstein, A. *The World As I See It*
 Fox, M. *Exploring the Cosmic Christ* (donated)
 Fraser, A. *The Lives of the Kings and Queens of England*
 Heat-Moon, Wm. *River Horse*
 Junger, S. *The Perfect Storm*
 Opdyke/Armstrong. *In My Hands*
 Osgood, C. *More of See You on the Radio*
 Rockling, F. *Old Man in a Baseball Hat*

Elaine Heinzelmann

LARGE PRINT LIBRARY ADDITIONS**FICTION**

Campbell, B. *Whose Little Girl Are You*
 Flagg, F. *Welcome to the World Baby Girl*
 Gutcheon, B. *More Thank You Know*
 Jakes, J. *On Secret Service*
 L'Amour, L. *Beyond the Great Snow Mountains*
 Lewis, B. *The Confession*
 Oke, J. & Bunn, T.D. *The Meeting Place*
 Oke, J. & Bunn, T.D. *The Sacred Shore*
 Plain, B. *After the Fire*
 Ray, J. *Julie and Romeo*
 Rice, L. *Follow the Stars Home*
 Rice, L. *Cloud Nine*
 Roberts, N. *Jewels of the Sun*
 Scottoline, L. *Moment of Truth*
 Wilson, S. *Hawke's Cove*

MYSTERY

Perry, A. *Half Moon Street*
 Reichs, K. *Death du Jour*

BIOGRAPHY

Carr, C. *Forever Lies!*
 Foreman, A. *Georgiana, Duchess of Devonshire*
 Hamilton, S. *Landing It – My Life On and Off the Ice*
 McEntire, R. *Comfort from a County Quilt*
 Morris, J. *Lincoln, A Foreigner's Quest*
 Russell, J. *Lady Bird*
 Sandys, C. *Churchill Wanted Dead or Alive*
 Tarabirrekum H, R. *Jackie, Ethel, Joan*
 Turque, B. *Inventing Al Gore*

NON-FICTION

Alborn, M. *Tuesdays with Morrie*
 Roberts, C. & S. *From This Day Forward*

Thanks to those who have donated books and TIME magazine. They are enjoyed by many residents.

Ruth Hayes, Librarian

BOOK REVIEWS

by Sally Burrowes

Guide to Small Town Escapes, National Geographic (1999, 352 pgs.) For many of us, *National Geographic* was our introduction to the wide world; this guide provides a satisfying continuum for both our local and our still-expanding geography. Whether one lives in Medford, NJ (see page 83) or contemplates a leisurely cross-country drive from Castine, ME, via Taos, NM, to Port Townsend, WA, it is worth close study. The descriptions of "77 of America's most charming, out-of-the-way small towns" include photos and local maps, and the text is fluent and luring.

The Perfect Storm, by **Sebastian Junger** (1997, 227 pgs.) There is a gripping flow in this true story of tragedy at sea. The nature of the run-down fishing town, the lives and relationships of its fishermen, their women, their fortunes and misfortunes, the Andrea Gail at sea for six weeks -- all this weaves a spell-binding web. Running through the days is the weather in the North Atlantic, with 100-foot waves crashing over a 72-foot vessel, developed in exquisite and terrifying detail. If you are tempted to see the movie, be sure to read the book first.

SPORTS DAY

Labor Day falls on Monday, September 4, and that means Sports Day. There will be the usual games: bocci, putting, croquet, shuffleboard, and, a little further afield, tennis. Again, most of the activities will be held in the area of the putting green from 9 to 11 a.m. Refreshments will be served on both the upstairs and downstairs patios, and there will be music by the Harold Davies Orchestra from 10 to 11. So come out and join your friends and neighbors for the last Sports Day of 2000.

A THANK-YOU NOTE

An envelope arrived with the editor's U.S. mail addressed: "All Residents, c/o MLRA, Medford Leas, Medford, NJ 08055." Inside was the following note:

To all the Residents

I want to thank everyone for making my 50th birthday something special. It was nice of all of you to think of me. You are all so nice.

*Thanks again,
Bob Wasson*

For any who don't recognize his name, **Bob Wasson** is our regular Postal Service letter carrier

A PERFECT VACATION SPOT

Just as I was starting to feel sorry for myself because I couldn't go on a trip this summer, I had an idea. What am I really looking for when I go away? I like to observe nature up close. I like to play some tennis, hit a golf ball, play some croquet, find a good book to read, swim in a nice size pool. An important requirement is a comfortable bed. Finally, it dawned on me that I have all these things right here in Medford Leas. Though I can't see the Eiffel Tower from my patio, like most of us, I saw it before I came here. Now consider some of the advantages: do you really miss sitting in bumper-to-bumper traffic trying to drive to your destination? Do you miss being in an overcrowded airport waiting for a flight that might be overbooked or cancelled? Do you really enjoy being on your best behavior all the time with people you may never see again? Isn't it easier to be your ordinary (or ornery) self with the people at Medford Leas who know you so well already?

Think about it. You might feel as I do: Medford Leas is a perfect year-round vacation spot.

Inge Raven

MEMORIAL GARDEN

A group of residents gathered on the morning of May 30 to dedicate the newly completed Memorial Garden located in the wooded area across from Parking Lot B. As people arrived, **Evert Bartholomew** played the recorder. **Maggie Woodard**, MLRA President 1998-99, introduced the speakers. **Colette Bartholomew**, who suggested the Garden in 1998, told how the idea developed. The next speaker was **Edgar Young**, the current MLRA Vice-President, who, with his wife **Harriet**, provided the handsome teak bench in memory of **Jane Young**, as well as considerable support for the project. **Lois Forrest**, Executive Director, who approved the idea from the beginning, included a poem by Antler in her address and passed out copies of the poem to those present. The dedication concluded with **Edna Kahn's** reading of a poem, "We Remember Them." Others in attendance were **Tak Moriuchi**, representing the Estaugh Board; members of the 1998-99 MLRA Board who had recommended the Garden to the Estaugh Board; and other residents who had supported the idea.

The Garden was designed by **Debbie Lux** and **John Siminski** of the Horticulture Department. Its beauty and serenity can be enjoyed by residents at any time throughout the year.

Maggie Woodard

IN MEMORIAM

- Adelaide Kapler** June 27, 2000
- Frank Correnty** June 29, 2000
- William Cavileer** July 7, 2000
- Hebe Bulley** July 8, 2000
- Eleanor Cromley** July 22, 2000
- Robert Stebbins** July 26, 2000
- Paula Jacobs** August 4, 2000
- Alice Calm** August 6, 2000
- Lindley Gardiner** August 18, 2000

FROM THE HEALTH CENTER

FLU SHOTS: Residents will be able to get their flu shots in early November. The heavy flu time is late winter and early spring. Flu shots take a few months to reach their peak benefit. So, if the shots were given too early, they wouldn't do as much good. Unless you have a known allergy to eggs or some other known contraindication, you should get a flu shot, because the aging process and being around other people are both risk factors. The Health Center also gives residents pneumonia shots every seven years. Notices with the dates for flu shots will be distributed to residents' boxes.

WHEELCHAIR CLINIC: Monday, September 11, 1:00 to 3:00 p.m. For a refresher on the correct use of your assistive device, or if it needs a repair, come to the Wellness Center. No appointment is needed.

THE HEART CONNECTION, October 12, 9 a.m. to noon. Remember "The Bone Connection" last spring? The Heart Connection is going to be a multidisciplinary program with attention to heart and circulatory health. Games, prizes, blood pressure, height and weight evaluation, massages, diet information, foot screenings, low vision center instruction, stress reduction through meditation, and more. Put it on your calendar now.

PUBLICATIONS: The Health Center is always grateful for donations of publications that can be used for resident education in the Wellness Center. Many residents get valuable information from them, and they are much appreciated. Among those that have been provided are the Johns Hopkins, Harvard, and other health letters; diabetes publications; and the Nutrition Action Healthletter. You know who you are, and we thank you for your help.

Wendi Ruddy

WHAT'S NEW IN MAGAZINES

There is now a program to examine, assess, judge, and possibly rehabilitate bad doctors and other professionals who have lost their professional skills and inflicted harm on patients and clients. The program was created by a psychiatrist in an annex of a Minneapolis hospital. There, a team of specialists examines doctors who have been given the choice: lose your hospital affiliation or undergo this program. After a 4-day evaluation, a report goes to the MD's employers. The report contains a diagnosis and a recommendation as to the safety of keeping the person on the job. When word about the program got around, referrals began to include lawyers, CEO's, and other professionals. The article, by **Atul Gawando** in the *8/7 New Yorker*, follows one surgeon with multiple malpractice claims who, after following the prescribed treatment, was eventually able to regain his license. Similar programs are opening in other cities.

Three articles in the feature section of *American Prospect* (8/14) present, (1) an economic doomsday scenario of a serious recession, triggered by a 50% drop in the stock markets (by **Jeff Faux**, president of the Economic Policy Institute), (2) followed by a massive reduction in consumer spending and private investment capital (by **Dan Baker**, co-director of the Center for Economic and Policy Research). (3) The third article (by **Eamonn Fingleton**, a Japan-based author of economics books) argues that the growing trade deficit does matter, and, unless drastically reduced soon, will signal the end of the U.S. as the world's leading economy. He concludes that our lopsided trade balance, which climbed from 49 billion to over 1,500 billion over the past nine years, is simply "not sustainable." Danger signs include: the accumulation of dollars abroad has already resulted in foreign take-overs of big chunks of U.S. communications, oil, financial, and other assets; currently about 35% of manufactured imports come from nations with

higher wage levels than the U.S., showing a serious loss of competitiveness; and our vaunted "new technology" companies are unable to export much of their output. His dire warning: "It is time to check out what happened to the Ottoman Empire."

Ellen Stimler

THE PIW - WHAT IS IT?

One of the valuable benefits offered to Medford Leas residents is the opportunity to have their views considered by the administration, staff, and fellow residents. A vital part of this benefit is the PIW (Put It in Writing), a form on which anyone may write suggestions, compliments, criticisms, or comments for the purpose of improving the quality of community life.

PIW forms are located on the shelves above the writing area to the left of the reception desk. The completed forms are given to the receptionist who files them until the next meeting of the MLRA Board. At each meeting of the MLRA Board, the PIW's are read aloud in the presence of the Executive Director and other administrative staff, a member of the Estaug Board, and the members of the MLRA Board. Each one is discussed, evaluated, and, if necessary, assigned for appropriate action. Writers of PIW's receive written responses from the Administration or the MLRA Board.

PIW's are not to be confused with Work Orders. A Work Order describes a specific piece of work that needs to be done, usually for an individual resident; PIW's are generally concerned with matters affecting community life. They can be a powerful tool for bringing creative ideas and useful suggestions to the attention of those who can implement them for the benefit of the whole community.

Wil Britten & Kay Cooley

DIVERSITY COMMITTEE NEWS

In March, members of the Diversity Committee visited the Rancocas Friends Academy. In addition to visiting classes, they attended the school's half-hour meeting for worship in their small meeting house, during which one small boy rose and spoke to the effect that "quiet is a good time for thinking." On October 27, students, their grandparents and teachers will visit Medford Leas for Grandparents' Day. Plans include a student art display, a brief slide show about the school followed by a program presented by the students, and bag lunches brought by the students with beverages provided by Medford Leas. Residents are invited to attend the program at 10:00 a.m. in the Auditorium. After lunch, children and grandparents will take tours of the campus.

Late in April, the Committee had a "conversation" in Room 7 with **Helen Manser**, chair of Pennswood's Diversity Committee. Her remarks gave a picture of a larger committee with a rather different program.

In May, the Committee met at Woolman House in Mount Holly on the 16th, and, on the 19th, sponsored the meeting in the Auditorium at which **Leonard Bass** spoke on "Race, Anti-Semitism, and the Holocaust."

Ellen Stimler

IN THE GALLERY

Starting September 1, Moorestown artist **Marge Scheier** will be exhibiting her oils of landscapes and "people doing things" in the Gallery. Marge studied at the University of the Arts and has an arts teaching degree. Her work has been shown in many venues and has won many awards. She will be welcoming residents at her reception on September 12 from 3:30 to 4:30 p.m.

Ellen Stimler

CRYPTOGRAM

Here is the solution to the June Cryptogram:

"Madame de Pompadour commissioned Voltaire to write an opera on Fontenoy: The Temple of Glory. N. Mitford."

Correct solutions were received from **Mort Bregman, Marion Burk, Scott Charles, Euseba Kamensky, Kitty Katzell, Alma Oakley** (waiting list), **Lucille Ringel, Doris Salati, and Florence Sawyer.**

Here is the September Cryptogram:

V YZU LXZJHTX SNX
 PXWTXX KE GKHT
 VUPVEEXTXUYX QG SNX
 JSTXUWSN KE LG KRU
 PXJVTX. K'QTVZU

Put solutions in Box 45 by September 15.

Russell Hill

THE CAMERA CLUB

This hasn't been exactly a great summer for taking pictures. As a matter fact, this hasn't been a great summer. Period. However, the Camera Club never gives up. The sun did shine a couple of days, and there are beautiful gardens and flowers, and you must have been out there with your cameras.

Readers will recall that the Camera Club is doing The Four Seasons at Medford Leas. Spring is on exhibit currently, and, if you get your pictures in by September 4, the summer display will take its place. Then we can start capturing the glories of Fall.

Please get your Summer pictures to **Anita Este (#266)** by September 4. We can't let this summer of 2000 be a total washout.

Dorothy Tillman

SHARE THE CARE - PET UPDATE

Pets are an important part of Medford Leas. Some people talk about their grandchildren; some talk about their pets. Sometimes it's hard to tell the difference.

First, make sure that **Trudy DeLacey** has your pet on her list of non-human residents. This will guarantee that, in an emergency, someone will be concerned not only about you but also about your pet.

Life can throw a few curves (as you may have noticed) and we sometimes need help in caring for our loved ones -- in this case, the non-human ones. An informal group of residents has compiled a list of those who are willing to "share the care" -- you feed my cats when I'm away for a couple of days and I'll do the same for you. There are also some wonderful residents who, while having no pet of their own, are happy to feed a cat -- or walk a dog -- with no reciprocity.

The list of those willing to "share the care" is currently being updated. Anyone who would like to be on the list or who needs help with a pet should call **Anita Este, 3206**. And "Bow-wow" and "Meow" (that means "Thanks").

Dorothy Tillman

COOKIES BY THE MILE

Each year, our intrepid baker turns out about 78,000 cookies! Can you guess how many miles of cookies this amounts to? The answer is **FOUR MILES**. To put this into some sort of perspective, consider that it is one-half mile along the road from the community building to the Route 70 entrance. So just imagine a column of eight cookies abreast down the road from Route 70 to the front door and you have some picture of our annual consumption. Are **YOU** doing your share?

Doreen B. Lee

TO ANN NAULTY



Ann Naulty was feted (above) on May 31 with songs, refreshments, balloons, and expressions of regret and of appreciation. One of the many expressions was this by **Barbara Ballou**.

For years before **Beverly**, they numbered five,
Who three times a week helped dozens to thrive
With exercise classes, whatever the weather --
Ann, Judy, Linda, Debby, and Heather.

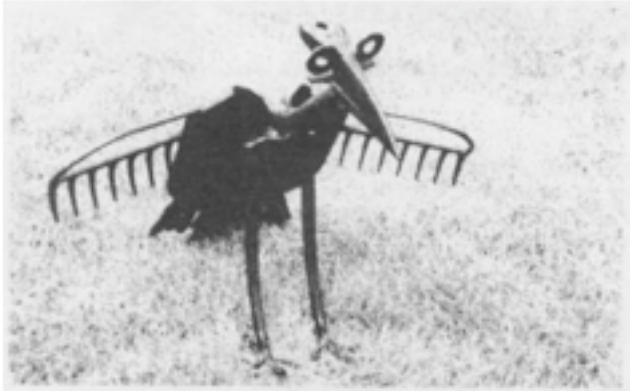
Their varied styles did much to please
A large number of residents at Medford Leas.
Not only did they help make us stronger.
Thanks to them -- as to **Beverly** -- we should
all live longer.

Judy, Debbie, and Heather went away,
But **Ann** and **Linda** have chosen to stay
Until now, when Ann will retire.
May her days fulfill her heart's desire.

No doubt each person here could add to the list
Of why **Ann Naulty** will be sorely missed.
Countless are those whose days she did
gladden
With trips -- especially those living on Haddon.

I'm sure there is more I should say in this rhyme,
But -- alas -- I have run out of time.
To conclude, I'll simply say this --
Ann Naulty, you are one whom we all will miss.

INTRODUCING JEREMIAH



During May of this year, the sculpture shown above was displayed in the Gallery. Created by **Luke Frey**, son-in-law of the **Wrays**, it inspired **Hana Stranska** to write this poem.

Crows fly, not his one, though;
 This is Jeremiah, the Garden Crow.
 He was born in the flame of a welder's torch,
 Equally at home in garden or porch.
 His neck and body from a shovel are made:
 One's the handle, the other, the blade.
 A rake shapes his feathers and his wings,
 A bike fork, his shoulders, of all things.
 His eyes are washers, and bolts are his feet;
 A stranger crow you're not likely to meet.
 And if he sets your senses afire,
 That's what you'd expect from JEREMIAH.

LENAPE THANKS VOLUNTEERS

Eighteen Medford Leas residents, who did volunteer tutoring at Lenape High School last year, received *Certificates of Appreciation* at a party arranged by the school administration. **John Furgione**, Principal, and **Ray Snyder**, Guidance Director, talked to residents individually and expressed thanks for their participation in the program.

Several residents developed close relationships with their students, and several students reported that their grades improved as a result of the tutors' help. The greatest need for tutoring was in Algebra, Geometry, and Science. Residents who had studied or taught these subjects 40 or 50 years ago found that, with the

help of current textbooks, they were able to catch on and stay a jump ahead of their students. A few students sought help in English, notably when their class started to read *Romeo and Juliet* and, later, *To Kill a Mockingbird*.

Plans are being made to continue the tutoring in the next academic year and to iron out glitches that arose during its first phase. The program will be described in a flyer to be distributed to residents in the fall.

Ellen Stimler

WALKING THE TRAILS

Fall is a good time to enjoy the benefits of walking. Instead of taking that same walk around the campus on sidewalks, try a stroll through our beautiful woods.

The MLRA Woodlands (Trails) Group has been hard at work clearing the paths in the woods. All that the trails need now is for residents to walk on them. The main (Red) trail is indicated with red markers and circles the entire property. The Orange trail is a long loop off the Red trail, and 15 Yellow trails lead to points of interest. All return to the main trails. Recently opened is Yellow trail #15, a walk through magnificent spruce along New Freedom Road.

A few safety precautions: Go with a friend, or, if you prefer going alone, let someone know of your comings and goings. For ultimate safety, carry a cell phone. Keep your eyes open and watch your step: you're not on city sidewalks. To minimize the possibility of picking up a tick, avoid high grass and brush, wear light-colored clothing, and check yourself carefully at the end of your walk. Remember, it's only the smallest ticks, the size of a poppy seed, that carry Lyme disease.

So stay on the paths, listen to the bird songs and the silence, and enjoy.

John Caughey, Chairman, Trails Group

SEPTEMBER CALENDAR HIGHLIGHTS

- 2 - Movie: *The Farmer's Daughter*
- 3 - Usual Sunday Services
- 6 - *Boston Pops Program*
- 7 - Open Forum: **Mike Peasley**
- 7 - Vid-U (and every Thursday)
- 9 - Leas Forum: *History of NJ Glass*,
Kenneth Wilson
- 9 - Movie: *Mr Deeds Goes to Town*
- 12 - Flower Show
- 12 - Catholic Mass
- 13 - Moyers: *On Our Own Terms*
- 13 - Communion
- 14 - Discussion: *On Our Own Terms*
- 16 - Movie: *The Collector*
- 16 - Concert: **The Pine Barons Barbershop Chorus**
- 18 - MLRA Business Meeting
- 19 - Slide Show: *Teaching School in Lesotho*
- 20 - Moyers: *On Our Own Terms*
- 20 - *Blast*
- 21 - Discussion: *On Our Own Terms*
- 21 - Bus to Walnut St. Theater
- 22 - Bus to Philadelphia Orchestra
- 23 - Leas Forum: *Being Red in Philadelphia*,
Dr. Sherman Labovitz
- 23 - Movie: *Great Expectations*
- 27 - Moyers: *On Our Own Terms*
- 28 - Discussion: *On Our Own Terms*
- 29 - Bus to Philadelphia Orchestra
- 29 - Rosh Hashanah Service
- 30 - Movie: *The Apartment*

MEDFORD LEAS LIFE

Ex. Office: Kay Cooley, MLRA President; Sam Howarth, MLRA Sponsor

Editorial Staff: Kitty Katzell, Editor; Doris Brown, Kay Cooley, Nancy Darling, Doreen Lee, Gertrude Marshall, Hana Stranska, Ellen Stimler, Alix Szilasi, Dorothy Tillman, Maggie Woodard

Distribution: Berenice Finkelstone, Elaine Heinzelmann, Alix Szilasi

Business Manager: Charlotte Peck

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Please send to:
Medford Leas
Route 70
Medford, NJ 08055

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