



Medford Leas LIFE

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APRIL 2000

NEW EXECUTIVE DIRECTOR ANNOUNCED

On March 16, **Bob Williams**, President of the Estaugh Board, announced the appointment of **D. Michael "Mike" Peasley** as the new Executive Director of Medford Leas, beginning June 12. Mr. Peasley has been serving as CEO of Shenandoah Valley Westminster Canterbury in Winchester, Virginia.

A program will be held on April 3 at 2:00 P.M. in the Auditorium to welcome Mr. Peasley. There will also be a reception in the Lounge following the Auditorium program to which all residents are invited.

The December 1999 issue of Medford Leas Life carried notice that **Lois Forrest**, who has been Executive Director since April 2, 1979, would be retiring in the spring of 2000. **Evert Bartholomew**, President of MLRA, was a member of the Search Committee.

EMPLOYEE OF THE YEAR

Everyone knows our Employee of the Year 1999. She's our receptionist, **Gail Cole!** Each month throughout the year, there's an Employee of the Month. Then after the first of the following year, all the employees vote on which one of the twelve is to be the Employee of the Year. You can see what a hard choice it must have been when you look over the list of 1999's Employees of the Month:

Tim Needham, Environmental Services
Gail Cole, Resident Services
Colleen D'Arcy, Assisted Living
Margaret Miller, Nursing (Estaugh)
Brian Reily, Dining Services
Mark Wick, Accounting
Albert Henisee, Landscaping
Judith Ramirez, Assisted Living
Whitney Mapp, Maintenance
Margaret Dyson, Child Day Care
Julie Jones, Dining Services
Judy Linton, Nursing (Haddon)

WHO'S NEW

Rev. James W. & Jeannette (Tousley) Muir moved to **Apt. 124** from Moorestown, NJ. Born in Ohio, Jim followed in his father's footsteps and became a Presbyterian minister, serving churches in Summit and Willingboro from 1953 to 1970, when he became the executive Presbyter, Presbytery of West Jersey, until retiring in 1993. He has a B.A. in History from Lafayette College in Easton, PA. an M.Div. in Christian Ethics from Union Theological Seminary in NYC; and a D.Min. in Organizational Development from McCormick Theological Seminary in Chicago. Among current activities, he chairs the Campaign Committee, REACH FOR TOMORROW FUND, for the Presbyterian Camp and Conference Center, Johnsonburg, NJ. A graphic arts/design service that he founded, MUIR/design, also takes much of his time. His interest in travel/scenic photography provides pictures for the note cards he designs.

Jeannette was born and grew up in Melrose, MA. After she and Jim married in 1953, she kept busy raising their three children. Her life changed in 1975 when she agreed to work on a quilt for the Moorestown Home and School Fair. She says, "now quilt-making is my passion...my vocation, hobby, and therapy." Describing her "Alphabet Soup" style as eclectic, she credits it to all that she has absorbed from workshops and lectures, architectural and mathematics periodicals, and other sources. A Certified Quilting Judge and Teacher, she is the author of one book on quilting and co-author of three others. She will be teaching at an Elderhostel on Lake Winnepesaukee in New Hampshire in May and for the AARP at the same camp in September. Other interests include singing in her church choir, playing her electronic keyboard, bridge, and an avid interest in sports. One reason she can be so productive is that Jim volunteered to do all the cooking and grocery shopping when he retired! The Muirs have six grandchildren.

Maggie Woodard

WHO'S NEW

The meeting and marriage of Japanese-born **Victoria** and American-born **William Marutani, 191 Woodside Drive (261-8197)**, could be chapters in a romantic novel with political overtones. While serving as an American military intelligence officer in Japan in 1947, William contracted spinal meningitis and was in an isolation ward when Victoria appeared in a nurse's uniform. Back in the United States, William couldn't bring Victoria to join him because oriental immigration was barred under the 1924 Oriental Exclusion Act. William wrote to Eleanor Roosevelt, who persuaded Marutani's Congressman to get a special bill passed to exempt Victoria from the law. They were married in 1950 in Chicago, where William was finishing college and then got a law degree at the University of Chicago. A second generation U.S. citizen, William had been interned like other Americans of Japanese descent, but he was permitted to continue his education after six months of internment. After law school, William started working for a Philadelphia law firm, and the family moved East. In 1975, he was appointed to the Common Pleas bench and later was elected to a full 10-year term, resigning in 1986 and returning to private practice. In 1981, President Carter appointed him to the Commission on Wartime Relocation and Internment of Civilians. The Commission's report was the basis for the subsequent compensation legislation lobbied by **Grayce Uyehara**.

In his retirement, Marutani is winding up his private practice, learning to use a computer, doing work for the Japanese-American Memorial Foundation which received Congressional approval to erect a monument in Washington honoring Japanese-American patriotism during WW-II, and writing a bench book on Pennsylvania civil practice and procedure.

The Marutanis raised eight children and now have seven grandchildren. When Victoria came to the U.S., she knew hardly any English; she learned from reading newspapers, including the comics, and listening to the radio. Her husband refused to speak Japanese to her. To keep up her native language, she spends much time reading Japanese books.

Ellen Stimler

WHO'S NEW

Eric & Clara Louise "Pete" (Schiefer) Johnson, Apt. 660, lived in Moorestown before coming to Medford Leas. Pete was born and raised in Rochester, NY, and graduated from Syracuse Univ. After spending her junior year in Switzerland, she was at a youth hostel in Scotland in August, 1939, where she met Eric, a one-day encounter. Two weeks later, Britain declared war on Germany and Eric enlisted at once. Pete went home and worked for the YWCA and then the Frontier Nursing Service in Kentucky. When Eric was demobilized with the rank of major in 1946, he went to Cambridge University where he was awarded a Master's Degree in Natural Sciences. Born in Buckinghamshire, England, he had graduated from Berkhamstead School and then apprenticed as a gardener in England and France, culminating in the Royal Horticultural Society Garden at Wisley. After getting his university degree, he went to the Bahamas to work for a British Development Corporation. En route in New York he finally met up again with Pete, (sight unseen), with whom he had been corresponding for nine years. They married in 1948 and lived in the Bahamas until 1951, when they came to the U.S. and Eric went to work for Campbell Soup Co. in the Agricultural Research Department. That took them to Canada and various places in the U.S. Eric was transferred to the newly formed International Division and operated out of England, Italy, Peru, and Argentina, before they came to Moorestown in 1966. They have two children, a daughter in England and a son working for a U.S. corporation in Germany, and five grandsons.

Barbara Nelson

WHO'S NEW

Robert & Rebecca (McArthur) Hesse, 36 Woodside Drive (265-9015) moved from St. Michaels, MD, on Chesapeake Bay to retire to Lumberton Leas. Becky grew up in Meridian, MS, where she met and married Bob during WW-II. They moved from Glenside, Bob's hometown, to Abington, PA, where their three children were born. In 1954, they moved to Gwynedd Valley, where Becky was active in the garden club, attended Beaver College, and took art classes to develop her talent for oil and acrylic painting.

In 1940, Bob joined T. A. Winchell & Co., a Philadelphia printer, and in December of 1941, volunteered for the Army Air Corps. After the war, he returned to Winchell, but was recalled to active duty in 1950 with the Pennsylvania National Guard. In Korea, he commanded the Army's 47th Ordnance Light Aircraft Maintenance Company. After two years of active duty, he again returned to Winchell, retiring as president in 1987.

Bob was active in the Armed Services Branch of the Philadelphia YMCA, Big Brothers, the Philadelphia Graphic Arts Association, and The Boys Work Committee of the Union League of Philadelphia. He is a past Commodore of the Brant Beach Yacht Club on Long Beach Island. In St. Michaels, he was a member of the Chesapeake Bay Maritime Museum's Boat Shop Volunteers, helping to maintain and preserve their collection of vintage boats. These days, he looks forward to spending time on photography, computing (Macintosh), and woodworking. On that last note, Becky has an order in for a flower box for their deck.

Doris Brown

WHO'S NEW

Robert W. & Gladys (Palmer Bewley) O'Brien, Apt. 186, moved to Medford Leas from Haddonfield. They were married in 1986, both having lost their spouses earlier in the 80's. Bob has four children and seven grandchildren from his marriage to Julia Reidy; Gladys and Philip Bewley had three children, and she now has two grands and one greatgrandchild.

Bob grew up in Mt. Vernon, NY, and graduated from Worcester Polytechnic Institute with a degree in civil engineering. During WW-II, he served initially as junior naval architect at Norfolk and Boston Navy yards, and later joined a private company to handle purchases of major components for shipyards nationwide. After the war, he continued working in purchasing and procurement, and ended his career as Director of Purchasing for the Dairy Division of Kraft Foods.

Gladys majored in Spanish at Douglass College and was married in her senior year. After her three children were all in school, she returned to Rutgers for a Masters degree in Library Science and later became Director of the Haddonfield Library.

The O'Briens enjoy travel and want to continue their involvement with the Philadelphia Orchestra and the Art Museum. They expect to develop new interests and activities among the many that are here.

Ellen Stimler

WHO'S NEW

Robert W. & Patricia (Brooks) Donnelly 56 Woodside Dr. (518-3537) attended junior and senior high school together, started dating at 16, and married at 21. Bob still works full time for Van-Air & Hydraulics, Inc. in Maple Shade, with which he has had a lifetime association. He worked for Van-Air for 18 years, then started his own company, Donnelly Fluid Power, Inc., which prospered for 14 years and then was bought out by Van-Air. He will retire in the next few months.

Patricia is from Baltimore, where she went to nursing school and became an R.N. She worked at Delaware County Memorial Hospital in Drexel Hill, PA, until her daughter, Denise, was born, then worked as mother and homemaker for 12 years, before returning to work in a doctor's office.

The couple enjoys cruising on their 28-foot power boat, which they keep on the Delaware River. Bob has many other hobbies (just ask Pat!): model railroading, photography, piano and bass and 6-string guitar playing. Pat's favorite activities of gardening, cooking, and baking, are unfortunately affected by the onset of Parkinson's Disease.

Their one daughter lives, with her husband and two children, in Bob and Pat's former home in Mount Laurel. If you see Bob walking their Pembroke Welsh Corgi in the neighborhood, stop and say hello.

Ellen Stimler

LOOKING FOR GOD?
by **Howard McKinney**

Look for God in Crocuses in snow,
or Bonsai trees that grow so slow.
In giant Redwoods that reach the
sky,
or Lichen on the rock, barely visible
to the eye.

WHO'S NEW

Edward & Carol Ann (Robinson) Ferraro, 63 Woodside Drive (702-9492), met in high school on Long Island and were married five years later. Ed earned a degree in industrial management from Hofstra University, and, during a professional career of over 40 years, held executive and managerial positions with companies involved in the manufacture of complex electronics and the delivery of research services. Most recently, he was Vice-President and CFO of Sencor, Inc., with headquarters in Moorestown. He retired in 1996, but still does some consulting and also works on fund-raising and planned-giving programs for the South Jersey region of the Methodist Church.

After high school, Carol went to business school and later did secretarial work. She also worked as a teacher's aide in the Cinnaminson Memorial School and as a secretary for the Cinnaminson Board of Education.

Time permitting, Ed enjoys golf, tennis, and woodworking. Carol is active at her church and was a leader of the Esther Circle, which provides missionary support and other services. Ed and Carol are active members of the Epworth Methodist Church in Palmyra. They have one son and one grandson.

Ellen Stimler

WHO'S NEW

John & Virginia (Maltman) Mutschler, 44 Woodside Dr. (267-1910) have spent virtually all their lives in South Jersey. Gini was born in Pennsylvania and moved to Palmyra, NJ, at age nine. Jack was born in Cinnaminson. After high school, Jack served in the 101st Airborne Division of the U.S. Army. They raised two sons and a daughter in Southampton Township. During those years, Gini was employed as a school aide. She also served as Assistant Librarian at the Vincentown Library. Jack studied metallurgy at the Technical Institute of Temple University, while employed at Hoeganaes Corp. in Cinnaminson. In 1996, after a 36-year career, he retired as Vice-President of Operations.

In addition to her interest in crafts, Gini uses her interior decorating skills to enhance their new home. With their recent purchase of a motor home, the Mutschlers have become RV enthusiasts, enjoying frequent trips throughout the U.S. and Canada. When not planning their next adventure, they enjoy time at home -- and their six grandchildren.

Doris Brown

FROM FOG TO SMOG . . .

Thoughts fleetingly assail my brain
Then quickly disappear again . . .
What did I put away? Where? When?
Where did I see it last?
Was it now? Was it then?
Where is that name
I knew just yesterday?
Why did it slip away?

But ask me to remember
What I did 30 years ago in December,
I'll have no problem with that.
Yet, if I'm the only one here
Who feels that way,
I'll eat my hat.

Hana Stranska

NEWS FROM WOOLMAN COMMONS

Our intrepid Lunchtime Explorers Group goes to a different ethnic or otherwise unusual restaurant every month. In February, we enjoyed a delicious Italian meal at Tarentella in Medford. One member of our party resurrected some of her college Italian to use with a waitress who was a recent immigrant. It was hard to tell who was the more surprised. In March, the group ventured into a vegetarian restaurant, the Evergreen in Cherry Hill, which serves interesting dishes from different cultures, such as Middle Eastern, Chinese, and the like.

Continuing the monthly showing of a video in the Commons Room, February's movie was Inn of the Sixth Happiness; in March, it was Babe. But the outstanding event of the month was the evening of March 18 with "Blackwell, the Magician" at a party generously given by one of our residents. Blackwell was a comedian of mature years, an unassuming man who was easily able to bewilder most of his audience with deceptively simple magic tricks. With delicious refreshments afterwards, the relaxed mood continued as residents stayed to enjoy lively conversations.

Nancy Darling

TO AN ANT

Little ant, I AM impressed!
But don't you ever stop to rest?
What intelligence is this
That never stops to hug or kiss,
Yet halts to let your feelers talk
To other ants upon my walk?

Little ant, what do you ask?
Is it just about the task?
Or do you grin between those "totes"
At funny little ant-ec-dotes?

John Kriebel

CRYPTOGRAM

Here is the solution to the February/March cryptogram:

"A lady of high distinction for wit and beauty came under the shadow of a calumny.

Meredith"

Correct solutions were received from: Lydia Andrews, Scott Charles, Edith Ellis, Warren & Euseba Kamensky, Liliane Reynolds, Lucille Ringel, Doris Salati, Florence Sawyer, Bob Stebbins, Ellen Stimler, Marie Winton.

A correct solution to the January cryptogram was received from Margaret Kressin of Foulkeways.

Here is the April cryptogram:

M R Q J B R B V J L D F B N
R T P R B N N T G L F B
B N H L Z C G H G B Z H D C D Q
H B L Z V T P R H L Z L J
F L V N - T Z H L D L F H ?
E . H K G R X C Z

Put solutions in Box 624 by April 15.

Russell Hill

A NATURE LESSON

On a trip to San Francisco, our tour bus stopped near the end of the Golden Gate Bridge so we could look around and take pictures. I asked the driver if he knew the name of the bush with the profuse purple blossoms. Without blinking an eye he responded, "Sure, it's a purple near-a-bridge-ia."

Miriam Ward

THE ARBORETUM

Residents of Medford Leas live on 168 acres of beautiful property and sometimes may tend to take it all without much thought. The entire property is an arboretum, known as the **Lewis W. Barton Arboretum**.

Those who attended **Lois Forrest's** Open Forum on March 17 heard **John Siminski**, Director of Horticulture, give the presentation he had made at AAHSA last year. A collection of fine slides illustrated his talk, showing the many kinds of "gardening" activities to be enjoyed at Medford Leas -- all the way from a flowerpot in a window to the more ambitious "farming" near Rushmore. He also spoke of the effort to reestablish the Chestnut, as well as other projects, many in cooperation with the Morris Arboretum.

Kitty Katzell told about jobs performed by the Arboretum Volunteers, tagging trees, clearing trails, mapping plantings, identifying trees, leading visitors on tours, and other activities that related to the Arboretum. At the close of her remarks, a large group of residents, all wearing green Arboretum Volunteer tee shirts, were introduced.

Lois Forrest expressed her joy and delight at the beauty that surrounds us, particularly striking at this season. She then announced that the Katzells are making a gift of \$100,000 to establish an Arboretum Endowment Fund, the interest from which will enable special projects for the Arboretum to go forward in the future without draining the Landscaping Department budget. In making this gift, the Katzells hope it will encourage other residents to add gifts, large and small, from time to time.

Doreen Lee

PETER SINGER ADDRESSES LEAS FORUM

At least 300 people heard **Peter Singer**, Bioethics Professor from Princeton, speak at the Leas Forum on March 16. His talk on "Humans, Animals, and the Sanctity of Life" started with two incidents. First was an anencephalic baby whose parents wanted to donate her organs but were refused permission by the courts because she was not officially brain dead. The other was a situation in which a healthy baboon was used for a liver transplant.

These were the springboard for his overall ethical stance, namely, that the lives of rational, self-aware beings should be preserved whether animal or human, but that lives of those failing to reach those criteria may be dispensable. This philosophy leads him to espouse avoiding the needless killing and inhumane treatment of animals, and, under some circumstances, terminating the lives of some humans if there are good reasons for doing so. Examples of the latter include killing fetuses or even new-borns when expert medical opinion is that they will suffer severe permanent disability and the parents don't wish to see them survive in pain and suffering, abortion of fetuses whose mothers are unwilling or unable to care for them, and voluntary informed consent for euthanasia of adults. He pointed to the good experience with legal euthanasia in the Netherlands and thought that the Oregon experiment with such a law was worth trying. He spoke in favor of advance medical directives, which Medford Leas management also favors for all residents.

Dr. Singer's book, Practical Ethics, is available in the Medford Leas Library. A tape of his talk is also in the Library, as are tapes of all Leas Forum presentations.

Kitty Katzell

"SING AND REJOICE"

February 20 was a special day at Medford Leas Vespers, when resident Rev. Don Killian dedicated the new hymnals with the above title. The hymnals were given by an anonymous donor and contain 100 familiar hymns in large print, and are pitched in lower keys for easier singing. Since the new hymnals had no responsive readings, Fran Stoll compiled a book containing 33. It was a tedious task and Fran's efforts are greatly appreciated. The Readings were duplicated and assembled into booklets by the main office, to whom we are also grateful.

Everyone who participates in Vesper Services is indebted to the donor for her generosity and, each week as we "Sing and Rejoice" from these hymnals, we will be reminded of her kindness.
Fran Werrell

NEW TALKING BOOKS

Fiction

Baldacci, D. Saving Faith
George, E. In Pursuit of a Proper Sinner
Grisham, J. The Brethren
Paretsky, S. Hard Times
Turow, S. Personal Injuries

Non-Fiction

Akert & Roberts The Last Explorer
Sontag & Drew Blind Man's Bluff

Donations (Thank you)

Crane, S. The Red Badge of Courage
Davis Don't Know Much About History
Herriot, J. Cat Stories
Waller, R. Slow Walk in Cedar Bend

Elaine Heinzelmann

RESIDENTS IN THE NEWS

The February 20 issue of The Philadelphia Inquirer South Jersey Section had a picture of Grayce Uyehara on the front page, above an article entitled "Captives in their own land," that dealt with Japanese-Americans' experiences in internment camps during World War II. Also mentioned prominently in the article were William Marutani and Tak Moriuchi.

On February 29, the Inquirer published a letter Nancy Darling had written on the importance of the juvenile courts and the consequences of turning children over to the criminal courts when they have become juvenile offenders. As a social worker, Nancy had worked in the Delaware County Juvenile Court in Media, PA.

Kitty Katzell

NOMINATIONS FOR MLRA BOARD

At the March 20 MLRA Business Meeting, the Nominating Committee, chaired by Betty Macpherson, presented a slate of six candidates to fill forthcoming vacancies on the MLRA Board: Harry Harrison, Lumberton Leas; Sam Howarth, Rushmore; Harold Haskins, Arabelle Pennypacker, Grace Schaffel, and Ellen Stimler, Courts.

Members completing their terms are: Evert Bartholomew and Bill Stoll, Rushmore; Gladys Gray, Bridlington; Mary-Glenn Morin, Fran Werrell, and Arabelle Pennypacker (filling the vacancy created when Harold Wright resigned), Courts. Continuing members are: Wil Britten, Bridlington; Kay Cooley, Woolman Commons; Betty Macpherson, Bob Stebbins, and Ed Young, Courts.

Other members of the Nominating Committee were: Peg Caruthers, Rose Cruikshank, Gil Goering, and Helen Louise Liversidge.

Kitty Katzell

THE BONE CONNECTION

Osteoporosis is a serious disease that causes slow, progressive thinning of the bones. It is often physically and psychologically crippling. Although women are at greater risk because of hormonal influences of estrogen, men are also at risk of the disease and its resulting problems. Education on the prevention and treatment of "osteo" is key for all age groups and it's never too late to make a difference in bone mass for you, your children, and your grandchildren.

Recognizing this important problem, the Health Center will have the first Annual Osteoporosis Education Day on Friday, May 5. The event, called **The Bone Connection**, will be held rain or shine at the front of the Community Building from 9 AM to 3 PM. The schedule of activities is in the adjacent column.

Do join your fellow residents for all or part of the day. It's sure to be both fun-filled and informative.
Wendi Ruddy

APRIL WELLNESS PROGRAMS

Friday, April 7: "Fad Diets," 2-3 PM, Wellness Center.

Friday, April 14: "Update on Lyme Disease, by Dr. Philip Schwartz, 11 AM to noon, Auditorium.

Friday, April 14: "Fluid Needs of the Older Adult," 2-3 PM, Wellness Center.
Wendi Ruddy

SCHEDULE OF ACTIVITIES

9 AM: Kick-off walk, led by **Beverly**. Gather in front of the Community Building for a walk to bone wellness. Wheelchairs, walkers, canes welcome. Even if you don't walk regularly, come out for this event.

9 - 10:30 AM: **Dr. Jack Bondi** will be available to give your feet a checkup. Healthy feet are a must for walking and building strong bones.

9 AM - 2 PM: Tables and Booths open.
Milk Mustache Photo Booth - Get your picture taken with a milk mustache.
Information Table - Pick up a pamphlet to read about osteoporosis.
Game Area - Try the Bone Toss Game. Identify bones in the body. How much calcium in different foods? How many Tums in the jar? See the effects of "osteo" on bones. WIN A PRIZE!

Pharmacy Table - Learn about medications to prevent and treat "osteo".
Consult the Dietitian - Learn about foods high in calcium and calcium supplements. Pick up a recipe. Take the Milk Challenge. Pick up a sample of a calcium supplement. Review your risk of osteoporosis.

Physical Therapy

10 - 11 AM: Posture Screening
11-11:30 AM: Mini-exercise session
1 - 2 PM: Balance Screening
2 - 2:30 PM: Mini-exercise session

10 AM to noon: **Carl's Shoes** will show you what shoes are best for your feet.

Mid-Day: Stop in at the coffee shop for a high calcium snack or lunch.

2 - 3 PM: **Dr. Richard Hymowitz**, Rheumatologist, will present up-to-date information on prevention, diagnosis, and treatment of osteoporosis in the Auditorium.

THE PIRATE AND THE KIDS

Recently, a video company has been working around Medford Leas filming various activities. One day they focused on a group of Day Care Center children interacting with residents on the second floor. **Louis Zimmermann**, who wears a dark glass in one lens of his spectacles, was sitting behind the photographer watching the action. A little boy spotted him and dashed over. "Are you a pirate?" "Yes." "What's your name?" "Long John Silver." "Do you have a boat?" "Oh, it sank, but we built a new one." "Where is it?" "It's down by the river, but I must not tell you where." By this time, all the other children were crowded around Lou and the two photographers quickly wheeled around to get pictures of all this intergeneration activity. The story spread quickly, especially since the original questioner was the grandson of one of the receptionists.

Doreen Lee

FIFTH ANNUAL OLYMPICS

Registration for the Fifth Annual Medford Leas Olympics will be held on Wednesday, April 12, in the Atrium. Watch for your official Olympics Newsletter. It lists all the events, and will be in your mailbox shortly. If you won't be here to register, there will be a tear-off sheet in the descriptive material that can be used to sign up in absentia.

The Olympics will start officially on Monday, May 1 (rain date, May 8) with the annual parade of gaily decorated electric carts and, once again, a Medford Leas style baseball game. You won't want to miss all the fun.

Colette Bartholomew

EMPLOYEES OF JANUARY & FEBRUARY

January's Employee of the Month was **Tammy Wheeler**, a member of our Dining Health Services staff, which is part of patient services. She also works in baking. Tammy started work at Medford Leas in August 1998 as an "on call" employee, but now works here full time.

Anne DiMartino was February's Employee of the Month. Anne is a Certified Nursing Assistant in the Assisted Living area. She's only been here since April of 1999 and she works nights, so you may not know her, but she's there and she's doing a fine job.

Congratulations to Tammy and Anne, and many thanks for your goodness to Medford Leas residents.

ANNUAL PLANT SALE

This year, the annual plant sale will be held on Thursday, May 4, in the Estaugh Mall from 8 A.M. to 1 P.M. Residents are encouraged to postpone buying their plants until then, so that the plants are less likely to suffer in the cold nights ahead.

The sale will be offering hanging baskets, New Guinea impatiens, geraniums, pansies, and other varieties of flowering plants as well as herbs, and all at prices well below retail. Profits from the plant sale help pay for flowers in the public rooms during the season when there are none in the cutting garden.

Dottie Kriebel

VULTURES

In conversation with **Sumi Kobayashi**, she asked about turkey vultures, also known as buzzards. Sumi takes a daily walk around Mt. Holly and often, when she passes its cemetery, there are scores of these birds in the tall trees, so beautiful to behold when they are soaring high in the sky, but so ugly at close range, with their naked-looking pink heads which seem small for their huge bodies. Their wingspread is around six feet.

Vultures do congregate in trees as a roosting place. In this part of New Jersey, their summer and winter ranges overlap, but we seem to see more of them, circling in the sky, their wings a wide V, as spring and summer come. Vultures are carrion eaters, performing an essential function in disposing of road kill. Several years ago, after our car had hit two deer on Church Road just west of Lenape High School, several of these birds circled near the site for about a week.

Less common, but beginning to be seen in this area, is the black vulture. It is slightly smaller with wing spread around four to five feet, with a shorter tail and a white wing patch at the end of its wings. Its flight pattern is also different, more ponderous with the profile a straight line and a flap-flap motion. The black vulture is a southern bird that is slowly ranging farther north. Both types of vultures are seen regularly on the Medford Leas campus and in the sky above it, and evidently turkey vultures find that the Mt. Holly cemetery is a good place to roost.

Gertrude Marshall

HIGHLIGHTS OF APRIL CALENDAR

- 1 - Wildflower walk (April Saturdays)
- 1 - Movie: Cocoon, The Return
- 2 - Daylight Savings Time Begins
- 2 - Friends Meeting for Worship, and Vespers (every Sunday)
- 3 - Movie: Good Will Hunting
- 4 - Artist's Reception
- 6 - Great Decisions: The Military: What Role in U.S. Foreign Policy?
- 6 - Line & Folk Dancing
- 8 - Leas Forum: Of Fire & Water
- 8 - Movie: The Music Man, Part II
- 12 - Registration for Leas Olympics
- 12 - Communion
- 12 - Video Opera: Rosenkavelier
- 13 - Great Decisions: Indonesia: South East Role Model
- 13 - Piano Recital: **Frederick Moyer**
- 15 - Movie: The Music Man
- 17 - MLRA Business Meeting
- 19 - Open Forum with **Lois Forrest**
- 19 - Catholic Confession & Mass
- 19 - Passover Seder
- 20 - Vid-U: Aristophanes
- 20 - Language in Motion, R. McNaught
- 22 - Earth Day
- 22 - Movie: Easter Parade
- 26 - Secretaries' Day
- 26 - Video: James Galway plays Mozart
- 27 - Vid-U: Introd. to Vergil
- 27 - Irish Dance Program
- 28 - Video Opera: Salome
- 29 - Movie: Mr. Hobbs Takes A Vacation

SPRING

Spring is tapping at my window
asking me to open
the flowery gates wider.
Too soon!
Too soon!

If you tap at my heart,
warm smiles will greet you
as Spring stands right behind me.
Now!
Now!

Jane Benjamin

MEDFORD LEAS ALBUMS

Although "Albums" is the first item in the alphabetical list of MLRA Activities, few people know much about this unobtrusive record of resident life. "Albums" refers to one form of individual resident recognition and remembrance that starts when newcomers enter Medford Leas. Their pictures are taken and one copy is mounted in one of seven binders that rest on a side table in the Lounge near the jigsaw puzzles. The pictures are inserted, and usually are taken, by **Ruth Huysman**, committee chair, who recently completely refurbished three volumes of current residents' and three of departed residents' photos. (The fourth binder of current resident photos is for Lumberton Leas residents and needed no updating.) Since residents neither enter nor leave in alphabetical order, Ruth has to keep rearranging the sequence of photos on the pages. The change to plastic leaves that hold four photos per page has greatly facilitated this task.

The albums are a valuable resource for identifying or remembering residents. Under each photo is the resident's name, date of entrance, and place of residence (Courts, Haddon, Rushmore, Bridlington, Woolman Commons, Lumberton Leas, etc.) When residents die (or in rare instances leave), their pictures are moved to the appropriate volume for departed members of the community and death dates are entered. Occasionally photos are "borrowed" by persons who want their own copy. Ruth discourages this practice, for it lessens the value of the albums as records of the people who make or have made Medford Leas the special place that it is.

And then there are the other albums on a table in the Library. But that's another story for a later time.

Kay Cooley

"THIS IS MEDFORD LEAS VOICE"

That phrase is probably familiar to most residents. The VOICE is a daily recorded informational tape that can be accessed by dialing "2" on phones inside Medford Leas. It provides notices of daily activities, menus for the day, bus schedules, and requested announcements.

Fourteen volunteers record for one week at a time. Any resident or staff member who has an announcement to be made needs only to submit it on an Announcement Form at least 24 hours before the day when the announcement is to be made. Announcement Forms are in the VOICE mailbox to the right of the Front Desk.

The announcements for the day are limited to a maximum of three minutes, so it is not possible to tell more about the menus. Also, because of the time constraints, requests for announcements should be made as concise as possible.

The recording equipment is sensitive to sounds, so callers may hear the rustling of paper as announcers refer to materials to be announced. Remember, the recordings are made by volunteers who are trying to provide a helpful service to residents. Their service is much appreciated, and they hope you will continue to listen.

"THANK YOU FOR CALLING MEDFORD LEAS VOICE."

Fran Werrell
Chair, Voice Committee

IN MEMORIAM

Amelia Royal
John Wolcott

February 22, 2000
February 27, 2000

PLANNED PARENTHOOD HONORS RESIDENTS

At the Annual Meeting of Planned Parenthood of Southern New Jersey on March 14, nine octogenarian supporters of the organization were honored, five of whom were or had been residents of Medford Leas. It is not surprising that some 20 other residents joined the celebration to honor them. The honorees were:

Esther & Lew Coriell: Esther was an active volunteer on the front line helping to educate public officials about the importance of family planning and reproductive freedom. When she could no longer serve, Lew continued the work in her honor.

Curtis Henderson helped to establish the agency's retirement plan and also assisted the staff in entering the computer age.

Tina Mecray has been a Planned Parenthood volunteer for over 50 years. Some of those honored were recruited by her. She is still advocating for reproductive choice and raising funds for the organization.

Nancy Zwarg was one of those recruited by Tina Mecray at a time when volunteers did everything, from cleaning up the examination room to educating women about the merits of family planning. Today she is treasurer of the Planned Parenthood Bridge Group and Chairs the Medford Leas Bridge Group.

Walter Zwarg and **Paul Mecray** looked on proudly as their wives received well-deserved recognition. **Jean Henderson's** pride in Curt was obvious, as was that of their two sons who had come for the occasion. A tiny granddaughter seemed to know it was a happy time.

A great day for Planned Parenthood!
A proud day for Medford Leas! And,
for the honorees, our congratulations
and many thanks.

Dorothy Tillman

LARGE PRINT LIBRARY ADDITIONS

FICTION

Alcott, L. M. The Quiet Little Woman
Brown, S. In a Class by Itself
Cookson, C. The Desert Crop
Crichton, M. Timeline
Grisham, J. The Brethren
McCourt, F. Tis
Michaels, F. Yesterday
Oke, J. A Quiet Strength
Pilcher, R. The End of Summer
Pilcher, R. Wild Mountain Thyme
Pratt, J. M. The Last Valentine
Roberts, N. Carnal Innocence
Steel, D. Irresistible Forces
White, B. Mama Makes up Her Mind

MYSTERY

Beaton, M. C. A Highland Christmas
Braun, L. J. The Cat Who Robbed
a Bank
Brown, S. A Treasure Worth Seeking
Gilman, D. Mrs. Pollifax Unveiled
Gilman, D. Thale's Folly
Grafton, S. N is for Noose
Hillerman, T. Hunting Badger
Rinehart, M. R. Miss Pinkerton
Truman, M. Murder in the House

BIOGRAPHY

Erickson, C. The First Elizabeth

NON-FICTION

Eades, MD, M. The Doctor's Complete
Guide to Vitamins and Minerals
Ryan, M. G. The Doubleday Large
Print Needlecraft Book
Stuckey, M. The Houseplant
Encyclopedia

READER'S DIGEST SELECT EDITIONS

Anderson, C. The Day Diana Died

Ruth Hayes, Librarian

BOOKS RECENT AND REMEMBERED
BY Leah Levinger

Galileo's Daughter, A Historical Memoir of Science, Faith and Love, by Dava Sobel (1999, 368 pgs.) The biography of Galileo, with letters from his devoted daughter, Suor (Sister) Marie Celeste. She supported his pioneer work and battles with authority, while relating her life in the convent. Pamphlets and letters of Galileo to friends from many fields give a rounded picture. He emerges as Leonardo Da Vinci's peer, with countless discoveries, wit and poetic metaphors. Through Sobel's brilliant writing, lay readers can grasp the thinking of the 17th century. Visually, it's a gorgeous book.

The Hours, A Novel, by Michael Cunningham (1998, 226 pgs.) Surprisingly, this Pulitzer Prize book stems from the once esoteric Virginia Woolf and is of homosexuals. Like Mrs. Dalloway, the chapters move in time, in the voices of different characters. Woolf herself is recreated, painfully writing Mrs. Dalloway. A contemporary Clarissa is giving a party for her life-long friend, Richard, who is dying of AIDS. Three-year-old Richard is seen through the eyes of Laura, his depressed mother, who tries to escape to read Mrs. Dalloway. A searing, beautiful book.

Main Street, by Sinclair Lewis (1920, 480 pgs.) Lewis's novel was considered an attack or a realistic depiction of Midwestern small-town life. He had an exquisite ear for speech and an eye for minute details of houses, furniture, clothing, even food, by which he created unforgettable characters. Carol, the endearing heroine, a flighty idealist, marries Dr. Will Kenicott and goes with him to his hometown, Gopher Prairie. She pits herself against the meanness, grubbiness and complacency there. Her efforts are brave, pathetic, funny, and always futile.

WHAT'S NEW IN THE MAGAZINES

The growing ties between universities and corporations are viewed as threatening disinterested inquiry and independent basic research. A case in point, illustrative only, is the contract between the University of California at Berkeley and Novartis, a producer of genetically engineered crops. In exchange for \$25 million for a targeted laboratory, the company gets licensing rights to one-third of the lab's discoveries and a say on how the money is to be spent. The university defends this and similar deals on the ground that, in the face of diminishing state and federal funds, such relationships are essential in order to finance first-rate graduate education and carry out fundamental research. Critics note, however, that the focus on research which has a foreseeable market value inevitably leads to the neglect of humanities departments. In many universities, courses in non-science areas are already being transformed into on-line or "distance learning" programs devoid of face-to-face student-teacher interactions. Another problem area is that many of these university-business contracts contain "secrecy" clauses that allow the corporations to delay publication of research discoveries in order to gain a competitive advantage in violation of a university's mission of free exchange of ideas. (Atlantic Monthly, March, by Eyal Press and Jennifer Washburn)

There are certain popular foods which, when eaten in conjunction with often-prescribed drugs, can make those drugs more powerful or less effective or cause unwanted side effects. Prevention (March, by Linda Rao & Susan C. Smith) has a chart listing foods and medications which, taken together, may cause problems. The article says people taking synthroid for over-active thyroid function should stay away from high-fiber and soy products which may decrease the drug's absorption. Those on coumadin for heart irregularities are advised to cut down on broccoli and leafy vegetables containing large amounts of Vitamin K, which may decrease its effectiveness.

Ellen Stimler

A VALENTINE CELEBRATION

Since September 1993, **Kitty Katzell** has shepherded issues of Medford Leas Life from the inception of articles through editing and typing copy to executing layout and proofreading. She devotes some 30 hours per issue to the hidden labor that brings this popular publication to birth.

Thinking it was high time to recognize her leadership and dedication, the Life staff invited Kitty to a Valentine luncheon in the Private Dining Room on February 15. There she was presented with an Armetale tray inscribed "Kitty Katzell from her staff, February 2000." Accompanying it was a large valentine made by **Dorothy Pierce**, signed by the staff and embellished with a poem written by **Hana Stranska**.

(See poem in next column)

In expressing their good wishes, the staff voiced the hope that Kitty would remain at the helm of Medford Leas Life well into the new millenium.

Kay Cooley

A NEW MLRA BULLETIN BOARD

Have you noticed the new bulletin board next to the bank window? One half will carry updated news on health care issues. The other half is for the MLRA Citizens Committee, where they will display information on all aspects of the election process. For example, new residents must register their new address. Others may want to know how, where, and when they can change their party affiliation, or obtain and use absentee ballots.

With all the important federal, state, and local elections this year, the Citizens Committee will be busy keeping residents informed. In addition to maintaining the bulletin board, they will be holding candidates' nights prior to all elections, and the bulletin board will carry details of those plans. For assistance with voter registration, residents may call **Grace Walton, 3025**.

Ellen Stimler

TUESDAY MORNING VALENTINE

The time has come a story to tell
About our very own Kitty Katzell.
And while this Valentine may be smacking
of "Tuesday morning quarterbacking,"
It's very sincere, and comes from the heart.
And now, we guess, we'd better start.
Kitty came to us with credits galore,
Some, we'll mention, but surely, there's more.
Having scooped up degrees at Syracuse U.,
She looked for something more to do.
Columbia was good for a Ph.D.
In Psychological Testing -- what more can there be?
Plenty. She managed the magazine "Psychology Today."
Got a Distinguished Service Award from the APA.
Without ado, or stated intention,
She could not help but attract our attention.
Whether she presided at MLRA
Or edited Medford Leas Life, which she does to this day.
(Now she's torn between manual production,
Or, let the computer enter the action?)
Whatever, she's always at the top of the game.
Yet, always modest, always the same.
A lover of cats -- aptly named "Kitty."
(Did we tell you she was born in the "Windy City"?)
Now, here, her husband Ray deserves some mention.
And essential part of this story's extension.
To assist his unusual hobby-selection,
She helps with his antique car collection.
She helps, too, with services, high and low:
Our appreciation of Kitty will grow and grow.
FOR SHE'S A JOLLY GOOD FELLOWESS!
(We had to get this in before it goes to press.)
And now, to end the story we tell:
THREE ROUSING CHEERS FOR KITTY KATZELL!

SURPRISE ON MAIN STREET

An official-looking sign at the entry to the parking lot behind the First Baptist Church on Main Street in Moorestown, says:

Thou Shalt Not Park Here!

What a pleasure to find whimsy and humor in unexpected places!

Maggie Woodard

CAMERA CLUB

The Camera Club's photographic display of Medford Leas Four-Footed Friends is now open for residents' enjoyment. You'll see Topaze and Chicklet, Winsome and Natasha, Kackie and Bessie -- and many more. These charming and obviously well-loved pets can be seen in the corridors leading to the Pool. They will be there until -- well, until the Camera Club has another show. Theme suggestions are welcomed.

Dorothy Tillman

WE'VE MOVED -- AGAIN!

In the March issue of Medford Leas Life, we told you we had moved from the Day Care area to the Pharmacy area. That move was short-lived. We've moved again, trading space with the Weavers. The new Medford Leas Life office is in the first room on the left after you pass the Haddon Greenhouse heading toward the Thrift Shop. Again, if no other meeting room is available, it can be used. Just check the calendar on the bulletin board inside the room and sign up for the time you want to use it.

Kitty Katzell

MEDFORD LEAS LIFE

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